

Programmanr. 1  
06-04-2018 - 12:15

Jongens, 1500m vrije slag

Junioren 1 en 2  
Resultaten

rang	naam	vereniging	startnr.	tijd	RT
<b>Junioren 1</b>					
1.	Yanieck Frijstein	Deltasteur	200500329	<b>18:57.67</b>	+0,73
	50m: 32.20	32.20 450m: 5:36.95	38.36	850m: 10:44.23	38.71
	100m: 1:08.45	36.25 500m: 6:15.27	38.32	900m: 11:22.32	38.09
	150m: 1:46.57	38.12 550m: 6:53.96	38.69	950m: 12:01.15	38.83
	200m: 2:25.53	38.96 600m: 7:31.87	37.91	1000m: 12:39.20	38.05
	250m: 3:04.15	38.62 650m: 8:10.22	38.35	1050m: 13:17.85	38.65
	300m: 3:42.46	38.31 700m: 8:48.69	38.47	1100m: 13:55.79	37.94
	350m: 4:20.75	38.29 750m: 9:27.20	38.51	1150m: 14:34.55	38.76
	400m: 4:58.59	37.84 800m: 10:05.52	38.32	1200m: 15:12.83	38.28
2.	Gabriel Been	The Hague Swimming (SG)	200501467	<b>19:03.83</b>	+0,89
	50m: 32.43	32.43 450m: 5:38.48	39.01	850m: 10:49.09	38.27
	100m: 1:08.33	35.90 500m: 6:17.29	38.81	900m: 11:27.65	38.56
	150m: 1:46.36	38.03 550m: 6:56.07	38.78	950m: 12:06.22	38.57
	200m: 2:24.62	38.26 600m: 7:35.50	39.43	1000m: 12:44.78	38.56
	250m: 3:03.00	38.38 650m: 8:14.48	38.98	1050m: 13:23.42	38.64
	300m: 3:41.74	38.74 700m: 8:53.17	38.69	1100m: 14:01.88	38.46
	350m: 4:20.76	39.02 750m: 9:31.98	38.81	1150m: 14:40.20	38.32
	400m: 4:59.47	38.71 800m: 10:10.82	38.84	1200m: 15:18.65	38.45
3.	Niels Jansen	Aqua-Novio'94	200501019	<b>19:05.16</b>	+0,77
	50m: 31.33	31.33 450m: 5:34.84	37.81	850m: 10:46.99	39.15
	100m: 1:08.75	37.42 500m: 6:13.69	38.85	900m: 11:25.52	38.53
	150m: 1:46.32	37.57 550m: 6:53.03	39.34	950m: 12:05.10	39.58
	200m: 2:25.54	39.22 600m: 7:31.67	38.64	1000m: 12:43.28	38.18
	250m: 3:03.00	37.46 650m: 8:11.00	39.33	1050m: 13:22.13	38.85
	300m: 3:40.39	37.39 700m: 8:50.01	39.01	1100m: 14:00.75	38.62
	350m: 4:18.36	37.97 750m: 9:28.93	38.92	1150m: 14:39.64	38.89
	400m: 4:57.03	38.67 800m: 10:07.84	38.91	1200m: 15:18.08	38.44
4.	Sven Klink	Deltasteur	200500349	<b>19:12.28</b>	+0,67
	50m: 31.74	31.74 450m: 5:38.21	38.88	850m: 10:47.75	38.61
	100m: 1:07.93	36.19 500m: 6:17.53	39.32	900m: 11:26.84	39.09
	150m: 1:45.36	37.43 550m: 6:56.09	38.56	950m: 12:05.47	38.63
	200m: 2:24.43	39.07 600m: 7:34.36	38.27	1000m: 12:44.06	38.59
	250m: 3:02.99	38.56 650m: 8:13.04	38.68	1050m: 13:22.87	38.81
	300m: 3:41.56	38.57 700m: 8:52.12	39.08	1100m: 14:01.82	38.95
	350m: 4:20.31	38.75 750m: 9:30.55	38.43	1150m: 14:40.51	38.69
	400m: 4:59.33	39.02 800m: 10:09.14	38.59	1200m: 15:18.82	38.31
5.	Sven ten Hove	Hieronymus	200500273	<b>19:25.93</b>	+0,68
	50m: 34.10	34.10 450m: 5:46.66	39.31	850m: 11:01.43	38.92
	100m: 1:12.70	38.60 500m: 6:26.52	39.86	900m: 11:40.83	39.40
	150m: 1:51.53	38.83 550m: 7:05.64	39.12	950m: 12:19.77	38.94
	200m: 2:30.84	39.31 600m: 7:44.90	39.26	1000m: 12:58.60	38.83
	250m: 3:09.83	38.99 650m: 8:24.42	39.52	1050m: 13:37.29	38.69
