

1 - Nederlandse Junioren Kampioenschappen 800-1500 lange baan

06-04-2018 - 12:15

Programmanr. 1
06-04-2018

Jongens, 1500m vrije slag

Junioren 1 en 2
Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
Junioren 1								
1.	Yanieck Frijstein	Deltasteur	200500329	18:57.67	+0,73			
	50m: 32.20	32.20	450m: 5:36.95	38.36	850m: 10:44.23	38.71	1250m: 15:51.38	38.55
	100m: 1:08.45	36.25	500m: 6:15.27	38.32	900m: 11:22.32	38.09	1300m: 16:29.69	38.31
	150m: 1:46.57	38.12	550m: 6:53.96	38.69	950m: 12:01.15	38.83	1350m: 17:07.55	37.86
	200m: 2:25.53	38.96	600m: 7:31.87	37.91	1000m: 12:39.20	38.05	1400m: 17:45.64	38.09
	250m: 3:04.15	38.62	650m: 8:10.22	38.35	1050m: 13:17.85	38.65	1450m: 18:22.30	36.66
	300m: 3:42.46	38.31	700m: 8:48.69	38.47	1100m: 13:55.79	37.94	1500m: 18:57.67	35.37
	350m: 4:20.75	38.29	750m: 9:27.20	38.51	1150m: 14:34.55	38.76		
	400m: 4:58.59	37.84	800m: 10:05.52	38.32	1200m: 15:12.83	38.28		
2.	Gabriel Been	The Hague Swimming (SG)	200501467	19:03.83	+0,89			
	50m: 32.43	32.43	450m: 5:38.48	39.01	850m: 10:49.09	38.27	1250m: 15:56.96	38.31
	100m: 1:08.33	35.90	500m: 6:17.29	38.81	900m: 11:27.65	38.56	1300m: 16:35.16	38.20
	150m: 1:46.36	38.03	550m: 6:56.07	38.78	950m: 12:06.22	38.57	1350m: 17:13.27	38.11
	200m: 2:24.62	38.26	600m: 7:35.50	39.43	1000m: 12:44.78	38.56	1400m: 17:51.28	38.01
	250m: 3:03.00	38.38	650m: 8:14.48	38.98	1050m: 13:23.42	38.64	1450m: 18:28.23	36.95
	300m: 3:41.74	38.74	700m: 8:53.17	38.69	1100m: 14:01.88	38.46	1500m: 19:03.83	35.60
	350m: 4:20.76	39.02	750m: 9:31.98	38.81	1150m: 14:40.20	38.32		
	400m: 4:59.47	38.71	800m: 10:10.82	38.84	1200m: 15:18.65	38.45		
3.	Niels Jansen	Aqua-Novio'94	200501019	19:05.16	+0,77			
	50m: 31.33	31.33	450m: 5:34.84	37.81	850m: 10:46.99	39.15	1250m: 15:56.34	38.26
	100m: 1:08.75	37.42	500m: 6:13.69	38.85	900m: 11:25.52	38.53	1300m: 16:34.62	38.28
	150m: 1:46.32	37.57	550m: 6:53.03	39.34	950m: 12:05.10	39.58	1350m: 17:15.66	38.04
	200m: 2:25.54	39.22	600m: 7:31.67	38.64	1000m: 12:43.28	38.18	1400m: 17:51.59	38.93
	250m: 3:03.00	37.46	650m: 8:11.00	39.33	1050m: 13:22.13	38.85	1450m: 18:28.67	37.08
	300m: 3:40.39	37.39	700m: 8:50.01	39.01	1100m: 14:00.75	38.62	1500m: 19:05.16	36.49
	350m: 4:18.36	37.97	750m: 9:28.93	38.92	1150m: 14:39.64	38.89		
	400m: 4:57.03	38.67	800m: 10:07.84	38.91	1200m: 15:18.08	38.44		
4.	Sven Klink	Deltasteur	200500349	19:12.28	+0,67			
	50m: 31.74	31.74	450m: 5:38.21	38.88	850m: 10:47.75	38.61	1250m: 15:57.49	38.67
	100m: 1:07.93	36.19	500m: 6:17.53	39.32	900m: 11:26.84	39.09	1300m: 16:36.86	39.37
	150m: 1:45.36	37.43	550m: 6:56.09	38.56	950m: 12:05.47	38.63	1350m: 17:15.60	38.74
	200m: 2:24.43	39.07	600m: 7:34.36	38.27	1000m: 12:44.06	38.59	1400m: 17:55.20	39.60
	250m: 3:02.99	38.56	650m: 8:13.04	38.68	1050m: 13:22.87	38.81	1450m: 18:34.19	38.99
	300m: 3:41.56	38.57	700m: 8:52.12	39.08	1100m: 14:01.82	38.95	1500m: 19:12.28	38.09
	350m: 4:20.31	38.75	750m: 9:30.55	38.43	1150m: 14:40.51	38.69		
	400m: 4:59.33	39.02	800m: 10:09.14	38.59	1200m: 15:18.82	38.31		
5.	Sven ten Hove	Hieronymus	200500273	19:25.93	+0,68			
	50m: 34.10	34.10	450m: 5:46.66	39.31	850m: 11:01.43	38.92	1250m: 16:13.53	39.15
	100m: 1:12.70	38.60	500m: 6:26.52	39.86	900m: 11:40.83	39.40	1300m: 16:52.86	39.33
	150m: 1:51.53	38.83	550m: 7:05.64	39.12	950m: 12:19.77	38.94	1350m: 17:31.76	38.90
	200m: 2:30.84	39.31	600m: 7:44.90	39.26	1000m: 12:58.60	38.83	1400m: 18:10.23	38.47
	250m: 3:09.83	38.99	650m: 8:24.42	39.52	1050m: 13:37.29	38.69	1450m: 18:49.24	39.01
	300m: 3:48.91	39.08	700m: 9:04.05	39.63	1100m: 14:16.60	39.31	1500m: 19:25.93	36.69
	350m: 4:28.00	39.09	750m: 9:43.11	39.06	1150m: 14:55.54	38.94		
	400m: 5:07.35	39.35	800m: 10:22.51	39.40	1200m: 15:34.38	38.84		
6.	David da Silva Miranda	FZC'54-De Vikings (SG)	200500019	20:20.13	+0,72			
	50m: 33.79	33.79	450m: 6:01.03	41.95	850m: 11:35.45	41.61	1250m: 17:05.60	41.18
	100m: 1:12.61	38.82	500m: 6:42.68	41.65	900m: 12:17.13	41.68	1300m: 17:46.40	40.80
	150m: 1:52.65	40.04	550m: 7:24.77	42.09	950m: 12:57.08	39.95	1350m: 18:25.57	39.17
	200m: 2:32.85	40.20	600m: 8:06.65	41.88	1000m: 13:39.38	42.30	1400m: 19:05.31	39.74
	250m: 3:14.00	41.15	650m: 8:48.58	41.93	1050m: 14:20.06	40.68	1450m: 19:44.10	38.79
	300m: 3:55.55	41.55	700m: 9:30.82	42.24	1100m: 15:02.15	42.09	1500m: 20:20.13	36.03
	350m: 4:37.02	41.47	750m: 10:11.81	40.99	1150m: 15:43.12	40.97		
	400m: 5:19.08	42.06	800m: 10:53.84	42.03	1200m: 16:24.42	41.30		
7.	Wouter Sies	TriVia	200500369	20:34.64	+0,67			
	50m: 33.05	33.05	450m: 5:56.54	41.83	850m: 11:34.47	42.49	1250m: 17:08.01	40.87
	100m: 1:11.60	38.55	500m: 6:38.68	42.14	900m: 12:17.20	42.73	1300m: 17:49.15	41.14
	150m: 1:51.45	39.85	550m: 7:20.94	42.26	950m: 12:59.66	42.46	1350m: 18:29.86	40.71
	200m: 2:31.07	39.62	600m: 8:02.96	42.02	1000m: 13:41.11	41.45	1400m: 19:11.12	41.26
	250m: 3:11.52	40.45	650m: 8:45.27	42.31	1050m: 14:22.91	41.80	1450m: 19:53.34	42.22
	300m: 3:51.77	40.25	700m: 9:27.72	42.45	1100m: 15:04.30	41.39	1500m: 20:34.64	41.30
	350m: 4:33.63	41.86	750m: 10:10.41	42.69	1150m: 15:45.98	41.68		
	400m: 5:14.71	41.08	800m: 10:51.98	41.57	1200m: 16:27.14	41.16		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 1

