

Programmanr. 17
11-12-2021 - 9:01

Meisjes, 400m vrije slag

Junioren 3
Resultaten

Punten: FINA 2020

rang	naam	vereniging	startnr.	tijd	RT	Pnt
1.	Esmée Mulder	SWOL 1894	200800038	4:35.00	+0,66	615
	50m: 31.02	31.02	150m: 1:39.76	34.49	250m: 2:49.18	34.60
	100m: 1:05.27	34.25	200m: 2:14.58	34.82	300m: 3:24.56	35.38
					350m: 4:00.01	35.45
					400m: 4:35.00	34.99
2.	Dana Fahmi	De Dolfijn	200804546	4:41.54	+0,57	573
	50m: 32.34	32.34	150m: 1:43.98	35.86	250m: 2:56.12	35.91
	100m: 1:08.12	35.78	200m: 2:20.21	36.23	300m: 3:32.07	35.95
					350m: 4:07.62	35.55
					400m: 4:41.54	33.92
3.	Nova Nijziel	PSV	200804416	4:42.03	+0,70	570
	50m: 31.46	31.46	150m: 1:43.37	36.07	250m: 2:55.04	35.93
	100m: 1:07.30	35.84	200m: 2:19.11	35.74	300m: 3:31.08	36.04
					350m: 4:06.91	35.83
					400m: 4:42.03	35.12
4.	Frouke Ludwig	DZ&PC	200800112	4:42.36	+0,73	568
	50m: 31.35	31.35	150m: 1:42.80	36.24	250m: 2:54.85	35.81
	100m: 1:06.56	35.21	200m: 2:19.04	36.24	300m: 3:31.27	36.42
					350m: 4:07.07	35.80
					400m: 4:42.36	35.29
5.	Julia Agricola	DZ&PC	200800266	4:49.79	+0,72	525
	50m: 32.21	32.21	150m: 1:44.58	36.45	250m: 2:57.40	36.41
	100m: 1:08.13	35.92	200m: 2:20.99	36.41	300m: 3:34.74	37.34
					350m: 4:12.88	38.14
					400m: 4:49.79	36.91
6.	Sofie Vos	ZPC Hoogeveen	200800804	4:52.83	+0,85	509
	50m: 33.08	33.08	150m: 1:46.31	36.99	250m: 3:01.17	37.49
	100m: 1:09.32	36.24	200m: 2:23.68	37.37	300m: 3:38.60	37.43
					350m: 4:16.30	37.70
					400m: 4:52.83	36.53
7.	Hannah Markovinic	WS Twente	200803266	4:53.26	+0,69	507
	50m: 32.40	32.40	150m: 1:46.32	37.70	250m: 3:02.18	37.86
	100m: 1:08.62	36.22	200m: 2:24.32	38.00	300m: 3:39.55	37.37
					350m: 4:17.19	37.64
					400m: 4:53.26	36.07
8.	Pien Hemmeler	De Dinkel	200800278	4:57.27	+0,73	487
	50m: 33.55	33.55	150m: 1:49.62	38.46	250m: 3:06.91	38.40
	100m: 1:11.16	37.61	200m: 2:28.51	38.89	300m: 3:45.40	38.49
					350m: 4:22.38	36.98
					400m: 4:57.27	34.89
9.	Jade van der Schrier	AZC	200800692	4:57.75	+0,66	484
	50m: 32.58	32.58	150m: 1:47.08	37.83	250m: 3:04.52	38.67
	100m: 1:09.25	36.67	200m: 2:25.85	38.77	300m: 3:43.27	38.75
					350m: 4:21.68	38.41
					400m: 4:57.75	36.07
10.	Julie van Nispen	Nuenen	200800290	4:58.52	+0,85	481
	50m: 32.91	32.91	150m: 1:47.72	38.18	250m: 3:04.89	38.68
	100m: 1:09.54	36.63	200m: 2:26.21	38.49	300m: 3:43.25	38.36