	300m: 3:48.91	39.08 700m: 9:04.05	39.63	1100m: 14:16.60	39.31
	350m: 4:28.00	39.09 750m: 9:43.11	39.06	1150m: 14:55.54	38.94
	400m: 5:07.35	39.35 800m: 10:22.51	39.40	1200m: 15:34.38	38.84
6.	David da Silva Miranda	FZC'54-De Vikings (SG)	200500019	<b>20:20.13</b>	+0,72
	50m: 33.79	33.79 450m: 6:01.03	41.95	850m: 11:35.45	41.61
	100m: 1:12.61	38.82 500m: 6:42.68	41.65	900m: 12:17.13	41.68
	150m: 1:52.65	40.04 550m: 7:24.77	42.09	950m: 12:57.08	39.95
	200m: 2:32.85	40.20 600m: 8:06.65	41.88	1000m: 13:39.38	42.30
	250m: 3:14.00	41.15 650m: 8:48.58	41.93	1050m: 14:20.06	40.68
	300m: 3:55.55	41.55 700m: 9:30.82	42.24	1100m: 15:02.15	42.09
	350m: 4:37.02	41.47 750m: 10:11.81	40.99	1150m: 15:43.12	40.97
	400m: 5:19.08	42.06 800m: 10:53.84	42.03	1200m: 16:24.42	41.30
7.	Wouter Sies	TriVia	200500369	<b>20:34.64</b>	+0,67
	50m: 33.05	33.05 450m: 5:56.54	41.83	850m: 11:34.47	42.49
	100m: 1:11.60	38.55 500m: 6:38.68	42.14	900m: 12:17.20	42.73
	150m: 1:51.45	39.85 550m: 7:20.94	42.26	950m: 12:59.66	42.46
	200m: 2:31.07	39.62 600m: 8:02.96	42.02	1000m: 13:41.11	41.45
	250m: 3:11.52	40.45 650m: 8:45.27	42.31	1050m: 14:22.91	41.80
	300m: 3:51.77	40.25 700m: 9:27.72	42.45	1100m: 15:04.30	41.39
	350m: 4:33.63	41.86 750m: 10:10.41	42.69	1150m: 15:45.98	41.68
	400m: 5:14.71	41.08 800m: 10:51.98	41.57	1200m: 16:27.14	41.16

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 1

rang	naam	vereniging	startnr.	tijd	RT			
8.	Björn Verkaik	The Hague Swimming (SG)	200500411	<b>20:45.71</b>	<b>+0.70</b>			
	50m: 33.83	33.83	450m: 6:00.39	41.72	850m: 11:34.75	42.55	1250m: 17:15.84	42.12
	100m: 1:12.73	38.90	500m: 6:42.03	41.64	900m: 12:16.70	41.95	1300m: 17:57.92	42.08
	150m: 1:53.29	40.56	550m: 7:24.13	42.10	950m: 12:59.87	43.17	1350m: 18:40.73	42.81
	200m: 2:34.12	40.83	600m: 8:05.64	41.51	1000m: 13:42.23	42.36	1400m: 19:22.18	41.45
	250m: 3:15.16	41.04	650m: 8:47.55	41.91	1050m: 14:25.15	42.92	1450m: 20:05.02	42.84
	300m: 3:55.91	40.75	700m: 9:29.10	41.55	1100m: 15:07.78	42.63	1500m: 20:45.71	40.69
	350m: 4:37.28	41.37	750m: 10:10.95	41.85	1150m: 15:50.68	42.90		
	400m: 5:18.67	41.39	800m: 10:52.20	41.25	1200m: 16:33.72	43.04		
9.	Rens Stijf	NDD	200501419	<b>21:01.81</b>	<b>+0.65</b>			
	50m: 35.94	35.94	450m: 6:09.69	42.04	850m: 11:50.90	43.11	1250m: 17:35.33	43.69
	100m: 1:16.41	40.47	500m: 6:52.41	42.72	900m: 12:33.96	43.06	1300m: 18:17.85	42.52
	150m: 1:58.51	42.10	550m: 7:34.86	42.45	950m: 13:17.10	43.14	1350m: 18:59.89	42.04
	200m: 2:40.22	41.71	600m: 8:17.06	42.20	1000m: 13:59.83	42.73	1400m: 19:42.69	42.80
	250m: 3:21.83	41.61	650m: 8:59.84	42.78	1050m: 14:42.96	43.13	1450m: 20:23.19	40.50
	300m: 4:03.99	42.16	700m: 9:42.62	42.78	1100m: 15:25.16	42.20	1500m: 21:01.81	38.62
