

Programmanr. 1
 09-12-2022 - 16:00

Meisjes, 400m vrije slag

 Junioren 1 en 2
 Resultaten

Punten: FINA 2022

rang	naam		vereniging					tijd	RT	FINA para
1.	Malin Roozeboom		WVZ		201100006			4:47.46	+0,75	538
	50m: 32.34	32.34	150m: 1:44.93	36.41	250m: 2:58.10	36.61	350m: 4:11.78	4:11.78		36.38
	100m: 1:08.52	36.18	200m: 2:21.49	36.56	300m: 3:35.40	37.30	400m: 4:47.46	4:47.46		36.68
2.	Marre van der Wal		SG. Bolsward-Workum		201000046			4:54.18	+0,71	502
	50m: 33.36	33.36	150m: 1:47.07	37.22	250m: 3:02.44	37.90	350m: 4:18.20	4:18.20		38.13
	100m: 1:09.85	36.49	200m: 2:24.54	37.47	300m: 3:40.07	37.63	400m: 4:54.18	4:54.18		35.98
3.	Nina van der Schrier		AZC		201000444			4:54.54	+0,66	500
	50m: 32.75	32.75	150m: 1:47.66	38.09	250m: 3:02.49	37.57	350m: 4:17.97	4:17.97		37.33
	100m: 1:09.57	36.82	200m: 2:24.92	37.26	300m: 3:40.64	38.15	400m: 4:54.54	4:54.54		36.57
4.	Marija Kostina		Blue Marlins		201002042			4:57.01	+0,76	488
	50m: 32.38	32.38	150m: 1:45.79	37.21	250m: 3:02.13	38.77	350m: 4:19.71	4:19.71		39.12
	100m: 1:08.58	36.20	200m: 2:23.36	37.57	300m: 3:40.59	38.46	400m: 4:57.01	4:57.01		37.30
5.	Anouk Steller		WVZ		201000004			5:01.51	+0,82	466
	50m: 32.72	32.72	150m: 1:47.59	38.27	250m: 3:05.90	39.28	350m: 4:23.38	4:23.38		37.97
	100m: 1:09.32	36.60	200m: 2:26.62	39.03	300m: 3:45.41	39.51	400m: 5:01.51	5:01.51		38.13
6.	Paula Spans		ZV 44		201000064			5:02.58	+0,81	462
	50m: 33.36	33.36	150m: 1:47.99	37.70	250m: 3:05.34	38.83	350m: 4:24.49	4:24.49		39.52
	100m: 1:10.29	36.93	200m: 2:26.51	38.52	300m: 3:44.97	39.63	400m: 5:02.58	5:02.58		38.09
7.	Julia D browska		Blue Marlins		201000300			5:03.66	+0,72	457
	50m: 32.97	32.97	150m: 1:47.85	37.91	250m: 3:06.20	39.37	350m: 4:25.07	4:25.07		39.58
	100m: 1:09.94	36.97	200m: 2:26.83	38.98	300m: 3:45.49	39.29	400m: 5:03.66	5:03.66		38.59
8.	Erin de Jong		GZC DONK		201000024			5:03.93	+0,93	455
	50m: 33.20	33.20	150m: 1:49.01	38.25	250m: 3:06.69	39.09	350m: 4:25.45	4:25.45		39.56
	100m: 1:10.76	37.56	200m: 2:27.60	38.59	300m: 3:45.89	39.20	400m: 5:03.93	5:03.93		38.48
9.	Nina Tetteroo		De Columbiaan		201000048			5:05.93	+0,84	447
	50m: 33.95	33.95	150m: 1:50.97	38.65	250m: 3:08.72	38.89	350m: 4:27.04	4:27.04		38.86
	100m: 1:12.32	38.37	200m: 2:29.83	38.86	300m: 3:48.18	39.46	400m: 5:05.93	5:05.93		38.89
10.	Tess van de Steeg		WVZ		201000016			5:06.05	+0,80	446
