

Programmanr. 1
05-04-2019 - 13:30

Jongens, 1500m vrije slag

Junioren 1-4
Resultaten

Nederlands Record Junioren	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15-05-1994
Nederlands Record 16 jaar	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15-05-1994
Nederlands Record 15 jaar	16:18.40	Pieter van den Hoogenband	Den Bosch	14-05-1993
Nederlands Record 14 jaar	16:43.43	Maarten van der Weijden	Buffalo (USA)	12-08-1995
Nederlands Record 13 jaar	17:11.40	Pieter van den Hoogenband	Amersfoort	28-06-1991
Kamp. Record Junioren 4	16:20.44	Thomas Jansen	Eindhoven	17-06-2017
Kamp. Record Junioren 3	16:40.81	Maarten van der Weijden	Amersfoort	05-07-1996
Kamp. Record Junioren 2	16:54.49	Jorgos Skotadis	Amersfoort	21-04-2012
Kamp. Record Junioren 1	18:00.48	Evert Roobeek	Amersfoort	19-06-1999
Winnaar lb 2018 Jun 4	16:51.66	Elroy Schot	NED Den Haag	06-04-2018
Winnaar lb 2018 Jun 3	17:16.88	Lucas Peters	NED Den Haag	06-04-2018
Winnaar lb 2018 Jun 2	17:32.60	David Groenewegen	NED Den Haag	06-04-2018
Winnaar lb 2018 Jun 1	18:57.67	Yanieck Frijstein	NED Den Haag	06-04-2018

rang naam vereniging startnr. tijd RT

Junioren 1

1. Senna Hof	DZ&PC	200600761	18:36.34	+0,77			
50m: 32.78	32.78	450m: 5:34.44	37.91	850m: 10:34.85	37.18	1250m: 15:31.54	36.88
100m: 1:10.54	37.76	500m: 6:12.56	38.12	900m: 11:12.10	37.25	1300m: 16:09.15	37.61
150m: 1:48.60	38.06	550m: 6:50.33	37.77	950m: 11:49.01	36.91	1350m: 16:46.42	37.27
200m: 2:25.33	36.73	600m: 7:27.83	37.50	1000m: 12:26.31	37.30	1400m: 17:23.69	37.27
250m: 3:02.87	37.54	650m: 8:05.14	37.31	1050m: 13:03.44	37.13	1450m: 18:00.83	37.14
300m: 3:40.52	37.65	700m: 8:42.76	37.62	1100m: 13:40.41	36.97	1500m: 18:36.34	35.51
350m: 4:18.49	37.97	750m: 9:20.29	37.53	1150m: 14:17.97	37.56		
400m: 4:56.53	38.04	800m: 9:57.67	37.38	1200m: 14:54.66	36.69		
2. Tiamo van der Veen	ZPC Hooerveen	200600033	19:07.44	+0,77			
50m: 33.91	33.91	450m: 5:38.35	38.39	850m: 10:46.97	38.62	1250m: 15:56.03	39.23
100m: 1:11.28	37.37	500m: 6:16.84	38.49	900m: 11:25.33	38.36	1300m: 16:34.90	38.87
150m: 1:49.51	38.23	550m: 6:55.58	38.74	950m: 12:03.97	38.64	1350m: 17:13.44	38.54
200m: 2:27.45	37.94	600m: 7:34.28	38.70	1000m: 12:42.35	38.38	1400m: 17:52.31	38.87
250m: 3:04.93	37.48	650m: 8:12.49	38.21	1050m: 13:20.85	38.50	1450m: 18:30.38	38.07
300m: 3:43.25	38.32	700m: 8:51.06	38.57	1100m: 13:59.64	38.79	1500m: 19:07.44	37.06
350m: 4:21.61	38.36	750m: 9:29.96	38.90	1150m: 14:38.09	38.45		
400m: 4:59.96	38.35	800m: 10:08.35	38.39	1200m: 15:16.80	38.71		
3. Olivier Wilbers	ZPC Hooerveen	200600181	19:23.52	+0,73			
50m: 33.68	33.68	450m: 5:39.57	38.70	850m: 10:52.64	39.47	1250m: 16:09.51	39.71
100m: 1:11.31	37.63	500m: 6:18.31	38.74	900m: 11:32.08	39.44	1300m: 16:49.17	39.66
150m: 1:49.71	38.40	550m: 6:57.22	38.91	950m: 12:11.56	39.48	1350m: 17:28.52	39.35
200m: 2:27.44	37.73	600m: 7:36.14	38.92	1000m: 12:51.23	39.67	1400m: 18:07.89	39.37
250m: 3:05.49	38.05	650m: 8:15.56	39.42	1050m: 13:30.83	39.60	1450m: 18:46.39	38.50
300m: 3:43.75	38.26	700m: 8:54.78	39.22	1100m: 14:10.60	39.77	1500m: 19:23.52	37.13
350m: 4:22.33	38.58	750m: 9:33.97	39.19	1150m: 14:50.16	39.56		
400m: 5:00.87	38.54	800m: 10:13.17	39.20	1200m: 15:29.80	39.64		
4. Kylian Oosterveen	ZPC De Zeeuwse Kust	200600651	19:32.14	+0,82			
50m: 34.15	34.15	450m: 5:48.88	39.54	850m: 11:07.86	40.64	1250m: 16:23.21	39.28
100m: 1:12.84	38.69	500m: 6:28.90	40.02	900m: 11:47.94	40.08	1300m: 17:02.12	38.91
150m: 1:51.39	38.55	550m: 7:09.01	40.11	950m: 12:27.27	39.33	1350m: 17:40.14	38.02
200m: 2:30.58	39.19	600m: 7:48.09	39.08	1000m: 13:06.39	39.12	1400m: 18:19.02	38.88
250m: 3:10.14	39.56	650m: 8:27.42	39.33	1050m: 13:46.21	39.82	1450m: 18:56.20	37.18
300m: 3:49.95	39.81	700m: 9:07.05	39.63	1100m: 14:25.98	39.77	1500m: 19:32.14	35.94
350m: 4:29.79	39.84	750m: 9:46.76	39.71	1150m: 15:04.78	38.80		
400m: 5:09.34	39.55	800m: 10:27.22	40.46	1200m: 15:43.93	39.15		
5. Ivar Kleuver	De Aalscholver	200601457	20:12.05	+0,80			
50m: 34.45	34.45	450m: 5:46.63	39.14	850m: 11:13.33	40.42	1250m: 16:47.77	41.88
100m: 1:12.57	38.12	500m: 6:27.02	40.39	900m: 11:55.84	42.51	1300m: 17:30.29	42.52
150m: 1:51.22	38.65	550m: 7:07.02	40.00	950m: 12:36.71	40.87	1350m: 18:11.38	41.09
200m: 2:30.09	38.87	600m: 7:48.39	41.37	1000m: 13:18.51	41.80	1400m: 18:53.88	42.50
250m: 3:09.27	39.18	650m: 8:29.40	41.01	1050m: 13:59.82	41.31	1450m: 19:33.26	39.38
300m: 3:49.04	39.77	700m: 9:10.14	40.74	1100m: 14:42.03	42.21	1500m: 20:12.05	38.79
350m: 4:27.54	38.50	750m: 9:51.10	40.96	1150m: 15:23.63	41.60		
400m: 5:07.49	39.95	800m: 10:32.91	41.81	1200m: 16:05.89	42.26		