	350m: 4:45.56	41.57	750m: 10:25.77	43.15	1150m: 16:08.89	43.73		
	400m: 5:27.65	42.09	800m: 11:07.79	42.02	1200m: 16:51.64	42.75		

Junioren 2

1.	David Groenewegen	PSV	200400469	<b>17:32.60</b>	<b>+0.78</b>			
	50m: 31.21	31.21	450m: 5:13.64	35.20	850m: 9:57.21	35.19	1250m: 14:39.16	35.38
	100m: 1:05.48	34.27	500m: 5:48.98	35.34	900m: 10:32.22	35.01	1300m: 15:14.59	35.43
	150m: 1:40.89	35.41	550m: 6:24.52	35.54	950m: 11:07.27	35.05	1350m: 15:49.63	35.04
	200m: 2:16.22	35.33	600m: 6:59.98	35.46	1000m: 11:42.64	35.37	1400m: 16:24.66	35.03
	250m: 2:51.65	35.43	650m: 7:35.88	35.90	1050m: 12:18.17	35.53	1450m: 16:59.72	35.06
	300m: 3:27.35	35.70	700m: 8:11.65	35.77	1100m: 12:53.05	34.88	1500m: 17:32.60	32.88
	350m: 4:03.09	35.74	750m: 8:46.73	35.08	1150m: 13:28.58	35.53		
	400m: 4:38.44	35.35	800m: 9:22.02	35.29	1200m: 14:03.78	35.20		
2.	Merlin Belmon	De Dolfijn	200403191	<b>17:41.47</b>	<b>+0.81</b>			
	50m: 31.55	31.55	450m: 5:13.17	35.33	850m: 9:57.77	35.10	1250m: 14:43.66	34.99
	100m: 1:05.81	34.26	500m: 5:48.73	35.56	900m: 10:33.93	36.16	1300m: 15:19.73	36.07
	150m: 1:40.60	34.79	550m: 6:24.44	35.71	950m: 11:09.41	35.48	1350m: 15:55.48	35.75
	200m: 2:16.47	35.87	600m: 7:00.47	36.03	1000m: 11:45.17	35.76	1400m: 16:31.57	36.09
	250m: 2:52.07	35.60	650m: 7:35.95	35.48	1050m: 12:21.04	35.87	1450m: 17:06.93	35.36
	300m: 3:27.70	35.63	700m: 8:12.25	36.30	1100m: 12:56.68	35.64	1500m: 17:41.47	34.54
	350m: 4:02.51	34.81	750m: 8:47.47	35.22	1150m: 13:32.57	35.89		
	400m: 4:37.84	35.33	800m: 9:22.67	35.20	1200m: 14:08.67	36.10		
3.	Luuk van Rooij	PSV	200400581	<b>17:53.52</b>	<b>+0.78</b>			
	50m: 31.78	31.78	450m: 5:15.12	35.41	850m: 10:04.79	36.23	1250m: 14:53.81	36.31
	100m: 1:06.51	34.73	500m: 5:51.17	36.05	900m: 10:41.24	36.45	1300m: 15:30.28	36.47
	150m: 1:41.54	35.03	550m: 6:27.30	36.13	950m: 11:17.27	36.03	1350m: 16:06.25	35.97
	200m: 2:17.27	35.73	600m: 7:03.76	36.46	1000m: 11:53.21	35.94	1400m: 16:42.78	36.53
	250m: 2:52.77	35.50	650m: 7:39.85	36.09	1050m: 12:29.50	36.29	1450m: 17:18.62	35.84
	300m: 3:28.43	35.66	700m: 8:16.20	36.35	1100m: 13:05.61	36.11	1500m: 17:53.52	34.90
	350m: 4:03.87	35.44	750m: 8:52.45	36.25	1150m: 13:41.53	35.92		
	400m: 4:39.71	35.84	800m: 9:28.56	36.11	1200m: 14:17.50	35.97		
4.	Anders van Norden	ZPC AMERSFOORT	200400039	<b>17:57.06</b>	<b>+0.77</b>			
	50m: 31.85	31.85	450m: 5:16.55	36.05	850m: 10:07.14	36.71	1250m: 14:57.38	37.08
	100m: 1:06.27	34.42	500m: 5:52.71	36.16	900m: 10:43.14	36.00	1300m: 15:34.20	36.82
	150m: 1:41.75	35.48	550m: 6:29.41	36.70	950m: 11:19.07	35.93	1350m: 16:10.36	36.16
	200m: 2:17.08	35.33	600m: 7:06.00	36.59	1000m: 11:55.51	36.44	1400m: 16:46.83	36.47
	250m: 2:52.85	35.77	650m: 7:41.93	35.93	1050m: 12:31.92	36.41	1450m: 17:22.64	35.81
	300m: 3:28.49	35.64	700m: 8:17.91	35.98	1100m: 13:07.91	35.99	1500m: 17:57.06	34.42
