

Programmanr. 1
 08-12-2023

Meisjes, 400m vrije slag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin. FINA | 100m | 200m | 300m | 400m |
|-------------------------|-----------------------------|-----------|------------------|-------|-----------|---------|---------|---------|---------|
| 1. Malin Roozeboom | WVZ | 201100006 | 4:34.95 | +0,79 | 595 | 1:06.65 | 2:17.09 | 3:26.66 | 4:34.95 |
| 2. Yill van Bezouw | Hieronymus | 201100704 | 4:47.21 | +0,71 | 522 | 1:07.76 | 2:20.81 | 3:35.00 | 4:47.21 |
| 3. Rozalia Diederiks | ZVL-1886 | 201100904 | 4:50.41 | +0,83 | 505 | 1:10.28 | 2:25.51 | 3:39.93 | 4:50.41 |
| 4. Noa van Zalk | ZPC AMERSFOORT | 201102534 | 4:51.23 | +0,65 | 500 | 1:08.47 | 2:22.24 | 3:37.59 | 4:51.23 |
| 5. Anna Lepoutre | PSV | 201100534 | 4:51.95 | +0,64 | 497 | 1:08.57 | 2:23.87 | 3:38.45 | 4:51.95 |
| 6. Frédérique Nijziel | PSV | 201103114 | 4:56.09 | +0,75 | 476 | 1:10.84 | 2:27.28 | 3:42.36 | 4:56.09 |
| 7. Elin Reinstra | TriVia | 201100842 | 4:56.91 | +0,76 | 472 | 1:09.88 | 2:25.53 | 3:42.20 | 4:56.91 |
| 8. Odenza Soselisa | Blue Marlins | 201101780 | 5:01.73 * | +0,72 | 450 | 1:10.79 | 2:28.19 | 3:46.00 | 5:01.73 |
| 9. Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 5:02.10 | +0,76 | 448 | 1:10.99 | 2:29.36 | 3:47.72 | 5:02.10 |
| 10. Lola Verheijen | PSV | 201100832 | 5:03.69 | +0,63 | 441 | 1:10.40 | 2:28.37 | 3:46.49 | 5:03.69 |
| 11. Chloé in 't Veen | WVZ | 201100010 | 5:03.97 | +0,61 | 440 | 1:10.77 | 2:28.49 | 3:47.52 | 5:03.97 |
| 12. Elke Kriesels | Hieronymus | 201100898 | 5:07.19 | +0,80 | 426 | 1:12.60 | 2:31.39 | 3:50.03 | 5:07.19 |
| 13. Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 5:07.20 | +0,94 | 426 | 1:12.50 | 2:31.39 | 3:50.82 | 5:07.20 |
| 14. Casharell Kraan | Blue Marlins | 201103426 | 5:07.47 | +0,62 | 425 | 1:08.33 | 2:27.34 | 3:48.62 | 5:07.47 |
| 15. M. Gliese-Slooijer | De Dinkel | 201100008 | 5:07.76 | +0,83 | 424 | 1:10.79 | 2:29.71 | 3:49.43 | 5:07.76 |
| 16. Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 5:10.37 | +0,74 | 413 | 1:13.32 | 2:32.59 | 3:52.82 | 5:10.37 |
| 17. Fanni Farkas | De Columbiaan | 201100360 | 5:10.77 | +0,64 | 412 | 1:15.21 | 2:33.76 | 3:52.91 | 5:10.77 |
| 18. Melody Paulussen | De Dolfijn | 201101106 | 5:11.47 | +0,81 | 409 | 1:15.94 | 2:35.41 | 3:54.62 | 5:11.47 |
| 19. Sterre de Veen | Hellas-Glana | 201100086 | 5:14.11 | +0,61 | 399 | 1:11.84 | 2:32.07 | 3:53.42 | 5:14.11 |
| 20. Simone Brobbel | ZPC Numansdorp | 201200058 | 5:14.52 | +0,72 | 397 | 1:15.90 | 2:38.55 | 3:58.55 | 5:14.52 |
| 21. Norell Kroeze | ZC Polaris | 201100378 | 5:15.45 | +0,74 | 394 | 1:15.81 | 2:37.46 | 3:57.43 | 5:15.45 |
| 22. Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 5:17.71 | +0,88 | 385 | 1:14.34 | 2:35.98 | 3:58.29 | 5:17.71 |
| 23. Isabel Amelink | Deltasteur | 201100196 | 5:18.93 | +0,92 | 381 | 1:13.52 | 2:36.70 | 3:59.35 | 5:18.93 |
| 24. Julia Bannatyne | BZ&PC | 201201020 | 5:18.94 | +0,66 | 381 | 1:16.26 | 2:39.69 | 4:01.95 | 5:18.94 |
| 25. Julia Ketelaars | Hellas-Glana | 201200028 | 5:19.05 | +0,82 | 381 | 1:14.69 | 2:37.35 | 3:59.67 | 5:19.05 |
| 26. Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 5:19.53 | +0,67 | 379 | 1:16.23 | 2:38.89 | 4:01.63 | 5:19.53 |
| 27. Noa Spaans | De Dolfijn | 201100222 | 5:20.01 | +0,86 | 377 | 1:15.16 | 2:37.11 | 3:59.63 | 5:20.01 |
| 28. Alissa Rooijackers | Z&PV Nuenen | 201101892 | 5:20.81 | +0,72 | 374 | 1:16.59 | 2:38.81 | 4:01.41 | 5:20.81 |
| 29. Esmee Reuver | ZC Polaris | 201100846 | 5:21.90 | +0,60 | 370 | 1:17.72 | 2:39.90 | 4:02.51 | 5:21.90 |
| 30. Nynke Muntinga | ZPCH | 201100060 | 5:22.31 | +0,57 | 369 | 1:14.96 | 2:37.77 | 4:01.57 | 5:22.31 |
| 31. Morrison Schram | De Schelde | 201100686 | 5:24.06 | +0,80 | 363 | 1:16.47 | 2:40.10 | 4:05.52 | 5:24.06 |
| 32. Sara Creemers | Hellas-Glana | 201100242 | 5:24.30 | +0,73 | 362 | 1:15.81 | 2:38.51 | 4:01.02 | 5:24.30 |
| 33. Annefleur Schraa | SWOL 1894 | 201100044 | 5:24.34 | +0,83 | 362 | 1:18.22 | 2:43.80 | 4:06.71 | 5:24.34 |
| 34. Vicky Horens | Hellas-Glana | 201200252 | 5:24.76 | +0,65 | 361 | 1:17.75 | 2:41.77 | 4:05.09 | 5:24.76 |
| 35. Esra Simon | Hellas-Glana | 201100004 | 5:24.91 | +0,67 | 360 | 1:14.26 | 2:36.33 | 3:59.32 | 5:24.91 |
| 36. Lise Markes | SBC2000 | 201101276 | 5:26.61 | +0,76 | 355 | 1:16.64 | 2:41.30 | 4:06.69 | 5:26.61 |
| 37. Carlijn Deztutter | Scheldeestroom | 201100770 | 5:28.14 | +0,73 | 350 | 1:16.27 | 2:40.02 | 4:05.25 | 5:28.14 |
| 38. Roubin van Kampen | ZPCH | 201200370 | 5:28.51 | +0,60 | 349 | 1:17.38 | 2:40.97 | 4:06.24 | 5:28.51 |
| 39. Meike van der Klugt | WVZ | 201100808 | 5:30.21 | +0,85 | 343 | 1:15.29 | 2:40.95 | 4:07.20 | 5:30.21 |
| 40. Emma van den Berg | V.Z.V. Njord | 201100830 | 5:31.89 | +0,76 | 338 | 1:17.55 | 2:43.96 | 4:10.92 | 5:31.89 |
| 41. Juno Toornend | Team Noord Holland | 201101718 | 5:32.59 | +0,62 | 336 | 1:15.60 | 2:40.72 | 4:07.56 | 5:32.59 |
| 42. Minke Bouman | Blue Marlins | 201100104 | 5:33.50 | +0,74 | 333 | 1:18.59 | 2:44.68 | 4:10.99 | 5:33.50 |
| 43. Elle van Gemenen | DAW | 201100428 | 5:34.05 | +0,84 | 331 | 1:16.90 | 2:43.07 | 4:09.76 | 5:34.05 |
| 44. Eva ter Horst | ZPC Hoogeveen | 201200070 | 5:37.22 | +0,87 | 322 | 1:20.07 | 2:45.37 | 4:12.56 | 5:37.22 |
| 45. Amila Mustafic | DZ&PC | 201200026 | 5:39.39 * | +0,89 | 316 | 1:16.50 | 2:45.41 | 4:12.98 | 5:39.39 |
| 46. Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 5:41.20 | +0,71 | 311 | 1:19.20 | 2:46.76 | 4:16.80 | 5:41.20 |
| 47. Syll Rinsma | Orca | 201200798 | 5:43.02 | +0,54 | 306 | 1:18.68 | 2:46.88 | 4:16.89 | 5:43.02 |
| 48. Alaine Dumont | ZV De Watervogels | 201102140 | 5:43.44 | +0,66 | 305 | 1:17.33 | 2:43.57 | 4:13.73 | 5:43.44 |
| 49. Charlie Klaver | De Dolfijn | 201102094 | 5:50.23 | +0,69 | 288 | 1:22.70 | 2:53.75 | 4:24.67 | 5:50.23 |
| DIS Milou Filemon | Blue Marlins | 201100078 | | | | | | | |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Programmanr. 2
 08-12-2023

Jongens, 400m vrije slag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 100m | 200m | 300m | 400m |
|-------------------------|----------------------|-----------|------------------|-------|----------|---------|---------|---------|---------|
| 1. Ramon Vos | ZPC Hoogeveen | 201100051 | 4:37.29 * | +0,58 | 448 | 1:04.43 | 2:15.85 | 3:27.39 | 4:37.29 |
| 2. Abel op den Velde | De Duinkickers | 201000079 | 4:38.00 | +0,74 | 445 | 1:05.08 | 2:16.40 | 3:28.54 | 4:38.00 |
| 3. A. van der Sluis | PSV | 201003425 | 4:41.06 | +0,77 | 430 | 1:06.62 | 2:19.70 | 3:32.01 | 4:41.06 |
| 4. Mathijs de Wit | KSN (SG) | 201001215 | 4:41.88 | +0,77 | 426 | 1:06.63 | 2:18.71 | 3:31.30 | 4:41.88 |
| 5. Ruben Kragt | ZV 44 | 201000007 | 4:41.99 | +0,68 | 426 | 1:04.47 | 2:17.03 | 3:30.23 | 4:41.99 |
| 6. Mattias Stolk | HZ&PC Heerenveen | 201000525 | 4:42.82 | +0,67 | 422 | 1:07.19 | 2:19.67 | 3:31.90 | 4:42.82 |
| 7. O. Hordiienko | ZV De Aalscholver | 201003061 | 4:42.96 | +0,85 | 422 | 1:06.99 | 2:20.63 | 3:32.60 | 4:42.96 |
| 8. Thijmen Pruijssers | Hieronymus | 201000129 | 4:43.76 | +0,63 | 418 | 1:05.18 | 2:17.63 | 3:31.58 | 4:43.76 |
| 9. Mathieu Gepkens | VZC | 201000045 | 4:44.40 | +0,81 | 415 | 1:06.91 | 2:19.21 | 3:32.61 | 4:44.40 |
| 10. Evren Ege Orcunus | De Dolfijn | 201003253 | 4:44.97 | +0,64 | 413 | 1:03.89 | 2:15.30 | 3:29.86 | 4:44.97 |
| 11. Max van der Spank | Hieronymus | 201000275 | 4:44.99 | +0,80 | 413 | 1:06.54 | 2:19.09 | 3:32.85 | 4:44.99 |
| 12. Mauro Bedeke | DAW | 201000537 | 4:45.81 | +0,62 | 409 | 1:06.58 | 2:19.78 | 3:33.60 | 4:45.81 |
| 13. Baris Tomu | ZPCH | 201000869 | 4:45.88 | +0,67 | 409 | 1:06.56 | 2:19.13 | 3:33.52 | 4:45.88 |
| 14. Bink Elgersma | Zwemlust- den Hommel | 201000137 | 4:47.20 | +0,83 | 403 | 1:05.32 | 2:19.23 | 3:33.76 | 4:47.20 |
| 15. Eli Shields | Niemo Barracuda | 201000407 | 4:47.98 | +0,73 | 400 | 1:08.44 | 2:22.04 | 3:36.34 | 4:47.98 |
| 16. D. van den Nouland | Blue Marlins | 201000071 | 4:48.00 | +0,73 | 400 | 1:08.31 | 2:21.78 | 3:35.41 | 4:48.00 |
| 17. Girish Nolden | Blue Marlins | 201000087 | 4:49.42 | +0,72 | 394 | 1:08.16 | 2:23.04 | 3:38.41 | 4:49.42 |
| 18. Myron Artemenko | Niemo Barracuda | 201003021 | 4:49.66 | +0,69 | 393 | 1:07.01 | 2:20.58 | 3:34.40 | 4:49.66 |
| 19. Joey Snabel | ZPC AMERSFOORT | 201002847 | 4:49.82 | +0,64 | 392 | 1:06.46 | 2:21.05 | 3:37.16 | 4:49.82 |
| 20. S. Hageman | Steenwijk 1934 | 201000009 | 4:49.93 | +0,67 | 392 | 1:04.86 | 2:19.26 | 3:35.48 | 4:49.93 |
| 21. Gwee Bokma | Zwemlust- den Hommel | 201002259 | 4:50.82 | +0,76 | 388 | 1:08.14 | 2:21.27 | 3:34.78 | 4:50.82 |
| 22. Tycho Wienbelt | De Vikings | 201001397 | 4:51.28 | +0,76 | 386 | 1:08.76 | 2:23.06 | 3:37.56 | 4:51.28 |
| 23. Kris Westerhout | ZZ&PC De Devel | 201000883 | 4:52.43 | +0,65 | 382 | 1:08.35 | 2:22.10 | 3:37.15 | 4:52.43 |
| 24. Mathijs Boersma | ZPC Hoogeveen | 201000313 | 4:52.46 | +0,82 | 382 | 1:08.44 | 2:22.64 | 3:37.70 | 4:52.46 |
| 25. Matthijs van Velzen | ZV 44 | 201100435 | 4:52.64 | +0,75 | 381 | 1:08.21 | 2:22.60 | 3:37.79 | 4:52.64 |
| 26. Stijn Dijkstra | DZ&PC | 201000279 | 4:55.21 | +0,68 | 371 | 1:11.67 | 2:26.27 | 3:40.58 | 4:55.21 |
| 27. Melle Pittie | Zwemclub Eijsden | 201000179 | 4:56.27 | +0,78 | 367 | 1:10.41 | 2:25.93 | 3:42.90 | 4:56.27 |
| 28. Duco de Gelder | Blue Marlins | 201000217 | 4:58.18 | +0,70 | 360 | 1:08.17 | 2:23.90 | 3:41.36 | 4:58.18 |
| 29. Yorre van der Wal | ZV 44 | 201000017 | 4:59.33 | +0,83 | 356 | 1:10.03 | 2:25.77 | 3:42.59 | 4:59.33 |
| 30. Thijn Runia | DZT'62 | 201000895 | 5:00.27 | +0,74 | 353 | 1:10.97 | 2:27.74 | 3:45.71 | 5:00.27 |
| 31. Thijs Jonkman | De Duck | 201000481 | 5:00.54 | +0,66 | 352 | 1:08.20 | 2:24.36 | 3:44.08 | 5:00.54 |
| 32. Tygo van de Wal | DWK | 201001329 | 5:01.11 | +0,75 | 350 | 1:10.61 | 2:28.10 | 3:45.50 | 5:01.11 |
| 33. Finn Wensveen | Zv de Ham | 201000811 | 5:01.13 | +0,85 | 350 | 1:10.94 | 2:27.82 | 3:45.25 | 5:01.13 |
| 34. Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 5:02.11 | +0,56 | 346 | 1:10.65 | 2:27.79 | 3:46.55 | 5:02.11 |
| 35. Mees Janssen | DSZ | 201102025 | 5:02.64 | +0,63 | 344 | 1:08.55 | 2:23.23 | 3:42.16 | 5:02.64 |
| 36. Sven Potappel | DWK | 201000127 | 5:03.84 | +0,63 | 340 | 1:11.36 | 2:29.13 | 3:47.77 | 5:03.84 |
| 37. Jorick Johannes | HZ&PC Heerenveen | 201000403 | 5:06.25 | +0,68 | 332 | 1:12.23 | 2:31.34 | 3:49.59 | 5:06.25 |
| 38. Nordin Vermeer | DWK | 201000227 | 5:06.30 | +0,67 | 332 | 1:11.64 | 2:28.10 | 3:47.65 | 5:06.30 |
| 39. Vince van Dam | ACZ | 201000405 | 5:07.77 | +0,75 | 327 | 1:10.55 | 2:28.23 | 3:48.31 | 5:07.77 |
| 40. Nick Vodde | AZ&PC De Futen | 201002211 | 5:08.61 | +0,79 | 325 | 1:11.04 | 2:30.54 | 3:50.35 | 5:08.61 |
| 41. Dax Muijlaert | SG Octopus - ZVV | 201100535 | 5:09.30 | +0,74 | 323 | 1:12.35 | 2:30.98 | 3:50.51 | 5:09.30 |
| 42. Kasper Lubbers | Orca | 201100025 | 5:09.93 | +0,67 | 321 | 1:13.03 | 2:31.15 | 3:51.11 | 5:09.93 |
| 43. Kick Germers | SWOL 1894 | 201000185 | 5:10.00 | +0,73 | 320 | 1:13.28 | 2:31.83 | 3:51.86 | 5:10.00 |
| 44. Amor van der Veen | ZV 44 | 201100197 | 5:10.78 | +0,65 | 318 | 1:12.09 | 2:31.76 | 3:52.76 | 5:10.78 |
| 45. Franz Ziegler | DAW | 201100891 | 5:10.95 | +0,66 | 318 | 1:11.97 | 2:31.22 | 3:51.92 | 5:10.95 |
| 46. Luca Monster | ZPC Numansdorp | 201100343 | 5:16.23 | +0,66 | 302 | 1:13.25 | 2:33.33 | 3:54.96 | 5:16.23 |
| 47. Nils Bellert | SG Octopus - ZVV | 201100347 | 5:17.75 | +0,79 | 298 | 1:14.26 | 2:36.08 | 3:58.84 | 5:17.75 |
| 48. Joep Lindhout | Niemo Barracuda | 201100873 | 5:17.87 | +0,74 | 297 | 1:15.44 | 2:35.57 | 3:57.54 | 5:17.87 |
| 49. Cayden Malone | De Dolfijn | 201002195 | 5:18.95 | +0,62 | 294 | 1:08.92 | 2:29.44 | 3:55.08 | 5:18.95 |
| 50. Nathan Magava | De Dolfijn | 201003067 | 5:28.95 | +0,62 | 268 | 1:14.46 | 2:37.32 | 4:03.14 | 5:28.95 |

Programmanr. 3
 08-12-2023

Meisjes, 400m wisselslag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 100m | 200m | 300m | 400m |
|------------------------|-------------------|-----------|----------------|-------|----------|---------|---------|---------|---------|
| 1. Fay Boxum | DZ&PC | 200900060 | 5:00.05 | +0,68 | 642 | 1:09.69 | 2:22.51 | 3:48.86 | 5:00.05 |
| 2. Juliëtte Woltjes | VZC | 200900774 | 5:01.36 | +0,81 | 634 | 1:08.07 | 2:26.59 | 3:53.41 | 5:01.36 |
| 3. Elin Ditewig | VZC | 200900392 | 5:01.51 | +0,73 | 633 | 1:07.42 | 2:22.77 | 3:52.43 | 5:01.51 |
| 4. Luus Gielens | PSV | 200900138 | 5:08.89 | +0,88 | 589 | 1:10.42 | 2:27.09 | 3:57.71 | 5:08.89 |
| 5. Bregje Dekkers | PSV | 200900746 | 5:09.48 | +0,71 | 585 | 1:09.80 | 2:30.08 | 3:59.55 | 5:09.48 |
| 6. Amber Kunst | DAW | 200900680 | 5:19.52 | +0,66 | 532 | 1:14.21 | 2:33.84 | 4:05.48 | 5:19.52 |
| 7. Suuz Griekspoor | Noordwijkerhout | 200901204 | 5:20.92 | +0,72 | 525 | 1:12.89 | 2:34.93 | 4:07.44 | 5:20.92 |
| 8. Lotte Lübbers | KSN (SG) | 200900190 | 5:21.42 | +0,71 | 522 | 1:15.07 | 2:36.80 | 4:10.62 | 5:21.42 |
| 9. Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 5:21.58 | +0,63 | 522 | 1:11.09 | 2:32.99 | 4:07.13 | 5:21.58 |
| 10. Tess Vonk | De Geul | 200900024 | 5:25.67 | +0,64 | 502 | 1:09.63 | 2:34.07 | 4:05.23 | 5:25.67 |
| 11. Erin de Jong | GZC DONK | 201000024 | 5:26.10 | +0,91 | 500 | 1:12.17 | 2:32.72 | 4:10.83 | 5:26.10 |
| 12. Fenne Metten | ZPC AMERSFOORT | 201000102 | 5:26.58 | +0,73 | 498 | 1:13.15 | 2:35.45 | 4:12.63 | 5:26.58 |
| 13. C. Moreno Palacios | De Dolfijn | 201002302 | 5:28.53 | +0,70 | 489 | 1:16.38 | 2:40.54 | 4:11.91 | 5:28.53 |
| 14. Myrthe Stelten | Hellas-Glana | 200900234 | 5:28.60 | +0,76 | 489 | 1:13.62 | 2:38.21 | 4:07.92 | 5:28.60 |
| 15. Madeleine Bertram | De Dolfijn | 200900516 | 5:28.74 | +0,65 | 488 | 1:15.13 | 2:35.61 | 4:14.29 | 5:28.74 |
| 16. Nienke Koster | ZPC Hoogeveen | 200900612 | 5:29.27 | +0,64 | 486 | 1:15.04 | 2:36.17 | 4:10.41 | 5:29.27 |
| 17. Fenna Zusterzeel | PSV | 201000008 | 5:29.49 | +0,73 | 485 | 1:17.52 | 2:38.68 | 4:09.97 | 5:29.49 |
| 18. Jenny Muntinga | ZPCH | 200900450 | 5:30.03 | +0,69 | 482 | 1:15.85 | 2:38.84 | 4:14.82 | 5:30.03 |
| 19. Marre van der Wal | ZV 44 | 201000046 | 5:30.07 | +0,73 | 482 | 1:18.92 | 2:44.06 | 4:14.05 | 5:30.07 |
| 20. Rixt Rothschild | ZC Borger | 200900026 | 5:34.40 | +0,70 | 464 | 1:15.12 | 2:40.96 | 4:14.07 | 5:34.40 |
| 21. A. Strang van Hees | De Duinkickers | 200902566 | 5:34.77 | +0,90 | 462 | 1:18.60 | 2:43.16 | 4:18.12 | 5:34.77 |
| 22. Anouk Molenberg | VZC | 200902112 | 5:36.54 | +0,78 | 455 | 1:15.30 | 2:42.40 | 4:19.63 | 5:36.54 |
| 23. Flo Streep | DAW | 200900676 | 5:37.04 | +0,82 | 453 | 1:18.84 | 2:44.81 | 4:22.93 | 5:37.04 |
| 24. Karlijn Siderius | DWK | 200900032 | 5:37.44 | +0,77 | 451 | 1:12.93 | 2:39.81 | 4:20.97 | 5:37.44 |
| 25. Nina Tetteroo | De Columbiaan | 201000048 | 5:37.64 | +0,81 | 451 | 1:18.95 | 2:43.65 | 4:20.50 | 5:37.64 |
| 26. Anne Engbersen | ZPC AMERSFOORT | 201000044 | 5:39.65 | +0,79 | 443 | 1:20.63 | 2:45.48 | 4:24.03 | 5:39.65 |
| 27. Esmaé de Gans | ZPC AMERSFOORT | 200900134 | 5:39.94 | +0,78 | 441 | 1:15.91 | 2:43.10 | 4:20.67 | 5:39.94 |
| 28. Sterre Dietvorst | ZPC AMERSFOORT | 200900726 | 5:40.57 | +0,85 | 439 | 1:17.95 | 2:46.55 | 4:26.15 | 5:40.57 |
| 29. Femke ter Horst | ZPC Hoogeveen | 201000108 | 5:40.78 | +0,80 | 438 | 1:17.19 | 2:42.52 | 4:23.07 | 5:40.78 |
| 30. Elin Baars | DWK | 201000138 | 5:40.80 | +0,77 | 438 | 1:18.33 | 2:46.96 | 4:22.39 | 5:40.80 |
| Manou Longayroux | Blue Marlins | 201000580 | 5:40.80 | +0,67 | 438 | 1:13.52 | 2:38.11 | 4:20.68 | 5:40.80 |
| 32. Wieke Dekker | De Dolfijn | 201002020 | 5:40.98 | +0,75 | 437 | 1:25.90 | 2:52.00 | 4:24.77 | 5:40.98 |
| 33. Gwen Hermans | De Columbiaan | 200900058 | 5:46.07 | +0,68 | 418 | 1:15.94 | 2:41.74 | 4:25.78 | 5:46.07 |
| 34. Grace Peters | Feijenoord Albion | 200901474 | 5:49.33 | +0,75 | 407 | 1:15.88 | 2:48.09 | 4:25.96 | 5:49.33 |
| 35. Anouk Steller | WVZ | 201000004 | 5:52.32 | +0,80 | 396 | 1:16.98 | 2:44.23 | 4:29.91 | 5:52.32 |
| 36. Marjolie Spelde | ZC Borger | 200900266 | 5:53.98 | +0,75 | 391 | 1:19.63 | 2:43.73 | 4:30.29 | 5:53.98 |
| 37. Annebel Kluijtmans | Arethusa | 200900808 | 5:54.77 | +0,83 | 388 | 1:24.18 | 2:50.77 | 4:31.18 | 5:54.77 |
| 38. Alexx Broekman | Arethusa | 200902374 | 5:56.54 | +0,92 | 383 | 1:25.78 | 2:56.38 | 4:38.99 | 5:56.54 |
| AFGEM Julia D browska | Blue Marlins | 201000300 | | | | | | | |
| AFGEM Mariia Kostina | Blue Marlins | 201002042 | | | | | | | |
| AFGEM Caitlin Sülter | Aqua-Novio'94 | 200900046 | | | | | | | |
| NG Iris Tilburg | Arethusa | 200902662 | | | | | | | |
| NG Puck van Wees | De Dolfijn | 200901020 | | | | | | | |

Programmanr. 4
 08-12-2023

Jongens, 400m wisselslag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 100m | 200m | 300m | 400m |
|-------------------------------------|-------------------------|-----------|----------------|-------|----------|---------|---------|---------|---------|
| 1. Wytse Broekstra NR 15 jarigen | De Vikings | 200800121 | 4:31.02 | +0,76 | 650 | 1:04.48 | 2:11.64 | 3:27.56 | 4:31.02 |
| 2. Yarno van Dam | ACZ | 200800115 | 4:35.17 | +0,72 | 621 | 1:02.39 | 2:11.37 | 3:30.52 | 4:35.17 |
| 3. Xiaoyu Yin | Blue Marlins | 200803363 | 4:39.22 | +0,68 | 594 | 1:01.19 | 2:11.10 | 3:33.78 | 4:39.22 |
| 4. Sven Koornstra | De Vikings | 200900189 | 4:42.85 | +0,77 | 572 | 1:05.58 | 2:22.00 | 3:38.10 | 4:42.85 |
| 5. Rijk Leenders | VZC | 200800627 | 4:47.80 | +0,72 | 543 | 1:05.37 | 2:16.92 | 3:40.35 | 4:47.80 |
| 6. Willem Weustink | Team Noord Holland | 200800109 | 4:50.32 | +0,68 | 529 | 1:04.71 | 2:18.60 | 3:44.92 | 4:50.32 |
| 7. Martijn Nies | PSV | 200902095 | 4:51.49 | +0,73 | 522 | 1:05.81 | 2:22.56 | 3:47.96 | 4:51.49 |
| 8. Nout Folkersma | PSV | 200800595 | 4:52.08 | +0,70 | 519 | 1:06.64 | 2:22.02 | 3:45.31 | 4:52.08 |
| 9. Diede Veld | HZ&PC Heerenveen | 200800011 | 4:52.13 | +0,70 | 519 | 1:07.27 | 2:21.15 | 3:46.28 | 4:52.13 |
| 10. Jaydey Schonewille | Steenwijk 1934 | 200800025 | 4:52.46 | +0,77 | 517 | 1:05.99 | 2:21.72 | 3:45.89 | 4:52.46 |
| 11. Luca Boorsma | De Dolfijn | 200902031 | 4:54.39 | +0,63 | 507 | 1:05.01 | 2:19.42 | 3:45.45 | 4:54.39 |
| 12. Adriaan Coppelmans | AZC | 200903243 | 4:54.45 | +0,66 | 507 | 1:07.68 | 2:23.71 | 3:46.90 | 4:54.45 |
| 13. Bas Mostert | VZC | 200800629 | 4:54.62 | +0,82 | 506 | 1:04.50 | 2:24.32 | 3:51.26 | 4:54.62 |
| 14. Rens Noordover | Team Noord Holland | 200800237 | 4:57.23 | +0,80 | 493 | 1:08.15 | 2:24.07 | 3:47.92 | 4:57.23 |
| 15. Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 4:57.52 | +0,69 | 491 | 1:08.92 | 2:24.16 | 3:49.85 | 4:57.52 |
| 16. Ivo Bot | Wiekslag | 200900509 | 4:57.56 | +0,72 | 491 | 1:07.76 | 2:23.01 | 3:50.86 | 4:57.56 |
| 17. Tim Boerefijn | WVZ | 200802815 | 4:59.73 | +0,75 | 480 | 1:05.80 | 2:19.18 | 3:51.88 | 4:59.73 |
| 18. Wanne van Geest | ZV Vlaardingen-Schiedam | 200901425 | 5:00.00 | +0,68 | 479 | 1:04.23 | 2:21.44 | 3:51.24 | 5:00.00 |
| 19. Mattia Maggio | Hellas-Glana | 200903311 | 5:00.07 | +0,65 | 479 | 1:05.69 | 2:21.84 | 3:49.80 | 5:00.07 |
| 20. Gijs Hartwijk | ZVL-1886 | 200800573 | 5:00.96 | +0,62 | 474 | 1:06.89 | 2:26.29 | 3:52.81 | 5:00.96 |
| 21. Mike Hilders | De Dolfijn | 200900281 | 5:02.80 | +0,70 | 466 | 1:06.92 | 2:20.40 | 3:51.82 | 5:02.80 |
| Jelte de Jong | ZPCH | 200900975 | 5:02.80 | +0,71 | 466 | 1:07.69 | 2:23.11 | 3:54.42 | 5:02.80 |
| 23. Bram ter Braak | De Dinkel | 200800281 | 5:03.57 | +0,70 | 462 | 1:06.37 | 2:22.98 | 3:55.77 | 5:03.57 |
| 24. Rein Stoel | ZVL-1886 | 200800463 | 5:04.49 | +0,72 | 458 | 1:07.27 | 2:21.13 | 3:51.96 | 5:04.49 |
| 25. Felix Gepkens | VZC | 200800631 | 5:05.25 | +0,75 | 455 | 1:05.28 | 2:19.82 | 3:54.63 | 5:05.25 |
| 26. Stefan van der Meer | VZC | 200901361 | 5:07.50 | +0,70 | 445 | 1:08.46 | 2:25.54 | 3:55.93 | 5:07.50 |
| 27. Bjorn Scholten | WS Twente | 200801143 | 5:07.53 | +0,85 | 445 | 1:07.85 | 2:22.62 | 3:58.29 | 5:07.53 |
| 28. Mink Hugen | Aqua-Novio'94 | 200801391 | 5:09.86 | +0,72 | 435 | 1:08.76 | 2:28.12 | 3:59.10 | 5:09.86 |
| 29. Rian Schoneveld | De Berkelduikers | 200801789 | 5:10.06 | +0,70 | 434 | 1:04.10 | 2:20.05 | 3:58.35 | 5:10.06 |
| 30. Jamie Kenworthy | De Dolfijn | 200800045 | 5:11.32 | +0,72 | 429 | 1:07.26 | 2:28.52 | 4:00.31 | 5:11.32 |
| 31. Sverre van der Zwaan | WVZ | 200900737 | 5:11.58 | +0,65 | 427 | 1:12.00 | 2:29.39 | 4:00.11 | 5:11.58 |
| 32. Teun van Weeren | WS Twente | 200801145 | 5:12.38 | +0,71 | 424 | 1:10.58 | 2:29.96 | 4:03.07 | 5:12.38 |
| 33. Thomas Nauta | Arethusa | 200900339 | 5:13.33 | +0,63 | 420 | 1:17.64 | 2:38.62 | 4:04.01 | 5:13.33 |
| 34. Duuk Harms | Dedemsvaart-AC | 200900201 | 5:13.64 | +0,73 | 419 | 1:14.50 | 2:28.60 | 4:00.23 | 5:13.64 |
| 35. Aidan van der Stelt | Blue Marlins | 200900901 | 5:13.80 | +0,65 | 418 | 1:12.91 | 2:35.33 | 4:06.05 | 5:13.80 |
| 36. Tim van de Moosdijk | PSV | 200900187 | 5:15.39 | +0,75 | 412 | 1:12.98 | 2:31.51 | 4:05.42 | 5:15.39 |
| 37. Mart Tempelman | Dedemsvaart-AC | 200801075 | 5:15.45 | +0,68 | 412 | 1:08.31 | 2:26.64 | 3:59.85 | 5:15.45 |
| 38. Joey Pop | ZV Vlaardingen-Schiedam | 200800277 | 5:15.85 | +0,83 | 410 | 1:12.38 | 2:33.46 | 4:07.84 | 5:15.85 |
| 39. Brent Schifflers | ZPC Woerden | 200902041 | 5:15.86 | +0,73 | 410 | 1:11.93 | 2:28.41 | 4:04.17 | 5:15.86 |
| 40. Lars de Kooter | De Biesboschzwemmers | 200800185 | 5:18.13 | +0,71 | 402 | 1:13.96 | 2:36.42 | 4:02.08 | 5:18.13 |
| AFGEM S. Lopes Cardozo | WZK | 200800187 | | | | | | | |

Programmanr. 5
 08-12-2023

Meisjes, 200m wisselslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|-------------------------|-----------------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. Malin Roozeboom | WVZ | 201100006 | 2:26.54 | +0,77 | 575 | 33.20 | 1:10.21 | 1:53.21 | 2:26.54 |
| 2. Yill van Bezouw | Hieronymus | 201100704 | 2:32.63 | +0,72 | 508 | 32.72 | 1:12.42 | 1:56.94 | 2:32.63 |
| 3. Frédérique Nijziel | PSV | 201103114 | 2:36.89 | +0,75 | 468 | 30.70 | 1:10.81 | 2:00.39 | 2:36.89 |
| 4. Lola Verheijen | PSV | 201100832 | 2:37.01 | +0,74 | 467 | 32.71 | 1:15.03 | 2:02.19 | 2:37.01 |
| 5. Noa van Zalk | ZPC AMERSFOORT | 201102534 | 2:37.27 | +0,67 | 465 | 33.24 | 1:13.91 | 2:01.25 | 2:37.27 |
| 6. Rozalia Diederiks | ZVL-1886 | 201100904 | 2:37.89 | +0,83 | 459 | 35.36 | 1:16.60 | 2:02.01 | 2:37.89 |
| 7. Casharell Kraan | Blue Marlins | 201103426 | 2:38.86 | +0,65 | 451 | 35.77 | 1:15.21 | 2:02.65 | 2:38.86 |
| 8. Elin Reinstra | TriVia | 201100842 | 2:39.84 | +0,73 | 443 | 36.70 | 1:16.13 | 2:03.28 | 2:39.84 |
| 9. Odenza Soselisa | Blue Marlins | 201101780 | 2:40.09 | +0,65 | 441 | 33.10 | 1:13.53 | 2:01.55 | 2:40.09 |
| 10. Chloé in 't Veen | WVZ | 201100010 | 2:41.39 | +0,59 | 430 | 34.34 | 1:16.97 | 2:03.39 | 2:41.39 |
| 11. Sterre de Veen | Hellas-Glana | 201100086 | 2:41.64 | +0,58 | 428 | 35.56 | 1:17.33 | 2:03.33 | 2:41.64 |
| 12. Elke Kriesels | Hieronymus | 201100898 | 2:41.79 | +0,77 | 427 | 34.32 | 1:18.02 | 2:05.97 | 2:41.79 |
| 13. Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 2:42.13 | +0,96 | 424 | 34.69 | 1:16.05 | 2:04.98 | 2:42.13 |
| 14. Milou Filemon | Blue Marlins | 201100078 | 2:42.29 | | 423 | 36.30 | 1:15.51 | 2:04.81 | 2:42.29 |
| 15. Anna Lepoutre | PSV | 201100534 | 2:42.84 | +0,72 | 419 | 34.52 | 1:17.81 | 2:06.81 | 2:42.84 |
| 16. Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 2:44.27 | +0,61 | 408 | 37.87 | 1:20.32 | 2:07.87 | 2:44.27 |
| 17. Esra Simon | Hellas-Glana | 201100004 | 2:45.41 | +0,62 | 399 | 34.56 | 1:17.38 | 2:06.17 | 2:45.41 |
| 18. Elle van Gemeren | DAW | 201100428 | 2:45.72 | +0,87 | 397 | 36.78 | 1:20.38 | 2:07.83 | 2:45.72 |
| 19. Minke Bouman | Blue Marlins | 201100104 | 2:46.57 | +0,68 | 391 | 35.13 | 1:17.88 | 2:04.07 | 2:46.57 |
| 20. Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 2:46.91 | +0,63 | 389 | 33.92 | 1:15.88 | 2:08.77 | 2:46.91 |
| 21. Simone Brobbel | ZPC Numansdorp | 201200058 | 2:46.95 | +0,69 | 388 | 35.01 | 1:14.53 | 2:07.54 | 2:46.95 |
| 22. Julia Ketelaars | Hellas-Glana | 201200028 | 2:47.30 | +0,67 | 386 | 36.91 | 1:21.55 | 2:11.27 | 2:47.30 |
| 23. Melody Paulussen | De Dolfijn | 201101106 | 2:47.35 | +0,61 | 386 | 36.63 | 1:20.10 | 2:09.76 | 2:47.35 |
| 24. Julia Bannatyne | BZ&PC | 201201020 | 2:47.37 | +0,80 | 385 | 35.22 | 1:18.32 | 2:09.91 | 2:47.37 |
| 25. Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 2:47.46 | +0,84 | 385 | 38.76 | 1:20.71 | 2:09.31 | 2:47.46 |
| 26. Alaine Dumont | ZV De Watervogels | 201102140 | 2:47.66 | +0,66 | 383 | 35.11 | 1:18.72 | 2:09.37 | 2:47.66 |
| 27. M. Gliese-Sloojier | De Dinkel | 201100008 | 2:47.98 | +0,78 | 381 | 37.30 | 1:18.01 | 2:09.63 | 2:47.98 |
| 28. Emma van den Berg | V.Z.V. Njord | 201100830 | 2:48.12 | +0,72 | 380 | 35.18 | 1:18.81 | 2:08.41 | 2:48.12 |
| 29. Carlijn Dezutter | Scheldestroom | 201100770 | 2:49.36 | +0,76 | 372 | 37.52 | 1:20.76 | 2:10.30 | 2:49.36 |
| 30. Meike van der Klugt | WVZ | 201100808 | 2:49.38 | +0,94 | 372 | 41.47 | 1:23.66 | 2:10.56 | 2:49.38 |
| 31. Vicky Horens | Hellas-Glana | 201200252 | 2:49.76 | +0,60 | 369 | 38.29 | 1:22.27 | 2:11.50 | 2:49.76 |
| 32. Norell Kroeze | ZC Polaris | 201100378 | 2:49.82 | +0,79 | 369 | 38.54 | 1:23.97 | 2:13.31 | 2:49.82 |
| 33. Lise Markes | SBC2000 | 201101276 | 2:51.62 | +0,78 | 357 | 36.53 | 1:22.55 | 2:12.03 | 2:51.62 |
| 34. Morrison Schram | De Schelde | 201100686 | 2:51.74 | +0,83 | 357 | 38.88 | 1:24.42 | 2:12.65 | 2:51.74 |
| 35. Isabel Amelink | Deltasteur | 201100196 | 2:52.08 | +0,95 | 355 | 40.57 | 1:24.78 | 2:14.06 | 2:52.08 |
| 36. Alissa Rooijackers | Z&PV Nuenen | 201200252 | 2:52.17 | +0,73 | 354 | 37.26 | 1:20.48 | 2:12.17 | 2:52.17 |
| 37. Fanni Farkas | De Columbiaan | 201100360 | 2:52.18 | +0,95 | 354 | 37.72 | 1:23.60 | 2:14.87 | 2:52.18 |
| 38. Nynke Muntinga | ZPCH | 201100060 | 2:52.54 | +0,58 | 352 | 38.39 | 1:23.67 | 2:13.96 | 2:52.54 |
| 39. Noa Spaans | De Dolfijn | 201100222 | 2:52.62 | +0,76 | 351 | 36.50 | 1:18.48 | 2:10.53 | 2:52.62 |
| 40. Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 2:52.97 | +0,86 | 349 | 39.79 | 1:21.89 | 2:14.17 | 2:52.97 |
| 41. Esmee Reuver | ZC Polaris | 201100846 | 2:53.55 | +0,60 | 346 | 42.56 | 1:24.34 | 2:14.78 | 2:53.55 |
| 42. Sara Creemers | Hellas-Glana | 201100242 | 2:53.74 | +0,70 | 345 | 39.56 | 1:24.11 | 2:12.64 | 2:53.74 |
| 43. Juno Toornend | Team Noord Holland | 201101718 | 2:54.20 | +0,77 | 342 | 37.22 | 1:21.30 | 2:13.39 | 2:54.20 |
| 44. Roubin van Kampen | ZPCH | 201200370 | 2:55.19 | +0,78 | 336 | 40.82 | 1:28.56 | 2:16.83 | 2:55.19 |
| 45. Annefleur Schraa | SWOL 1894 | 201100044 | 2:57.54 | +0,81 | 323 | 40.78 | 1:23.95 | 2:15.60 | 2:57.54 |
| 46. Syll Rinsma | Orca | 201200798 | 3:00.32 | +0,59 | 308 | 40.25 | 1:27.63 | 2:18.59 | 3:00.32 |
| 47. Amila Mustafic | DZ&PC | 201200026 | 3:00.89 | +0,65 | 305 | 37.94 | 1:22.79 | 2:21.62 | 3:00.89 |
| 48. Charlie Klaver | De Dolfijn | 201102094 | 3:02.18 | +0,69 | 299 | 41.43 | 1:31.76 | 2:21.64 | 3:02.18 |
| 49. Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 3:03.78 | +0,69 | 291 | 38.59 | 1:24.34 | 2:25.46 | 3:03.78 |
| DIS Eva ter Horst | ZPC Hoogeveen | 201200070 | | +0,88 | | | | | |

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten., SS - Met handen over elkaar keer- of eindpunt aangetikt.