Programmanr. 1, Jongens, 1500m vrije slag

Junioren 2

1. Yanieck Frijstein	The Hague Swimming (SG)		200500329		17:54.65	+0,78	
50m: 31.85	31.85	450m: 5:17.02	35.48	850m: 10:05.28	36.32	1250m: 14:55.66	36.02
100m: 1:06.34	34.49	500m: 5:53.13	36.11	900m: 10:41.19	35.91	1300m: 15:31.96	36.30
150m: 1:42.18	35.84	550m: 6:29.00	35.87	950m: 11:17.16	35.97	1350m: 16:08.48	36.52
200m: 2:17.65	35.47	600m: 7:04.94	35.94	1000m: 11:53.50	36.34	1400m: 16:44.70	36.22
250m: 2:53.95	36.30	650m: 7:40.74	35.80	1050m: 12:30.03	36.53	1450m: 17:20.03	35.33
300m: 3:29.75	35.80	700m: 8:16.74	36.00	1100m: 13:06.60	36.57	1500m: 17:54.65	34.62
350m: 4:05.63	35.88	750m: 8:52.89	36.15	1150m: 13:43.02	36.42		
400m: 4:41.54	35.91	800m: 9:28.96	36.07	1200m: 14:19.64	36.62		
2. Gabriel Been	The Hague Swimming (SG)		200501467		18:00.92	+0,79	
50m: 32.43	32.43	450m: 5:19.96	36.14	850m: 10:08.80	36.00	1250m: 14:59.55	36.34
100m: 1:07.42	34.99	500m: 5:55.97	36.01	900m: 10:45.27	36.47	1300m: 15:35.99	36.44
150m: 1:43.35	35.93	550m: 6:32.19	36.22	950m: 11:21.54	36.27	1350m: 16:12.51	36.52
200m: 2:18.96	35.61	600m: 7:08.16	35.97	1000m: 11:57.72	36.18	1400m: 17:05.46	36.62
250m: 2:55.39	36.43	650m: 7:44.56	36.40	1050m: 12:34.01	36.29	1450m: 17:25.05	35.92
300m: 3:31.63	36.24	700m: 8:20.50	35.94	1100m: 13:10.67	36.66	1500m: 18:00.92	35.87
350m: 4:07.74	36.11	750m: 8:56.68	36.18	1150m: 13:46.85	36.18		
400m: 4:43.82	36.08	800m: 9:32.80	36.12	1200m: 14:23.21	36.36		
3. Rens Stijf	NDD		200501419		18:15.07	+0,62	
50m: 31.73	31.73	450m: 5:23.43	36.69	850m: 10:19.01	36.98	1250m: 15:14.99	36.61
100m: 1:07.26	35.53	500m: 6:00.56	37.13	900m: 10:56.07	37.06	1300m: 15:52.21	37.22
150m: 1:43.30	36.04	550m: 6:36.89	36.33	950m: 11:32.94	36.87	1350m: 16:28.49	36.28
200m: 2:20.06	36.76	600m: 7:13.82	36.93	1000m: 12:10.15	37.21	1400m: 17:05.46	36.97
250m: 2:56.35	36.29	650m: 7:50.58	36.76	1050m: 12:47.13	36.98	1450m: 17:40.61	35.15
300m: 3:33.21	36.86	700m: 8:28.14	37.56	1100m: 13:24.39	37.26	1500m: 18:15.07	34.46
350m: 4:09.90	36.69	750m: 9:04.88	36.74	1150m: 14:01.24	36.85		
400m: 4:46.74	36.84	800m: 9:42.03	37.15	1200m: 14:38.38	37.14		
4. Émile Fouzai	The Hague Swimming (SG)		200500263		18:35.61	+0,79	
50m: 32.27	32.27	450m: 5:25.32	37.13	850m: 10:24.62	37.69	1250m: 15:29.05	38.42
100m: 1:07.98	35.71	500m: 6:02.07	36.75	900m: 11:02.81	38.19	1300m: 16:06.89	37.84
150m: 1:44.47	36.49	550m: 6:39.43	37.36	950m: 11:40.99	38.18	1350m: 16:44.57	37.68
200m: 2:20.55	36.08	600m: 7:16.29	36.86	1000m: 12:18.58	37.59	1400m: 17:22.24	37.67
250m: 2:57.27	36.72	650m: 7:53.70	37.41	1050m: 12:56.54	37.96	1450m: 17:59.59	37.35
300m: 3:34.05	36.78	700m: 8:31.37	37.67	1100m: 13:34.45	37.91	1500m: 18:35.61	36.02
350m: 4:11.02	36.97	750m: 9:09.04	37.67	1150m: 14:12.69	38.24		
400m: 4:48.19	37.17	800m: 9:46.93	37.89	1200m: 14:50.63	37.94		
5. Domingo Kuipers	Orca		200501787		18:52.39	+0,41	
50m: 33.43	33.43	450m: 5:37.45	38.41	850m: 10:42.45	38.25	1250m: 15:48.75	38.21
100m: 1:10.24	36.81	500m: 6:15.56	38.11	900m: 11:20.78	38.33	1300m: 16:27.08	38.33
150m: 1:48.21	37.97	550m: 6:53.60	38.04	950m: 11:59.25	38.47	1350m: 17:04.80	37.72
200m: 2:28.08	37.87	600m: 7:31.79	38.19	1000m: 12:37.33	38.08	1400m: 17:42.37	37.57
250m: 3:04.53	38.45	650m: 8:09.96	38.17	1050m: 13:15.52	38.19	1450m: 18:18.70	36.33
300m: 3:42.54	38.01	700m: 8:48.02	38.06	1100m: 13:53.53	38.01	1500m: 18:52.39	33.69
350m: 4:20.76	38.22	750m: 9:25.92	37.90	1150m: 14:32.10	38.57		
400m: 4:59.04	38.28	800m: 10:04.20	38.28	1200m: 15:10.54	38.44		