	50m: 33.87	33.87	150m: 1:50.77	38.84	250m: 3:08.61	38.94	350m: 4:28.51	4:28.51		39.81
	100m: 1:11.93	38.06	200m: 2:29.67	38.90	300m: 3:48.70	40.09	400m: 5:06.05	5:06.05		37.54
11.	Frédérique Nijziel		PSV		201103114			5:09.65	+0,78	431
	50m: 35.31	35.31	150m: 1:53.70	39.29	250m: 3:14.29	40.53	350m: 4:32.55	4:32.55		38.80
	100m: 1:14.41	39.10	200m: 2:33.76	40.06	300m: 3:53.75	39.46	400m: 5:09.65	5:09.65		37.10
12.	Fenna Zusterzeel		ZPC De Rog Weert		201000008			5:10.17	+0,72	428
	50m: 33.12	33.12	150m: 1:49.65	38.84	250m: 3:09.98	40.16	350m: 4:30.38	4:30.38		40.20
	100m: 1:10.81	37.69	200m: 2:29.82	40.17	300m: 3:50.18	40.20	400m: 5:10.17	5:10.17		39.79
13.	Senna Boogmans		De Duinkickers		201000640			5:10.19	+0,81	428
	50m: 33.59	33.59	150m: 1:51.29	39.42	250m: 3:11.27	40.29	350m: 4:32.21	4:32.21		40.06
	100m: 1:11.87	38.28	200m: 2:30.98	39.69	300m: 3:52.15	40.88	400m: 5:10.19	5:10.19		37.98
14.	Elin Baars		DWK		201000138			5:11.35	+0,77	424
	50m: 35.58	35.58	150m: 1:54.28	39.77	250m: 3:13.80	39.44	350m: 4:32.89	4:32.89		39.42
	100m: 1:14.51	38.93	200m: 2:34.36	40.08	300m: 3:53.47	39.67	400m: 5:11.35	5:11.35		38.46
15.	Famke Franzen		De Schoteijl		201000058			5:11.56	+0,75	423
	50m: 33.70	33.70	150m: 1:51.60	39.81	250m: 3:11.57	40.15	350m: 4:32.59	4:32.59		40.61
	100m: 1:11.79	38.09	200m: 2:31.42	39.82	300m: 3:51.98	40.41	400m: 5:11.56	5:11.56		38.97
16.	Evelien Goorhuis		Hieronymus		201000194			5:11.82	+0,89	422
	50m: 32.78	32.78	150m: 1:48.65	38.57	250m: 3:08.67	40.33	350m: 4:30.75	4:30.75		41.05
	100m: 1:10.08	37.30	200m: 2:28.34	39.69	300m: 3:49.70	41.03	400m: 5:11.82	5:11.82		41.07
17.	Linou van Kampen		ZPCH		201000594			5:12.77	+0,81	418
	50m: 34.18	34.18	150m: 1:52.38	39.64	250m: 3:13.07	40.14	350m: 4:33.39	4:33.39		40.24
	100m: 1:12.74	38.56	200m: 2:32.93	40.55	300m: 3:53.15	40.08	400m: 5:12.77	5:12.77		39.38
18.	Manou Longayroux		ZZ&PC De Devel		201000580			5:13.80	+0,78	414
	50m: 35.26	35.26	150m: 1:54.47	40.29	250m: 3:15.91	40.73	350m: 4:36.19	4:36.19		39.57
	100m: 1:14.18	38.92	200m: 2:35.18	40.71	300m: 3:56.62	40.71	400m: 5:13.80	5:13.80		37.61
19.	Yill van Bezouw		Hieronymus		201100704			5:14.82	+0,71	410
	50m: 34.53	34.53	150m: 1:53.96	40.15	250m: 3:14.71	40.40	350m: 4:35.71	4:35.71		40.21
	100m: 1:13.81	39.28	200m: 2:34.31	40.35	300m: 3:55.50	40.79	400m: 5:14.82	5:14.82		39.11

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rang	naam	vereniging	tijd	RT	FINA para	