Programmanr. 6
 08-12-2023

Jongens, 200m wisselslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|-------------------------|----------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. Mathijs de Wit | KSN (SG) | 201001215 | 2:25.12 | +0,72 | 431 | 33.62 | 1:10.58 | 1:52.60 | 2:25.12 |
| 2. Ruben Kragt | ZV 44 | 201000007 | 2:25.37 | +0,68 | 428 | 31.42 | 1:09.04 | 1:51.39 | 2:25.37 |
| 3. Myron Artemenko | Niemo Barracuda | 201003021 | 2:26.93 | +0,73 | 415 | 31.84 | 1:09.27 | 1:53.69 | 2:26.93 |
| 4. Evren Ege Orcunus | De Dolfijn | 201003253 | 2:26.99 | +0,62 | 414 | 30.81 | 1:07.87 | 1:53.41 | 2:26.99 |
| 5. Max van der Spank | Hieronymus | 201000275 | 2:27.07 | +0,72 | 414 | 31.75 | 1:10.62 | 1:53.91 | 2:27.07 |
| 6. Thijmen Pruijssers | Hieronymus | 201000129 | 2:30.99 | +0,68 | 382 | 33.56 | 1:12.26 | 1:56.04 | 2:30.99 |
| 7. Gwee Bokma | Zwemlust- den Hommel | 201002259 | 2:31.46 | +0,75 | 379 | 30.87 | 1:08.82 | 1:55.67 | 2:31.46 |
| 8. Nick Vodde | AZ&PC De Futen | 201002211 | 2:31.52 | +0,75 | 378 | 29.03 | 1:10.13 | 1:55.87 | 2:31.52 |
| 9. D. van den Noulant | Blue Marlins | 201000071 | 2:32.45 | +0,74 | 371 | 33.99 | 1:12.44 | 1:56.63 | 2:32.45 |
| 10. Thijn Runia | DZT'62 | 201000895 | 2:32.46 | +0,78 | 371 | 31.91 | 1:11.42 | 1:54.71 | 2:32.46 |
| 11. Mathieu Gepkens | VZC | 201000045 | 2:33.36 | +0,79 | 365 | 34.77 | 1:13.78 | 1:58.46 | 2:33.36 |
| 12. S. Hageman | Steenwijk 1934 | 201000009 | 2:33.66 | +0,70 | 363 | 33.99 | 1:13.02 | 1:58.22 | 2:33.66 |
| 13. O. Hordiienko | ZV De Aalscholver | 201003061 | 2:33.97 | +0,81 | 360 | 33.50 | 1:12.73 | 1:59.06 | 2:33.97 |
| 14. Ramon Vos | ZPC Hoogeveen | 201100051 | 2:33.99 | +0,75 | 360 | 34.36 | 1:12.69 | 2:00.39 | 2:33.99 |
| 15. Thijs Jonkman | De Duck | 201000481 | 2:34.27 | +0,72 | 358 | 33.65 | 1:13.50 | 1:59.42 | 2:34.27 |
| 16. Duco de Gelder | Blue Marlins | 201000217 | 2:34.92 | +0,63 | 354 | 34.18 | 1:13.22 | 1:58.94 | 2:34.92 |
| 17. Kris Westerhout | ZZ&PC De Devel | 201000883 | 2:35.18 | +0,64 | 352 | 32.49 | 1:14.22 | 1:59.11 | 2:35.18 |
| Mauro Bedeke | DAW | 201000537 | 2:35.18 | +0,50 | 352 | 32.89 | 1:13.40 | 1:59.20 | 2:35.18 |
| 19. Eli Shields | Niemo Barracuda | 201000407 | 2:35.39 | +0,71 | 351 | 33.17 | 1:12.03 | 1:59.22 | 2:35.39 |
| 20. Joey Snabel | ZPC AMERSFOORT | 201002847 | 2:35.51 | +0,68 | 350 | 35.39 | 1:15.48 | 2:01.29 | 2:35.51 |
| 21. Sven Potappel | DWK | 201000127 | 2:35.81 | +0,71 | 348 | 32.33 | 1:13.38 | 2:00.02 | 2:35.81 |
| 22. Tycho Wienbelt | De Vikings | 201001397 | 2:36.13 | +0,80 | 346 | 36.75 | 1:15.78 | 2:00.44 | 2:36.13 |
| 23. Kick Germers | SWOL 1894 | 201000185 | 2:36.22 | +0,75 | 345 | 34.32 | 1:15.30 | 1:59.73 | 2:36.22 |
| 24. Abel op den Velde | De Duinkickers | 201000079 | 2:36.91 | +0,77 | 341 | 34.23 | 1:12.28 | 2:02.07 | 2:36.91 |
| 25. Baris Tomu | ZPCH | 201000869 | 2:37.24 | +0,66 | 338 | 36.65 | 1:16.63 | 2:02.21 | 2:37.24 |
| 26. Girish Nolden | Blue Marlins | 201000087 | 2:37.25 | +0,72 | 338 | 32.35 | 1:12.80 | 2:00.95 | 2:37.25 |
| 27. Kasper Lubbers | Orca | 201100025 | 2:37.50 | +0,65 | 337 | 35.73 | 1:16.39 | 2:01.40 | 2:37.50 |
| 28. Melle Pittie | Zwemclub Eijsden | 201000179 | 2:37.85 | +0,75 | 335 | 36.51 | 1:18.24 | 2:04.21 | 2:37.85 |
| 29. Matthijs van Velzen | ZV 44 | 201100435 | 2:38.17 | +0,68 | 332 | 32.82 | 1:13.31 | 2:01.82 | 2:38.17 |
| 30. A. van der Sluis | PSV | 201003425 | 2:38.48 | +0,77 | 331 | 33.99 | 1:15.74 | 2:05.55 | 2:38.48 |
| 31. Cayden Malone | De Dolfijn | 201002195 | 2:39.25 | +0,76 | 326 | 34.49 | 1:17.85 | 2:02.58 | 2:39.25 |
| 32. Bink Elgersma | Zwemlust- den Hommel | 201000137 | 2:39.74 | +0,83 | 323 | 34.28 | 1:15.02 | 2:03.56 | 2:39.74 |
| 33. Franzi Ziegler | DAW | 201100891 | 2:39.75 | +0,66 | 323 | 33.09 | 1:16.61 | 2:03.38 | 2:39.75 |
| 34. Tygo van de Wal | DWK | 201001329 | 2:39.76 | +0,76 | 323 | 35.06 | 1:17.25 | 2:02.12 | 2:39.76 |
| 35. Nils Bellert | SG Octopus - ZVV | 201100347 | 2:40.11 | +0,74 | 321 | 33.14 | 1:15.38 | 2:03.33 | 2:40.11 |
| 36. Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 2:40.44 | +0,73 | 319 | 35.43 | 1:17.84 | 2:03.52 | 2:40.44 |
| 37. Mattias Stolk | HZ&PC Heerenveen | 201000525 | 2:40.58 | +0,75 | 318 | 40.74 | 1:21.17 | 2:05.40 | 2:40.58 |
| 38. Nathan Magava | De Dolfijn | 201003067 | 2:41.36 | +0,70 | 313 | 33.49 | 1:15.88 | 2:01.91 | 2:41.36 |
| 39. Nordin Vermeer | DWK | 201000227 | 2:42.33 | +0,69 | 308 | 35.99 | 1:17.91 | 2:05.44 | 2:42.33 |
| 40. Yorre van der Wal | ZV 44 | 201000017 | 2:43.27 | +0,69 | 302 | 39.08 | 1:18.43 | 2:05.30 | 2:43.27 |
| 41. Dax Muijlaert | SG Octopus - ZVV | 201100535 | 2:43.68 | +0,70 | 300 | 35.74 | 1:18.02 | 2:07.18 | 2:43.68 |
| 42. Jorick Johannes | HZ&PC Heerenveen | 201000403 | 2:44.46 | +0,65 | 296 | 36.12 | 1:17.29 | 2:08.10 | 2:44.46 |
| 43. Luca Monster | ZPC Numansdorp | 201100343 | 2:44.48 | +0,68 | 296 | 35.45 | 1:19.45 | 2:04.35 | 2:44.48 |
| 44. Vince van Dam | ACZ | 201000405 | 2:44.92 | +0,78 | 293 | 34.02 | 1:15.58 | 2:05.06 | 2:44.92 |
| 45. Mees Janssen | DSZ | 201102025 | 2:44.95 | +0,62 | 293 | 33.32 | 1:15.28 | 2:07.30 | 2:44.95 |
| 46. Finn Wensveen | Zv de Ham | 201000811 | 2:45.59 | +0,92 | 290 | 39.66 | 1:20.54 | 2:10.09 | 2:45.59 |
| 47. Joep Lindhout | Niemo Barracuda | 201100873 | 2:45.67 | | 289 | 38.24 | 1:20.76 | 2:08.98 | 2:45.67 |
| 48. Stijn Dijkstra | DZ&PC | 201000279 | 2:46.33 | +0,57 | 286 | 37.97 | 1:20.19 | 2:09.91 | 2:46.33 |
| 49. Amor van der Veen | ZV 44 | 201100197 | 2:50.11 | +0,68 | 267 | 38.12 | 1:16.89 | 2:12.39 | 2:50.11 |
| DIS Mathijs Boersma | ZPC Hoogeveen | 201000313 | | | | | | | |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Programmanr. 7
08-12-2023

Meisjes, 4 x 200m vrije slag

Junioren
Resultaten

Punten: FINA 2023

| rang | vereniging | | | | | tijd | RT | FINA |
|------|-----------------------|----------------|-------|-------|---------|----------------|---------|---------|
| 1. | PSV 1 | PSV | | | | 8:48.18 | +0,71 | 622 |
| | Bregje Dekkers | 09 | +0,71 | 30.64 | 1:03.65 | 1:37.10 | 2:09.75 | 2:09.75 |
| | Luus Gielens | 09 | +0,38 | 29.98 | 1:03.19 | 1:36.82 | 2:10.18 | 2:10.18 |
| | Fenna Zusterzeel | 10 | +0,51 | 29.98 | 1:04.40 | 1:40.35 | 2:16.07 | 2:16.07 |
| | Kinley Cole | 09 | +0,39 | 29.20 | 1:02.63 | 1:37.39 | 2:12.18 | 2:12.18 |
| 2. | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | | | | 8:55.47 | +0,75 | 596 |
| | Robine Moot | 09 | +0,75 | 29.74 | 1:02.87 | 1:36.81 | 2:10.96 | 2:10.96 |
| | Fenne Metten | 10 | +0,20 | 29.75 | 1:03.68 | 1:38.53 | 2:12.36 | 2:12.36 |
| | Sterre Dietvorst | 09 | +0,65 | 29.57 | 1:04.01 | 1:40.15 | 2:15.19 | 2:15.19 |
| | Senna Rijnbeek | 09 | +0,69 | 31.21 | 1:06.82 | 1:43.48 | 2:16.96 | 2:16.96 |
| 3. | De Dolfijn 1 | De Dolfijn | | | | 8:57.07 | +0,70 | 591 |
| | Elin Brinkhof | 09 | +0,70 | 30.20 | 1:03.05 | 1:36.37 | 2:09.99 | 2:09.99 |
| | Madeleine Bertram | 09 | +0,69 | 29.67 | 1:03.32 | 1:38.12 | 2:12.52 | 2:12.52 |
| | Carla Moreno Palacios | 10 | +0,58 | 30.40 | 1:05.17 | 1:41.70 | 2:16.83 | 2:16.83 |
| | Yara van Asselen | 09 | +0,39 | 30.41 | 1:05.16 | 1:42.03 | 2:17.73 | 2:17.73 |
| 4. | DZ&PC 1 | DZ&PC | | | | 9:05.90 | +0,75 | 563 |
| | Fay Boxum | 09 | +0,75 | 29.49 | 1:02.67 | 1:36.28 | 2:09.55 | 2:09.55 |
| | Amila Mustafic | 12 | +0,68 | 31.35 | 1:08.88 | 1:50.72 | 2:31.80 | 2:31.80 |
| | Fenna Westerneng | 09 | +0,30 | 29.25 | 1:01.79 | 1:35.77 | 2:09.87 | 2:09.87 |
| | Ilse Wiltjer | 09 | +0,60 | 30.56 | 1:04.47 | 1:39.94 | 2:14.68 | 2:14.68 |
| 5. | Aqua-Novio'94 1 | Aqua-Novio'94 | | | | 9:11.99 | +0,71 | 544 |
| | Tara Langkamp | 09 | +0,71 | 29.71 | 1:04.67 | 1:40.54 | 2:15.88 | 2:15.88 |
| | Caitlin Sülter | 09 | +0,44 | 31.66 | 1:06.65 | 1:42.59 | 2:16.36 | 2:16.36 |
| | Eva de Man | 10 | +0,44 | 30.23 | 1:06.03 | 1:45.16 | 2:25.08 | 2:25.08 |
| | Myla Klaassen | 09 | +0,27 | 29.93 | 1:04.64 | 1:40.03 | 2:14.67 | 2:14.67 |
| 6. | DAW 1 | DAW | | | | 9:12.00 | +0,70 | 544 |
| | Flo Streep | 09 | +0,70 | 30.08 | 1:05.28 | 1:41.48 | 2:17.09 | 2:17.09 |
| | Dante van Meene | 09 | +0,46 | 30.83 | 1:05.91 | 1:43.38 | 2:18.83 | 2:18.83 |
| | Eva Leuwerman | 09 | +0,40 | 31.58 | 1:06.88 | 1:45.06 | 2:22.75 | 2:22.75 |
| | Amber Kunst | 09 | +0,32 | 29.68 | 1:04.00 | 1:39.16 | 2:13.33 | 2:13.33 |
| 7. | Blue Marlins 1 | Blue Marlins | | | | 9:15.29 | +0,75 | 535 |
| | Ece Öngören | 09 | +0,75 | 30.77 | 1:05.26 | 1:40.98 | 2:16.44 | 2:16.44 |
| | Julia D browska | 10 | +0,55 | 30.53 | 1:05.93 | 1:43.52 | 2:20.38 | 2:20.38 |
| | Mariia Kostina | 10 | | 29.99 | 1:05.82 | 1:44.25 | 2:22.10 | 2:22.10 |
| | Mijke Ouderkerken | 09 | | 31.02 | 1:05.12 | 1:41.05 | 2:16.37 | 2:16.37 |
| 8. | ZV 44 | ZV 44 | | | | 9:26.07 | +0,94 | 505 |
| | Hanna Heller | 11 | +0,94 | 34.00 | 1:12.43 | 1:54.52 | 2:36.28 | 2:36.28 |
| | Marre van der Wal | 10 | +0,72 | 32.58 | 1:08.20 | 1:44.29 | 2:19.28 | 2:19.28 |
| | Paula Spans | 10 | +0,62 | 31.12 | 1:05.56 | 1:41.06 | 2:15.67 | 2:15.67 |
| | Chiara Lammertink | 09 | +0,56 | 30.21 | 1:04.73 | 1:41.21 | 2:14.84 | 2:14.84 |
| 9. | ZPC AMERSFOORT 2 | ZPC AMERSFOORT | | | | 9:26.53 | +0,78 | 504 |
| | Anne Engbersen | 10 | +0,78 | 30.28 | 1:05.08 | 1:40.88 | 2:15.76 | 2:15.76 |
| | Esmaé de Gans | 09 | +0,66 | 32.02 | 1:07.86 | 1:45.52 | 2:22.81 | 2:22.81 |
| | Noa van Zalk | 11 | +0,27 | 32.29 | 1:09.05 | 1:47.07 | 2:24.65 | 2:24.65 |
| | Brechtje Slootweg | 11 | +0,32 | 31.21 | 1:07.65 | 1:45.36 | 2:23.31 | 2:23.31 |
| 10. | DWK 1 | DWK | | | | 9:27.80 | +0,73 | 500 |
| | Karlijn Siderius | 09 | +0,73 | 32.75 | 1:09.04 | 1:45.36 | 2:20.59 | 2:20.59 |
| | Elin Baars | 10 | +0,59 | 32.26 | 1:08.17 | 1:45.40 | 2:22.55 | 2:22.55 |
| | Tessa van Beek | 10 | +0,70 | 32.05 | 1:07.33 | 1:43.71 | 2:20.40 | 2:20.40 |
| | Lili Oosting | 09 | +0,33 | 34.01 | 1:11.22 | 1:48.38 | 2:24.26 | 2:24.26 |
| 11. | WVZ 1 | WVZ | | | | 9:48.60 | +0,71 | 449 |
| | Sanne Mulder | 09 | +0,71 | 32.95 | 1:11.46 | 1:51.88 | 2:30.23 | 2:30.23 |
| | Anouk Steller | 10 | +0,47 | 32.12 | 1:08.41 | 1:45.83 | 2:23.20 | 2:23.20 |
| | Tess van de Steeg | 10 | +0,40 | 31.19 | 1:06.07 | 1:42.09 | 2:18.10 | 2:18.10 |
| | Jubilee van Heijdoorn | 09 | +0,57 | 32.90 | 1:11.86 | 1:54.39 | 2:37.07 | 2:37.07 |

Programmanr. 8
08-12-2023

Jongens, 4 x 200m vrije slag

Junioren
Resultaten

Punten: FINA 2023

| rang | vereniging | | | | | | tijd | RT | FINA |
|------|----------------------|--------------------|-------|-------|---------|---------|----------------|---------|------|
| 1. | Team Noord Holland 1 | Team Noord Holland | | | | | 7:59.45 | +0,75 | 598 |
| | Rens Noordover | 08 | +0,75 | 27.84 | 59.06 | 1:31.25 | 2:03.50 | 2:03.50 | |
| | Suraj Baladurage | 08 | +0,41 | 26.58 | 57.91 | 1:31.58 | 2:04.35 | 2:04.35 | |
| | Willem Weustink | 08 | +0,21 | 26.45 | 56.35 | 1:27.83 | 1:58.96 | 1:58.96 | |
| | Giovanni Phillipson | 08 | +0,61 | 25.27 | 52.88 | 1:22.94 | 1:52.64 | 1:52.64 | |
| 2. | PSV 1 | PSV | | | | | 8:03.42 | +0,64 | 584 |
| | Theodore Allan | 09 | +0,64 | 27.09 | 57.45 | 1:28.54 | 1:59.30 | 1:59.30 | |
| | Jones Chuang | 08 | +0,51 | 26.11 | 55.88 | 1:28.47 | 2:02.11 | 2:02.11 | |
| | Wout Serrarens | 08 | +0,38 | 27.37 | 58.23 | 1:30.31 | 2:01.90 | 2:01.90 | |
| | Nout Folkersma | 08 | +0,32 | 26.97 | 57.12 | 1:28.40 | 2:00.11 | 2:00.11 | |
| 3. | De Dinkel 1 | De Dinkel | | | | | 8:06.00 | +0,68 | 574 |
| | Job Sportel | 08 | +0,68 | 27.82 | 58.31 | 1:29.49 | 2:00.57 | 2:00.57 | |
| | Bram ter Braak | 08 | +0,40 | 26.79 | 57.95 | 1:29.15 | 2:00.09 | 2:00.09 | |
| | Sam Leferinck | 08 | +0,40 | 27.02 | 58.61 | 1:32.29 | 2:06.88 | 2:06.88 | |
| | Milan Veelders | 08 | +0,56 | 26.69 | 56.42 | 1:27.28 | 1:58.46 | 1:58.46 | |
| 4. | ZPC AMERSFOORT 1 | ZPC AMERSFOORT | | | | | 8:09.08 | +0,55 | 564 |
| | Tobian Vos | 09 | +0,55 | 27.68 | 58.23 | 1:29.81 | 2:00.90 | 2:00.90 | |
| | Feddo Smink | 09 | +0,59 | 27.88 | 58.23 | 1:30.30 | 2:04.76 | 2:04.76 | |
| | Jesse Molegraaf | 08 | +0,22 | 27.47 | 58.37 | 1:30.96 | 2:03.75 | 2:03.75 | |
| | Felbe van 't Land | 09 | +0,56 | 26.44 | 57.08 | 1:28.78 | 1:59.67 | 1:59.67 | |
| 5. | Blue Marlins 1 | Blue Marlins | | | | | 8:18.50 | +0,68 | 532 |
| | Xiaoyu Yin | 08 | +0,68 | 26.43 | 56.12 | 1:27.21 | 1:57.73 | 1:57.73 | |
| | Thygo van de Peppel | 09 | +0,51 | 27.52 | 58.98 | 1:31.64 | 2:12.26 | 2:12.26 | |
| | Aditya Winterberg | 08 | +0,14 | 27.68 | 59.49 | 1:34.29 | 2:08.90 | 2:08.90 | |
| | Kaan Sudak | 08 | +0,66 | 26.00 | 56.46 | 1:28.68 | 1:59.61 | 1:59.61 | |
| 6. | VZC 1 | VZC | | | | | 8:27.74 | +0,77 | 504 |
| | Rijk Leenders | 08 | +0,77 | 29.06 | 1:00.95 | 1:34.22 | 2:06.82 | 2:06.82 | |
| | Felix Gepkens | 08 | +0,74 | 28.39 | 1:00.56 | 1:33.20 | 2:04.92 | 2:04.92 | |
| | Stefan van der Meer | 09 | +0,36 | 30.00 | 1:04.68 | 1:40.72 | 2:14.32 | 2:14.32 | |
| | Bas Mostert | 08 | +0,63 | 27.49 | 58.23 | 1:30.28 | 2:01.68 | 2:01.68 | |
| 7. | Aqua-Novio'94 1 | Aqua-Novio'94 | | | | | 8:32.63 | +0,72 | 489 |
| | Mink Hugen | 08 | +0,72 | 28.75 | 1:00.75 | 1:34.47 | 2:08.62 | 2:08.62 | |
| | Wessel van Dorst | 09 | +0,38 | 28.66 | 1:01.40 | 1:34.55 | 2:07.84 | 2:07.84 | |
| | Tim Brouwer | 08 | +0,29 | 28.73 | 1:02.54 | 1:37.52 | 2:11.52 | 2:11.52 | |
| | Liam Diavatopoulos | 08 | +0,24 | 27.68 | 59.43 | 1:32.64 | 2:04.65 | 2:04.65 | |
| 8. | PSV 2 | PSV | | | | | 8:32.92 | +0,72 | 489 |
| | Davi Fonseca Gomes | 09 | +0,72 | 29.50 | 1:02.57 | 1:36.38 | 2:10.31 | 2:10.31 | |
| | Martijn Nies | 09 | +0,57 | 28.04 | 1:00.62 | 1:35.06 | 2:09.13 | 2:09.13 | |
| | Tim van de Moosdijk | 09 | +0,33 | 28.39 | 1:01.08 | 1:35.92 | 2:10.29 | 2:10.29 | |
| | Giulian Janssen | 09 | +0,28 | 26.70 | 57.50 | 1:31.15 | 2:03.19 | 2:03.19 | |
| 9. | WVZ 1 | WVZ | | | | | 8:33.81 | +0,73 | 486 |
| | Sverre van der Zwaan | 09 | +0,73 | 29.87 | 1:02.82 | 1:36.94 | 2:09.80 | 2:09.80 | |
| | Niek Sonneveld | 08 | +0,47 | 28.66 | 1:00.32 | 1:33.48 | 2:06.78 | 2:06.78 | |
| | Sven Mulder | 09 | +0,45 | 29.85 | 1:04.15 | 1:40.54 | 2:15.41 | 2:15.41 | |
| | Tim Boerefijn | 08 | +0,37 | 27.39 | 58.45 | 1:30.61 | 2:01.82 | 2:01.82 | |
| 10. | De Dolfijn 1 | De Dolfijn | | | | | 8:34.34 | +0,60 | 485 |
| | Luca Boorsma | 09 | +0,60 | 28.76 | 1:01.79 | 1:35.34 | 2:08.72 | 2:08.72 | |
| | Mike Hilders | 09 | +0,22 | 29.35 | 1:01.66 | 1:35.21 | 2:08.94 | 2:08.94 | |
| | Finn Hilders | 09 | +0,51 | 28.87 | 1:02.96 | 1:36.51 | 2:08.48 | 2:08.48 | |
| | Alexander Griston | 08 | +0,36 | 28.62 | 1:00.84 | 1:34.83 | 2:08.20 | 2:08.20 | |
| 11. | OZ&PC 1 | OZ&PC | | | | | 8:44.28 | +0,69 | 457 |
| | Siem de Zeeuw | 08 | +0,69 | 25.87 | 55.77 | 1:27.95 | 2:00.02 | 2:00.02 | |
| | Daan Overmars | 11 | +0,75 | 32.52 | 1:07.91 | 1:44.17 | 2:19.41 | 2:19.41 | |
| | Finn Stamsnieder | 09 | +0,57 | 31.24 | 1:06.10 | 1:42.26 | 2:17.61 | 2:17.61 | |
| | Teun Overmars | 08 | +0,56 | 28.70 | 1:00.29 | 1:34.23 | 2:07.24 | 2:07.24 | |
| 12. | ZPCH 1 | ZPCH | | | | | 8:45.68 | +0,79 | 454 |
| | Lucas Schouten | 09 | +0,79 | 30.05 | 1:03.32 | 1:36.86 | 2:09.71 | 2:09.71 | |
| | Figo van Duuren | 08 | +0,61 | 29.38 | 1:01.45 | 1:35.67 | 2:07.73 | 2:07.73 | |
| | Baris Tomu | 10 | +0,68 | 31.35 | 1:06.38 | 1:43.43 | 2:19.37 | 2:19.37 | |
| | Jelte de Jong | 09 | +0,54 | 28.66 | 1:00.56 | 1:34.69 | 2:08.87 | 2:08.87 | |

Programmanr. 8, Jongens, 4 x 200m vrije slag, Junioren

| rang | vereniging | tijd | RT | FINA |
|------|--------------------------|----------------|-------|---------|
| 13. | Blue Marlins 2 | 8:48.67 | +0,64 | 446 |
| | Alexander van der Maaten | 09 | +0,64 | 29,05 |
| | Aidan van der Stelt | 09 | +0,75 | 29,74 |
| | Fabian Riedijk | 08 | +0,57 | 28,97 |
| | Aiden Lips | 08 | +0,14 | 29,24 |
| | | | | 1:01.83 |
| | | | | 1:36.91 |
| | | | | 2:12.51 |
| | | | | 2:12.77 |
| | | | | 2:10.81 |
| | | | | 2:12.58 |
| 14. | DZ&PC 1 | 8:52.82 | +0,60 | 436 |
| | Roy Hofman | 09 | +0,60 | 30,19 |
| | Damir Mustafic | 08 | +0,52 | 28,38 |
| | Stijn Dijkstra | 10 | +0,51 | 33,45 |
| | Hein Muller | 08 | +0,69 | 28,65 |
| | | | | 1:03.26 |
| | | | | 1:38.07 |
| | | | | 2:13.29 |
| | | | | 2:05.71 |
| | | | | 2:22.62 |
| | | | | 2:11.20 |
| 15. | Steenwijk 1934 1 | 8:55.63 | +0,79 | 429 |
| | Ivan Vuist | 08 | +0,79 | 30,10 |
| | Sven Casper Hageman | 10 | +0,52 | 30,03 |
| | Dyon Scholten | 09 | +0,63 | 29,94 |
| | Jaydey Schonewille | 08 | +0,62 | 27,91 |
| | | | | 1:05.42 |
| | | | | 1:42.98 |
| | | | | 2:20.37 |
| | | | | 2:16.38 |
| | | | | 2:18.24 |
| | | | | 2:00.64 |
| 16. | ZV 44 | 9:06.99 | +0,69 | 403 |
| | Ruben Nooter | 09 | +0,69 | 29,54 |
| | Matthijs van Velzen | 11 | +0,38 | 30,95 |
| | Yorre van der Wal | 10 | +0,54 | 32,58 |
| | Youp Stuifzand | 08 | +0,43 | 27,55 |
| | | | | 1:03.26 |
| | | | | 1:37.63 |
| | | | | 2:11.61 |
| | | | | 2:23.42 |
| | | | | 2:26.10 |
| | | | | 2:05.86 |

 Programmanr. 9
 09-12-2023

Jongens, 100m vrije slag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | tijd | RT | fin.FINA | 50m | 100m | |
|------|-------------------------|----------------------|-----------|----------------|----------|-----|-------|---------|
| 1. | Mathijs de Wit | KSN (SG) | 201001215 | 57.83 | +0,74 | 466 | 27.97 | 57.83 |
| 2. | Nick Vodde | AZ&PC De Futen | 201002211 | 58.95 | +0,73 | 440 | 28.16 | 58.95 |
| 3. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | 59.07 | +0,70 | 437 | 28.14 | 59.07 |
| 4. | Gwee Bokma | Zwemlust- den Hommel | 201002259 | 59.37 | +0,78 | 430 | 28.26 | 59.37 |
| 5. | Ramon Vos | ZPC Hoogeveen | 201100051 | 1:00.13 | +0,72 | 414 | 28.50 | 1:00.13 |
| 6. | Alief Jan van der Sluis | PSV | 201003425 | 1:00.21 | +0,71 | 413 | 28.57 | 1:00.21 |
| 7. | Evren Ege Orcunus | De Dolfijn | 201003253 | 1:00.24 | +0,67 | 412 | 29.23 | 1:00.24 |
| 8. | Bink Elgersma | Zwemlust- den Hommel | 201000137 | 1:00.67 | +0,80 | 403 | 28.81 | 1:00.67 |
| 9. | Joey Snabel | ZPC AMERSFOORT | 201002847 | 1:01.09 | +0,73 | 395 | 29.47 | 1:01.09 |
| 10. | Ruben Kragt | ZV 44 | 201000007 | 1:01.21 | +0,67 | 393 | 28.69 | 1:01.21 |
| 11. | Myron Artemenko | Niemo Barracuda | 201003021 | 1:01.29 | +0,55 | 391 | 29.37 | 1:01.29 |
| | Mees Janssen | DSZ | 201102025 | 1:01.29 | +0,56 | 391 | 28.69 | 1:01.29 |
| 13. | Abel op den Velde | De Duinkickers | 201000079 | 1:01.30 | +0,78 | 391 | 29.63 | 1:01.30 |
| 14. | Kris Westerhout | ZZ&PC De Devel | 201000883 | 1:01.51 | +0,61 | 387 | 29.47 | 1:01.51 |
| 15. | Thijmen Pruijssers | Hieronymus | 201000129 | 1:01.86 | +0,52 | 380 | 29.55 | 1:01.86 |
| 16. | Mauro Bedeke | DAW | 201000537 | 1:01.91 | +0,62 | 379 | 29.36 | 1:01.91 |
| 17. | Baris Tomu | ZPCH | 201000869 | 1:02.24 | +0,66 | 373 | 30.01 | 1:02.24 |
| 18. | Oleksandr Hordiienko | ZV De Aalscholver | 201003061 | 1:02.28 | +0,80 | 373 | 29.68 | 1:02.28 |
| 19. | Max van der Spank | Hieronymus | 201000275 | 1:02.87 | +0,70 | 362 | 29.98 | 1:02.87 |
| 20. | Melle Pittie | Zwemclub Eijsden | 201000179 | 1:03.03 | +0,75 | 360 | 30.83 | 1:03.03 |
| | Mathieu Gepkens | VZC | 201000045 | 1:03.03 | +0,72 | 360 | 30.57 | 1:03.03 |
| 22. | Thijn Runia | DZT'62 | 201000895 | 1:03.14 | +0,69 | 358 | 30.53 | 1:03.14 |
| | Mathijs Boersma | ZPC Hoogeveen | 201000313 | 1:03.14 | +0,81 | 358 | 30.23 | 1:03.14 |
| 24. | Duco de Gelder | Blue Marlins | 201000217 | 1:03.31 | +0,75 | 355 | 30.09 | 1:03.31 |
| 25. | Girish Nolden | Blue Marlins | 201000087 | 1:03.33 | +0,75 | 354 | 31.16 | 1:03.33 |
| 26. | Sven Potappel | DWK | 201000127 | 1:03.48 | +0,57 | 352 | 30.16 | 1:03.48 |
| 27. | Eli Shields | Niemo Barracuda | 201000407 | 1:03.66 | +0,73 | 349 | 30.15 | 1:03.66 |
| 28. | Tygo van de Wal | DWK | 201001329 | 1:03.72 | +0,82 | 348 | 30.38 | 1:03.72 |
| 29. | Nathan Magava | De Dolfijn | 201003067 | 1:03.95 | +0,61 | 344 | 31.12 | 1:03.95 |
| | Matthijs van Velzen | ZV 44 | 201100435 | 1:03.95 | +0,65 | 344 | 29.98 | 1:03.95 |
| 31. | Nordin Vermeer | DWK | 201000227 | 1:04.01 | +0,71 | 343 | 30.05 | 1:04.01 |
| 32. | Cayden Malone | De Dolfijn | 201002195 | 1:04.16 | +0,72 | 341 | 30.88 | 1:04.16 |
| 33. | Franzi Ziegler | DAW | 201100891 | 1:04.21 | +0,62 | 340 | 31.11 | 1:04.21 |

Programmanr. 9, Jongens, 100m vrije slag, Junioren 1 en 2

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---------------------|------------------|-----------|----------------------|----|----------|-------|---------|
| 34. | Tycho Wienbelt | De Vikings | 201001397 | 1:04.30 +0,78 | | 339 | 31.13 | 1:04.30 |
| 35. | Jorick Johannes | HZ&PC Heerenveen | 201000403 | 1:04.34 +0,66 | | 338 | 30.93 | 1:04.34 |
| 36. | Stijn Dijkstra | DZ&PC | 201000279 | 1:04.36 +0,52 | | 338 | 31.23 | 1:04.36 |
| 37. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | 1:04.38 +0,76 | | 337 | 31.19 | 1:04.38 |
| 38. | Thijs Jonkman | De Duck | 201000481 | 1:04.93 +0,70 | | 329 | 31.87 | 1:04.93 |
| 39. | Finn Wensveen | Zv de Ham | 201000811 | 1:05.21 +0,83 | | 325 | 31.76 | 1:05.21 |
| 40. | Dax van den Nouland | Blue Marlins | 201000071 | 1:05.68 +0,62 | | 318 | 31.53 | 1:05.68 |
| 41. | Yorre van der Wal | ZV 44 | 201000017 | 1:05.91 +0,63 | | 314 | 31.75 | 1:05.91 |
| 42. | Dax Muijlaert | SG Octopus - ZVV | 201100535 | 1:05.96 +0,73 | | 314 | 31.70 | 1:05.96 |
| 43. | Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 1:05.98 +0,68 | | 313 | 31.63 | 1:05.98 |
| 44. | Kasper Lubbers | Orca | 201100025 | 1:06.15 +0,62 | | 311 | 32.12 | 1:06.15 |
| 45. | Kick Germers | SWOL 1894 | 201000185 | 1:06.53 +0,69 | | 306 | 32.07 | 1:06.53 |
| 46. | Joep Lindhout | Niemo Barracuda | 201100873 | 1:07.07 +0,69 | | 298 | 32.59 | 1:07.07 |
| 47. | Amor van der Veen | ZV 44 | 201100197 | 1:07.52 +0,70 | | 292 | 31.77 | 1:07.52 |
| 48. | Nils Bellert | SG Octopus - ZVV | 201100347 | 1:07.87 +0,81 | | 288 | 32.77 | 1:07.87 |
| 49. | Luca Monster | ZPC Numansdorp | 201100343 | 1:08.39 +0,55 | | 281 | 32.28 | 1:08.39 |
| 50. | Vince van Dam | ACZ | 201000405 | 1:09.77 +0,71 | | 265 | 32.44 | 1:09.77 |

 Programmanr. 10
09-12-2023

Jongens, 100m vrije slag

 Junioren 3 en 4
Resultaten Voorronde

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---------------------|-------------------------|-----------|--------------------|----|----------|-------|-------|
| 1. | Kaan Sudak | Blue Marlins | 200803733 | 51.46 +0,60 | Q | 661 | 24.72 | 51.46 |
| 2. | Giovanni Phillipson | Team Noord Holland | 200801099 | 52.32 +0,76 | Q | 629 | 25.11 | 52.32 |
| 3. | Siem de Zeeuw | OZ&PC | 200800013 | 52.42 +0,73 | Q | 625 | 25.15 | 52.42 |
| 4. | Giulian Janssen | PSV | 200900125 | 52.98 +0,62 | Q | 606 | 25.62 | 52.98 |
| 5. | Xiaoyu Yin | Blue Marlins | 200803363 | 53.20 +0,68 | Q | 598 | 25.65 | 53.20 |
| 6. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 53.53 +0,77 | Q | 587 | 25.95 | 53.53 |
| 7. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 53.66 +0,75 | Q | 583 | 25.67 | 53.66 |
| 8. | Felbe van 't Land | ZPC AMERSFOORT | 200900027 | 53.82 +0,70 | Q | 578 | 25.84 | 53.82 |
| 9. | Job Sportel | De Dinkel | 200800429 | 54.52 +0,69 | Q | 556 | 26.52 | 54.52 |
| 10. | Jones Chuang | PSV | 200801173 | 54.55 +0,62 | Q | 555 | 26.12 | 54.55 |
| 11. | Filip Piszczynski | KSN (SG) | 200802125 | 54.73 +0,66 | R | 549 | 26.34 | 54.73 |
| 12. | Theodore Allan | PSV | 200902925 | 54.77 +0,64 | R | 548 | 26.36 | 54.77 |
| 13. | Suraj Baladurage | Team Noord Holland | 200801291 | 54.97 +0,62 | | 542 | 26.31 | 54.97 |
| 14. | Bram ter Braak | De Dinkel | 200800281 | 55.11 +0,74 | | 538 | 26.61 | 55.11 |
| 15. | Wanne van Geest | ZV Vlaardingen-Schiedam | 200901425 | 55.21 +0,69 | | 535 | 26.29 | 55.21 |
| 16. | Tobian Vos | ZPC AMERSFOORT | 200900005 | 55.25 +0,71 | | 534 | 26.91 | 55.25 |
| 17. | Milan Veelders | De Dinkel | 200800279 | 55.41 +0,76 | | 529 | 26.53 | 55.41 |
| 18. | Arjan Boogaard | Deltasteur | 200800093 | 55.73 +0,63 | | 520 | 26.19 | 55.73 |
| 19. | Nout Folkersma | PSV | 200800595 | 55.79 +0,70 | | 519 | 26.84 | 55.79 |
| 20. | Ruben Baars | DWK | 200900471 | 55.81 +0,67 | | 518 | 26.38 | 55.81 |
| 21. | Bas Mostert | VZC | 200800629 | 55.92 +0,77 | | 515 | 27.12 | 55.92 |
| 22. | Bjorn Scholten | WS Twente | 200801143 | 55.95 +0,76 | | 514 | 26.94 | 55.95 |
| 23. | Tim Boerefijn | WVZ | 200802815 | 55.96 +0,77 | | 514 | 27.13 | 55.96 |
| 24. | Diede Veld | HZ&PC Heerenveen | 200800011 | 56.06 +0,73 | | 511 | 26.98 | 56.06 |
| 25. | Rens Noordover | Team Noord Holland | 200800237 | 56.18 +0,72 | | 508 | 26.53 | 56.18 |
| 26. | Rian Schoneveld | De Berkelduikers | 200801789 | 56.25 +0,69 | | 506 | 26.93 | 56.25 |
| 27. | Rein Stoel | ZVL-1886 | 200800463 | 56.51 +0,68 | | 499 | 27.44 | 56.51 |
| 28. | Damir Mustafic | DZ&PC | 200800885 | 56.53 +0,74 | | 499 | 27.24 | 56.53 |
| 29. | Tibbe Quist | Kon. AZ 1870 | 200801359 | 56.57 +0,62 | | 498 | 27.02 | 56.57 |
| 30. | Xander Boets | ZPC de Kanaalstreek | 200800133 | 56.68 +0,82 | | 495 | 27.65 | 56.68 |
| 31. | Floris van de Wal | De Treffers | 200900495 | 56.73 +0,69 | | 493 | 27.59 | 56.73 |
| 32. | Youp Stuifzand | ZV 44 | 200800521 | 56.78 +0,65 | | 492 | 27.17 | 56.78 |
| 33. | Luca Boorsma | De Dolfijn | 200902031 | 56.82 +0,62 | | 491 | 26.97 | 56.82 |
| 34. | Teun Overmars | OZ&PC | 200800103 | 56.92 +0,69 | | 488 | 27.36 | 56.92 |

Programmanr. 10, Jongens, 100m vrije slag, Voorronde, Junioren 3 en 4

| rang | naam | vereniging | | tijd | RT | finFINA | 50m | 100m |
|--|-------------------------|--------------------|-----------|----------------------|-----|---------|-------|---------|
| 35. | Adriaan Coppelmans | AZC | 200903243 | 56.94 +0,66 | | 488 | 27.19 | 56.94 |
| 36. | Wout Serrarens | PSV | 200800261 | 57.17 +0,75 | | 482 | 27.12 | 57.17 |
| 37. | Ivo Bot | Wiekslag | 200900509 | 57.18 +0,72 | | 482 | 26.92 | 57.18 |
| 38. | Sam Leferink | De Dinkel | 200800833 | 57.30 +0,79 | | 479 | 26.86 | 57.30 |
| 39. | Jesse Molegraaf | ZPC AMERSFOORT | 200800887 | 57.34 +0,69 | | 478 | 27.39 | 57.34 |
| 40. | Gerjan Berends | ZC Polaris | 200900169 | 57.48 +0,73 | | 474 | 27.25 | 57.48 |
| 41. | Finn Eghuizen | HZ&PC Heerenveen | 200900431 | 57.53 +0,70 | | 473 | 28.06 | 57.53 |
| 42. | Cruz de Groot | Team Noord Holland | 200801077 | 57.65 +0,70 | | 470 | 27.41 | 57.65 |
| 43. | Quinn Frunt | DWK | 200800729 | 57.71 +0,71 | | 469 | 27.76 | 57.71 |
| 44. | Rens van Wijngaarden | ZPC AMERSFOORT | 200800839 | 57.72 +0,72 | | 468 | 27.60 | 57.72 |
| 45. | Alexander Griston | De Dolfijn | 200803053 | 57.84 +0,70 | | 465 | 27.93 | 57.84 |
| 46. | Sacha van Hees Ajdnik | ZEPS | 200900489 | 57.85 +0,67 | | 465 | 27.76 | 57.85 |
| 47. | Neo Reiber | Feijenoord Albion | 200900699 | 57.87 +0,64 | | 465 | 26.81 | 57.87 |
| 48. | Luuk Knijnenburg | De Columbiaan | 200802291 | 57.97 +0,69 | | 462 | 27.78 | 57.97 |
| 49. | Fabian Riedijk | Blue Marlins | 200800603 | 58.03 +0,70 | | 461 | 27.99 | 58.03 |
| 50. | Niek Sonneveld | WVZ | 200802631 | 58.07 +0,68 | | 460 | 28.62 | 58.07 |
| 51. | Timo Berghuis | NDD | 200801991 | 58.19 +0,66 | | 457 | 28.10 | 58.19 |
| 52. | Wessel van Dorst | Aqua-Novio'94 | 200900727 | 58.25 +0,66 | | 456 | 28.27 | 58.25 |
| 53. | Delano van der Wegen | Hieronimus | 200801941 | 58.35 +0,62 | | 453 | 27.66 | 58.35 |
| 54. | Mart Tempelman | Dedemsvaart-AC | 200801075 | 58.61 +0,73 | | 447 | 27.54 | 58.61 |
| 55. | Davi Fonseca Gomes | PSV | 200902795 | 58.64 +0,72 | | 447 | 27.98 | 58.64 |
| 56. | Brent Schifflers | ZPC Woerden | 200902041 | 58.69 +0,76 | | 445 | 28.35 | 58.69 |
| 57. | Wessel Mous | WWV Winterswijk | 200802477 | 58.73 +0,88 | | 445 | 27.99 | 58.73 |
| 58. | Jelle van Mullekom | RZC | 200801267 | 58.75 +0,71 | | 444 | 27.49 | 58.75 |
| 59. | Jannick van Eeghem | Hellas-Glana | 200800147 | 58.76 +0,72 | | 444 | 28.14 | 58.76 |
| 60. | Felix Gepkens | VZC | 200800631 | 58.77 +0,68 | | 444 | 28.15 | 58.77 |
| 61. | Koen de Vries | MZ&PC De Reest | 200802379 | 58.80 +0,71 | | 443 | 28.25 | 58.80 |
| 62. | Tim van de Moosdijk | PSV | 200900187 | 58.81 +0,77 | | 443 | 28.22 | 58.81 |
| 63. | Teun van Weeren | WS Twente | 200801145 | 58.86 +0,70 | | 442 | 28.26 | 58.86 |
| 64. | Jelte de Jong | ZPCH | 200900975 | 59.15 +0,72 | | 435 | 28.02 | 59.15 |
| 65. | Deaquan Ramos | ZC Polaris | 200901709 | 59.57 +0,74 | | 426 | 28.35 | 59.57 |
| 66. | Alex Woe | Poseidon'56 | 200801393 | 59.65 +0,57 | | 424 | 28.62 | 59.65 |
| 67. | Bink de Vries | AZC | 200901887 | 59.71 +0,68 | | 423 | 28.55 | 59.71 |
| 68. | Finn Hilders | De Dolfijn | 200900283 | 59.86 +0,56 | | 420 | 28.72 | 59.86 |
| 69. | Ruben Nooter | ZV 44 | 200901577 | 59.94 +0,71 | | 418 | 28.59 | 59.94 |
| 70. | Aditya Winterberg | Blue Marlins | 200800953 | 1:00.21 +0,67 | S15 | 413 | 28.51 | 1:00.21 |
| 71. | Aiden Lips | Blue Marlins | 200800951 | 1:00.51 +0,74 | | 406 | 29.36 | 1:00.51 |
| 72. | Jamie Kenworthy | De Dolfijn | 200800045 | 1:00.92 +0,68 | | 398 | 28.65 | 1:00.92 |
| 73. | Sascha Timmer | AZC | 200902987 | 1:01.22 +0,57 | | 392 | 28.93 | 1:01.22 |
| 74. | Hessel Penninkhof | Deltasteur | 200800565 | 1:03.29 +0,85 | | 355 | 29.70 | 1:03.29 |
| DIS | Liam Diavatopoulos | Aqua-Novio'94 | 200802549 | | | | | |
| <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | | | |
| NG | Sebastian Lopes Cardozo | WZK | 200800187 | | | | | |

Programmanr. 11
 09-12-2023

Meisjes, 400m wisselslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 100m | 200m | 300m | 400m |
|-------------------------|-----------------------------|-----------|------------------|-------|----------|---------|---------|---------|---------|
| 1. Malin Roozeboom | WVZ | 201100006 | 5:15.68 | +0,80 | 551 | 1:15.44 | 2:34.44 | 4:05.46 | 5:15.68 |
| 2. Yill van Bezouw | Hieronymus | 201100704 | 5:20.96 | +0,74 | 525 | 1:14.16 | 2:35.92 | 4:07.19 | 5:20.96 |
| 3. Frédérique Nijziel | PSV | 201103114 | 5:33.83 | +0,80 | 466 | 1:12.35 | 2:35.99 | 4:17.47 | 5:33.83 |
| 4. Noa van Zalk | ZPC AMERSFOORT | 201102534 | 5:34.61 | +0,72 | 463 | 1:17.13 | 2:41.69 | 4:20.91 | 5:34.61 |
| 5. Milou Filemon | Blue Marlins | 201100078 | 5:36.36 | +0,74 | 456 | 1:21.16 | 2:42.21 | 4:21.23 | 5:36.36 |
| 6. Casharell Kraan | Blue Marlins | 201103426 | 5:37.58 | +0,68 | 451 | 1:21.62 | 2:44.78 | 4:21.78 | 5:37.58 |
| 7. Elin Reinstra | TriVia | 201100842 | 5:39.80 | | 442 | 1:24.62 | 2:46.33 | 4:24.01 | 5:39.80 |
| 8. Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 5:41.48 | +0,96 | 436 | 1:18.64 | 2:48.00 | 4:24.74 | 5:41.48 |
| 9. Lola Verheijen | PSV | 201100832 | 5:42.82 * | +0,73 | 430 | 1:15.94 | 2:48.92 | 4:27.78 | 5:42.82 |
| 10. Elke Kriesels | Hieronymus | 201100898 | 5:47.67 | +0,79 | 413 | 1:22.95 | 2:54.02 | 4:31.99 | 5:47.67 |
| 11. Sterre de Veen | Hellas-Glana | 201100086 | 5:50.13 | +0,71 | 404 | 1:23.40 | 2:52.13 | 4:28.27 | 5:50.13 |
| 12. Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 5:52.96 | +0,68 | 394 | 1:28.94 | 2:55.42 | 4:31.15 | 5:52.96 |
| 13. Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 5:54.11 | +0,87 | 391 | 1:17.70 | 2:44.94 | 4:34.34 | 5:54.11 |
| 14. Esra Simon | Hellas-Glana | 201100004 | 5:55.78 | +0,62 | 385 | 1:19.16 | 2:49.44 | 4:34.55 | 5:55.78 |
| 15. Norell Kroeze | ZC Polaris | 201100378 | 5:56.34 | +0,78 | 383 | 1:25.76 | 2:58.44 | 4:39.05 | 5:56.34 |
| 16. Anna Lepoutre | PSV | 201100534 | 5:57.69 | +0,74 | 379 | 1:17.89 | 2:49.68 | 4:36.51 | 5:57.69 |
| 17. Julia Ketelaars | Hellas-Glana | 201200028 | 5:58.06 | +0,68 | 378 | 1:29.60 | 3:03.37 | 4:41.91 | 5:58.06 |
| 18. Isabel Amelink | Deltasteur | 201100196 | 5:58.59 | +0,90 | 376 | 1:27.52 | 2:59.74 | 4:38.78 | 5:58.59 |
| 19. Melody Paulussen | De Dolfijn | 201101106 | 5:58.67 | +0,81 | 376 | 1:24.49 | 2:53.86 | 4:40.14 | 5:58.67 |
| 20. Chloé in 't Veen | WVZ | 201100010 | 5:59.93 | +0,61 | 372 | 1:19.64 | 2:56.87 | 4:36.69 | 5:59.93 |
| 21. Elle van Gemeren | DAW | 201100428 | 6:00.58 | +0,87 | 370 | 1:24.01 | 2:58.07 | 4:37.13 | 6:00.58 |
| 22. Noa Spaans | De Dolfijn | 201100222 | 6:01.87 | +0,82 | 366 | 1:28.49 | 2:57.97 | 4:41.53 | 6:01.87 |
| 23. Minke Bouman | Blue Marlins | 201100104 | 6:02.07 | +0,70 | 365 | 1:27.06 | 2:58.07 | 4:38.59 | 6:02.07 |
| 24. Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 6:02.32 | +0,83 | 365 | 1:29.38 | 2:59.16 | 4:44.00 | 6:02.32 |
| 25. Nynke Muntinga | ZPCH | 201100060 | 6:02.39 | +0,69 | 364 | 1:25.81 | 3:00.23 | 4:43.10 | 6:02.39 |
| 26. Julia Bannatyne | BZ&PC | 201201020 | 6:02.88 | +0,79 | 363 | 1:25.66 | 3:00.06 | 4:44.90 | 6:02.88 |
| 27. Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 6:03.38 | +0,73 | 361 | 1:30.88 | 2:58.32 | 4:45.79 | 6:03.38 |
| 28. Lise Markes | SBC2000 | 201101276 | 6:03.41 | +0,77 | 361 | 1:23.36 | 2:55.37 | 4:39.76 | 6:03.41 |
| 29. Annefleur Schraa | SWOL 1894 | 201100044 | 6:04.44 | +0,63 | 358 | 1:26.19 | 2:57.69 | 4:41.54 | 6:04.44 |
| 30. M. Gliese-Slooijs | De Dinkel | 201100008 | 6:05.09 | +0,86 | 356 | 1:29.42 | 2:57.19 | 4:44.87 | 6:05.09 |
| 31. Carlijn Dezutter | Scheldestroom | 201100770 | 6:05.26 | +0,79 | 356 | 1:28.22 | 3:00.21 | 4:43.15 | 6:05.26 |
| 32. Esmee Reuver | ZC Polaris | 201100846 | 6:06.67 | +0,61 | 352 | 1:35.80 | 3:01.80 | 4:47.65 | 6:06.67 |
| 33. Roubin van Kampen | ZPCH | 201200370 | 6:08.18 | +0,79 | 347 | 1:29.73 | 3:07.37 | 4:47.73 | 6:08.18 |
| 34. Morrison Schram | De Schelde | 201100686 | 6:09.67 | +0,80 | 343 | 1:31.49 | 3:06.91 | 4:50.38 | 6:09.67 |
| 35. Alissa Rooijackers | Z&PV Nuenen | 201101892 | 6:11.25 | +0,72 | 339 | 1:26.52 | 2:57.24 | 4:46.86 | 6:11.25 |
| 36. Meike van der Klugt | WVZ | 201100808 | 6:11.38 | +0,87 | 338 | 1:35.27 | 3:06.61 | 4:46.90 | 6:11.38 |
| 37. Sara Creemers | Hellas-Glana | 201100242 | 6:13.29 | +0,67 | 333 | 1:28.83 | 3:06.26 | 4:47.77 | 6:13.29 |
| 38. Fanni Farkas | De Columbiaan | 201100360 | 6:13.96 | +0,81 | 331 | 1:33.39 | 3:10.63 | 4:58.41 | 6:13.96 |
| 39. Eva ter Horst | ZPC Hoogeveen | 201200070 | 6:15.43 | +0,84 | 328 | 1:32.66 | 3:05.19 | 4:53.89 | 6:15.43 |
| 40. Alaine Dumont | ZV De Watervogels | 201102140 | 6:16.80 | +0,69 | 324 | 1:25.73 | 3:00.33 | 4:48.83 | 6:16.80 |
| 41. Emma van den Berg | V.Z.V. Njord | 201100830 | 6:21.21 | +0,75 | 313 | 1:27.37 | 3:04.10 | 4:52.11 | 6:21.21 |
| 42. Juno Toornend | Team Noord Holland | 201101718 | 6:22.65 | +0,79 | 309 | 1:32.20 | 3:06.14 | 4:56.98 | 6:22.65 |
| 43. Syll Rinsma | Orca | 201200798 | 6:22.81 | +0,69 | 309 | 1:35.43 | 3:13.59 | 4:57.30 | 6:22.81 |
| 44. Vicky Horens | Hellas-Glana | 201200252 | 6:26.27 | +0,69 | 301 | 1:32.19 | 3:10.12 | 4:56.93 | 6:26.27 |
| 45. Charlie Klaver | De Dolfijn | 201102094 | 6:35.90 | +0,74 | 279 | 1:38.03 | 3:21.59 | 5:08.91 | 6:35.90 |
| 46. Amila Mustafic | DZ&PC | 201200026 | 6:45.21 | +0,80 | 260 | 1:36.60 | 3:12.28 | 5:13.46 | 6:45.21 |
| 47. Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 7:10.37 | +0,58 | 217 | 1:48.80 | 3:35.93 | 5:40.00 | 7:10.37 |
| DIS Simone Brobbel | ZPC Numansdorp | 201200058 | | | | | | | |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt., SL - Het keer- en/of eindpunt met één hand aangetikt.

