

Programmanr. 36
 11-12-2022 - 9:39

Jongens, 400m vrije slag

 Junioren 3 en 4
 Resultaten

Punten: FINA 2022

rang	naam		vereniging					tijd	RT	FINA para	
1.	Tiago Fonseca Gomes		PSV			200703587		4:00.30	+0,61	689	
	50m:	26.90	150m:	1:27.17	30.34	250m:	2:28.28	30.81	350m:	3:30.17	31.03
	100m:	56.83	200m:	1:57.47	30.30	300m:	2:59.14	30.86	400m:	4:00.30	30.13
2.	Bram Loots		Team Noord Holland			200700197		4:06.37	+0,65	639	
	50m:	27.75	150m:	1:29.61	31.22	250m:	2:32.70	31.72	350m:	3:36.30	31.97
	100m:	58.39	200m:	2:00.98	31.37	300m:	3:04.33	31.63	400m:	4:06.37	30.07
3.	Tieme Wiersma		DZ&PC			200701031		4:08.06	+0,73	626	
	50m:	27.37	150m:	1:28.58	31.28	250m:	2:32.58	32.32	350m:	3:37.63	32.40
	100m:	57.30	200m:	2:00.26	31.68	300m:	3:05.23	32.65	400m:	4:08.06	30.43
4.	Xiaoyu Yin		Blue Marlins			200803363		4:08.26	+0,66	624	
	50m:	28.10	150m:	1:30.96	31.82	250m:	2:34.64	31.56	350m:	3:38.41	31.65
	100m:	59.14	200m:	2:03.08	32.12	300m:	3:06.76	32.12	400m:	4:08.26	29.85
5.	Milan Veelders		De Dinkel			200800279		4:16.74	+0,76	565	
	50m:	28.60	150m:	1:33.68	32.79	250m:	2:39.77	33.08	350m:	3:45.30	32.56
	100m:	1:00.89	200m:	2:06.69	33.01	300m:	3:12.74	32.97	400m:	4:16.74	31.44
6.	Marnix Rietveld		ZV Haerlem			200700939		4:18.41	+0,67	554	
	50m:	28.21	150m:	1:32.77	32.34	250m:	2:38.10	32.72	350m:	3:44.99	34.07
	100m:	1:00.43	200m:	2:05.38	32.61	300m:	3:10.92	32.82	400m:	4:18.41	33.42
7.	Tijn Hilders		De Dolfijn			200700027		4:19.84	+0,68	545	
	50m:	29.23	150m:	1:34.81	33.14	250m:	2:41.11	33.44	350m:	3:47.81	33.36
	100m:	1:01.67	200m:	2:07.67	32.86	300m:	3:14.45	33.34	400m:	4:19.84	32.03
8.	Niek Issard		DZ&PC			200700037		4:20.51	+0,78	540	
	50m:	29.35	150m:	1:34.15	32.98	250m:	2:40.40	33.00	350m:	3:47.61	33.44
	100m:	1:01.17	200m:	2:07.40	33.25	300m:	3:14.17	33.77	400m:	4:20.51	32.90
9.	Denzel Barthen		WVZ			200700147		4:20.75	+0,75	539	
	50m:	28.57	150m:	1:34.00	33.11	250m:	2:41.51	33.60	350m:	3:49.96	34.19
	100m:	1:00.89	200m:	2:07.91	33.91	300m:	3:15.77	34.26	400m:	4:20.75	30.79
10.	Finn Rust		Nextline swimming			200700469		4:21.33	+0,66	535	
	50m:	28.19	150m:	1:32.61	32.34	250m:	2:39.25	33.45	350m:	3:48.85	35.16
	100m:	1:00.27	200m:	2:05.80	33.19	300m:	3:13.69	34.44	400m:	4:21.33	32.48
11.	Tim van Erven		DZ&PC			200700175		4:24.51	+0,77	516	
	50m:	29.66	150m:	1:35.71	33.50	250m:	2:44.26	34.47	350m:	3:52.88	34.17
	100m:	1:02.21	200m:	2:09.79	34.08	300m:	3:18.71	34.45	400m:	4:24.51	31.63
12.	Jere Wiersma		DZ&PC			200701037		4:24.85	+0,80	514	
	50m:	30.03	150m:	1:36.50	33.60	250m:	2:44.41	34.17	350m:	3:51.60	33.58
	100m:	1:02.90	200m:	2:10.24	33.74	300m:	3:18.02	33.61	400m:	4:24.85	33.25
13.	Rens Noordover		Team Noord Holland			200800237		4:25.24	+0,76	512	
	50m:	29.61	150m:	1:35.93	33.39	250m:	2:43.97	33.72	350m:	3:52.51	34.28
	100m:	1:02.54	200m:	2:10.25	34.32	300m:	3:18.23	34.26	400m:	4:25.24	32.73
14.	Siem de Zeeuw		OZ&PC			200800013		4:26.95	+0,72	502	
	50m:	28.07	150m:	1:35.70	35.06	250m:	2:45.70	34.96	350m:	3:54.28	33.75
	100m:	1:00.64	200m:	2:10.74	35.04	300m:	3:20.53	34.83	400m:	4:26.95	32.67
15.	Bram Wammes		Deltasteur			200700201		4:28.43	+0,79	494	
	50m:	29.34	150m:	1:36.76	34.50	250m:	2:46.27	35.15	350m:	3:54.96	34.35
	100m:	1:02.26	200m:	2:11.12	34.36	300m:	3:20.61	34.34	400m:	4:28.43	33.47
16.	Gaëtan Spicq		Blue Marlins			200701807		4:29.44	+0,70	488	
	50m:	28.95	150m:	1:35.70	34.19	250m:	2:44.86	34.62	350m:	3:55.46	35.27
	100m:	1:01.51	200m:	2:10.24	34.54	300m:	3:20.19	35.33	400m:	4:29.44	33.98
17.	Bas Mostert		VZC			200800629		4:29.77	+0,76	487	
	50m:	30.36	150m:	1:38.11	34.37	250m:	2:47.21	34.58	350m:	3:56.00	34.40
	100m:	1:03.74	200m:	2:12.63	34.52	300m:	3:21.60	34.39	400m:	4:29.77	33.77
18.	Wout Serrarens		PSV			200800261		4:30.73	+0,71	481	
	50m:	28.60	150m:	1:36.22	34.63	250m:	2:46.57	34.40	350m:	3:57.46	35.71
	100m:	1:01.59	200m:	2:12.17	35.95	300m:	3:21.75	35.18	400m:	4:30.73	33.27
19.	Diede Veld		SWOL 1894			200800011		4:30.76	+0,74	481	
	50m:	30.22	150m:	1:38.11	34.62	250m:	2:47.22	34.66	350m:	3:56.85	34.69
	100m:	1:03.49	200m:	2:12.56	34.45	300m:	3:22.16	34.94	400m:	4:30.76	33.91

