

Programmanr. 1  
10-12-2021 - 14:00

Meisjes, 400m vrije slag

Junioren 1 en 2  
Resultaten

Punten: FINA 2020

rang	naam	vereniging	startnr.	tijd	RT	Pnt	
1.	Fay Boxum	SWOL 1894	200900060	<b>4:44.99</b>	+0,80	552	
	50m: 30.28	30.28 150m: 1:41.08	36.07	250m: 2:54.50	36.83	350m: 4:08.34	36.79
	100m: 1:05.01	34.73 200m: 2:17.67	36.59	300m: 3:31.55	37.05	400m: 4:44.99	36.65
2.	Elin Brinkhof	WZ&PC Purmerend	200900078	<b>4:49.03</b>	+0,68	530	
	50m: 31.24	31.24 150m: 1:41.84	36.06	250m: 2:56.58	37.33	350m: 4:12.07	37.76
	100m: 1:05.78	34.54 200m: 2:19.25	37.41	300m: 3:34.31	37.73	400m: 4:49.03	36.96
3.	Mijke Ouderkerken	Blue Marlins (SG)	200901254	<b>4:54.70</b>	+0,80	500	
	50m: 33.29	33.29 150m: 1:46.23	36.68	250m: 3:02.47	38.29	350m: 4:15.73	35.83
	100m: 1:09.55	36.26 200m: 2:24.18	37.95	300m: 3:39.90	37.43	400m: 4:54.70	38.97
4.	Madeleine Bertram	WZ&PC Purmerend	200900516	<b>4:56.66</b>	+0,68	490	
	50m: 32.90	32.90 150m: 1:47.43	37.78	250m: 3:04.44	38.39	350m: 4:21.64	38.21
	100m: 1:09.65	36.75 200m: 2:26.05	38.62	300m: 3:43.43	38.99	400m: 4:56.66	35.02
5.	Tess Vonk	De Biesboschzwemmers	200900024	<b>4:57.38</b>	+0,63	486	
	50m: 32.49	32.49 150m: 1:47.46	38.56	250m: 3:05.08	39.02	350m: 4:21.42	38.27
	100m: 1:08.90	36.41 200m: 2:26.06	38.60	300m: 3:43.15	38.07	400m: 4:57.38	35.96
6.	Robine Moot	ZPC AMERSFOORT	200900330	<b>4:57.84</b>	+0,81	484	
	50m: 32.43	32.43 150m: 1:47.71	37.97	250m: 3:04.02	38.42	350m: 4:21.44	38.55
	100m: 1:09.74	37.31 200m: 2:25.60	37.89	300m: 3:42.89	38.87	400m: 4:57.84	36.40
7.	Fleur van den Eijk	Blue Marlins (SG)	200900304	<b>4:58.16</b>	+0,65	482	
	50m: 31.34	31.34 150m: 1:44.43	37.33	250m: 3:01.05	38.25	350m: 4:19.44	39.30
	100m: 1:07.10	35.76 200m: 2:22.80	38.37	300m: 3:40.14	39.09	400m: 4:58.16	38.72
8.	Ilse Wiltjer	DZ&PC	200900868	<b>4:58.31</b>	+0,85	482	
	50m: 33.30	33.30 150m: 1:47.33	37.52	250m: 3:04.32	38.71	350m: 4:21.93	38.74
	100m: 1:09.81	36.51 200m: 2:25.61	38.28	300m: 3:43.19	38.87	400m: 4:58.31	36.38
9.	Ece öngören	Blue Marlins (SG)	200903862	<b>5:01.41</b>	+0,78	467	
	50m: 31.13	31.13 150m: 1:46.41	38.75	250m: 3:04.51	38.82	350m: 4:22.16	39.13
	100m: 1:07.66	36.53 200m: 2:25.69	39.28	300m: 3:43.03	38.52	400m: 5:01.41	39.25
10.	Myrthe Stelten	Hellas-Glana	200900234	<b>5:03.36</b>	+0,73	458	
	50m: 33.41	33.41 150m: 1:48.49	38.17	250m: 3:06.24	38.94	350m: 4:24.84	39.56
	100m: 1:10.32	36.91 200m: 2:27.30	38.81	300m: 3:45.28	39.04	400m: 5:03.36	38.52