DIS Rozalia Diederiks ZVL-1886 201100904 +0,82
 SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

DIS Odenza Sosisisa Blue Marlins 201101780 +0,57
 RH - Het eindpunt niet in rugligging aangeraakt.

Programmanr. 12
 09-12-2023

Meisjes, 100m schoolslag

 Junioren 3 en 4
 Resultaten Voorrunde

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|-------|-----------------------|----------------------|-----------|----------------|-------|----------|-------|---------|
| 1. | Paula Spans | ZV 44 | 201000064 | 1:12.62 | +0,77 | Q 633 | 34.32 | 1:12.62 |
| 2. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:14.67 | +0,80 | Q 582 | 35.13 | 1:14.67 |
| 3. | Robine Moot | ZPC AMERSFOORT | 200900330 | 1:15.09 | +0,78 | Q 572 | 35.75 | 1:15.09 |
| 4. | Tess Vonk | De Geul | 200900024 | 1:15.38 | +0,78 | Q 566 | 35.75 | 1:15.38 |
| 5. | Fay Boxum | DZ&PC | 200900060 | 1:15.39 | +0,77 | Q 565 | 35.25 | 1:15.39 |
| 6. | Marre van der Wal | ZV 44 | 201000046 | 1:15.76 | +0,71 | Q 557 | 36.14 | 1:15.76 |
| 7. | Amber Kunst | DAW | 200900680 | 1:16.44 | +0,68 | Q 542 | 35.57 | 1:16.44 |
| 8. | Tereza Boom | PSV | 200904028 | 1:16.75 | +0,71 | Q 536 | 35.47 | 1:16.75 |
| 9. | Michelle van Hemert | PSV | 200901200 | 1:17.19 | +0,78 | Q 527 | 36.04 | 1:17.19 |
| 10. | Tara Langkamp | Aqua-Novio'94 | 200900362 | 1:17.22 | +0,69 | Q 526 | 35.34 | 1:17.22 |
| 11. | Myrthe Stelten | Hellas-Glana | 200900234 | 1:17.37 | +0,73 | R 523 | 36.38 | 1:17.37 |
| 12. | Fenna Zusterzeel | PSV | 201000008 | 1:17.48 | +0,76 | R 521 | 36.06 | 1:17.48 |
| 13. | Esmaé de Gans | ZPC AMERSFOORT | 200900134 | 1:18.60 | +0,80 | 499 | 36.80 | 1:18.60 |
| 14. | Flo Streep | DAW | 200900676 | 1:18.94 | +0,70 | 492 | 36.94 | 1:18.94 |
| 15. | Djelaysa Buunk | Z&PC De Zeeuwse Kust | 200900536 | 1:18.97 | +0,87 | 492 | 37.53 | 1:18.97 |
| 16. | Julia D browska | Blue Marlins | 201000300 | 1:19.11 | +0,76 | 489 | 36.76 | 1:19.11 |
| 17. | Linou van Kampen | ZPCH | 201000594 | 1:19.15 | +0,79 | 489 | 37.32 | 1:19.15 |
| 18. | Annelie Batenburg | PSV | 201001962 | 1:19.22 | +0,74 | 487 | 37.28 | 1:19.22 |
| 19. | Mijke Ouderkerken | Blue Marlins | 200901254 | 1:19.24 | +0,73 | 487 | 37.12 | 1:19.24 |
| 20. | Eva Ehlert | GZC DONK | 201002026 | 1:19.45 | +0,78 | 483 | 37.61 | 1:19.45 |
| 21. | Jayna Wagemakers | Hieronymus | 201000226 | 1:19.96 | +0,64 | 474 | 37.44 | 1:19.96 |
| 22. | Anne Engbersen | ZPC AMERSFOORT | 201000044 | 1:20.32 | +0,78 | 468 | 37.96 | 1:20.32 |
| 23. | Fenne de Vogt | DWK | 200901656 | 1:20.39 | +0,74 | 466 | 37.05 | 1:20.39 |
| 24. | Rixt Rothschild | ZC Borger | 200900026 | 1:20.43 | +0,69 | 466 | 37.88 | 1:20.43 |
| 25. | Tess van de Steeg | WVZ | 201000016 | 1:20.63 | +0,77 | 462 | 38.06 | 1:20.63 |
| 26. | Esmee de Raadt | Feijenoord Albion | 201002328 | 1:20.90 | +0,69 | 458 | 38.06 | 1:20.90 |
| 27. | Wieke Dekker | De Dolfijn | 201002020 | 1:21.12 | +0,77 | 454 | 38.22 | 1:21.12 |
| 28. | Kyana de Vries | ZWK Merlet | 200901260 | 1:21.88 | +0,83 | 441 | 38.22 | 1:21.88 |
| 29. | Jasmijn Schoonen | Wiekslag | 200901196 | 1:22.53 | +0,80 | 431 | 38.49 | 1:22.53 |
| AFGEM | Daphne Westra | De Granaet | 200900344 | | | | | |

 Programmanr. 13
 09-12-2023

Jongens, 200m vlinderslag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|------|----------------------|--------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. | Xiaoyu Yin | Blue Marlins | 200803363 | 2:06.61 | +0,68 | 601 | 28.51 | 1:00.92 | 1:33.46 | 2:06.61 |
| 2. | Yarno van Dam | ACZ | 200800115 | 2:10.15 | +0,67 | 553 | 28.54 | 1:01.83 | 1:35.47 | 2:10.15 |
| 3. | Mattia Maggio | Hellas-Glana | 200903311 | 2:15.09 | +0,64 | 494 | 28.61 | 1:02.80 | 1:38.23 | 2:15.09 |
| 4. | Sven Koornstra | De Vikings | 200900189 | 2:16.45 | +0,81 | 480 | 30.92 | 1:05.49 | 1:41.40 | 2:16.45 |
| 5. | Jones Chuang | PSV | 200801173 | 2:17.51 | +0,61 | 469 | 29.28 | 1:02.46 | 1:39.30 | 2:17.51 |
| 6. | Martijn Nies | PSV | 200902095 | 2:19.54 | +0,73 | 448 | 30.39 | 1:05.06 | 1:41.75 | 2:19.54 |
| 7. | Willem Weustink | Team Noord Holland | 200800109 | 2:20.65 | +0,68 | 438 | 29.96 | 1:05.32 | 1:42.67 | 2:20.65 |
| 8. | Gijs Hartwijk | ZVL-1886 | 200800573 | 2:24.14 | +0,63 | 407 | 32.06 | 1:08.72 | 1:46.18 | 2:24.14 |
| 9. | Filip Piszczynski | KSN (SG) | 200802125 | 2:25.41 | +0,65 | 396 | 31.39 | 1:08.60 | 1:47.24 | 2:25.41 |
| 10. | Bram ter Braak | De Dinkel | 200800281 | 2:25.47 | +0,76 | 396 | 31.51 | 1:09.56 | 1:46.41 | 2:25.47 |
| 11. | Aditya Winterberg | Blue Marlins | 200800953 | 2:26.92 | +0,65 | 384 | 30.77 | 1:07.56 | 1:46.96 | 2:26.92 |
| 12. | Sascha Timmer | AZC | 200902987 | 2:28.24 | +0,60 | 374 | 31.88 | 1:09.67 | 1:48.45 | 2:28.24 |
| 13. | Sverre van der Zwaan | WVZ | 200900737 | 2:29.51 | +0,75 | 365 | 32.41 | 1:10.24 | 1:49.69 | 2:29.51 |
| 14. | Jamie Kenworthy | De Dolfijn | 200800045 | 2:31.36 | +0,64 | 351 | 30.89 | 1:07.94 | 1:49.20 | 2:31.36 |
| DIS | Feddo Smink | ZPC AMERSFOORT | 200900007 | | | | | | | |

VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.

Programmanr. 14
 09-12-2023

Meisjes, 400m vrije slag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 100m | 200m | 300m | 400m |
|-------------------------|----------------------|-----------|----------------|-------|----------|---------|---------|---------|---------|
| 1. Juliëtte Woltjes | VZC | 200900774 | 4:28.40 | +0,81 | 639 | 1:03.11 | 2:11.34 | 3:21.16 | 4:28.40 |
| 2. Fenna Westerneng | DZ&PC | 200900070 | 4:31.60 | +0,71 | 617 | 1:03.38 | 2:12.00 | 3:21.97 | 4:31.60 |
| 3. Bregje Dekkers | PSV | 200900746 | 4:31.65 | +0,72 | 617 | 1:04.27 | 2:12.28 | 3:21.99 | 4:31.65 |
| 4. Fay Boxum | DZ&PC | 200900060 | 4:37.22 | +0,80 | 580 | 1:01.68 | 2:11.19 | 3:23.59 | 4:37.22 |
| 5. Suuz Griekspoor | Noordwijkerhout | 200901204 | 4:41.06 | +0,76 | 557 | 1:05.59 | 2:17.76 | 3:30.61 | 4:41.06 |
| 6. Luus Gielens | PSV | 200900138 | 4:42.35 | +0,87 | 549 | 1:05.38 | 2:17.39 | 3:30.48 | 4:42.35 |
| 7. Fenne Metten | ZPC AMERSFOORT | 201000102 | 4:42.94 | +0,61 | 546 | 1:07.23 | 2:19.30 | 3:31.94 | 4:42.94 |
| 8. Madeleine Bertram | De Dolfijn | 200900516 | 4:43.97 | +0,77 | 540 | 1:05.37 | 2:18.37 | 3:32.53 | 4:43.97 |
| 9. Nina van der Schrier | AZC | 201000444 | 4:44.02 | +0,70 | 540 | 1:07.01 | 2:19.73 | 3:33.92 | 4:44.02 |
| 10. Ece Öngören | Blue Marlins | 200903862 | 4:44.97 | | 534 | 1:07.62 | 2:18.75 | 3:31.25 | 4:44.97 |
| 11. Djelaysa Buunk | Z&PC De Zeeuwse Kust | 200900536 | 4:46.33 | +0,83 | 527 | 1:09.27 | 2:22.62 | 3:35.89 | 4:46.33 |
| 12. Erin de Jong | GZC DONK | 201000024 | 4:46.96 | +0,98 | 523 | 1:08.72 | 2:21.84 | 3:35.49 | 4:46.96 |
| 13. Myla Klaassen | Aqua-Novio'94 | 200900110 | 4:47.34 | +0,64 | 521 | 1:07.52 | 2:21.25 | 3:35.68 | 4:47.34 |
| 14. Simone Faber | Deltasteur | 200900710 | 4:48.62 | +0,68 | 514 | 1:09.89 | 2:24.65 | 3:39.55 | 4:48.62 |
| 15. Kinley Cole | PSV | 200903696 | 4:48.66 | +0,74 | 514 | 1:08.56 | 2:23.47 | 3:37.68 | 4:48.66 |
| 16. Dante van Meene | DAW | 200900678 | 4:49.91 | +0,81 | 507 | 1:07.49 | 2:21.65 | 3:35.63 | 4:49.91 |
| 17. Charlotte Landman | ESCA Zwemmen | 200901290 | 4:51.52 | +0,76 | 499 | 1:07.86 | 2:22.04 | 3:37.14 | 4:51.52 |
| 18. Nina Tetteroo | De Columbiaan | 201000048 | 4:51.83 | +0,59 | 497 | 1:08.14 | 2:22.07 | 3:37.50 | 4:51.83 |
| 19. Flo Streep | DAW | 200900676 | 4:52.05 | +0,76 | 496 | 1:08.22 | 2:22.13 | 3:38.17 | 4:52.05 |
| 20. Jenny Muntinga | ZPCH | 200900450 | 4:53.58 | +0,68 | 489 | 1:08.43 | 2:24.23 | 3:40.30 | 4:53.58 |
| 21. Chiara Lammertink | ZV 44 | 200902200 | 4:53.96 | +0,77 | 487 | 1:07.73 | 2:21.02 | 3:37.49 | 4:53.96 |
| 22. Sterre Dietvorst | ZPC AMERSFOORT | 200900726 | 4:54.75 | +0,82 | 483 | 1:07.45 | 2:22.90 | 3:39.79 | 4:54.75 |
| 23. Iris Tilburg | Arethusa | 200902662 | 4:55.95 | +0,79 | 477 | 1:09.04 | 2:24.47 | 3:40.67 | 4:55.95 |
| 24. Daphne Dijsselhof | Dedemsvaart-AC | 200901690 | 4:55.97 | +0,83 | 477 | 1:09.43 | 2:25.38 | 3:42.22 | 4:55.97 |
| 25. Marre van der Wal | ZV 44 | 201000046 | 4:56.64 | +0,74 | 474 | 1:11.39 | 2:27.54 | 3:43.41 | 4:56.64 |
| 26. Karlijn Siderius | DWK | 200900032 | 4:57.18 | +0,73 | 471 | 1:12.09 | 2:27.14 | 3:42.74 | 4:57.18 |
| 27. A. Strang van Hees | De Duinkickers | 200902566 | 4:58.80 | +0,87 | 463 | 1:08.43 | 2:24.63 | 3:43.15 | 4:58.80 |
| 28. Senna Boogmans | De Duinkickers | 201000640 | 5:00.82 | +0,84 | 454 | 1:10.20 | 2:26.86 | 3:44.49 | 5:00.82 |
| AFGEM Puck van Wees | De Dolfijn | 200901020 | | | | | | | |
| AFGEM Elin Brinkhof | De Dolfijn | 200900078 | | | | | | | |

 Programmanr. 15
 09-12-2023

Jongens, 100m rugslag

 Junioren 3 en 4
 Resultaten Voorrunde

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------------------------|--------------------|-----------|----------------|-------|----------|-------|---------|
| 1. Yarno van Dam | ACZ | 200800115 | 57.51 | +0,67 | Q 593 | 27.71 | 57.51 |
| 2. Giovanni Phillipson | Team Noord Holland | 200801099 | 57.80 | +0,70 | Q 584 | 28.15 | 57.80 |
| 3. Wytse Broekstra | De Vikings | 200800121 | 58.63 | +0,65 | Q 560 | 28.36 | 58.63 |
| 4. Mattia Maggio | Hellas-Glana | 200903311 | 59.58 | +0,57 | Q 533 | 28.45 | 59.58 |
| 5. Xiaoyu Yin | Blue Marlins | 200803363 | 59.85 | +0,65 | Q 526 | 29.46 | 59.85 |
| 6. Tobian Vos | ZPC AMERSFOORT | 200900005 | 1:00.99 | +0,79 | Q 497 | 30.00 | 1:00.99 |
| 7. Rein Stoel | ZVL-1886 | 200800463 | 1:01.05 | +0,63 | Q 496 | 29.48 | 1:01.05 |
| 8. Jaydey Schonewille | Steenwijk 1934 | 200800025 | 1:01.16 | +0,72 | Q 493 | 30.17 | 1:01.16 |
| 9. Niek Sonneveld | WVZ | 200802631 | 1:01.31 | +0,63 | Q 489 | 29.81 | 1:01.31 |
| 10. Rijk Leenders | VZC | 200800627 | 1:01.87 | +0,70 | Q 476 | 30.70 | 1:01.87 |
| 11. Luca Boorsma | De Dolfijn | 200902031 | 1:01.94 | +0,67 | R 475 | 30.03 | 1:01.94 |
| 12. Felbe van 't Land | ZPC AMERSFOORT | 200900027 | 1:01.95 | +0,65 | R 474 | 30.33 | 1:01.95 |
| 13. Willem Weustink | Team Noord Holland | 200800109 | 1:02.41 | +0,69 | 464 | 30.02 | 1:02.41 |
| 14. Felix Gepkens | VZC | 200800631 | 1:02.45 | +0,55 | 463 | 30.57 | 1:02.45 |
| 15. Siem de Zeeuw | OZ&PC | 200800013 | 1:02.46 | +0,60 | 463 | 29.69 | 1:02.46 |
| 16. Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 1:02.50 | +0,64 | 462 | 29.82 | 1:02.50 |
| 17. Martijn Nies | PSV | 200902095 | 1:03.08 | +0,73 | 449 | 30.14 | 1:03.08 |
| 18. Milan Veelders | De Dinkel | 200800279 | 1:03.19 | +0,72 | 447 | 30.51 | 1:03.19 |

Programmanr. 15, Jongens, 100m rugslag, Voorronde, Junioren 3 en 4

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|----------------------|---------------------|-----------|----------------|-------|----------|-------|---------|
| 19. | Xander Boets | ZPC de Kanaalstreek | 200800133 | 1:03.51 | +0,72 | 440 | 31.10 | 1:03.51 |
| 20. | Floris van der Valk | Wiekslag | 200801891 | 1:03.57 | +0,65 | 439 | 30.80 | 1:03.57 |
| 21. | Bjorn Scholten | WS Twente | 200801143 | 1:03.66 | +0,81 | 437 | 31.05 | 1:03.66 |
| 22. | Jesse Molegraaf | ZPC AMERSFOORT | 200800887 | 1:03.72 | +0,65 | 436 | 30.31 | 1:03.72 |
| 23. | Giulian Janssen | PSV | 200900125 | 1:04.20 | +0,61 | 426 | 30.33 | 1:04.20 |
| 24. | Delano van der Wegen | Hieronymus | 200801941 | 1:04.28 | +0,66 | 425 | 30.92 | 1:04.28 |
| | Tim Brouwer | Aqua-Novio'94 | 200800989 | 1:04.28 | +0,69 | 425 | 31.57 | 1:04.28 |
| 26. | Rian Schoneveld | De Berkelduikers | 200801789 | 1:04.38 | +0,62 | 423 | 30.96 | 1:04.38 |
| 27. | Mike Hilders | De Dolfijn | 200900281 | 1:04.72 | +0,74 | 416 | 31.28 | 1:04.72 |
| 28. | Tim van de Moosdijk | PSV | 200900187 | 1:04.83 | +0,74 | 414 | 31.45 | 1:04.83 |
| 29. | Damir Mustafic | DZ&PC | 200800885 | 1:04.85 | +0,67 | 413 | 31.65 | 1:04.85 |
| | Teun Overmars | OZ&PC | 200800103 | 1:04.85 | +0,73 | 413 | 31.93 | 1:04.85 |
| 31. | Duuk Harms | Dedemsvaart-AC | 200900201 | 1:04.89 | +0,74 | 413 | 31.60 | 1:04.89 |
| 32. | Colin Beuker | ZC Polaris | 200802023 | 1:05.28 | +0,80 | 405 | 31.79 | 1:05.28 |
| | Ivo Bot | Wiekslag | 200900509 | 1:05.28 | +0,63 | 405 | 31.00 | 1:05.28 |
| 34. | Mart Tempelman | Dedemsvaart-AC | 200801075 | 1:05.37 | +0,64 | 404 | 31.54 | 1:05.37 |
| 35. | Diede Veld | HZ&PC Heerenveen | 200800011 | 1:05.41 | +0,67 | 403 | 31.79 | 1:05.41 |
| 36. | Finn Hilders | De Dolfijn | 200900283 | 1:05.95 | +0,76 | 393 | 31.92 | 1:05.95 |
| 37. | Brent Schifflers | ZPC Woerden | 200902041 | 1:06.09 | +0,79 | 391 | 32.69 | 1:06.09 |
| 38. | Sverre van der Zwaan | WVZ | 200900737 | 1:06.10 | +0,70 | 390 | 32.08 | 1:06.10 |
| 39. | Tibbe Quist | Kon. AZ 1870 | 200801359 | 1:06.32 | +0,68 | 387 | 31.13 | 1:06.32 |
| 40. | Jelte de Jong | ZPCH | 200900975 | 1:06.46 | +0,72 | 384 | 32.03 | 1:06.46 |
| 41. | Arjan Boogaard | Deltasteur | 200800093 | 1:07.14 | +0,63 | 372 | 32.54 | 1:07.14 |
| 42. | Finn Eghuizen | HZ&PC Heerenveen | 200900431 | 1:07.18 | +0,77 | 372 | 32.54 | 1:07.18 |
| 43. | Xander Kragting | ZPC AMERSFOORT | 200900077 | 1:07.42 | +0,72 | 368 | 32.84 | 1:07.42 |
| 44. | Thomas Bergmans | CWW Swimteam | 200801663 | 1:08.00 | +0,72 | 359 | 32.24 | 1:08.00 |
| 45. | Luuk Knijnenburg | De Columbiaan | 200802291 | 1:08.21 | +0,67 | 355 | 32.98 | 1:08.21 |
| 46. | Aiden Lips | Blue Marlins | 200800951 | 1:08.60 | +0,70 | 349 | 33.96 | 1:08.60 |
| 47. | Alex Woe | Poseidon'56 | 200801393 | 1:09.44 | +0,69 | 337 | 33.00 | 1:09.44 |
| 48. | Hein Muller | DZ&PC | 200800157 | 1:10.76 | +0,65 | 318 | 34.51 | 1:10.76 |
| 49. | Jonathan Baaijens | PSV | 200800409 | 1:11.09 | +0,67 | 314 | 34.38 | 1:11.09 |
| DIS | Thygo van de Peppel | Blue Marlins | 200901101 | | | | | |

RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.

| | | | |
|----|-------------------------|------------|-----------|
| NG | Sebastian Lopes Cardozo | WZK | 200800187 |
| NG | Hessel Penninkhof | Deltasteur | 200800565 |

 Programmanr. 16
09-12-2023

Meisjes, 100m vlinderslag

 Junioren 3 en 4
Resultaten Voorronde

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-----------------------|---------------|-----------|----------------|-------|----------|-------|---------|
| 1. | Elin Ditewig | VZC | 200900392 | 1:05.74 | +0,73 | Q 555 | 30.19 | 1:05.74 |
| 2. | Tess Vonk | De Geul | 200900024 | 1:06.33 | +0,68 | Q 541 | 30.87 | 1:06.33 |
| 3. | Elin Brinkhof | De Dolfijn | 200900078 | 1:07.97 | +0,71 | Q 502 | 30.91 | 1:07.97 |
| 4. | Juliëtte Woltjes | VZC | 200900774 | 1:08.30 | +0,96 | Q 495 | 31.89 | 1:08.30 |
| 5. | Tereza Boom | PSV | 200904028 | 1:08.81 | +0,69 | Q 484 | 31.68 | 1:08.81 |
| 6. | Fleur van den Eijk | Blue Marlins | 200900304 | 1:08.84 | +0,64 | Q 484 | 31.26 | 1:08.84 |
| 7. | Luus Gielens | PSV | 200900138 | 1:08.93 | +0,89 | Q 482 | 32.01 | 1:08.93 |
| 8. | Caitlin Sülter | Aqua-Novio'94 | 200900046 | 1:09.14 | +0,81 | Q 477 | 31.45 | 1:09.14 |
| 9. | Julia D browska | Blue Marlins | 201000300 | 1:09.36 | +0,73 | Q 473 | 31.63 | 1:09.36 |
| 10. | Lotte Lübbers | KSN (SG) | 200900190 | 1:09.92 | +0,72 | Q 461 | 32.75 | 1:09.92 |
| 11. | Mariia Kostina | Blue Marlins | 201002042 | 1:10.06 | +0,73 | R 459 | 31.91 | 1:10.06 |
| 12. | Tara Langkamp | Aqua-Novio'94 | 200900362 | 1:10.15 | +0,72 | R 457 | 32.38 | 1:10.15 |
| 13. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:10.71 | | 446 | 32.49 | 1:10.71 |
| 14. | Gwen Hermans | De Columbiaan | 200900058 | 1:10.81 | | 444 | 32.85 | 1:10.81 |

Programmanr. 16, Meisjes, 100m vlinderslag, Voorronde, Junioren 3 en 4

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|--------------------|--------------------|-----------|----------------|-------|----------|-------|---------|
| 15. | Isis Verhoeff | De Otters Het Gooi | 200902962 | 1:10.93 | +0,70 | 442 | 32.29 | 1:10.93 |
| | Yaell Elmerink | De IJsel | 200900310 | 1:10.93 | +0,75 | 442 | 31.87 | 1:10.93 |
| 17. | Paula Spans | ZV 44 | 201000064 | 1:11.27 | +0,79 | 436 | 33.10 | 1:11.27 |
| 18. | Nienke Koster | ZPC Hoogeveen | 200900612 | 1:11.39 | +0,66 | 433 | 32.99 | 1:11.39 |
| 19. | Esmaé de Gans | ZPC AMERSFOORT | 200900134 | 1:12.68 | +0,80 | 411 | 33.67 | 1:12.68 |
| 20. | Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | 1:13.51 | | 397 | 33.26 | 1:13.51 |
| DIS | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | | | | | |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

AFGEM Grace Peters Feijenoord Albion 200901474

 Programmanr. 17
 09-12-2023

Jongens, 200m schoolslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|------|---------------------|----------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. | Mathijs de Wit | KSN (SG) | 201001215 | 2:42.48 | +0,76 | 404 | 37.58 | 1:19.04 | 2:01.01 | 2:42.48 |
| 2. | Thijn Runia | DZT'62 | 201000895 | 2:45.89 | | 380 | 35.74 | 1:18.91 | 2:03.54 | 2:45.89 |
| 3. | Thijmen Pruijssers | Hieronymus | 201000129 | 2:47.08 | +0,64 | 371 | 37.75 | 1:20.86 | 2:04.27 | 2:47.08 |
| 4. | Tygo van de Wal | DWK | 201001329 | 2:48.03 | +0,70 | 365 | 38.48 | 1:21.15 | 2:04.31 | 2:48.03 |
| 5. | Myron Artemenko | Niemo Barracuda | 201003021 | 2:48.53 | +0,71 | 362 | 38.31 | 1:21.29 | 2:04.77 | 2:48.53 |
| 6. | Nathan Magava | De Dolfijn | 201003067 | 2:49.29 | +0,62 | 357 | 37.37 | 1:20.91 | 2:05.30 | 2:49.29 |
| 7. | D. van den Noulant | Blue Marlins | 201000071 | 2:49.69 | +0,72 | 355 | 38.79 | 1:22.13 | 2:06.10 | 2:49.69 |
| 8. | Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 2:49.88 | +0,72 | 353 | 38.58 | 1:22.04 | 2:06.05 | 2:49.88 |
| 9. | S. Hageman | Steenwijk 1934 | 201000009 | 2:49.96 | +0,69 | 353 | 38.57 | 1:21.96 | 2:06.26 | 2:49.96 |
| 10. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | 2:50.01 | | 353 | 38.40 | 1:22.17 | 2:06.17 | 2:50.01 |
| 11. | Duco de Gelder | Blue Marlins | 201000217 | 2:51.07 | +0,73 | 346 | 37.84 | 1:21.77 | 2:06.67 | 2:51.07 |
| 12. | Mathieu Gepkens | VZC | 201000045 | 2:52.21 | +0,74 | 339 | 38.69 | 1:22.59 | 2:07.52 | 2:52.21 |
| 13. | Kris Westerhout | ZZ&PC De Devel | 201000883 | 2:52.74 | +0,68 | 336 | 38.48 | 1:23.48 | 2:08.81 | 2:52.74 |
| 14. | Kasper Lubbers | Orca | 201100025 | 2:53.04 | +0,64 | 334 | 39.44 | 1:23.41 | 2:08.52 | 2:53.04 |
| 15. | Ruben Kragt | ZV 44 | 201000007 | 2:54.02 | +0,66 | 329 | 38.17 | 1:22.77 | 2:08.45 | 2:54.02 |
| 16. | Baris Tomu | ZPCH | 201000869 | 2:54.05 | +0,55 | 329 | 39.74 | 1:24.13 | 2:09.34 | 2:54.05 |
| 17. | Franzi Ziegler | DAW | 201100891 | 2:54.46 | +0,69 | 326 | 38.82 | 1:23.05 | 2:08.94 | 2:54.46 |
| 18. | Nick Vodde | AZ&PC De Futen | 201002211 | 2:54.48 | +0,78 | 326 | 39.20 | 1:23.60 | 2:09.51 | 2:54.48 |
| 19. | Tycho Wienbelt | De Vikings | 201001397 | 2:54.75 | +0,80 | 325 | 40.07 | 1:25.19 | 2:10.64 | 2:54.75 |
| 20. | O. Hordiienko | ZV De Aalscholver | 201003061 | 2:55.33 | +0,78 | 321 | 40.65 | 1:25.35 | 2:11.14 | 2:55.33 |
| 21. | Luca Monster | ZPC Numansdorp | 201100343 | 2:56.02 | +0,65 | 318 | 38.06 | 1:23.25 | 2:09.86 | 2:56.02 |
| 22. | Gwee Bokma | Zwemlust- den Hommel | 201002259 | 2:56.63 | +0,77 | 314 | 39.27 | 1:23.99 | 2:10.26 | 2:56.63 |
| 23. | Mauro Bedeke | DAW | 201000537 | 2:57.06 | +0,62 | 312 | 38.70 | 1:23.59 | 2:10.41 | 2:57.06 |
| 24. | Thijs Jonkman | De Duck | 201000481 | 2:57.49 | +0,74 | 310 | 40.43 | 1:26.19 | 2:12.04 | 2:57.49 |
| 25. | Eli Shields | Niemo Barracuda | 201000407 | 2:58.40 | +0,68 | 305 | 40.51 | 1:26.71 | 2:12.75 | 2:58.40 |
| 26. | Cayden Malone | De Dolfijn | 201002195 | 2:59.05 | +0,79 | 302 | 40.09 | 1:25.49 | 2:12.36 | 2:59.05 |
| 27. | Sven Potappel | DWK | 201000127 | 3:00.66 | +0,70 | 294 | 40.55 | 1:27.62 | 2:14.93 | 3:00.66 |
| 28. | Nils Bellert | SG Octopus - ZVV | 201100347 | 3:00.71 | +0,74 | 293 | 41.18 | 1:26.42 | 2:14.42 | 3:00.71 |
| 29. | Ramon Vos | ZPC Hoogeveen | 201100051 | 3:01.53 | +0,91 | 290 | 40.16 | 1:26.75 | 2:14.71 | 3:01.53 |
| 30. | Finn Wensveen | Zv de Ham | 201000811 | 3:03.81 | +0,92 | 279 | 42.39 | 1:29.55 | 2:17.69 | 3:03.81 |
| 31. | Abel op den Velde | De Duinkickers | 201000079 | 3:04.33 | +0,76 | 277 | 40.75 | 1:28.40 | 2:16.81 | 3:04.33 |
| 32. | Joep Lindhout | Niemo Barracuda | 201100873 | 3:04.43 | +0,63 | 276 | 43.18 | 1:30.80 | 2:18.79 | 3:04.43 |
| 33. | Yorre van der Wal | ZV 44 | 201000017 | 3:05.00 | +0,82 | 274 | 41.06 | 1:28.63 | 2:17.01 | 3:05.00 |
| 34. | Nordin Vermeer | DWK | 201000227 | 3:05.31 | +0,74 | 272 | 40.75 | 1:28.26 | 2:17.99 | 3:05.31 |
| 35. | Stijn Dijkstra | DZ&PC | 201000279 | 3:05.35 | | 272 | 43.40 | 1:31.13 | 2:18.98 | 3:05.35 |
| 36. | Gerish Nolden | Blue Marlins | 201000087 | 3:05.61 | | 271 | 42.24 | 1:30.55 | 2:18.55 | 3:05.61 |
| 37. | Bink Elgersma | Zwemlust- den Hommel | 201000137 | 3:07.66 | +0,80 | 262 | 40.76 | 1:28.21 | 2:18.17 | 3:07.66 |
| 38. | Vince van Dam | ACZ | 201000405 | 3:07.96 | +0,75 | 261 | 42.16 | 1:29.08 | 2:17.76 | 3:07.96 |
| 39. | Dax Muijlaert | SG Octopus - ZVV | 201100535 | 3:09.09 | +0,74 | 256 | 42.53 | 1:30.98 | 2:19.93 | 3:09.09 |
| 40. | A. van der Sluis | PSV | 201003425 | 3:09.73 | +0,79 | 254 | 42.01 | 1:31.83 | 2:22.05 | 3:09.73 |
| 41. | Matthijs van Velzen | ZV 44 | 201100435 | 3:10.00 | +0,94 | 252 | 41.30 | 1:28.79 | 2:19.36 | 3:10.00 |

Programmanr. 17, Jongens, 200m schoolslag, Junioren 1 en 2

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|---|------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 42. Mees Janssen | DSZ | 201102025 | 3:10.88 | +0,57 | 249 | 40.92 | 1:29.37 | 2:20.11 | 3:10.88 |
| 43. Jorick Johannes | HZ&PC Heerenveen | 201000403 | 3:14.58 | +0,64 | 235 | 43.76 | 1:33.74 | 2:24.47 | 3:14.58 |
| 44. Amor van der Veen | ZV 44 | 201100197 | 3:22.92 | +0,75 | 207 | 44.96 | 1:37.52 | 2:30.82 | 3:22.92 |
| DIS Kick Germers | SWOL 1894 | 201000185 | | | | | | | |
| <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i> | | | | | | | | | |
| DIS Melle Pittie | Zwemclub Eijdsen | 201000179 | | | | | | | |
| <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i> | | | | | | | | | |
| DIS Mathijs Boersma | ZPC Hoogeveen | 201000313 | | | | | | | |
| <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i> | | | | | | | | | |
| DIS Joey Snabel | ZPC AMERSFOORT | 201002847 | | | | | | | |
| <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i> | | | | | | | | | |
| DIS Evren Ege Orcunus | De Dolfijn | 201003253 | | | | | | | |
| <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i> | | | | | | | | | |
| AFGEM Max van der Spank | Hieronymus | 201000275 | | | | | | | |

 Programmanr. 18
 09-12-2023

Jongens, 200m schoolslag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|---|------------------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 1. Wytse Broekstra | De Vikings | 200800121 | 2:17.79 | +0,75 | 663 | 30.20 | 1:04.89 | 1:41.32 | 2:17.79 |
| 2. Hein Muller | DZ&PC | 200800157 | 2:25.62 | +0,72 | 561 | 32.50 | 1:09.64 | 1:47.65 | 2:25.62 |
| 3. Job Sportel | De Dinkel | 200800429 | 2:25.70 | +0,72 | 560 | 32.95 | 1:10.04 | 1:47.79 | 2:25.70 |
| 4. Yarno van Dam | ACZ | 200800115 | 2:26.10 | +0,72 | 556 | 33.02 | 1:10.06 | 1:48.11 | 2:26.10 |
| 5. Sven Koornstra | De Vikings | 200900189 | 2:26.33 | +0,80 | 553 | 34.32 | 1:12.44 | 1:49.44 | 2:26.33 |
| 6. Youp Stuijzand | ZV 44 | 200800521 | 2:30.95 | +0,66 | 504 | 32.75 | 1:11.26 | 1:51.52 | 2:30.95 |
| 7. Nout Folkersma | PSV | 200800595 | 2:31.10 | +0,71 | 502 | 34.10 | 1:12.74 | 1:51.59 | 2:31.10 |
| 8. Rijk Leenders | VZC | 200800627 | 2:32.64 | +0,73 | 487 | 34.77 | 1:13.49 | 1:53.19 | 2:32.64 |
| 9. Luca Boersma | De Dolfijn | 200902031 | 2:33.79 | +0,58 | 476 | 34.56 | 1:14.20 | 1:54.57 | 2:33.79 |
| 10. Thygo van de Peppel | Blue Marlins | 200901101 | 2:34.11 | +0,73 | 474 | 34.10 | 1:13.36 | 1:54.08 | 2:34.11 |
| 11. Adriaan Coppelmans | AZC | 200903243 | 2:34.47 | +0,67 | 470 | 34.53 | 1:13.88 | 1:54.27 | 2:34.47 |
| 12. Fedor Sazonov | PSV | 200900707 | 2:34.89 | +0,78 | 466 | 34.26 | 1:13.73 | 1:54.08 | 2:34.89 |
| 13. Cruz de Groot | Team Noord Holland | 200801077 | 2:35.12 | +0,66 | 464 | 34.08 | 1:13.17 | 1:53.06 | 2:35.12 |
| 14. Ruben Baars | DWK | 200900471 | 2:35.31 | +0,67 | 463 | 33.64 | 1:12.89 | 1:54.25 | 2:35.31 |
| 15. Rens Noordover | Team Noord Holland | 200800237 | 2:35.55 | +0,75 | 460 | 34.59 | 1:13.93 | 1:54.47 | 2:35.55 |
| 16. Alexander Griston | De Dolfijn | 200803053 | 2:36.25 | +0,68 | 454 | 35.34 | 1:15.33 | 1:56.31 | 2:36.25 |
| 17. Lars de Kooter | De Biesboschzwemmers | 200800185 | 2:36.93 | +0,70 | 448 | 35.86 | 1:16.30 | 1:56.86 | 2:36.93 |
| 18. Giulian Janssen | PSV | 200900125 | 2:36.96 | +0,66 | 448 | 33.27 | 1:12.78 | 1:54.78 | 2:36.96 |
| 19. Jonathan Baaijens | PSV | 200800409 | 2:38.43 | +0,68 | 436 | 35.73 | 1:16.98 | 1:58.53 | 2:38.43 |
| 20. R. van Wijngaarden | ZPC AMERSFOORT | 200800839 | 2:38.70 | +0,74 | 434 | 35.02 | 1:15.00 | 1:56.41 | 2:38.70 |
| 21. B. Bloemsma | De Dolfijn | 200901155 | 2:38.76 | +0,65 | 433 | 35.08 | 1:14.43 | 1:55.75 | 2:38.76 |
| 22. Joris Willemsse | Hellas-Glana | 200801745 | 2:38.85 | +0,74 | 432 | 35.26 | 1:14.89 | 1:56.53 | 2:38.85 |
| 23. Suraj Baladurage | Team Noord Holland | 200801291 | 2:39.33 | +0,66 | 428 | 34.73 | 1:16.13 | 1:57.60 | 2:39.33 |
| 24. Kobe Verhaegen | Zwemvereniging De Zilvermeel | 200802609 | 2:39.40 | +0,81 | 428 | 36.70 | 1:16.81 | 1:57.86 | 2:39.40 |
| 25. Floris van der Valk | Wiekslag | 200801891 | 2:39.72 | +0,68 | 425 | 34.23 | 1:14.73 | 1:57.56 | 2:39.72 |
| 26. Liam Diavatopoulos | Aqua-Novio'94 | 200802549 | 2:39.81 | +0,82 | 425 | 35.37 | 1:15.32 | 1:57.54 | 2:39.81 |
| 27. Thomas Nauta | Arethusa | 200900339 | 2:40.46 | +0,72 | 419 | 35.62 | 1:16.76 | 1:59.25 | 2:40.46 |
| 28. Gerjan Berends | ZC Polaris | 200900169 | 2:41.21 | +0,79 | 414 | 35.82 | 1:16.38 | 1:59.11 | 2:41.21 |
| 29. Dani Yefimov | WS Twente | 200901305 | 2:42.06 | +0,72 | 407 | 35.60 | 1:17.17 | 2:00.12 | 2:42.06 |
| 30. Gijs Hartwijk | ZVL-1886 | 200800573 | 2:44.07 | +0,62 | 392 | 37.22 | 1:18.80 | 2:01.12 | 2:44.07 |
| 31. Jelte de Jong | ZPCH | 200900975 | 2:48.94 | +0,74 | 359 | 38.50 | 1:21.48 | 2:05.01 | 2:48.94 |
| DIS Tristan Fredema | Blue Marlins | 200903699 | | +0,66 | | | | | |
| <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i> | | | | | | | | | |

Programmanr. 18, Jongens, 200m schoolslag, Junioren 3 en 4

| rang naam | vereniging | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|---|----------------|-----------|----|----------|-----|------|------|------|
| DIS Feddo Smink | ZPC AMERSFOORT | 200900007 | | | | | | |
| <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangekt.</i> | | | | | | | | |

 Programmanr. 19
 09-12-2023

Meisjes, 100m schoolslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | tijd | RT | fin.FINA | 50m | 100m |
|------|------------------------|-----------------------------|-----------|----------------|----------|-----|-------|
| 1. | Yill van Bezouw | Hieronymus | 201100704 | 1:16.10 | +0,79 | 550 | 35.33 |
| 2. | Malin Roozeboom | WVZ | 201100006 | 1:19.82 | +0,68 | 476 | 38.06 |
| 3. | Noa van Zalk | ZPC AMERSFOORT | 201102534 | 1:20.52 | +0,65 | 464 | 37.78 |
| 4. | Casharell Kraan | Blue Marlins | 201103426 | 1:21.05 | +0,67 | 455 | 38.74 |
| 5. | Odenza Soselisa | Blue Marlins | 201101780 | 1:23.11 | +0,61 | 422 | 39.26 |
| 6. | Sterre de Veen | Hellas-Glana | 201100086 | 1:23.71 | +0,70 | 413 | 39.45 |
| 7. | Minke Bouman | Blue Marlins | 201100104 | 1:23.83 | +0,79 | 411 | 39.82 |
| 8. | Chloé in 't Veen | WVZ | 201100010 | 1:24.20 | +0,64 | 406 | 39.65 |
| 9. | Meike van der Klugt | WVZ | 201100808 | 1:24.39 | +0,88 | 403 | 39.83 |
| 10. | Elin Reinstra | TriVia | 201100842 | 1:24.57 | +0,63 | 400 | 40.90 |
| 11. | Vicky Horens | Hellas-Glana | 201200252 | 1:24.65 | +0,57 | 399 | 40.59 |
| 12. | Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 1:24.99 | +0,66 | 395 | 39.57 |
| 13. | Sara Creemers | Hellas-Glana | 201100242 | 1:25.33 | +0,80 | 390 | 40.39 |
| 14. | Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 1:25.51 | +0,81 | 387 | 41.03 |
| 15. | Morrison Schram | De Schelde | 201100686 | 1:25.56 | +0,78 | 387 | 40.30 |
| 16. | Lola Verheijen | PSV | 201100832 | 1:25.80 | +0,76 | 383 | 39.40 |
| 17. | Fanni Farkas | De Columbiaan | 201100360 | 1:25.92 | +0,89 | 382 | 40.99 |
| 18. | Julia Ketelaars | Hellas-Glana | 201200028 | 1:26.13 | +0,66 | 379 | 41.70 |
| 19. | Elke Kriesels | Hieronymus | 201100898 | 1:26.67 | +0,80 | 372 | 41.15 |
| 20. | Anna Lepoutre | PSV | 201100534 | 1:26.80 | +0,75 | 370 | 40.16 |
| 21. | Julia Bannatyne | BZ&PC | 201201020 | 1:26.84 | +0,65 | 370 | 40.92 |
| 22. | Mattea Gliese-Slooijer | De Dinkel | 201100008 | 1:27.06 | +0,76 | 367 | 41.22 |
| 23. | Norell Kroeze | ZC Polaris | 201100378 | 1:27.10 | +0,80 | 366 | 41.58 |
| | Milou Filemon | Blue Marlins | 201100078 | 1:27.10 | +0,74 | 366 | 40.92 |
| 25. | Noa Spaans | De Dolfijn | 201100222 | 1:27.11 | +0,79 | 366 | 41.06 |
| 26. | Rozalia Diederiks | ZVL-1886 | 201100904 | 1:27.17 | +0,82 | 366 | 41.85 |
| 27. | Isabel Amelink | Deltasteur | 201100196 | 1:27.32 | +0,96 | 364 | 41.26 |
| 28. | Frédérique Nijziel | PSV | 201103114 | 1:27.84 | +0,79 | 357 | 41.61 |
| 29. | Carlijn Dezutter | Scheldestroom | 201100770 | 1:28.46 | +0,78 | 350 | 42.35 |
| 30. | Alaine Dumont | ZV De Watervogels | 201102140 | 1:28.54 | +0,71 | 349 | 42.17 |
| 31. | Emma van den Berg | V.Z.V. Njord | 201100830 | 1:28.72 | +0,83 | 347 | 42.19 |
| 32. | Roubin van Kampen | ZPCH | 201200370 | 1:28.83 | +0,87 | 345 | 42.41 |
| 33. | Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 1:29.18 | +0,82 | 341 | 41.59 |
| 34. | Elle van Gemeren | DAW | 201100428 | 1:29.31 | +0,84 | 340 | 43.24 |
| 35. | Juno Toornend | Team Noord Holland | 201101718 | 1:29.52 | +0,80 | 338 | 41.68 |
| 36. | Esmee Reuver | ZC Polaris | 201100846 | 1:29.61 | +0,64 | 337 | 43.08 |
| 37. | Charlie Klaver | De Dolfijn | 201102094 | 1:30.30 | +0,68 | 329 | 42.69 |
| 38. | Esra Simon | Hellas-Glana | 201100004 | 1:30.61 | +0,61 | 325 | 43.40 |
| 39. | Nynke Muntinga | ZPCH | 201100060 | 1:31.36 | +0,56 | 318 | 43.21 |
| 40. | Syll Rinsma | Orca | 201200798 | 1:31.77 | +0,57 | 313 | 42.64 |
| 41. | Alissa Rooijackers | Z&PV Nuenen | 201101892 | 1:32.36 | +0,72 | 307 | 43.22 |
| 42. | Annefleur Schraa | SWOL 1894 | 201100044 | 1:32.53 | +0,80 | 306 | 43.59 |
| 43. | Lise Markes | SBC2000 | 201101276 | 1:32.58 | +0,80 | 305 | 44.02 |
| 44. | Melody Paulussen | De Dolfijn | 201101106 | 1:32.99 | +0,78 | 301 | 44.06 |
| 45. | Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 1:34.11 | +0,84 | 290 | 44.49 |
| 46. | Eva ter Horst | ZPC Hoogeveen | 201200070 | 1:37.35 | +0,87 | 262 | 46.00 |
| 47. | Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 1:38.10 | +0,85 | 256 | 46.16 |
| 48. | Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 1:39.34 | +0,52 | 247 | 46.90 |

