

Programmanr. 18  
03.02.2012 - 16:40

Jongens, 400m vrije slag

Junioren 3  
Resultaten

|                            |         |                           |           |            |
|----------------------------|---------|---------------------------|-----------|------------|
| Nederlands Record Junioren | 3:56.23 | Pieter van den Hoogenband | Uden      | 26.02.1994 |
| Nederlands Record 15 jaar  | 3:58.80 | Pieter van den Hoogenband | Barneveld | 03.04.1993 |
| Kamp. Record Junioren 3    | 4:04.89 | Dion Dreesens             | Terneuzen | 25.01.2008 |

| rang | naam                  | vereniging           | inschrijftijd | startnr.  | tijd           | RT    | niveau        |       |
|------|-----------------------|----------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1.   | Casper Zwier          | De Zeeuwse Kust (SG) | 4:24.36       | 199701355 | <b>4:14.26</b> | +0,75 | C             |       |
|      | 50m: 28.13            | 28.13                | 150m: 1:32.44 | 32.64     | 250m: 2:37.90  | 32.88 | 350m: 3:42.34 | 32.31 |
|      | 100m: 59.80           | 31.67                | 200m: 2:05.02 | 32.58     | 300m: 3:10.03  | 32.13 | 400m: 4:14.26 | 31.92 |
| 2.   | Owen van Krimpen      | Van Vliet-Barracuda  | 4:23.31       | 199700217 | <b>4:21.32</b> | +0,68 | D             |       |
|      | 50m: 28.28            | 28.28                | 150m: 1:33.00 | 33.06     | 250m: 2:38.33  | 32.57 | 350m: 3:47.06 | 35.35 |
|      | 100m: 59.94           | 31.66                | 200m: 2:05.76 | 32.76     | 300m: 3:11.71  | 33.38 | 400m: 4:21.32 | 34.26 |
| 3.   | Peter Rothengatter    | ESCA Zwemmen         | 4:22.92       | 199701189 | <b>4:21.71</b> | +0,80 | D             |       |
|      | 50m: 28.28            | 28.28                | 150m: 1:33.80 | 33.24     | 250m: 2:41.22  | 33.98 | 350m: 3:49.92 | 34.43 |
|      | 100m: 1:00.56         | 32.28                | 200m: 2:07.24 | 33.44     | 300m: 3:15.49  | 34.27 | 400m: 4:21.71 | 31.79 |
| 4.   | Ivar de Jong          | De Dolfijn           | 4:28.21       | 199700869 | <b>4:24.35</b> | +0,71 | E             |       |
|      | 50m: 28.39            | 28.39                | 150m: 1:33.20 | 32.74     | 250m: 2:41.62  | 34.47 | 350m: 3:51.65 | 34.77 |
|      | 100m: 1:00.46         | 32.07                | 200m: 2:07.15 | 33.95     | 300m: 3:16.88  | 35.26 | 400m: 4:24.35 | 32.70 |
| 5.   | Maurice van der Ploeg | De Kikker            | 4:25.78       | 199700305 | <b>4:25.29</b> | +0,87 | E             |       |
|      | 50m: 30.04            | 30.04                | 150m: 1:37.19 | 33.94     | 250m: 2:45.61  | 34.22 | 350m: 3:52.29 | 33.30 |
|      | 100m: 1:03.25         | 33.21                | 200m: 2:11.39 | 34.20     | 300m: 3:18.99  | 33.38 | 400m: 4:25.29 | 33.00 |
| 6.   | Stijn Avezaat         | One Team Swimming    | 4:30.83       | 199700729 | <b>4:27.81</b> | +0,89 | E             |       |
|      | 50m: 29.66            | 29.66                | 150m: 1:37.62 | 34.63     | 250m: 2:46.16  | 34.35 | 350m: 3:54.42 | 33.68 |
|      | 100m: 1:02.99         | 33.33                | 200m: 2:11.81 | 34.19     | 300m: 3:20.74  | 34.58 | 400m: 4:27.81 | 33.39 |
| 7.   | Krijn de Kievit       | Racing Club          | 4:31.68       | 199700277 | <b>4:28.94</b> | +0,75 | E             |       |
|      | 50m: 29.60            | 29.60                | 150m: 1:36.07 | 33.81     | 250m: 2:44.86  | 34.52 | 350m: 3:54.54 | 34.98 |
|      | 100m: 1:02.26         | 32.66                | 200m: 2:10.34 | 34.27     | 300m: 3:19.56  | 34.70 | 400m: 4:28.94 | 34.40 |
| 8.   | Jorn Steenbergen      | DZ&PC                | 4:31.84       | 199700039 | <b>4:29.51</b> | +0,73 | E             |       |
|      | 50m: 29.06            | 29.06                | 150m: 1:35.62 | 33.87     | 250m: 2:45.53  | 35.15 | 350m: 3:55.27 | 34.82 |
|      | 100m: 1:01.75         | 32.69                | 200m: 2:10.38 | 34.76     | 300m: 3:20.45  | 34.92 | 400m: 4:29.51 | 34.24 |
| 9.   | Kars Veldkamp         | ZPC De Hof           | 4:31.89       | 199700747 | <b>4:34.45</b> | +0,83 | F             |       |
|      | 50m: 29.93            | 29.93                | 150m: 1:38.89 | 34.87     | 250m: 2:49.13  | 35.35 | 350m: 4:00.10 | 35.63 |
|      | 100m: 1:04.02         | 34.09                | 200m: 2:13.78 | 34.89     | 300m: 3:24.47  | 35.34 | 400m: 4:34.45 | 34.35 |