rang	naam	vereniging	startnr.	tijd	RT			
8.	Björn Verkaik	The Hague Swimming (SG)	200500411	20:45.71	+0,70			
	50m: 33.83	33.83	450m: 6:00.39	41.72	850m: 11:34.75	42.55	1250m: 17:15.84	42.12
	100m: 1:12.73	38.90	500m: 6:42.03	41.64	900m: 12:16.70	41.95	1300m: 17:57.92	42.08
	150m: 1:53.29	40.56	550m: 7:24.13	42.10	950m: 12:59.87	43.17	1350m: 18:40.73	42.81
	200m: 2:34.12	40.83	600m: 8:05.64	41.51	1000m: 13:42.23	42.36	1400m: 19:22.18	41.45
	250m: 3:15.16	41.04	650m: 8:47.55	41.91	1050m: 14:25.15	42.92	1450m: 20:05.02	42.84
	300m: 3:55.91	40.75	700m: 9:29.10	41.55	1100m: 15:07.78	42.63	1500m: 20:45.71	40.69
	350m: 4:37.28	41.37	750m: 10:10.95	41.85	1150m: 15:50.68	42.90		
	400m: 5:18.67	41.39	800m: 10:52.20	41.25	1200m: 16:33.72	43.04		
9.	Rens Stijf	NDD	200501419	21:01.81	+0,65			
	50m: 35.94	35.94	450m: 6:09.69	42.04	850m: 11:50.90	43.11	1250m: 17:35.33	43.69
	100m: 1:16.41	40.47	500m: 6:52.41	42.72	900m: 12:33.96	43.06	1300m: 18:17.85	42.52
	150m: 1:58.51	42.10	550m: 7:34.86	42.45	950m: 13:17.10	43.14	1350m: 18:59.89	42.04
	200m: 2:40.22	41.71	600m: 8:17.06	42.20	1000m: 13:59.83	42.73	1400m: 19:42.69	42.80
	250m: 3:21.83	41.61	650m: 8:59.84	42.78	1050m: 14:42.96	43.13	1450m: 20:23.19	40.50
	300m: 4:03.99	42.16	700m: 9:42.62	42.78	1100m: 15:25.16	42.20	1500m: 21:01.81	38.62
	350m: 4:45.56	41.57	750m: 10:25.77	43.15	1150m: 16:08.89	43.73		
	400m: 5:27.65	42.09	800m: 11:07.79	42.02	1200m: 16:51.64	42.75		