11.	Caitlin Sülter	De Ward	200900046	<b>5:03.57</b>	+0,78	457	
	50m: 31.00	31.00 150m: 1:45.39	37.81	250m: 3:04.50	39.84	350m: 4:25.16	40.08
	100m: 1:07.58	36.58 200m: 2:24.66	39.27	300m: 3:45.08	40.58	400m: 5:03.57	38.41
12.	Grace Peters	Blue Marlins (SG)	200901474	<b>5:05.90</b>	+0,81	447	
	50m: 33.94	33.94 150m: 1:50.55	39.25	250m: 3:08.82	39.14	350m: 4:27.90	39.80
	100m: 1:11.30	37.36 200m: 2:29.68	39.13	300m: 3:48.10	39.28	400m: 5:05.90	38.00
13.	Elin Ditewig	VZC	200900392	<b>5:09.10</b>	+0,80	433	
	50m: 33.10	33.10 150m: 1:49.01	38.52	250m: 3:09.07	40.08	350m: 4:29.68	40.23
	100m: 1:10.49	37.39 200m: 2:28.99	39.98	300m: 3:49.45	40.38	400m: 5:09.10	39.42
14.	Amber Kunst	DAW	200900680	<b>5:09.38</b>	+0,69	432	
	50m: 33.65	33.65 150m: 1:50.77	39.23	250m: 3:10.42	39.97	350m: 4:30.75	40.83
	100m: 1:11.54	37.89 200m: 2:30.45	39.68	300m: 3:49.92	39.50	400m: 5:09.38	38.63
15.	Jenny Muntinga	ZPCH	200900450	<b>5:11.80</b>	+0,57	422	
	50m: 32.50	32.50 150m: 1:48.28	39.12	250m: 3:09.42	40.88	350m: 4:31.99	41.50
	100m: 1:09.16	36.66 200m: 2:28.54	40.26	300m: 3:50.49	41.07	400m: 5:11.80	39.81
16.	Suuz Griekspoor	Noordwijkerhout	200901204	<b>5:13.59</b>	+0,62	415	
	50m: 34.14	34.14 150m: 1:51.20	39.60	250m: 3:12.78	40.92	350m: 4:34.89	40.07
	100m: 1:11.60	37.46 200m: 2:31.86	40.66	300m: 3:54.82	42.04	400m: 5:13.59	38.70
17.	Fenna Westerneng	ZPC Hoogeveen	200900070	<b>5:13.78</b>	+0,83	414	
	50m: 32.95	32.95 150m: 1:51.76	41.57	250m: 3:15.13	41.96	350m: 4:36.82	39.95
	100m: 1:10.19	37.24 200m: 2:33.17	41.41	300m: 3:56.87	41.74	400m: 5:13.78	36.96
18.	Puck van Wees	De Dolfijn	200901020	<b>5:14.05</b>	+0,89	413	
	50m: 34.67	34.67 150m: 1:51.98	39.49	250m: 3:13.33	40.75	350m: 4:35.76	41.16
	100m: 1:12.49	37.82 200m: 2:32.58	40.60	300m: 3:54.60	41.27	400m: 5:14.05	38.29
19.	Djelaysa Buunk	ZPC De Zeeuwse Kust	200900536	<b>5:14.34</b>	+0,74	412	
	50m: 36.12	36.12 150m: 1:53.65	38.86	250m: 3:12.92	39.28	350m: 4:32.50	38.94
	100m: 1:14.79	38.67 200m: 2:33.64	39.99	300m: 3:53.56	40.64	400m: 5:14.34	41.84
20.	Luus Gielens	Hellas-Glana	200900138	<b>5:14.38</b>	+0,83	411	
	50m: 34.89	34.89 150m: 1:53.17	39.68	250m: 3:15.21	41.16	350m: 4:37.65	41.28
	100m: 1:13.49	38.60 200m: 2:34.05	40.88	300m: 3:56.37	41.16	400m: 5:14.38	36.73
21.	Pien Koop	Hieronymus	200900558	<b>5:17.01</b>	+0,68	401	
	50m: 33.82	33.82 150m: 1:51.87	39.82	250m: 3:14.23	41.59	350m: 4:37.36	41.31
	100m: 1:12.05	38.23 200m: 2:32.64	40.77	300m: 3:56.05	41.82	400m: 5:17.01	39.65