	350m: 4:04.71	36.22	750m: 8:54.64	36.73	1150m: 13:43.94	36.03		
	400m: 4:40.50	35.79	800m: 9:30.43	35.79	1200m: 14:20.30	36.36		
5.	Timo Kock	Rotterdam Swimming (SG)	200400387	<b>18:03.52</b>	<b>+0.76</b>			
	50m: 32.18	32.18	450m: 5:25.69	36.86	850m: 10:21.29	36.83	1250m: 15:11.42	35.62
	100m: 1:08.01	35.83	500m: 6:03.15	37.46	900m: 10:58.69	37.40	1300m: 15:46.38	34.96
	150m: 1:44.69	36.68	550m: 6:39.32	36.17	950m: 11:35.70	37.01	1350m: 16:21.68	35.30
	200m: 2:21.10	36.41	600m: 7:16.58	37.26	1000m: 12:12.40	36.70	1400m: 16:57.09	35.41
	250m: 2:57.78	36.68	650m: 7:53.83	37.25	1050m: 12:48.99	36.59	1450m: 17:31.21	34.12
	300m: 3:34.45	36.67	700m: 8:31.04	37.21	1100m: 13:24.12	35.13	1500m: 18:03.52	32.31
	350m: 4:11.76	37.31	750m: 9:07.75	36.71	1150m: 13:59.94	35.82		
	400m: 4:48.83	37.07	800m: 9:44.46	36.71	1200m: 14:35.80	36.86		
6.	Jort van der Vlag	WS Twente	200400335	<b>18:11.62</b>	<b>+0.83</b>			
	50m: 31.19	31.19	450m: 5:22.95	36.73	850m: 10:17.28	36.75	1250m: 15:11.94	36.61
	100m: 1:06.47	35.28	500m: 6:00.16	37.21	900m: 10:54.02	36.74	1300m: 15:48.73	36.79
	150m: 1:42.47	36.00	550m: 6:36.94	36.78	950m: 11:31.57	37.55	1350m: 16:25.30	36.57
	200m: 2:18.93	36.46	600m: 7:14.38	37.44	1000m: 12:08.89	37.32	1400m: 17:01.73	36.43
	250m: 2:55.32	36.39	650m: 7:51.17	36.79	1050m: 12:45.51	36.62	1450m: 17:37.68	35.95
	300m: 3:32.39	37.07	700m: 8:27.66	36.49	1100m: 13:21.32	35.81	1500m: 18:11.62	33.94
	350m: 4:09.14	36.75	750m: 9:04.07	36.41	1150m: 13:58.52	37.20		
	400m: 4:46.22	37.08	800m: 9:40.53	36.46	1200m: 14:35.33	36.81		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
7.	Nathan Janssen	MNC Dordrecht	200401565	<b>18:17.79</b>	<b>+0,68</b>			
	50m: 34.31	34.31	450m: 5:32.79	37.36	850m: 10:30.92	37.01	1250m: 15:20.82	36.17
	100m: 1:10.64	36.33	500m: 6:09.54	36.75	900m: 11:07.76	36.84	1300m: 15:56.59	35.77
	150m: 1:47.76	37.12	550m: 6:46.90	37.36	950m: 11:44.77	37.01	1350m: 16:32.71	36.12
	200m: 2:25.07	37.31	600m: 7:24.10	37.20	1000m: 12:20.76	35.99	1400m: 17:08.91	36.20
	250m: 3:03.03	37.96	650m: 8:01.44	37.34	1050m: 12:56.81	36.05	1450m: 17:43.85	34.94
	300m: 3:40.37	37.34	700m: 8:38.69	37.25	1100m: 13:32.72	35.91	1500m: 18:17.79	33.94
	350m: 4:18.29	37.92	750m: 9:16.52	37.83	1150m: 14:08.82	36.10		
	400m: 4:55.43	37.14	800m: 9:53.91	37.39	1200m: 14:44.65	35.83		
8.	Abel te Riele	WVZ	200402317	<b>18:20.50</b>	<b>+0,79</b>			
	50m: 31.63	31.63	450m: 5:23.71	37.42	850m: 10:20.72	36.80	1250m: 15:18.69	36.80
	100m: 1:06.80	35.17	500m: 6:00.86	37.15	900m: 10:58.26	37.54	1300m: 15:55.92	37.23
	150m: 1:42.83	36.03	550m: 6:37.85	36.99	950m: 11:35.05	36.79	1350m: 16:33.18	37.26
	200m: 2:19.39	36.56	600m: 7:15.13	37.28	1000m: 12:12.45	37.40	1400m: 17:10.22	37.04