Programmanr. 19, Meisjes, 100m schoolslag, Junioren 1 en 2

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|----------------|----------------|-----------|----------------|-------|----------|-------|---------|
| 49. | Simone Brobbel | ZPC Numansdorp | 201200058 | 1:40.84 | +0,71 | 236 | 46.73 | 1:40.84 |
| 50. | Amila Mustafic | DZ&PC | 201200026 | 1:42.01 | +0,79 | 228 | 47.65 | 1:42.01 |

 Programmanr. 10
09-12-2023

Jongens, 100m vrije slag

 Junioren 3 en 4
Resultaten Finale

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---|--------------------|-----------|--------------|-------|----------|-------|-------|
| 1. | Giovanni Phillipson <i>NR 15 jarigen</i> | Team Noord Holland | 200801099 | 49.94 | +0,74 | 723 | 24.16 | 49.94 |
| 2. | Kaan Sudak | Blue Marlins | 200803733 | 50.63 | +0,57 | 694 | 24.43 | 50.63 |
| 3. | Siem de Zeeuw | OZ&PC | 200800013 | 52.03 | +0,75 | 640 | 24.87 | 52.03 |
| 4. | Giulian Janssen | PSV | 200900125 | 52.68 | +0,61 | 616 | 25.34 | 52.68 |
| 5. | Xiaoyu Yin | Blue Marlins | 200803363 | 52.95 | +0,68 | 607 | 25.35 | 52.95 |
| 6. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 53.56 | +0,67 | 586 | 25.55 | 53.56 |
| 7. | Felbe van 't Land | ZPC AMERSFOORT | 200900027 | 53.93 | +0,72 | 574 | 26.01 | 53.93 |
| 8. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 53.98 | +0,77 | 573 | 26.25 | 53.98 |
| 9. | Jones Chuang | PSV | 200801173 | 54.44 | +0,61 | 558 | 26.56 | 54.44 |
| 10. | Job Sportel | De Dinkel | 200800429 | 54.98 | +0,70 | 542 | 26.32 | 54.98 |

 Programmanr. 12
09-12-2023

Meisjes, 100m schoolslag

 Junioren 3 en 4
Resultaten Finale

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-----------------------|----------------|-----------|----------------|-------|----------|-------|---------|
| 1. | Paula Spans | ZV 44 | 201000064 | 1:11.89 | +0,82 | 652 | 34.23 | 1:11.89 |
| 2. | Robine Moot | ZPC AMERSFOORT | 200900330 | 1:12.95 | +0,75 | 624 | 34.93 | 1:12.95 |
| 3. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:13.74 | +0,74 | 604 | 34.78 | 1:13.74 |
| 4. | Tess Vonk | De Geul | 200900024 | 1:14.91 | +0,67 | 576 | 35.83 | 1:14.91 |
| 5. | Fay Boxum | DZ&PC | 200900060 | 1:15.44 | +0,79 | 564 | 35.55 | 1:15.44 |
| 6. | Marre van der Wal | ZV 44 | 201000046 | 1:16.46 | +0,72 | 542 | 36.29 | 1:16.46 |
| 7. | Amber Kunst | DAW | 200900680 | 1:16.57 | +0,66 | 540 | 35.57 | 1:16.57 |
| 8. | Michelle van Hemert | PSV | 200901200 | 1:16.78 | +0,81 | 535 | 35.89 | 1:16.78 |
| 9. | Tara Langkamp | Aqua-Novio'94 | 200900362 | 1:17.29 | +0,74 | 525 | 35.72 | 1:17.29 |
| 10. | Tereza Boom | PSV | 200904028 | 1:17.31 | +0,74 | 524 | 36.65 | 1:17.31 |

 Programmanr. 20
09-12-2023

Jongens, 400m wisselslag

 Junioren 1 en 2
Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 100m | 200m | 300m | 400m |
|------|--------------------|----------------------|-----------|----------------|-------|----------|---------|---------|---------|---------|
| 1. | Ruben Kragt | ZV 44 | 201000007 | 5:10.36 | +0,58 | 433 | 1:10.78 | 2:29.37 | 3:59.76 | 5:10.36 |
| 2. | Mathijs de Wit | KSN (SG) | 201001215 | 5:10.62 | +0,74 | 431 | 1:14.86 | 2:32.17 | 4:02.24 | 5:10.62 |
| 3. | Evrens Ege Orcunus | De Dolfijn | 201003253 | 5:11.85 | +0,66 | 426 | 1:09.99 | 2:28.84 | 4:00.03 | 5:11.85 |
| 4. | Myron Artemenko | Niemo Barracuda | 201003021 | 5:16.11 | +0,69 | 409 | 1:12.08 | 2:31.25 | 4:05.38 | 5:16.11 |
| 5. | Thijmen Pruijssers | Hieronimus | 201000129 | 5:17.67 | +0,63 | 403 | 1:16.29 | 2:36.00 | 4:07.05 | 5:17.67 |
| 6. | D. van den Noulant | Blue Marlins | 201000071 | 5:19.57 | +0,61 | 396 | 1:16.27 | 2:35.33 | 4:06.24 | 5:19.57 |
| 7. | Gwee Bokma | Zwemlust- den Hommel | 201002259 | 5:23.05 | +0,76 | 384 | 1:12.49 | 2:34.12 | 4:10.38 | 5:23.05 |
| 8. | Mauro Bedeke | DAW | 201000537 | 5:24.07 | +0,63 | 380 | 1:13.14 | 2:36.66 | 4:10.69 | 5:24.07 |
| | Mathieu Gepkens | VZC | 201000045 | 5:24.07 | +0,75 | 380 | 1:18.92 | 2:39.57 | 4:11.25 | 5:24.07 |
| 10. | Girish Nolden | Blue Marlins | 201000087 | 5:24.80 | +0,70 | 377 | 1:12.06 | 2:34.91 | 4:12.28 | 5:24.80 |
| 11. | Baris Tomu | ZPCH | 201000869 | 5:27.14 | +0,52 | 369 | 1:20.21 | 2:41.16 | 4:15.47 | 5:27.14 |

Programmanr. 20, Jongens, 400m wisselslag, Junioren 1 en 2

| rang naam | vereniging | | tijd | RT | fin. FINA | 100m | 200m | 300m | 400m |
|--|----------------------|-----------|----------------|-------|-----------|---------|---------|---------|---------|
| 12. Thijn Runia | DZT'62 | 201000895 | 5:27.58 | +0,73 | 368 | 1:13.31 | 2:39.72 | 4:14.02 | 5:27.58 |
| 13. A. van der Sluis | PSV | 201003425 | 5:28.75 | +0,73 | 364 | 1:17.20 | 2:43.37 | 4:24.95 | 5:28.75 |
| 14. Tycho Wienbelt | De Vikings | 201001397 | 5:29.57 | +0,84 | 361 | 1:22.03 | 2:41.80 | 4:16.15 | 5:29.57 |
| 15. Eli Shields | Niemo Barracuda | 201000407 | 5:29.94 | +0,72 | 360 | 1:15.00 | 2:36.55 | 4:14.98 | 5:29.94 |
| 16. Abel op den Velde | De Duinkickers | 201000079 | 5:30.75 | +0,78 | 357 | 1:18.33 | 2:37.72 | 4:18.12 | 5:30.75 |
| 17. Kasper Lubbers | Orca | 201100025 | 5:31.56 | +0,65 | 355 | 1:19.01 | 2:44.37 | 4:16.42 | 5:31.56 |
| 18. S. Hageman | Steenwijk 1934 | 201000009 | 5:32.68 | +0,79 | 351 | 1:21.46 | 2:44.96 | 4:19.88 | 5:32.68 |
| 19. Duco de Gelder | Blue Marlins | 201000217 | 5:32.86 | +0,72 | 351 | 1:19.06 | 2:41.83 | 4:18.82 | 5:32.86 |
| 20. Kick Germers | SWOL 1894 | 201000185 | 5:33.60 | +0,67 | 348 | 1:16.91 | 2:42.77 | 4:13.83 | 5:33.60 |
| 21. Mattias Stolk | HZ&PC Heerenveen | 201000525 | 5:35.49 | +0,78 | 342 | 1:30.89 | 2:54.93 | 4:23.99 | 5:35.49 |
| 22. Thijs Jonkman | De Duck | 201000481 | 5:35.69 | +0,70 | 342 | 1:16.88 | 2:45.53 | 4:22.38 | 5:35.69 |
| 23. Franz Ziegler | DAW | 201100891 | 5:36.09 | +0,61 | 341 | 1:16.02 | 2:42.75 | 4:18.50 | 5:36.09 |
| 24. Sven Potappel | DWK | 201000127 | 5:36.38 | +0,71 | 340 | 1:16.24 | 2:43.54 | 4:21.16 | 5:36.38 |
| 25. Mathijs Boersma | ZPC Hoogeveen | 201000313 | 5:36.70 | +0,86 | 339 | 1:32.05 | 2:53.41 | 4:24.29 | 5:36.70 |
| 26. Nick Vodde | AZ&PC De Futen | 201002211 | 5:37.62 | +0,76 | 336 | 1:12.12 | 2:44.53 | 4:20.96 | 5:37.62 |
| 27. Joey Snabel | ZPC AMERSFOORT | 201002847 | 5:38.65 | +0,71 | 333 | 1:25.37 | 2:49.84 | 4:26.25 | 5:38.65 |
| 28. Bink Elgersma | Zwemlust- den Hommel | 201000137 | 5:39.59 | +0,80 | 330 | 1:19.08 | 2:45.54 | 4:24.74 | 5:39.59 |
| 29. Stijn Dijkstra | DZ&PC | 201000279 | 5:40.86 | +0,61 | 326 | 1:22.48 | 2:47.92 | 4:26.63 | 5:40.86 |
| 30. Yorre van der Wal | ZV 44 | 201000017 | 5:41.70 | +0,72 | 324 | 1:30.07 | 2:53.10 | 4:25.90 | 5:41.70 |
| 31. Nils Bellert | SG Octopus - ZVV | 201100347 | 5:42.70 | +0,83 | 321 | 1:22.39 | 2:47.77 | 4:26.43 | 5:42.70 |
| 32. Matthijs van Velzen | ZV 44 | 201100435 | 5:42.84 | +0,72 | 321 | 1:19.36 | 2:43.93 | 4:30.40 | 5:42.84 |
| 33. Melle Pittie | Zwemclub Eijsden | 201000179 | 5:43.51 | +0,75 | 319 | 1:23.62 | 2:50.77 | 4:30.49 | 5:43.51 |
| 34. Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 5:44.44 | +0,72 | 316 | 1:25.13 | 2:54.28 | 4:28.74 | 5:44.44 |
| 35. Finn Wensveen | Zv de Ham | 201000811 | 5:44.64 | +1,01 | 316 | 1:25.16 | 2:47.66 | 4:29.88 | 5:44.64 |
| 36. Cayden Malone | De Dolfijn | 201002195 | 5:48.60 | +0,73 | 305 | 1:20.67 | 2:51.22 | 4:28.03 | 5:48.60 |
| 37. Kris Westerhout | ZZ&PC De Devel | 201000883 | 5:48.91 | +0,72 | 304 | 1:21.23 | 2:52.98 | 4:30.48 | 5:48.91 |
| 38. Nathan Magava | De Dolfijn | 201003067 | 5:48.97 | +0,66 | 304 | 1:19.10 | 2:49.48 | 4:26.53 | 5:48.97 |
| 39. Jorick Johannes | HZ&PC Heerenveen | 201000403 | 5:49.78 | +0,50 | 302 | 1:22.30 | 2:48.21 | 4:32.45 | 5:49.78 |
| 40. Dax Muijlaert | SG Octopus - ZVV | 201100535 | 5:53.26 | +0,80 | 293 | 1:25.99 | 2:53.83 | 4:37.05 | 5:53.26 |
| 41. Mees Janssen | DSZ | 201102025 | 5:53.78 | +0,67 | 292 | 1:23.11 | 2:46.51 | 4:33.13 | 5:53.78 |
| 42. Joep Lindhout | Niemo Barracuda | 201100873 | 5:54.64 | +0,63 | 290 | 1:27.86 | 2:57.56 | 4:37.82 | 5:54.64 |
| 43. Luca Monster | ZPC Numansdorp | 201100343 | 5:55.91 | +0,54 | 287 | 1:24.02 | 2:56.76 | 4:33.91 | 5:55.91 |
| 44. Amor van der Veen | ZV 44 | 201100197 | 6:02.34 | +0,73 | 272 | 1:28.71 | 2:51.63 | 4:42.88 | 6:02.34 |
| DIS Nordin Vermeer | DWK | 201000227 | | | | | | | |
| <i>RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.</i> | | | | | | | | | |
| DIS Tygo van de Wal | DWK | 201001329 | | | | | | | |
| <i>VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i> | | | | | | | | | |
| DIS O. Hordiienko | ZV De Aalscholver | 201003061 | | | | | | | |
| <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i> | | | | | | | | | |
| DIS Ramon Vos | ZPC Hoogeveen | 201100051 | | | | | | | |
| <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i> | | | | | | | | | |
| DIS Vince van Dam | ACZ | 201000405 | | | | | | | |
| <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt., SL - Het keer- en/of eindpunt met één hand aangetikt.</i> | | | | | | | | | |
| AFGEM Max van der Spank | Hieronymus | 201000275 | | | | | | | |

Programmanr. 21
 09-12-2023

Meisjes, 100m vlinderslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|--|-----------------------------|-----------|----------------|-------|----------|-------|---------|
| 1. | Frédérique Nijziel <i>NR 12 jarigen</i> | PSV | 201103114 | 1:05.17 | +0,75 | 570 | 30.21 | 1:05.17 |
| 2. | Odenza Soselisa | Blue Marlins | 201101780 | 1:07.76 | +0,78 | 507 | 31.41 | 1:07.76 |
| 3. | Lola Verheijen | PSV | 201100832 | 1:10.03 | +0,79 | 459 | 32.22 | 1:10.03 |
| 4. | Yill van Bezouw | Hieronymus | 201100704 | 1:11.39 | +0,74 | 433 | 33.01 | 1:11.39 |
| 5. | Malin Roozeboom | WVZ | 201100006 | 1:12.64 | +0,73 | 411 | 34.39 | 1:12.64 |
| 6. | Noa van Zalk | ZPC AMERSFOORT | 201102534 | 1:13.43 | +0,69 | 398 | 33.64 | 1:13.43 |
| 7. | Elke Kriesels | Hieronymus | 201100898 | 1:13.49 | +0,70 | 397 | 33.99 | 1:13.49 |
| 8. | Esra Simon | Hellas-Glana | 201100004 | 1:13.90 | +0,66 | 391 | 34.06 | 1:13.90 |
| 9. | Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 1:14.17 | +0,96 | 386 | 34.83 | 1:14.17 |
| 10. | Julia Ketelaars | Hellas-Glana | 201200028 | 1:14.83 | +0,67 | 376 | 35.50 | 1:14.83 |
| 11. | Casharell Kraan | Blue Marlins | 201102534 | 1:15.57 | +0,68 | 365 | 34.61 | 1:15.57 |
| 12. | Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 1:15.71 | +0,76 | 363 | 34.47 | 1:15.71 |
| 13. | Simone Brobbel | ZPC Numansdorp | 201200058 | 1:16.32 | +0,73 | 355 | 35.24 | 1:16.32 |
| 14. | Julia Bannatyne | BZ&PC | 201201020 | 1:16.62 | +0,75 | 351 | 35.48 | 1:16.62 |
| 15. | Chloé in 't Veen | WVZ | 201100010 | 1:17.09 | +0,63 | 344 | 35.91 | 1:17.09 |
| 16. | Anna Lepoutre | PSV | 201100534 | 1:17.77 | +0,72 | 335 | 34.72 | 1:17.77 |
| 17. | Norell Kroeze | ZC Polaris | 201100378 | 1:17.91 | +0,76 | 333 | 35.38 | 1:17.91 |
| 18. | Elle van Gemeren | DAW | 201100428 | 1:18.62 | +0,92 | 324 | 36.66 | 1:18.62 |
| 19. | Elin Reinstra | TriVia | 201100842 | 1:18.82 | +0,66 | 322 | 36.72 | 1:18.82 |
| 20. | Lise Markes | SBC2000 | 201101276 | 1:19.19 | +0,77 | 317 | 36.21 | 1:19.19 |
| 21. | Melody Paulussen | De Dolfijn | 201101106 | 1:19.58 | +0,72 | 313 | 35.36 | 1:19.58 |
| 22. | Alaine Dumont | ZV De Watervogels | 201102140 | 1:19.78 | +0,70 | 310 | 34.55 | 1:19.78 |
| 23. | Milou Filemon | Blue Marlins | 201100078 | 1:20.01 | +0,63 | 308 | 36.82 | 1:20.01 |
| 24. | Sterre de Veen | Hellas-Glana | 201100086 | 1:20.75 | +0,70 | 299 | 35.87 | 1:20.75 |
| 25. | Annefleur Schraa | SWOL 1894 | 201100044 | 1:21.38 | +0,74 | 292 | 37.53 | 1:21.38 |
| 26. | Morrison Schram | De Schelde | 201100686 | 1:21.51 | +0,80 | 291 | 37.62 | 1:21.51 |
| 27. | Nynke Muntinga | ZPCH | 201100060 | 1:22.70 | +0,67 | 279 | 37.73 | 1:22.70 |
| 28. | Alissa Rooijackers | Z&PV Nuenen | 201101892 | 1:23.75 | +0,72 | 268 | 37.64 | 1:23.75 |
| 29. | Juno Toornend | Team Noord Holland | 201101718 | 1:24.22 | +0,80 | 264 | 37.39 | 1:24.22 |
| 30. | Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 1:24.30 | +0,83 | 263 | 39.58 | 1:24.30 |
| 31. | Emma van den Berg | V.Z.V. Njord | 201100830 | 1:24.46 | +0,84 | 262 | 36.90 | 1:24.46 |
| 32. | Carlijn Dezutter | Scheldestroom | 201100770 | 1:24.86 | +0,85 | 258 | 38.39 | 1:24.86 |
| 33. | Isabel Amelink | Deltasteur | 201100196 | 1:24.87 | +0,78 | 258 | 38.02 | 1:24.87 |
| 34. | Mattea Gliese-Sloojier | De Dinkel | 201100008 | 1:25.02 | +0,59 | 256 | 38.02 | 1:25.02 |
| 35. | Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 1:25.03 | +0,64 | 256 | 38.89 | 1:25.03 |
| 36. | Sara Creemers | Hellas-Glana | 201100242 | 1:25.43 | +0,71 | 253 | 39.20 | 1:25.43 |
| 37. | Noa Spaans | De Dolfijn | 201100222 | 1:26.87 | +0,78 | 240 | 39.47 | 1:26.87 |
| 38. | Charlie Klaver | De Dolfijn | 201102094 | 1:27.39 | +0,75 | 236 | 41.71 | 1:27.39 |
| 39. | Amila Mustafic | DZ&PC | 201200026 | 1:27.45 | +0,79 | 236 | 38.65 | 1:27.45 |
| 40. | Roubin van Kampen | ZPCH | 201200370 | 1:27.66 | +0,86 | 234 | 41.28 | 1:27.66 |
| 41. | Vicky Horens | Hellas-Glana | 201200252 | 1:28.75 | +0,63 | 225 | 40.56 | 1:28.75 |
| 42. | Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 1:29.13 | +0,57 | 223 | 40.13 | 1:29.13 |
| 43. | Eva ter Horst | ZPC Hoogeveen | 201200070 | 1:29.26 | +0,86 | 222 | 41.81 | 1:29.26 |
| 44. | Esmee Reuver | ZC Polaris | 201100846 | 1:29.57 | +0,78 | 219 | 41.40 | 1:29.57 |
| 45. | Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 1:29.60 | +0,73 | 219 | 40.59 | 1:29.60 |
| 46. | Minke Bouman | Blue Marlins | 201100104 | 1:32.06 | +0,72 | 202 | 39.42 | 1:32.06 |
| 47. | Meike van der Klugt | WVZ | 201100808 | 1:32.96 | +0,99 | 196 | 42.96 | 1:32.96 |
| 48. | Syll Rinsma | Orca | 201200798 | 1:35.42 | +0,58 | 181 | 42.38 | 1:35.42 |
| DIS | Rozalia Diederiks | ZVL-1886 | 201100904 | | | | | |
| | <i>VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i> | | | | | | | |
| DIS | Fanni Farkas | De Columbiaan | 201100360 | 1:15.96 | +0,87 | | 35.16 | 1:15.96 |
| | <i>VG - Bij de laatste armslag voor keer- en/of eindpunt de armen niet over het water naar voren gebracht.</i> | | | | | | | |

Programmanr. 15
 09-12-2023

Jongens, 100m rugslag

 Junioren 3 en 4
 Resultaten Finale

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---|--------------------|-----------|----------------|-------|----------|-------|---------|
| 1. | Giovanni Phillipson <i>NR 15 jarigen</i> | Team Noord Holland | 200801099 | 55.86 | +0,69 | 647 | 27.24 | 55.86 |
| 2. | Yarno van Dam | ACZ | 200800115 | 56.94 | +0,70 | 611 | 27.60 | 56.94 |
| 3. | Wytse Broekstra | De Vikings | 200800121 | 57.57 | +0,62 | 591 | 28.03 | 57.57 |
| 4. | Xiaoyu Yin | Blue Marlins | 200803363 | 59.48 | +0,56 | 536 | 28.61 | 59.48 |
| 5. | Mattia Maggio | Hellas-Glana | 200903311 | 59.71 | +0,58 | 530 | 28.25 | 59.71 |
| 6. | Tobian Vos | ZPC AMERSFOORT | 200900005 | 1:00.27 | +0,69 | 515 | 29.25 | 1:00.27 |
| 7. | Niek Sonneveld | WVZ | 200802631 | 1:00.97 | +0,62 | 498 | 29.25 | 1:00.97 |
| 8. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 1:01.05 | +0,73 | 496 | 30.12 | 1:01.05 |
| 9. | Rijk Leenders | VZC | 200800627 | 1:01.33 | +0,72 | 489 | 30.42 | 1:01.33 |
| 10. | Rein Stoel | ZVL-1886 | 200800463 | 1:01.58 | +0,66 | 483 | 29.57 | 1:01.58 |

 Programmanr. 16
 09-12-2023

Meisjes, 100m vlinderslag

 Junioren 3 en 4
 Resultaten Finale

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|--------------------|---------------|-----------|----------------|-------|----------|-------|---------|
| 1. | Elin Ditewig | VZC | 200900392 | 1:03.88 | +0,77 | 605 | 29.78 | 1:03.88 |
| 2. | Juliëtte Woltjes | VZC | 200900774 | 1:04.59 | +0,79 | 585 | 30.04 | 1:04.59 |
| 3. | Elin Brinkhof | De Dolfijn | 200900078 | 1:05.57 | +0,70 | 560 | 31.14 | 1:05.57 |
| 4. | Tess Vonk | De Geul | 200900024 | 1:06.65 | +0,65 | 533 | 30.81 | 1:06.65 |
| 5. | Luus Gielens | PSV | 200900138 | 1:08.22 | +0,85 | 497 | 31.42 | 1:08.22 |
| 6. | Caitlin Sülter | Aqua-Novio'94 | 200900046 | 1:08.23 | +0,69 | 497 | 31.41 | 1:08.23 |
| 7. | Fleur van den Eijk | Blue Marlins | 200900304 | 1:09.02 | +0,65 | 480 | 31.29 | 1:09.02 |
| 8. | Lotte Lübbers | KSN (SG) | 200900190 | 1:09.51 | +0,69 | 470 | 32.16 | 1:09.51 |
| 9. | Julia D browska | Blue Marlins | 201000300 | 1:09.85 | +0,71 | 463 | 31.84 | 1:09.85 |
| 10. | Tereza Boom | PSV | 200904028 | 1:09.86 | +0,70 | 463 | 31.51 | 1:09.86 |

 Programmanr. 22
 09-12-2023

Jongens, 50m vrije slag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | FINA |
|------|---------------------|--------------------|-----------|--------------|-------|------|
| 1. | Giovanni Phillipson | Team Noord Holland | 200801099 | 23.05 | +0,73 | 669 |
| 2. | Kaan Sudak | Blue Marlins | 200803733 | 23.27 | +0,62 | 650 |
| 3. | Siem de Zeeuw | OZ&PC | 200800013 | 23.83 | +0,69 | 605 |
| 4. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 24.25 | +0,65 | 574 |
| 5. | Jones Chuang | PSV | 200801173 | 24.47 | +0,57 | 559 |
| 6. | Xiaoyu Yin | Blue Marlins | 200803363 | 24.54 | +0,67 | 554 |
| 7. | Giulian Janssen | PSV | 200900125 | 24.72 | +0,66 | 542 |
| 8. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 25.00 | +0,72 | 524 |
| 9. | Bram ter Braak | De Dinkel | 200800281 | 25.09 | +0,70 | 518 |
| 10. | Theodore Allan | PSV | 200902925 | 25.10 | +0,65 | 518 |
| 11. | Suraj Baladurage | Team Noord Holland | 200801291 | 25.18 | +0,64 | 513 |
| 12. | Arjan Boogaard | Deltasteur | 200800093 | 25.29 | +0,65 | 506 |
| 13. | Filip Piszczynski | KSN (SG) | 200802125 | 25.30 | +0,65 | 505 |
| | Floris van der Valk | Wiekslag | 200801891 | 25.30 | +0,65 | 505 |
| 15. | Job Sportel | De Dinkel | 200800429 | 25.36 | +0,73 | 502 |
| 16. | Damir Mustafic | DZ&PC | 200800885 | 25.42 | +0,75 | 498 |
| 17. | Tibbe Quist | Kon. AZ 1870 | 200801359 | 25.45 | +0,61 | 497 |
| 18. | Milan Veelders | De Dinkel | 200800279 | 25.51 | +0,75 | 493 |
| 19. | Feddo Smink | ZPC AMERSFOORT | 200900007 | 25.53 | +0,64 | 492 |

Programmanr. 22, Jongens, 50m vrije slag, Junioren 3 en 4

| rang | naam | vereniging | | tijd | RT | FINA |
|------|--|-------------------------|-----------|--------------|-------|------|
| 20. | Rens Noordover | Team Noord Holland | 200800237 | 25.59 | +0,68 | 488 |
| 21. | Wanne van Geest | ZV Vlaardingen-Schiedam | 200901425 | 25.61 | +0,69 | 487 |
| | Felbe van 't Land | ZPC AMERSFOORT | 200900027 | 25.61 | +0,75 | 487 |
| 23. | Bjorn Scholten | WS Twente | 200801143 | 25.65 | +0,73 | 485 |
| 24. | Ruben Baars | DWK | 200900471 | 25.66 | +0,69 | 484 |
| 25. | Neo Reiber | Feijenoord Albion | 200900699 | 25.67 | +0,64 | 484 |
| 26. | Tobian Vos | ZPC AMERSFOORT | 200900005 | 25.78 | +0,73 | 478 |
| 27. | Adriaan Coppelmans | AZC | 200903243 | 25.83 | +0,62 | 475 |
| 28. | Tim Boerefijn | WVZ | 200802815 | 25.90 | +0,76 | 471 |
| 29. | Ivo Bot | Wiekslag | 200900509 | 25.94 | +0,70 | 469 |
| 30. | Wout Serrarens | PSV | 200800261 | 25.95 | +0,73 | 468 |
| | Cruz de Groot | Team Noord Holland | 200801077 | 25.95 | +0,67 | 468 |
| | Timo Berghuis | NDD | 200801991 | 25.95 | +0,65 | 468 |
| 33. | Youp Stuijzand | ZV 44 | 200800521 | 25.97 | +0,69 | 467 |
| 34. | Gerjan Berends | ZC Polaris | 200900169 | 26.09 | +0,73 | 461 |
| 35. | Sam Leferink | De Dinkel | 200800833 | 26.12 | +0,73 | 459 |
| 36. | Bas Mostert | VZC | 200800629 | 26.15 | +0,78 | 458 |
| 37. | Rian Schoneveld | De Berkelduikers | 200801789 | 26.17 | +0,69 | 457 |
| 38. | Floris van de Wal | De Treffers | 200900495 | 26.18 | +0,74 | 456 |
| 39. | Teun Overmars | OZ&PC | 200800103 | 26.19 | +0,71 | 456 |
| 40. | Xander Boets | ZPC de Kanaalstreek | 200800133 | 26.21 | +0,79 | 455 |
| 41. | Mart Tempelman | Dedemsvaart-AC | 200801075 | 26.24 | +0,70 | 453 |
| 42. | Rein Stoel | ZVL-1886 | 200800463 | 26.26 | +0,67 | 452 |
| 43. | Delano van der Wegen | Hieronymus | 200801941 | 26.33 | +0,63 | 448 |
| 44. | Alex Woe | Poseidon'56 | 200801393 | 26.34 | +0,59 | 448 |
| 45. | Aditya Winterberg | Blue Marlins | 200800953 | 26.44 | +0,63 | 443 |
| 46. | Jesse Molegraaf | ZPC AMERSFOORT | 200800887 | 26.51 | +0,66 | 439 |
| 47. | Martijn Nies | PSV | 200902095 | 26.52 | +0,66 | 439 |
| | Luuk Knijnenburg | De Columbiaan | 200802291 | 26.52 | +0,75 | 439 |
| 49. | Daan de Jongh | Kon. AZ 1870 | 200803859 | 26.55 | +0,67 | 437 |
| 50. | Thygo van de Peppel | Blue Marlins | 200901101 | 26.56 | +0,72 | 437 |
| | Rens van Wijngaarden | ZPC AMERSFOORT | 200800839 | 26.56 | +0,74 | 437 |
| | Tibbe Rongen | SBC2000 | 200801929 | 26.56 | +0,69 | 437 |
| 53. | Koen de Vries | MZ&PC De Reest | 200802379 | 26.57 | +0,70 | 436 |
| 54. | Wessel Mous | WWV Winterswijk | 200802477 | 26.59 | +0,85 | 435 |
| 55. | Jannick van Eeghem | Hellas-Glana | 200800147 | 26.60 | +0,69 | 435 |
| 56. | Sacha van Hees Ajdnik | ZEPS | 200900489 | 26.62 | +0,73 | 434 |
| 57. | Alexander Griston | De Dolfijn | 200803053 | 26.65 | +0,68 | 432 |
| 58. | Bink de Vries | AZC | 200901887 | 26.67 | +0,67 | 431 |
| 59. | Niek Sonneveld | WVZ | 200802631 | 26.92 | +0,71 | 419 |
| 60. | Ruben Nooter | ZV 44 | 200901577 | 26.93 | +0,71 | 419 |
| 61. | Quinn Frunt | DWK | 200800729 | 26.97 | +0,70 | 417 |
| 62. | Deaquan Ramos | ZC Polaris | 200901709 | 27.13 | +0,69 | 410 |
| 63. | Twan Wielage | KSN (SG) | 200902671 | 27.18 | +0,71 | 408 |
| 64. | Tom Pisters | ESCA Zwemmen | 200801119 | 27.22 | +0,63 | 406 |
| 65. | Jamie Kenworthy | De Dolfijn | 200800045 | 27.53 | +0,66 | 392 |
| DIS | Fabian Riedijk | Blue Marlins | 200800603 | | | |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | |
| NG | Sebastian Lopes Cardozo | WZK | 200800187 | | | |
| NG | Hessel Penninkhof | Deltasteur | 200800565 | | | |

Programmanr. 23
 09-12-2023

Meisjes, 200m vrije slag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|--------------------------|----------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. Juliëtte Woltjes | VZC | 200900774 | 2:05.92 | +0,81 | 672 | 28.93 | 1:01.16 | 1:34.32 | 2:05.92 |
| 2. Fay Boxum | DZ&PC | 200900060 | 2:06.48 | +0,81 | 663 | 28.67 | 1:00.47 | 1:33.36 | 2:06.48 |
| 3. Fenna Westerneng | DZ&PC | 200900070 | 2:08.19 | +0,72 | 637 | 29.76 | 1:01.80 | 1:35.18 | 2:08.19 |
| 4. Bregje Dekkers | PSV | 200900746 | 2:09.70 | +0,62 | 615 | 30.49 | 1:03.02 | 1:36.35 | 2:09.70 |
| 5. Robine Moot | ZPC AMERSFOORT | 200900330 | 2:09.87 | +0,79 | 612 | 30.01 | 1:02.93 | 1:36.35 | 2:09.87 |
| 6. Madeleine Bertram | De Dolfijn | 200900516 | 2:12.04 | +0,76 | 583 | 29.83 | 1:03.26 | 1:38.25 | 2:12.04 |
| 7. Suuz Griekspoor | Noordwijkerhout | 200901204 | 2:12.49 | +0,79 | 577 | 30.24 | 1:03.99 | 1:38.52 | 2:12.49 |
| 8. Kinley Cole | PSV | 200903696 | 2:13.06 | +0,71 | 569 | 30.03 | 1:04.23 | 1:39.14 | 2:13.06 |
| 9. Lotte Lübbbers | KSN (SG) | 200900190 | 2:13.37 | +0,74 | 565 | 30.55 | 1:05.10 | 1:39.90 | 2:13.37 |
| 10. Elin Brinkhof | De Dolfijn | 200900078 | 2:13.52 | +0,73 | 563 | 30.96 | 1:05.05 | 1:39.71 | 2:13.52 |
| 11. Fenne Metten | ZPC AMERSFOORT | 201000102 | 2:13.70 | +0,73 | 561 | 30.50 | 1:04.40 | 1:39.68 | 2:13.70 |
| 12. Myla Klaassen | Aqua-Novio'94 | 200900110 | 2:13.89 | +0,64 | 559 | 31.12 | 1:05.43 | 1:40.27 | 2:13.89 |
| 13. Jenny Muntinga | ZPCH | 200900450 | 2:14.06 | +0,69 | 557 | 30.30 | 1:03.87 | 1:38.96 | 2:14.06 |
| 14. Flo Streep | DAW | 200900676 | 2:14.13 | +0,74 | 556 | 30.23 | 1:04.21 | 1:39.81 | 2:14.13 |
| 15. Nina van der Schrier | AZC | 201000444 | 2:14.84 | +0,70 | 547 | 30.55 | 1:04.62 | 1:40.34 | 2:14.84 |
| 16. Amber Kunst | DAW | 200900680 | 2:14.86 | +0,69 | 547 | 31.00 | 1:05.60 | 1:40.47 | 2:14.86 |
| 17. Chiara Lammertink | ZV 44 | 200902200 | 2:15.09 | +0,75 | 544 | 30.26 | 1:03.75 | 1:40.10 | 2:15.09 |
| 18. Erin de Jong | GZC DONK | 201000024 | 2:15.20 | +0,88 | 543 | 30.57 | 1:04.61 | 1:40.08 | 2:15.20 |
| 19. Ece Öngören | Blue Marlins | 200903862 | 2:15.49 | +0,72 | 539 | 31.12 | 1:05.27 | 1:40.69 | 2:15.49 |
| 20. Djelaysa Buunk | Z&PC De Zeeuwse Kust | 200900536 | 2:15.64 | +0,83 | 537 | 31.26 | 1:05.50 | 1:41.34 | 2:15.64 |
| 21. Simone Faber | Deltasteur | 200900710 | 2:15.70 | +0,66 | 537 | 31.81 | 1:06.97 | 1:42.11 | 2:15.70 |
| 22. Charlotte Landman | ESCA Zwemmen | 200901290 | 2:16.01 | +0,72 | 533 | 31.11 | 1:05.70 | 1:41.13 | 2:16.01 |
| 23. Anne Engbersen | ZPC AMERSFOORT | 201000044 | 2:16.04 | +0,75 | 533 | 30.27 | 1:04.64 | 1:40.75 | 2:16.04 |
| 24. C. Moreno Palacios | De Dolfijn | 201002302 | 2:16.33 | +0,77 | 529 | 31.01 | 1:05.47 | 1:41.76 | 2:16.33 |
| 25. Tara Langkamp | Aqua-Novio'94 | 200900362 | 2:16.43 | +0,80 | 528 | 31.58 | 1:06.83 | 1:42.38 | 2:16.43 |
| 26. Mariia Kostina | Blue Marlins | 201002042 | 2:16.46 | +0,74 | 528 | 30.66 | 1:05.23 | 1:40.99 | 2:16.46 |
| 27. Karlijn Siderius | DWK | 200900032 | 2:18.45 | +0,76 | 505 | 32.26 | 1:07.40 | 1:43.09 | 2:18.45 |
| 28. Isis Verhoeff | De Otters Het Gooi | 200902962 | 2:18.66 | +0,71 | 503 | 31.42 | 1:06.31 | 1:42.62 | 2:18.66 |
| 29. Marre van der Wal | ZV 44 | 201000046 | 2:19.17 | +0,58 | 497 | 32.55 | 1:07.78 | 1:43.78 | 2:19.17 |
| 30. Tess van de Steeg | WVZ | 201000016 | 2:19.36 | +0,80 | 495 | 32.11 | 1:06.53 | 1:42.65 | 2:19.36 |
| 31. Nikki Hofland | MSV-Zeemacht | 200900244 | 2:19.79 | +0,88 | 491 | 32.95 | 1:08.86 | 1:44.61 | 2:19.79 |
| 32. Sterre Dietvorst | ZPC AMERSFOORT | 200900726 | 2:20.79 | +0,83 | 480 | 31.04 | 1:06.15 | 1:43.24 | 2:20.79 |
| 33. Julia D browska | Blue Marlins | 201000300 | 2:22.21 | +0,75 | 466 | 32.39 | 1:08.61 | 1:45.92 | 2:22.21 |
| AFGEM Puck van Wees | De Dolfijn | 200901020 | | | | | | | |
| AFGEM Caitlin Sülter | Aqua-Novio'94 | 200900046 | | | | | | | |

 Programmanr. 24
 09-12-2023

Jongens, 100m rugslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|-------------------------|----------------------|-----------|----------------|-------|----------|-------|---------|
| 1. Evren Ege Orcunus | De Dolfijn | 201003253 | 1:06.22 | +0,79 | 388 | 32.12 | 1:06.22 |
| 2. Mathijs de Wit | KSN (SG) | 201001215 | 1:06.65 | +0,78 | 381 | 32.94 | 1:06.65 |
| 3. Ruben Kragt | ZV 44 | 201000007 | 1:07.61 | +0,65 | 365 | 33.00 | 1:07.61 |
| 4. Ramon Vos | ZPC Hoogeveen | 201100051 | 1:08.38 | +0,74 | 353 | 33.50 | 1:08.38 |
| 5. Myron Artemenko | Niemo Barracuda | 201003021 | 1:08.50 | +0,55 | 351 | 33.33 | 1:08.50 |
| 6. Mathieu Gepkens | VZC | 201000045 | 1:08.55 | +0,72 | 350 | 33.37 | 1:08.55 |
| 7. Gwee Bokma | Zwemlust- den Hommel | 201002259 | 1:08.64 | +0,83 | 349 | 33.62 | 1:08.64 |
| 8. Oleksandr Hordiienko | ZV De Aalscholver | 201003061 | 1:08.81 | +0,63 | 346 | 33.39 | 1:08.81 |
| 9. Sven Casper Hageman | Steenwijk 1934 | 201000009 | 1:09.30 | +0,61 | 339 | 33.26 | 1:09.30 |
| 10. Abel op den Velde | De Duinkickers | 201000079 | 1:10.50 | +0,78 | 322 | 34.02 | 1:10.50 |
| 11. Duco de Gelder | Blue Marlins | 201000217 | 1:10.53 | +0,69 | 321 | 33.99 | 1:10.53 |
| 12. Thijn Runia | DZT'62 | 201000895 | 1:10.68 | +0,71 | 319 | 34.55 | 1:10.68 |
| 13. Thijmen Pruijssers | Hieronymus | 201000129 | 1:11.25 | +0,57 | 312 | 34.42 | 1:11.25 |

Programmanr. 24, Jongens, 100m rugslag, Junioren 1 en 2

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-------------------------|----------------------|-----------|----------------------|----|----------|-------|---------|
| 14. | Dax van den Nouland | Blue Marlins | 201000071 | 1:11.34 +0,73 | | 310 | 34.71 | 1:11.34 |
| | Mauro Bedeke | DAW | 201000537 | 1:11.34 +0,64 | | 310 | 34.41 | 1:11.34 |
| 16. | Matthijs van Velzen | ZV 44 | 201100435 | 1:12.02 +0,79 | | 302 | 34.49 | 1:12.02 |
| 17. | Bink Elgersma | Zwemlust- den Hommel | 201000137 | 1:12.04 +0,76 | | 301 | 35.00 | 1:12.04 |
| 18. | Baris Tomu | ZPKH | 201000869 | 1:12.25 +0,65 | | 299 | 35.06 | 1:12.25 |
| 19. | Mathijs Boersma | ZPC Hooerveen | 201000313 | 1:12.29 +0,81 | | 298 | 35.19 | 1:12.29 |
| 20. | Girish Nolden | Blue Marlins | 201000087 | 1:12.31 +0,68 | | 298 | 35.56 | 1:12.31 |
| 21. | Eli Shields | Niemo Barracuda | 201000407 | 1:12.41 +0,71 | | 297 | 35.00 | 1:12.41 |
| 22. | Finn Wensveen | Zv de Ham | 201000811 | 1:12.45 +0,74 | | 296 | 35.49 | 1:12.45 |
| 23. | Dax Muijlaert | SG Octopus - ZVV | 201100535 | 1:12.78 +0,78 | | 292 | 35.07 | 1:12.78 |
| 24. | Mees Janssen | DSZ | 201102025 | 1:13.05 +0,58 | | 289 | 35.24 | 1:13.05 |
| 25. | Sven Potappel | DWK | 201000127 | 1:13.13 +0,71 | | 288 | 35.99 | 1:13.13 |
| 26. | Cayden Malone | De Dolfijn | 201002195 | 1:13.71 +0,71 | | 281 | 35.64 | 1:13.71 |
| 27. | Amor van der Veen | ZV 44 | 201100197 | 1:13.86 +0,75 | | 280 | 35.56 | 1:13.86 |
| 28. | Franzi Ziegler | DAW | 201100891 | 1:13.96 +0,66 | | 279 | 36.07 | 1:13.96 |
| 29. | Tygo van de Wal | DWK | 201001329 | 1:14.02 +0,76 | | 278 | 35.31 | 1:14.02 |
| 30. | Tycho Wienbelt | De Vikings | 201001397 | 1:14.25 +0,77 | | 275 | 36.16 | 1:14.25 |
| 31. | Nathan Magava | De Dolfijn | 201003067 | 1:14.41 +0,67 | | 274 | 36.43 | 1:14.41 |
| | Nils Bellert | SG Octopus - ZVV | 201100347 | 1:14.41 +0,82 | | 274 | 36.21 | 1:14.41 |
| 33. | Nick Vodde | AZ&PC De Futen | 201002211 | 1:14.60 +0,62 | | 271 | 35.51 | 1:14.60 |
| 34. | Jorick Johannes | HZ&PC Heerenveen | 201000403 | 1:15.04 +0,61 | | 267 | 36.37 | 1:15.04 |
| 35. | Stijn Dijkstra | DZ&PC | 201000279 | 1:15.13 +0,72 | | 266 | 36.93 | 1:15.13 |
| | Kick Germers | SWOL 1894 | 201000185 | 1:15.13 +0,65 | | 266 | 36.81 | 1:15.13 |
| 37. | Kasper Lubbers | Orca | 201100025 | 1:15.22 +0,64 | | 265 | 37.10 | 1:15.22 |
| 38. | Melle Pittie | Zwemclub Eijsden | 201000179 | 1:15.23 +0,75 | | 265 | 36.43 | 1:15.23 |
| 39. | Yorre van der Wal | ZV 44 | 201000017 | 1:15.38 +0,90 | | 263 | 36.76 | 1:15.38 |
| 40. | Joey Snabel | ZPC AMERSFOORT | 201002847 | 1:15.64 +0,99 | | 260 | 37.04 | 1:15.64 |
| 41. | Vince van Dam | ACZ | 201000405 | 1:16.01 +0,62 | | 257 | 36.44 | 1:16.01 |
| 42. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | 1:16.40 +0,85 | | 253 | 36.92 | 1:16.40 |
| 43. | Alief Jan van der Sluis | PSV | 201003425 | 1:16.68 +0,72 | | 250 | 36.89 | 1:16.68 |
| 44. | Joep Lindhout | Niemo Barracuda | 201100873 | 1:16.76 +0,66 | | 249 | 37.07 | 1:16.76 |
| 45. | Kris Westerhout | ZZ&PC De Devel | 201000883 | 1:18.27 +0,61 | | 235 | 37.97 | 1:18.27 |
| 46. | Luca Monster | ZPC Numansdorp | 201100343 | 1:18.31 +0,66 | | 235 | 37.81 | 1:18.31 |
| 47. | Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 1:20.63 +0,64 | | 215 | 38.84 | 1:20.63 |
| 48. | Nordin Vermeer | DWK | 201000227 | 1:21.10 +0,75 | | 211 | 38.95 | 1:21.10 |
| DIS | Thijs Jonkman | De Duck | 201000481 | | | | | |

-, Op borst gedraaid en keerpunthandeling gemaakt in plaats van finish.