6. Sven Klink	ZV 44		200500349		18:55.39	+0,70	
50m: 33.66	33.66	450m: 5:36.07	38.04	850m: 10:39.39	38.24	1250m: 15:45.38	38.71
100m: 1:10.82	37.16	500m: 6:13.69	37.62	900m: 11:17.53	38.14	1300m: 16:24.13	38.75
150m: 1:48.16	37.34	550m: 6:51.58	37.89	950m: 11:55.52	37.99	1350m: 17:02.68	38.55
200m: 2:25.95	37.79	600m: 7:29.33	37.75	1000m: 12:33.57	38.05	1400m: 17:41.02	38.34
250m: 3:04.32	38.37	650m: 8:07.17	37.84	1050m: 13:11.55	37.98	1450m: 18:18.97	37.95
300m: 3:42.08	37.76	700m: 8:45.06	37.89	1100m: 13:49.72	38.17	1500m: 18:55.39	36.42
350m: 4:20.08	38.00	750m: 9:23.01	37.95	1150m: 14:28.18	38.46		
400m: 4:58.03	37.95	800m: 10:01.15	38.14	1200m: 15:06.67	38.49		
7. David da Silva Miranda	FZC'54-De Vikings (SG)		200500019		18:59.48	+0,82	
50m: 31.97	31.97	450m: 5:37.19	38.33	850m: 10:46.75	38.64	1250m: 15:55.83	38.64
100m: 1:08.66	36.69	500m: 6:15.83	38.64	900m: 11:25.79	39.04	1300m: 16:34.54	38.71
150m: 1:46.53	37.87	550m: 6:54.64	38.81	950m: 12:04.41	38.62	1350m: 17:12.29	37.75
200m: 2:24.75	38.22	600m: 7:33.35	38.71	1000m: 12:43.05	38.64	1400m: 17:49.25	36.96
250m: 3:03.17	38.42	650m: 8:12.07	38.72	1050m: 13:21.86	38.81	1450m: 18:25.82	36.57
300m: 3:41.93	38.76	700m: 8:51.20	39.13	1100m: 14:00.60	38.74	1500m: 18:59.48	33.66
350m: 4:19.96	38.03	750m: 9:29.40	38.20	1150m: 14:38.69	38.09		
400m: 4:58.86	38.90	800m: 10:08.11	38.71	1200m: 15:17.19	38.50		
8. Björn Verkaik	The Hague Swimming (SG)		200500411		19:11.97	+0,65	
50m: 32.77	32.77	450m: 5:41.77	38.67	850m: 10:53.55	38.81	1250m: 16:04.81	38.56
100m: 1:10.81	38.04	500m: 6:20.75	38.98	900m: 11:32.23	38.68	1300m: 16:42.49	37.68
150m: 1:49.63	38.82	550m: 7:00.37	39.62	950m: 12:10.82	38.59	1350m: 17:20.88	38.39
200m: 2:27.91	38.28	600m: 7:39.57	39.20	1000m: 12:50.15	39.33	1400m: 17:59.01	38.13
250m: 3:06.53	38.62	650m: 8:18.97	39.40	1050m: 13:28.38	38.23	1450m: 18:36.01	37.00
300m: 3:45.06	38.53	700m: 8:56.97	38.00	1100m: 14:08.06	39.68	1500m: 19:11.97	35.96
350m: 4:24.41	39.35	750m: 9:35.90	38.93	1150m: 14:47.10	39.04		
400m: 5:03.10	38.69	800m: 10:14.74	38.84	1200m: 15:26.25	39.15		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
9.	Sven ten Hove	Hieronymus	200500273	19:13.20	+0,44			
	50m: 33.52	33.52	450m: 5:40.38	38.96	850m: 10:51.37	38.89	1250m: 16:03.77	38.83
	100m: 1:11.21	37.69	500m: 6:19.71	39.33	900m: 11:30.15	38.78	1300m: 16:42.71	38.94
	150m: 1:49.16	37.95	550m: 6:58.70	38.99	950m: 12:08.87	38.72	1350m: 17:21.09	38.38
	200m: 2:27.25	38.09	600m: 7:37.79	39.09	1000m: 12:48.35	39.48	1400m: 17:59.89	38.80
	250m: 3:05.43	38.18	650m: 8:16.82	39.03	1050m: 13:27.13	38.78	1450m: 18:37.53	37.64
	300m: 3:44.16	38.73	700m: 8:55.22	38.40	1100m: 14:06.19	39.06	1500m: 19:13.20	35.67
	350m: 4:22.59	38.43	750m: 9:33.71	38.49	1150m: 14:45.75	39.56		
	400m: 5:01.42	38.83	800m: 10:12.48	38.77	1200m: 15:24.94	39.19		
10.	Flynn Peeks	ZPC Hoogeveen	200500231	19:45.54	+0,77			
	50m: 33.22	33.22	450m: 5:46.14	39.68	850m: 11:06.22	40.13	1250m: 16:27.32	40.80
	100m: 1:10.38	37.16	500m: 6:25.76	39.62	900m: 11:46.17	39.95	1300m: 17:07.66	40.34
	150m: 1:49.12	38.74	550m: 7:05.87	40.11	950m: 12:26.22	40.05	1350m: 17:48.08	40.42
	200m: 2:28.11	38.99	600m: 7:45.01	39.14	1000m: 13:05.62	39.40	1400m: 18:27.74	39.66
	250m: 3:07.41	39.30	650m: 8:25.86	40.85	1050m: 13:45.48	39.86	1450m: 19:06.84	39.10
	300m: 3:47.01	39.60	700m: 9:05.94	40.08	1100m: 14:25.63	40.15	1500m: 19:45.54	38.70
	350m: 4:26.79	39.78	750m: 9:46.37	40.43	1150m: 15:06.08	40.45		
	400m: 5:06.46	39.67	800m: 10:26.09	39.72	1200m: 15:46.52	40.44		