	250m: 2:55.65	36.26	650m: 7:52.52	37.39	1050m: 12:49.70	37.25	1450m: 17:46.43	36.21
	300m: 3:32.56	36.91	700m: 8:29.66	37.14	1100m: 13:26.93	37.23	1500m: 18:20.50	34.07
	350m: 4:09.16	36.60	750m: 9:06.69	37.03	1150m: 14:04.06	37.13		
	400m: 4:46.29	37.13	800m: 9:43.92	37.23	1200m: 14:41.89	37.83		
9.	Robin van den Berg	ZV 44	200400699	<b>18:26.72</b>	<b>+0,82</b>			
	50m: 32.26	32.26	450m: 5:26.31	37.15	850m: 10:23.20	37.08	1250m: 15:22.67	37.44
	100m: 1:08.24	35.98	500m: 6:03.36	37.05	900m: 11:00.34	37.14	1300m: 16:00.26	37.59
	150m: 1:44.21	35.97	550m: 6:40.00	36.64	950m: 11:38.04	37.70	1350m: 16:38.32	38.06
	200m: 2:21.12	36.91	600m: 7:17.40	37.40	1000m: 12:15.18	37.14	1400m: 17:16.19	37.87
	250m: 2:57.68	36.56	650m: 7:54.75	37.35	1050m: 12:52.67	37.49	1450m: 17:53.16	36.97
	300m: 3:34.80	37.12	700m: 8:31.88	37.13	1100m: 13:29.65	36.98	1500m: 18:26.72	33.56
	350m: 4:11.60	36.80	750m: 9:08.87	36.99	1150m: 14:07.27	37.62		
	400m: 4:49.16	37.56	800m: 9:46.12	37.25	1200m: 14:45.23	37.96		
10.	Collin Schouten	MSV-Zeemacht	200400697	<b>18:38.22</b>	<b>+0,72</b>			
	50m: 32.95	32.95	450m: 5:31.90	37.64	850m: 10:33.15	37.81	1250m: 15:34.24	37.78
	100m: 1:09.49	36.54	500m: 6:09.52	37.62	900m: 11:10.37	37.22	1300m: 16:11.79	37.55
	150m: 1:47.09	37.60	550m: 6:47.46	37.94	950m: 11:47.96	37.59	1350m: 16:48.77	36.98
	200m: 2:24.02	36.93	600m: 7:24.82	37.36	1000m: 12:25.54	37.58	1400m: 17:25.76	36.99
	250m: 3:01.65	37.63	650m: 8:02.55	37.73	1050m: 13:03.34	37.80	1450m: 18:02.84	37.08
	300m: 3:39.17	37.52	700m: 8:40.28	37.73	1100m: 13:41.13	37.79	1500m: 18:38.22	35.38
	350m: 4:16.69	37.52	750m: 9:17.91	37.63	1150m: 14:18.75	37.62		
	400m: 4:54.26	37.57	800m: 9:55.34	37.43	1200m: 14:56.46	37.71		
11.	Quinn Heederik	Deltasteur	200400093	<b>18:47.91</b>	<b>+0,80</b>			
	50m: 33.44	33.44	450m: 5:34.22	38.25	850m: 10:37.11	38.13	1250m: 15:42.64	38.51
	100m: 1:09.82	36.38	500m: 6:11.85	37.63	900m: 11:15.17	38.06	1300m: 16:20.44	37.80
	150m: 1:47.05	37.23	550m: 6:49.89	38.04	950m: 11:53.09	37.92	1350m: 16:57.69	37.25
	200m: 2:24.75	37.70	600m: 7:28.03	38.14	1000m: 12:31.12	38.03	1400m: 17:35.29	37.60
	250m: 3:02.39	37.64	650m: 8:06.07	38.04	1050m: 13:09.32	38.20	1450m: 18:12.38	37.09
	300m: 3:40.26	37.87	700m: 8:43.58	37.51	1100m: 13:47.31	37.99	1500m: 18:47.91	35.53
	350m: 4:18.39	38.13	750m: 9:21.73	38.15	1150m: 14:25.58	38.27		
	400m: 4:55.97	37.58	800m: 9:58.98	37.25	1200m: 15:04.13	38.55		
12.	Wouter Zijlstra	De Forel	200401545	<b>18:49.69</b>	<b>+0,69</b>			
	50m: 31.86	31.86	450m: 5:31.28	38.39	850m: 10:36.87	38.04	1250m: 15:44.03	38.54
	100m: 1:07.17	35.31	500m: 6:10.10	38.82	900m: 11:14.97	38.10	1300m: 16:21.56	37.53
	150m: 1:44.29	37.12	550m: 6:47.82	37.72	950m: 11:52.92	37.95	1350m: 16:59.27	37.71