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rang	naam		vereniging				tijd	RT	FINA para
20.	Boele Böhm		Blue Marlins		200700739		4:31.02		480
	50m:	29.37	29.37	150m:	1:37.44	35.10	250m:	2:46.67	34.53
	100m:	1:02.34	32.97	200m:	2:12.14	34.70	300m:	3:21.53	34.86
							350m:	3:56.79	35.26
							400m:	4:31.02	34.23
21.	Tim Zuurman		ZPC Hoogeveen		200700131		4:31.13	+0,83	479
	50m:	30.39	30.39	150m:	1:38.39	34.38	250m:	2:47.87	35.01
	100m:	1:04.01	33.62	200m:	2:12.86	34.47	300m:	3:22.66	34.79
							350m:	3:57.41	34.75
							400m:	4:31.13	33.72
22.	Gijs Hartwijk		ZVL-1886 Center		200800573		4:33.03	+0,67	469
	50m:	30.65	30.65	150m:	1:39.43	34.85	250m:	2:48.96	34.76
	100m:	1:04.58	33.93	200m:	2:14.20	34.77	300m:	3:23.88	34.92
							350m:	3:59.03	35.15
							400m:	4:33.03	34.00
23.	Jesse Molegraaf		ZPC AMERSFOORT		200800887		4:34.18	+0,64	463
	50m:	29.46	29.46	150m:	1:37.34	34.78	250m:	2:47.95	35.22
	100m:	1:02.56	33.10	200m:	2:12.73	35.39	300m:	3:24.75	36.80
							350m:	4:00.74	35.99
							400m:	4:34.18	33.44
24.	Joey Pop		ZV Vlaardingen-Schiedam		200800277		4:34.45		462
	50m:	30.72	30.72	150m:	1:40.07	35.04	250m:	2:50.26	34.94
	100m:	1:05.03	34.31	200m:	2:15.32	35.25	300m:	3:24.98	34.72
							350m:	4:00.46	35.48
							400m:	4:34.45	33.99
25.	Lars de Kooter		De Biesboschzwemmers		200800185		4:35.81	+0,67	455
	50m:	30.46	30.46	150m:	1:40.02	35.18	250m:	2:51.34	35.62
	100m:	1:04.84	34.38	200m:	2:15.72	35.70	300m:	3:26.57	35.23
							350m:	4:01.40	34.83
							400m:	4:35.81	34.41
26.	Youp Stuifzand		ZV 44		200800521		4:36.48	+0,66	452
	50m:	30.36	30.36	150m:	1:41.00	35.72	250m:	2:51.99	35.13
	100m:	1:05.28	34.92	200m:	2:16.86	35.86	300m:	3:27.11	35.12
							350m:	4:03.40	36.29
							400m:	4:36.48	33.08
27.	Sem Belmon		PSV		200702099		4:42.80	+0,72	422
	50m:	30.49	30.49	150m:	1:41.64	36.17	250m:	2:54.68	36.71
	100m:	1:05.47	34.98	200m:	2:17.97	36.33	300m:	3:31.96	37.28
							350m:	4:09.57	37.61
							400m:	4:42.80	33.23
NG	Yarno van Dam		ACZ		200800115				