Junioren 3

1.	David Groenewegen	PSV	200400469	16:54.99	+0,78			
	50m: 31.15	31.15	450m: 5:02.08	33.94	850m: 9:34.45	34.17	1250m: 14:07.62	34.21
	100m: 1:04.76	33.61	500m: 5:36.24	34.16	900m: 10:08.40	33.95	1300m: 14:41.52	33.90
	150m: 1:38.23	33.47	550m: 6:10.08	33.84	950m: 10:43.01	34.61	1350m: 15:15.70	34.18
	200m: 2:11.86	33.63	600m: 6:43.85	33.77	1000m: 11:16.72	33.71	1400m: 15:49.68	33.98
	250m: 2:45.84	33.98	650m: 7:18.11	34.26	1050m: 11:51.03	34.31	1450m: 16:22.82	33.14
	300m: 3:19.98	34.14	700m: 7:52.06	33.95	1100m: 12:25.02	33.99	1500m: 16:54.99	32.17
	350m: 3:54.24	34.26	750m: 8:26.26	34.20	1150m: 12:59.37	34.35		
	400m: 4:28.14	33.90	800m: 9:00.28	34.02	1200m: 13:33.41	34.04		
2.	Merlin Belmon	De Dolfijn	200403191	17:04.94	+0,82			
	50m: 30.72	30.72	450m: 5:00.33	34.62	850m: 9:35.82	34.43	1250m: 14:11.98	35.14
	100m: 1:03.58	32.86	500m: 5:34.46	34.13	900m: 10:10.08	34.26	1300m: 14:47.03	35.05
	150m: 1:36.93	33.35	550m: 6:08.95	34.49	950m: 10:44.26	34.18	1350m: 15:21.88	34.85
	200m: 2:10.00	33.07	600m: 6:43.55	34.60	1000m: 11:18.58	34.32	1400m: 15:56.70	34.82
	250m: 2:43.65	33.65	650m: 7:18.41	34.86	1050m: 11:53.08	34.50	1450m: 16:31.77	35.07
	300m: 3:17.51	33.86	700m: 7:52.53	34.12	1100m: 12:27.55	34.47	1500m: 17:04.94	33.17
	350m: 3:51.57	34.06	750m: 8:27.05	34.52	1150m: 13:02.08	34.53		
	400m: 4:25.71	34.14	800m: 9:01.39	34.34	1200m: 13:36.84	34.76		
3.	Abel te Riele	WVZ	200402317	17:24.64	+0,77			
	50m: 30.80	30.80	450m: 5:09.14	35.28	850m: 9:49.09	35.16	1250m: 14:31.85	35.08
	100m: 1:04.89	34.09	500m: 5:43.70	34.56	900m: 10:24.26	35.17	1300m: 15:06.97	35.12
	150m: 1:39.81	34.92	550m: 6:18.85	35.15	950m: 10:59.71	35.45	1350m: 15:42.01	35.04
	200m: 2:14.37	34.56	600m: 6:53.71	34.86	1000m: 11:34.71	35.00	1400m: 16:17.07	35.06
	250m: 2:49.36	34.99	650m: 7:28.88	35.17	1050m: 12:10.39	35.68	1450m: 16:51.91	34.84
	300m: 3:24.34	34.98	700m: 8:03.69	34.81	1100m: 12:45.79	35.40	1500m: 17:24.64	32.73
	350m: 3:58.97	34.63	750m: 8:38.85	35.16	1150m: 13:21.25	35.46		
	400m: 4:33.86	34.89	800m: 9:13.93	35.08	1200m: 13:56.77	35.52		
4.	Timo Kock	Rotterdam Swimming (SG)	200400387	17:35.47	+0,73			
	50m: 30.86	30.86	450m: 5:13.67	35.66	850m: 10:00.62	35.77	1250m: 14:43.12	35.02
	100m: 1:05.33	34.47	500m: 5:49.22	35.55	900m: 10:36.37	35.75	1300m: 15:17.57	34.45
	150m: 1:40.62	35.29	550m: 6:25.27	36.05	950m: 11:12.56	36.19	1350m: 15:52.65	35.08
	200m: 2:16.38	35.76	600m: 7:01.60	36.33	1000m: 11:47.56	35.00	1400m: 16:27.51	34.86
	250m: 2:52.66	36.28	650m: 7:37.37	35.77	1050m: 12:23.73	36.17	1450m: 17:02.26	34.75
	300m: 3:27.14	34.48	700m: 8:12.72	35.35	1100m: 12:58.15	34.42	1500m: 17:35.47	33.21
	350m: 4:02.91	35.77	750m: 8:48.56	35.84	1150m: 13:33.14	34.99		
	400m: 4:38.01	35.10	800m: 9:24.85	36.29	1200m: 14:08.10	34.96		
5.	Robin van den Berg	ZV 44	200400699	17:44.83	+0,79			
	50m: 32.29	32.29	450m: 5:16.92	35.55	850m: 10:01.99	36.04	1250m: 14:48.27	35.74
	100m: 1:06.66	34.37	500m: 5:51.97	35.05	900m: 10:37.85	35.86	1300m: 15:24.01	35.74
	150m: 1:42.38	35.72	550m: 6:27.79	35.82	950m: 11:13.30	35.45	1350m: 16:00.02	36.01
	200m: 2:17.71	35.33	600m: 7:03.39	35.60	1000m: 11:48.77	35.47	1400m: 16:35.81	35.79
	250m: 2:53.88	36.17	650m: 7:38.90	35.51	1050m: 12:24.91	36.14	1450m: 17:11.46	35.65
	300m: 3:29.44	35.56	700m: 8:14.68	35.78	1100m: 13:00.59	35.68	1500m: 17:44.83	33.37
	350m: 4:05.13	35.69	750m: 8:50.29	35.61	1150m: 13:36.31	35.72		
	400m: 4:41.37	36.24	800m: 9:25.95	35.66	1200m: 14:12.53	36.22		
6.	Quinn Heederik	Deltasteur	200400093	17:46.25	+0,76			
	50m: 32.05	32.05	450m: 5:16.92	35.73	850m: 10:05.15	35.87	1250m: 14:51.43	35.37
	100m: 1:06.61	34.56	500m: 5:53.06	36.14	900m: 10:40.98	35.83	1300m: 15:26.78	35.35
	150m: 1:41.64	35.03	550m: 6:29.23	36.17	950m: 11:16.86	35.88	1350m: 16:02.29	35.51
	200m: 2:17.27	35.63	600m: 7:05.53	36.30	1000m: 11:52.84	35.98	1400m: 16:37.69	35.40
	250m: 2:53.26	35.99	650m: 7:41.27	35.74	1050m: 12:28.82	35.98	1450m: 17:12.51	34.82
	300m: 3:29.12	35.86	700m: 8:17.59	36.32	1100m: 13:04.77	35.95	1500m: 17:46.25	33.74
	350m: 4:05.50	36.38	750m: 8:53.37	35.78	1150m: 13:40.42	36.65		
	400m: 4:41.19	35.69	800m: 9:29.28	35.91	1200m: 14:16.06	35.64		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 3

