

Programmanr. 1
 08-12-2023 - 15:30

Meisjes, 400m vrije slag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2023

| rang | naam | | vereniging | | | | | tijd | RT | FINA |
|------|------------------------|-------|----------------|-------|---------------|-------|---------------|----------------|-------|-------|
| 1. | Malin Roozeboom | | WVZ | | 201100006 | | | 4:34.95 | +0,79 | 595 |
| | 50m: 31.94 | 31.94 | 150m: 1:42.04 | 35.39 | 250m: 2:51.86 | 34.77 | 350m: 4:01.29 | 34.63 | | 34.63 |
| | 100m: 1:06.65 | 34.71 | 200m: 2:17.09 | 35.05 | 300m: 3:26.66 | 34.80 | 400m: 4:34.95 | 33.66 | | 33.66 |
| 2. | Yill van Bezouw | | Hieronymus | | 201100704 | | | 4:47.21 | +0,71 | 522 |
| | 50m: 32.01 | 32.01 | 150m: 1:44.26 | 36.50 | 250m: 2:57.76 | 36.95 | 350m: 4:12.64 | 37.64 | | 37.64 |
| | 100m: 1:07.76 | 35.75 | 200m: 2:20.81 | 36.55 | 300m: 3:35.00 | 37.24 | 400m: 4:47.21 | 34.57 | | 34.57 |
| 3. | Rozalia Diederiks | | ZVL-1886 | | 201100904 | | | 4:50.41 | +0,83 | 505 |
| | 50m: 33.83 | 33.83 | 150m: 1:48.02 | 37.74 | 250m: 3:02.79 | 37.28 | 350m: 4:15.90 | 35.97 | | 35.97 |
| | 100m: 1:10.28 | 36.45 | 200m: 2:25.51 | 37.49 | 300m: 3:39.93 | 37.14 | 400m: 4:50.41 | 34.51 | | 34.51 |
| 4. | Noa van Zalk | | ZPC AMERSFOORT | | 201102534 | | | 4:51.23 | +0,65 | 500 |
| | 50m: 32.32 | 32.32 | 150m: 1:45.27 | 36.80 | 250m: 2:59.61 | 37.37 | 350m: 4:14.63 | 37.04 | | 37.04 |
| | 100m: 1:08.47 | 36.15 | 200m: 2:22.24 | 36.97 | 300m: 3:37.59 | 37.98 | 400m: 4:51.23 | 36.60 | | 36.60 |
| 5. | Anna Lepoutre | | PSV | | 201100534 | | | 4:51.95 | +0,64 | 497 |
| | 50m: 32.19 | 32.19 | 150m: 1:46.13 | 37.56 | 250m: 3:00.96 | 37.09 | 350m: 4:15.95 | 37.50 | | 37.50 |
| | 100m: 1:08.57 | 36.38 | 200m: 2:23.87 | 37.74 | 300m: 3:38.45 | 37.49 | 400m: 4:51.95 | 36.00 | | 36.00 |
| 6. | Frédérique Nijziel | | PSV | | 201103114 | | | 4:56.09 | +0,75 | 476 |
| | 50m: 33.10 | 33.10 | 150m: 1:49.67 | 38.83 | 250m: 3:04.75 | 37.47 | 350m: 4:19.52 | 37.16 | | 37.16 |
| | 100m: 1:10.84 | 37.74 | 200m: 2:27.28 | 37.61 | 300m: 3:42.36 | 37.61 | 400m: 4:56.09 | 36.57 | | 36.57 |
| 7. | Elin Reinstra | | TriVia | | 201100842 | | | 4:56.91 | +0,76 | 472 |
| | 50m: 33.12 | 33.12 | 150m: 1:47.08 | 37.20 | 250m: 3:03.79 | 38.26 | 350m: 4:20.15 | 37.95 | | 37.95 |
| | 100m: 1:09.88 | 36.76 | 200m: 2:25.53 | 38.45 | 300m: 3:42.20 | 38.41 | 400m: 4:56.91 | 36.76 | | 36.76 |
| 8. | Odenza Soselisa | | Blue Marlins | | 201101780 | | | 5:01.73 | +0,72 | 450 |