Junioren 2

1.	David Groenewegen	PSV	200400469	17:32.60	+0,78			
	50m: 31.21	31.21	450m: 5:13.64	35.20	850m: 9:57.21	35.19	1250m: 14:39.16	35.38
	100m: 1:05.48	34.27	500m: 5:48.98	35.34	900m: 10:32.22	35.01	1300m: 15:14.59	35.43
	150m: 1:40.89	35.41	550m: 6:24.52	35.54	950m: 11:07.27	35.05	1350m: 15:49.63	35.04
	200m: 2:16.22	35.33	600m: 6:59.98	35.46	1000m: 11:42.64	35.37	1400m: 16:24.66	35.03
	250m: 2:51.65	35.43	650m: 7:35.88	35.90	1050m: 12:18.17	35.53	1450m: 16:59.72	35.06
	300m: 3:27.35	35.70	700m: 8:11.65	35.77	1100m: 12:53.05	34.88	1500m: 17:32.60	32.88
	350m: 4:03.09	35.74	750m: 8:46.73	35.08	1150m: 13:28.58	35.53		
	400m: 4:38.44	35.35	800m: 9:22.02	35.29	1200m: 14:03.78	35.20		
2.	Merlin Belmon	De Dolfijn	200403191	17:41.47	+0,81			
	50m: 31.55	31.55	450m: 5:13.17	35.33	850m: 9:57.77	35.10	1250m: 14:43.66	34.99
	100m: 1:05.81	34.26	500m: 5:48.73	35.56	900m: 10:33.93	36.16	1300m: 15:19.73	36.07
	150m: 1:40.60	34.79	550m: 6:24.44	35.71	950m: 11:09.41	35.48	1350m: 15:55.48	35.75
	200m: 2:16.47	35.87	600m: 7:00.47	36.03	1000m: 11:45.17	35.76	1400m: 16:31.57	36.09
	250m: 2:52.07	35.60	650m: 7:35.95	35.48	1050m: 12:21.04	35.87	1450m: 17:06.93	35.36
	300m: 3:27.70	35.63	700m: 8:12.25	36.30	1100m: 12:56.68	35.64	1500m: 17:41.47	34.54
	350m: 4:02.51	34.81	750m: 8:47.47	35.22	1150m: 13:32.57	35.89		
	400m: 4:37.84	35.33	800m: 9:22.67	35.20	1200m: 14:08.67	36.10		
3.	Luuk van Rooij	PSV	200400581	17:53.52	+0,78			
	50m: 31.78	31.78	450m: 5:15.12	35.41	850m: 10:04.79	36.23	1250m: 14:53.81	36.31
	100m: 1:05.51	34.73	500m: 5:51.17	36.05	900m: 10:41.24	36.45	1300m: 15:30.28	36.47
	150m: 1:41.54	35.03	550m: 6:27.30	36.13	950m: 11:17.27	36.03	1350m: 16:06.25	35.97
	200m: 2:17.27	35.73	600m: 7:03.76	36.46	1000m: 11:53.21	35.94	1400m: 16:42.78	36.53
	250m: 2:52.77	35.50	650m: 7:39.85	36.09	1050m: 12:29.50	36.29	1450m: 17:18.62	35.84
	300m: 3:28.43	35.66	700m: 8:16.20	36.35	1100m: 13:05.61	36.11	1500m: 17:53.52	34.90
	350m: 4:03.87	35.44	750m: 8:52.45	36.25	1150m: 13:41.53	35.92		
	400m: 4:39.71	35.84	800m: 9:28.56	36.11	1200m: 14:17.50	35.97		
4.	Anders van Norden	ZPC AMERSFOORT	200400039	17:57.06	+0,77			
	50m: 31.85	31.85	450m: 5:16.55	36.05	850m: 10:07.14	36.71	1250m: 14:57.38	37.08
	100m: 1:06.27	34.42	500m: 5:52.71	36.16	900m: 10:43.14	36.00	1300m: 15:34.20	36.82
	150m: 1:41.75	35.48	550m: 6:29.41	36.70	950m: 11:19.07	35.93	1350m: 16:10.36	36.16
	200m: 2:17.08	35.33	600m: 7:06.00	36.59	1000m: 11:55.51	36.44	1400m: 16:46.83	36.47
	250m: 2:52.85	35.77	650m: 7:41.93	35.93	1050m: 12:31.92	36.41	1450m: 17:22.64	35.81
	300m: 3:28.49	35.64	700m: 8:17.91	35.98	1100m: 13:07.91	35.99	1500m: 17:57.06	34.42
	350m: 4:04.71	36.22	750m: 8:54.64	36.73	1150m: 13:43.94	36.03		
	400m: 4:40.50	35.79	800m: 9:30.43	35.79	1200m: 14:20.30	36.36		
5.	Timo Kock	Rotterdam Swimming (SG)	200400387	18:03.52	+0,76			
	50m: 32.18	32.18	450m: 5:25.69	36.86	850m: 10:21.29	36.83	1250m: 15:11.42	35.62
	100m: 1:08.01	35.83	500m: 6:03.15	37.46	900m: 10:58.69	37.40	1300m: 15:46.38	34.96
	150m: 1:44.69	36.68	550m: 6:39.32	36.17	950m: 11:35.70	37.01	1350m: 16:21.68	35.30
	200m: 2:21.10	36.41	600m: 7:16.58	37.26	1000m: 12:12.40	36.70	1400m: 16:57.09	35.41
	250m: 2:57.78	36.68	650m: 7:53.83	37.25	1050m: 12:48.99	36.59	1450m: 17:31.21	34.12
	300m: 3:34.45	36.67	700m: 8:31.04	37.21	1100m: 13:24.12	35.13	1500m: 18:03.52	32.31
	350m: 4:11.76	37.31	750m: 9:07.75	36.71	1150m: 13:59.94	35.82		
	400m: 4:48.83	37.07	800m: 9:44.46	36.71	1200m: 14:35.80	36.86		
6.	Jort van der Vlag	WS Twente	200400335	18:11.62	+0,83			
	50m: 31.19	31.19	450m: 5:22.95	36.73	850m: 10:17.28	36.75	1250m: 15:11.94	36.61
	100m: 1:06.47	35.28	500m: 6:00.16	37.21	900m: 10:54.02	36.74	1300m: 15:48.73	36.79
	150m: 1:42.47	36.00	550m: 6:36.94	36.78	950m: 11:31.57	37.55	1350m: 16:25.30	36.57
	200m: 2:18.93	36.46	600m: 7:14.38	37.44	1000m: 12:08.89	37.32	1400m: 17:01.73	36.43
	250m: 2:55.32	36.39	650m: 7:51.17	36.79	1050m: 12:45.51	36.62	1450m: 17:37.68	35.95
	300m: 3:32.39	37.07	700m: 8:27.66	36.49	1100m: 13:21.32	35.81	1500m: 18:11.62	33.94
	350m: 4:09.14	36.75	750m: 9:04.07	36.41	1150m: 13:58.52	37.20		
	400m: 4:46.22	37.08	800m: 9:40.53	36.46	1200m: 14:35.33	36.81		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
7.	Nathan Janssen	MNC Dordrecht	200401565	18:17.79	+0,68			
	50m: 34.31	34.31	450m: 5:32.79	37.36	850m: 10:30.92	37.01	1250m: 15:20.82	36.17
	100m: 1:10.64	36.33	500m: 6:09.54	36.75	900m: 11:07.76	36.84	1300m: 15:56.59	35.77
	150m: 1:47.76	37.12	550m: 6:46.90	37.36	950m: 11:44.77	37.01	1350m: 16:32.71	36.12
	200m: 2:25.07	37.31	600m: 7:24.10	37.20	1000m: 12:20.76	35.99	1400m: 17:08.91	36.20
	250m: 3:03.03	37.96	650m: 8:01.44	37.34	1050m: 12:56.81	36.05	1450m: 17:43.85	34.94
	300m: 3:40.37	37.34	700m: 8:38.69	37.25	1100m: 13:32.72	35.91	1500m: 18:17.79	33.94
	350m: 4:18.29	37.92	750m: 9:16.52	37.83	1150m: 14:08.82	36.10		
	400m: 4:55.43	37.14	800m: 9:53.91	37.39	1200m: 14:44.65	35.83		
8.	Abel te Riele	WVZ	200402317	18:20.50	+0,79			
	50m: 31.63	31.63	450m: 5:23.71	37.42	850m: 10:20.72	36.80	1250m: 15:18.69	36.80
	100m: 1:06.80	35.17	500m: 6:00.86	37.15	900m: 10:58.26	37.54	1300m: 15:55.92	37.23
	150m: 1:42.83	36.03	550m: 6:37.85	36.99	950m: 11:35.05	36.79	1350m: 16:33.18	37.26
	200m: 2:19.39	36.56	600m: 7:15.13	37.28	1000m: 12:12.45	37.40	1400m: 17:10.22	37.04