rang	naam	vereniging	startnr.	tijd	RT			
7.	Nathan Janssen	MNC Dordrecht	200401565	17:55.81	+0,54			
	50m: 31.32	31.32	450m: 5:18.64	36.12	850m: 10:07.56	36.52	1250m: 14:57.38	36.37
	100m: 1:06.20	34.88	500m: 5:54.70	36.06	900m: 10:43.47	35.91	1300m: 15:33.56	36.18
	150m: 1:42.14	35.94	550m: 6:30.99	36.29	950m: 11:19.96	36.49	1350m: 16:10.11	36.55
	200m: 2:18.26	36.12	600m: 7:06.92	35.93	1000m: 11:55.92	35.96	1400m: 16:46.33	36.22
	250m: 2:54.51	36.25	650m: 7:42.84	35.92	1050m: 12:32.44	36.52	1450m: 17:22.07	35.74
	300m: 3:30.38	35.87	700m: 8:18.86	36.02	1100m: 13:08.54	36.10	1500m: 17:55.81	33.74
	350m: 4:06.35	35.97	750m: 8:55.05	36.19	1150m: 13:45.18	36.64		
	400m: 4:42.52	36.17	800m: 9:31.04	35.99	1200m: 14:21.01	35.83		
8.	Wouter Zijlstra	HZ&PC Heerenveen	200401545	18:03.52	+0,69			
	50m: 30.63	30.63	450m: 5:20.02	37.27	850m: 10:14.00	37.17	1250m: 15:06.44	36.85
	100m: 1:05.15	34.52	500m: 5:56.55	36.53	900m: 10:50.30	36.30	1300m: 15:42.75	36.31
	150m: 1:41.20	36.05	550m: 6:32.98	36.43	950m: 11:27.56	37.26	1350m: 16:19.17	36.42
	200m: 2:16.82	35.62	600m: 7:09.40	36.42	1000m: 12:03.14	35.58	1400m: 16:55.52	36.35
	250m: 2:53.33	36.51	650m: 7:46.87	37.47	1050m: 12:39.14	36.00	1450m: 17:22.07	35.23
	300m: 3:29.70	36.37	700m: 8:23.44	36.57	1100m: 13:15.55	36.41	1500m: 18:03.52	32.77
	350m: 4:05.78	36.08	750m: 9:00.68	37.24	1150m: 13:52.29	36.74		
	400m: 4:42.75	36.97	800m: 9:36.83	36.15	1200m: 14:29.59	37.30		
9.	Collin Schouten	MSV-Zeemacht	200400697	18:03.69	+0,76			
	50m: 31.41	31.41	450m: 5:21.62	36.34	850m: 10:13.30	36.41	1250m: 15:05.68	36.66
	100m: 1:07.04	35.63	500m: 5:57.87	36.25	900m: 10:50.28	36.98	1300m: 15:42.39	36.71
	150m: 1:43.17	36.13	550m: 6:34.56	36.69	950m: 11:26.77	36.49	1350m: 16:18.72	36.33
	200m: 2:19.48	36.31	600m: 7:11.19	36.63	1000m: 12:03.02	36.25	1400m: 16:54.51	35.79
	250m: 2:56.28	36.80	650m: 7:47.79	36.60	1050m: 12:39.92	36.90	1450m: 17:29.88	35.37
	300m: 3:32.65	36.37	700m: 8:23.86	36.07	1100m: 13:16.36	36.44	1500m: 18:03.69	33.81
	350m: 4:08.87	36.22	750m: 9:00.27	36.41	1150m: 13:52.60	36.24		
	400m: 4:45.28	36.41	800m: 9:36.89	36.62	1200m: 14:29.02	36.42		
10.	Tycho de Jonge	KZC	200400411	18:17.77	+0,82			
	50m: 31.62	31.62	450m: 5:18.96	35.84	850m: 10:15.60	36.99	1250m: 15:12.76	36.90
	100m: 1:06.12	34.50	500m: 5:55.77	36.81	900m: 10:52.97	37.37	1300m: 15:50.72	37.96
	150m: 1:41.81	35.69	550m: 6:32.46	36.69	950m: 11:30.52	37.55	1350m: 16:27.30	36.58
	200m: 2:17.85	36.04	600m: 7:09.68	37.22	1000m: 12:07.81	37.29	1400m: 17:04.64	37.34
	250m: 2:53.97	36.12	650m: 7:46.71	37.03	1050m: 12:45.07	37.26	1450m: 17:41.74	37.10
	300m: 3:30.46	36.49	700m: 8:23.69	36.98	1100m: 13:22.10	37.03	1500m: 18:17.77	36.03
	350m: 4:06.51	36.05	750m: 9:01.08	37.39	1150m: 13:58.93	36.83		
	400m: 4:43.12	36.61	800m: 9:38.61	37.53	1200m: 14:35.86	36.93		