| | 50m: 33.47 | 33.47 | 150m: 1:49.46 | 38.67 | 250m: 3:07.17 | 38.98 | 350m: 4:24.99 | 38.99 | | 38.99 |
| | 100m: 1:10.79 | 37.32 | 200m: 2:28.19 | 38.73 | 300m: 3:46.00 | 38.83 | 400m: 5:01.73 | 36.74 | | 36.74 |
| 9. | Brechtje Slootweg | | ZPC AMERSFOORT | | 201101744 | | | 5:02.10 | +0,76 | 448 |
| | 50m: 32.96 | 32.96 | 150m: 1:50.02 | 39.03 | 250m: 3:08.11 | 38.75 | 350m: 4:26.65 | 38.93 | | 38.93 |
| | 100m: 1:10.99 | 38.03 | 200m: 2:29.36 | 39.34 | 300m: 3:47.72 | 39.61 | 400m: 5:02.10 | 35.45 | | 35.45 |
| 10. | Lola Verheijen | | PSV | | 201100832 | | | 5:03.69 | +0,63 | 441 |
| | 50m: 32.33 | 32.33 | 150m: 1:49.35 | 38.95 | 250m: 3:07.43 | 39.06 | 350m: 4:25.57 | 39.08 | | 39.08 |
| | 100m: 1:10.40 | 38.07 | 200m: 2:28.37 | 39.02 | 300m: 3:46.49 | 39.06 | 400m: 5:03.69 | 38.12 | | 38.12 |
| 11. | Chloé in 't Veen | | WVZ | | 201100010 | | | 5:03.97 | +0,61 | 440 |
| | 50m: 33.63 | 33.63 | 150m: 1:49.46 | 38.69 | 250m: 3:08.11 | 39.62 | 350m: 4:26.54 | 39.02 | | 39.02 |
| | 100m: 1:10.77 | 37.14 | 200m: 2:28.49 | 39.03 | 300m: 3:47.52 | 39.41 | 400m: 5:03.97 | 37.43 | | 37.43 |
| 12. | Elke Kriesels | | Hieronymus | | 201100898 | | | 5:07.19 | +0,80 | 426 |
| | 50m: 34.56 | 34.56 | 150m: 1:52.13 | 39.53 | 250m: 3:10.72 | 39.33 | 350m: 4:29.56 | 39.53 | | 39.53 |
| | 100m: 1:12.60 | 38.04 | 200m: 2:31.39 | 39.26 | 300m: 3:50.03 | 39.31 | 400m: 5:07.19 | 37.63 | | 37.63 |
| 13. | Ylène Zondervan | | ZPC AMERSFOORT | | 201200016 | | | 5:07.20 | +0,94 | 426 |
| | 50m: 34.50 | 34.50 | 150m: 1:51.70 | 39.20 | 250m: 3:10.96 | 39.57 | 350m: 4:29.92 | 39.10 | | 39.10 |
| | 100m: 1:12.50 | 38.00 | 200m: 2:31.39 | 39.69 | 300m: 3:50.82 | 39.86 | 400m: 5:07.20 | 37.28 | | 37.28 |
| 14. | Casharell Kraan | | Blue Marlins | | 201103426 | | | 5:07.47 | +0,62 | 425 |
| | 50m: 31.28 | 31.28 | 150m: 1:47.03 | 38.70 | 250m: 3:07.89 | 40.55 | 350m: 4:28.87 | 40.25 | | 40.25 |
| | 100m: 1:08.33 | 37.05 | 200m: 2:27.34 | 40.31 | 300m: 3:48.62 | 40.73 | 400m: 5:07.47 | 38.60 | | 38.60 |
| 15. | Mattea Gliese-Slooijer | | De Dinkel | | 201100008 | | | 5:07.76 | +0,83 | 424 |
| | 50m: 32.96 | 32.96 | 150m: 1:50.09 | 39.30 | 250m: 3:09.54 | 39.83 | 350m: 4:29.32 | 39.89 | | 39.89 |
| | 100m: 1:10.79 | 37.83 | 200m: 2:29.71 | 39.62 | 300m: 3:49.43 | 39.89 | 400m: 5:07.76 | 38.44 | | 38.44 |
| 16. | Noortje Bisperink | | ZPC AMERSFOORT | | 201100486 | | | 5:10.37 | +0,74 | 413 |
