

Programmanr. 52  
12-12-2021 - 9:18

Jongens, 400m vrije slag

Junioren 4  
Resultaten

Punten: FINA 2020

rang	naam	vereniging	startnr.	tijd	RT	Pnt		
1.	Tenzing Geutjes	ZPC AMERSFOORT	200600441	<b>4:14.38</b>	+0,75	580		
	50m: 28.51	28.51	150m: 1:31.42	31.92	250m: 2:35.95	32.21	350m: 3:41.90	33.00
	100m: 59.50	30.99	200m: 2:03.74	32.32	300m: 3:08.90	32.95	400m: 4:14.38	32.48
2.	Olivier Wilbers	ZPC Hoogeveen	200600181	<b>4:17.07</b>	+0,77	562		
	50m: 29.38	29.38	150m: 1:33.36	32.41	250m: 2:38.86	32.76	350m: 3:44.35	32.49
	100m: 1:00.95	31.57	200m: 2:06.10	32.74	300m: 3:11.86	33.00	400m: 4:17.07	32.72
3.	Jip Bakker	Orca	200600287	<b>4:19.35</b>	+0,63	548		
	50m: 28.76	28.76	150m: 1:33.05	32.77	250m: 2:40.05	33.59	350m: 3:47.00	33.55
	100m: 1:00.28	31.52	200m: 2:06.46	33.41	300m: 3:13.45	33.40	400m: 4:19.35	32.35
4.	Thom de Hoog	SCOM/De Zeehond'73 (SG)	200600019	<b>4:21.03</b>	+0,73	537		
	50m: 29.20	29.20	150m: 1:34.86	33.27	250m: 2:41.21	33.00	350m: 3:48.80	33.80
	100m: 1:01.59	32.39	200m: 2:08.21	33.35	300m: 3:15.00	33.79	400m: 4:21.03	32.23
5.	Senna Hof	DZ&PC	200600761	<b>4:26.54</b>	+0,80	504		
	50m: 29.58	29.58	150m: 1:37.18	34.04	250m: 2:45.81	34.07	350m: 3:53.81	34.25
	100m: 1:03.14	33.56	200m: 2:11.74	34.56	300m: 3:19.56	33.75	400m: 4:26.54	32.73
6.	Bjorn Rijkaart	WVZ	200601337	<b>4:27.02</b>	+0,78	502		
	50m: 29.37	29.37	150m: 1:35.97	33.94	250m: 2:44.75	34.47	350m: 3:53.54	34.14
	100m: 1:02.03	32.66	200m: 2:10.28	34.31	300m: 3:19.40	34.65	400m: 4:27.02	33.48
7.	Bas Blanker	SCOM/De Zeehond'73 (SG)	200601497	<b>4:28.62</b>	+0,74	493		
	50m: 29.82	29.82	150m: 1:37.37	34.38	250m: 2:46.31	34.71	350m: 3:55.57	34.72
	100m: 1:02.99	33.17	200m: 2:11.60	34.23	300m: 3:20.85	34.54	400m: 4:28.62	33.05
8.	Lucas van Rooij	PSV	200603943	<b>4:30.48</b>	+0,71	483		
	50m: 30.00	30.00	150m: 1:37.46	34.43	250m: 2:46.78	34.71	350m: 3:56.91	35.03
	100m: 1:03.03	33.03	200m: 2:12.07	34.61	300m: 3:21.88	35.10	400m: 4:30.48	33.57
9.	Marijn Baas	De Ward	200601487	<b>4:31.25</b>	+0,78	479		
	50m: 29.86	29.86	150m: 1:37.59	34.35	250m: 2:47.58	35.43	350m: 3:57.44	34.62
	100m: 1:03.24	33.38	200m: 2:12.15	34.56	300m: 3:22.82	35.24	400m: 4:31.25	33.81
10.	Lars Servaas	PSV	200600377	<b>4:34.56</b>	+0,70	461		
	50m: 30.67	30.67	150m: 1:39.62	34.93	250m: 2:49.97	35.43	350m: 4:00.07	34.72