11.	Andrei Turta	De Aalscholver	200404549	18:22.41	+0,75			
	50m: 31.51	31.51	450m: 5:24.15	36.78	850m: 10:21.07	36.84	1250m: 15:20.48	37.07
	100m: 1:06.77	35.26	500m: 6:01.36	37.21	900m: 10:58.49	37.42	1300m: 15:58.04	37.56
	150m: 1:42.73	35.96	550m: 6:38.52	37.16	950m: 11:35.90	37.41	1350m: 16:35.05	37.01
	200m: 2:19.71	36.98	600m: 7:15.45	36.93	1000m: 12:13.35	37.45	1400m: 17:11.72	36.67
	250m: 2:56.29	36.58	650m: 7:52.93	37.48	1050m: 12:50.57	37.22	1450m: 17:48.08	36.36
	300m: 3:33.32	37.03	700m: 8:29.88	36.95	1100m: 13:28.05	37.48	1500m: 18:22.41	34.33
	350m: 4:09.95	36.63	750m: 9:07.34	37.46	1150m: 14:05.59	37.54		
	400m: 4:47.37	37.42	800m: 9:44.23	36.89	1200m: 14:43.41	37.82		
12.	Pieter Wisse	PSV	200400779	18:38.42	+0,80			
	50m: 33.26	33.26	450m: 5:34.84	38.26	850m: 10:40.19	38.47	1250m: 15:42.44	37.45
	100m: 1:09.39	36.13	500m: 6:12.89	38.05	900m: 11:18.45	38.26	1300m: 16:19.66	37.22
	150m: 1:46.70	37.31	550m: 6:51.43	38.54	950m: 11:56.18	37.73	1350m: 16:56.55	36.89
	200m: 2:24.93	38.23	600m: 7:29.18	37.75	1000m: 12:34.79	38.61	1400m: 17:32.56	36.01
	250m: 3:02.26	37.33	650m: 8:06.85	37.67	1050m: 13:12.02	37.23	1450m: 18:07.10	34.54
	300m: 3:40.06	37.80	700m: 8:45.70	38.85	1100m: 13:49.88	37.86	1500m: 18:38.42	31.32
	350m: 4:18.07	38.01	750m: 9:23.62	37.92	1150m: 14:27.64	37.76		
	400m: 4:56.58	38.51	800m: 10:01.72	38.10	1200m: 15:04.99	37.35		
13.	Kaito van Meeteren	De Dolfijn	200404271	18:39.31	+0,74			
	50m: 31.79	31.79	450m: 5:33.36	37.97	850m: 10:39.81	37.84	1250m: 15:40.78	37.46
	100m: 1:07.81	36.02	500m: 6:11.59	38.23	900m: 11:17.54	37.73	1300m: 16:17.81	37.03
	150m: 1:44.99	37.18	550m: 6:50.51	38.92	950m: 11:55.82	38.28	1350m: 16:54.53	36.72
	200m: 2:22.51	37.52	600m: 7:28.04	37.53	1000m: 12:33.39	37.57	1400m: 17:30.92	36.39
	250m: 3:00.08	37.57	650m: 8:06.21	38.17	1050m: 13:11.35	37.96	1450m: 18:05.63	34.71
	300m: 3:38.34	38.26	700m: 8:44.77	38.56	1100m: 13:48.35	37.00	1500m: 18:39.31	33.68
	350m: 4:16.83	38.49	750m: 9:23.58	38.81	1150m: 14:26.04	37.69		
	400m: 4:55.39	38.56	800m: 10:01.97	38.39	1200m: 15:03.32	37.28		
14.	Koen Vissers	PSV	200401429	18:40.73	+0,86			
	50m: 32.08	32.08	450m: 5:29.48	37.83	850m: 10:32.00	37.45	1250m: 15:35.64	38.18
	100m: 1:08.24	36.16	500m: 6:08.05	38.57	900m: 11:09.85	37.85	1300m: 16:14.31	38.67
	150m: 1:44.75	36.51	550m: 6:45.83	37.78	950m: 11:47.41	37.56	1350m: 16:51.92	37.61
	200m: 2:22.16	37.41	600m: 7:24.19	38.36	1000m: 12:25.40	37.99	1400m: 17:29.83	37.91
	250m: 2:59.17	37.01	650m: 8:01.80	37.61	1050m: 13:02.62	37.22	1450m: 18:06.49	36.66
	300m: 3:35.99	36.82	700m: 8:39.73	37.93	1100m: 13:41.03	38.41	1500m: 18:40.73	34.24
	350m: 4:13.51	37.52	750m: 9:16.95	37.22	1150m: 14:19.20	38.17		
	400m: 4:51.65	38.14	800m: 9:54.55	37.60	1200m: 14:57.46	38.26		