	200m: 2:21.45	37.16	600m: 7:25.83	38.01	1000m: 12:31.49	38.57	1400m: 17:37.07	37.80
	250m: 2:58.99	37.54	650m: 8:03.97	38.14	1050m: 13:09.65	38.16	1450m: 18:14.71	37.64
	300m: 3:36.98	37.99	700m: 8:42.23	38.26	1100m: 13:48.46	38.81	1500m: 18:49.69	34.98
	350m: 4:14.68	37.70	750m: 9:20.63	38.40	1150m: 14:27.24	38.78		
	400m: 4:52.89	38.21	800m: 9:58.83	38.20	1200m: 15:05.49	38.25		
13.	Hessel Broekstra	FZC'54-De Vikings (SG)	200400253	<b>18:54.38</b>	<b>+0,80</b>			
	50m: 31.14	31.14	450m: 5:26.94	37.93	850m: 10:39.72	39.47	1250m: 15:49.31	38.74
	100m: 1:05.70	34.56	500m: 6:05.23	38.29	900m: 11:18.79	39.07	1300m: 16:28.11	38.80
	150m: 1:41.64	35.94	550m: 6:43.96	38.73	950m: 11:57.43	38.64	1350m: 17:06.54	38.43
	200m: 2:18.57	36.93	600m: 7:22.74	38.78	1000m: 12:36.21	38.78	1400m: 17:44.52	37.98
	250m: 2:55.55	36.98	650m: 8:01.64	38.90	1050m: 13:15.11	38.90	1450m: 18:21.29	36.77
	300m: 3:33.27	37.72	700m: 8:40.89	39.25	1100m: 13:53.32	38.21	1500m: 18:54.38	33.09
	350m: 4:11.36	38.09	750m: 9:20.57	39.68	1150m: 14:32.05	38.73		
	400m: 4:49.01	37.65	800m: 10:00.25	39.68	1200m: 15:10.57	38.52		
14.	Tycho de Jonge	KZC	200400411	<b>18:55.80</b>	<b>+0,78</b>			
	50m: 33.23	33.23	450m: 5:41.08	38.32	850m: 10:49.82	38.32	1250m: 15:53.12	37.43
	100m: 1:10.93	37.70	500m: 6:20.58	39.50	900m: 11:28.30	38.48	1300m: 16:30.53	37.41
	150m: 1:48.89	37.96	550m: 6:58.73	38.15	950m: 12:06.18	37.88	1350m: 17:07.29	36.76
	200m: 2:27.72	38.83	600m: 7:37.50	38.77	1000m: 12:43.90	37.72	1400m: 17:45.03	37.74
	250m: 3:06.20	38.48	650m: 8:16.22	38.72	1050m: 13:21.51	37.61	1450m: 18:21.27	36.24
	300m: 3:45.25	39.05	700m: 8:55.11	38.89	1100m: 14:00.46	38.95	1500m: 18:55.80	34.53
	350m: 4:24.39	39.14	750m: 9:32.71	37.60	1150m: 14:37.76	37.30		
	400m: 5:02.76	38.37	800m: 10:11.50	38.79	1200m: 15:15.69	37.93		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
15.	Jason van den Berg	Rotterdam Swimming (SG)	200400009	<b>18:59.00</b>	<b>+0,71</b>			
	50m: 32.90	32.90	450m: 5:34.13	38.18	850m: 10:43.06	38.69	1250m: 15:52.42	37.98
	100m: 1:09.01	36.11	500m: 6:12.46	38.33	900m: 11:22.13	39.07	1300m: 16:30.44	38.02
	150m: 1:46.80	37.79	550m: 6:50.73	38.27	950m: 12:00.91	38.78	1350m: 17:08.30	37.86
	200m: 2:24.52	37.72	600m: 7:29.26	38.53	1000m: 12:39.99	39.08	1400m: 17:45.78	37.48
	250m: 3:02.76	38.24	650m: 8:07.72	38.46	1050m: 13:18.70	38.71	1450m: 18:22.77	36.99
	300m: 3:40.16	37.40	700m: 8:46.62	38.90	1100m: 13:57.31	38.61	1500m: 18:59.00	36.23
	350m: 4:18.47	38.31	750m: 9:25.50	38.88	1150m: 14:36.14	38.83		
	400m: 4:55.95	37.48	800m: 10:04.37	38.87	1200m: 15:14.44	38.30		
16.	Chris Verhoeven	PSV	200400593	<b>19:03.56</b>	<b>+0,77</b>			
	50m: 33.81	33.81	450m: 5:40.75	38.41	850m: 10:48.30	38.65	1250m: 15:56.57	38.63
	100m: 1:10.92	37.11	500m: 6:19.21	38.46	900m: 11:26.70	38.40	1300m: 16:34.32	37.75