	250m: 2:55.65	36.26	650m: 7:52.52	37.39	1050m: 12:49.70	37.25	1450m: 17:46.43	36.21
	300m: 3:32.56	36.91	700m: 8:29.66	37.14	1100m: 13:26.93	37.23	1500m: 18:20.50	34.07
	350m: 4:09.16	36.60	750m: 9:06.69	37.03	1150m: 14:04.06	37.13		
	400m: 4:46.29	37.13	800m: 9:43.92	37.23	1200m: 14:41.89	37.83		
9.	Robin van den Berg	ZV 44	200400699	18:26.72	+0,82			
	50m: 32.26	32.26	450m: 5:26.31	37.15	850m: 10:23.20	37.08	1250m: 15:22.67	37.44
	100m: 1:08.24	35.98	500m: 6:03.36	37.05	900m: 11:00.34	37.14	1300m: 16:00.26	37.59
	150m: 1:44.21	35.97	550m: 6:40.00	36.64	950m: 11:38.04	37.70	1350m: 16:38.32	38.06
	200m: 2:21.12	36.91	600m: 7:17.40	37.40	1000m: 12:15.18	37.14	1400m: 17:16.19	37.87
	250m: 2:57.68	36.56	650m: 7:54.75	37.35	1050m: 12:52.67	37.49	1450m: 17:53.16	36.97
	300m: 3:34.80	37.12	700m: 8:31.88	37.13	1100m: 13:29.65	36.98	1500m: 18:26.72	33.56
	350m: 4:11.60	36.80	750m: 9:08.87	36.99	1150m: 14:07.27	37.62		
	400m: 4:49.16	37.56	800m: 9:46.12	37.25	1200m: 14:45.23	37.96		
10.	Collin Schouten	MSV-Zeemacht	200400697	18:38.22	+0,72			
	50m: 32.95	32.95	450m: 5:31.90	37.64	850m: 10:33.15	37.81	1250m: 15:34.24	37.78
	100m: 1:09.49	36.54	500m: 6:09.52	37.62	900m: 11:10.37	37.22	1300m: 16:11.79	37.55
	150m: 1:47.09	37.60	550m: 6:47.46	37.94	950m: 11:47.96	37.59	1350m: 16:48.77	36.98
	200m: 2:24.02	36.93	600m: 7:24.82	37.36	1000m: 12:25.54	37.58	1400m: 17:25.76	36.99
	250m: 3:01.65	37.63	650m: 8:02.55	37.73	1050m: 13:03.34	37.80	1450m: 18:02.84	37.08
	300m: 3:39.17	37.52	700m: 8:40.28	37.73	1100m: 13:41.13	37.79	1500m: 18:38.22	35.38
	350m: 4:16.69	37.52	750m: 9:17.91	37.63	1150m: 14:18.75	37.62		
	400m: 4:54.26	37.57	800m: 9:55.34	37.43	1200m: 14:56.46	37.71		
11.	Quinn Heederik	Deltasteur	200400093	18:47.91	+0,80			
	50m: 33.44	33.44	450m: 5:34.22	38.25	850m: 10:37.11	38.13	1250m: 15:42.64	38.51
	100m: 1:09.82	36.38	500m: 6:11.85	37.63	900m: 11:15.17	38.06	1300m: 16:20.44	37.80
	150m: 1:47.05	37.23	550m: 6:49.89	38.04	950m: 11:53.09	37.92	1350m: 16:57.69	37.25
	200m: 2:24.75	37.70	600m: 7:28.03	38.14	1000m: 12:31.12	38.03	1400m: 17:35.29	37.60
	250m: 3:02.39	37.64	650m: 8:06.07	38.04	1050m: 13:09.32	38.20	1450m: 18:12.38	37.09
	300m: 3:40.26	37.87	700m: 8:43.58	37.51	1100m: 13:47.31	37.99	1500m: 18:47.91	35.53
	350m: 4:18.39	38.13	750m: 9:21.73	38.15	1150m: 14:25.58	38.27		
	400m: 4:55.97	37.58	800m: 9:58.98	37.25	1200m: 15:04.13	38.55		
12.	Wouter Zijlstra	De Forel	200401545	18:49.69	+0,69			
	50m: 31.86	31.86	450m: 5:31.28	38.39	850m: 10:36.87	38.04	1250m: 15:44.03	38.54
	100m: 1:07.17	35.31	500m: 6:10.10	38.82	900m: 11:14.97	38.10	1300m: 16:21.56	37.53
	150m: 1:44.29	37.12	550m: 6:47.82	37.72	950m: 11:52.92	37.95	1350m: 16:59.27	37.71
	200m: 2:21.45	37.16	600m: 7:25.83	38.01	1000m: 12:31.49	38.57	1400m: 17:37.07	37.80
	250m: 2:58.99	37.54	650m: 8:03.97	38.14	1050m: 13:09.65	38.16	1450m: 18:14.71	37.64
	300m: 3:36.98	37.99	700m: 8:42.23	38.26	1100m: 13:48.46	38.81	1500m: 18:49.69	34.98
	350m: 4:14.68	37.70	750m: 9:20.63	38.40	1150m: 14:27.24	38.78		
	400m: 4:52.89	38.21	800m: 9:58.83	38.20	1200m: 15:05.49	38.25		
13.	Hessel Broekstra	FZC'54-De Vikings (SG)	200400253	18:54.38	+0,80			
	50m: 31.14	31.14	450m: 5:26.94	37.93	850m: 10:39.72	39.47	1250m: 15:49.31	38.74
	100m: 1:05.70	34.56	500m: 6:05.23	38.29	900m: 11:18.79	39.07	1300m: 16:28.11	38.80
	150m: 1:41.64	35.94	550m: 6:43.96	38.73	950m: 11:57.43	38.64	1350m: 17:06.54	38.43
	200m: 2:18.57	36.93	600m: 7:22.74	38.78	1000m: 12:36.21	38.78	1400m: 17:44.52	37.98
	250m: 2:55.55	36.98	650m: 8:01.64	38.90	1050m: 13:15.11	38.90	1450m: 18:21.29	36.77
	300m: 3:33.27	37.72	700m: 8:40.89	39.25	1100m: 13:53.32	38.21	1500m: 18:54.38	33.09
	350m: 4:11.36	38.09	750m: 9:20.57	39.68	1150m: 14:32.05	38.73		
	400m: 4:49.01	37.65	800m: 10:00.25	39.68	1200m: 15:10.57	38.52		
14.	Tycho de Jonge	KZC	200400411	18:55.80	+0,78			
	50m: 33.23	33.23	450m: 5:41.08	38.32	850m: 10:49.82	38.32	1250m: 15:53.12	37.43
	100m: 1:10.93	37.70	500m: 6:20.58	39.50	900m: 11:28.30	38.48	1300m: 16:30.53	37.41
	150m: 1:48.89	37.96	550m: 6:58.73	38.15	950m: 12:06.18	37.88	1350m: 17:07.29	36.76
	200m: 2:27.72	38.83	600m: 7:37.50	38.77	1000m: 12:43.90	37.72	1400m: 17:45.03	37.74
	250m: 3:06.20	38.48	650m: 8:16.22	38.72	1050m: 13:21.51	37.61	1450m: 18:21.27	36.24
	300m: 3:45.25	39.05	700m: 8:55.11	38.89	1100m: 14:00.46	38.95	1500m: 18:55.80	34.53
	350m: 4:24.39	39.14	750m: 9:32.71	37.60	1150m: 14:37.76	37.30		
	400m: 5:02.76	38.37	800m: 10:11.50	38.79	1200m: 15:15.69	37.93		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
15.	Jason van den Berg	Rotterdam Swimming (SG)	200400009	18:59.00	+0,71			
	50m: 32.90	32.90	450m: 5:34.13	38.18	850m: 10:43.06	38.69	1250m: 15:52.42	37.98
	100m: 1:09.01	36.11	500m: 6:12.46	38.33	900m: 11:22.13	39.07	1300m: 16:30.44	38.02
	150m: 1:46.80	37.79	550m: 6:50.73	38.27	950m: 12:00.91	38.78	1350m: 17:08.30	37.86
	200m: 2:24.52	37.72	600m: 7:29.26	38.53	1000m: 12:39.99	39.08	1400m: 17:45.78	37.48
	250m: 3:02.76	38.24	650m: 8:07.72	38.46	1050m: 13:18.70	38.71	1450m: 18:22.77	36.99
	300m: 3:40.16	37.40	700m: 8:46.62	38.90	1100m: 13:57.31	38.61	1500m: 18:59.00	36.23
	350m: 4:18.47	38.31	750m: 9:25.50	38.88	1150m: 14:36.14	38.83		
	400m: 4:55.95	37.48	800m: 10:04.37	38.87	1200m: 15:14.44	38.30		
16.	Chris Verhoeven	PSV	200400593	19:03.56	+0,77			
	50m: 33.81	33.81	450m: 5:40.75	38.41	850m: 10:48.30	38.65	1250m: 15:56.57	38.63