| | 50m: 35.03 | 35.03 | 150m: 1:52.68 | 39.36 | 250m: 3:12.51 | 39.92 | 350m: 4:32.67 | 39.85 | | 39.85 |
| | 100m: 1:13.32 | 38.29 | 200m: 2:32.59 | 39.91 | 300m: 3:52.82 | 40.31 | 400m: 5:10.37 | 37.70 | | 37.70 |
| 17. | Fanni Farkas | | De Columbiaan | | 201100360 | | | 5:10.77 | +0,64 | 412 |
| | 50m: 36.33 | 36.33 | 150m: 1:54.30 | 39.09 | 250m: 3:13.48 | 39.72 | 350m: 4:31.46 | 38.55 | | 38.55 |
| | 100m: 1:15.21 | 38.88 | 200m: 2:33.76 | 39.46 | 300m: 3:52.91 | 39.43 | 400m: 5:10.77 | 39.31 | | 39.31 |
| 18. | Melody Paulussen | | De Dolfijn | | 201101106 | | | 5:11.47 | +0,81 | 409 |
| | 50m: 36.56 | 36.56 | 150m: 1:55.71 | 39.77 | 250m: 3:14.93 | 39.52 | 350m: 4:34.09 | 39.47 | | 39.47 |
| | 100m: 1:15.94 | 39.38 | 200m: 2:35.41 | 39.70 | 300m: 3:54.62 | 39.69 | 400m: 5:11.47 | 37.38 | | 37.38 |

Programmanr. 1, Meisjes, 400m vrije slag, Junioren 1 en 2

| rang | naam | | vereniging | | | | tijd | RT | FINA | | |
|------|--------------------|---------|----------------------|---------|-----------|-------|----------------|-------|-------|---------|-------|
| 19. | Sterre de Veen | | Hellas-Glana | | 201100086 | | 5:14.11 | +0,61 | 399 | | |
| | 50m: | 33.68 | 150m: | 1:51.78 | 39.94 | 250m: | 3:12.39 | 40.32 | 350m: | 4:34.06 | 40.64 |
| | 100m: | 1:11.84 | 200m: | 2:32.07 | 40.29 | 300m: | 3:53.42 | 41.03 | 400m: | 5:14.11 | 40.05 |
| 20. | Simone Brobbel | | ZPC Numansdorp | | 201200058 | | 5:14.52 | +0,72 | 397 | | |
| | 50m: | 35.63 | 150m: | 1:57.09 | 41.19 | 250m: | 3:17.73 | 39.18 | 350m: | 4:38.38 | 39.83 |
| | 100m: | 1:15.90 | 200m: | 2:38.55 | 41.46 | 300m: | 3:58.55 | 40.82 | 400m: | 5:14.52 | 36.14 |
| 21. | Norell Kroeze | | ZC Polaris | | 201100378 | | 5:15.45 | +0,74 | 394 | | |
| | 50m: | 35.63 | 150m: | 1:56.88 | 41.07 | 250m: | 3:17.26 | 39.80 | 350m: | 4:36.72 | 39.29 |
| | 100m: | 1:15.81 | 200m: | 2:37.46 | 40.58 | 300m: | 3:57.43 | 40.17 | 400m: | 5:15.45 | 38.73 |
| 22. | Mette Hogenhuis | | Zwemlust- den Hommel | | 201101254 | | 5:17.71 | +0,88 | 385 | | |
| | 50m: | 34.62 | 150m: | 1:55.10 | 40.76 | 250m: | 3:16.90 | 40.92 | 350m: | 4:39.06 | 40.77 |
| | 100m: | 1:14.34 | 200m: | 2:35.98 | 40.88 | 300m: | 3:58.29 | 41.39 | 400m: | 5:17.71 | 38.65 |
| 23. | Isabel Amelink | | Deltasteur | | 201100196 | | 5:18.93 | +0,92 | 381 | | |
| | 50m: | 34.59 | 150m: | 1:54.70 | 41.18 | 250m: | 3:18.82 | 42.12 | 350m: | 4:40.55 | 41.20 |
| | 100m: | 1:13.52 | 200m: | 2:36.70 | 42.00 | 300m: | 3:59.35 | 40.53 | 400m: | 5:18.93 | 38.38 |
