

Programmanr. 20  
 09-12-2023 - 15:34

## Jongens, 400m wisselslag

 Junioren 1 en 2  
 Resultaten

Punten: FINA 2023

rang	naam		vereniging					tijd	RT	FINA	
1.	Ruben Kragt		ZV 44		201000007			<b>5:10.36</b>	+0,58	433	
	50m:	32.48	150m:	1:50.95	40.17	250m:	3:13.92	44.55	350m:	4:37.05	37.29
	100m:	1:10.78	200m:	2:29.37	38.42	300m:	3:59.76	45.84	400m:	5:10.36	33.31
2.	Mathijs de Wit		KSN (SG)		201001215			<b>5:10.62</b>	+0,74	431	
	50m:	35.51	150m:	1:54.16	39.30	250m:	3:17.61	45.44	350m:	4:38.28	36.04
	100m:	1:14.86	200m:	2:32.17	38.01	300m:	4:02.24	44.63	400m:	5:10.62	32.34
3.	Evren Ege Orcunus		De Dolfijn		201003253			<b>5:11.85</b>	+0,66	426	
	50m:	32.16	150m:	1:49.77	39.78	250m:	3:13.67	44.83	350m:	4:36.48	36.45
	100m:	1:09.99	200m:	2:28.84	39.07	300m:	4:00.03	46.36	400m:	5:11.85	35.37
4.	Myron Artemenko		Niemo Barracuda		201003021			<b>5:16.11</b>	+0,69	409	
	50m:	33.51	150m:	1:51.71	39.63	250m:	3:18.14	46.89	350m:	4:40.66	35.28
	100m:	1:12.08	200m:	2:31.25	39.54	300m:	4:05.38	47.24	400m:	5:16.11	35.45
5.	Thijmen Puijssers		Hieronymus		201000129			<b>5:17.67</b>	+0,63	403	
	50m:	34.46	150m:	1:56.97	40.68	250m:	3:20.96	44.96	350m:	4:43.71	36.66
	100m:	1:16.29	200m:	2:36.00	39.03	300m:	4:07.05	46.09	400m:	5:17.67	33.96
6.	Dax van den Nouland		Blue Marlins		201000071			<b>5:19.57</b>	+0,61	396	
	50m:	34.92	150m:	1:56.69	40.42	250m:	3:20.74	45.41	350m:	4:43.52	37.28
	100m:	1:16.27	200m:	2:35.33	38.64	300m:	4:06.24	45.50	400m:	5:19.57	36.05
7.	Gwee Bokma		Zwemlust- den Hommel		201002259			<b>5:23.05</b>	+0,76	384	
	50m:	32.77	150m:	1:53.30	40.81	250m:	3:21.48	47.36	350m:	4:47.12	36.74
	100m:	1:12.49	200m:	2:34.12	40.82	300m:	4:10.38	48.90	400m:	5:23.05	35.93
8.	Mauro Bedeke		DAW		201000537			<b>5:24.07</b>	+0,63	380	
	50m:	33.45	150m:	1:55.68	42.54	250m:	3:23.38	46.72	350m:	4:48.80	38.11
	100m:	1:13.14	200m:	2:36.66	40.98	300m:	4:10.69	47.31	400m:	5:24.07	35.27
	Mathieu Gepkens		VZC		201000045			<b>5:24.07</b>	+0,75	380	
	50m:	35.53	150m:	1:59.68	40.76	250m:	3:25.40	45.83	350m:	4:49.19	37.94
	100m:	1:18.92	200m:	2:39.57	39.89	300m:	4:11.25	45.85	400m:	5:24.07	34.88
10.	Girish Nolden		Blue Marlins		201000087			<b>5:24.80</b>	+0,70	377	
	50m:	32.88	150m:	1:54.37	42.31	250m:	3:23.57	48.66	350m:	4:51.25	38.97
	100m:	1:12.06	200m:	2:34.91	40.54	300m:	4:12.28	48.71	400m:	5:24.80	33.55
11.	Baris Tomu		ZPCH		201000869			<b>5:27.14</b>	+0,52	369	
	50m:	36.46	150m:	2:01.07	40.86	250m:	3:28.04	46.88	350m:	4:52.16	36.69
	100m:	1:20.21	200m:	2:41.16	40.09	300m:	4:15.47	47.43	400m:	5:27.14	34.98
12.	Thijn Runia		DZT'62		201000895			<b>5:27.58</b>	+0,73	368	
	50m:	33.26	150m:	1:56.99	43.68	250m:	3:26.11	46.39	350m:	4:52.48	38.46
	100m:	1:13.31	200m:	2:39.72	42.73	300m:	4:14.02	47.91	400m:	5:27.58	35.10
13.	Alief Jan van der Sluis		PSV		201003425			<b>5:28.75</b>	+0,73	364	
	50m:	34.75	150m:	2:00.35	43.15	250m:	3:33.77	50.40	350m:	4:56.96	32.01
	100m:	1:17.20	200m:	2:43.37	43.02	300m:	4:24.95	51.18	400m:	5:28.75	31.79
14.	Tycho Wienbelt		De Vikings		201001397			<b>5:29.57</b>	+0,84	361	
	50m:	37.80	150m:	2:02.42	40.39	250m:	3:28.64	46.84	350m:	4:53.62	37.47
	100m:	1:22.03	200m:	2:41.80	39.38	300m:	4:16.15	47.51	400m:	5:29.57	35.95
15.	Eli Shields		Niemo Barracuda		201000407			<b>5:29.94</b>	+0,72	360	
	50m:	34.41	150m:	1:55.78	40.78	250m:	3:25.09	48.54	350m:	4:53.13	38.15
	100m:	1:15.00	200m:	2:36.55	40.77	300m:	4:14.98	49.89	400m:	5:29.94	36.81
16.	Abel op den Velde		De Duinkickers		201000079			<b>5:30.75</b>	+0,78	357	
	50m:	34.80	150m:	1:58.90	40.57	250m:	3:27.54	49.82	350m:	4:55.55	37.43
	100m:	1:18.33	200m:	2:37.72	38.82	300m:	4:18.12	50.58	400m:	5:30.75	35.20
17.	Kasper Lubbers		Orca		201100025			<b>5:31.56</b>	+0,65	355	
	50m:	35.77	150m:	2:02.01	43.00	250m:	3:30.32	45.95	350m:	4:55.39	38.97
	100m:	1:19.01	200m:	2:44.37	42.36	300m:	4:16.42	46.10	400m:	5:31.56	36.17
18.	Sven Casper Hageman		Steenwijk 1934		201000009			<b>5:32.68</b>	+0,79	351	
	50m:	36.45	150m:	2:03.56	42.10	250m:	3:32.69	47.73	350m:	4:57.62	37.74
	100m:	1:21.46	200m:	2:44.96	41.40	300m:	4:19.88	47.19	400m:	5:32.68	35.06