	100m: 1:10.92	37.11	500m: 6:19.21	38.46	900m: 11:26.70	38.40	1300m: 16:34.32	37.75
	150m: 1:49.09	38.17	550m: 6:57.34	38.13	950m: 12:05.61	38.91	1350m: 17:12.87	38.55
	200m: 2:27.27	38.18	600m: 7:36.03	38.69	1000m: 12:43.86	38.25	1400m: 17:50.21	37.34
	250m: 3:05.83	38.56	650m: 8:14.44	38.41	1050m: 13:22.68	38.82	1450m: 18:22.48	37.27
	300m: 3:44.44	38.61	700m: 8:52.50	38.06	1100m: 14:01.19	38.51	1500m: 19:03.56	36.08
	350m: 4:23.39	38.95	750m: 9:31.13	38.63	1150m: 14:39.96	38.77		
	400m: 5:02.34	38.95	800m: 10:09.65	38.52	1200m: 15:17.94	37.98		
17.	Meindert Dekkinga	HZ&PC Heerenveen	200400377	19:09.73	+0,75			
	50m: 32.07	32.07	450m: 5:34.09	39.24	850m: 10:45.17	38.59	1250m: 15:57.57	39.20
	100m: 1:08.23	36.16	500m: 6:13.15	39.06	900m: 11:24.70	39.53	1300m: 16:36.39	38.82
	150m: 1:45.71	37.48	550m: 6:51.47	38.32	950m: 12:03.26	38.56	1350m: 17:15.29	38.90
	200m: 2:23.44	37.73	600m: 7:30.52	39.05	1000m: 12:42.40	39.14	1400m: 17:55.05	39.76
	250m: 3:00.54	37.10	650m: 8:09.10	38.58	1050m: 13:21.94	39.54	1450m: 18:34.65	39.60
	300m: 3:38.54	38.00	700m: 8:49.08	39.98	1100m: 14:00.48	38.54	1500m: 19:09.73	35.08
	350m: 4:16.31	37.77	750m: 9:27.80	38.72	1150m: 14:39.99	39.51		
	400m: 4:54.85	38.54	800m: 10:06.58	38.78	1200m: 15:18.37	38.38		
18.	Sem Lazeroms	Hieronymus	200402921	19:10.21	+0,71			
	50m: 32.80	32.80	450m: 5:37.09	37.79	850m: 10:46.41	38.64	1250m: 15:58.68	39.01
	100m: 1:08.90	36.10	500m: 6:15.65	38.56	900m: 11:25.34	38.93	1300m: 16:37.37	38.69
	150m: 1:46.17	37.27	550m: 6:54.31	38.66	950m: 12:04.22	38.88	1350m: 17:16.38	39.01
	200m: 2:24.78	38.61	600m: 7:32.84	38.53	1000m: 12:43.47	39.25	1400m: 17:55.23	38.85
	250m: 3:03.56	38.78	650m: 8:11.42	38.58	1050m: 13:22.95	39.48	1450m: 18:33.68	38.45
	300m: 3:42.31	38.75	700m: 8:50.02	38.60	1100m: 14:01.68	38.73	1500m: 19:10.21	36.53
	350m: 4:21.05	38.74	750m: 9:29.03	39.01	1150m: 14:40.62	38.94		
	400m: 4:59.30	38.25	800m: 10:07.77	38.74	1200m: 15:19.67	39.05		
19.	Erik Oldenkamp	De Lansingh	200400597	19:11.87	+0,80			
	50m: 32.95	32.95	450m: 5:41.41	38.94	850m: 10:50.56	38.31	1250m: 15:59.90	38.72
	100m: 1:10.52	37.57	500m: 6:20.79	39.38	900m: 11:29.69	39.13	1300m: 16:38.82	38.92
	150m: 1:48.31	37.79	550m: 6:59.12	38.33	950m: 12:08.20	38.51	1350m: 17:17.54	38.72
	200m: 2:26.99	38.68	600m: 7:38.36	39.24	1000m: 12:47.20	39.00	1400m: 17:55.99	38.45
	250m: 3:05.27	38.28	650m: 8:16.70	38.34	1050m: 13:25.08	37.88	1450m: 18:33.89	37.90
	300m: 3:45.05	39.78	700m: 8:56.08	39.38	1100m: 14:04.13	39.05	1500m: 19:11.87	37.98
	350m: 4:23.89	38.84	750m: 9:34.23	38.15	1150m: 14:42.66	38.53		
	400m: 5:02.47	38.58	800m: 10:12.25	38.02	1200m: 15:21.18	38.52		
20.	Mac Peeks	ZPC Hoozeveen	200400153	19:18.74	+0,73			
	50m: 32.50	32.50	450m: 5:42.51	39.07	850m: 10:55.46	39.12	1250m: 16:06.55	38.95
	100m: 1:09.48	36.98	500m: 6:21.38	38.87	900m: 11:34.17	38.71	1300m: 16:45.59	39.04
	150m: 1:48.07	38.59	550m: 7:00.71	39.33	950m: 12:12.89	38.72	1350m: 17:24.57	38.98
	200m: 2:27.33	39.26	600m: 7:39.88	39.17	1000m: 12:51.71	38.82	1400m: 18:03.48	38.91
	250m: 3:06.16	38.83	650m: 8:19.24	39.36	1050m: 13:31.07	39.36	1450m: 18:41.85	38.37
	300m: 3:45.05	38.89	700m: 8:58.50	39.26	1100m: 14:09.90	38.83	1500m: 19:18.74	36.89
	350m: 4:24.49	39.44	750m: 9:37.23	38.73	1150m: 14:48.70	38.80		
	400m: 5:03.44	38.95	800m: 10:16.34	39.11	1200m: 15:27.60	38.90		
21.	Joost Schuurmans	Hellas-Glana	200400543	19:23.26	+0,76			
	50m: 33.86	33.86	450m: 5:48.43	38.91	850m: 11:01.16	39.13	1250m: 16:13.18	38.57
	100m: 1:11.92	38.06	500m: 6:27.35	38.92	900m: 11:40.07	38.91	1300m: 16:51.93	38.75
	150m: 1:51.27	39.35	550m: 7:06.58	39.23	950m: 12:19.35	39.28	1350m: 17:30.29	38.36
	200m: 2:30.55	39.28	600m: 7:45.67	39.09	1000m: 12:58.42	39.07	1400m: 18:09.71	39.42
	250m: 3:10.41	39.86	650m: 8:24.63	38.96	1050m: 13:37.21	38.79	1450m: 18:47.35	37.64
	300m: 3:49.80	39.39	700m: 9:03.80	39.17	1100m: 14:16.25	39.04	1500m: 19:23.26	35.91
	350m: 4:29.97	40.17	750m: 9:42.58	38.78	1150m: 14:55.29	39.04		
	400m: 5:09.52	39.55	800m: 10:22.03	39.45	1200m: 15:34.61	39.32		
22.	Teun van der Schrier	Hieronymus	200403627	19:39.81	+0,81			
	50m: 33.52	33.52	450m: 5:41.83	38.87	850m: 10:59.66	39.39	1250m: 16:17.33	39.80
	100m: 1:10.40	36.88	500m: 6:21.92	40.09	900m: 11:40.17	40.51	1300m: 16:58.59	41.26
	150m: 1:48.47	38.07	550m: 7:00.77	38.85	950m: 12:19.21	39.04	1350m: 17:39.30	40.71
	200m: 2:27.00	38.53	600m: 7:40.96	40.19	1000m: 12:58.99	39.78	1400m: 18:20.46	41.16
	250m: 3:06.26	39.26	650m: 8:20.53	39.57	1050m: 13:38.01	39.02	1450m: 19:00.13	39.67
	300m: 3:45.07	38.81	700m: 9:00.52	39.99	1100m: 14:17.89	39.88	1500m: 19:39.81	39.68
	350m: 4:23.51	38.44	750m: 9:39.89	39.37	1150m: 14:57.08	39.19		
	400m: 5:02.96	39.45	800m: 10:20.27	40.38	1200m: 15:37.53	40.45		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT
23.	Quinten ten Dam	ZPC De Hof	200400075	19:55.47	+0,77
	50m: 34.87	34.87	450m: 4:31.37	850m: 11:14.30	40.59
	100m: 1:13.52	38.65	500m: 6:33.51	900m: 11:54.49	40.19
	150m: 1:53.19	39.67	550m: 7:13.73	950m: 12:35.01	40.52
	200m: 2:32.65	39.46	600m: 7:53.33	1000m: 13:15.06	40.05
	250m: 3:12.84	40.19	650m: 8:33.54	1050m: 13:55.40	40.34
	300m: 3:52.79	39.95	700m: 9:13.48	1100m: 14:35.49	40.09
	350m: 4:13.65	20.86	750m: 9:53.93	1150m: 15:16.32	40.83
	400m: 5:13.03	59.38	800m: 10:33.71	1200m: 15:56.97	40.65