Programmanr. 1, Jongens, 1500m vrije slag

Junioren 4

1. Lucas Peters											Nextline swimming	200301325	16:53.52	+0,70
50m:	30.86	30.86	450m:	5:00.20	33.52	850m:	9:30.82	34.07	1250m:	14:05.33	34.85			
100m:	1:04.49	33.63	500m:	5:33.83	33.63	900m:	10:04.62	33.80	1300m:	14:39.67	34.34			
150m:	1:38.34	33.85	550m:	6:07.92	34.09	950m:	10:38.90	34.28	1350m:	15:14.43	34.76			
200m:	2:12.34	34.00	600m:	6:41.45	33.53	1000m:	11:13.27	34.37	1400m:	15:48.56	34.13			
250m:	2:46.36	34.02	650m:	7:15.43	33.98	1050m:	11:47.49	34.22	1450m:	16:21.80	33.24			
300m:	3:19.93	33.57	700m:	7:48.98	33.55	1100m:	12:21.66	34.17	1500m:	16:53.52	31.72			
350m:	3:53.37	33.44	750m:	8:22.93	33.95	1150m:	12:56.18	34.52						
400m:	4:26.68	33.31	800m:	8:56.75	33.82	1200m:	13:30.48	34.30						
2. Stan De Swart											Nextline swimming	200300535	17:18.49	+0,73
50m:	31.06	31.06	450m:	5:05.16	34.28	850m:	9:44.09	35.25	1250m:	14:23.97	35.42			
100m:	1:05.10	34.04	500m:	5:39.63	34.47	900m:	10:19.37	35.28	1300m:	14:59.37	35.40			
150m:	1:40.00	34.90	550m:	6:14.62	34.99	950m:	10:54.57	35.20	1350m:	15:34.56	35.19			
200m:	2:14.14	34.14	600m:	6:49.15	34.53	1000m:	11:29.71	35.14	1400m:	16:09.89	35.33			
250m:	2:48.25	34.11	650m:	7:24.14	34.99	1050m:	12:04.72	35.01	1450m:	16:44.90	35.01			
300m:	3:22.54	34.29	700m:	7:59.11	34.97	1100m:	12:39.07	34.35	1500m:	17:18.49	33.59			
350m:	3:56.70	34.16	750m:	8:34.22	35.11	1150m:	13:13.52	34.45						
400m:	4:30.88	34.18	800m:	9:08.84	34.62	1200m:	13:48.55	35.03						
3. Yorick Visser											ZPC De Zeeuwse Kust	200301957	17:38.21	+0,80
50m:	31.14	31.14	450m:	5:11.64	35.88	850m:	9:57.80	35.65	1250m:	14:44.89	36.01			
100m:	1:05.01	33.87	500m:	5:47.73	36.09	900m:	10:33.47	35.67	1300m:	15:20.44	35.55			
150m:	1:39.57	34.56	550m:	6:23.65	35.92	950m:	11:09.26	35.79	1350m:	15:56.13	35.69			
200m:	2:14.12	34.55	600m:	6:59.66	36.01	1000m:	11:45.22	35.96	1400m:	16:30.96	34.83			
250m:	2:49.23	35.11	650m:	7:35.20	35.54	1050m:	12:21.11	35.89	1450m:	17:05.75	34.79			
300m:	3:24.70	35.47	700m:	8:10.79	35.59	1100m:	12:56.85	35.74	1500m:	17:38.21	32.46			
350m:	4:00.07	35.37	750m:	8:46.52	35.73	1150m:	13:32.85	36.00						
400m:	4:35.76	35.69	800m:	9:22.15	35.63	1200m:	14:08.88	36.03						
4. Thijs Bosma											De Dolfijn	200302443	17:40.57	+0,70
50m:	31.08	31.08	450m:	5:13.62	35.38	850m:	9:59.10	35.71	1250m:	14:45.60	35.95			
100m:	1:05.43	34.35	500m:	5:49.37	35.75	900m:	10:34.77	35.67	1300m:	15:21.21	35.61			
150m:	1:40.36	34.93	550m:	6:25.20	35.83	950m:	11:10.41	35.64	1350m:	15:56.54	35.33			
200m:	2:15.78	35.42	600m:	7:00.92	35.72	1000m:	11:46.00	35.59	1400m:	16:32.30	35.76			
250m:	2:51.17	35.39	650m:	7:36.49	35.57	1050m:	12:21.91	35.91	1450m:	17:07.30	35.00			
300m:	3:26.71	35.54	700m:	8:12.18	35.69	1100m:	12:57.83	35.92	1500m:	17:40.57	33.27			
350m:	4:02.15	35.44	750m:	8:47.49	35.31	1150m:	13:33.69	35.86						
400m:	4:38.24	36.09	800m:	9:23.39	35.90	1200m:	14:09.65	35.96						
5. Joris Janssen											Aqua-Novio'94	200301311	17:48.24	
50m:	30.95	30.95	450m:	5:18.50	36.36	850m:	10:06.47	35.76	1250m:	14:51.60	35.95			
100m:	1:05.87	34.92	500m:	5:54.57	36.07	900m:	10:41.74	35.27	1300m:	15:27.11	35.51			
150m:	1:41.88	36.01	550m:	6:30.51	35.94	950m:	11:17.34	35.60	1350m:	16:02.53	35.42			
200m:	2:17.93	36.05	600m:	7:06.57	36.06	1000m:	11:52.92	35.58	1400m:	16:38.35	35.82			
250m:	2:54.22	36.29	650m:	7:43.19	36.62	1050m:	12:28.45	35.53	1450m:	17:13.91	35.56			
300m:	3:30.40	36.18	700m:	8:19.03	35.84	1100m:	13:03.83	35.38	1500m:	17:48.24	34.33			
350m:	4:05.96	35.56	750m:	8:55.16	36.13	1150m:	13:39.79	35.96						
400m:	4:42.14	36.18	800m:	9:30.71	35.55	1200m:	14:15.65	35.86						
6. Michael Smink											The Hague Swimming (SG)	200302169	17:55.20	+0,81
50m:	30.14	30.14	450m:	5:19.15	36.16	850m:	10:08.56	35.59	1250m:	14:59.39	36.40			
100m:	1:04.83	34.69	500m:	5:56.06	36.91	900m:	10:45.12	36.56	1300m:	15:35.63	36.24			
150m:	1:40.75	35.92	550m:	6:32.37	36.31	950m:	11:21.25	36.13	1350m:	16:10.86	35.23			
200m:	2:16.93	36.18	600m:	7:08.53	36.16	1000m:	11:57.86	36.61	1400m:	16:46.80	35.94			
250m:	2:53.41	36.48	650m:	7:44.74	36.21	1050m:	12:33.62	35.76	1450m:	17:21.22	34.42			
300m:	3:29.35	35.94	700m:	8:21.04	36.30	1100m:	13:10.34	36.72	1500m:	17:55.20	33.98			
350m:	4:05.87	36.52	750m:	8:57.07	36.03	1150m:	13:46.43	36.09						
400m:	4:42.99	37.12	800m:	9:32.97	35.90	1200m:	14:22.99	36.56						
7. Maximilian Lopes Cardozo											WZK Zwemmen	200300665	17:55.33	+0,79
50m:	32.47	32.47	450m:	5:18.45	35.88	850m:	10:08.10	36.00	1250m:	14:58.82	36.22			
100m:	1:07.94	35.47	500m:	5:54.51	36.06	900m:	10:44.64	36.54	1300m:	15:35.29	36.47			
150m:	1:43.25	35.31	550m:	6:30.37	35.86	950m:	11:21.00	36.36	1350m:	16:11.67	36.38			
200m:	2:19.23	35.98	600m:	7:06.80	36.43	1000m:	11:57.81	36.81	1400m:	16:47.61	35.94			
250m:	2:55.20	35.97	650m:	7:43.20	36.40	1050m:	12:33.54	35.73	1450m:	17:23.42	34.81			
300m:	3:30.66	35.46	700m:	8:19.67	36.47	1100m:	13:09.81	36.27	1500m:	17:55.33	32.91			
350m:	4:06.18	35.52	750m:	8:55.93	36.26	1150m:	13:46.24	36.43						
400m:	4:42.57	36.39	800m:	9:32.10	36.17	1200m:	14:22.60	36.36						
8. Daan Hogerhuis											LinK	200300317	17:56.90	+0,79
50m:	31.30	31.30	450m:	5:18.99	36.30	850m:	10:08.94	36.53	1250m:	14:59.09	36.26			
100m:	1:05.91	34.61	500m:	5:55.34	36.35	900m:	10:44.97	36.03	1300m:	15:35.53	36.44			
150m:	1:41.75	35.84	550m:	6:31.72	36.38	950m:	11:21.26	36.29	1350m:	16:11.80	36.27			
200m:	2:17.58	35.83	600m:	7:08.19	36.47	1000m:	11:57.71	36.45	1400m:	16:48.35	36.55			
250m:	2:53.72	36.14	650m:	7:44.29	36.10	1050m:	12:34.41	36.70	1450m:	17:23.84	35.49			
300m:	3:30.20	36.48	700m:	8:20.39	36.10	1100m:	13:10.44	36.03	1500m:	17:56.90	33.06			
350m:	4:06.48	36.28	750m:	8:56.48	36.09	1150m:	13:46.61	36.17						
400m:	4:42.69	36.21	800m:	9:32.41	35.93	1200m:	14:22.83	36.22						