20.	Mattea Gliese-Slooijer	De Dinkel	201100008	5:15.89	+0,79 406	
	50m: 34.51	34.51	150m: 1:54.09	39.84	250m: 3:14.96	40.23
	100m: 1:14.25	39.74	200m: 2:34.73	40.64	300m: 3:55.53	40.57
					350m: 4:36.52	40.99
					400m: 5:15.89	39.37
21.	Noortje Bisperink	ZPC AMERSFOORT	201100486	5:16.08	+0,76 405	
	50m: 34.58	34.58	150m: 1:54.73	40.79	250m: 3:16.66	41.24
	100m: 1:13.94	39.36	200m: 2:35.42	40.69	300m: 3:57.68	41.02
					350m: 4:38.38	40.70
					400m: 5:16.08	37.70
22.	Ilse Jongepier	THOR	201000006	5:16.15	+0,87 405	
	50m: 34.67	34.67	150m: 1:54.11	40.32	250m: 3:15.78	41.46
	100m: 1:13.79	39.12	200m: 2:34.32	40.21	300m: 3:56.77	40.99
					350m: 4:38.10	41.33
					400m: 5:16.15	38.05
23.	Noa van Zalk	ZPC AMERSFOORT	201102534	5:16.78	+0,66 402	
	50m: 35.02	35.02	150m: 1:53.94	39.92	250m: 3:15.00	40.84
	100m: 1:14.02	39.00	200m: 2:34.16	40.22	300m: 3:55.74	40.74
					350m: 4:36.30	40.56
					400m: 5:16.78	40.48
24.	Milou Filemon	ZZ&PC De Devel	201100078	5:17.00	+0,79 401	
	50m: 35.50	35.50	150m: 1:55.13	40.73	250m: 3:17.32	41.63
	100m: 1:14.40	38.90	200m: 2:35.69	40.56	300m: 3:57.97	40.65
					350m: 4:38.31	40.34
					400m: 5:17.00	38.69
25.	Anne Engbersen	De Fuut	201000044	5:17.91 *	+0,80 398	
	50m: 32.98	32.98	150m: 1:52.09	40.57	250m: 3:14.38	41.39
	100m: 1:11.52	38.54	200m: 2:32.99	40.90	300m: 3:55.79	41.41
					350m: 4:36.98	41.19
					400m: 5:17.91	40.93
26.	Eva Ehlert	GZC DONK	201002026	5:19.00	+0,66 394	
	50m: 34.00	34.00	150m: 1:54.12	40.89	250m: 3:17.24	41.45
	100m: 1:13.23	39.23	200m: 2:35.79	41.67	300m: 3:58.96	41.72
					350m: 4:39.55	40.59
					400m: 5:19.00	39.45
27.	Eva de Man	Aqua-Novio'94	201000294	5:21.06	+0,73 386	
	50m: 34.63	34.63	150m: 1:54.74	40.60	250m: 3:18.08	40.90
	100m: 1:14.14	39.51	200m: 2:37.18	42.44	300m: 4:00.24	42.16
					350m: 4:42.09	41.85
					400m: 5:21.06	38.97
28.	Jayna Wagemakers	AquaDream	201000226	5:21.61	+0,89 384	
	50m: 34.56	34.56	150m: 1:57.01	41.59	250m: 3:20.16	41.66
	100m: 1:15.42	40.86	200m: 2:38.50	41.49	300m: 4:01.28	41.12
					350m: 4:39.33	38.05
					400m: 5:21.61	42.28
29.	Lynn ten Berge	De Dinkel	201000884	5:23.02	+0,74 379	
	50m: 35.46	35.46	150m: 1:56.93	41.27	250m: 3:19.80	41.46
	100m: 1:15.66	40.20	200m: 2:38.34	41.41	300m: 4:01.86	42.06
					350m: 4:42.96	41.10
					400m: 5:23.02	40.06
30.	Femke ter Horst	ZPC Hoogeveen	201000108	5:23.21	+0,90 379	