AFGEM Max van der Spank Hieronymus 201000275

 Programmanr. 25
09-12-2023

Jongens, 200m wisselslag

 Junioren 3 en 4
Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|------|---|--------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. | Wytse Broekstra <i>NR 15 jarigen</i> | De Vikings | 200800121 | 2:06.36 | +0,74 | 653 | 27.74 | 58.83 | 1:35.39 | 2:06.36 |
| 2. | Giovanni Phillipson | Team Noord Holland | 200801099 | 2:07.45 | +0,76 | 636 | 27.89 | 1:00.33 | 1:38.59 | 2:07.45 |
| 3. | Xiaoyu Yin | Blue Marlins | 200803363 | 2:08.71 | +0,68 | 617 | 28.04 | 1:00.80 | 1:39.15 | 2:08.71 |
| 4. | Yarno van Dam | ACZ | 200800115 | 2:09.09 | +0,69 | 612 | 28.18 | 59.63 | 1:38.43 | 2:09.09 |
| 5. | Job Sportel | De Dinkel | 200800429 | 2:15.36 | +0,74 | 531 | 29.91 | 1:04.21 | 1:43.19 | 2:15.36 |
| 6. | Nout Folkersma | PSV | 200800595 | 2:15.78 | +0,73 | 526 | 29.93 | 1:05.06 | 1:44.15 | 2:15.78 |
| 7. | Mattia Maggio | Hellas-Glana | 200903311 | 2:15.85 | +0,62 | 525 | 28.65 | 1:02.10 | 1:44.02 | 2:15.85 |
| 8. | Sven Koornstra | De Vikings | 200900189 | 2:16.16 | +0,81 | 521 | 31.22 | 1:07.10 | 1:44.89 | 2:16.16 |
| 9. | Luca Boersma | De Dolfijn | 200902031 | 2:16.24 | +0,59 | 521 | 28.98 | 1:03.41 | 1:44.02 | 2:16.24 |
| 10. | Diede Veld | HZ&PC Heerenveen | 200800011 | 2:16.59 | +0,74 | 517 | 30.35 | 1:05.41 | 1:45.69 | 2:16.59 |
| 11. | Theodore Allan | PSV | 200902925 | 2:16.70 | +0,66 | 515 | 28.76 | 1:04.58 | 1:45.51 | 2:16.70 |

Programmanr. 25, Jongens, 200m wisselslag, Junioren 3 en 4

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|--------------------------|-------------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 12. Rijk Leenders | VZC | 200800627 | 2:16.87 | +0,74 | 513 | 30.44 | 1:04.63 | 1:44.54 | 2:16.87 |
| 13. Jelte de Jong | ZPCH | 200900975 | 2:18.11 | +0,72 | 500 | 28.81 | 1:03.10 | 1:45.17 | 2:18.11 |
| 14. Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 2:18.17 | +0,73 | 499 | 30.43 | 1:06.82 | 1:48.16 | 2:18.17 |
| 15. Jaydey Schonewille | Steenwijk 1934 | 200800025 | 2:18.43 | +0,78 | 496 | 30.38 | 1:07.16 | 1:47.80 | 2:18.43 |
| 16. Adriaan Coppelmans | AZC | 200903243 | 2:18.48 | +0,67 | 496 | 30.97 | 1:06.70 | 1:46.14 | 2:18.48 |
| 17. Kaan Sudak | Blue Marlins | 200803733 | 2:18.86 | +0,63 | 492 | 27.61 | 1:04.67 | 1:47.54 | 2:18.86 |
| 18. Willem Weustink | Team Noord Holland | 200800109 | 2:19.07 | +0,67 | 489 | 28.93 | 1:04.50 | 1:46.49 | 2:19.07 |
| 19. Giulian Janssen | PSV | 200900125 | 2:19.09 | +0,66 | 489 | 29.40 | 1:07.43 | 1:47.76 | 2:19.09 |
| 20. Ivo Bot | Wiekslag | 200900509 | 2:19.27 | +0,77 | 487 | 29.55 | 1:05.30 | 1:47.79 | 2:19.27 |
| 21. Feddo Smink | ZPC AMERSFOORT | 200900007 | 2:19.34 | +0,65 | 487 | 29.21 | 1:05.81 | 1:47.70 | 2:19.34 |
| 22. Rens Noordover | Team Noord Holland | 200800237 | 2:19.55 | +0,71 | 484 | 30.75 | 1:07.19 | 1:47.46 | 2:19.55 |
| 23. Tim Boerefijn | WVZ | 200802815 | 2:19.78 | +0,75 | 482 | 30.31 | 1:05.42 | 1:48.81 | 2:19.78 |
| 24. Martijn Nies | PSV | 200902095 | 2:20.26 | +0,76 | 477 | 29.31 | 1:04.29 | 1:48.73 | 2:20.26 |
| 25. Filip Piszczynski | KSN (SG) | 200802125 | 2:21.15 | +0,65 | 468 | 29.89 | 1:06.51 | 1:47.62 | 2:21.15 |
| 26. Liam Diavatopoulos | Aqua-Novio'94 | 200802549 | 2:21.97 | +0,78 | 460 | 30.85 | 1:08.74 | 1:48.90 | 2:21.97 |
| 27. Mike Hilders | De Dolfijn | 200900281 | 2:22.11 | +0,80 | 459 | 30.51 | 1:05.63 | 1:49.00 | 2:22.11 |
| 28. Koen de Vries | MZ&PC De Reest | 200802379 | 2:22.15 | +0,69 | 458 | 30.66 | 1:08.57 | 1:49.48 | 2:22.15 |
| 29. Arjan Boogaard | Deltasteur | 200800093 | 2:23.00 | +0,68 | 450 | 31.28 | 1:08.93 | 1:51.50 | 2:23.00 |
| 30. Bas Mostert | VZC | 200800629 | 2:23.21 | +0,78 | 448 | 31.14 | 1:09.76 | 1:52.69 | 2:23.21 |
| 31. Gijs Hartwijk | ZVL-1886 | 200800573 | 2:23.22 | +0,62 | 448 | 30.83 | 1:08.45 | 1:50.27 | 2:23.22 |
| 32. Wanne van Geest | ZV Vlaardingen-Schiedam | 200901425 | 2:23.39 | +0,71 | 446 | 29.08 | 1:06.59 | 1:50.83 | 2:23.39 |
| 33. Cruz de Groot | Team Noord Holland | 200801077 | 2:23.79 | +0,68 | 443 | 29.57 | 1:07.10 | 1:47.91 | 2:23.79 |
| 34. Bjorn Scholten | WS Twente | 200801143 | 2:23.86 | +0,78 | 442 | 30.50 | 1:04.92 | 1:51.84 | 2:23.86 |
| 35. Youp Stuijzand | ZV 44 | 200800521 | 2:24.23 | +0,68 | 439 | 30.97 | 1:11.58 | 1:52.60 | 2:24.23 |
| 36. Felix Gepkens | VZC | 200800631 | 2:24.67 | +0,72 | 435 | 29.74 | 1:05.14 | 1:51.80 | 2:24.67 |
| 37. Jamie Kenworthy | De Dolfijn | 200800045 | 2:24.72 | +0,67 | 434 | 30.81 | 1:07.69 | 1:50.57 | 2:24.72 |
| 38. Niek Sonneveld | WVZ | 200802631 | 2:24.81 | +0,70 | 433 | 30.97 | 1:07.65 | 1:51.83 | 2:24.81 |
| 39. Jesse Molegraaf | ZPC AMERSFOORT | 200800887 | 2:25.86 | +0,66 | 424 | 28.90 | 1:06.78 | 1:48.62 | 2:25.86 |
| 40. Rein Stoel | ZVL-1886 | 200800463 | 2:25.92 | +0,76 | 424 | 30.38 | 1:06.11 | 1:50.87 | 2:25.92 |
| 41. Sverre van der Zwaan | WVZ | 200900737 | 2:26.03 | +0,72 | 423 | 32.08 | 1:08.92 | 1:52.28 | 2:26.03 |
| 42. Brent Schifflers | ZPC Woerden | 200902041 | 2:26.20 | +0,73 | 421 | 31.89 | 1:07.97 | 1:52.21 | 2:26.20 |
| NG Suraj Baladurage | Team Noord Holland | 200801291 | | | | | | | |

 Programmanr. 26
 09-12-2023

Meisjes, 200m rugslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|--|------------------|-----------|------------------|-------|-----------|-------|---------|---------|---------|
| 1. Malin Roozeboom <i>NR 12 jarigen</i> | WVZ | 201100006 | 2:20.80 | +0,71 | 602 | 34.16 | 1:10.60 | 1:46.12 | 2:20.80 |
| 2. Frédérique Nijziel | PSV | 201103114 | 2:31.50 * | +0,68 | 483 | 34.40 | 1:12.33 | 1:51.73 | 2:31.50 |
| 3. Elin Reinstra | TriVia | 201100842 | 2:31.96 | +0,77 | 479 | 35.59 | 1:13.78 | 1:53.68 | 2:31.96 |
| 4. Yill van Bezouw | Hieronimus | 201100704 | 2:35.26 | +0,68 | 449 | 36.02 | 1:15.58 | 1:55.75 | 2:35.26 |
| 5. Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 2:37.43 | +0,71 | 431 | 37.04 | 1:16.68 | 1:57.46 | 2:37.43 |
| 6. Odenza Sospelisa | Blue Marlins | 201101780 | 2:38.17 * | +0,73 | 425 | 37.03 | 1:17.54 | 1:58.19 | 2:38.17 |
| 7. Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 2:38.44 | +0,73 | 423 | 37.44 | 1:17.63 | 1:58.51 | 2:38.44 |
| 8. Milou Filemon | Blue Marlins | 201100078 | 2:38.48 | +0,77 | 422 | 37.56 | 1:18.18 | 1:59.11 | 2:38.48 |
| 9. Casharell Kraan | Blue Marlins | 201103426 | 2:38.70 | +0,73 | 420 | 37.36 | 1:18.71 | 1:59.96 | 2:38.70 |
| 10. M. Gliese-Slooijer | De Dinkel | 201100008 | 2:39.29 | +0,84 | 416 | 36.73 | 1:16.57 | 1:58.34 | 2:39.29 |
| 11. Noa van Zalk | ZPC AMERSFOORT | 201102534 | 2:39.43 | +0,67 | 415 | 38.05 | 1:18.41 | 1:59.49 | 2:39.43 |
| 12. Simone Brobbel | ZPC Numansdorp | 201200058 | 2:40.65 | +0,78 | 405 | 38.64 | 1:20.65 | 2:02.29 | 2:40.65 |
| 13. Esmee Reuver | ZC Polaris | 201100846 | 2:41.41 | +0,71 | 400 | 38.34 | 1:19.43 | 2:01.11 | 2:41.41 |
| 14. Lola Verheijen | PSV | 201100832 | 2:41.81 | +0,86 | 397 | 38.66 | 1:21.16 | 2:02.41 | 2:41.81 |
| 15. Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 2:41.82 | +0,81 | 397 | 37.90 | 1:20.31 | 2:02.45 | 2:41.82 |
| 16. Anna Lepoutre | PSV | 201100534 | 2:42.04 | +0,74 | 395 | 39.01 | 1:20.96 | 2:02.40 | 2:42.04 |
| 17. Sterre de Veen | Hellas-Glana | 201100086 | 2:42.70 | +0,71 | 390 | 38.92 | 1:20.49 | 2:02.05 | 2:42.70 |

Programmanr. 26, Meisjes, 200m rugslag, Junioren 1 en 2

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|-------------------------|-----------------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 18. Mette Hogenhuis | Zwernlust- den Hommel | 201101254 | 2:42.96 | +0,86 | 388 | 37.90 | 1:20.11 | 2:03.04 | 2:42.96 |
| 19. Elke Kriesels | Hieronymus | 201100898 | 2:43.12 | +0,74 | 387 | 37.75 | 1:19.02 | 2:02.18 | 2:43.12 |
| 20. Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 2:44.01 | +0,74 | 381 | 37.91 | 1:19.80 | 2:02.53 | 2:44.01 |
| 21. Rozalia Diederiks | ZVL-1886 | 201100904 | 2:45.17 | +0,85 | 373 | 40.69 | 1:22.09 | 2:04.37 | 2:45.17 |
| 22. Chloé in 't Veen | WVZ | 201100010 | 2:45.87 | +0,66 | 368 | 39.74 | 1:21.49 | 2:03.89 | 2:45.87 |
| 23. Amila Mustafic | DZ&PC | 201200026 | 2:46.00 | +0,69 | 367 | 38.70 | 1:22.18 | 2:05.93 | 2:46.00 |
| 24. Alaine Dumont | ZV De Watervogels | 201102140 | 2:46.14 | +0,62 | 366 | 38.73 | 1:21.51 | 2:05.40 | 2:46.14 |
| 25. Annefleur Schraa | SWOL 1894 | 201100044 | 2:46.18 | +0,67 | 366 | 40.03 | 1:22.55 | 2:05.18 | 2:46.18 |
| 26. Noa Spaans | De Dolfijn | 201100222 | 2:46.88 | +0,67 | 362 | 39.60 | 1:22.44 | 2:06.34 | 2:46.88 |
| 27. Julia Bannatyne | BZ&PC | 201201020 | 2:47.15 | +0,73 | 360 | 40.27 | 1:24.07 | 2:06.14 | 2:47.15 |
| 28. Minke Bouman | Blue Marlins | 201100104 | 2:47.94 | +0,80 | 355 | 39.95 | 1:22.81 | 2:06.62 | 2:47.94 |
| 29. Melody Paulussen | De Dolfijn | 201101106 | 2:49.47 | +0,74 | 345 | 40.87 | 1:23.92 | 2:07.66 | 2:49.47 |
| 30. Julia Ketelaars | Hellas-Glana | 201200028 | 2:50.23 | +0,64 | 341 | 40.48 | 1:23.67 | 2:07.93 | 2:50.23 |
| 31. Meike van der Klugt | WVZ | 201100808 | 2:50.75 | +0,64 | 337 | 39.14 | 1:22.41 | 2:07.17 | 2:50.75 |
| 32. Juno Toornend | Team Noord Holland | 201101718 | 2:50.77 | +0,79 | 337 | 40.83 | 1:23.65 | 2:07.70 | 2:50.77 |
| 33. Esra Simon | Hellas-Glana | 201100004 | 2:50.84 | +0,62 | 337 | 39.43 | 1:22.27 | 2:07.09 | 2:50.84 |
| 34. Alissa Rooijackers | Z&PV Nuenen | 201101892 | 2:50.98 | +0,71 | 336 | 39.68 | 1:23.90 | 2:07.79 | 2:50.98 |
| 35. Eva ter Horst | ZPC Hoogeveen | 201200070 | 2:51.72 | +0,65 | 332 | 43.36 | 1:28.43 | 2:12.57 | 2:51.72 |
| 36. Isabel Amelink | Deltasteur | 201100196 | 2:51.85 | +0,76 | 331 | 40.58 | 1:25.21 | 2:10.35 | 2:51.85 |
| 37. Sara Creemers | Hellas-Glana | 201100242 | 2:52.15 | +0,77 | 329 | 40.18 | 1:24.85 | 2:09.68 | 2:52.15 |
| 38. Lise Markes | SBC2000 | 201101276 | 2:52.55 | +0,65 | 327 | 40.45 | 1:24.50 | 2:10.05 | 2:52.55 |
| 39. Fanni Farkas | De Columbiaan | 201100360 | 2:52.71 | +0,84 | 326 | 42.96 | 1:27.99 | 2:11.69 | 2:52.71 |
| 40. Vicky Horens | Hellas-Glana | 201200252 | 2:52.87 | +0,64 | 325 | 41.32 | 1:25.99 | 2:10.77 | 2:52.87 |
| 41. Elle van Gemenen | DAW | 201100428 | 2:53.07 | +0,68 | 324 | 40.98 | 1:25.91 | 2:10.80 | 2:53.07 |
| 42. Norell Kroeze | ZC Polaris | 201100378 | 2:54.18 | +0,78 | 318 | 42.47 | 1:26.76 | 2:10.84 | 2:54.18 |
| 43. Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 2:56.28 | +0,75 | 307 | 40.63 | 1:26.49 | 2:13.54 | 2:56.28 |
| 44. Morrison Schram | De Schelde | 201100686 | 2:56.53 | +0,60 | 305 | 40.87 | 1:26.49 | 2:13.10 | 2:56.53 |
| 45. Carlijn Dezutter | Scheldestroom | 201100770 | 2:56.95 | +0,71 | 303 | 42.86 | 1:27.52 | 2:12.21 | 2:56.95 |
| 46. Nynke Muntinga | ZPC | 201100060 | 2:58.54 | +0,79 | 295 | 40.56 | 1:25.54 | 2:12.11 | 2:58.54 |
| 47. Syll Rinsma | Orca | 201200798 | 2:59.32 | +0,73 | 291 | 41.16 | 1:27.50 | 2:15.19 | 2:59.32 |
| 48. Emma van den Berg | V.Z.V. Njord | 201100830 | 3:01.92 | +0,84 | 279 | 42.58 | 1:30.35 | 2:18.33 | 3:01.92 |
| 49. Roubin van Kampen | ZPCH | 201200370 | 3:06.31 | +0,73 | 260 | 44.46 | 1:31.39 | 2:19.63 | 3:06.31 |
| 50. Charlie Klaver | De Dolfijn | 201102094 | 3:11.77 | +0,78 | 238 | 44.50 | 1:34.09 | 2:23.43 | 3:11.77 |

 Programmanr. 27
09-12-2023

Meisjes, 200m rugslag

 Junioren 3 en 4
Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|-----------------------|------------------|-----------|------------------|-------|-----------|-------|---------|---------|---------|
| 1. Fay Boxum | DZ&PC | 200900060 | 2:18.10 | +0,61 | 638 | 31.81 | 1:06.87 | 1:42.46 | 2:18.10 |
| 2. Elin Ditewig | VZC | 200900392 | 2:19.55 | +0,69 | 619 | 32.88 | 1:08.81 | 1:44.75 | 2:19.55 |
| 3. Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 2:19.89 | +0,57 | 614 | 32.36 | 1:08.38 | 1:45.03 | 2:19.89 |
| 4. Fenna Zusterzeel | PSV | 201000008 | 2:23.22 | +0,59 | 572 | 33.36 | 1:09.84 | 1:46.64 | 2:23.22 |
| 5. Luus Gielens | PSV | 200900138 | 2:23.91 | +0,73 | 564 | 33.82 | 1:10.55 | 1:47.15 | 2:23.91 |
| 6. Fenna Westerneng | DZ&PC | 200900070 | 2:25.25 * | +0,75 | 549 | 35.03 | 1:11.80 | 1:48.89 | 2:25.25 |
| 7. Nienke Koster | ZPC Hoogeveen | 200900612 | 2:25.83 | +0,56 | 542 | 33.67 | 1:10.84 | 1:49.09 | 2:25.83 |
| 8. Myrthe Stelten | Hellas-Glana | 200900234 | 2:26.05 | +0,65 | 540 | 33.79 | 1:10.24 | 1:48.47 | 2:26.05 |
| 9. Madeleine Bertram | De Dolfijn | 200900516 | 2:27.96 | +0,65 | 519 | 33.69 | 1:10.31 | 1:48.92 | 2:27.96 |
| 10. Vera de Boer | MZ&PC De Reest | 200900512 | 2:28.70 | +0,74 | 511 | 34.52 | 1:11.96 | 1:50.91 | 2:28.70 |
| 11. Ece Öngören | Blue Marlins | 200903862 | 2:28.76 | +0,71 | 511 | 33.70 | 1:10.47 | 1:48.97 | 2:28.76 |
| 12. Amber Kunst | DAW | 200900680 | 2:29.15 | +0,61 | 507 | 34.75 | 1:12.67 | 1:51.20 | 2:29.15 |
| 13. Tereza Boom | PSV | 200904028 | 2:29.67 | +0,56 | 501 | 34.62 | 1:13.90 | 1:52.24 | 2:29.67 |
| 14. Fenne Metten | ZPC AMERSFOORT | 201000102 | 2:30.14 | +0,75 | 497 | 36.98 | 1:15.29 | 1:53.67 | 2:30.14 |
| 15. Iris Tilburg | Arethusa | 200902662 | 2:31.70 * | +0,77 | 481 | 35.22 | 1:13.13 | 1:52.62 | 2:31.70 |
| 16. Erin de Jong | GZC DONK | 201000024 | 2:32.01 | +0,77 | 479 | 35.54 | 1:14.14 | 1:53.43 | 2:32.01 |
| 17. Marjolie Spelde | ZC Borger | 200900266 | 2:32.55 | +0,70 | 473 | 34.79 | 1:13.18 | 1:53.06 | 2:32.55 |
| 18. Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | 2:33.00 | +0,62 | 469 | 34.46 | 1:13.20 | 1:52.79 | 2:33.00 |

Programmanr. 27, Meisjes, 200m rugslag, Junioren 3 en 4

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|--------------------------|----------------|-----------|------------------|-------|-----------|-------|---------|---------|---------|
| 19. K. van der Schrier | Hieronymus | 200900834 | 2:33.34 | +0,69 | 466 | 34.79 | 1:12.83 | 1:52.89 | 2:33.34 |
| 20. Anouk Steller | WVZ | 201000004 | 2:33.45 | +0,63 | 465 | 34.47 | 1:13.08 | 1:53.39 | 2:33.45 |
| 21. Gwen Hermans | De Columbiaan | 200900058 | 2:33.60 | +0,67 | 464 | 35.72 | 1:14.87 | 1:55.23 | 2:33.60 |
| 22. Nikki Hofland | MSV-Zeemacht | 200900244 | 2:33.79 | +0,74 | 462 | 36.08 | 1:15.16 | 1:54.74 | 2:33.79 |
| 23. Mariia Kostina | Blue Marlins | 201002042 | 2:34.38 | +0,71 | 457 | 34.46 | 1:13.40 | 1:54.36 | 2:34.38 |
| 24. Charlotte Landman | ESCA Zwemmen | 200901290 | 2:34.42 | +0,79 | 456 | 35.74 | 1:15.11 | 1:55.27 | 2:34.42 |
| 25. Myla Klaassen | Aqua-Novio'94 | 200900110 | 2:34.43 | +0,54 | 456 | 35.45 | 1:14.49 | 1:54.55 | 2:34.43 |
| 26. Anne Engbersen | ZPC AMERSFOORT | 201000044 | 2:35.04 | +0,75 | 451 | 34.31 | 1:13.88 | 1:55.09 | 2:35.04 |
| 27. Chiara Lammertink | ZV 44 | 200902200 | 2:35.29 * | +0,73 | 449 | 36.26 | 1:15.55 | 1:56.33 | 2:35.29 |
| 28. Julia D browska | Blue Marlins | 201000300 | 2:35.40 | +0,78 | 448 | 35.61 | 1:14.40 | 1:54.82 | 2:35.40 |
| 29. Nina van der Schrier | AZC | 201000444 | 2:35.52 | +0,71 | 447 | 36.07 | 1:15.15 | 1:55.85 | 2:35.52 |
| 30. Tess van de Steeg | WVZ | 201000016 | 2:35.65 | +0,66 | 446 | 36.26 | 1:15.49 | 1:55.48 | 2:35.65 |
| 31. Esmé Sportel | Dedemsvaart-AC | 200900682 | 2:36.23 | +0,69 | 441 | 36.42 | 1:16.26 | 1:56.77 | 2:36.23 |
| 32. Elin Baars | DWK | 201000138 | 2:37.80 | +0,72 | 428 | 37.21 | 1:15.89 | 1:56.84 | 2:37.80 |
| 33. Senna Rijnbeek | ZPC AMERSFOORT | 200901480 | 2:39.93 | +0,73 | 411 | 34.55 | 1:15.42 | 1:57.84 | 2:39.93 |
| AFGEM Puck van Wees | De Dolfijn | 200901020 | | | | | | | |

 Programmanr. 28
 09-12-2023

Jongens, 4 x 100m wisselslag

 Junioren
 Resultaten

Punten: FINA 2023

| rang | vereniging | | tijd | RT | FINA |
|-------------------------|-----------------------|---------------------|----------------|-------------|---------|
| 1. Blue Marlins 1 | Blue Marlins | | 4:00.89 | +0,67 | 563 |
| | Xiaoyu Yin | +0,67 28.67 59.65 | | +0,39 28.03 | 1:01.51 |
| | Thygo van de Peppel | +0,59 32.05 1:08.96 | | +0,32 24.34 | 50.77 |
| 2. Team Noord Holland 1 | Team Noord Holland | | 4:01.37 | +0,67 | 560 |
| | Giovanni Phillipson | +0,67 27.74 57.37 | | +0,28 27.27 | 59.96 |
| | Cruz de Groot | +0,18 32.11 1:10.09 | | +0,21 25.30 | 53.95 |
| 3. ZPC AMERSFOORT 1 | ZPC AMERSFOORT | | 4:06.59 | +0,77 | 525 |
| | Tobian Vos | +0,77 29.88 1:00.79 | | +0,47 28.49 | 1:02.06 |
| | Rens van Wijngaarden | +0,72 33.61 1:10.15 | | +0,54 25.81 | 53.59 |
| 4. De Dinkel 1 | De Dinkel | | 4:10.84 | +0,70 | 499 |
| | Milan Veelders | +0,70 30.46 1:03.07 | | +0,54 28.37 | 1:01.70 |
| | Job Sportel | +0,50 32.51 1:09.09 | | +0,49 26.73 | 56.98 |
| 5. De Dolfijn 1 | De Dolfijn | | 4:14.03 | +0,65 | 480 |
| | Luca Boorsma | +0,65 29.17 1:00.71 | | +0,45 28.00 | 1:03.17 |
| | Brian Arturo Bloemsma | +0,62 34.24 1:13.16 | | +0,53 27.28 | 56.99 |
| 6. PSV 2 | PSV | | 4:15.94 | +0,72 | 469 |
| | Tim van de Moosdijk | +0,72 31.64 1:05.05 | | +0,78 29.43 | 1:03.95 |
| | Jonathan Baaijens | +0,24 32.79 1:09.55 | | +0,58 27.58 | 57.39 |
| 7. VZC 1 | VZC | | 4:17.13 | +0,57 | 463 |
| | Felix Gepkens | +0,57 31.02 1:03.48 | | +0,38 30.33 | 1:05.65 |
| | Rijk Leenders | +0,36 33.14 1:10.89 | | +0,54 27.38 | 57.11 |
| 8. Aqua-Novio'94 1 | Aqua-Novio'94 | | 4:20.19 | +0,65 | 447 |
| | Tim Brouwer | +0,65 31.55 1:05.57 | | +0,14 29.47 | 1:04.80 |
| | Liam Diavatopoulos | +0,37 32.08 1:10.17 | | +0,38 28.32 | 59.65 |
| 9. WVZ 1 | WVZ | | 4:25.99 | +0,63 | 418 |
| | Niek Sonneveld | +0,63 30.03 1:01.98 | | +0,33 29.50 | 1:03.78 |
| | Sverre van der Zwaan | +0,35 36.16 1:18.31 | | +0,42 29.02 | 1:01.92 |
| 10. HZ&PC Heerenveen 1 | HZ&PC Heerenveen | | 4:26.59 | +0,75 | 415 |
| | Finn Eghuizen | +0,75 32.28 1:06.61 | | +0,60 30.03 | 1:05.17 |
| | Gijs Koehoorn | +0,02 32.90 1:10.40 | | +0,39 29.58 | 1:04.41 |
| 11. ACZ 1 | ACZ | | 4:27.76 | +0,60 | 410 |
| | Milán Biró | +0,60 32.76 1:08.37 | | +0,48 27.56 | 59.52 |
| | Luka Arkesteijn | +0,24 36.18 1:19.29 | | +0,49 29.44 | 1:00.58 |
| 12. DZ&PC 1 | DZ&PC | | 4:27.86 | +0,73 | 409 |
| | Roy Hofman | +0,73 34.66 1:10.85 | | +0,50 28.04 | 1:02.55 |
| | Hein Muller | +0,71 32.25 1:09.79 | | +0,47 31.60 | 1:04.67 |

Programmanr. 28, Jongens, 4 x 100m wisselslag, Junioren

| rang | vereniging | tijd | RT | FINA | |
|------|--|--|---------------------------------------|--|---------------------------|
| 13. | Polaris 1 Colin Beuker Gerjan Berends | ZC Polaris +0,83 31.03 1:04.77 +0,52 33.40 1:12.45 | Deaquan Ramos Kyran Kroeze | 4:29.06 +0,83 +0,48 29.23 +0,55 30.70 | 404 1:06.58 1:05.26 |
| 14. | ZPCH 1 Figo van Duuren Jelte de Jong | ZPCH +0,63 32.01 1:05.86 +0,46 35.21 1:14.54 | Lucas Schouten Baris Tomu | 4:30.43 +0,63 +0,69 31.56 +0,44 29.43 | 398 1:08.68 1:01.35 |
| 15. | AZC 1 Thomas Braat Adriaan Coppelmans | AZC +0,82 35.04 1:14.07 +0,62 33.53 1:12.32 | Sascha Timmer Bink de Vries | 4:31.41 +0,82 +0,58 29.23 +0,53 28.10 | 394 1:04.88 1:00.14 |
| 16. | ZVL-1886 1 Rein Stoel Jan Schouten | ZVL-1886 +0,64 30.58 1:03.25 +0,53 35.39 1:15.61 | Gijs Hartwijk Jochem Evers | 4:33.06 +0,64 +0,30 29.77 +0,57 31.76 | 386 1:05.55 1:08.65 |
| 17. | DWK 1 Quinn Frunt Ruben Baars | DWK +0,73 33.36 1:09.32 +0,59 32.49 1:10.76 | Sven Potappel Nordin Vermeer | 4:33.25 +0,73 +0,70 32.24 +0,62 29.45 | 386 1:09.96 1:03.21 |
| 18. | Steenwijk 1934 1 Dyon Scholten Sven Casper Hageman | Steenwijk 1934 +0,63 33.87 1:11.42 +0,41 35.98 1:17.60 | Jaydey Schonewille Ivan Vuist | 4:35.14 +0,63 +0,49 28.41 +0,32 28.81 | 378 1:03.97 1:02.15 |
| 19. | ZV 44 Amor van der Veen Youp Stuijzand | ZV 44 +0,70 34.10 1:11.21 +0,35 32.34 1:08.94 | Ruben Nooter Matthijs van Velzen | 4:35.29 +0,70 +0,46 31.14 +0,73 29.64 | 377 1:11.17 1:03.97 |
| DIS | Blue Marlins 2 <i>SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.</i> | Blue Marlins +0,68 32.55 1:07.07 +0,41 | Aidan van der Stelt Fabian Riedijk | +0,68 +0,72 +0,33 | |
| DIS | PSV 1 <i>VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i> | PSV +0,78 30.62 1:04.15 +0,83 31.11 1:09.41 | Jones Chuang Theodore Allan | +0,78 +0,47 +0,33 | |

 Programmanr. 29
09-12-2023

Meisjes, 4 x 100m vrije slag

 Junioren
Resultaten

Punten: FINA 2023

| rang | vereniging | tijd | RT | FINA | |
|------|---|--|---|--|---------------------------|
| 1. | PSV 1 Luus Gielens Bregje Dekkers | PSV +0,88 29.60 1:01.83 +0,55 29.28 1:01.23 | Tereza Boom Kinley Cole | 4:03.35 +0,88 +0,49 28.86 +0,45 28.21 | 601 1:00.50 59.79 |
| 2. | ZPC AMERSFOORT 1 Anne Engbersen Robine Moot | ZPC AMERSFOORT +0,77 29.07 1:00.99 +0,52 28.76 1:00.90 | Sterre Dietvorst Senna Rijnbeek | 4:03.53 +0,77 +0,52 29.07 +0,40 28.80 | 600 1:00.92 1:00.72 |
| 3. | DZ&PC 1 Fenna Westermeng Fay Boxum | DZ&PC +0,75 29.18 59.82 +0,69 27.54 57.79 | Amila Mustafic Ilse Wiltjer | 4:04.32 +0,75 +0,64 31.31 29.13 | 594 1:05.12 1:01.59 |
| 4. | De Dolfijn 1 Madeleine Bertram Elin Brinkhof | De Dolfijn +0,74 28.70 1:00.00 +0,55 29.84 1:01.54 | Carla Moreno Palacios Yara van Asselen | 4:04.80 +0,74 +0,39 29.00 +0,50 29.78 | 590 1:00.20 1:03.06 |
| 5. | Aqua-Novio'94 1 Tara Langkamp Caitlin Sülter | Aqua-Novio'94 +0,73 29.26 1:01.19 +0,46 29.71 1:02.06 | Jaydee Leenders Myla Klaassen | 4:06.53 +0,73 +0,45 29.35 +0,34 29.66 | 578 1:02.19 1:01.09 |
| 6. | Blue Marlins 1 Mijke Ouderkerken Maria Kostina | Blue Marlins +0,77 30.65 1:03.17 +0,45 29.11 1:02.00 | Julia D browska Fleur van den Eijk | 4:08.18 +0,77 +1,76 28.86 +0,30 28.89 | 567 1:01.84 1:01.17 |
| 7. | DAW 1 Amber Kunst Megan Snoek | DAW +0,72 29.95 1:01.68 +0,53 29.14 1:03.31 | Eva Leuerman Flo Streep | 4:10.65 +0,72 +0,49 30.91 +0,36 28.73 | 550 1:05.05 1:00.61 |

Programmanr. 29, Meisjes, 4 x 100m vrije slag, Junioren

| rang | vereniging | tijd | RT | FINA |
|-------|---|--|---|--|
| 8. | PSV 2 Anna Lepoutre Lola Verheijen | PSV +0,72 30.89 1:03.84 +0,48 30.38 1:05.27 | Fenna Zusterzeel Frédérique Nijziel | 4:12.51 +0,72 538 +0,20 29.02 1:00.59 +0,57 29.43 1:02.81 |
| 9. | DWK 1 Karijñ Siderius Elin Baars | DWK +0,76 30.11 1:03.50 +0,55 31.27 1:05.91 | Maryse Kuijper Tessa van Beek | 4:15.87 +0,76 517 +0,32 29.54 1:03.03 +0,82 30.76 1:03.43 |
| 10. | Blue Marlins 2 Casharell Kraan Manou Longayroux | Blue Marlins +0,70 30.55 1:04.17 +0,12 31.82 1:06.31 | Odenza Soselisa Ece Öngören | 4:17.45 +0,70 508 +0,61 30.82 1:04.71 +0,64 29.60 1:02.26 |
| 11. | WVZ 1 Faye Thijse Sanne Mulder | WVZ +0,80 30.12 1:02.46 +0,57 31.91 1:08.20 | Anouk Steller Tess van de Steeg | 4:18.39 +0,80 502 +0,38 30.22 1:03.85 +0,41 30.42 1:03.88 |
| 12. | ZV 44 Chiara Lammertink Marre van der Wal | ZV 44 +0,75 29.43 1:01.84 +0,68 31.39 1:04.55 | Lisa van Velzen Paula Spans | 4:19.06 +0,75 498 +0,42 32.71 1:10.25 +0,60 30.02 1:02.42 |
| 13. | ZPC AMERSFOORT 2 Fenne Metten Esmaé de Gans | ZPC AMERSFOORT +0,63 30.55 1:03.52 +0,50 30.81 1:03.92 | Ylène Zondervan Noa van Zalk | 4:19.99 +0,63 493 +0,69 31.70 1:06.89 +0,58 31.36 1:05.66 |
| 14. | Dedemsvaart-AC 1 Daphne Dijsselhof Suus Hoogeveen | Dedemsvaart-AC +0,78 30.86 1:03.28 +0,19 31.17 1:06.26 | Sjors Werger Esmé Sportel | 4:22.31 +0,78 480 +0,42 31.55 1:08.10 +0,36 31.74 1:04.67 |
| 15. | De Dinkel 1 Mila Soethof Lynn ten Berge | De Dinkel +0,71 31.20 1:05.94 +0,39 30.24 1:04.49 | Nienke Bulter Mattea Gliese-Sloojier | 4:23.71 +0,71 472 +0,49 32.31 1:07.88 +0,44 30.58 1:05.40 |
| 16. | HZ&PC Heerenveen 1 Milou Geneuglijk Lobke Hempenius | HZ&PC Heerenveen +0,71 31.14 1:05.49 +0,41 33.61 1:11.24 | Elise Dorlandt Silke Hooghiemstra | 4:24.79 +0,71 466 +0,48 32.43 1:07.62 +0,28 29.26 1:00.44 |
| AFGEM | ZPCH 1 | ZPCH | | |
| NG | GZC DONK 1 | GZC DONK | | |

 Programmanr. 30
10-12-2023

Meisjes, 100m vrije slag

 Junioren 1 en 2
Resultaten

Punten: FINA 2023

| rang | naam | vereniging | tijd | RT | fin.FINA | 50m | 100m |
|------|------------------------|----------------|-----------|----------------------|----------|-------|---------|
| 1. | Malin Roozeboom | WVZ | 201100006 | 1:01.33 +0,71 | 550 | 29.96 | 1:01.33 |
| 2. | Frédérique Nijziel | PSV | 201103114 | 1:01.63 +0,79 | 542 | 29.97 | 1:01.63 |
| 3. | Anna Lepoutre | PSV | 201100534 | 1:02.74 +0,72 | 513 | 30.12 | 1:02.74 |
| 4. | Lola Verheijen | PSV | 201100832 | 1:02.89 +0,73 | 510 | 30.66 | 1:02.89 |
| 5. | Chloé in 't Veen | WVZ | 201100010 | 1:03.75 +0,58 | 489 | 31.32 | 1:03.75 |
| 6. | Yill van Bezouw | Hieronymus | 201100704 | 1:03.81 +0,73 | 488 | 30.63 | 1:03.81 |
| 7. | Elin Reinstra | TriVia | 201100842 | 1:04.13 +0,76 | 481 | 30.71 | 1:04.13 |
| 8. | Fanni Farkas | De Columbiaan | 201100360 | 1:04.28 +0,91 | 477 | 31.47 | 1:04.28 |
| 9. | Elke Kriesels | Hieronymus | 201100898 | 1:04.87 +0,73 | 464 | 31.10 | 1:04.87 |
| 10. | Noa van Zalk | ZPC AMERSFOORT | 201102534 | 1:05.52 +0,68 | 451 | 31.84 | 1:05.52 |
| 11. | Rozalia Diederiks | ZVL-1886 | 201100904 | 1:05.61 +0,79 | 449 | 32.12 | 1:05.61 |
| 12. | Sterre de Veen | Hellas-Glana | 201100086 | 1:05.64 +0,69 | 448 | 31.44 | 1:05.64 |
| 13. | Milou Filemon | Blue Marlins | 201100078 | 1:05.67 +0,73 | 448 | 31.63 | 1:05.67 |
| | Casharell Kraan | Blue Marlins | 201103426 | 1:05.67 +0,70 | 448 | 31.24 | 1:05.67 |
| 15. | Odenza Soselisa | Blue Marlins | 201101780 | 1:06.29 +0,60 | 435 | 31.78 | 1:06.29 |
| 16. | Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 1:06.38 +0,81 | 433 | 31.56 | 1:06.38 |
| 17. | Isabel Amelink | Deltasteur | 201100196 | 1:06.48 +0,76 | 431 | 32.19 | 1:06.48 |
| 18. | Mattea Gliese-Sloojier | De Dinkel | 201100008 | 1:06.74 +0,67 | 426 | 31.45 | 1:06.74 |
| 19. | Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 1:07.23 +0,87 | 417 | 32.41 | 1:07.23 |
| 20. | Emma van den Berg | V.Z.V. Njord | 201100830 | 1:07.25 +0,93 | 417 | 32.71 | 1:07.25 |
| 21. | Amila Mustafic | DZ&PC | 201200026 | 1:07.47 +0,80 | 413 | 32.33 | 1:07.47 |
| 22. | Norell Kroeze | ZC Polarís | 201100378 | 1:07.60 +0,83 | 410 | 32.65 | 1:07.60 |

Programmanr. 30, Meisjes, 100m vrije slag, Junioren 1 en 2

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---------------------|-----------------------------|-----------|----------------------|----|----------|-------|---------|
| 23. | Julia Ketelaars | Hellas-Glana | 201200028 | 1:07.75 +0,75 | | 408 | 32.57 | 1:07.75 |
| 24. | Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 1:07.86 +0,89 | | 406 | 32.47 | 1:07.86 |
| 25. | Roubin van Kampen | ZPCH | 201200370 | 1:08.14 +0,72 | | 401 | 33.48 | 1:08.14 |
| 26. | Alaine Dumont | ZV De Watervogels | 201102140 | 1:08.35 +0,68 | | 397 | 33.07 | 1:08.35 |
| 27. | Simone Brobbel | ZPC Numansdorp | 201200058 | 1:08.40 +0,78 | | 396 | 32.57 | 1:08.40 |
| 28. | Julia Bannatyne | BZ&PC | 201201020 | 1:08.44 +0,76 | | 395 | 32.72 | 1:08.44 |
| 29. | Juno Toornend | Team Noord Holland | 201101718 | 1:08.53 +0,80 | | 394 | 32.87 | 1:08.53 |
| 30. | Nynke Muntinga | ZPCH | 201100060 | 1:08.65 +0,56 | | 392 | 32.86 | 1:08.65 |
| 31. | Melody Paulussen | De Dolfijn | 201101106 | 1:08.70 +0,76 | | 391 | 33.04 | 1:08.70 |
| 32. | Noa Spaans | De Dolfijn | 201100222 | 1:08.94 +0,80 | | 387 | 32.89 | 1:08.94 |
| 33. | Alissa Rooijakkers | Z&PV Nuenen | 201101892 | 1:09.13 +0,70 | | 384 | 32.97 | 1:09.13 |
| 34. | Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 1:09.25 +0,67 | | 382 | 33.28 | 1:09.25 |
| 35. | Minke Bouman | Blue Marlins | 201100104 | 1:09.82 +0,67 | | 372 | 33.70 | 1:09.82 |
| 36. | Annefleur Schraa | SWOL 1894 | 201100044 | 1:09.91 +0,79 | | 371 | 33.96 | 1:09.91 |
| 37. | Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 1:09.93 +0,82 | | 371 | 33.54 | 1:09.93 |
| 38. | Lise Markes | SBC2000 | 201101276 | 1:10.10 +0,78 | | 368 | 33.95 | 1:10.10 |
| 39. | Esra Simon | Hellas-Glana | 201100004 | 1:10.16 +0,70 | | 367 | 33.75 | 1:10.16 |
| 40. | Meike van der Klugt | WVZ | 201100808 | 1:11.05 +0,78 | | 353 | 34.04 | 1:11.05 |
| 41. | Carlijn Dezutter | Scheldestroom | 201100770 | 1:11.10 +0,79 | | 353 | 34.31 | 1:11.10 |
| 42. | Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 1:11.13 +0,66 | | 352 | 33.89 | 1:11.13 |
| 43. | Vicky Horens | Hellas-Glana | 201200252 | 1:11.14 | | 352 | 34.25 | 1:11.14 |
| 44. | Esmee Reuver | ZC Polaris | 201100846 | 1:11.25 +0,77 | | 350 | 33.91 | 1:11.25 |
| 45. | Sara Creemers | Hellas-Glana | 201100242 | 1:12.16 +0,63 | | 337 | 35.00 | 1:12.16 |
| 46. | Eva ter Horst | ZPC Hoogeveen | 201200070 | 1:12.25 +0,87 | | 336 | 34.48 | 1:12.25 |
| 47. | Morrison Schram | De Schelde | 201100686 | 1:12.39 +0,82 | | 334 | 34.94 | 1:12.39 |
| 48. | Charlie Klaver | De Dolfijn | 201102094 | 1:13.75 +0,67 | | 316 | 35.80 | 1:13.75 |
| 49. | Elle van Gemeren | DAW | 201100428 | 1:13.87 +0,75 | | 314 | 35.46 | 1:13.87 |
| 50. | Syll Rinsma | Orca | 201200798 | 1:14.53 +0,56 | | 306 | 34.92 | 1:14.53 |

 Programmanr. 31
10-12-2023

Meisjes, 100m vrije slag

 Junioren 3 en 4
Resultaten Voorrunde

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-----------------------|------------------|-----------|----------------------|----|----------|-------|---------|
| 1. | Fay Boxum | DZ&PC | 200900060 | 58.14 +0,77 | Q | 645 | 27.87 | 58.14 |
| 2. | Juliëtte Woltjes | VZC | 200900774 | 58.95 +0,81 | Q | 619 | 28.39 | 58.95 |
| 3. | Kinley Cole | PSV | 200903696 | 1:00.18 +0,71 | Q | 582 | 28.67 | 1:00.18 |
| 4. | Madeleine Bertram | De Dolfijn | 200900516 | 1:00.32 +0,76 | Q | 578 | 29.34 | 1:00.32 |
| 5. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 1:00.41 +0,73 | Q | 575 | 29.43 | 1:00.41 |
| 6. | Fenna Westerneng | DZ&PC | 200900070 | 1:00.46 +0,73 | Q | 574 | 29.21 | 1:00.46 |
| 7. | Fenna Zusterzeel | PSV | 201000008 | 1:00.67 +0,72 | Q | 568 | 29.02 | 1:00.67 |
| 8. | Anne Engbersen | ZPC AMERSFOORT | 201000044 | 1:00.72 +0,72 | Q | 566 | 28.91 | 1:00.72 |
| 9. | Carla Moreno Palacios | De Dolfijn | 201002302 | 1:00.81 +0,73 | Q | 564 | 29.31 | 1:00.81 |
| 10. | Lotte Lübbers | KSN (SG) | 200900190 | 1:00.85 +0,65 | Q | 563 | 29.28 | 1:00.85 |
| 11. | Myla Klaassen | Aqua-Novio'94 | 200900110 | 1:01.09 +0,63 | R | 556 | 29.37 | 1:01.09 |
| 12. | Flo Streep | DAW | 200900676 | 1:01.49 +0,68 | ? | 545 | 29.33 | 1:01.49 |
| | Ilse Wiltjer | DZ&PC | 200900868 | 1:01.49 +0,78 | ? | 545 | 29.73 | 1:01.49 |
| 14. | Luus Gielens | PSV | 200900138 | 1:01.55 +0,88 | | 544 | 29.52 | 1:01.55 |
| 15. | Senna Rijnbeek | ZPC AMERSFOORT | 200901480 | 1:01.57 +0,84 | | 543 | 29.11 | 1:01.57 |
| 16. | Jenny Muntinga | ZPCH | 200900450 | 1:01.60 +0,68 | | 542 | 29.26 | 1:01.60 |
| 17. | Caitlin Sülter | Aqua-Novio'94 | 200900046 | 1:01.80 +0,66 | | 537 | 30.09 | 1:01.80 |
| 18. | Tara Langkamp | Aqua-Novio'94 | 200900362 | 1:01.81 +0,76 | | 537 | 29.50 | 1:01.81 |
| 19. | Chiara Lammertink | ZV 44 | 200902200 | 1:01.89 +0,78 | | 535 | 29.21 | 1:01.89 |
| 20. | Bregje Dekkers | PSV | 200900746 | 1:02.06 +0,69 | | 530 | 29.68 | 1:02.06 |
| 21. | Amber Kunst | DAW | 200900680 | 1:02.09 +0,70 | | 530 | 29.79 | 1:02.09 |
| 22. | Charlotte Landman | ESCA Zwemmen | 200901290 | 1:02.24 +0,74 | | 526 | 29.75 | 1:02.24 |
| 23. | Suuz Griekspoor | Noordwijkerhout | 200901204 | 1:02.36 +0,79 | | 523 | 30.04 | 1:02.36 |

Programmanr. 31, Meisjes, 100m vrije slag, Voorronde, Junioren 3 en 4

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|-------|-------------------------|--------------------|-----------|----------------|-------|----------|-------|---------|
| 24. | Fleur van den Eijk | Blue Marlins | 200900304 | 1:02.62 | +0,64 | 516 | 30.02 | 1:02.62 |
| 25. | Patricia de Leu | Team Noord Holland | 200900982 | 1:02.67 | +0,65 | 515 | 29.52 | 1:02.67 |
| 26. | Simone Faber | Deltasteur | 200900710 | 1:02.81 | +0,67 | 512 | 30.32 | 1:02.81 |
| 27. | Tereza Boom | PSV | 200904028 | 1:02.82 | +0,69 | 511 | 30.07 | 1:02.82 |
| 28. | Paula Spans | ZV 44 | 201000064 | 1:02.89 | +0,74 | 510 | 30.46 | 1:02.89 |
| 29. | Karlijn Siderius | DWK | 200900032 | 1:02.99 | +0,73 | 507 | 29.57 | 1:02.99 |
| 30. | Karlijn van der Schrier | Hieronymus | 200900834 | 1:03.07 | +0,73 | 505 | 30.25 | 1:03.07 |
| 31. | Jaydee Leenders | Aqua-Novio'94 | 200900112 | 1:03.16 | +0,75 | 503 | 30.18 | 1:03.16 |
| 32. | Sterre Dietvorst | ZPC AMERSFOORT | 200900726 | 1:03.17 | +0,74 | 503 | 30.05 | 1:03.17 |
| 33. | Isis Verhoeff | De Otters Het Gooi | 200902962 | 1:03.23 | +0,68 | 501 | 29.90 | 1:03.23 |
| 34. | Famke Franzen | De Schotelij | 201000058 | 1:03.27 | +0,73 | 500 | 30.16 | 1:03.27 |
| | Eva de Man | Aqua-Novio'94 | 201000294 | 1:03.27 | +0,78 | 500 | 30.70 | 1:03.27 |
| 36. | Mariia Kostina | Blue Marlins | 201002042 | 1:03.31 | +0,70 | 500 | 30.03 | 1:03.31 |
| 37. | Nina van der Schrier | AZC | 201000444 | 1:03.33 | +0,71 | 499 | 30.16 | 1:03.33 |
| 38. | Emma Steenbrink | WS Twente | 200901376 | 1:03.53 | +0,77 | 494 | 30.43 | 1:03.53 |
| 39. | Julia D browska | Blue Marlins | 201000300 | 1:03.59 | +0,75 | 493 | 30.40 | 1:03.59 |
| 40. | Anouk Steller | WVZ | 201000004 | 1:03.75 | +0,78 | 489 | 30.29 | 1:03.75 |
| 41. | Daphne Dijsselhof | Dedemsvaart-AC | 200901690 | 1:04.04 | +0,76 | 483 | 30.75 | 1:04.04 |
| 42. | Linou van Kampen | ZPCH | 201000594 | 1:04.13 | +0,70 | 481 | 30.90 | 1:04.13 |
| 43. | Daphne Westra | De Granaet | 200900344 | 1:04.35 | +0,76 | 476 | 30.39 | 1:04.35 |
| | Fenne Metten | ZPC AMERSFOORT | 201000102 | 1:04.35 | +0,62 | 476 | 30.85 | 1:04.35 |
| 45. | Marre van der Wal | ZV 44 | 201000046 | 1:04.44 | +0,70 | 474 | 31.29 | 1:04.44 |
| 46. | Erin de Jong | GZC DONK | 201000024 | 1:04.81 | +0,85 | 466 | 30.76 | 1:04.81 |
| 47. | Esmaé de Gans | ZPC AMERSFOORT | 200900134 | 1:05.19 | +0,80 | 457 | 31.09 | 1:05.19 |
| 48. | Yara van Asselen | De Dolfijn | 200900408 | 1:05.54 | +0,75 | 450 | 31.31 | 1:05.54 |
| 49. | Megan Snoek | DAW | 200900888 | 1:05.76 | +0,71 | 446 | 30.62 | 1:05.76 |
| AFGEM | Elin Brinkhof | De Dolfijn | 200900078 | | | | | |
| AFGEM | Puck van Wees | De Dolfijn | 200901020 | | | | | |