Programmanr. 2
06-04-2018

Jongens, 1500m vrije slag

Junioren 3 en 4
Resultaten

rang	naam	vereniging	startnr.	tijd	RT
Junioren 3					
1.	Lucas Peters	PSV	200301325	17:16.88	+0,63
	50m: 30.69	30.69	450m: 5:07.02	850m: 9:44.59	34.82
	100m: 1:05.26	34.57	500m: 5:41.61	900m: 10:19.60	35.01
	150m: 1:39.21	33.95	550m: 6:15.82	950m: 10:54.54	34.94
	200m: 2:13.69	34.48	600m: 6:50.78	1000m: 11:29.35	34.81
	250m: 2:47.96	34.27	650m: 7:25.16	1050m: 12:04.42	35.07
	300m: 3:22.69	34.73	700m: 8:00.09	1100m: 12:39.50	35.08
	350m: 3:57.28	34.59	750m: 8:35.01	1150m: 13:14.51	35.01
	400m: 4:32.24	34.96	800m: 9:09.77	1200m: 13:50.13	35.62
2.	Yorick Visser	ZPC De Zeeuwse Kust	200301957	17:41.18	+0,65
	50m: 31.06	31.06	450m: 5:14.15	850m: 10:02.05	35.53
	100m: 1:05.42	34.36	500m: 5:50.51	900m: 10:38.42	36.37
	150m: 1:41.18	35.76	550m: 6:26.49	950m: 11:13.97	35.55
	200m: 2:16.53	35.35	600m: 7:02.74	1000m: 11:50.22	36.25
	250m: 2:52.16	35.63	650m: 7:38.48	1050m: 12:25.78	35.56
	300m: 3:28.23	36.07	700m: 8:14.51	1100m: 13:01.83	36.05
	350m: 4:03.13	34.90	750m: 8:50.25	1150m: 13:37.19	35.36
	400m: 4:38.65	35.52	800m: 9:26.52	1200m: 14:13.02	35.83
3.	Sam van der Stroom	PSV	200304409	17:47.17	+0,77
	50m: 31.79	31.79	450m: 5:13.11	850m: 9:59.99	35.79
	100m: 1:06.32	34.53	500m: 5:48.75	900m: 10:36.48	36.49
	150m: 1:41.33	35.01	550m: 6:24.51	950m: 11:12.65	36.17
	200m: 2:16.17	34.84	600m: 7:00.33	1000m: 11:48.86	36.21
	250m: 2:51.46	35.29	650m: 7:36.13	1050m: 12:25.10	36.24
	300m: 3:26.69	35.23	700m: 8:12.08	1100m: 13:01.15	36.05
	350m: 4:01.88	35.19	750m: 8:48.00	1150m: 13:36.95	35.80
	400m: 4:37.52	35.64	800m: 9:24.20	1200m: 14:13.40	36.45
4.	Mike Gerritsen	Platella	200304013	17:54.94	+0,70
	50m: 30.49	30.49	450m: 5:09.83	850m: 9:57.57	36.44
	100m: 1:05.19	34.70	500m: 5:45.22	900m: 10:34.09	36.52
	150m: 1:40.56	35.37	550m: 6:21.07	950m: 11:11.16	37.07
	200m: 2:15.35	34.79	600m: 6:56.76	1000m: 11:47.78	36.62
	250m: 2:49.63	34.28	650m: 7:32.74	1050m: 12:24.56	36.78
	300m: 3:24.51	34.88	700m: 8:08.78	1100m: 13:01.56	37.00
	350m: 3:59.71	35.20	750m: 8:45.03	1150m: 13:38.43	36.87
	400m: 4:34.57	34.86	800m: 9:21.13	1200m: 14:14.97	36.54
5.	Stan de Swart	PSV	200300535	18:00.48	+0,79
	50m: 32.14	32.14	450m: 5:16.52	850m: 10:07.01	36.33
	100m: 1:06.64	34.50	500m: 5:53.27	900m: 10:44.11	37.10
	150m: 1:41.72	35.08	550m: 6:28.87	950m: 11:20.60	36.49
	200m: 2:17.20	35.48	600m: 7:04.69	1000m: 11:57.76	37.16
	250m: 2:52.78	35.58	650m: 7:40.89	1050m: 12:33.81	36.05
	300m: 3:28.47	35.69	700m: 8:17.40	1100m: 13:10.12	36.31
	350m: 4:04.10	35.63	750m: 8:53.87	1150m: 13:46.05	35.93
	400m: 4:39.99	35.89	800m: 9:30.68	1200m: 14:23.23	37.18
6.	Rijk Heere	ZPC AMERSFOORT	200300897	18:03.06	+0,74
	50m: 30.98	30.98	450m: 5:19.26	850m: 10:11.42	36.22
	100m: 1:06.23	35.25	500m: 5:55.75	900m: 10:48.07	36.65
	150m: 1:42.89	36.66	550m: 6:32.24	950m: 11:24.63	36.56
	200m: 2:18.92	36.03	600m: 7:08.61	1000m: 12:00.91	36.28
	250m: 2:55.28	36.36	650m: 7:45.34	1050m: 12:37.71	36.80
	300m: 3:30.98	35.70	700m: 8:21.76	1100m: 13:14.06	36.35
	350m: 4:07.03	36.05	750m: 8:58.55	1150m: 13:50.83	36.77
	400m: 4:43.07	36.04	800m: 9:35.20	1200m: 14:27.53	36.70