| 24. | Julia Bannatyne | | BZ&PC | | 201201020 | | 5:18.94 | +0,66 | 381 | | |
| | 50m: | 36.02 | 150m: | 1:57.81 | 41.55 | 250m: | 3:20.87 | 41.18 | 350m: | 4:40.96 | 39.01 |
| | 100m: | 1:16.26 | 200m: | 2:39.69 | 41.88 | 300m: | 4:01.95 | 41.08 | 400m: | 5:18.94 | 37.98 |
| 25. | Julia Ketelaars | | Hellas-Glana | | 201200028 | | 5:19.05 | +0,82 | 381 | | |
| | 50m: | 35.32 | 150m: | 1:55.76 | 41.07 | 250m: | 3:18.67 | 41.32 | 350m: | 4:41.74 | 42.07 |
| | 100m: | 1:14.69 | 200m: | 2:37.35 | 41.59 | 300m: | 3:59.67 | 41.00 | 400m: | 5:19.05 | 37.31 |
| 26. | Lobke Hempenius | | HZ&PC Heerenveen | | 201100522 | | 5:19.53 | +0,67 | 379 | | |
| | 50m: | 35.72 | 150m: | 1:57.57 | 41.34 | 250m: | 3:20.79 | 41.90 | 350m: | 4:41.62 | 39.99 |
| | 100m: | 1:16.23 | 200m: | 2:38.89 | 41.32 | 300m: | 4:01.63 | 40.84 | 400m: | 5:19.53 | 37.91 |
| 27. | Noa Spaans | | De Dolfijn | | 201100222 | | 5:20.01 | +0,86 | 377 | | |
| | 50m: | 35.48 | 150m: | 1:55.91 | 40.75 | 250m: | 3:18.53 | 41.42 | 350m: | 4:40.93 | 41.30 |
| | 100m: | 1:15.16 | 200m: | 2:37.11 | 41.20 | 300m: | 3:59.63 | 41.10 | 400m: | 5:20.01 | 39.08 |
| 28. | Alissa Rooijackers | | Z&PV Nuenen | | 201101892 | | 5:20.81 | +0,72 | 374 | | |
| | 50m: | 35.95 | 150m: | 1:57.31 | 40.72 | 250m: | 3:19.73 | 40.92 | 350m: | 4:42.53 | 41.12 |
| | 100m: | 1:16.59 | 200m: | 2:38.81 | 41.50 | 300m: | 4:01.41 | 41.68 | 400m: | 5:20.81 | 38.28 |
| 29. | Esmee Reuver | | ZC Polaris | | 201100846 | | 5:21.90 | +0,60 | 370 | | |
| | 50m: | 37.41 | 150m: | 1:58.61 | 40.89 | 250m: | 3:21.30 | 41.40 | 350m: | 4:43.14 | 40.63 |
| | 100m: | 1:17.72 | 200m: | 2:39.90 | 41.29 | 300m: | 4:02.51 | 41.21 | 400m: | 5:21.90 | 38.76 |
| 30. | Nynke Muntinga | | ZPCH | | 201100060 | | 5:22.31 | +0,57 | 369 | | |
| | 50m: | 35.38 | 150m: | 1:56.06 | 41.10 | 250m: | 3:19.67 | 41.90 | 350m: | 4:42.73 | 41.16 |
| | 100m: | 1:14.96 | 200m: | 2:37.77 | 41.71 | 300m: | 4:01.57 | 41.90 | 400m: | 5:22.31 | 39.58 |
| 31. | Morrison Schram | | De Schelde | | 201100686 | | 5:24.06 | +0,80 | 363 | | |
| | 50m: | 35.83 | 150m: | 1:57.93 | 41.46 | 250m: | 3:22.50 | 42.40 | 350m: | 4:46.27 | 40.75 |
| | 100m: | 1:16.47 | 200m: | 2:40.10 | 42.17 | 300m: | 4:05.52 | 43.02 | 400m: | 5:24.06 | 37.79 |
| 32. | Sara Creemers | | Hellas-Glana | | 201100242 | | 5:24.30 | +0,73 | 362 | | |
| | 50m: | 35.84 | 150m: | 1:57.21 | 41.40 | 250m: | 3:20.29 | 41.78 | 350m: | 4:41.04 | 40.02 |