 Programmanr. 32
 10-12-2023

Jongens, 100m schoolslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---------------------|------------------|-----------|----------------|-------|----------|-------|---------|
| 1. | Mathijs de Wit | KSN (SG) | 201001215 | 1:13.49 | +0,75 | 425 | 35.56 | 1:13.49 |
| 2. | Nathan Magava | De Dolfijn | 201003067 | 1:15.48 | +0,62 | 392 | 35.84 | 1:15.48 |
| 3. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | 1:16.31 | +0,64 | 380 | 35.62 | 1:16.31 |
| 4. | Nick Vodde | AZ&PC De Futen | 201002211 | 1:16.40 | +0,74 | 378 | 35.86 | 1:16.40 |
| 5. | Tygo van de Wal | DWK | 201001329 | 1:17.06 | +0,72 | 369 | 36.71 | 1:17.06 |
| | Thijn Runia | DZT'62 | 201000895 | 1:17.06 | +0,68 | 369 | 36.32 | 1:17.06 |
| 7. | Kris Westerhout | ZZ&PC De Devel | 201000883 | 1:17.31 | +0,61 | 365 | 36.73 | 1:17.31 |
| 8. | Myron Artemenko | Niemo Barracuda | 201003021 | 1:17.51 | +0,67 | 362 | 36.46 | 1:17.51 |
| 9. | Thijmen Puijssers | Hieronymus | 201000129 | 1:18.42 | +0,65 | 350 | 36.95 | 1:18.42 |
| 10. | Mathieu Gepkens | VZC | 201000045 | 1:19.12 | +0,77 | 341 | 37.37 | 1:19.12 |
| 11. | Mathijs Boersma | ZPC Hoogeveen | 201000313 | 1:19.18 | +0,73 | 340 | 37.38 | 1:19.18 |
| 12. | Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 1:19.52 | +0,73 | 335 | 37.34 | 1:19.52 |
| 13. | Luca Monster | ZPC Numansdorp | 201100343 | 1:19.86 | +0,57 | 331 | 37.75 | 1:19.86 |
| 14. | Kick Germers | SWOL 1894 | 201000185 | 1:19.93 | +0,68 | 330 | 38.18 | 1:19.93 |
| 15. | Dax van den Noulant | Blue Marlins | 201000071 | 1:19.95 | +0,66 | 330 | 37.67 | 1:19.95 |
| 16. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | 1:19.96 | +0,74 | 330 | 37.84 | 1:19.96 |
| 17. | Joey Snabel | ZPC AMERSFOORT | 201002847 | 1:20.10 | +0,72 | 328 | 37.48 | 1:20.10 |
| 18. | Franzi Ziegler | DAW | 201100891 | 1:20.16 | +0,68 | 327 | 37.84 | 1:20.16 |
| 19. | Cayden Malone | De Dolfijn | 201002195 | 1:20.81 | +0,65 | 320 | 38.05 | 1:20.81 |
| 20. | Duco de Gelder | Blue Marlins | 201000217 | 1:21.24 | +0,81 | 315 | 38.26 | 1:21.24 |
| 21. | Ruben Kragt | ZV 44 | 201000007 | 1:21.49 | +0,67 | 312 | 38.12 | 1:21.49 |
| 22. | Thijs Jonkman | De Duck | 201000481 | 1:21.53 | +0,72 | 311 | 38.60 | 1:21.53 |
| 23. | Nordin Vermeer | DWK | 201000227 | 1:22.73 | +0,69 | 298 | 37.06 | 1:22.73 |

Programmanr. 32, Jongens, 100m schoolslag, Junioren 1 en 2

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-------------------------|----------------------|-----------|----------------------|----|----------|-------|---------|
| 24. | Yorre van der Wal | ZV 44 | 201000017 | 1:22.75 +0,61 | | 298 | 38.75 | 1:22.75 |
| 25. | Kasper Lubbers | Orca | 201100025 | 1:22.91 +0,60 | | 296 | 39.15 | 1:22.91 |
| 26. | Tycho Wienbelt | De Vikings | 201001397 | 1:23.17 +0,79 | | 293 | 39.21 | 1:23.17 |
| | Baris Tomu | ZPCH | 201000869 | 1:23.17 +0,54 | | 293 | 39.14 | 1:23.17 |
| 28. | Mauro Bedeke | DAW | 201000537 | 1:23.43 +0,61 | | 290 | 38.46 | 1:23.43 |
| 29. | Ramon Vos | ZPC Hoozevee | 201100051 | 1:23.70 +0,79 | | 288 | 39.10 | 1:23.70 |
| 30. | Eli Shields | Niemo Barracuda | 201000407 | 1:24.06 +0,71 | | 284 | 39.25 | 1:24.06 |
| 31. | Nils Bellert | SG Octopus - ZVV | 201100347 | 1:24.09 +0,75 | | 284 | 39.72 | 1:24.09 |
| 32. | Oleksandr Hordiienko | ZV De Aalscholver | 201003061 | 1:24.11 +0,86 | | 283 | 40.00 | 1:24.11 |
| 33. | Evren Ege Orcunus | De Dolfijn | 201003253 | 1:24.80 +0,70 | | 277 | 40.75 | 1:24.80 |
| 34. | Abel op den Velde | De Duinkickers | 201000079 | 1:25.11 +0,78 | | 274 | 40.35 | 1:25.11 |
| 35. | Melle Pittie | Zwemclub Eijsden | 201000179 | 1:25.15 +0,67 | | 273 | 41.26 | 1:25.15 |
| 36. | Joep Lindhout | Niemo Barracuda | 201100873 | 1:26.04 +0,69 | | 265 | 41.04 | 1:26.04 |
| 37. | Stijn Dijkstra | DZ&PC | 201000279 | 1:26.21 +0,53 | | 263 | 41.17 | 1:26.21 |
| 38. | Finn Wensveen | Zv de Ham | 201000811 | 1:26.28 +0,87 | | 263 | 41.72 | 1:26.28 |
| 39. | Sven Potappel | DWK | 201000127 | 1:26.45 +0,71 | | 261 | 41.12 | 1:26.45 |
| 40. | Bink Elgersma | Zwemlust- den Hommel | 201000137 | 1:26.72 +0,79 | | 259 | 40.06 | 1:26.72 |
| 41. | Mees Janssen | DSZ | 201102025 | 1:27.35 +0,63 | | 253 | 40.62 | 1:27.35 |
| | Vince van Dam | ACZ | 201000405 | 1:27.35 +0,68 | | 253 | 41.51 | 1:27.35 |
| 43. | Girish Nolden | Blue Marlins | 201000087 | 1:28.08 +0,72 | | 247 | 42.51 | 1:28.08 |
| 44. | Alief Jan van der Sluis | PSV | 201003425 | 1:28.68 +0,71 | | 242 | 41.81 | 1:28.68 |
| 45. | Dax Muijlaert | SG Octopus - ZVV | 201100535 | 1:30.04 | | 231 | 42.79 | 1:30.04 |
| 46. | Jorick Johannes | HZ&PC Heerenveen | 201000403 | 1:30.16 +0,64 | | 230 | 42.36 | 1:30.16 |
| 47. | Amor van der Veen | ZV 44 | 201100197 | 1:34.31 +0,60 | | 201 | 43.04 | 1:34.31 |
| 48. | Matthijs van Velzen | ZV 44 | 201100435 | 1:34.78 +0,70 | | 198 | 44.17 | 1:34.78 |
| DIS | Gwee Bokma | Zwemlust- den Hommel | 201002259 | | | | | |

SS - Met handen over elkaar keer- of eindpunt aangetikt.

AFGEM Max van der Spank Hieronymus 201000275

 Programmanr. 33
 10-12-2023

Jongens, 100m schoolslag

 Junioren 3 en 4
 Resultaten Voorronde

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-----------------------------|--------------------|-----------|----------------------|----|----------|-------|---------|
| 1. | Wytse Broekstra | De Vikings | 200800121 | 1:03.14 +0,72 | Q | 671 | 29.88 | 1:03.14 |
| | <i>Kampioenschapsrecord</i> | | | | | | | |
| 2. | Giovanni Phillipson | Team Noord Holland | 200801099 | 1:06.66 +0,76 | Q | 570 | 31.28 | 1:06.66 |
| 3. | Rens van Wijngaarden | ZPC AMERSFOORT | 200800839 | 1:07.59 +0,82 | Q | 547 | 32.61 | 1:07.59 |
| 4. | Job Sportel | De Dinkel | 200800429 | 1:07.80 +0,73 | Q | 542 | 31.82 | 1:07.80 |
| 5. | Youp Stuijzand | ZV 44 | 200800521 | 1:07.97 +0,69 | Q | 537 | 31.85 | 1:07.97 |
| 6. | Floris van der Valk | Wiekslag | 200801891 | 1:08.18 +0,63 | Q | 533 | 31.69 | 1:08.18 |
| 7. | Hein Muller | DZ&PC | 200800157 | 1:08.26 +0,72 | Q | 531 | 32.31 | 1:08.26 |
| 8. | Sven Koornstra | De Vikings | 200900189 | 1:08.70 +0,79 | Q | 520 | 32.89 | 1:08.70 |
| 9. | Luca Boorsma | De Dolfijn | 200902031 | 1:08.84 +0,47 | Q | 517 | 32.74 | 1:08.84 |
| 10. | Nout Folkersma | PSV | 200800595 | 1:09.27 +0,70 | Q | 508 | 32.67 | 1:09.27 |
| 11. | Giulian Janssen | PSV | 200900125 | 1:09.67 +0,62 | R | 499 | 32.85 | 1:09.67 |
| 12. | Liam Diavatopoulos | Aqua-Novio'94 | 200802549 | 1:09.76 +0,72 | R | 497 | 32.35 | 1:09.76 |
| 13. | Rijk Leenders | VZC | 200800627 | 1:09.81 +0,57 | | 496 | 32.99 | 1:09.81 |
| 14. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 1:09.87 +0,68 | | 495 | 32.78 | 1:09.87 |
| 15. | Ruben Baars | DWK | 200900471 | 1:10.09 +0,74 | | 490 | 32.78 | 1:10.09 |
| 16. | Thygo van de Peppel | Blue Marlins | 200901101 | 1:10.31 +0,70 | | 486 | 32.97 | 1:10.31 |
| 17. | Filip Piszczynski | KSN (SG) | 200802125 | 1:10.33 +0,65 | | 485 | 33.01 | 1:10.33 |
| 18. | Jonathan Baaijens | PSV | 200800409 | 1:10.76 +0,70 | | 476 | 34.14 | 1:10.76 |
| 19. | Alexander Griston | De Dolfijn | 200803053 | 1:11.36 +0,72 | | 464 | 33.46 | 1:11.36 |
| 20. | Cruz de Groot | Team Noord Holland | 200801077 | 1:11.38 +0,69 | | 464 | 33.06 | 1:11.38 |
| 21. | Damir Mustafic | DZ&PC | 200800885 | 1:11.46 +0,67 | | 462 | 32.68 | 1:11.46 |

Programmanr. 33, Jongens, 100m schoolslag, Voorronde, Junioren 3 en 4

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-----------------------|-------------------------------|-----------|----------------|-------|----------|-------|---------|
| 22. | Fedor Sazonov | PSV | 200900707 | 1:11.74 | +0,79 | 457 | 33.89 | 1:11.74 |
| 23. | Feddo Smink | ZPC AMERSFOORT | 200900007 | 1:12.11 | +0,62 | 450 | 33.65 | 1:12.11 |
| 24. | Adriaan Coppelmans | AZC | 200903243 | 1:12.64 | +0,65 | 440 | 34.07 | 1:12.64 |
| 25. | Lars de Kooter | De Biesboschzwemmers | 200800185 | 1:13.06 | +0,70 | 433 | 34.27 | 1:13.06 |
| 26. | Gerjan Berends | ZC Polaris | 200900169 | 1:13.13 | +0,71 | 431 | 34.09 | 1:13.13 |
| 27. | Suraj Baladurage | Team Noord Holland | 200801291 | 1:13.29 | +0,59 | 429 | 33.71 | 1:13.29 |
| 28. | Dani Yefimov | WS Twente | 200901305 | 1:13.36 | +0,70 | 427 | 34.31 | 1:13.36 |
| 29. | Jesse Molegraaf | ZPC AMERSFOORT | 200800887 | 1:13.43 | +0,55 | 426 | 34.17 | 1:13.43 |
| 30. | Tristan Fredema | Blue Marlins | 200903699 | 1:13.71 | +0,67 | 421 | 35.59 | 1:13.71 |
| 31. | Rein Stoel | ZVL-1886 | 200800463 | 1:13.89 | +0,74 | 418 | 34.31 | 1:13.89 |
| 32. | Thomas Nauta | Arethusa | 200900339 | 1:14.12 | +0,69 | 414 | 34.35 | 1:14.12 |
| 33. | Luuk Knijnenburg | De Columbiaan | 200802291 | 1:14.17 | +0,71 | 414 | 34.90 | 1:14.17 |
| 34. | Kobe Verhaegen | Zwemvereniging De Zilvermeeuw | 200802609 | 1:14.32 | +0,73 | 411 | 34.92 | 1:14.32 |
| 35. | Koen de Vries | MZ&PC De Reest | 200802379 | 1:14.33 | +0,72 | 411 | 34.66 | 1:14.33 |
| 36. | Joris Willemse | Hellas-Glana | 200801745 | 1:14.89 | +0,68 | 402 | 35.48 | 1:14.89 |
| 37. | Brian Arturo Bloemsma | De Dolfijn | 200901155 | 1:15.45 | +0,67 | 393 | 35.54 | 1:15.45 |
| 38. | Jamie Kenworthy | De Dolfijn | 200800045 | 1:18.09 | +0,65 | 354 | 35.59 | 1:18.09 |

 Programmanr. 34
10-12-2023

Meisjes, 200m vlinderslag

 Junioren 3 en 4
Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|------|--------------------|-------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. | Tess Vonk | De Geul | 200900024 | 2:32.12 | +0,67 | 486 | 32.92 | 1:11.22 | 1:51.06 | 2:32.12 |
| 2. | Erin de Jong | GZC DONK | 201000024 | 2:34.74 | +0,92 | 461 | 33.73 | 1:12.77 | 1:53.78 | 2:34.74 |
| 3. | Elin Brinkhof | De Dolfijn | 200900078 | 2:38.81 | +0,73 | 427 | 32.86 | 1:11.28 | 1:54.49 | 2:38.81 |
| 4. | Gwen Hermans | De Columbiaan | 200900058 | 2:49.88 | | 349 | 35.31 | 1:18.44 | 2:04.08 | 2:49.88 |
| | AFGEM Grace Peters | Feijenoord Albion | 200901474 | | | | | | | |

 Programmanr. 35
10-12-2023

Jongens, 400m vrije slag

 Junioren 3 en 4
Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 100m | 200m | 300m | 400m |
|------|---------------------|--------------------|-----------|----------------|-------|----------|---------|---------|---------|---------|
| 1. | Yarno van Dam | ACZ | 200800115 | 4:07.46 | +0,77 | 630 | 58.26 | 2:01.71 | 3:05.46 | 4:07.46 |
| 2. | Xiaoyu Yin | Blue Marlins | 200803363 | 4:07.88 | +0,69 | 627 | 58.47 | 2:02.87 | 3:05.38 | 4:07.88 |
| 3. | Bas Mostert | VZC | 200800629 | 4:09.63 | +0,74 | 614 | 58.09 | 2:02.48 | 3:06.18 | 4:09.63 |
| 4. | Giovanni Phillipson | Team Noord Holland | 200801099 | 4:13.46 | +0,79 | 587 | 58.17 | 2:02.35 | 3:07.90 | 4:13.46 |
| 5. | Milan Veelders | De Dinkel | 200800279 | 4:13.89 | +0,78 | 584 | 58.88 | 2:02.68 | 3:08.38 | 4:13.89 |
| 6. | Tobian Vos | ZPC AMERSFOORT | 200900005 | 4:16.87 | +0,73 | 564 | 1:00.08 | 2:05.62 | 3:12.20 | 4:16.87 |
| 7. | Sven Koornstra | De Vikings | 200900189 | 4:17.09 | +0,79 | 562 | 1:02.25 | 2:07.69 | 3:12.45 | 4:17.09 |
| 8. | Diede Veld | HZ&PC Heerenveen | 200800011 | 4:17.73 | +0,75 | 558 | 59.61 | 2:06.16 | 3:12.46 | 4:17.73 |
| 9. | Theodore Allan | PSV | 200902925 | 4:19.23 | +0,71 | 548 | 1:00.24 | 2:07.03 | 3:14.62 | 4:19.23 |
| 10. | Felix Gepkens | VZC | 200800631 | 4:19.86 | +0,73 | 544 | 1:02.35 | 2:09.91 | 3:15.75 | 4:19.86 |
| 11. | Bram ter Braak | De Dinkel | 200800281 | 4:20.92 | +0,73 | 538 | 1:00.48 | 2:09.02 | 3:16.39 | 4:20.92 |
| 12. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 4:20.97 | +0,74 | 537 | 1:01.02 | 2:07.85 | 3:14.84 | 4:20.97 |
| 13. | Siem de Zeeuw | OZ&PC | 200800013 | 4:22.13 | +0,72 | 530 | 58.20 | 2:06.39 | 3:14.21 | 4:22.13 |
| 14. | Rens Noordover | Team Noord Holland | 200800237 | 4:23.18 | +0,72 | 524 | 1:01.00 | 2:08.01 | 3:15.94 | 4:23.18 |
| 15. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 4:23.23 | +0,73 | 524 | 59.91 | 2:08.03 | 3:16.35 | 4:23.23 |
| 16. | Tim Boereffijn | WVZ | 200802815 | 4:23.35 | +0,76 | 523 | 1:01.94 | 2:09.39 | 3:17.08 | 4:23.35 |
| 17. | Martijn Nies | PSV | 200902095 | 4:23.80 | +0,88 | 520 | 1:03.96 | 2:12.62 | 3:17.77 | 4:23.80 |
| 18. | Wout Serrarens | PSV | 200800261 | 4:24.16 | +0,75 | 518 | 1:00.55 | 2:08.60 | 3:16.92 | 4:24.16 |
| 19. | Gijs Hartwijk | ZVL-1886 | 200800573 | 4:25.34 | +0,64 | 511 | 1:02.57 | 2:09.66 | 3:17.02 | 4:25.34 |
| 20. | Jelte de Jong | ZPCH | 200900975 | 4:25.68 | +0,73 | 509 | 1:00.41 | 2:07.37 | 3:16.41 | 4:25.68 |
| 21. | Arjan Boogaard | Deltasteur | 200800093 | 4:27.25 | +0,66 | 500 | 1:02.11 | 2:10.61 | 3:19.74 | 4:27.25 |

Programmanr. 35, Jongens, 400m vrije slag, Junioren 3 en 4

| rang naam | vereniging | | tijd | RT | fin. FINA | 100m | 200m | 300m | 400m |
|--------------------------|-------------------------|-----------|----------------|-------|-----------|---------|---------|---------|---------|
| 22. Figo van Duuren | ZPCH | 200800391 | 4:27.40 | +0,75 | 500 | 1:03.54 | 2:11.43 | 3:20.39 | 4:27.40 |
| 23. Ivo Bot | Wiekslag | 200900509 | 4:28.75 | +0,73 | 492 | 1:03.54 | 2:13.60 | 3:23.93 | 4:28.75 |
| 24. Teun van Weeren | WS Twente | 200801145 | 4:29.07 | +0,74 | 490 | 1:03.50 | 2:11.28 | 3:20.04 | 4:29.07 |
| 25. Sverre van der Zwaan | WVZ | 200900737 | 4:30.54 | +0,74 | 482 | 1:03.19 | 2:11.91 | 3:21.55 | 4:30.54 |
| 26. Mink Hugen | Aqua-Novio'94 | 200801391 | 4:30.56 | +0,73 | 482 | 1:02.44 | 2:10.25 | 3:20.52 | 4:30.56 |
| 27. Mike Hilders | De Dolfijn | 200900281 | 4:30.94 | +0,73 | 480 | 1:03.08 | 2:11.67 | 3:21.09 | 4:30.94 |
| 28. Koen de Vries | MZ&PC De Reest | 200802379 | 4:31.99 | +0,77 | 475 | 1:03.37 | 2:12.26 | 3:22.69 | 4:31.99 |
| 29. Finn Hilders | De Dolfijn | 200900283 | 4:32.14 | +0,58 | 474 | 1:03.89 | 2:14.11 | 3:24.22 | 4:32.14 |
| 30. Aidan van der Stelt | Blue Marlins | 200900901 | 4:34.63 | +0,77 | 461 | 1:04.43 | 2:15.31 | 3:26.77 | 4:34.63 |
| 31. Jesse Molegraaf | ZPC AMERSFOORT | 200800887 | 4:35.23 | +0,68 | 458 | 1:02.51 | 2:11.97 | 3:22.81 | 4:35.23 |
| 32. Bjorn Scholten | WS Twente | 200801143 | 4:36.25 | +0,83 | 453 | 1:02.67 | 2:11.72 | 3:23.68 | 4:36.25 |
| 33. Sam Leferink | De Dinkel | 200800833 | 4:37.27 | +0,74 | 448 | 1:03.55 | 2:14.74 | 3:26.82 | 4:37.27 |
| 34. Tim van de Moosdijk | PSV | 200900187 | 4:37.64 | +0,74 | 446 | 1:03.03 | 2:15.29 | 3:27.10 | 4:37.64 |
| 35. Lars de Kooter | De Biesboschzwemmers | 200800185 | 4:41.73 | +0,70 | 427 | 1:05.57 | 2:16.90 | 3:29.33 | 4:41.73 |
| AFGEM S. Lopes Cardozo | WZK | 200800187 | | | | | | | |
| AFGEM Joey Pop | ZV Vlaardingen-Schiedam | 200800277 | | | | | | | |

 Programmanr. 36
 10-12-2023

Meisjes, 100m rugslag

 Junioren 3 en 4
 Resultaten Voorronde

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|-----------------------------|------------------|-----------|----------------|-------|----------|-------|---------|
| 1. Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 1:04.87 | +0,62 | Q 605 | 31.53 | 1:04.87 |
| 2. Fay Boxum | DZ&PC | 200900060 | 1:04.88 | +0,62 | Q 605 | 31.17 | 1:04.88 |
| 3. Elin Ditewig | VZC | 200900392 | 1:05.05 | +0,69 | Q 600 | 31.49 | 1:05.05 |
| 4. Fenna Zusterzeel | PSV | 201000008 | 1:05.73 | +0,58 | Q 582 | 31.94 | 1:05.73 |
| 5. Tereza Boom | PSV | 200904028 | 1:06.69 | +0,60 | Q 557 | 32.36 | 1:06.69 |
| 6. Nienke Koster | ZPC Hoogeveen | 200900612 | 1:06.74 | +0,55 | Q 556 | 32.14 | 1:06.74 |
| 7. Ece Öngören | Blue Marlins | 200903862 | 1:07.66 | +0,75 | Q 533 | 32.81 | 1:07.66 |
| 8. Vera de Boer | MZ&PC De Reest | 200900512 | 1:08.14 | +0,73 | Q 522 | 33.36 | 1:08.14 |
| 9. Fenna Westerneng | DZ&PC | 200900070 | 1:08.19 | +0,76 | Q 521 | 33.22 | 1:08.19 |
| 10. Myrthe Stelten | Hellas-Glana | 200900234 | 1:08.45 | +0,65 | Q 515 | 32.80 | 1:08.45 |
| 11. Madeleine Bertram | De Dolfijn | 200900516 | 1:09.18 | +0,66 | R 499 | 33.82 | 1:09.18 |
| 12. Jenny Muntinga | ZPCH | 200900450 | 1:09.67 | +0,65 | R 489 | 33.88 | 1:09.67 |
| 13. Luus Gielens | PSV | 200900138 | 1:09.85 | +0,71 | 485 | 33.45 | 1:09.85 |
| 14. Myla Klaassen | Aqua-Novio'94 | 200900110 | 1:09.91 | +0,52 | 484 | 33.60 | 1:09.91 |
| 15. Bregje Dekkers | PSV | 200900746 | 1:10.12 | +0,69 | 479 | 34.35 | 1:10.12 |
| 16. Marjolie Spelde | ZC Borger | 200900266 | 1:10.22 | +0,72 | 477 | 34.25 | 1:10.22 |
| 17. Sofie Kleissen | OZ&PC | 200901134 | 1:10.28 | +0,68 | 476 | 33.65 | 1:10.28 |
| 18. Anne Engbersen | ZPC AMERSFOORT | 201000044 | 1:10.35 | +0,70 | 474 | 34.11 | 1:10.35 |
| 19. Nikki Hofland | MSV-Zeemacht | 200900244 | 1:10.41 | +0,74 | 473 | 34.11 | 1:10.41 |
| 20. Faye Thijsse | WVZ | 201001364 | 1:10.46 | +0,69 | 472 | 33.99 | 1:10.46 |
| 21. Julia D browska | Blue Marlins | 201000300 | 1:10.64 | +0,81 | 469 | 34.48 | 1:10.64 |
| 22. Maryse Kuijper | DWK | 201000692 | 1:10.89 | +0,77 | 464 | 34.29 | 1:10.89 |
| 23. Kinley Cole | PSV | 200903696 | 1:10.96 | +0,68 | 462 | 34.71 | 1:10.96 |
| 24. Gwen Hermans | De Columbiaan | 200900058 | 1:10.98 | +0,60 | 462 | 34.97 | 1:10.98 |
| 25. Tara Langkamp | Aqua-Novio'94 | 200900362 | 1:11.07 | +0,67 | 460 | 34.21 | 1:11.07 |
| 26. Iris Tilburg | Arethusa | 200902662 | 1:11.19 | +0,75 | 458 | 34.89 | 1:11.19 |
| 27. Fleur van den Eijk | Blue Marlins | 200900304 | 1:11.31 | +0,63 | 456 | 34.67 | 1:11.31 |
| 28. Charlotte Landman | ESCA Zwemmen | 200901290 | 1:11.38 | +0,73 | 454 | 34.41 | 1:11.38 |
| 29. Mariia Kostina | Blue Marlins | 201002042 | 1:11.39 | +0,74 | 454 | 34.01 | 1:11.39 |
| 30. Esmé Sportel | Dedemsvaart-AC | 200900682 | 1:11.40 | +0,70 | 454 | 34.89 | 1:11.40 |
| 31. Tessa van Beek | DWK | 201001446 | 1:11.41 | +0,75 | 454 | 34.79 | 1:11.41 |
| 32. Erin de Jong | GZC DONK | 201000024 | 1:11.73 | +0,74 | 448 | 35.24 | 1:11.73 |
| 33. Karlijn van der Schrier | Hieronymus | 200900834 | 1:11.75 | +0,64 | 447 | 34.14 | 1:11.75 |
| 34. Lotte Lübbers | KSN (SG) | 200900190 | 1:11.85 | +0,70 | 445 | 34.74 | 1:11.85 |
| 35. Anouk Steller | WVZ | 201000004 | 1:11.92 | +0,63 | 444 | 34.81 | 1:11.92 |

Programmanr. 36, Meisjes, 100m rugslag, Voorronde, Junioren 3 en 4

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|-------|----------------------|--------------------|-----------|----------------------|----|----------|-------|---------|
| 36. | Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | 1:11.93 +0,61 | | 444 | 34.59 | 1:11.93 |
| 37. | Fenne Metten | ZPC AMERSFOORT | 201000102 | 1:11.94 +0,70 | | 444 | 35.61 | 1:11.94 |
| 38. | Devenda van der Meer | De Granaet | 200900948 | 1:12.15 +0,58 | | 440 | 34.06 | 1:12.15 |
| 39. | Yara van Asselen | De Dolfijn | 200900408 | 1:12.30 +0,69 | | 437 | 34.69 | 1:12.30 |
| 40. | Nina van der Schrier | AZC | 201000444 | 1:12.60 +0,70 | | 432 | 35.23 | 1:12.60 |
| 41. | Tess van de Steeg | WVZ | 201000016 | 1:12.64 +0,67 | | 431 | 35.04 | 1:12.64 |
| 42. | Jayna Wagemakers | Hieronymus | 201000226 | 1:12.90 +0,66 | | 426 | 34.91 | 1:12.90 |
| 43. | Senna Rijnbeek | ZPC AMERSFOORT | 200901480 | 1:13.54 +0,78 | | 415 | 34.73 | 1:13.54 |
| 44. | Nora Lynn Otten | ZPC Hoozeveen | 200903338 | 1:13.55 +0,80 | | 415 | 34.95 | 1:13.55 |
| 45. | Anne van der Kamp | Deltasteur | 200900274 | 1:13.74 +0,74 | | 412 | 36.09 | 1:13.74 |
| 46. | Elin Baars | DWK | 201000138 | 1:13.77 +0,65 | | 411 | 36.00 | 1:13.77 |
| 47. | Ann Hietbrink | ZPC De Hof | 200902444 | 1:14.13 +0,77 | | 405 | 35.24 | 1:14.13 |
| 48. | Anna Strang van Hees | De Duinkickers | 200902566 | 1:14.43 +0,78 | | 401 | 35.85 | 1:14.43 |
| 49. | Karlijn Siderius | DWK | 200900032 | 1:14.80 +0,79 | | 395 | 35.97 | 1:14.80 |
| 50. | Isis Verhoeff | De Otters Het Gooi | 200902962 | 1:14.86 +0,68 | | 394 | 35.42 | 1:14.86 |
| 51. | Chiara Lammertink | ZV 44 | 200902200 | 1:17.09 +1,07 | | 360 | 36.77 | 1:17.09 |
| AFGEM | Puck van Wees | De Dolfijn | 200901020 | | | | | |

 Programmanr. 37
 10-12-2023

Jongens, 100m vlinderslag

 Junioren 3 en 4
 Resultaten Voorronde

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---------------------|-------------------------|-----------|----------------------|----|----------|-------|---------|
| 1. | Kaan Sudak | Blue Marlins | 200803733 | 57.96 +0,59 | Q | 560 | 26.77 | 57.96 |
| 2. | Xiaoyu Yin | Blue Marlins | 200803363 | 58.98 +0,64 | Q | 531 | 27.51 | 58.98 |
| 3. | Yarno van Dam | ACZ | 200800115 | 1:00.04 +0,69 | Q | 503 | 28.13 | 1:00.04 |
| 4. | Jones Chuang | PSV | 200801173 | 1:00.19 +0,64 | Q | 500 | 28.25 | 1:00.19 |
| 5. | Mattia Maggio | Hellas-Glana | 200903311 | 1:00.27 +0,64 | Q | 498 | 27.80 | 1:00.27 |
| 6. | Wytse Broekstra | De Vikings | 200800121 | 1:00.98 +0,74 | Q | 481 | 28.13 | 1:00.98 |
| 7. | Filip Piszczynski | KSN (SG) | 200802125 | 1:01.08 +0,66 | Q | 478 | 28.76 | 1:01.08 |
| 8. | Wanne van Geest | ZV Vlaardingen-Schiedam | 200901425 | 1:01.41 +0,66 | Q | 471 | 27.76 | 1:01.41 |
| 9. | Aditya Winterberg | Blue Marlins | 200800953 | 1:01.43 +0,64 | Q | 470 | 27.77 | 1:01.43 |
| 10. | Felbe van 't Land | ZPC AMERSFOORT | 200900027 | 1:01.80 +0,73 | Q | 462 | 28.57 | 1:01.80 |
| 11. | Feddo Smink | ZPC AMERSFOORT | 200900007 | 1:02.11 +0,63 | R | 455 | 28.17 | 1:02.11 |
| 12. | Martijn Nies | PSV | 200902095 | 1:02.33 +0,75 | R | 450 | 28.87 | 1:02.33 |
| 13. | Rian Schoneveld | De Berkelduikers | 200801789 | 1:02.40 +0,73 | | 448 | 28.57 | 1:02.40 |
| 14. | Damir Mustafic | DZ&PC | 200800885 | 1:02.41 +0,74 | | 448 | 28.15 | 1:02.41 |
| 15. | Bram ter Braak | De Dinkel | 200800281 | 1:02.45 +0,72 | | 447 | 29.28 | 1:02.45 |
| 16. | Willem Weustink | Team Noord Holland | 200800109 | 1:02.64 +0,67 | | 443 | 28.66 | 1:02.64 |
| 17. | Luca Boorsma | De Dolfijn | 200902031 | 1:02.97 +0,57 | | 436 | 28.97 | 1:02.97 |
| 18. | Jamie Kenworthy | De Dolfijn | 200800045 | 1:03.60 +0,70 | | 424 | 28.85 | 1:03.60 |
| 19. | Cruz de Groot | Team Noord Holland | 200801077 | 1:04.17 +0,70 | | 412 | 29.66 | 1:04.17 |
| 20. | Rein Stoel | ZVL-1886 | 200800463 | 1:04.24 +0,69 | | 411 | 29.32 | 1:04.24 |
| 21. | Theodore Allan | PSV | 200902925 | 1:04.54 +0,67 | | 405 | 29.65 | 1:04.54 |
| 22. | Sascha Timmer | AZC | 200902987 | 1:05.22 +0,61 | | 393 | 29.61 | 1:05.22 |
| 23. | Floris van der Valk | Wiekslag | 200801891 | 1:05.62 +0,66 | | 386 | 30.00 | 1:05.62 |
| 24. | Alexander Griston | De Dolfijn | 200803053 | 1:05.82 +0,70 | | 382 | 30.95 | 1:05.82 |
| 25. | Niek Sonneveld | WVZ | 200802631 | 1:09.11 +0,69 | | 330 | 31.31 | 1:09.11 |
| NG | Giovanni Phillipson | Team Noord Holland | 200801099 | | | | | |

Programmanr. 38
 10-12-2023

Meisjes, 200m schoolslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|-------------------------|-----------------------------|-----------|------------------|-------|-----------|-------|---------|---------|---------|
| 1. Yill van Bezouw | Hieronymus | 201100704 | 2:48.32 | +0,80 | 511 | 37.27 | 1:20.48 | 2:04.65 | 2:48.32 |
| 2. Malin Roozeboom | WVZ | 201100006 | 2:53.56 | +0,78 | 466 | 40.24 | 1:25.65 | 2:10.57 | 2:53.56 |
| 3. Noa van Zalk | ZPC AMERSFOORT | 201102534 | 2:53.82 | +0,71 | 464 | 39.43 | 1:24.73 | 2:09.84 | 2:53.82 |
| 4. Casharell Kraan | Blue Marlins | 201103426 | 2:58.74 | +0,63 | 426 | 40.16 | 1:25.57 | 2:12.38 | 2:58.74 |
| 5. Odenza Soselisa | Blue Marlins | 201101780 | 3:01.93 | +0,74 | 404 | 41.42 | 1:28.20 | 2:16.02 | 3:01.93 |
| 6. Elle van Gemeren | DAW | 201100428 | 3:01.99 | +0,83 | 404 | 42.66 | 1:29.62 | 2:17.25 | 3:01.99 |
| 7. Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 3:02.33 | +0,61 | 402 | 41.74 | 1:28.62 | 2:15.41 | 3:02.33 |
| 8. Noa Spaans | De Dolfijn | 201100222 | 3:02.37 | +0,82 | 401 | 42.05 | 1:29.57 | 2:17.46 | 3:02.37 |
| 9. Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 3:02.48 | +0,83 | 401 | 41.40 | 1:28.21 | 2:15.76 | 3:02.48 |
| 10. Milou Filemon | Blue Marlins | 201100078 | 3:02.53 | +0,74 | 400 | 41.64 | 1:28.21 | 2:15.65 | 3:02.53 |
| 11. Elin Reinstra | TriVia | 201100842 | 3:03.29 | +0,82 | 395 | 42.32 | 1:29.02 | 2:16.65 | 3:03.29 |
| 12. Meike van der Klugt | WVZ | 201100808 | 3:03.30 | +0,74 | 395 | 41.24 | 1:28.56 | 2:16.52 | 3:03.30 |
| 13. Sterre de Veen | Hellas-Glana | 201100086 | 3:03.41 | +0,77 | 394 | 40.35 | 1:27.16 | 2:16.16 | 3:03.41 |
| 14. Minke Bouman | Blue Marlins | 201100104 | 3:05.06 | +0,69 | 384 | 41.35 | 1:29.78 | 2:18.29 | 3:05.06 |
| 15. Julia Ketelaars | Hellas-Glana | 201200028 | 3:06.07 | +0,71 | 378 | 42.10 | 1:29.45 | 2:18.31 | 3:06.07 |
| 16. Chloé in 't Veen | WVZ | 201100010 | 3:06.38 | +0,70 | 376 | 40.87 | 1:28.08 | 2:16.95 | 3:06.38 |
| 17. Elke Kriesels | Hieronymus | 201100898 | 3:06.77 | +0,83 | 374 | 42.40 | 1:30.59 | 2:19.51 | 3:06.77 |
| 18. Lola Verheijen | PSV | 201100832 | 3:07.13 * | +0,78 | 371 | 41.93 | 1:30.79 | 2:19.98 | 3:07.13 |
| 19. Morrison Schram | De Schelde | 201100686 | 3:07.67 | +0,79 | 368 | 43.03 | 1:31.53 | 2:21.84 | 3:07.67 |
| 20. Rozalia Diederiks | ZVL-1886 | 201100904 | 3:08.03 | +0,82 | 366 | 43.74 | 1:33.18 | 2:21.57 | 3:08.03 |
| 21. Sara Creemers | Hellas-Glana | 201100242 | 3:08.12 | +0,67 | 366 | 42.24 | 1:30.81 | 2:20.38 | 3:08.12 |
| 22. Isabel Amelink | Deltasteur | 201100196 | 3:08.27 | +0,83 | 365 | 43.45 | 1:31.60 | 2:20.16 | 3:08.27 |
| 23. Esra Simon | Hellas-Glana | 201100004 | 3:08.96 | +0,58 | 361 | 42.47 | 1:29.89 | 2:20.15 | 3:08.96 |
| 24. Vicky Horens | Hellas-Glana | 201200252 | 3:09.14 | +0,61 | 360 | 41.39 | 1:29.58 | 2:20.52 | 3:09.14 |
| 25. Alaine Dumont | ZV De Watervogels | 201102140 | 3:09.37 | +0,73 | 358 | 42.97 | 1:31.80 | 2:21.34 | 3:09.37 |
| 26. Roubin van Kampen | ZPCH | 201200370 | 3:09.86 | +0,53 | 356 | 43.74 | 1:32.47 | 2:21.86 | 3:09.86 |
| 27. Julia Bannatyne | BZ&PC | 201201020 | 3:09.91 | +0,68 | 355 | 43.62 | 1:33.18 | 2:22.70 | 3:09.91 |
| 28. Frédérique Nijziel | PSV | 201103114 | 3:10.40 | +0,77 | 353 | 42.31 | 1:30.63 | 2:20.54 | 3:10.40 |
| 29. Norell Kroeze | ZC Polaris | 201100378 | 3:10.85 | +0,84 | 350 | 43.30 | 1:32.72 | 2:22.42 | 3:10.85 |
| 30. M. Gliese-Slooijer | De Dinkel | 201100008 | 3:11.30 | +0,66 | 348 | 42.01 | 1:30.54 | 2:21.66 | 3:11.30 |
| 31. Syll Rinsma | Orca | 201200798 | 3:11.38 | +0,58 | 347 | 43.81 | 1:32.59 | 2:22.42 | 3:11.38 |
| 32. Carlijn Dezutter | Scheldestroom | 201100770 | 3:11.71 | +0,81 | 345 | 44.78 | 1:35.06 | 2:24.05 | 3:11.71 |
| 33. Annefleur Schraa | SWOL 1894 | 201100044 | 3:11.74 | +0,81 | 345 | 43.79 | 1:32.55 | 2:22.19 | 3:11.74 |
| 34. Nynke Muntinga | ZPCH | 201100060 | 3:12.89 | +0,60 | 339 | 44.37 | 1:33.67 | 2:23.92 | 3:12.89 |
| 35. Anna Lepoutre | PSV | 201100534 | 3:13.00 | +0,73 | 338 | 42.45 | 1:32.05 | 2:22.78 | 3:13.00 |
| 36. Esmee Reuver | ZC Polaris | 201100846 | 3:13.53 | +0,63 | 336 | 44.38 | 1:34.00 | 2:24.47 | 3:13.53 |
| 37. Lise Marques | SBC2000 | 201101276 | 3:14.59 | +0,86 | 330 | 43.78 | 1:34.45 | 2:25.42 | 3:14.59 |
| 38. Fanni Farkas | De Columbiaan | 201100360 | 3:14.97 | +0,81 | 328 | 45.61 | 1:35.99 | 2:26.54 | 3:14.97 |
| 39. Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 3:16.21 | +0,92 | 322 | 43.64 | 1:33.75 | 2:25.69 | 3:16.21 |
| 40. Juno Toornend | Team Noord Holland | 201101718 | 3:17.23 | +0,86 | 317 | 44.68 | 1:34.20 | 2:25.42 | 3:17.23 |
| 41. Emma van den Berg | V.Z.V. Njord | 201100830 | 3:21.14 | +1,02 | 299 | 44.71 | 1:36.62 | 2:29.20 | 3:21.14 |
| 42. Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 3:21.93 | +0,87 | 295 | 45.40 | 1:36.96 | 2:29.86 | 3:21.93 |
| 43. Charlie Klaver | De Dolfijn | 201102094 | 3:22.52 | +0,58 | 293 | 45.83 | 1:38.30 | 2:31.73 | 3:22.52 |
| 44. Melody Paulussen | De Dolfijn | 201101106 | 3:22.80 | +0,76 | 292 | 46.90 | 1:38.85 | 2:31.36 | 3:22.80 |
| 45. Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 3:24.40 | +0,78 | 285 | 46.01 | 1:38.26 | 2:31.30 | 3:24.40 |
| 46. Alissa Rooijackers | Z&PV Nuenen | 201101892 | 3:27.85 | +0,73 | 271 | 46.43 | 1:39.37 | 2:33.83 | 3:27.85 |
| 47. Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 3:31.94 | +0,53 | 255 | 47.54 | 1:42.95 | 2:39.10 | 3:31.94 |
| 48. Simone Brobbel | ZPC Numansdorp | 201200058 | 3:32.49 | +0,75 | 253 | 47.06 | 1:41.64 | 2:37.61 | 3:32.49 |
| 49. Eva ter Horst | ZPC Hoogeveen | 201200070 | 3:32.67 * | +0,83 | 253 | 50.30 | 1:45.64 | 2:39.89 | 3:32.67 |
| 50. Amila Mustafaic | DZ&PC | 201200026 | 3:45.10 | +0,80 | 213 | 48.59 | 1:46.23 | 2:46.63 | 3:45.10 |

Programmanr. 39
 10-12-2023

Meisjes, 200m schoolslag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|-------------------------|----------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. Robine Moot | ZPC AMERSFOORT | 200900330 | 2:37.63 | +0,78 | 622 | 36.30 | 1:16.20 | 1:56.70 | 2:37.63 |
| 2. Paula Spans | ZV 44 | 201000064 | 2:39.05 | +0,79 | 605 | 35.80 | 1:15.98 | 1:57.66 | 2:39.05 |
| 3. Tess Vonk | De Geul | 200900024 | 2:43.26 | +0,66 | 560 | 37.83 | 1:19.88 | 2:01.46 | 2:43.26 |
| 4. Fay Boxum | DZ&PC | 200900060 | 2:43.88 | +0,85 | 553 | 37.40 | 1:19.96 | 2:02.06 | 2:43.88 |
| 5. Marre van der Wal | ZV 44 | 201000046 | 2:44.33 | +0,72 | 549 | 37.74 | 1:19.72 | 2:02.05 | 2:44.33 |
| 6. Mijke Ouderkerken | Blue Marlins | 200901254 | 2:47.29 | +0,78 | 520 | 37.38 | 1:19.86 | 2:03.45 | 2:47.29 |
| 7. Myrthe Stelten | Hellas-Glana | 200900234 | 2:49.33 | +0,75 | 501 | 37.76 | 1:20.89 | 2:05.27 | 2:49.33 |
| 8. Linou van Kampen | ZPCH | 201000594 | 2:49.72 | +0,71 | 498 | 39.25 | 1:23.30 | 2:06.80 | 2:49.72 |
| 9. Suuz Griekspoor | Noordwijkerhout | 200901204 | 2:49.75 | +0,74 | 498 | 37.64 | 1:20.36 | 2:05.27 | 2:49.75 |
| 10. Eva Ehler | GZC DONK | 201002026 | 2:49.76 | +0,60 | 498 | 37.18 | 1:19.78 | 2:04.74 | 2:49.76 |
| 11. Amber Kunst | DAW | 200900680 | 2:49.77 | +0,67 | 498 | 37.64 | 1:21.19 | 2:05.87 | 2:49.77 |
| 12. C. Moreno Palacios | De Dolfijn | 201002302 | 2:50.54 | +0,73 | 491 | 36.93 | 1:20.98 | 2:06.10 | 2:50.54 |
| 13. Djelaysa Buunk | Z&PC De Zeeuwse Kust | 200900536 | 2:51.61 | +0,86 | 482 | 38.13 | 1:21.37 | 2:06.80 | 2:51.61 |
| 14. Annelie Batenburg | PSV | 201001962 | 2:53.02 | +0,75 | 470 | 39.02 | 1:22.19 | 2:07.48 | 2:53.02 |
| 15. Michelle van Hemert | PSV | 200901200 | 2:53.05 | +0,80 | 470 | 37.06 | 1:21.21 | 2:07.68 | 2:53.05 |
| 16. Sanne Mulder | WVZ | 200900280 | 2:53.37 | +0,70 | 467 | 39.08 | 1:23.83 | 2:09.11 | 2:53.37 |
| 17. Rixt Rothschild | ZC Borger | 200900026 | 2:53.38 | +0,69 | 467 | 39.24 | 1:23.57 | 2:08.74 | 2:53.38 |
| 18. Tess van de Steeg | WVZ | 201000016 | 2:53.78 | +0,80 | 464 | 38.91 | 1:22.98 | 2:08.06 | 2:53.78 |
| 19. Wieke Dekker | De Dolfijn | 201002020 | 2:53.85 | +0,77 | 463 | 38.82 | 1:23.41 | 2:08.52 | 2:53.85 |
| 20. Kyana de Vries | ZWK Merlet | 200901260 | 2:55.26 | +0,85 | 452 | 37.96 | 1:21.44 | 2:07.56 | 2:55.26 |
| 21. Jayna Wagemakers | Hieronymus | 201000226 | 2:56.06 | +0,63 | 446 | 38.12 | 1:22.64 | 2:08.85 | 2:56.06 |
| 22. Jasmijn Schoonen | Wiekslag | 200901196 | 2:56.78 | +0,76 | 441 | 38.58 | 1:23.69 | 2:10.26 | 2:56.78 |
| 23. Daphne Westra | De Granaet | 200900344 | 2:57.08 | +0,74 | 438 | 39.44 | 1:24.01 | 2:10.22 | 2:57.08 |
| 24. A. Strang van Hees | De Duinkickers | 200902566 | 2:58.05 | +0,99 | 431 | 39.75 | 1:25.07 | 2:11.78 | 2:58.05 |
| 25. Esmaé de Gans | ZPC AMERSFOORT | 200900134 | 2:59.97 | +0,84 | 418 | 39.60 | 1:25.14 | 2:12.92 | 2:59.97 |
| 26. Eva Leuverman | DAW | 200901216 | 3:01.23 | +0,74 | 409 | 39.90 | 1:25.34 | 2:13.30 | 3:01.23 |
| 27. Anne Engbersen | ZPC AMERSFOORT | 201000044 | 3:01.86 | +0,78 | 405 | 39.57 | 1:25.04 | 2:12.83 | 3:01.86 |
| AFGEM Julia D browska | Blue Marlins | 201000300 | | | | | | | |
| AFGEM Grace Peters | Feijenoord Albion | 200901474 | | | | | | | |