	50m: 36.32	36.32	150m: 1:58.57	41.50	250m: 3:21.28	41.17
	100m: 1:17.07	40.75	200m: 2:40.11	41.54	300m: 4:02.55	41.27
					350m: 4:43.44	40.89
					400m: 5:23.21	39.77
31.	Chloé in 't Veen	WVZ	201100010	5:23.37	+0,68 378	
	50m: 34.65	34.65	150m: 1:54.88	41.14	250m: 3:21.18	43.29
	100m: 1:13.74	39.09	200m: 2:37.89	43.01	300m: 4:03.96	42.78
					350m: 4:44.97	41.01
					400m: 5:23.37	38.40
32.	Reina Böhm	Blue Marlins	201000042	5:23.41	+0,76 378	
	50m: 36.51	36.51	150m: 1:58.00	41.19	250m: 3:20.81	41.45
	100m: 1:16.81	40.30	200m: 2:39.36	41.36	300m: 4:02.27	41.46
					350m: 4:43.86	41.59
					400m: 5:23.41	39.55
33.	Tessa de Jong	GZC DONK	201000026	5:23.79	+0,80 377	
	50m: 36.05	36.05	150m: 1:59.02	42.20	250m: 3:21.65	41.15
	100m: 1:16.82	40.77	200m: 2:40.50	41.48	300m: 4:03.27	41.62
					350m: 4:44.07	40.80
					400m: 5:23.79	39.72
34.	Sterre de Veen	Hellas-Glana	201100086	5:23.96	+0,69 376	
	50m: 35.43	35.43	150m: 1:56.14	41.38	250m: 3:20.76	42.48
	100m: 1:14.76	39.33	200m: 2:38.28	42.14	300m: 4:02.84	42.08
					350m: 4:44.31	41.47
					400m: 5:23.96	39.65
35.	Romée Smit	MSV-Zeemacht	201100438	5:24.58	+0,78 374	
	50m: 36.27	36.27	150m: 1:59.08	42.47	250m: 3:24.47	42.92
	100m: 1:16.61	40.34	200m: 2:41.55	42.47	300m: 4:06.33	41.86
					350m: 4:47.92	41.59
					400m: 5:24.58	36.66
36.	Tessa van Beek	DWK	201001446	5:24.84	+0,74 373	
	50m: 36.18	36.18	150m: 1:58.53	41.79	250m: 3:22.25	41.45
	100m: 1:16.74	40.56	200m: 2:40.80	42.27	300m: 4:03.55	41.30
					350m: 4:45.60	42.05
					400m: 5:24.84	39.24
37.	Ilse Stout	ACZ	201001704	5:24.97	+0,74 372	
	50m: 34.51	34.51	150m: 1:54.34	40.59	250m: 3:17.75	41.84
	100m: 1:13.75	39.24	200m: 2:35.91	41.57	300m: 4:00.47	42.72
					350m: 4:43.79	43.32
					400m: 5:24.97	41.18
38.	Dewi Meijer	De Dolfijn	201000302	5:25.17	+0,84 372	
	50m: 35.64	35.64	150m: 1:56.97	41.43	250m: 3:20.93	41.86
	100m: 1:15.54	39.90	200m: 2:39.07	42.10	300m: 4:02.64	41.71
					350m: 4:44.93	42.29
					400m: 5:25.17	40.24
39.	Odenza Soselisa	Blue Marlins	201101780	5:25.21	+0,72 372	
	50m: 34.47	34.47	150m: 1:56.02	41.70	250m: 3:20.01	41.21
	100m: 1:14.32	39.85	200m: 2:38.80	42.78	300m: 4:02.63	42.62
					350m: 4:44.77	42.14
					400m: 5:25.21	40.44

Programmanr. 1, Meisjes, 400m vrije slag, Junioren 1 en 2

rang	naam		vereniging					tijd	RT	FINA para		
40.	Annelie Batenburg		PSV		201001962			5:25.54	+0,73	371		