| | 100m: | 1:15.81 | 200m: | 2:38.51 | 41.30 | 300m: | 4:01.02 | 40.73 | 400m: | 5:24.30 | 43.26 |
| 33. | Annefleur Schraa | | SWOL 1894 | | 201100044 | | 5:24.34 | +0,83 | 362 | | |
| | 50m: | 37.06 | 150m: | 2:01.45 | 43.23 | 250m: | 3:25.48 | 41.68 | 350m: | 4:47.43 | 40.72 |
| | 100m: | 1:18.22 | 200m: | 2:43.80 | 42.35 | 300m: | 4:06.71 | 41.23 | 400m: | 5:24.34 | 36.91 |
| 34. | Vicky Horens | | Hellas-Glana | | 201200252 | | 5:24.76 | +0,65 | 361 | | |
| | 50m: | 36.66 | 150m: | 1:59.75 | 42.00 | 250m: | 3:23.78 | 42.01 | 350m: | 4:45.41 | 40.32 |
| | 100m: | 1:17.75 | 200m: | 2:41.77 | 42.02 | 300m: | 4:05.09 | 41.31 | 400m: | 5:24.76 | 39.35 |
| 35. | Esra Simon | | Hellas-Glana | | 201100004 | | 5:24.91 | +0,67 | 360 | | |
| | 50m: | 35.09 | 150m: | 1:54.80 | 40.54 | 250m: | 3:17.52 | 41.19 | 350m: | 4:39.55 | 40.23 |
| | 100m: | 1:14.26 | 200m: | 2:36.33 | 41.53 | 300m: | 3:59.32 | 41.80 | 400m: | 5:24.91 | 45.36 |
| 36. | Lise Markes | | SBC2000 | | 201101276 | | 5:26.61 | +0,76 | 355 | | |
| | 50m: | 36.06 | 150m: | 1:58.45 | 41.81 | 250m: | 3:24.08 | 42.78 | 350m: | 4:47.86 | 41.17 |
| | 100m: | 1:16.64 | 200m: | 2:41.30 | 42.85 | 300m: | 4:06.69 | 42.61 | 400m: | 5:26.61 | 38.75 |
| 37. | Carlijn Dezutter | | Scheldestroom | | 201100770 | | 5:28.14 | +0,73 | 350 | | |
| | 50m: | 35.81 | 150m: | 1:57.90 | 41.63 | 250m: | 3:22.54 | 42.52 | 350m: | 4:45.61 | 40.36 |
| | 100m: | 1:16.27 | 200m: | 2:40.02 | 42.12 | 300m: | 4:05.25 | 42.71 | 400m: | 5:28.14 | 42.53 |

Programmanr. 1, Meisjes, 400m vrije slag, Junioren 1 en 2

| rang | naam | vereniging | tijd | RT | FINA | | |
|------|--|-----------------------------|-----------|----------------------|-------|---------------|-------|
| 38. | Roubin van Kampen | ZPCH | 201200370 | 5:28.51 +0,60 | 349 | | |
| | 50m: 37.21 | 150m: 1:59.02 | 41.64 | 250m: 3:24.03 | 43.06 | 350m: 4:48.59 | 42.35 |
| | 100m: 1:17.38 | 200m: 2:40.97 | 41.95 | 300m: 4:06.24 | 42.21 | 400m: 5:28.51 | 39.92 |
| 39. | Meike van der Klugt | WVZ | 201100808 | 5:30.21 +0,85 | 343 | | |
| | 50m: 35.36 | 150m: 1:58.02 | 42.73 | 250m: 3:23.97 | 43.02 | 350m: 4:49.24 | 42.04 |
| | 100m: 1:15.29 | 200m: 2:40.95 | 42.93 | 300m: 4:07.20 | 43.23 | 400m: 5:30.21 | 40.97 |
| 40. | Emma van den Berg | V.Z.V. Njord | 201100830 | 5:31.89 +0,76 | 338 | | |
| | 50m: 35.80 | 150m: 2:01.05 | 43.50 | 250m: 3:27.67 | 43.71 | 350m: 4:53.27 | 42.35 |
| | 100m: 1:17.55 | 200m: 2:43.96 | 42.91 | 300m: 4:10.92 | 43.25 | 400m: 5:31.89 | 38.62 |