 Programmanr. 40
 10-12-2023

Jongens, 200m vrije slag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|------------------------|----------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 1. Mathijs de Wit | KSN (SG) | 201001215 | 2:08.53 | +0,73 | 462 | 30.16 | 1:03.00 | 1:36.88 | 2:08.53 |
| 2. Ramon Vos | ZPC Hoogeveen | 201100051 | 2:08.97 | +0,70 | 457 | 29.45 | 1:02.58 | 1:36.48 | 2:08.97 |
| 3. Abel op den Velde | De Duinkickers | 201000079 | 2:11.89 | +0,77 | 427 | 30.06 | 1:03.66 | 1:38.76 | 2:11.89 |
| 4. A. van der Sluis | PSV | 201003425 | 2:11.91 | +0,69 | 427 | 29.31 | 1:02.24 | 1:38.27 | 2:11.91 |
| 5. Myron Artemenko | Niemo Barracuda | 201003021 | 2:12.23 | +0,68 | 424 | 30.23 | 1:04.41 | 1:38.88 | 2:12.23 |
| 6. Evren Ege Orcunus | De Dolfijn | 201003253 | 2:12.47 | +0,66 | 422 | 30.76 | 1:04.08 | 1:38.37 | 2:12.47 |
| 7. Gwee Bokma | Zwemlust- den Hommel | 201002259 | 2:12.96 | +0,81 | 417 | 30.01 | 1:03.78 | 1:38.43 | 2:12.96 |
| 8. Ruben Kragt | ZV 44 | 201000007 | 2:13.21 | +0,66 | 415 | 29.89 | 1:03.27 | 1:38.76 | 2:13.21 |
| 9. Mathieu Gepkens | VZC | 201000045 | 2:13.42 | +0,75 | 413 | 31.12 | 1:05.33 | 1:40.04 | 2:13.42 |
| 10. S. Hageman | Steenwijk 1934 | 201000009 | 2:13.52 | +0,64 | 412 | 29.78 | 1:03.50 | 1:39.10 | 2:13.52 |
| 11. Thijmen Pruijssers | Hieronymus | 201000129 | 2:13.71 | | 410 | 30.90 | 1:04.92 | 1:39.89 | 2:13.71 |
| 12. Mauro Bedeke | DAW | 201000537 | 2:13.78 | +0,61 | 409 | 30.64 | 1:05.17 | 1:40.10 | 2:13.78 |
| 13. Bink Elgersma | Zwemlust- den Hommel | 201000137 | 2:14.44 | +0,77 | 403 | 29.64 | 1:03.23 | 1:39.34 | 2:14.44 |
| 14. Joey Snabel | ZPC AMERSFOORT | 201002847 | 2:14.97 | +0,70 | 399 | 30.56 | 1:05.48 | 1:41.11 | 2:14.97 |
| 15. O. Hordiienko | ZV De Aalscholver | 201003061 | 2:15.50 | +0,76 | 394 | 31.07 | 1:05.94 | 1:41.73 | 2:15.50 |
| 16. Baris Tomu | ZPCH | 201000869 | 2:15.63 | +0,57 | 393 | 30.98 | 1:05.18 | 1:41.01 | 2:15.63 |
| 17. Kris Westerhout | ZZ&PC De Devel | 201000883 | 2:16.19 | +0,64 | 388 | 29.87 | 1:04.47 | 1:40.35 | 2:16.19 |
| 18. Nick Vodde | AZ&PC De Futen | 201002211 | 2:16.33 | +0,74 | 387 | 30.39 | 1:04.61 | 1:40.81 | 2:16.33 |
| 19. Mattias Stolk | HZ&PC Heerenveen | 201000525 | 2:17.44 | +0,59 | 377 | 31.74 | 1:06.74 | 1:42.28 | 2:17.44 |

Programmanr. 40, Jongens, 200m vrije slag, Junioren 1 en 2

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m | 150m | 200m |
|-------------------------|------------------|-----------|----------------|-------|----------|-------|---------|---------|---------|
| 20. Mathijs Boersma | ZPC Hoogeveen | 201000313 | 2:17.86 | +0,78 | 374 | 31.80 | 1:06.90 | 1:42.58 | 2:17.86 |
| 21. Eli Shields | Niemo Barracuda | 201000407 | 2:17.97 | +0,72 | 373 | 30.90 | 1:05.88 | 1:42.37 | 2:17.97 |
| 22. D. van den Noulant | Blue Marlins | 201000071 | 2:18.07 | +0,75 | 372 | 31.84 | 1:07.16 | 1:43.06 | 2:18.07 |
| 23. Tycho Wienbelt | De Vikings | 201001397 | 2:18.42 | +0,77 | 369 | 32.49 | 1:07.65 | 1:42.85 | 2:18.42 |
| 24. Duco de Gelder | Blue Marlins | 201000217 | 2:18.62 | +0,74 | 368 | 31.47 | 1:06.82 | 1:43.23 | 2:18.62 |
| 25. Girish Nolden | Blue Marlins | 201000087 | 2:18.90 | +0,74 | 366 | 31.88 | 1:07.34 | 1:44.11 | 2:18.90 |
| 26. Sven Potappel | DWK | 201000127 | 2:19.60 | +0,70 | 360 | 32.22 | 1:08.19 | 1:44.23 | 2:19.60 |
| 27. Matthijs van Velzen | ZV 44 | 201100435 | 2:19.71 | +0,51 | 359 | 30.48 | 1:05.72 | 1:43.11 | 2:19.71 |
| 28. Finn Wensveen | Zv de Ham | 201000811 | 2:19.75 | +0,91 | 359 | 32.93 | 1:08.26 | 1:44.33 | 2:19.75 |
| 29. Thijs Jonkman | De Duck | 201000481 | 2:20.44 | +0,69 | 354 | 32.61 | 1:08.13 | 1:44.44 | 2:20.44 |
| 30. Jorick Johannes | HZ&PC Heerenveen | 201000403 | 2:21.42 | +0,51 | 346 | 32.15 | 1:07.92 | 1:45.06 | 2:21.42 |
| 31. Kasper Lubbers | Orca | 201100025 | 2:21.47 | +0,63 | 346 | 33.11 | 1:09.47 | 1:46.21 | 2:21.47 |
| 32. Mees Janssen | DSZ | 201102025 | 2:21.49 | +0,58 | 346 | 31.15 | 1:06.90 | 1:44.09 | 2:21.49 |
| 33. Melle Pittie | Zwemclub Eijsden | 201000179 | 2:21.54 | +0,78 | 346 | 33.77 | 1:11.45 | 1:48.88 | 2:21.54 |
| 34. Tygo van de Wal | DWK | 201001329 | 2:21.76 | +0,72 | 344 | 32.89 | 1:09.31 | 1:46.54 | 2:21.76 |
| 35. Stijn Dijkstra | DZ&PC | 201000279 | 2:22.01 | +0,61 | 342 | 32.97 | 1:09.20 | 1:46.06 | 2:22.01 |
| 36. Nordin Vermeer | DWK | 201000227 | 2:22.86 | +0,72 | 336 | 32.08 | 1:09.27 | 1:46.93 | 2:22.86 |
| 37. Franz Ziegler | DAW | 201100891 | 2:23.12 | +0,68 | 334 | 33.24 | 1:10.76 | 1:48.53 | 2:23.12 |
| 38. Thijn Runia | DZT'62 | 201000895 | 2:24.44 | +0,70 | 325 | 33.19 | 1:11.14 | 1:50.35 | 2:24.44 |
| 39. Cayden Malone | De Dolfijn | 201002195 | 2:24.71 | +0,74 | 323 | 33.33 | 1:10.76 | 1:49.95 | 2:24.71 |
| 40. Yorre van der Wal | ZV 44 | 201000017 | 2:24.76 | +0,63 | 323 | 32.64 | 1:09.46 | 1:47.83 | 2:24.76 |
| 41. Dax Muijlaert | SG Octopus - ZVV | 201100535 | 2:25.28 | +0,57 | 319 | 32.70 | 1:09.90 | 1:48.38 | 2:25.28 |
| 42. Vince van Dam | ACZ | 201000405 | 2:25.85 | +0,66 | 316 | 32.89 | 1:09.50 | 1:47.49 | 2:25.85 |
| 43. Nathan Magava | De Dolfijn | 201003067 | 2:26.55 | +0,77 | 311 | 33.48 | 1:09.97 | 1:48.35 | 2:26.55 |
| 44. Joep Lindhout | Niemo Barracuda | 201100873 | 2:27.56 | +0,71 | 305 | 34.54 | 1:12.70 | 1:51.26 | 2:27.56 |
| 45. Kick Germers | SWOL 1894 | 201000185 | 2:27.60 | +0,60 | 305 | 34.12 | 1:11.72 | 1:50.16 | 2:27.60 |
| 46. Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 2:28.09 | +0,72 | 302 | 33.64 | 1:11.27 | 1:50.18 | 2:28.09 |
| 47. Amor van der Veen | ZV 44 | 201100197 | 2:29.74 | +0,70 | 292 | 33.48 | 1:11.95 | 1:51.49 | 2:29.74 |
| 48. Luca Monster | ZPC Numansdorp | 201100343 | 2:29.92 | +0,65 | 291 | 34.55 | 1:13.72 | 1:52.62 | 2:29.92 |
| 49. Nils Bellert | SG Octopus - ZVV | 201100347 | 2:30.41 | +0,78 | 288 | 34.32 | 1:13.22 | 1:52.91 | 2:30.41 |
| AFGEM Max van der Spank | Hieronymus | 201000275 | | | | | | | |

 Programmanr. 31
10-12-2023

Meisjes, 100m vrije slag

 Junioren 3 en 4
Resultaten Swim off voorronde

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|-----------------|------------|-----------|----------------|-------|----------|-------|---------|
| 1. Flo Streep | DAW | 200900676 | 1:00.97 | +0,73 | 559 | 29.13 | 1:00.97 |
| 2. Ilse Wiltjer | DZ&PC | 200900868 | 1:01.24 | +0,77 | 552 | 29.48 | 1:01.24 |

 Programmanr. 31
10-12-2023

Meisjes, 100m vrije slag

 Junioren 3 en 4
Resultaten Finale

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|-----------|------------|--|------|----|----------|-----|------|
|-----------|------------|--|------|----|----------|-----|------|

Programmanr. 31, Meisjes, 100m vrije slag, Finale

| | | | | | | |
|--------------------------|------------------|-----------|----------------------|-----|-------|---------|
| 1. Jülüette Woltjes | VZC | 200900774 | 57.57 +0,80 | 664 | 27.62 | 57.57 |
| 2. Fay Boxum | DZ&PC | 200900060 | 58.24 +0,77 | 642 | 27.84 | 58.24 |
| 3. Fenna Westerneng | DZ&PC | 200900070 | 59.30 +0,71 | 608 | 28.74 | 59.30 |
| 4. Kinley Cole | PSV | 200903696 | 59.59 +0,70 | 599 | 28.27 | 59.59 |
| 5. Madeleine Bertram | De Dolfijn | 200900516 | 59.82 +0,72 | 592 | 28.93 | 59.82 |
| 6. Anne Engbersen | ZPC AMERSFOORT | 201000044 | 1:00.09 +0,74 | 584 | 28.81 | 1:00.09 |
| 7. Fenna Zusterzeel | PSV | 201000008 | 1:00.26 +0,71 | 579 | 28.89 | 1:00.26 |
| 8. Carla Moreno Palacios | De Dolfijn | 201002302 | 1:00.41 +0,74 | 575 | 29.25 | 1:00.41 |
| 9. Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 1:00.47 +0,66 | 573 | 29.21 | 1:00.47 |
| 10. Lotte Lübbers | KSN (SG) | 200900190 | 1:00.95 +0,60 | 560 | 29.16 | 1:00.95 |

 Programmanr. 33
 10-12-2023

Jongens, 100m schoolslag

 Junioren 3 en 4
 Resultaten Finale

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|--|--------------------|-----------|----------------------|----|----------|-------|---------|
| 1. | Wytse Broekstra <i>NR 15 jarigen, NR Junioren</i> | De Vikings | 200800121 | 1:02.07 +0,72 | | 706 | 29.18 | 1:02.07 |
| 2. | Giovanni Phillipson | Team Noord Holland | 200801099 | 1:05.48 +0,76 | | 601 | 30.70 | 1:05.48 |
| 3. | Rens van Wijngaarden | ZPC AMERSFOORT | 200800839 | 1:06.82 +0,72 | | 566 | 31.59 | 1:06.82 |
| 4. | Hein Muller | DZ&PC | 200800157 | 1:07.05 +0,73 | | 560 | 31.71 | 1:07.05 |
| 5. | Job Sportel | De Dinkel | 200800429 | 1:07.20 +0,70 | | 556 | 31.66 | 1:07.20 |
| 6. | Sven Koornstra | De Vikings | 200900189 | 1:07.41 +0,79 | | 551 | 32.34 | 1:07.41 |
| 7. | Youp Stuijzand | ZV 44 | 200800521 | 1:07.62 +0,66 | | 546 | 32.05 | 1:07.62 |
| 8. | Floris van der Valk | Wiekslag | 200801891 | 1:07.82 +0,62 | | 541 | 31.59 | 1:07.82 |
| 9. | Luca Boorsma | De Dolfijn | 200902031 | 1:08.86 +0,59 | | 517 | 32.62 | 1:08.86 |
| 10. | Nout Folkersma | PSV | 200800595 | 1:09.97 +0,69 | | 493 | 32.56 | 1:09.97 |

 Programmanr. 41
 10-12-2023

Meisjes, 100m rugslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---|----------------------|-----------|----------------------|----|----------|-------|---------|
| 1. | Malin Roozeboom <i>NR 12 jarigen</i> | WVZ | 201100006 | 1:05.04 +0,74 | | 601 | 32.30 | 1:05.04 |
| 2. | Frédérique Nijziel | PSV | 201103114 | 1:08.92 +0,66 | | 505 | 33.01 | 1:08.92 |
| 3. | Elin Reinstra | TriVia | 201100842 | 1:10.32 +0,71 | | 475 | 34.06 | 1:10.32 |
| 4. | Yill van Bezouw | Hieronymus | 201100704 | 1:10.39 +0,71 | | 474 | 34.03 | 1:10.39 |
| 5. | Mattea Gliese-Slooijer | De Dinkel | 201100008 | 1:13.61 +0,76 | | 414 | 35.48 | 1:13.61 |
| 6. | Casharell Kraan | Blue Marlins | 201103426 | 1:13.88 +0,76 | | 410 | 36.16 | 1:13.88 |
| 7. | Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 1:13.90 +0,76 | | 409 | 36.43 | 1:13.90 |
| 8. | Simone Brobbel | ZPC Numansdorp | 201200058 | 1:14.02 +0,79 | | 407 | 35.79 | 1:14.02 |
| 9. | Elke Kriesels | Hieronymus | 201100898 | 1:14.08 +0,62 | | 406 | 35.72 | 1:14.08 |
| 10. | Odenza Soselisa | Blue Marlins | 201101780 | 1:14.13 +0,76 | | 405 | 36.50 | 1:14.13 |
| 11. | Noa van Zalk | ZPC AMERSFOORT | 201102534 | 1:14.51 +0,66 | | 399 | 36.36 | 1:14.51 |
| 12. | Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 1:14.70 +0,70 | | 396 | 36.22 | 1:14.70 |
| 13. | Noa Spaans | De Dolfijn | 201100222 | 1:14.78 +0,70 | | 395 | 36.80 | 1:14.78 |
| 14. | Amila Mustafic | DZ&PC | 201200026 | 1:14.80 +0,65 | | 395 | 36.18 | 1:14.80 |
| 15. | Lola Verheijen | PSV | 201100832 | 1:15.03 +0,82 | | 391 | 36.85 | 1:15.03 |
| 16. | Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 1:15.94 +0,85 | | 377 | 36.70 | 1:15.94 |
| 17. | Milou Filemon | Blue Marlins | 201100078 | 1:16.12 +0,74 | | 374 | 37.14 | 1:16.12 |
| 18. | Annefleur Schraa | SWOL 1894 | 201100044 | 1:16.16 +0,67 | | 374 | 37.73 | 1:16.16 |
| 19. | Sterre de Veen | Hellas-Glana | 201100086 | 1:16.33 +0,74 | | 371 | 37.22 | 1:16.33 |
| 20. | Alaine Dumont | ZV De Watervogels | 201102140 | 1:16.57 +0,59 | | 368 | 37.46 | 1:16.57 |
| 21. | Chloé in 't Veen | WVZ | 201100010 | 1:16.65 +0,59 | | 367 | 37.22 | 1:16.65 |

Programmanr. 41, Meisjes, 100m rugslag, Junioren 1 en 2

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---------------------|-----------------------------|-----------|----------------------|-----|----------|-------|---------|
| 22. | Rozalia Diederiks | ZVL-1886 | 201100904 | 1:16.72 +0,74 | 366 | | 37.90 | 1:16.72 |
| 23. | Anna Lepoutre | PSV | 201100534 | 1:16.79 +0,72 | 365 | | 37.89 | 1:16.79 |
| 24. | Fanni Farkas | De Columbiaan | 201100360 | 1:17.08 +0,79 | 361 | | 37.43 | 1:17.08 |
| 25. | Melody Paulussen | De Dolfijn | 201101106 | 1:17.16 +0,71 | 360 | | 37.75 | 1:17.16 |
| 26. | Esmee Reuver | ZC Polaris | 201100846 | 1:17.20 +0,70 | 359 | | 37.53 | 1:17.20 |
| 27. | Julia Ketelaars | Hellas-Glana | 201200028 | 1:17.21 +0,56 | 359 | | 37.31 | 1:17.21 |
| 28. | Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 1:17.49 +0,70 | 355 | | 37.22 | 1:17.49 |
| 29. | Eva ter Horst | ZPC Hoogeveen | 201200070 | 1:17.51 +0,70 | 355 | | 37.61 | 1:17.51 |
| 30. | Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 1:17.57 +0,73 | 354 | | 36.94 | 1:17.57 |
| 31. | Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 1:18.19 +0,81 | 345 | | 38.45 | 1:18.19 |
| 32. | Julia Bannatyne | BZ&PC | 201201020 | 1:18.31 +0,75 | 344 | | 37.60 | 1:18.31 |
| 33. | Alissa Rooijackers | Z&PV Nuenen | 201101892 | 1:18.32 +0,68 | 344 | | 37.81 | 1:18.32 |
| 34. | Sara Creemers | Hellas-Glana | 201100242 | 1:18.78 +0,75 | 338 | | 39.08 | 1:18.78 |
| 35. | Esra Simon | Hellas-Glana | 201100004 | 1:19.16 +0,68 | 333 | | 38.82 | 1:19.16 |
| 36. | Meike van der Klugt | WVZ | 201100808 | 1:19.17 +0,70 | 333 | | 38.59 | 1:19.17 |
| 37. | Vicky Horens | Hellas-Glana | 201200252 | 1:19.85 +0,60 | 324 | | 39.11 | 1:19.85 |
| 38. | Isabel Amelink | Deltasteur | 201100196 | 1:20.04 +0,80 | 322 | | 38.53 | 1:20.04 |
| 39. | Elle van Gemeren | DAW | 201100428 | 1:20.13 +0,78 | 321 | | 39.44 | 1:20.13 |
| 40. | Lise Markes | SBC2000 | 201101276 | 1:20.20 +0,70 | 320 | | 38.95 | 1:20.20 |
| 41. | Juno Toornend | Team Noord Holland | 201101718 | 1:20.52 +0,78 | 316 | | 39.92 | 1:20.52 |
| 42. | Norell Kroeze | ZC Polaris | 201100378 | 1:21.11 +0,73 | 309 | | 39.50 | 1:21.11 |
| 43. | Minke Bouman | Blue Marlins | 201100104 | 1:21.18 +0,91 | 309 | | 40.21 | 1:21.18 |
| 44. | Morrison Schram | De Schelde | 201100686 | 1:21.89 +0,62 | 301 | | 39.72 | 1:21.89 |
| 45. | Emma van den Berg | V.Z.V. Njord | 201100830 | 1:22.51 +0,86 | 294 | | 40.77 | 1:22.51 |
| 46. | Nynke Muntinga | ZPCH | 201100060 | 1:23.24 +0,77 | 286 | | 39.50 | 1:23.24 |
| 47. | Syll Rinsma | Orca | 201200798 | 1:23.87 +0,69 | 280 | | 39.52 | 1:23.87 |
| 48. | Charlie Klaver | De Dolfijn | 201102094 | 1:28.01 +0,83 | 242 | | 42.85 | 1:28.01 |
| 49. | Roubin van Kampen | ZPCH | 201200370 | 1:28.84 +0,76 | 235 | | 43.80 | 1:28.84 |
| DIS | Carlijn Dezutter | Scheldestroom | 201100770 | | | | | |

- , Keerpunt gemist en teruggezwommen naar de muur om alsnog te keren

 Programmanr. 42
 10-12-2023

Jongens, 100m vlinderslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-------------------------|----------------------|-----------|----------------------|-----|----------|-------|---------|
| 1. | Nick Vodde | AZ&PC De Futen | 201002211 | 1:03.59 +0,72 | 424 | | 29.05 | 1:03.59 |
| 2. | Evren Ege Orcunus | De Dolfijn | 201003253 | 1:05.49 +0,62 | 388 | | 31.25 | 1:05.49 |
| 3. | Myron Artemenko | Niemo Barracuda | 201003021 | 1:06.74 +0,66 | 366 | | 31.26 | 1:06.74 |
| 4. | Thijn Runia | DZT'62 | 201000895 | 1:07.33 +0,65 | 357 | | 31.30 | 1:07.33 |
| 5. | Ruben Kragt | ZV 44 | 201000007 | 1:07.79 +0,63 | 350 | | 31.13 | 1:07.79 |
| 6. | Girish Nolden | Blue Marlins | 201000087 | 1:08.56 +0,60 | 338 | | 32.28 | 1:08.56 |
| 7. | Sven Potappel | DWK | 201000127 | 1:08.75 +0,50 | 335 | | 31.80 | 1:08.75 |
| 8. | Franzi Ziegler | DAW | 201100891 | 1:09.82 +0,68 | 320 | | 32.67 | 1:09.82 |
| 9. | Thijmen Pruijssers | Hieronimus | 201000129 | 1:10.12 +0,68 | 316 | | 32.21 | 1:10.12 |
| 10. | Gwee Bokma | Zwemlust- den Hommel | 201002259 | 1:10.19 +0,81 | 315 | | 32.00 | 1:10.19 |
| 11. | Alief Jan van der Sluis | PSV | 201003425 | 1:11.53 +0,69 | 298 | | 33.24 | 1:11.53 |
| 12. | Matthijs van Velzen | ZV 44 | 201100435 | 1:11.63 +0,68 | 296 | | 32.52 | 1:11.63 |
| 13. | Matthijs de Wit | KSN (SG) | 201001215 | 1:11.64 +0,74 | 296 | | 33.58 | 1:11.64 |
| 14. | Mauro Bedeke | DAW | 201000537 | 1:12.18 +0,62 | 290 | | 32.88 | 1:12.18 |
| 15. | Nathan Magava | De Dolfijn | 201003067 | 1:13.36 +0,66 | 276 | | 33.12 | 1:13.36 |
| | Nils Bellert | SG Octopus - ZVV | 201100347 | 1:13.36 +0,76 | 276 | | 34.24 | 1:13.36 |
| 17. | Sven Casper Hageman | Steenwijk 1934 | 201000009 | 1:13.43 +0,69 | 275 | | 34.16 | 1:13.43 |
| 18. | Abel op den Velde | De Duinkickers | 201000079 | 1:13.56 +0,78 | 274 | | 33.93 | 1:13.56 |
| 19. | Dax van den Noulant | Blue Marlins | 201000071 | 1:13.83 +0,65 | 271 | | 34.60 | 1:13.83 |
| 20. | Duco de Gelder | Blue Marlins | 201000217 | 1:14.00 +0,70 | 269 | | 32.96 | 1:14.00 |

Programmanr. 42, Jongens, 100m vlinderslag, Junioren 1 en 2

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|---------------------|----------------------|-----------|----------------|-------|----------|-------|---------|
| 21. | Kasper Lubbers | Orca | 201100025 | 1:14.40 | +0,61 | 264 | 34.44 | 1:14.40 |
| 22. | Thijs Jonkman | De Duck | 201000481 | 1:14.49 | +0,73 | 263 | 34.13 | 1:14.49 |
| 23. | Oleksandr Hordienko | ZV De Aalscholver | 201003061 | 1:15.54 | +0,75 | 253 | 35.13 | 1:15.54 |
| 24. | Bink Elgersma | Zwemlust- den Hommel | 201000137 | 1:15.76 | +0,79 | 250 | 34.56 | 1:15.76 |
| 25. | Mathieu Gepkens | VZC | 201000045 | 1:16.05 | +0,76 | 247 | 34.48 | 1:16.05 |
| 26. | Tycho Wienbelt | De Vikings | 201001397 | 1:16.07 | +0,81 | 247 | 35.24 | 1:16.07 |
| 27. | Kick Germers | SWOL 1894 | 201000185 | 1:16.64 | +0,70 | 242 | 34.94 | 1:16.64 |
| 28. | Kris Westerhout | ZZ&PC De Devel | 201000883 | 1:17.45 | +0,63 | 234 | 34.61 | 1:17.45 |
| 29. | Vince van Dam | ACZ | 201000405 | 1:17.57 | +0,64 | 233 | 34.59 | 1:17.57 |
| 30. | Ramon Vos | ZPC Hoogeveen | 201100051 | 1:17.94 | +0,79 | 230 | 35.32 | 1:17.94 |
| 31. | Dax Muijlaert | SG Octopus - ZVV | 201100535 | 1:18.52 | +0,72 | 225 | 36.73 | 1:18.52 |
| 32. | Cayden Malone | De Dolfijn | 201002195 | 1:18.72 | +0,72 | 223 | 35.99 | 1:18.72 |
| 33. | Jorick Johannes | HZ&PC Heerenveen | 201000403 | 1:19.03 | +0,49 | 220 | 36.09 | 1:19.03 |
| 34. | Melle Pittie | Zwemclub Eijsden | 201000179 | 1:19.39 | +0,76 | 217 | 35.50 | 1:19.39 |
| 35. | Stijn Dijkstra | DZ&PC | 201000279 | 1:19.79 | +0,56 | 214 | 37.13 | 1:19.79 |
| 36. | Baris Tomu | ZPCH | 201000869 | 1:20.25 | +0,64 | 211 | 37.02 | 1:20.25 |
| 37. | Tygo van de Wal | DWK | 201001329 | 1:20.34 | +0,72 | 210 | 36.60 | 1:20.34 |
| 38. | Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 1:20.45 | +0,73 | 209 | 36.60 | 1:20.45 |
| 39. | Joep Lindhout | Niemo Barracuda | 201100873 | 1:20.72 | +0,76 | 207 | 37.99 | 1:20.72 |
| 40. | Joey Snabel | ZPC AMERSFOORT | 201002847 | 1:20.82 | +0,76 | 206 | 36.06 | 1:20.82 |
| 41. | Mees Janssen | DSZ | 201102025 | 1:22.10 | +0,66 | 197 | 36.56 | 1:22.10 |
| 42. | Amor van der Veen | ZV 44 | 201100197 | 1:22.29 | +0,69 | 195 | 37.64 | 1:22.29 |
| 43. | Luca Monster | ZPC Numansdorp | 201100343 | 1:22.76 | +0,65 | 192 | 35.71 | 1:22.76 |
| 44. | Finn Wensveen | Zv de Ham | 201000811 | 1:25.36 | +0,88 | 175 | 40.62 | 1:25.36 |
| 45. | Yorre van der Wal | ZV 44 | 201000017 | 1:26.57 | +0,68 | 168 | 40.28 | 1:26.57 |
| 46. | Mattias Stolk | HZ&PC Heerenveen | 201000525 | 1:26.78 | +0,75 | 166 | 40.74 | 1:26.78 |
| 47. | Nordin Vermeer | DWK | 201000227 | 1:27.97 | +0,69 | 160 | 38.94 | 1:27.97 |
| 48. | Mathijs Boersma | ZPC Hoogeveen | 201000313 | 1:29.54 | +0,71 | 151 | 41.48 | 1:29.54 |
| | DIS Eli Shields | Niemo Barracuda | 201000407 | | +0,63 | | | |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

AFGEM Max van der Spank Hieronymus 201000275

 Programmanr. 36
10-12-2023

Meisjes, 100m rugslag

 Junioren 3 en 4
Resultaten Finale

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|--------------------|------------------|-----------|----------------|-------|----------|-------|---------|
| 1. | Fay Boxum | DZ&PC | 200900060 | 1:03.61 | +0,61 | 642 | 30.65 | 1:03.61 |
| 2. | Elin Ditewig | VZC | 200900392 | 1:03.71 | +0,67 | 639 | 30.87 | 1:03.71 |
| 3. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 1:03.72 | +0,59 | 639 | 30.93 | 1:03.72 |
| 4. | Tereza Boom | PSV | 200904028 | 1:05.65 | +0,56 | 584 | 31.55 | 1:05.65 |
| 5. | Fenna Zusterzeel | PSV | 201000008 | 1:05.98 | +0,57 | 575 | 31.99 | 1:05.98 |
| 6. | Nienke Koster | ZPC Hoogeveen | 200900612 | 1:06.54 | +0,56 | 561 | 32.05 | 1:06.54 |
| 7. | Ece Öngören | Blue Marlins | 200903862 | 1:07.20 | +0,69 | 544 | 32.57 | 1:07.20 |
| 8. | Vera de Boer | MZ&PC De Reest | 200900512 | 1:07.57 | +0,72 | 536 | 32.85 | 1:07.57 |
| 9. | Myrthe Stelten | Hellas-Glana | 200900234 | 1:08.22 | +0,68 | 520 | 32.82 | 1:08.22 |
| 10. | Fenna Westerneng | DZ&PC | 200900070 | 1:10.00 | +0,80 | 482 | 34.02 | 1:10.00 |

Programmanr. 37
 10-12-2023

Jongens, 100m vlinderslag

 Junioren 3 en 4
 Resultaten Finale

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin.FINA | 50m | 100m |
|------|-------------------|-------------------------|-----------|--------------------|-------|----------|-------|---------|
| 1. | Kaan Sudak | Blue Marlins | 200803733 | 56.21 | +0,63 | 614 | 26.02 | 56.21 |
| 2. | Xiaoyu Yin | Blue Marlins | 200803363 | 56.58 | +0,68 | 602 | 26.33 | 56.58 |
| 3. | Jones Chuang | PSV | 200801173 | 57.88 | +0,60 | 562 | 27.01 | 57.88 |
| 4. | Yarno van Dam | ACZ | 200800115 | 58.49 | +0,68 | 545 | 27.24 | 58.49 |
| 5. | Mattia Maggio | Hellas-Glana | 200903311 | 59.90 | +0,61 | 507 | 27.70 | 59.90 |
| 6. | Filip Piszczynski | KSN (SG) | 200802125 | 1:00.62 | +0,62 | 489 | 28.04 | 1:00.62 |
| 7. | Feddo Smink | ZPC AMERSFOORT | 200900007 | 1:01.40 | +0,66 | 471 | 28.15 | 1:01.40 |
| 8. | Wanne van Geest | ZV Vlaardingen-Schiedam | 200901425 | 1:01.41 | +0,71 | 471 | 27.70 | 1:01.41 |
| 9. | Felbe van 't Land | ZPC AMERSFOORT | 200900027 | 1:01.47 | +0,72 | 469 | 27.47 | 1:01.47 |
| 10. | Aditya Winterberg | Blue Marlins | 200800953 | S15 1:01.77 | +0,69 | 462 | 28.26 | 1:01.77 |

 Programmanr. 43
 10-12-2023

Meisjes, 50m vrije slag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | FINA |
|------|-------------------------|----------------------|-----------|--------------|-------|------|
| 1. | Fay Boxum | DZ&PC | 200900060 | 26.96 | +0,72 | 615 |
| 2. | Anne Engbersen | ZPC AMERSFOORT | 201000044 | 27.02 | +0,69 | 611 |
| 3. | Juliëtte Woltjes | VZC | 200900774 | 27.05 | +0,78 | 609 |
| 4. | Kinley Cole | PSV | 200903696 | 27.45 | +0,69 | 582 |
| 5. | Elin Ditewig | VZC | 200900392 | 27.48 | +0,74 | 580 |
| 6. | Myla Klaassen | Aqua-Novio'94 | 200900110 | 27.67 | +0,62 | 569 |
| 7. | Senna Rijnbeek | ZPC AMERSFOORT | 200901480 | 27.78 | +0,78 | 562 |
| 8. | Ilse Wiltjer | DZ&PC | 200900868 | 27.93 | +0,77 | 553 |
| 9. | Carla Moreno Palacios | De Dolfijn | 201002302 | 27.94 | +0,73 | 552 |
| 10. | Maryse Kuijper | DWK | 201000692 | 28.04 | +0,79 | 546 |
| 11. | Flo Streep | DAW | 200900676 | 28.16 | +0,71 | 539 |
| 12. | Silke Hooghiemstra | HZ&PC Heerenveen | 200901224 | 28.19 | +0,69 | 538 |
| 13. | Fenna Westerneng | DZ&PC | 200900070 | 28.22 | +0,72 | 536 |
| 14. | Julia D browska | Blue Marlins | 201000300 | 28.24 | +0,73 | 535 |
| 15. | Patricia de Leu | Team Noord Holland | 200900982 | 28.26 | +0,71 | 534 |
| 16. | Caitlin Sülter | Aqua-Novio'94 | 200900046 | 28.28 | +0,69 | 533 |
| 17. | Sterre Dietvorst | ZPC AMERSFOORT | 200900726 | 28.29 | +0,77 | 532 |
| 18. | Mariia Kostina | Blue Marlins | 201002042 | 28.30 | +0,67 | 531 |
| 19. | Chiara Lammertink | ZV 44 | 200902200 | 28.31 | +0,79 | 531 |
| 20. | Fleur van den Eijk | Blue Marlins | 200900304 | 28.34 | +0,63 | 529 |
| | Madeleine Bertram | De Dolfijn | 200900516 | 28.34 | +0,72 | 529 |
| 22. | Karlijn van der Schrier | Hieronymus | 200900834 | 28.36 | +0,70 | 528 |
| 23. | Isis Verhoeff | De Otters Het Gooi | 200902962 | 28.38 | +0,66 | 527 |
| 24. | Karlijn Siderius | DWK | 200900032 | 28.39 | +0,74 | 526 |
| 25. | Jenny Muntinga | ZPCH | 200900450 | 28.40 | +0,55 | 526 |
| 26. | Tara Langkamp | Aqua-Novio'94 | 200900362 | 28.46 | +0,73 | 523 |
| 27. | Nienke Koster | ZPC Hoogeveen | 200900612 | 28.48 | +0,64 | 521 |
| 28. | Tessa van Beek | DWK | 201001446 | 28.49 | +0,73 | 521 |
| 29. | Megan Snoek | DAW | 200900888 | 28.57 | +0,74 | 516 |
| 30. | Simone Faber | Deltasteur | 200900710 | 28.61 | +0,69 | 514 |
| 31. | Lotte Lübbers | KSN (SG) | 200900190 | 28.65 | +0,74 | 512 |
| 32. | Amber Kunst | DAW | 200900680 | 28.67 | +0,71 | 511 |
| 33. | Anouk Vis | Z&PC De Zeeuwse Kust | 200900286 | 28.68 | +0,77 | 511 |
| 34. | Famke Franzen | De Schoteijl | 201000058 | 28.80 | +0,75 | 504 |
| 35. | Tereza Boom | PSV | 200904028 | 28.81 | +0,73 | 504 |
| 36. | Suuz Griekspoor | Noordwijkerhout | 200901204 | 28.86 | +0,73 | 501 |
| 37. | Joleen Noordenbos | Orca | 200900884 | 28.88 | +0,64 | 500 |
| 38. | Charlotte Landman | ESCA Zwemmen | 200901290 | 28.99 | +0,74 | 494 |
| 39. | Ann Hietbrink | ZPC De Hof | 200902444 | 29.02 | +0,74 | 493 |

Programmanr. 43, Meisjes, 50m vrije slag, Junioren 3 en 4

| rang | naam | vereniging | | tijd | RT | FINA |
|------|-------------------|------------------|-----------|--------------|-------|------|
| 40. | Fenne Metten | ZPC AMERSFOORT | 201000102 | 29.12 | +0,57 | 488 |
| | Yaell Elmerink | De IJsel | 200900310 | 29.12 | +0,75 | 488 |
| 42. | Daphne Dijsselhof | Dedemsvaart-AC | 200901690 | 29.24 | +0,79 | 482 |
| 43. | Anouk Steller | WVZ | 201000004 | 29.33 | +0,66 | 477 |
| 44. | Milou Geneuglijk | HZ&PC Heerenveen | 200900556 | 29.34 | +0,73 | 477 |
| | Liana Wetzlaugk | De Dolfijn | 200902398 | 29.34 | +0,61 | 477 |
| 46. | Julia Bos | De Hokseberg | 200900184 | 29.37 | +0,84 | 475 |
| 47. | Eva de Man | Aqua-Novio'94 | 201000294 | 29.40 | +0,79 | 474 |
| 48. | Senna Boogmans | De Duinkickers | 201000640 | 29.61 | +0,79 | 464 |
| 49. | Arlyn Schouten | Z&PV Nuenen | 200900830 | 29.95 | +0,71 | 448 |
| 50. | Iris Tilburg | Arethusa | 200902662 | 30.08 | +0,77 | 442 |
| 51. | Marjolie Spelde | ZC Borger | 200900266 | 30.34 | +0,78 | 431 |
| DIS | Jaydee Leenders | Aqua-Novio'94 | 200900112 | | | |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

| | | | |
|-------|---------------|------------|-----------|
| AFGEM | Daphne Westra | De Granaet | 200900344 |
| AFGEM | Puck van Wees | De Dolfijn | 200901020 |

 Programmanr. 44
10-12-2023

Jongens, 200m vrije slag

 Junioren 3 en 4
Resultaten

Punten: FINA 2023

| rang | naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|------|---------------------|-------------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 1. | Giovanni Phillipson | Team Noord Holland | 200801099 | 1:51.32 | +0,77 | 711 | 25.48 | 53.10 | 1:22.25 | 1:51.32 |
| 2. | Xiaoyu Yin | Blue Marlins | 200803363 | 1:55.04 | +0,68 | 644 | 26.18 | 54.89 | 1:24.75 | 1:55.04 |
| 3. | Yarno van Dam | ACZ | 200800115 | 1:56.17 | +0,69 | 625 | 26.33 | 55.43 | 1:25.45 | 1:56.17 |
| 4. | Jaydey Schonewille | Steenwijk 1934 | 200800025 | 1:58.16 | +0,76 | 594 | 27.06 | 56.91 | 1:27.62 | 1:58.16 |
| 5. | Siem de Zeeuw | OZ&PC | 200800013 | 1:58.48 | +0,72 | 589 | 27.16 | 57.85 | 1:28.58 | 1:58.48 |
| 6. | Tobian Vos | ZPC AMERSFOORT | 200900005 | 1:59.52 | +0,73 | 574 | 27.98 | 58.28 | 1:29.34 | 1:59.52 |
| 7. | Theodore Allan | PSV | 200902925 | 1:59.58 | +0,66 | 573 | 27.19 | 57.33 | 1:28.94 | 1:59.58 |
| 8. | Milan Veelders | De Dinkel | 200800279 | 1:59.63 | +0,76 | 573 | 27.24 | 57.70 | 1:28.31 | 1:59.63 |
| 9. | Diede Veld | HZ&PC Heerenveen | 200800011 | 2:00.05 | +0,76 | 567 | 27.51 | 57.81 | 1:29.30 | 2:00.05 |
| 10. | Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 2:00.10 | +0,73 | 566 | 27.51 | 57.93 | 1:30.21 | 2:00.10 |
| 11. | Tim Boerefijn | WVZ | 200802815 | 2:01.18 | +0,77 | 551 | 27.53 | 57.81 | 1:29.23 | 2:01.18 |
| 12. | Nout Folkersma | PSV | 200800595 | 2:01.36 | +0,66 | 548 | 27.87 | 58.54 | 1:29.95 | 2:01.36 |
| 13. | Bas Mostert | VZC | 200800629 | 2:01.45 | +0,70 | 547 | 27.74 | 58.41 | 1:30.01 | 2:01.45 |
| 14. | Rens Noordover | Team Noord Holland | 200800237 | 2:01.48 | +0,73 | 547 | 27.78 | 58.50 | 1:30.28 | 2:01.48 |
| 15. | Sven Koornstra | De Vikings | 200900189 | 2:01.55 | +0,75 | 546 | 28.82 | 59.94 | 1:31.11 | 2:01.55 |
| 16. | Bram ter Braak | De Dinkel | 200800281 | 2:01.60 | +0,73 | 545 | 27.93 | 59.71 | 1:31.62 | 2:01.60 |
| 17. | Rian Schoneveld | De Berkelduikers | 200801789 | 2:01.83 | +0,70 | 542 | 27.97 | 58.73 | 1:30.81 | 2:01.83 |
| 18. | Kaan Sudak | Blue Marlins | 200803733 | 2:01.98 | +0,62 | 540 | 27.24 | 57.78 | 1:31.05 | 2:01.98 |
| 19. | Arjan Boogaard | Deltasteur | 200800093 | 2:02.29 | +0,65 | 536 | 27.29 | 58.36 | 1:30.23 | 2:02.29 |
| 20. | Martijn Nies | PSV | 200902095 | 2:02.38 | +0,83 | 535 | 28.55 | 1:00.30 | 1:31.38 | 2:02.38 |
| 21. | Job Sportel | De Dinkel | 200800429 | 2:02.70 | +0,71 | 531 | 28.74 | 1:00.30 | 1:31.97 | 2:02.70 |
| 22. | Filip Piszczynski | KSN (SG) | 200802125 | 2:04.34 | +0,62 | 510 | 28.95 | 1:00.84 | 1:33.72 | 2:04.34 |
| 23. | Bjorn Scholten | WS Twente | 200801143 | 2:04.36 | +0,79 | 510 | 27.46 | 59.22 | 1:32.64 | 2:04.36 |
| 24. | Ivo Bot | Wiekslag | 200900509 | 2:04.39 | +0,72 | 509 | 28.11 | 59.97 | 1:32.64 | 2:04.39 |
| 25. | Jelte de Jong | ZPCH | 200900975 | 2:04.47 | +0,71 | 508 | 28.04 | 59.04 | 1:31.45 | 2:04.47 |
| 26. | Felix Gepkens | VZC | 200800631 | 2:04.67 | +0,69 | 506 | 28.26 | 1:00.04 | 1:32.50 | 2:04.67 |
| 27. | Suraj Baladurage | Team Noord Holland | 200801291 | 2:04.96 | +0,61 | 502 | 28.18 | 1:01.12 | 1:33.59 | 2:04.96 |
| 28. | Jesse Molegraaf | ZPC AMERSFOORT | 200800887 | 2:05.13 | +0,68 | 500 | 27.89 | 59.01 | 1:31.84 | 2:05.13 |
| 29. | Adriaan Coppelmans | ACZ | 200903243 | 2:05.30 | +0,64 | 498 | 28.77 | 1:00.80 | 1:33.87 | 2:05.30 |
| 30. | Liam Diavatopoulos | Aqua-Novio'94 | 200802549 | 2:05.35 | +0,79 | 498 | 27.91 | 59.21 | 1:32.26 | 2:05.35 |
| 31. | Wanne van Geest | ZV Vlaardingen-Schiedam | 200901425 | 2:05.78 | +0,74 | 493 | 27.85 | 59.65 | 1:33.25 | 2:05.78 |
| 32. | Finn Eghuizen | HZ&PC Heerenveen | 200900431 | 2:05.86 | +0,71 | 492 | 28.61 | 59.97 | 1:33.04 | 2:05.86 |
| 33. | Finn Hilders | De Dolfijn | 200900283 | 2:06.16 | +0,63 | 488 | 28.97 | 1:01.28 | 1:33.69 | 2:06.16 |
| 34. | Koen de Vries | MZ&PC De Reest | 200802379 | 2:06.34 | +0,68 | 486 | 28.67 | 1:00.28 | 1:33.35 | 2:06.34 |