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 4

rang	naam	vereniging	startnr.	tijd	RT			
9.	Lukas Binnekamp	De Dinkel	200300107	18:00.22	+0,80			
	50m: 30.82	30.82	450m: 5:12.83	35.80	850m: 10:03.83	36.94	1250m: 14:58.24	36.94
	100m: 1:05.23	34.41	500m: 5:48.81	35.98	900m: 10:40.39	36.56	1300m: 15:34.97	36.73
	150m: 1:40.39	35.16	550m: 6:25.01	36.20	950m: 11:17.28	36.89	1350m: 16:11.71	36.74
	200m: 2:15.41	35.02	600m: 7:01.64	36.63	1000m: 11:53.97	36.69	1400m: 16:48.34	36.63
	250m: 2:50.61	35.20	650m: 7:38.07	36.43	1050m: 12:30.62	36.65	1450m: 17:24.54	36.20
	300m: 3:25.90	35.29	700m: 8:14.32	36.25	1100m: 13:07.33	36.71	1500m: 18:00.22	35.68
	350m: 4:01.38	35.48	750m: 8:50.50	36.18	1150m: 13:44.01	36.68		
	400m: 4:43.03	35.65	800m: 9:26.89	36.39	1200m: 14:21.30	37.29		
10.	Thijn Damen	De Warande	200300973	18:15.99	+0,73			
	50m: 31.62	31.62	450m: 5:20.04	36.82	850m: 10:14.79	36.76	1250m: 15:13.92	37.33
	100m: 1:06.85	35.23	500m: 5:56.88	36.84	900m: 10:51.80	37.01	1300m: 15:50.71	36.79
	150m: 1:42.38	35.53	550m: 6:34.20	37.32	950m: 11:29.24	37.44	1350m: 16:26.52	35.81
	200m: 2:18.06	35.68	600m: 7:11.27	37.07	1000m: 12:06.70	37.46	1400m: 17:03.01	36.49
	250m: 2:54.04	35.98	650m: 7:48.54	37.27	1050m: 12:44.01	37.31	1450m: 17:39.59	36.58
	300m: 3:30.17	36.13	700m: 8:25.59	37.05	1100m: 13:21.82	37.81	1500m: 18:15.99	36.40
	350m: 4:06.65	36.48	750m: 9:02.13	36.54	1150m: 13:59.25	37.43		
	400m: 4:43.22	36.57	800m: 9:38.03	35.90	1200m: 14:36.59	37.34		
11.	Rens van Beek	Aqua-Novio'94	200300537	18:46.23	+0,81			
	50m: 30.38	30.38	450m: 5:25.52	37.80	850m: 10:32.22	38.62	1250m: 15:37.78	38.47
	100m: 1:05.15	34.77	500m: 6:03.56	38.04	900m: 11:10.42	38.20	1300m: 16:16.07	38.29
	150m: 1:41.47	36.32	550m: 6:41.90	38.34	950m: 11:48.59	38.17	1350m: 16:53.98	37.91
	200m: 2:17.85	36.38	600m: 7:19.85	37.95	1000m: 12:26.74	38.15	1400m: 17:31.71	37.73
	250m: 2:55.04	37.19	650m: 7:58.23	38.38	1050m: 13:04.73	37.99	1450m: 18:09.47	37.76
	300m: 3:32.25	37.21	700m: 8:36.99	38.76	1100m: 13:42.64	37.91	1500m: 18:46.23	36.76
	350m: 4:09.86	37.61	750m: 9:15.39	38.40	1150m: 14:20.79	38.15		
	400m: 4:47.72	37.86	800m: 9:53.60	38.21	1200m: 14:59.31	38.52		