| 41. | Juno Toornend | Team Noord Holland | 201101718 | 5:32.59 +0,62 | 336 | | |
| | 50m: 35.81 | 150m: 1:57.92 | 42.32 | 250m: 3:24.23 | 43.51 | 350m: 4:50.51 | 42.95 |
| | 100m: 1:15.60 | 200m: 2:40.72 | 42.80 | 300m: 4:07.56 | 43.33 | 400m: 5:32.59 | 42.08 |
| 42. | Minke Bouman | Blue Marlins | 201100104 | 5:33.50 +0,74 | 333 | | |
| | 50m: 36.63 | 150m: 2:00.65 | 42.06 | 250m: 3:27.60 | 42.92 | 350m: 4:53.73 | 42.74 |
| | 100m: 1:18.59 | 200m: 2:44.68 | 44.03 | 300m: 4:10.99 | 43.39 | 400m: 5:33.50 | 39.77 |
| 43. | Elle van Gemenen | DAW | 201100428 | 5:34.05 +0,84 | 331 | | |
| | 50m: 36.42 | 150m: 1:59.53 | 42.63 | 250m: 3:26.03 | 42.96 | 350m: 4:52.78 | 43.02 |
| | 100m: 1:16.90 | 200m: 2:43.07 | 43.54 | 300m: 4:09.76 | 43.73 | 400m: 5:34.05 | 41.27 |
| 44. | Eva ter Horst | ZPC Hoogeveen | 201200070 | 5:37.22 +0,87 | 322 | | |
| | 50m: 38.10 | 150m: 2:02.43 | 42.36 | 250m: 3:28.93 | 43.56 | 350m: 4:56.48 | 43.92 |
| | 100m: 1:20.07 | 200m: 2:45.37 | 42.94 | 300m: 4:12.56 | 43.63 | 400m: 5:37.22 | 40.74 |
| 45. | Amila Mustafic | DZ&PC | 201200026 | 5:39.39 +0,89 | 316 | | |
| | 50m: 34.66 | 150m: 2:00.68 | 44.18 | 250m: 3:30.64 | 45.23 | 350m: 4:55.41 | 42.43 |
| | 100m: 1:16.50 | 200m: 2:45.41 | 44.73 | 300m: 4:12.98 | 42.34 | 400m: 5:39.39 | 43.98 |
| 46. | Emy Meuleners | SG Patrick - De Roersoppers | 201200012 | 5:41.20 +0,71 | 311 | | |
| | 50m: 37.45 | 150m: 2:02.59 | 43.39 | 250m: 3:31.66 | 44.90 | 350m: 5:00.99 | 44.19 |
| | 100m: 1:19.20 | 200m: 2:46.76 | 44.17 | 300m: 4:16.80 | 45.14 | 400m: 5:41.20 | 40.21 |
| 47. | Syll Rinsma | Orca | 201200798 | 5:43.02 +0,54 | 306 | | |
| | 50m: 36.58 | 150m: 2:02.50 | 43.82 | 250m: 3:32.12 | 45.24 | 350m: 5:00.72 | 43.83 |
| | 100m: 1:18.68 | 200m: 2:46.88 | 44.38 | 300m: 4:16.89 | 44.77 | 400m: 5:43.02 | 42.30 |
| 48. | Alaine Dumont | ZV De Watervogels | 201102140 | 5:43.44 +0,66 | 305 | | |
| | 50m: 35.88 | 150m: 1:59.31 | 41.98 | 250m: 3:28.11 | 44.54 | 350m: 4:59.13 | 45.40 |
| | 100m: 1:17.33 | 200m: 2:43.57 | 44.26 | 300m: 4:13.73 | 45.62 | 400m: 5:43.44 | 44.31 |
| 49. | Charlie Klaver | De Dolfijn | 201102094 | 5:50.23 +0,69 | 288 | | |
| | 50m: 38.92 | 150m: 2:08.08 | 45.38 | 250m: 3:39.73 | 45.98 | 350m: 5:09.25 | 44.58 |
| | 100m: 1:22.70 | 200m: 2:53.75 | 45.67 | 300m: 4:24.67 | 44.94 | 400m: 5:50.23 | 40.98 |
| DIS | Milou Filemon | Blue Marlins | 201100078 | | | | |
| | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> | | | | | | |