

Programmanr. 3
10-12-2021 - 15:03

Meisjes, 400m wisselslag

Junioren 3
Resultaten

Punten: FINA 2020

rang	naam	vereniging	startnr.	tijd	RT	Pnt
1.	Esmée Mulder	SWOL 1894	200800038	5:09.82	+0,67	583
	50m: 32.24	32.24	150m: 1:49.27	39.69	250m: 3:12.19	43.78
	100m: 1:09.58	37.34	200m: 2:28.41	39.14	300m: 3:56.14	43.95
					350m: 4:33.27	37.13
					400m: 5:09.82	36.55
2.	Nova Nijziel	PSV	200804416	5:14.13	+0,72	560
	50m: 32.68	32.68	150m: 1:50.51	39.58	250m: 3:14.09	45.15
	100m: 1:10.93	38.25	200m: 2:28.94	38.43	300m: 4:00.34	46.25
					350m: 4:37.63	37.29
					400m: 5:14.13	36.50
3.	Frouke Ludwig	DZ&PC	200800112	5:17.75	+0,67	541
	50m: 31.69	31.69	150m: 1:47.01	37.93	250m: 3:12.65	48.04
	100m: 1:09.08	37.39	200m: 2:24.61	37.60	300m: 4:02.09	49.44
					350m: 4:40.17	38.08
					400m: 5:17.75	37.58
4.	Rosalie Reef	De Zwoer	200800426	5:19.16	+0,73	534
	50m: 31.80	31.80	150m: 1:53.30	42.49	250m: 3:19.05	44.90
	100m: 1:10.81	39.01	200m: 2:34.15	40.85	300m: 4:04.11	45.06
					350m: 4:42.70	38.59
					400m: 5:19.16	36.46
5.	Meyke v. Nimwegen	De Schotejil	200800106	5:20.02	+0,78	529
	50m: 32.66	32.66	150m: 1:51.99	40.72	250m: 3:16.92	45.43
	100m: 1:11.27	38.61	200m: 2:31.49	39.50	300m: 4:04.02	47.10
					350m: 4:42.48	38.46
					400m: 5:20.02	37.54
6.	Emmelien Smelt	ZVZ	200800012	5:23.99	+0,87	510
	50m: 31.97	31.97	150m: 1:51.20	40.53	250m: 3:18.56	47.51
	100m: 1:10.67	38.70	200m: 2:31.05	39.85	300m: 4:06.69	48.13
					350m: 4:46.36	39.67
					400m: 5:23.99	37.63
7.	Flóra Szili-Torok	Blue Marlins (SG)	200800114	5:24.92	+0,84	506
	50m: 33.52	33.52	150m: 1:53.11	40.32	250m: 3:19.67	46.08
	100m: 1:12.79	39.27	200m: 2:33.59	40.48	300m: 4:06.93	47.26
					350m: 4:46.64	39.71
					400m: 5:24.92	38.28
8.	Dachen Haaijer	ZPC Hoogveen	200800380	5:25.52	+0,86	503
	50m: 36.83	36.83	150m: 2:01.85	40.24	250m: 3:24.84	43.70
	100m: 1:21.61	44.78	200m: 2:41.14	39.29	300m: 4:09.78	44.94
					350m: 4:48.85	39.07
					400m: 5:25.52	36.67
9.	Julia Agricola	DZ&PC	200800266	5:31.91	+0,69	474
	50m: 35.04	35.04	150m: 1:59.78	43.37	250m: 3:29.21	47.07
	100m: 1:16.41	41.37	200m: 2:42.14	42.36	300m: 4:16.42	47.21
					350m: 4:54.38	37.96
					400m: 5:31.91	37.53
10.	Jannoula Jaspers	De Vikings	200800202	5:36.26	+0,74	456
	50m: 36.00	36.00	150m: 2:04.33	41.86	250m: 3:30.50	45.81
	100m: 1:22.47	46.47	200m: 2:44.69	40.36	300m: 4:16.97	46.47
					350m: 4:57.63	40.66
					400m: 5:36.26	38.63
11.	Hannah Markovinovic	WS Twente	200803266	5:36.92	+0,66	453
	50m: 33.29	33.29	150m: 1:56.06	41.98	250m: 3:28.43	50.06
	100m: 1:14.08	40.79	200m: 2:38.37	42.31	300m: 4:18.81	50.38
					350m: 4:58.32	39.51
					400m: 5:36.92	38.60
12.	Ilana Gentile	Orca	200801558	5:37.07	+0,85	453
	50m: 34.30	34.30	150m: 1:57.96	42.28	250m: 3:28.76	48.63
	100m: 1:15.68	41.38	200m: 2:40.13	42.17	300m: 4:18.01	49.25
					350m: 4:57.91	39.90
					400m: 5:37.07	39.16
13.	Sofie Vos	ZPC Hoogveen	200800804	5:39.95	+0,89	441
	50m: 37.56	37.56	150m: 2:03.13	41.25	250m: 3:33.28	49.56
	100m: 1:21.88	44.32	200m: 2:43.72	40.59	300m: 4:23.47	50.19
					350m: 5:02.94	39.47
					400m: 5:39.95	37.01
14.	Jinth Engelse	NieMo Barracuda	200800204	5:41.77	+0,80	434
	50m: 34.62	34.62	150m: 1:59.51	42.01	250m: 3:32.68	51.21
	100m: 1:17.50	42.88	200m: 2:41.47	41.96	300m: 4:24.16	51.48
					350m: 5:03.45	39.29
					400m: 5:41.77	38.32
15.	Veerle Hildebrand	PSV	200801830	5:43.04	+0,68	430
	50m: 34.94	34.94	150m: 2:02.65	45.11	250m: 3:31.95	45.01
	100m: 1:17.54	42.60	200m: 2:46.94	44.29	300m: 4:20.14	48.19
					350m: 5:02.93	42.79
					400m: 5:43.04	40.11
16.	Joy ten Hoove	ZPC Hoogveen	200802370	5:44.78	+0,87	423
	50m: 39.22	39.22	150m: 2:05.90	41.08	250m: 3:35.95	50.07
	100m: 1:24.82	45.60	200m: 2:45.88	39.98	300m: 4:27.13	51.18
					350m: 5:07.36	40.23
					400m: 5:44.78	37.42
17.	Liv Heijdra	Feijenoord Albion Zwemclub	200800736	5:51.19	+0,85	400
	50m: 35.65	35.65	150m: 2:05.83	45.25	250m: 3:39.51	49.08
	100m: 1:20.58	44.93	200m: 2:50.43	44.60	300m: 4:29.16	49.65
					350m: 5:09.90	40.74
					400m: 5:51.19	41.29
18.	Floortje van 't Wout	De Ham	200802286	5:52.82	+0,87	395
	50m: 36.05	36.05	150m: 2:05.17	45.84	250m: 3:39.70	48.27
	100m: 1:19.33	43.28	200m: 2:51.43	46.26	300m: 4:31.04	51.34
					350m: 5:12.97	41.93
					400m: 5:52.82	39.85
19.	Marlouke Frijstein	ZV 44	200800152	5:56.28	+0,72	383
	50m: 38.36	38.36	150m: 2:10.45	44.76	250m: 3:45.28	50.34
	100m: 1:25.69	47.33	200m: 2:54.94	44.49	300m: 4:36.05	50.77
					350m: 5:16.77	40.72
					400m: 5:56.28	39.51
DIS	Tessa Hoogstraten	De Columbiaan	200800544		WA	
	<i>WA - De vrije slag gezwommen als school- vlinder- of rugslag.</i>					