	150m: 1:49.09	38.17	550m: 6:57.34	38.13	950m: 12:05.61	38.91	1350m: 17:12.87	38.55
	200m: 2:27.27	38.18	600m: 7:36.03	38.69	1000m: 12:43.86	38.25	1400m: 17:50.21	37.34
	250m: 3:05.83	38.56	650m: 8:14.44	38.41	1050m: 13:22.68	38.82	1450m: 18:22.48	37.27
	300m: 3:44.44	38.61	700m: 8:52.50	38.06	1100m: 14:01.19	38.51	1500m: 19:03.56	36.08
	350m: 4:23.39	38.95	750m: 9:31.13	38.63	1150m: 14:39.96	38.77		
	400m: 5:02.34	38.95	800m: 10:09.65	38.52	1200m: 15:17.94	37.98		
17.	Meindert Dekkinga	HZ&PC Heerenveen	200400377	<b>19:09.73</b>	<b>+0,75</b>			
	50m: 32.07	32.07	450m: 5:34.09	39.24	850m: 10:45.17	38.59	1250m: 15:57.57	39.20
	100m: 1:08.23	36.16	500m: 6:13.15	39.06	900m: 11:24.70	39.53	1300m: 16:36.39	38.82
	150m: 1:45.71	37.48	550m: 6:51.47	38.32	950m: 12:03.26	38.56	1350m: 17:15.29	38.90
	200m: 2:23.44	37.73	600m: 7:30.52	39.05	1000m: 12:42.40	39.14	1400m: 17:55.05	39.76
	250m: 3:00.54	37.10	650m: 8:09.10	38.58	1050m: 13:21.94	39.54	1450m: 18:34.65	39.60
	300m: 3:38.54	38.00	700m: 8:49.08	39.98	1100m: 14:00.48	38.54	1500m: 19:09.73	35.08
	350m: 4:16.31	37.77	750m: 9:27.80	38.72	1150m: 14:39.99	39.51		
	400m: 4:54.85	38.54	800m: 10:06.58	38.78	1200m: 15:18.37	38.38		
18.	Sem Lazeroms	Hieronymus	200402921	<b>19:10.21</b>	<b>+0,71</b>			
	50m: 32.80	32.80	450m: 5:37.09	37.79	850m: 10:46.41	38.64	1250m: 15:58.68	39.01
	100m: 1:08.90	36.10	500m: 6:15.65	38.56	900m: 11:25.34	38.93	1300m: 16:37.37	38.69
	150m: 1:46.17	37.27	550m: 6:54.31	38.66	950m: 12:04.22	38.88	1350m: 17:15.29	39.01
	200m: 2:24.78	38.61	600m: 7:32.84	38.53	1000m: 12:43.47	39.25	1400m: 17:55.23	38.85
	250m: 3:03.56	38.78	650m: 8:11.42	38.58	1050m: 13:22.95	39.48	1450m: 18:33.68	38.45
	300m: 3:42.31	38.75	700m: 8:50.02	38.60	1100m: 14:01.68	38.73	1500m: 19:10.21	36.53
	350m: 4:21.05	38.74	750m: 9:29.03	39.01	1150m: 14:40.62	38.94		
	400m: 4:59.30	38.25	800m: 10:07.77	38.74	1200m: 15:19.67	39.05		
19.	Erik Oldenkamp	De Lansingh	200400597	<b>19:11.87</b>	<b>+0,80</b>			
	50m: 32.95	32.95	450m: 5:41.41	38.94	850m: 10:50.56	38.31	1250m: 15:59.90	38.72
	100m: 1:10.52	37.57	500m: 6:20.79	39.38	900m: 11:29.69	39.13	1300m: 16:38.82	38.92
	150m: 1:48.31	37.79	550m: 6:59.12	38.33	950m: 12:08.20	38.51	1350m: 17:17.54	38.72
	200m: 2:26.99	38.68	600m: 7:38.36	39.24	1000m: 12:47.20	39.00	1400m: 17:55.99	38.45
	250m: 3:05.27	38.28	650m: 8:16.70	38.34	1050m: 13:25.08	37.88	1450m: 18:33.89	37.90
	300m: 3:45.05	39.78	700m: 8:56.08	39.38	1100m: 14:04.13	39.05	1500m: 19:11.87	37.98
	350m: 4:23.89	38.84	750m: 9:34.23	38.15	1150m: 14:42.66	38.53		
	400m: 5:02.47	38.58	800m: 10:12.25	38.02	1200m: 15:21.18	38.52		
20.	Mac Peeks	ZPC Hoozevee	200400153	<b>19:18.74</b>	<b>+0,73</b>			
	50m: 32.50	32.50	450m: 5:42.51	39.07	850m: 10:55.46	39.12	1250m: 16:06.55	38.95