Programmanr. 1, Meisjes, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	startnr.	tijd	RT	Pnt
22.	Iris Tilburg	Arethusa	200902662	<b>5:17.29</b>	+0,77	400
	50m: 35.88	35.88 150m: 1:56.63	40.25	250m: 3:17.59	40.14	350m: 4:39.04
	100m: 1:16.38	40.50 200m: 2:37.45	40.82	300m: 3:58.53	40.94	400m: 5:17.29
23.	Marjolje Spelde	THOR	200900266	<b>5:18.74</b>	+0,64	395
	50m: 33.65	33.65 150m: 1:51.14	39.67	250m: 3:12.52	41.44	350m: 4:37.90
	100m: 1:11.47	37.82 200m: 2:31.08	39.94	300m: 3:55.03	42.51	400m: 5:18.74
24.	Nienke Koster	ZPC Hoogeveen	200900612	<b>5:21.03</b>	+0,71	386
	50m: 35.13	35.13 150m: 1:55.48	40.56	250m: 3:18.15	41.39	350m: 4:41.81
	100m: 1:14.92	39.79 200m: 2:36.76	41.28	300m: 4:00.24	42.09	400m: 5:21.03
25.	Rixt Rothschild	Borger	200900026	<b>5:21.13</b>	+0,77	386
	50m: 34.38	34.38 150m: 1:52.94	40.58	250m: 3:16.93	42.44	350m: 4:40.28
	100m: 1:12.36	37.98 200m: 2:34.49	41.55	300m: 3:58.97	42.04	400m: 5:21.13
26.	Anouk Steller	WVZ	201000004	<b>5:21.58</b>	+0,84	384
	50m: 34.01	34.01 150m: 1:54.58	41.20	250m: 3:18.52	42.25	350m: 4:41.45
	100m: 1:13.38	39.37 200m: 2:36.27	41.69	300m: 4:00.77	42.25	400m: 5:21.58
27.	Myla Klaassen	Aqua-Novio'94	200900110	<b>5:21.94</b>	+0,69	383
	50m: 35.00	35.00 150m: 1:55.19	41.01	250m: 3:18.78	41.88	350m: 4:42.08
	100m: 1:14.18	39.18 200m: 2:36.90	41.71	300m: 4:01.66	42.88	400m: 5:21.94
28.	Fenna Zusterzeel	De Rog	201000008	<b>5:22.07</b>	+0,84	383
	50m: 34.88	34.88 150m: 1:53.94	40.48	250m: 3:17.36	42.03	350m: 4:41.66
	100m: 1:13.46	38.58 200m: 2:35.33	41.39	300m: 3:59.81	42.45	400m: 5:22.07
29.	Marre van der Wal	HZ&PC Heerenvveen	201000046	<b>5:22.27</b>	+0,80	382
	50m: 34.91	34.91 150m: 1:54.65	40.57	250m: 3:17.85	41.62	350m: 4:42.21
	100m: 1:14.08	39.17 200m: 2:36.23	41.58	300m: 3:59.85	42.00	400m: 5:22.27
30.	Pien Hogervorst	Noordwijkerhout	200901206	<b>5:23.87</b>	+0,72	376
	50m: 34.05	34.05 150m: 1:54.89	41.67	250m: 3:20.64	42.95	350m: 4:45.15
	100m: 1:13.22	39.17 200m: 2:37.69	42.80	300m: 4:03.04	42.40	400m: 5:23.87
31.	Manou Longayroux 50m *	ZZ&PC De Devel	201000580	<b>5:24.27</b>	+0,64	375
	50m: 36.45	36.45 150m: 1:58.72	41.73	250m: 3:22.39	42.71	350m: 4:47.08
	100m: 1:16.99	40.54 200m: 2:39.68	40.96	300m: 4:04.81	42.42	400m: 5:24.27
32.	Yara van Asselen	De Dolfijn	200900408	<b>5:25.67</b>	+0,66	370
	50m: 34.09	34.09 150m: 1:54.38	41.12	250m: 3:19.19	42.30	350m: 4:45.86
	100m: 1:13.26	39.17 200m: 2:36.89	42.51	300m: 4:02.10	42.91	400m: 5:25.67
33.	Isis Verhoeff	De Otters Het Gooi	200902962	<b>5:26.78</b>	+0,73	366
	50m: 36.24	36.24 150m: 1:56.69	40.79	250m: 3:21.06	42.67	350m: 4:47.24
	100m: 1:15.90	39.66 200m: 2:38.39	41.70	300m: 4:03.49	42.43	400m: 5:26.78
34.	Paula Spans	ZV 44	201000064	<b>5:28.38</b>	+0,72	361
	50m: 34.92	34.92 150m: 1:54.30	40.37	250m: 3:19.74	43.24	350m: 4:46.74
	100m: 1:13.93	39.01 200m: 2:36.50	42.20	300m: 4:03.06	43.32	400m: 5:28.38
35.	Karlijn van der Schrier	Hieronymus	200900834	<b>5:28.42</b>	+0,81	361
	50m: 37.85	37.85 150m: 2:00.77	41.40	250m: 3:26.49	43.16	350m: 4:49.27
	100m: 1:19.37	41.52 200m: 2:43.33	42.56	300m: 4:08.26	41.77	400m: 5:28.42
36.	Lieke van Gool	De Rijn	200900546	<b>5:32.23</b>	+0,90	349
	50m: 36.02	36.02 150m: 1:58.97	42.46	250m: 3:24.34	42.73	350m: 4:50.55
	100m: 1:16.51	40.49 200m: 2:41.61	42.64	300m: 4:07.77	43.43	400m: 5:32.23
37.	Jaylee van Heijdoorn	WVZ	200900636	<b>5:36.39</b>	+0,92	336
	50m: 37.40	37.40 150m: 2:01.52	42.34	250m: 3:28.76	43.52	350m: 4:55.78
	100m: 1:19.18	41.78 200m: 2:45.24	43.72	300m: 4:12.57	43.81	400m: 5:36.39
38.	Megan Snoek	De Dolfijn	200900888	<b>5:39.79</b>	+0,76	326
	50m: 36.35	36.35 150m: 2:02.04	44.21	250m: 3:31.68	44.24	350m: 5:00.96
	100m: 1:17.83	41.48 200m: 2:47.44	45.40	300m: 4:16.19	44.51	400m: 5:39.79
DIS	Lotte Lübbers	KSN (SG)	200900190		AA	
	AA - Gestart voor het startsignaal (en wel gezwommen).					
DIS	Juliëtte Woltjes	VZC	200900774		AA	
	AA - Gestart voor het startsignaal (en wel gezwommen).					