## Programmanr. 20, Jongens, 400m wisselslag, Junioren 1 en 2

rang	naam	vereniging	tijd	RT	FINA		
19.	Duco de Gelder	Blue Marlins	201000217	<b>5:32.86</b> +0,72	351		
	50m: 35.13	150m: 2:01.28	42.22	250m: 3:30.37	48.54	350m: 4:56.56	37.74
	100m: 1:19.06	200m: 2:41.83	40.55	300m: 4:18.82	48.45	400m: 5:32.86	36.30
20.	Kick Germers	SWOL 1894	201000185	<b>5:33.60</b> +0,67	348		
	50m: 35.71	150m: 2:01.10	44.19	250m: 3:28.53	45.76	350m: 4:55.36	41.53
	100m: 1:16.91	200m: 2:42.77	41.67	300m: 4:13.83	45.30	400m: 5:33.60	38.24
21.	Mattias Stolk	HZ&PC Heerenveen	201000525	<b>5:35.49</b> +0,78	342		
	50m: 41.53	150m: 2:13.28	42.39	250m: 3:39.28	44.35	350m: 5:00.92	36.93
	100m: 1:30.89	200m: 2:54.93	41.65	300m: 4:23.99	44.71	400m: 5:35.49	34.57
22.	Thijs Jonkman	De Duck	201000481	<b>5:35.69</b> +0,70	342		
	50m: 34.51	150m: 2:01.90	45.02	250m: 3:33.90	48.37	350m: 5:01.15	38.77
	100m: 1:16.88	200m: 2:45.53	43.63	300m: 4:22.38	48.48	400m: 5:35.69	34.54
23.	Franzi Ziegler	DAW	201100891	<b>5:36.09</b> +0,61	341		
	50m: 34.10	150m: 1:59.91	43.89	250m: 3:30.62	47.87	350m: 4:58.39	39.89
	100m: 1:16.02	200m: 2:42.75	42.84	300m: 4:18.50	47.88	400m: 5:36.09	37.70
24.	Sven Potappel	DWK	201000127	<b>5:36.38</b> +0,71	340		
	50m: 34.77	150m: 2:01.36	45.12	250m: 3:32.25	48.71	350m: 4:59.90	38.74
	100m: 1:16.24	200m: 2:43.54	42.18	300m: 4:21.16	48.91	400m: 5:36.38	36.48
25.	Mathijs Boersma	ZPC Hoogeveen	201000313	<b>5:36.70</b> +0,86	339		
	50m: 41.73	150m: 2:12.66	40.61	250m: 3:38.22	44.81	350m: 5:01.14	36.85
	100m: 1:32.05	200m: 2:53.41	40.75	300m: 4:24.29	46.07	400m: 5:36.70	35.56
26.	Nick Vodde	AZ&PC De Futen	201002211	<b>5:37.62</b> +0,76	336		
	50m: 32.53	150m: 1:59.02	46.90	250m: 3:32.29	47.76	350m: 5:00.06	39.10
	100m: 1:12.12	200m: 2:44.53	45.51	300m: 4:20.96	48.67	400m: 5:37.62	37.56
27.	Joey Snabel	ZPC AMERSFOORT	201002847	<b>5:38.65</b> +0,71	333		
	50m: 37.03	150m: 2:08.14	42.77	250m: 3:38.02	48.18	350m: 5:04.26	38.01
	100m: 1:25.37	200m: 2:49.84	41.70	300m: 4:26.25	48.23	400m: 5:38.65	34.39
28.	Bink Elgersma	Zwemlust- den Hommel	201000137	<b>5:39.59</b> +0,80	330		