Programmanr. 44, Jongens, 200m vrije slag, Junioren 3 en 4

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|-------------------------|-------------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 35. Ruben Baars | DWK | 200900471 | 2:06.47 | +0,69 | 485 | 28.26 | 1:00.48 | 1:33.76 | 2:06.47 |
| 36. Brent Schifflers | ZPC Woerden | 200902041 | 2:06.91 | +0,77 | 480 | 29.89 | 1:02.02 | 1:35.49 | 2:06.91 |
| 37. Gijs Hartwijk | ZVL-1886 | 200800573 | 2:07.32 | +0,65 | 475 | 29.23 | 1:00.80 | 1:33.99 | 2:07.32 |
| 38. Sam Leferink | De Dinkel | 200800833 | 2:07.60 | +0,74 | 472 | 27.57 | 1:00.14 | 1:33.53 | 2:07.60 |
| 39. Jones Chuang | PSV | 200801173 | 2:07.69 | +0,63 | 471 | 28.54 | 1:00.68 | 1:34.25 | 2:07.69 |
| 40. Figo van Duuren | ZPCH | 200800391 | 2:07.70 | +0,70 | 471 | 29.49 | 1:01.82 | 1:35.15 | 2:07.70 |
| 41. Teun Overmars | OZ&PC | 200800103 | 2:07.80 | +0,73 | 470 | 28.55 | 1:00.44 | 1:34.33 | 2:07.80 |
| 42. S. van Hees Ajdnik | ZEPS | 200900489 | 2:07.87 | +0,69 | 469 | 29.53 | 1:01.84 | 1:34.67 | 2:07.87 |
| 43. Jannick van Eeghem | Hellas-Glana | 200800147 | 2:07.97 | +0,70 | 468 | 28.18 | 1:00.93 | 1:34.70 | 2:07.97 |
| 44. Timo Berghuis | NDD | 200801991 | 2:08.10 | +0,66 | 466 | 29.20 | 1:01.40 | 1:34.79 | 2:08.10 |
| 45. Damir Mustafic | DZ&PC | 200800885 | 2:08.22 | +0,78 | 465 | 28.16 | 1:00.06 | 1:33.84 | 2:08.22 |
| 46. Teun van Weeren | WS Twente | 200801145 | 2:08.49 | +0,75 | 462 | 29.91 | 1:02.47 | 1:35.64 | 2:08.49 |
| 47. Alexander Griston | De Dolfijn | 200803053 | 2:08.90 | +0,66 | 458 | 29.58 | 1:02.40 | 1:36.05 | 2:08.90 |
| 48. Mike Hilders | De Dolfijn | 200900281 | 2:09.17 | +0,69 | 455 | 29.16 | 1:01.50 | 1:35.22 | 2:09.17 |
| 49. Quinn Frunt | DWK | 200800729 | 2:09.95 | +0,73 | 447 | 29.07 | 1:02.19 | 1:36.29 | 2:09.95 |
| 50. Xander Kragting | ZPC AMERSFOORT | 200900077 | 2:11.14 | +0,73 | 435 | 29.36 | 1:01.80 | 1:36.15 | 2:11.14 |
| 51. Jelle van Mullekom | RZC | 200801267 | 2:11.22 | +0,72 | 434 | 28.90 | 1:01.07 | 1:35.48 | 2:11.22 |
| 52. Felbe van 't Land | ZPC AMERSFOORT | 200900027 | 2:11.54 | +0,77 | 431 | 28.35 | 1:01.22 | 1:36.31 | 2:11.54 |
| 53. Lars de Kooter | De Biesboschzwemmers | 200800185 | 2:11.76 | +0,72 | 428 | 29.73 | 1:03.05 | 1:37.43 | 2:11.76 |
| 54. Youp Stuijzand | ZV 44 | 200800521 | 2:11.95 | +0,73 | 427 | 28.78 | 1:02.48 | 1:36.88 | 2:11.95 |
| 55. Ruben Nooter | ZV 44 | 200901577 | 2:12.73 | +0,68 | 419 | 28.33 | 1:01.94 | 1:37.79 | 2:12.73 |
| 56. Thygo van de Peppel | Blue Marlins | 200901101 | 2:13.19 | +0,71 | 415 | 29.05 | 1:02.18 | 1:37.63 | 2:13.19 |
| 57. Aditya Winterberg | Blue Marlins | 200800953 | 2:16.57 | +0,71 | 385 | 29.88 | 1:03.89 | 1:40.19 | 2:16.57 |
| AFGEM S. Lopes Cardozo | WZK | 200800187 | | | | | | | |
| AFGEM Joey Pop | ZV Vlaardingen-Schiedam | 200800277 | | | | | | | |

 Programmanr. 45
 10-12-2023

Punten: FINA 2023

Meisjes, 200m vrije slag

 Junioren 1 en 2
 Resultaten

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|------------------------|----------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 1. Malin Roozeboom | WVZ | 201100006 | 2:12.83 | +0,79 | 572 | 31.88 | 1:06.07 | 1:40.05 | 2:12.83 |
| 2. Yill van Bezouw | Hieronymus | 201100704 | 2:14.00 | +0,71 | 557 | 31.27 | 1:05.77 | 1:40.33 | 2:14.00 |
| 3. Frédérique Nijziel | PSV | 201103114 | 2:16.48 | +0,80 | 528 | 31.75 | 1:07.36 | 1:42.11 | 2:16.48 |
| 4. Lola Verheijen | PSV | 201100832 | 2:18.70 | +0,78 | 503 | 31.66 | 1:07.35 | 1:44.11 | 2:18.70 |
| 5. Anna Lepoutre | PSV | 201100534 | 2:19.06 | +0,74 | 499 | 32.18 | 1:08.44 | 1:43.87 | 2:19.06 |
| 6. Rozalia Diederiks | ZVL-1886 | 201100904 | 2:20.50 | +0,84 | 483 | 33.36 | 1:08.71 | 1:45.22 | 2:20.50 |
| 7. Noa van Zalk | ZPC AMERSFOORT | 201102534 | 2:20.52 | +0,65 | 483 | 32.47 | 1:07.77 | 1:44.14 | 2:20.52 |
| 8. Elin Reinstra | TriVia | 201100842 | 2:20.66 | +0,73 | 482 | 32.93 | 1:08.46 | 1:45.08 | 2:20.66 |
| 9. Milou Filemon | Blue Marlins | 201100078 | 2:22.20 | +0,67 | 466 | 33.12 | 1:09.21 | 1:46.15 | 2:22.20 |
| 10. Casharell Kraan | Blue Marlins | 201103426 | 2:22.47 | +0,62 | 464 | 33.34 | 1:10.27 | 1:47.56 | 2:22.47 |
| 11. Fanni Farkas | De Columbiaan | 201100360 | 2:22.54 | +0,73 | 463 | 33.70 | 1:09.86 | 1:46.91 | 2:22.54 |
| 12. Julia Ketelaars | Hellas-Glana | 201200028 | 2:22.98 | +0,62 | 459 | 33.10 | 1:09.45 | 1:47.49 | 2:22.98 |
| 13. Elke Kriesels | Hieronymus | 201100898 | 2:23.55 | +0,73 | 453 | 33.35 | 1:10.27 | 1:47.53 | 2:23.55 |
| 14. Chloé in 't Veen | WVZ | 201100010 | 2:23.64 | +0,72 | 452 | 33.62 | 1:10.32 | 1:47.52 | 2:23.64 |
| 15. Ylène Zondervan | ZPC AMERSFOORT | 201200016 | 2:24.80 | +0,86 | 442 | 33.40 | 1:10.54 | 1:48.08 | 2:24.80 |
| 16. Sterre de Veen | Hellas-Glana | 201100086 | 2:25.06 | +0,82 | 439 | 33.26 | 1:10.26 | 1:48.88 | 2:25.06 |
| 17. Odenza Sospelisa | Blue Marlins | 201101780 | 2:25.35 | +0,60 | 437 | 33.35 | 1:10.75 | 1:49.34 | 2:25.35 |
| 18. Brechtje Slootweg | ZPC AMERSFOORT | 201101744 | 2:25.96 | +0,58 | 431 | 32.64 | 1:10.21 | 1:49.15 | 2:25.96 |
| 19. M. Gliese-Slooijer | De Dinkel | 201100008 | 2:26.93 | +0,85 | 423 | 33.02 | 1:10.64 | 1:49.28 | 2:26.93 |
| 20. Mette Hogenhuis | Zwemlust- den Hommel | 201101254 | 2:26.99 | +0,94 | 422 | 33.90 | 1:12.18 | 1:50.63 | 2:26.99 |
| 21. Isabel Amelink | Deltasteur | 201100196 | 2:28.27 | +0,86 | 411 | 34.49 | 1:13.38 | 1:52.98 | 2:28.27 |
| 22. Melody Paulussen | De Dolfijn | 201101106 | 2:28.52 | +0,78 | 409 | 34.76 | 1:13.44 | 1:52.89 | 2:28.52 |
| 23. Julia Bannatyne | BZ&PC | 201201020 | 2:29.52 | +0,80 | 401 | 34.63 | 1:12.74 | 1:51.38 | 2:29.52 |
| 24. Annefleur Schraa | SWOL 1894 | 201100044 | 2:29.60 | | 400 | 34.71 | 1:12.43 | 1:51.93 | 2:29.60 |
| 25. Simone Brobbel | ZPC Numansdorp | 201200058 | 2:29.78 | +0,73 | 399 | 34.88 | 1:13.65 | 1:52.60 | 2:29.78 |
| 26. Nynke Muntinga | ZPCH | 201100060 | 2:29.92 | +0,57 | 398 | 34.81 | 1:12.64 | 1:51.96 | 2:29.92 |

Programmanr. 45, Meisjes, 200m vrije slag, Junioren 1 en 2

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|-------------------------|-----------------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 27. Noortje Bisperink | ZPC AMERSFOORT | 201100486 | 2:30.17 | +0,82 | 396 | 34.51 | 1:12.88 | 1:52.33 | 2:30.17 |
| 28. Norell Kroeze | ZC Polaris | 201100378 | 2:30.28 | +0,79 | 395 | 35.34 | 1:14.30 | 1:53.04 | 2:30.28 |
| 29. Esra Simon | Hellas-Glana | 201100004 | 2:30.39 | +0,65 | 394 | 34.17 | 1:12.61 | 1:52.00 | 2:30.39 |
| 30. Morrison Schram | De Schelde | 201100686 | 2:31.42 | +0,78 | 386 | 34.92 | 1:14.08 | 1:54.00 | 2:31.42 |
| Lobke Hempenius | HZ&PC Heerenveen | 201100522 | 2:31.42 | +0,68 | 386 | 34.64 | 1:13.89 | 1:53.20 | 2:31.42 |
| 32. Noa Spaans | De Dolfijn | 201100222 | 2:31.89 | +0,65 | 383 | 35.38 | 1:14.56 | 1:54.55 | 2:31.89 |
| 33. Alain Dumont | ZV De Watervogels | 201102140 | 2:32.64 | +0,70 | 377 | 34.82 | 1:14.07 | 1:54.70 | 2:32.64 |
| 34. Roubin van Kampen | ZPCH | 201200370 | 2:33.46 | +0,68 | 371 | 35.89 | 1:16.66 | 1:56.74 | 2:33.46 |
| 35. Juno Toornend | Team Noord Holland | 201101718 | 2:33.88 | +0,66 | 368 | 34.92 | 1:14.42 | 1:54.50 | 2:33.88 |
| 36. Lise Markes | SBC2000 | 201101276 | 2:34.41 | +0,79 | 364 | 34.77 | 1:14.48 | 1:55.21 | 2:34.41 |
| 37. Sara Creemers | Hellas-Glana | 201100242 | 2:34.47 | +0,72 | 364 | 35.85 | 1:16.12 | 1:57.35 | 2:34.47 |
| 38. Esmee Reuver | ZC Polaris | 201100846 | 2:34.66 | +0,80 | 362 | 36.12 | 1:15.21 | 1:55.69 | 2:34.66 |
| 39. Emma van den Berg | V.Z.V. Njord | 201100830 | 2:35.10 | +0,86 | 359 | 34.01 | 1:13.59 | 1:55.59 | 2:35.10 |
| 40. Amila Mustafic | DZ&PC | 201200026 | 2:35.79 | +0,74 | 354 | 33.39 | 1:12.50 | 1:53.75 | 2:35.79 |
| 41. Alissa Rooijackers | Z&PV Nuenen | 201101892 | 2:36.32 | +0,68 | 351 | 35.00 | 1:14.62 | 1:55.63 | 2:36.32 |
| 42. Meike van der Klugt | WVZ | 201100808 | 2:36.55 | +0,84 | 349 | 35.72 | 1:16.47 | 1:57.58 | 2:36.55 |
| 43. Vicky Horens | Hellas-Glana | 201200252 | 2:37.38 | +0,61 | 344 | 35.43 | 1:15.92 | 1:58.25 | 2:37.38 |
| 44. Carlijn Dezutter | Scheldestroom | 201100770 | 2:38.27 | +0,78 | 338 | 36.56 | 1:16.62 | 1:58.26 | 2:38.27 |
| 45. Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 2:39.35 | +0,52 | 331 | 34.60 | 1:14.93 | 1:57.92 | 2:39.35 |
| 46. Charlie Klaver | De Dolfijn | 201102094 | 2:41.57 | +0,65 | 318 | 36.72 | 1:18.42 | 2:01.61 | 2:41.57 |
| 47. Elle van Gemeren | DAW | 201100428 | 2:42.16 | +0,78 | 314 | 37.43 | 1:19.44 | 2:02.51 | 2:42.16 |
| 48. Eva ter Horst | ZPC Hoogeveen | 201200070 | 2:42.71 | +0,88 | 311 | 36.67 | 1:17.59 | 2:00.32 | 2:42.71 |
| 49. Syll Rinsma | Orca | 201200798 | 2:43.23 | +0,55 | 308 | 36.22 | 1:18.29 | 2:02.10 | 2:43.23 |
| 50. Minke Bouman | Blue Marlins | 201100104 | 2:43.99 | +0,80 | 304 | 35.07 | 1:17.78 | 2:01.71 | 2:43.99 |

 Programmanr. 46
 10-12-2023

Meisjes, 200m wisselslag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|--------------------------|-----------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 1. Fay Boxum | DZ&PC | 200900060 | 2:21.63 | +0,80 | 636 | 31.29 | 1:06.14 | 1:48.06 | 2:21.63 |
| 2. Elin Ditetwig | VZC | 200900392 | 2:23.14 | +0,76 | 617 | 30.92 | 1:06.72 | 1:50.01 | 2:23.14 |
| 3. Juliëtte Woltjes | VZC | 200900774 | 2:25.09 | +0,82 | 592 | 31.38 | 1:10.06 | 1:52.56 | 2:25.09 |
| 4. Luus Gielens | PSV | 200900138 | 2:25.96 | +0,86 | 581 | 32.41 | 1:09.65 | 1:53.70 | 2:25.96 |
| 5. Bregje Dekkers | PSV | 200900746 | 2:27.69 | +0,69 | 561 | 32.05 | 1:10.35 | 1:54.05 | 2:27.69 |
| 6. Tess Vonk | De Geul | 200900024 | 2:29.95 | +0,63 | 536 | 31.13 | 1:10.64 | 1:53.97 | 2:29.95 |
| 7. Paula Spans | ZV 44 | 201000064 | 2:30.80 | +0,78 | 527 | 33.55 | 1:12.54 | 1:55.62 | 2:30.80 |
| 8. Fenna Westerneng | DZ&PC | 200900070 | 2:31.16 | +0,74 | 523 | 33.71 | 1:10.90 | 1:56.10 | 2:31.16 |
| 9. Suuz Griekspoor | Noordwijkerhout | 200901204 | 2:31.81 | +0,77 | 517 | 33.32 | 1:12.82 | 1:56.77 | 2:31.81 |
| Amber Kunst | DAW | 200900680 | 2:31.81 | +0,71 | 517 | 33.62 | 1:12.77 | 1:56.90 | 2:31.81 |
| 11. Myrthe Stelten | Hellas-Glana | 200900234 | 2:31.97 | +0,74 | 515 | 32.77 | 1:12.37 | 1:55.97 | 2:31.97 |
| 12. Lotte Lübbers | KSN (SG) | 200900190 | 2:32.41 | +0,70 | 511 | 33.63 | 1:12.73 | 1:58.24 | 2:32.41 |
| 13. Madeleine Bertram | De Dolfijn | 200900516 | 2:32.59 | +0,72 | 509 | 33.07 | 1:11.46 | 1:59.01 | 2:32.59 |
| 14. Elin Brinkhof | De Dolfijn | 200900078 | 2:32.84 | +0,68 | 506 | 31.36 | 1:11.46 | 1:57.83 | 2:32.84 |
| 15. Jenny Muntinga | ZPCH | 200900450 | 2:32.98 | +0,70 | 505 | 34.11 | 1:11.92 | 1:57.38 | 2:32.98 |
| 16. Fenna Zusterzeel | PSV | 201000008 | 2:33.06 | +0,73 | 504 | 33.24 | 1:12.22 | 1:57.04 | 2:33.06 |
| 17. C. Moreno Palacios | De Dolfijn | 201002302 | 2:33.71 | +0,75 | 498 | 33.80 | 1:14.86 | 1:58.72 | 2:33.71 |
| 18. Marre van der Wal | ZV 44 | 201000046 | 2:34.74 | +0,70 | 488 | 35.67 | 1:16.61 | 1:59.38 | 2:34.74 |
| 19. Erin de Jong | GZC DONK | 201000024 | 2:34.83 | +0,90 | 487 | 33.62 | 1:12.75 | 2:00.01 | 2:34.83 |
| 20. Nienke Koster | ZPC Hoogeveen | 200900612 | 2:35.13 | +0,71 | 484 | 33.70 | 1:12.30 | 1:59.69 | 2:35.13 |
| 21. Mariia Kostina | Blue Marlins | 201002042 | 2:35.14 | +0,70 | 484 | 32.40 | 1:11.08 | 1:59.53 | 2:35.14 |
| Fenne Metten | ZPC AMERSFOORT | 201000102 | 2:35.14 | +0,59 | 484 | 32.84 | 1:12.56 | 2:00.44 | 2:35.14 |
| 23. Karlijn Siderius | DWK | 200900032 | 2:35.87 | +0,74 | 477 | 32.75 | 1:13.06 | 2:01.28 | 2:35.87 |
| 24. Tara Langkamp | Aqua-Novio'94 | 200900362 | 2:36.05 | +0,71 | 476 | 32.61 | 1:13.45 | 1:59.27 | 2:36.05 |
| 25. Linou van Kampen | ZPCH | 201000594 | 2:36.07 | +0,73 | 476 | 33.93 | 1:14.60 | 1:59.87 | 2:36.07 |
| 26. Nina van der Schrier | AZC | 201000444 | 2:36.45 | +0,78 | 472 | 34.15 | 1:13.23 | 2:01.48 | 2:36.45 |
| 27. Flo Streep | DAW | 200900676 | 2:36.65 | +0,76 | 470 | 34.42 | 1:14.97 | 2:01.52 | 2:36.65 |

Programmanr. 46, Meisjes, 200m wisselslag, Junioren 3 en 4

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|----------------------|----------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 28. Djelaysa Buunk | Z&PC De Zeeuwse Kust | 200900536 | 2:36.76 | +0,86 | 469 | 35.07 | 1:17.81 | 2:02.35 | 2:36.76 |
| 29. Rixt Rothschild | ZC Borger | 200900026 | 2:36.78 | +0,69 | 469 | 34.90 | 1:15.71 | 2:00.41 | 2:36.78 |
| 30. Iris Tilburg | Arethusa | 200902662 | 2:36.80 | +0,68 | 469 | 35.05 | 1:13.65 | 1:59.87 | 2:36.80 |
| 31. Julia D browska | Blue Marlins | 201000300 | 2:39.92 | +0,81 | 442 | 33.18 | 1:13.03 | 2:02.08 | 2:39.92 |
| 32. Anne Engbersen | ZPC AMERSFOORT | 201000044 | 2:41.76 | +0,76 | 427 | 34.84 | 1:15.32 | 2:03.31 | 2:41.76 |
| AFGEM Puck van Wees | De Dolfijn | 200901020 | | | | | | | |
| AFGEM Caitlin Sülter | Aqua-Novio'94 | 200900046 | | | | | | | |
| NG Esmaé de Gans | ZPC AMERSFOORT | 200900134 | | | | | | | |

 Programmanr. 47
 10-12-2023

Jongens, 200m rugslag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|-------------------------|----------------------|-----------|------------------|-------|-----------|-------|---------|---------|---------|
| 1. Ruben Kragt | ZV 44 | 201000007 | 2:22.78 | +0,65 | 404 | 33.38 | 1:09.53 | 1:46.39 | 2:22.78 |
| 2. Evren Ege Orcunus | De Dolfijn | 201003253 | 2:23.38 | +0,76 | 399 | 33.54 | 1:09.76 | 1:47.30 | 2:23.38 |
| 3. Myron Artemenko | Niemo Barracuda | 201003021 | 2:23.57 | +0,53 | 398 | 33.22 | 1:09.85 | 1:46.67 | 2:23.57 |
| 4. Abel op den Velde | De Duinkickers | 201000079 | 2:24.68 | +0,77 | 389 | 33.49 | 1:10.07 | 1:47.95 | 2:24.68 |
| 5. O. Hordiienko | ZV De Aalscholver | 201003061 | 2:25.94 | +0,60 | 379 | 34.08 | 1:11.49 | 1:49.11 | 2:25.94 |
| 6. Mathieu Gepkens | VZC | 201000045 | 2:26.38 | +0,68 | 375 | 34.89 | 1:12.50 | 1:50.28 | 2:26.38 |
| 7. Ramon Vos | ZPC Hoogeveen | 201100051 | 2:28.13 | +0,74 | 362 | 35.25 | 1:14.04 | 1:52.23 | 2:28.13 |
| 8. Thijmen Pruijssers | Hieronimus | 201000129 | 2:28.94 | +0,63 | 356 | 35.63 | 1:13.98 | 1:52.21 | 2:28.94 |
| 9. Amor van der Veen | ZV 44 | 201100197 | 2:29.95 | +0,66 | 349 | 35.05 | 1:13.05 | 1:52.13 | 2:29.95 |
| 10. Finn Wensveen | Zv de Ham | 201000811 | 2:30.21 | +0,71 | 347 | 36.35 | 1:15.27 | 1:53.71 | 2:30.21 |
| 11. D. van den Nouland | Blue Marlins | 201000071 | 2:30.24 | +0,79 | 347 | 35.13 | 1:12.98 | 1:51.98 | 2:30.24 |
| 12. Mauro Bedeke | DAW | 201000537 | 2:30.66 | +0,64 | 344 | 35.23 | 1:12.96 | 1:52.41 | 2:30.66 |
| 13. Duco de Gelder | Blue Marlins | 201000217 | 2:31.23 | +0,67 | 340 | 34.57 | 1:13.41 | 1:52.87 | 2:31.23 |
| 14. Matthijs van Velzen | ZV 44 | 201100435 | 2:31.78 | +0,74 | 337 | 35.17 | 1:14.12 | 1:54.31 | 2:31.78 |
| 15. S. Hageman | Steenwijk 1934 | 201000009 | 2:32.53 | +0,61 | 332 | 35.21 | 1:14.53 | 1:54.29 | 2:32.53 |
| 16. Eli Shields | Niemo Barracuda | 201000407 | 2:32.65 | +0,66 | 331 | 36.18 | 1:16.15 | 1:55.67 | 2:32.65 |
| 17. Bink Elgersma | Zwemlust- den Hommel | 201000137 | 2:33.01 | +0,71 | 329 | 36.00 | 1:15.05 | 1:54.77 | 2:33.01 |
| 18. Dax Muijlaert | SG Octopus - ZVV | 201100535 | 2:33.50 | +0,85 | 325 | 36.33 | 1:15.78 | 1:55.89 | 2:33.50 |
| 19. Girish Nolden | Blue Marlins | 201000087 | 2:33.60 | +0,64 | 325 | 36.67 | 1:16.89 | 1:57.01 | 2:33.60 |
| 20. Baris Tomu | ZPCH | 201000869 | 2:33.65 * | +0,66 | 324 | 36.42 | 1:15.75 | 1:55.55 | 2:33.65 |
| 21. Thijn Runia | DZT'62 | 201000895 | 2:34.44 | +0,65 | 319 | 34.61 | 1:14.61 | 1:52.23 | 2:34.44 |
| 22. Tycho Wienbelt | De Vikings | 201001397 | 2:35.71 | +0,82 | 312 | 36.93 | 1:16.23 | 1:55.86 | 2:35.71 |
| 23. Gwee Bokma | Zwemlust- den Hommel | 201002259 | 2:35.98 | +0,78 | 310 | 34.63 | 1:12.12 | 1:49.52 | 2:35.98 |
| 24. Mathijs Boersma | ZPC Hoogeveen | 201000313 | 2:36.09 | +0,78 | 309 | 37.34 | 1:18.09 | 1:57.89 | 2:36.09 |
| 25. Sven Potappel | DWK | 201000127 | 2:36.32 | +0,70 | 308 | 37.26 | 1:19.03 | 1:59.49 | 2:36.32 |
| 26. Stijn Dijkstra | DZ&PC | 201000279 | 2:37.16 | +0,73 | 303 | 37.73 | 1:17.69 | 1:58.38 | 2:37.16 |
| 27. Mees Janssen | DSZ | 201102025 | 2:38.94 | +0,59 | 293 | 36.42 | 1:16.96 | 1:58.53 | 2:38.94 |
| 28. Tygo van de Wal | DWK | 201001329 | 2:39.29 | +0,75 | 291 | 38.36 | 1:18.98 | 2:00.03 | 2:39.29 |
| 29. Nils Bellert | SG Octopus - ZVV | 201100347 | 2:39.30 | +0,88 | 291 | 37.73 | 1:18.70 | 2:00.96 | 2:39.30 |
| 30. Kick Germers | SWOL 1894 | 201000185 | 2:39.59 | +0,69 | 289 | 38.65 | 1:19.22 | 2:00.33 | 2:39.59 |
| 31. Franzi Ziegler | DAW | 201100891 | 2:40.28 | +0,63 | 286 | 38.09 | 1:18.96 | 2:00.67 | 2:40.28 |
| 32. Yorre van der Wal | ZV 44 | 201000017 | 2:40.32 | +0,88 | 286 | 38.05 | 1:19.15 | 2:00.78 | 2:40.32 |
| 33. Kasper Lubbers | Orca | 201100025 | 2:40.42 | +0,64 | 285 | 37.90 | 1:18.84 | 2:00.54 | 2:40.42 |
| 34. Jorick Johannes | HZ&PC Heerenveen | 201000403 | 2:40.76 | +0,57 | 283 | 37.04 | 1:17.55 | 1:59.64 | 2:40.76 |
| 35. Mattias Stolk | HZ&PC Heerenveen | 201000525 | 2:41.48 | +0,83 | 279 | 37.58 | 1:18.58 | 2:00.42 | 2:41.48 |
| 36. Vince van Dam | ACZ | 201000405 | 2:42.30 | +0,61 | 275 | 38.48 | 1:19.91 | 2:01.51 | 2:42.30 |
| 37. Nick Vodde | AZ&PC De Futen | 201002211 | 2:42.64 | +0,62 | 273 | 37.83 | 1:19.02 | 2:01.36 | 2:42.64 |
| 38. Melle Pittie | Zwemclub Eijsden | 201000179 | 2:42.80 | +0,75 | 273 | 37.53 | 1:19.03 | 2:02.31 | 2:42.80 |
| 39. Nathan Magava | De Dolfijn | 201003067 | 2:43.57 | +0,65 | 269 | 37.59 | 1:18.93 | 2:01.53 | 2:43.57 |
| 40. Thijs Jonkman | De Duck | 201000481 | 2:44.30 | +0,71 | 265 | 38.21 | 1:19.75 | 2:03.01 | 2:44.30 |
| 41. A. van der Sluis | PSV | 201003425 | 2:45.10 | +0,72 | 261 | 38.00 | 1:20.79 | 2:04.43 | 2:45.10 |
| 42. Nordin Vermeer | DWK | 201000227 | 2:45.39 | +0,71 | 260 | 38.98 | 1:21.22 | 2:03.48 | 2:45.39 |
| 43. Joep Lindhout | Niemo Barracuda | 201100873 | 2:45.55 | +0,59 | 259 | 39.25 | 1:21.67 | 2:04.66 | 2:45.55 |

Programmanr. 47, Jongens, 200m rugslag, Junioren 1 en 2

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|------------------------|----------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 44. Kris Westerhout | ZZ&PC De Devel | 201000883 | 2:46.95 | +0,68 | 253 | 40.21 | 1:22.45 | 2:04.97 | 2:46.95 |
| 45. Luca Monster | ZPC Numansdorp | 201100343 | 2:47.35 | +0,69 | 251 | 38.52 | 1:21.11 | 2:05.51 | 2:47.35 |
| 46. Cayden Malone | De Dolfijn | 201002195 | 2:47.90 | +0,73 | 249 | 38.40 | 1:21.12 | 2:05.92 | 2:47.90 |
| 47. Milan Schuilenburg | ZPC AMERSFOORT | 201000935 | 2:53.70 | +0,62 | 224 | 40.67 | 1:25.07 | 2:09.82 | 2:53.70 |
| DIS Mathijs de Wit | KSN (SG) | 201001215 | | | | | | | |

RF - Nadat het contact met de wand is verbroken na het keerpunt de rugligging niet aangenomen.

DIS Joey Snabel ZPC AMERSFOORT 201002847

RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.

AFGEM Max van der Spank Hieronymus 201000275

 Programmanr. 48
10-12-2023

Jongens, 200m rugslag

 Junioren 3 en 4
Resultaten

Punten: FINA 2023

| rang naam | vereniging | | tijd | RT | fin. FINA | 50m | 100m | 150m | 200m |
|--------------------------|---------------------|-----------|----------------|-------|-----------|-------|---------|---------|---------|
| 1. Giovanni Phillipson | Team Noord Holland | 200801099 | 2:04.78 | +0,73 | 606 | 28.55 | 1:00.12 | 1:33.06 | 2:04.78 |
| 2. Wytse Broekstra | De Vikings | 200800121 | 2:05.86 | +0,61 | 591 | 28.99 | 1:00.85 | 1:33.63 | 2:05.86 |
| 3. Yarno van Dam | ACZ | 200800115 | 2:06.53 | +0,68 | 581 | 29.17 | 1:01.06 | 1:34.17 | 2:06.53 |
| 4. Rijk Leenders | VZC | 200800627 | 2:11.02 | +0,75 | 524 | 31.54 | 1:04.60 | 1:38.27 | 2:11.02 |
| 5. Jaydey Schonewille | Steenwijk 1934 | 200800025 | 2:12.58 | +0,74 | 505 | 31.34 | 1:04.66 | 1:38.79 | 2:12.58 |
| 6. Mattia Maggio | Hellas-Glana | 200903311 | 2:13.53 | +0,60 | 495 | 29.84 | 1:03.32 | 1:38.43 | 2:13.53 |
| 7. Rein Stael | ZVL-1886 | 200800463 | 2:14.11 | +0,69 | 488 | 30.88 | 1:04.59 | 1:39.50 | 2:14.11 |
| 8. Milan Veelders | De Dinkel | 200800279 | 2:14.64 | +0,67 | 482 | 31.45 | 1:05.59 | 1:41.29 | 2:14.64 |
| 9. Niek Sonneveld | WVZ | 200802631 | 2:14.99 | +0,59 | 479 | 31.04 | 1:05.79 | 1:40.86 | 2:14.99 |
| 10. Tobian Vos | ZPC AMERSFOORT | 200900005 | 2:15.38 | +0,75 | 475 | 31.42 | 1:05.73 | 1:41.18 | 2:15.38 |
| 11. Felix Gepkens | VZC | 200800631 | 2:15.46 | +0,59 | 474 | 31.51 | 1:05.87 | 1:41.43 | 2:15.46 |
| 12. Xander Boets | ZPC de Kanaalstreek | 200800133 | 2:16.67 | +0,68 | 461 | 31.72 | 1:05.42 | 1:40.54 | 2:16.67 |
| 13. Gijs Koehoorn | HZ&PC Heerenveen | 200800275 | 2:17.26 | +0,72 | 455 | 31.63 | 1:06.87 | 1:42.70 | 2:17.26 |
| 14. Diede Veld | HZ&PC Heerenveen | 200800011 | 2:18.59 | +0,67 | 442 | 32.72 | 1:07.96 | 1:43.69 | 2:18.59 |
| 15. Luca Boorsma | De Dolfijn | 200902031 | 2:18.82 | +0,64 | 440 | 31.32 | 1:06.21 | 1:42.34 | 2:18.82 |
| 16. Siem de Zeeuw | OZ&PC | 200800013 | 2:19.26 | +0,57 | 436 | 31.42 | 1:06.66 | 1:43.26 | 2:19.26 |
| 17. Jelte de Jong | ZPCH | 200900975 | 2:19.57 | +0,69 | 433 | 32.86 | 1:08.44 | 1:44.12 | 2:19.57 |
| 18. Brent Schiffers | ZPC Woerden | 200902041 | 2:19.84 | +0,78 | 430 | 32.91 | 1:07.56 | 1:44.32 | 2:19.84 |
| 19. Mart Tempelman | Dedemsvaart-AC | 200801075 | 2:19.96 | +0,63 | 429 | 32.81 | 1:08.61 | 1:45.03 | 2:19.96 |
| 20. Tim Brouwer | Aqua-Novio'94 | 200800989 | 2:20.13 | +0,63 | 428 | 32.39 | 1:08.32 | 1:44.80 | 2:20.13 |
| 21. Martijn Nies | PSV | 200902095 | 2:20.26 | +0,75 | 427 | 33.44 | 1:09.62 | 1:45.71 | 2:20.26 |
| 22. Feddo Smink | ZPC AMERSFOORT | 200900007 | 2:20.29 | +0,66 | 426 | 32.58 | 1:08.35 | 1:45.19 | 2:20.29 |
| 23. Sverre van der Zwaan | WVZ | 200900737 | 2:20.70 | +0,67 | 423 | 32.69 | 1:08.79 | 1:44.88 | 2:20.70 |
| 24. Willem Weustink | Team Noord Holland | 200800109 | 2:20.94 | +0,65 | 420 | 32.01 | 1:08.11 | 1:45.40 | 2:20.94 |
| 25. Jesse Molegraaf | ZPC AMERSFOORT | 200800887 | 2:21.43 | +0,64 | 416 | 32.51 | 1:08.06 | 1:45.24 | 2:21.43 |
| 26. Colin Beuker | ZC Polaris | 200802023 | 2:22.01 | +0,75 | 411 | 33.15 | 1:09.76 | 1:46.23 | 2:22.01 |
| 27. Mike Hilders | De Dolfijn | 200900281 | 2:22.11 | +0,68 | 410 | 32.56 | 1:08.22 | 1:44.98 | 2:22.11 |
| 28. Duuk Harms | Dedemsvaart-AC | 200900201 | 2:22.14 | +0,70 | 410 | 32.25 | 1:08.03 | 1:45.75 | 2:22.14 |
| 29. Hein Muller | DZ&PC | 200800157 | 2:23.03 | +0,64 | 402 | 34.50 | 1:11.09 | 1:47.88 | 2:23.03 |
| 30. Stefan van der Meer | VZC | 200901361 | 2:23.04 | +0,66 | 402 | 33.44 | 1:09.43 | 1:46.74 | 2:23.04 |
| 31. Adriaan Coppelmans | AZC | 200903243 | 2:23.69 | +0,58 | 397 | 33.07 | 1:09.57 | 1:47.11 | 2:23.69 |
| 32. Xander Kragting | ZPC AMERSFOORT | 200900077 | 2:24.96 | +0,63 | 386 | 33.69 | 1:10.45 | 1:47.92 | 2:24.96 |
| 33. Aiden Lips | Blue Marlins | 200800951 | 2:25.16 | +0,70 | 385 | 33.55 | 1:09.61 | 1:47.52 | 2:25.16 |
| 34. Bjorn Scholten | WS Twente | 200801143 | 2:25.75 | +0,78 | 380 | 32.66 | 1:08.81 | 1:47.49 | 2:25.75 |
| 35. Finn Eghuizen | HZ&PC Heerenveen | 200900431 | 2:26.42 | +0,80 | 375 | 33.06 | 1:10.07 | 1:48.60 | 2:26.42 |
| 36. Floris van der Valk | Wiekslag | 200801891 | 2:26.77 | +0,66 | 372 | 32.86 | 1:09.49 | 1:48.13 | 2:26.77 |
| AFGEM Hessel Penninkhof | Deltasteur | 200800565 | | | | | | | |
| AFGEM S. Lopes Cardozo | WZK | 200800187 | | | | | | | |

Programmanr. 49
 10-12-2023

Meisjes, 4 x 100m wisselslag

 Junioren
 Resultaten

Punten: FINA 2023

| rang | vereniging | tijd | RT | FINA |
|------|---|--|---------------------------------------|--|
| 1. | PSV 1 Fenna Zusterzeel Michelle van Hemert | PSV +0,55 31.93 1:06.23 +0,55 35.00 1:15.62 | Frédérique Nijziel Kinley Cole | 4:27.95 +0,55 586 +0,48 30.39 1:06.29 +0,32 28.26 59.81 |
| 2. | De Dolfijn 1 Yara van Asselen Carla Moreno Palacios | De Dolfijn +0,67 34.40 1:11.56 +0,63 35.61 1:17.45 | Elin Brinkhof Madeleine Bertram | 4:35.24 +0,67 541 +0,45 31.29 1:06.87 +0,55 28.60 59.36 |
| 3. | Aqua-Novio'94 1 Myla Klaassen Tara Langkamp | Aqua-Novio'94 +0,52 33.14 1:09.24 +0,27 34.63 1:16.40 | Caitlin Sülter Jaydee Leenders | 4:35.46 +0,52 540 +0,39 31.04 1:07.75 +0,57 29.51 1:02.07 |
| 4. | PSV 2 Tereza Boom Annelie Batenburg | PSV +0,55 31.94 1:07.36 +0,47 36.97 1:18.31 | Bregje Dekkers Luus Gielens | 4:36.47 +0,55 534 +0,53 32.41 1:10.57 +0,48 28.40 1:00.23 |
| 5. | ZPC AMERSFOORT 1 Senna Rijnbeek Robine Moot | ZPC AMERSFOORT +0,71 33.35 1:10.40 +0,35 34.98 1:15.82 | Esmaé de Gans Anne Engbersen | 4:37.76 +0,71 526 +0,28 31.67 1:11.27 +0,56 28.55 1:00.27 |
| 6. | VZC 1 Elin Ditewig Anouk Molenberg | VZC +0,69 31.14 1:04.88 +0,52 37.90 1:22.01 | Juliette Woltjes Mandy Berdsen | 4:38.34 +0,69 523 +0,31 29.69 1:05.46 +0,32 31.51 1:05.99 |
| 7. | Blue Marlins 1 Ece Öngören Julia D browska | Blue Marlins +0,63 32.75 1:07.61 +0,62 36.34 1:20.75 | Odenza Soselisa Fleur van den Eijk | 4:38.47 +0,63 522 +0,46 31.80 1:08.82 +0,36 29.03 1:01.29 |
| 8. | DWK 1 Tessa van Beek Fenne de Vogt | DWK +0,72 34.47 1:10.96 +0,43 35.58 1:17.71 | Karlijn Siderius Elin Baars | 4:46.09 +0,72 482 +0,40 32.31 1:12.93 +0,64 30.57 1:04.49 |
| 9. | WVZ 1 Malin Roozeboom Tess van de Steeg | WVZ +0,74 32.46 1:07.24 +0,57 38.16 1:21.63 | Chloé in 't Veen Anouk Steller | 4:48.84 +0,74 468 +0,54 34.63 1:15.85 +0,45 30.20 1:04.12 |
| 10. | HZ&PC Heerenveen 1 Silke Hooghiemstra Lobke Hempenius | HZ&PC Heerenveen +0,62 31.68 1:05.19 +0,23 39.97 1:26.14 | Milou Geneuglijk Elise Dorlandt | 4:50.61 +0,62 460 +0,12 32.39 1:13.81 +0,35 31.13 1:05.47 |
| 11. | ZV 44 Paula Spans Marre van der Wal | ZV 44 +0,73 34.66 1:10.50 +0,60 36.18 1:16.99 | Chiara Lammertink Lisa van Velzen | 4:50.85 +0,73 458 +0,74 33.43 1:15.01 +0,33 31.90 1:08.35 |
| 12. | DAW 1 Eva Leuerman Amber Kunst | DAW +0,70 36.49 1:16.49 +0,28 36.82 1:20.24 | Megan Snoek Flo Streep | 4:55.67 +0,70 436 +0,76 35.29 1:17.20 +0,45 29.49 1:01.74 |
| 13. | De Columbiaan 1 Tess Meeuwissen Britt van de Reep | De Columbiaan +0,87 34.51 1:12.71 +0,28 38.51 1:22.91 | Gwen Hermans Nina Tetteroo | 4:55.68 +0,87 436 +0,66 33.37 1:13.07 +0,50 31.63 1:06.99 |
| 14. | ZPC AMERSFOORT 2 Noortje Bisperink Noa van Zalk | ZPC AMERSFOORT +0,72 36.42 1:15.02 +0,57 38.29 1:23.90 | Fenne Metten Sterre Dietvorst | 4:56.02 +0,72 435 +0,92 34.90 1:14.97 +0,64 29.43 1:02.13 |
| 15. | Deltasteur 1 Anne van der Kamp Marit Weever | Deltasteur +0,70 35.47 1:14.55 +0,49 38.16 1:23.95 | Simone Faber Isabel Amelink | 5:00.34 +0,70 416 +0,60 33.98 1:14.19 +0,70 32.52 1:07.65 |
| 16. | ZPCH 1 Jenny Muntinga Roubin van Kampen | ZPCH +0,65 33.52 1:08.78 +0,62 43.01 1:29.78 | Linou van Kampen Nynke Muntinga | 5:03.63 +0,65 403 +0,90 34.55 1:16.62 +0,24 32.14 1:08.45 |
| 17. | GZC DONK 1 Sophie Ferwerda Tessa de Jong | GZC DONK +0,88 39.52 1:21.03 +0,47 41.61 1:30.33 | Erin de Jong Brisa Dekkers | 5:16.64 +0,88 355 +0,53 33.40 1:13.82 +0,46 34.11 1:11.46 |
| DIS | Blue Marlins 2 <i>EA - Te vroeg overgenomen., 3e zwemmer</i> Maria Kostina Casharell Kraan | Blue Marlins +0,70 33.48 1:10.81 +0,46 38.14 1:23.83 | Manou Longayroux Mijke Ouderkerken | +0,70 -0,04 33.40 1:13.82 +0,35 34.11 1:11.46 |

Programmanr. 50
10-12-2023

Jongens, 4 x 100m vrije slag

Junioren
Resultaten

Punten: FINA 2023

| rang | vereniging | tijd | RT | FINA |
|------|--|--|--|--|
| 1. | Team Noord Holland 1 Rens Noordover Suraj Baladurage | Team Noord Holland +0,67 26.47 55.24 +0,14 25.60 54.28 | Willem Weustink Giovanni Phillipson | 3:33.89 +0,67 623 +0,30 26.00 54.62 +0,54 24.00 49.75 |
| 2. | PSV 1 Giulian Janssen Theodore Allan | PSV +0,66 25.20 52.55 +0,48 25.91 54.57 | Nout Folkersma Jones Chuang | 3:34.92 +0,66 614 +0,28 25.79 54.64 +0,37 25.53 53.16 |
| 3. | ZPC AMERSFOORT 1 Felbe van 't Land Feddo Smink | ZPC AMERSFOORT +0,75 25.94 54.34 +0,44 26.17 55.31 | Jesse Molegraaf Tobian Vos | 3:41.26 +0,75 563 +0,34 26.78 56.62 +0,52 26.54 54.99 |
| 4. | De Dinkel 1 Bram ter Braak Sam Leferinck | De Dinkel +0,71 26.04 54.47 +0,58 26.72 56.95 | Job Sportel Milan Veelders | 3:42.38 +0,71 554 +0,53 27.19 56.20 +0,62 26.05 54.76 |
| 5. | Blue Marlins 1 Xiaoyu Yin Aditya Winterberg | Blue Marlins +0,70 25.66 54.79 +0,15 27.20 58.29 | Thygo van de Peppel Kaan Sudak | 3:42.65 +0,70 552 +0,34 26.88 57.66 +0,41 24.38 51.91 |
| 6. | Aqua-Novio'94 1 Liam Diavatopoulos Wessel van Dorst | Aqua-Novio'94 +0,76 27.17 56.78 +0,37 28.04 58.79 | Tim Brouwer Mink Hugen | 3:52.62 +0,76 484 +0,28 27.80 58.17 +0,18 27.82 58.88 |
| 7. | VZC 1 Rijk Leenders Bas Mostert | VZC +0,73 27.87 58.33 +0,51 26.65 55.68 | Stefan van der Meer Felix Gepkens | 3:52.88 +0,73 483 +0,26 28.11 59.82 +0,70 28.52 59.05 |
| 8. | De Dolfijn 1 Finn Hilders Luca Boorsma | De Dolfijn +0,55 28.24 59.35 +0,51 27.07 58.06 | Mike Hilders Alexander Griston | 3:52.93 +0,55 482 +0,57 27.70 58.22 +0,47 27.72 57.30 |
| 9. | OZ&PC 1 Teun Overmars Daan Overmars | OZ&PC +0,78 26.97 56.62 +0,34 29.54 1:03.00 | Finn Stamsnieder Siem de Zeeuw | 3:53.09 +0,78 481 +0,54 28.85 1:01.13 +0,54 24.98 52.34 |
| 10. | HZ&PC Heerenveen 1 Gijs Koehoorn Tije Hempenius | HZ&PC Heerenveen +0,71 25.96 54.38 +0,19 29.85 1:05.01 | Finn Eghuizen Diede Veld | 3:53.48 +0,71 479 +0,50 27.64 57.61 +0,38 26.94 56.48 |
| 11. | WVZ 1 Tim Boerefijn Sven Mulder | WVZ +0,76 26.88 56.19 +0,53 29.45 1:02.09 | Sverre van der Zwaan Niek Sonneveld | 3:54.06 +0,76 475 +0,25 27.48 58.18 +0,48 27.89 57.60 |
| 12. | Blue Marlins 2 Alexander van der Maaten Aiden Lips | Blue Marlins +0,64 28.54 59.97 +0,42 27.62 59.38 | Aidan van der Stelt Fabian Riedijk | 3:56.24 +0,64 462 +0,62 28.43 1:00.04 +0,54 27.20 56.85 |
| 13. | ZPCH 1 Figo van Duuren Lucas Schouten | ZPCH +0,74 28.31 58.27 +0,53 28.59 59.68 | Baris Tomu Jelte de Jong | 3:57.42 +0,74 456 +0,61 29.72 1:02.21 +0,47 27.29 57.26 |
| 14. | Steenwijk 1934 1 Jaydey Schonewille Ivan Vuist | Steenwijk 1934 +0,79 26.65 55.44 +0,52 28.30 1:01.33 | Dyon Scholten Sven Casper Hageman | 3:57.79 +0,79 453 +0,55 29.13 1:01.75 +0,62 28.05 59.27 |
| 15. | ZPC AMERSFOORT 2 Xander Kragting Joey Snabel | ZPC AMERSFOORT +0,74 28.77 1:00.18 +0,55 29.14 1:01.17 | Thijn Metten Rens van Wijngaarden | 3:59.28 +0,74 445 +0,55 28.69 1:00.65 +0,54 26.93 57.28 |
| 16. | PSV 2 Davi Fonseca Gomes Fedor Sazonov | PSV +0,70 27.65 59.64 +0,45 27.88 58.45 | Jonathan Baaijens Martijn Nies | 3:59.38 +0,70 444 +0,33 29.44 1:01.73 +0,53 27.59 59.56 |
| 17. | DWK 1 Ruben Baars Quinn Frunt | DWK +0,69 26.58 56.23 +0,52 28.06 58.03 | Nordin Vermeer Tygo van de Wal | 3:59.61 +0,69 443 +0,63 29.27 1:03.31 +0,40 28.87 1:02.04 |
| 18. | Hellas-Glana 1 Jannick van Eeghem Cas Heylighen | Hellas-Glana +0,72 27.66 57.61 +0,35 30.72 1:05.57 | Mattia Maggio Joris Willemse | 4:00.18 +0,72 440 +0,13 26.00 55.57 +0,22 28.32 1:01.43 |
| 19. | ZVL-1886 1 Lintar Shidiq Gijs Hartwijk | ZVL-1886 +0,69 31.31 1:07.17 +0,14 27.91 58.92 | Jan Schouten Rein Stoel | 4:01.47 +0,69 433 +0,51 27.94 58.78 +0,48 26.80 56.60 |

Programmanr. 50, Jongens, 4 x 100m vrije slag, Junioren

| rang | vereniging | tijd | RT | FINA |
|-------|--|----------------------------------|--------------------------------|----------------------------------|
| 20. | ACZ 1 Milán Biró Luka Arkesteijn | 4:01.90 +0,30 +0,40 | +0,67 28.80 25.61 | 431 1:00.61 54.18 |
| 21. | DZ&PC 1 Roy Hofman Stijn Dijkstra | 4:02.97 +0,74 +0,65 | +0,74 28.31 27.26 | 425 59.33 56.69 |
| 22. | ZV 44 Youp Stuifzand Ruben Nooter | 4:03.35 +0,31 +0,52 | +0,68 28.87 29.03 | 423 1:02.48 1:02.92 |
| 23. | Polaris 1 Colin Beuker Gerjan Berends | 4:04.73 +0,36 +0,41 | +0,83 30.70 26.52 | 416 1:05.29 59.54 |
| AFGEM | Deltasteur 1 | | | |