	50m:	36.40	36.40	150m:	2:00.00	42.11	250m:	3:24.28	42.09	350m:	4:47.41	41.36
	100m:	1:17.89	41.49	200m:	2:42.19	42.19	300m:	4:06.05	41.77	400m:	5:25.54	38.13
41.	Carla Moreno Palacios		De Dolfijn		201002302			5:25.55	+0,93	370		
	50m:	35.98	35.98	150m:	1:59.28	41.96	250m:	3:22.67	41.72	350m:	4:46.71	42.68
	100m:	1:17.32	41.34	200m:	2:40.95	41.67	300m:	4:04.03	41.36	400m:	5:25.55	38.84
42.	Ashley Mercera		SG SCOM/de Zeehond'73		201000178			5:26.51	+0,81	367		
	50m:	35.89	35.89	150m:	1:57.64	41.84	250m:	3:22.08	42.33	350m:	4:46.05	42.07
	100m:	1:15.80	39.91	200m:	2:39.75	42.11	300m:	4:03.98	41.90	400m:	5:26.51	40.46
43.	Alaine Lomans		ESZET		201000420			5:28.34	+0,67	361		
	50m:	37.29	37.29	150m:	2:00.25	42.23	250m:	3:24.44	41.98	350m:	4:48.15	41.85
	100m:	1:18.02	40.73	200m:	2:42.46	42.21	300m:	4:06.30	41.86	400m:	5:28.34	40.19
44.	Elin Reinstra		TriVia		201100842			5:29.22	+0,80	358		
	50m:	38.02	38.02	150m:	2:00.75	41.79	250m:	3:24.87	43.08	350m:	4:48.63	42.00
	100m:	1:18.96	40.94	200m:	2:41.79	41.04	300m:	4:06.63	41.76	400m:	5:29.22	40.59
45.	Maryse Kuijper		DWK		201000692			5:30.00 *	+0,85	356		
	50m:	34.75	34.75	150m:	1:56.37	41.44	250m:	3:19.39	41.89	350m:	4:41.91	39.58
	100m:	1:14.93	40.18	200m:	2:37.50	41.13	300m:	4:02.33	42.94	400m:	5:30.00	48.09
46.	Kim Bouman		ZPC AMERSFOORT		201000262			5:34.90	+0,84	340		
	50m:	35.69	35.69	150m:	1:58.95	42.28	250m:	3:24.67	43.59	350m:	4:52.40	43.63
	100m:	1:16.67	40.98	200m:	2:41.08	42.13	300m:	4:08.77	44.10	400m:	5:34.90	42.50
47.	Wieke Dekker		De Dolfijn		201002020			5:35.30	+0,78	339		
	50m:	36.48	36.48	150m:	2:00.08	42.20	250m:	3:27.01	43.60	350m:	4:54.47	43.91
	100m:	1:17.88	41.40	200m:	2:43.41	43.33	300m:	4:10.56	43.55	400m:	5:35.30	40.83
48.	Elke Kriesels		Hieronymus		201100898			5:36.75	+0,75	335		
	50m:	36.04	36.04	150m:	2:01.40	43.87	250m:	3:29.51	43.54	350m:	4:56.70	43.66
	100m:	1:17.53	41.49	200m:	2:45.97	44.57	300m:	4:13.04	43.53	400m:	5:36.75	40.05
49.	Tess Meeuwissen		De Columbiaan		201000370			5:40.74	+0,70	323		
	50m:	35.71	35.71	150m:	1:59.32	42.63	250m:	3:27.45	44.46	350m:	4:56.46	44.07
	100m:	1:16.69	40.98	200m:	2:42.99	43.67	300m:	4:12.39	44.94	400m:	5:40.74	44.28
50.	Esmee de Raadt		ZPB H&L Productions		201002328			5:41.34	+0,72	321		
	50m:	35.90	35.90	150m:	2:00.20	42.77	250m:	3:29.51	45.22	350m:	4:58.67	44.18
	100m:	1:17.43	41.53	200m:	2:44.29	44.09	300m:	4:14.49	44.98	400m:	5:41.34	42.67