	100m: 1:09.48	36.98	500m: 6:21.38	38.87	900m: 11:34.17	38.71	1300m: 16:45.59	39.04
	150m: 1:48.07	38.59	550m: 7:00.71	39.33	950m: 12:12.89	38.72	1350m: 17:24.57	38.98
	200m: 2:27.33	39.26	600m: 7:39.88	39.17	1000m: 12:51.71	38.82	1400m: 18:03.48	38.91
	250m: 3:06.16	38.83	650m: 8:19.24	39.36	1050m: 13:31.07	39.36	1450m: 18:41.85	38.37
	300m: 3:45.05	38.89	700m: 8:58.50	39.26	1100m: 14:09.90	38.83	1500m: 19:18.74	36.89
	350m: 4:24.49	39.44	750m: 9:37.23	38.73	1150m: 14:48.70	38.80		
	400m: 5:03.44	38.95	800m: 10:16.34	39.11	1200m: 15:27.60	38.90		
21.	Joost Schuurmans	Hellas-Glana	200400543	<b>19:23.26</b>	<b>+0,76</b>			
	50m: 33.86	33.86	450m: 5:48.43	38.91	850m: 11:01.16	39.13	1250m: 16:13.18	38.57
	100m: 1:11.92	38.06	500m: 6:27.35	38.92	900m: 11:40.07	38.91	1300m: 16:51.93	38.75
	150m: 1:51.27	39.35	550m: 7:06.58	39.23	950m: 12:19.35	39.28	1350m: 17:30.29	38.36
	200m: 2:30.55	39.28	600m: 7:45.67	39.09	1000m: 12:58.42	39.07	1400m: 18:09.71	39.42
	250m: 3:10.41	39.86	650m: 8:24.63	38.96	1050m: 13:37.21	38.79	1450m: 18:47.35	37.64
	300m: 3:49.80	39.39	700m: 9:03.80	39.17	1100m: 14:16.25	39.04	1500m: 19:23.26	35.91
	350m: 4:29.97	40.17	750m: 9:42.58	38.78	1150m: 14:55.29	39.04		
	400m: 5:09.52	39.55	800m: 10:22.03	39.45	1200m: 15:34.61	39.32		
22.	Teun van der Schrier	Hieronymus	200403627	<b>19:39.81</b>	<b>+0,81</b>			
	50m: 33.52	33.52	450m: 5:41.83	38.87	850m: 10:59.66	39.39	1250m: 16:17.33	39.80
	100m: 1:10.40	36.88	500m: 6:21.92	40.09	900m: 11:40.17	40.51	1300m: 16:58.59	41.26
	150m: 1:48.47	38.07	550m: 7:00.77	38.85	950m: 12:19.21	39.04	1350m: 17:39.30	40.71
	200m: 2:27.00	38.53	600m: 7:40.96	40.19	1000m: 12:58.99	39.78	1400m: 18:20.46	41.16
	250m: 3:06.26	39.26	650m: 8:20.53	39.57	1050m: 13:38.01	39.02	1450m: 19:00.13	39.67
	300m: 3:45.07	38.81	700m: 9:00.52	39.99	1100m: 14:17.89	39.88	1500m: 19:39.81	39.68
	350m: 4:23.51	38.44	750m: 9:39.89	39.37	1150m: 14:57.08	39.19		
	400m: 5:02.96	39.45	800m: 10:20.27	40.38	1200m: 15:37.53	40.45		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT							
23.	Quinten ten Dam	ZPC De Hof	200400075	<b>19:55.47</b>	<b>+0,77</b>							
	50m:	34.87	450m:	4:31.37	850m:	11:14.30	40.59	1250m:	16:37.11	40.14		
	100m:	1:13.52	38.65	500m:	6:33.51	2:02.14	900m:	11:54.49	40.19	1300m:	17:17.11	40.00
	150m:	1:53.19	39.67	550m:	7:13.73	40.22	950m:	12:35.01	40.52	1350m:	17:57.49	40.38
	200m:	2:32.65	39.46	600m:	7:53.33	39.60	1000m:	13:15.06	40.05	1400m:	18:36.93	39.44
	250m:	3:12.84	40.19	650m:	8:33.54	40.21	1050m:	13:55.40	40.34	1450m:	19:17.20	40.27
	300m:	3:52.79	39.95	700m:	9:13.48	39.94	1100m:	14:35.49	40.09	1500m:	19:55.47	38.27
	350m:	4:13.65	20.86	750m:	9:53.93	40.45	1150m:	15:16.32	40.83			
	400m:	5:13.03	59.38	800m:	10:33.71	39.78	1200m:	15:56.97	40.65			