

Programmanr. 1  
16-12-2022 - 17:25

Dames, 400m vrije slag

Senioren Open  
Resultaten Finale

Punten: FINA 2022

rang	naam	vereniging	tijd	RT	FINA	para
<b>Finale A</b>						
1.	Janna van Kooten <i>Nederlands Jaargang Record</i>	HPC - ZPC Hoogeveen	200404584	<b>4:05.92</b>	+0,72	860
	50m: 27.66 27.66 100m: 58.35 30.69	150m: 1:29.20 30.85 200m: 2:00.56 31.36	250m: 2:31.42 30.86 300m: 3:03.09 31.67	350m: 3:34.61 31.52 400m: 4:05.92 31.31		
2.	Yara van Kalmthout	HPC - PSV	200200984	<b>4:14.50</b>	+0,72	776
	50m: 29.05 29.05 100m: 1:01.08 32.03	150m: 1:33.41 32.33 200m: 2:05.76 32.35	250m: 2:37.58 31.82 300m: 3:10.09 32.51	350m: 3:42.57 32.48 400m: 4:14.50 31.93		
3.	Marte Hieke van der Kamp	Orca	200500218	<b>4:18.17</b>	+0,79	743
	50m: 29.60 29.60 100m: 1:02.39 32.79	150m: 1:35.47 33.08 200m: 2:08.33 32.86	250m: 2:41.49 33.16 300m: 3:14.30 32.81	350m: 3:46.92 32.62 400m: 4:18.17 31.25		
4.	Sara Korthuis	DZ&PC	200600494	<b>4:18.83</b>	+0,73	738
	50m: 29.43 29.43 100m: 1:01.80 32.37	150m: 1:34.57 32.77 200m: 2:07.74 33.17	250m: 2:41.12 33.38 300m: 3:14.66 33.54	350m: 3:47.61 32.95 400m: 4:18.83 31.22		
5.	Kirsten Verhale	PSV	200400210	<b>4:20.75</b>	+0,73	721
	50m: 29.67 29.67 100m: 1:02.03 32.36	150m: 1:34.96 32.93 200m: 2:08.09 33.13	250m: 2:41.74 33.65 300m: 3:14.66 32.92	350m: 3:46.71 32.05 400m: 4:20.75 34.04		
6.	Merel Schravendijk	HPC - Blue Marlines	200503382	<b>4:23.85</b>	+0,69	696
	50m: 29.96 29.96 100m: 1:02.93 32.97	150m: 1:36.23 33.30 200m: 2:09.54 33.31	250m: 2:42.56 33.02 300m: 3:16.30 33.74	350m: 3:50.09 33.79 400m: 4:23.85 33.76		
7.	Manon Ritten	PSV	200002440	<b>4:24.98</b>	+0,78	687
	50m: 29.80 29.80 100m: 1:02.60 32.80	150m: 1:35.82 33.22 200m: 2:09.20 33.38	250m: 2:42.68 33.48 300m: 3:17.06 34.38	350m: 3:51.71 34.65 400m: 4:24.98 33.27		
8.	Amé Hulleman	DZ&PC	200202794	<b>4:26.76</b>	+0,78	674
	50m: 29.78 29.78 100m: 1:02.74 32.96	150m: 1:36.32 33.58 200m: 2:10.24 33.92	250m: 2:44.36 34.12 300m: 3:18.66 34.30	350m: 3:53.19 34.53 400m: 4:26.76 33.57		
<b>Finale B</b>						
9.	Janne Slegers	PSV	200404090	<b>4:26.53</b>	+0,69	676
	50m: 30.39 30.39 100m: 1:03.05 32.66	150m: 1:36.44 33.39 200m: 2:10.29 33.85	250m: 2:44.43 34.14 300m: 3:18.74 34.31	350m: 3:52.78 34.04 400m: 4:26.53 33.75		
10.	Tess Panjer	VZC	200403060	<b>4:27.48</b>	+0,81	668
	50m: 30.06 30.06 100m: 1:03.30 33.24	150m: 1:37.31 34.01 200m: 2:11.67 34.36	250m: 2:46.10 34.43 300m: 3:20.67 34.57	350m: 3:55.21 34.54 400m: 4:27.48 32.27		
11.	Nikita van den Ouden	Nuenen	199900622	<b>4:27.90</b>	+0,68	665
	50m: 30.24 30.24 100m: 1:03.49 33.25	150m: 1:37.09 33.60 200m: 2:11.30 34.21	250m: 2:45.70 34.40 300m: 3:20.14 34.44	350m: 3:54.76 34.62 400m: 4:27.90 33.14		
12.	Nynke Boerefijn	ZPC AMERSFOORT	200700114	<b>4:28.28</b>	+0,81	662
	50m: 29.61 29.61 100m: 1:02.42 32.81	150m: 1:36.05 33.63 200m: 2:10.24 34.19	250m: 2:44.78 34.54 300m: 3:19.94 35.16	350m: 3:54.76 34.82 400m: 4:28.28 33.52		
13.	Hedwig Bolt	HZ&PC Heerenveen	200602660	<b>4:31.80</b>	+0,74	637
	50m: 29.91 29.91 100m: 1:03.29 33.38	150m: 1:37.83 34.54 200m: 2:12.82 34.99	250m: 2:47.84 35.02 300m: 3:22.84 35.00	350m: 3:57.64 34.80 400m: 4:31.80 34.16		
14.	Myrthe Natzijl	Orca	200400076	<b>4:32.36</b>	+0,78	633
	50m: 31.17 31.17 100m: 1:05.66 34.49	150m: 1:40.36 34.70 200m: 2:14.89 34.53	250m: 2:49.40 34.51 300m: 3:24.04 34.64	350m: 3:59.14 35.10 400m: 4:32.36 33.22		
15.	Rhodie van den Ham	De Duinkickers	200700090	<b>4:35.13</b>	+0,70	614
	50m: 30.89 30.89 100m: 1:04.69 33.80	150m: 1:39.26 34.57 200m: 2:14.67 35.41	250m: 2:50.19 35.52 300m: 3:25.71 35.52	350m: 4:01.38 35.67 400m: 4:35.13 33.75		
NG.ZA	Nicole Rubino	Insport s.r.l. Soc. sportiva d.				

B = Bonus inschrijving