	50m: 35.40	150m: 2:02.85	43.77	250m: 3:34.66	49.12	350m: 5:03.68	38.94
	100m: 1:19.08	200m: 2:45.54	42.69	300m: 4:24.74	50.08	400m: 5:39.59	35.91
29.	Stijn Dijkstra	DZ&PC	201000279	<b>5:40.86</b> +0,61	326		
	50m: 38.04	150m: 2:06.61	44.13	250m: 3:37.45	49.53	350m: 5:04.42	37.79
	100m: 1:22.48	200m: 2:47.92	41.31	300m: 4:26.63	49.18	400m: 5:40.86	36.44
30.	Yorre van der Wal	ZV 44	201000017	<b>5:41.70</b> +0,72	324		
	50m: 40.34	150m: 2:11.45	41.38	250m: 3:38.68	45.58	350m: 5:04.43	38.53
	100m: 1:30.07	200m: 2:53.10	41.65	300m: 4:25.90	47.22	400m: 5:41.70	37.27
31.	Nils Bellert	SG Octopus - ZVV	201100347	<b>5:42.70</b> +0,83	321		
	50m: 35.28	150m: 2:05.85	43.46	250m: 3:37.28	49.51	350m: 5:07.49	41.06
	100m: 1:22.39	200m: 2:47.77	41.92	300m: 4:26.43	49.15	400m: 5:42.70	35.21
32.	Matthijs van Velzen	ZV 44	201100435	<b>5:42.84</b> +0,72	321		
	50m: 33.71	150m: 2:01.90	42.54	250m: 3:37.51	53.58	350m: 5:06.90	36.50
	100m: 1:19.36	200m: 2:43.93	42.03	300m: 4:30.40	52.89	400m: 5:42.84	35.94
33.	Melle Pittie	Zwemclub Eijsden	201000179	<b>5:43.51</b> +0,75	319		
	50m: 37.84	150m: 2:08.18	44.56	250m: 3:40.58	49.81	350m: 5:08.25	37.76
	100m: 1:23.62	200m: 2:50.77	42.59	300m: 4:30.49	49.91	400m: 5:43.51	35.26
34.	Milan Schuilenburg	ZPC AMERSFOORT	201000935	<b>5:44.44</b> +0,72	316		
	50m: 38.36	150m: 2:09.85	44.72	250m: 3:41.24	46.96	350m: 5:06.89	38.15
	100m: 1:25.13	200m: 2:54.28	44.43	300m: 4:28.74	47.50	400m: 5:44.44	37.55
35.	Finn Wensveen	Zv de Ham	201000811	<b>5:44.64</b> +1,01	316		
	50m: 39.11	150m: 2:07.70	42.54	250m: 3:38.35	50.69	350m: 5:09.25	39.37
	100m: 1:25.16	200m: 2:47.66	39.96	300m: 4:29.88	51.53	400m: 5:44.64	35.39
36.	Cayden Malone	De Dolfijn	201002195	<b>5:48.60</b> +0,73	305		
	50m: 36.74	150m: 2:06.73	46.06	250m: 3:39.38	48.16	350m: 5:08.71	40.68
	100m: 1:20.67	200m: 2:51.22	44.49	300m: 4:28.03	48.65	400m: 5:48.60	39.89
37.	Kris Westerhout	ZZ&PC De Devel	201000883	<b>5:48.91</b> +0,72	304		
	50m: 35.90	150m: 2:07.47	46.24	250m: 3:41.92	48.94	350m: 5:09.76	39.28
	100m: 1:21.23	200m: 2:52.98	45.51	300m: 4:30.48	48.56	400m: 5:48.91	39.15