	100m: 1:04.69	34.02	200m: 2:14.54	34.92	300m: 3:25.35	35.38	400m: 4:34.56	34.49
11.	Thijs Wellink	ZPC AMERSFOORT	200600715	<b>4:34.86</b>	+0,79	460		
	50m: 30.40	30.40	150m: 1:39.76	34.93	250m: 2:50.01	35.00	350m: 4:00.56	35.19
	100m: 1:04.83	34.43	200m: 2:15.01	35.25	300m: 3:25.37	35.36	400m: 4:34.86	34.30
12.	Ruben de Vries	Hellas-Glana	200600497	<b>4:35.34</b>	+0,68	458		
	50m: 30.53	30.53	150m: 1:39.95	35.00	250m: 2:50.94	35.54	350m: 4:01.94	35.22
	100m: 1:04.95	34.42	200m: 2:15.40	35.45	300m: 3:26.72	35.78	400m: 4:35.34	33.40
13.	Björn Mulder	Zoetermeer	200601517	<b>4:36.03</b>	+0,72	454		
	50m: 30.70	30.70	150m: 1:39.55	34.85	250m: 2:49.90	34.99	350m: 4:01.46	35.91
	100m: 1:04.70	34.00	200m: 2:14.91	35.36	300m: 3:25.55	35.65	400m: 4:36.03	34.57
14.	Feico de Jonge	Team Noord-Holland (SG)	200600047	<b>4:36.42</b>	+0,76	452		
	50m: 29.68	29.68	150m: 1:38.24	34.76	250m: 2:49.50	35.78	350m: 4:01.67	36.09
	100m: 1:03.48	33.80	200m: 2:13.72	35.48	300m: 3:25.58	36.08	400m: 4:36.42	34.75
15.	Wout Koops	WS Twente	200601543	<b>4:37.29</b>	+0,73	448		
	50m: 30.57	30.57	150m: 1:38.42	34.39	250m: 2:49.55	35.83	350m: 4:01.56	35.91
	100m: 1:04.03	33.46	200m: 2:13.72	35.30	300m: 3:25.65	36.10	400m: 4:37.29	35.73
16.	Tim Delissen	Nextline Swimming	200602671	<b>4:40.58</b>	+0,70	432		
	50m: 29.90	29.90	150m: 1:39.37	35.32	250m: 2:51.75	36.20	350m: 4:05.37	36.91
	100m: 1:04.05	34.15	200m: 2:15.55	36.18	300m: 3:28.46	36.71	400m: 4:40.58	35.21
17.	Milco Matla	PSV	200600555	<b>4:40.83</b>	+0,78	431		
	50m: 30.50	30.50	150m: 1:42.00	36.19	250m: 2:54.25	36.62	350m: 4:06.36	35.69
	100m: 1:05.81	35.31	200m: 2:17.63	35.63	300m: 3:30.67	36.42	400m: 4:40.83	34.47
18.	Lars ten Katen	Batavia Swim	200600959	<b>4:41.29</b>	+0,83	429		
	50m: 31.41	31.41	150m: 1:41.48	35.69	250m: 2:54.66	36.58	350m: 4:07.48	36.29
	100m: 1:05.79	34.38	200m: 2:18.08	36.60	300m: 3:31.19	36.53	400m: 4:41.29	33.81
	Niek Vreeling	OZ&PC	200604211	<b>4:41.29</b>	+0,75	429		
	50m: 30.27	30.27	150m: 1:41.59	36.31	250m: 2:54.18	36.10	350m: 4:08.16	36.20
	100m: 1:05.28	35.01	200m: 2:18.08	36.49	300m: 3:31.96	37.78	400m: 4:41.29	33.13
20.	Dave Dirks	ZVVS	200602883	<b>4:42.35</b>	+0,76	424		
	50m: 29.87	29.87	150m: 1:40.50	36.07	250m: 2:54.16	36.89	350m: 4:07.38	36.23
	100m: 1:04.43	34.56	200m: 2:17.27	36.77	300m: 3:31.15	36.99	400m: 4:42.35	34.97