Programmanr. 2, Jongens, 1500m vrije slag, Junioren 3

rang	naam	vereniging	startnr.	tijd	RT			
7.	Bram Schaafsma	VZC	200302159	18:05.17	+0,68			
	50m: 30.26	30.26	450m: 5:13.38	36.06	850m: 10:08.25	37.17	1250m: 15:03.22	36.81
	100m: 1:04.83	34.57	500m: 5:50.04	36.66	900m: 10:45.19	36.94	1300m: 15:40.37	37.15
	150m: 1:39.97	35.14	550m: 6:26.80	36.76	950m: 11:21.83	36.64	1350m: 16:17.09	36.72
	200m: 2:15.56	35.59	600m: 7:04.30	37.50	1000m: 11:59.05	37.22	1400m: 16:53.75	36.66
	250m: 2:50.32	34.76	650m: 7:40.82	36.52	1050m: 12:35.88	36.83	1450m: 17:29.33	35.58
	300m: 3:25.95	35.63	700m: 8:17.83	37.01	1100m: 13:12.02	36.14	1500m: 18:05.17	35.84
	350m: 4:01.32	35.37	750m: 8:54.31	36.48	1150m: 13:49.47	37.45		
	400m: 4:37.32	36.00	800m: 9:31.08	36.77	1200m: 14:26.41	36.94		
8.	Rens van Beek	Aqua-Novio'94	200300537	18:19.75	+0,81			
	50m: 31.34	31.34	450m: 5:22.76	36.95	850m: 10:19.76	37.36	1250m: 15:17.01	37.06
	100m: 1:06.54	35.20	500m: 5:59.80	37.04	900m: 10:57.06	37.30	1300m: 15:53.89	36.88
	150m: 1:42.51	35.97	550m: 6:37.01	37.21	950m: 11:34.38	37.32	1350m: 16:30.89	37.00
	200m: 2:18.48	35.97	600m: 7:14.22	37.21	1000m: 12:11.53	37.15	1400m: 17:07.67	36.78
	250m: 2:54.99	36.51	650m: 7:51.37	37.15	1050m: 12:48.82	37.29	1450m: 17:44.31	36.64
	300m: 3:31.56	36.57	700m: 8:28.40	37.03	1100m: 13:25.76	36.94	1500m: 18:19.75	35.44
	350m: 4:08.82	37.26	750m: 9:05.41	37.01	1150m: 14:03.24	37.48		
	400m: 4:45.81	36.99	800m: 9:42.40	36.99	1200m: 14:39.95	36.71		
9.	Joris Janssen	Aqua-Novio'94	200301311	18:28.20	+0,76			
	50m: 32.05	32.05	450m: 5:28.66	37.41	850m: 10:25.97	37.23	1250m: 15:23.37	36.83
	100m: 1:08.85	36.80	500m: 6:05.48	36.82	900m: 11:03.04	37.07	1300m: 16:01.10	37.73
	150m: 1:45.81	36.96	550m: 6:42.80	37.32	950m: 11:40.46	37.42	1350m: 16:38.89	37.79
	200m: 2:22.81	37.00	600m: 7:20.20	37.40	1000m: 12:18.41	37.95	1400m: 17:15.47	36.58
	250m: 3:00.27	37.46	650m: 7:56.86	36.66	1050m: 12:55.23	36.82	1450m: 17:52.31	36.84
	300m: 3:37.45	37.18	700m: 8:34.07	37.21	1100m: 13:32.13	36.90	1500m: 18:28.20	35.89
	350m: 4:14.10	36.65	750m: 9:11.10	37.03	1150m: 14:09.18	37.05		
	400m: 4:51.25	37.15	800m: 9:48.74	37.64	1200m: 14:46.54	37.36		
10.	Daan Hogerhuis	Link	200300317	18:32.41	+0,78			
	50m: 32.55	32.55	450m: 5:29.73	37.44	850m: 10:29.38	37.26	1250m: 15:28.16	37.08
	100m: 1:09.19	36.64	500m: 6:07.28	37.55	900m: 11:06.58	37.20	1300m: 16:05.28	37.12
	150m: 1:46.28	37.09	550m: 6:44.63	37.35	950m: 11:43.98	37.40	1350m: 16:42.19	36.91
	200m: 2:23.48	37.20	600m: 7:22.16	37.53	1000m: 12:21.55	37.57	1400m: 17:19.34	37.15
	250m: 3:00.96	37.48	650m: 7:59.66	37.50	1050m: 12:59.17	37.62	1450m: 17:56.41	37.07
	300m: 3:38.39	37.43	700m: 8:37.05	37.39	1100m: 13:36.33	37.16	1500m: 18:32.41	36.00
	350m: 4:15.33	36.94	750m: 9:14.48	37.43	1150m: 14:13.67	37.34		
	400m: 4:52.29	36.96	800m: 9:52.12	37.64	1200m: 14:51.08	37.41		
11.	Niels Kragt	Dedemsvaart-AC	200300155	18:37.91	+0,74			
	50m: 31.22	31.22	450m: 5:30.46	37.68	850m: 10:34.14	37.78	1250m: 15:36.31	37.42
	100m: 1:06.82	35.60	500m: 6:08.53	38.07	900m: 11:11.88	37.74	1300m: 16:13.79	37.48
	150m: 1:44.14	37.32	550m: 6:46.33	37.80	950m: 11:50.20	38.32	1350m: 16:50.50	36.71
	200m: 2:21.66	37.52	600m: 7:24.30	37.97	1000m: 12:28.15	37.95	1400m: 17:27.39	36.89
	250m: 2:59.33	37.67	650m: 8:02.30	38.00	1050m: 13:06.00	37.85	1450m: 18:03.45	36.06
	300m: 3:36.89	37.56	700m: 8:39.93	37.63	1100m: 13:43.12	37.12	1500m: 18:37.91	34.46
	350m: 4:15.11	38.22	750m: 9:18.03	38.10	1150m: 14:21.42	38.30		
	400m: 4:52.78	37.67	800m: 9:56.36	38.33	1200m: 14:58.89	37.47		
12.	Thijn Damen	De Warande	200300973	18:44.39	+0,79			
	50m: 34.07	34.07	450m: 5:33.14	37.21	850m: 10:35.13	38.16	1250m: 15:39.61	37.86
	100m: 1:11.22	37.15	500m: 6:10.12	36.98	900m: 11:13.65	38.52	1300m: 16:17.26	37.65
	150m: 1:48.52	37.30	550m: 6:47.76	37.64	950m: 11:51.64	37.99	1350m: 16:55.15	37.89
	200m: 2:26.20	37.68	600m: 7:25.52	37.76	1000m: 12:29.89	38.25	1400m: 17:32.64	37.49
	250m: 3:03.52	37.32	650m: 8:03.22	37.70	1050m: 13:07.81	37.92	1450m: 18:09.91	37.27
	300m: 3:41.28	37.76	700m: 8:41.02	37.80	1100m: 13:45.63	37.82	1500m: 18:44.39	34.48
	350m: 4:18.54	37.26	750m: 9:18.53	37.51	1150m: 14:23.46	37.83		
	400m: 4:55.93	37.39	800m: 9:56.97	38.44	1200m: 15:01.75	38.29		
13.	Milan Hamel	The Hague Swimming (SG)	200302125	19:14.56	+0,61			
	50m: 32.37	32.37	450m: 5:39.22	39.54	850m: 10:52.93	39.98	1250m: 16:03.76	38.78
	100m: 1:09.12	36.75	500m: 6:18.02	38.80	900m: 11:31.69	38.76	1300m: 16:42.29	38.53
	150m: 1:47.60	38.48	550m: 6:57.61	39.59	950m: 12:11.38	39.69	1350m: 17:21.23	38.94
	200m: 2:25.56	37.96	600m: 7:36.91	39.30	1000m: 12:50.31	38.93	1400m: 17:59.63	38.40
	250m: 3:04.08	38.52	650m: 8:16.12	39.21	1050m: 13:28.98	38.67	1450m: 18:37.64	38.01
	300m: 3:42.16	38.08	700m: 8:54.67	38.55	1100m: 14:07.73	38.75	1500m: 19:14.56	36.92
	350m: 4:21.02	38.86	750m: 9:34.13	39.46	1150m: 14:46.80	39.07		
	400m: 4:59.68	38.66	800m: 10:12.95	38.82	1200m: 15:24.98	38.18		
14.	Mika Heskamp	De Dinkel	200300339	19:19.10	+0,78			
	50m: 32.21	32.21	450m: 5:37.20	38.87	850m: 10:49.17	38.89	1250m: 16:03.96	39.50
	100m: 1:09.17	36.96	500m: 6:16.25	39.05	900m: 11:27.89	38.72	1300m: 16:42.75	38.79
	150m: 1:47.14	37.97	550m: 6:54.99	38.74	950m: 12:07.06	39.17	1350m: 17:22.13	39.38
	200m: 2:24.83	37.69	600m: 7:34.07	39.08	1000m: 12:46.39	39.33	1400m: 18:01.53	39.40
	250m: 3:03.09	38.26	650m: 8:13.12	39.05	1050m: 13:25.84	39.45	1450m: 18:40.60	39.07
	300m: 3:41.49	38.40	700m: 8:52.27	39.15	1100m: 14:05.17	39.33	1500m: 19:19.10	38.50
	350m: 4:19.93	38.44	750m: 9:31.45	39.18	1150m: 14:44.63	39.46		
	400m: 4:58.33	38.40	800m: 10:10.28	38.83	1200m: 15:24.46	39.83		