## Programmanr. 20, Jongens, 400m wisselslag, Junioren 1 en 2

rang	naam		vereniging					tijd	RT	FINA	
38.	Nathan Magava		De Dolfijn		201003067			<b>5:48.97</b>	+0,66	304	
	50m:	35.97	150m:	2:04.91	45.81	250m:	3:38.10	48.62	350m:	5:08.11	41.58
	100m:	1:19.10	200m:	2:49.48	44.57	300m:	4:26.53	48.43	400m:	5:48.97	40.86
39.	Jorick Johannes		HZ&PC Heerenveen		201000403			<b>5:49.78</b>	+0,50	302	
	50m:	36.46	150m:	2:05.56	43.26	250m:	3:40.25	52.04	350m:	5:11.32	38.87
	100m:	1:22.30	200m:	2:48.21	42.65	300m:	4:32.45	52.20	400m:	5:49.78	38.46
40.	Dax Muijlaert		SG Octopus - ZVV		201100535			<b>5:53.26</b>	+0,80	293	
	50m:	38.73	150m:	2:11.55	45.56	250m:	3:45.44	51.61	350m:	5:16.41	39.36
	100m:	1:25.99	200m:	2:53.83	42.28	300m:	4:37.05	51.61	400m:	5:53.26	36.85
41.	Mees Janssen		DSZ		201102025			<b>5:53.78</b>	+0,67	292	
	50m:	36.49	150m:	2:05.87	42.76	250m:	3:39.19	52.68	350m:	5:15.54	42.41
	100m:	1:23.11	200m:	2:46.51	40.64	300m:	4:33.13	53.94	400m:	5:53.78	38.24
42.	Joep Lindhout		Niemo Barracuda		201100873			<b>5:54.64</b>	+0,63	290	
	50m:	40.68	150m:	2:13.92	46.06	250m:	3:48.18	50.62	350m:	5:18.17	40.35
	100m:	1:27.86	200m:	2:57.56	43.64	300m:	4:37.82	49.64	400m:	5:54.64	36.47
43.	Luca Monster		ZPC Numansdorp		201100343			<b>5:55.91</b>	+0,54	287	
	50m:	35.68	150m:	2:11.07	47.05	250m:	3:44.66	47.90	350m:	5:15.66	41.75
	100m:	1:24.02	200m:	2:56.76	45.69	300m:	4:33.91	49.25	400m:	5:55.91	40.25
44.	Amor van der Veen		ZV 44		201100197			<b>6:02.34</b>	+0,73	272	
	50m:	39.07	150m:	2:10.65	41.94	250m:	3:47.17	55.54	350m:	5:22.84	39.96
	100m:	1:28.71	200m:	2:51.63	40.98	300m:	4:42.88	55.71	400m:	6:02.34	39.50
DIS	Nordin Vermeer		DWK		201000227						
	<i>RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.</i>										
DIS	Tygo van de Wal		DWK		201001329						
	<i>VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i>										
DIS	Oleksandr Hordiienko		ZV De Aalscholver		201003061						
	<i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i>										
DIS	Ramon Vos		ZPC Hoogeveen		201100051						
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>										
DIS	Vince van Dam		ACZ		201000405						
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt., SL - Het keer- en/of eindpunt met één hand aangetikt.</i>										