					350m: 4:21.61	38.36
					400m: 4:58.52	36.91
11.	Eline Bonneveld	De Ham	200801194	4:59.69	+0,83	475
	50m: 32.83	32.83	150m: 1:46.35	37.29	250m: 3:03.21	38.70
	100m: 1:09.06	36.23	200m: 2:24.51	38.16	300m: 3:41.82	38.61
					350m: 4:19.40	37.58
					400m: 4:59.69	40.29
12.	Mint van Wees	De Dolfijn	200801328	5:03.06	+0,80	459
	50m: 32.70	32.70	150m: 1:48.11	38.21	250m: 3:06.12	39.11
	100m: 1:09.90	37.20	200m: 2:27.01	38.90	300m: 3:45.78	39.66
					350m: 4:25.07	39.29
					400m: 5:03.06	37.99
13.	Ilana Gentile	Orca	200801558	5:06.89	+0,83	442
	50m: 32.41	32.41	150m: 1:47.59	38.38	250m: 3:07.30	39.98
	100m: 1:09.21	36.80	200m: 2:27.32	39.73	300m: 3:48.08	40.78
					350m: 4:28.08	40.00
					400m: 5:06.89	38.81
14.	Joy ten Hoove	ZPC Hoogeveen	200802370	5:07.69	+0,87	439
	50m: 34.61	34.61	150m: 1:53.53	39.64	250m: 3:11.85	39.40
	100m: 1:13.89	39.28	200m: 2:32.45	38.92	300m: 3:51.45	39.60
					350m: 4:30.55	39.10
					400m: 5:07.69	37.14
15.	Indy Hof	DZ&PC	200800630	5:09.43	+0,74	432
	50m: 35.10	35.10	150m: 1:53.17	39.73	250m: 3:13.21	40.28
	100m: 1:13.44	38.34	200m: 2:32.93	39.76	300m: 3:52.95	39.74
					350m: 4:32.15	39.20
					400m: 5:09.43	37.28
16.	Mirre van Wijngaarden	De Dolfijn	200800262	5:10.48	+0,77	427
	50m: 33.33	33.33	150m: 1:49.75	38.88	250m: 3:10.48	40.58
	100m: 1:10.87	37.54	200m: 2:29.90	40.15	300m: 3:51.56	41.08
					350m: 4:32.32	40.76
					400m: 5:10.48	38.16
17.	Laura van Etten	HZ&PC Heerenveen	200800264	5:12.36	+0,86	419
	50m: 34.02	34.02	150m: 1:54.08	40.81	250m: 3:14.28	40.20
	100m: 1:13.27	39.25	200m: 2:34.08	40.00	300m: 3:53.76	39.48
					350m: 4:33.64	39.88
					400m: 5:12.36	38.72
18.	Veerle Hildebrand	PSV	200801830	5:13.07	+0,78	417
	50m: 34.74	34.74	150m: 1:53.48	40.08	250m: 3:14.04	40.11
	100m: 1:13.40	38.66	200m: 2:33.93	40.45	300m: 3:54.05	40.01
					350m: 4:34.99	40.94
					400m: 5:13.07	38.08
19.	Elske van der Ven	PSV	200800904	5:16.62	+0,81	403
	50m: 34.27	34.27	150m: 1:51.92	39.45	250m: 3:12.76	40.80
	100m: 1:12.47	38.20	200m: 2:31.96	40.04	300m: 3:53.87	41.11
					350m: 4:34.76	40.89
					400m: 5:16.62	41.86
20.	Marlouke Frijstein	ZV 44	200800152	5:17.60	+0,74	399
	50m: 35.81	35.81	150m: 1:55.98	40.10	250m: 3:18.24	41.43
	100m: 1:15.88	40.07	200m: 2:36.81	40.83	300m: 3:59.17	40.93
					350m: 4:39.52	40.35
					400m: 5:17.60	38.08