Programmanr. 2, Jongens, 1500m vrije slag, Junioren 3

rang	naam	vereniging	startnr.	tijd	RT
AFGEM	Dylan Jansen	WVZ	200300817		

Junioren 4

1.	Elroy Schot	De Dolfijn	200200689	16:51.66	+0,74			
	50m: 30.56	30.56	450m: 5:06.01	34.18	850m: 9:39.25	34.13	1250m: 14:09.72	33.49
	100m: 1:04.38	33.82	500m: 5:40.39	34.38	900m: 10:13.23	33.98	1300m: 14:43.33	33.61
	150m: 1:39.40	35.02	550m: 6:14.55	34.16	950m: 10:47.36	34.13	1350m: 15:16.47	33.14
	200m: 2:13.58	34.18	600m: 6:48.64	34.09	1000m: 11:21.30	33.94	1400m: 15:49.83	33.36
	250m: 2:47.93	34.35	650m: 7:22.62	33.98	1050m: 11:55.13	33.83	1450m: 16:22.32	32.49
	300m: 3:22.94	35.01	700m: 7:56.83	34.21	1100m: 12:28.71	33.58	1500m: 16:51.66	29.34
	350m: 3:57.13	34.19	750m: 8:30.88	34.05	1150m: 13:02.36	33.65		
	400m: 4:31.83	34.70	800m: 9:05.12	34.24	1200m: 13:36.23	33.87		
2.	Finn Vos	De Dolfijn	200200665	16:52.43	+0,67			
	50m: 30.43	30.43	450m: 5:06.25	34.74	850m: 9:40.45	34.40	1250m: 14:09.12	33.45
	100m: 1:04.54	34.11	500m: 5:40.37	34.12	900m: 10:14.10	33.65	1300m: 14:42.34	33.22
	150m: 1:38.99	34.45	550m: 6:14.99	34.62	950m: 10:47.65	33.55	1350m: 15:15.74	33.40
	200m: 2:13.52	34.53	600m: 6:49.07	34.08	1000m: 11:21.21	33.56	1400m: 15:48.94	33.20
	250m: 2:48.07	34.55	650m: 7:23.69	34.62	1050m: 11:54.74	33.53	1450m: 16:21.76	32.82
	300m: 3:22.63	34.56	700m: 7:57.79	34.10	1100m: 12:28.30	33.56	1500m: 16:52.43	30.67
	350m: 3:57.00	34.37	750m: 8:32.00	34.21	1150m: 13:01.75	33.45		
	400m: 4:31.51	34.51	800m: 9:06.05	34.05	1200m: 13:35.67	33.92		
3.	Sem Zijl	De Dolfijn	200204757	17:17.44	+0,68			
	50m: 31.41	31.41	450m: 5:10.81	35.27	850m: 9:50.27	34.95	1250m: 14:28.88	34.56
	100m: 1:05.17	33.76	500m: 5:45.55	34.74	900m: 10:25.03	34.76	1300m: 15:03.69	34.81
	150m: 1:39.71	34.54	550m: 6:20.14	34.59	950m: 11:00.07	35.04	1350m: 15:37.41	33.72
	200m: 2:14.79	35.08	600m: 6:55.07	34.93	1000m: 11:34.92	34.85	1400m: 16:12.01	34.60
	250m: 2:49.71	34.92	650m: 7:30.16	35.09	1050m: 12:10.05	35.13	1450m: 16:45.34	33.33
	300m: 3:24.71	35.00	700m: 8:05.20	35.04	1100m: 12:44.81	34.76	1500m: 17:17.44	32.10
	350m: 4:00.21	35.50	750m: 8:40.46	35.26	1150m: 13:19.62	34.81		
	400m: 4:35.54	35.33	800m: 9:15.32	34.86	1200m: 13:54.32	34.70		
4.	Jarno Koster	Aqua-Novio'94	200200637	17:28.17	+0,77			
	50m: 30.20	30.20	450m: 5:07.87	34.89	850m: 9:51.68	35.36	1250m: 14:35.35	35.36
	100m: 1:03.59	33.39	500m: 5:43.06	35.19	900m: 10:27.24	35.56	1300m: 15:10.86	35.51
	150m: 1:38.05	34.46	550m: 6:18.47	35.41	950m: 11:02.39	35.15	1350m: 15:46.12	35.26
	200m: 2:12.88	34.83	600m: 6:54.03	35.56	1000m: 11:37.87	35.48	1400m: 16:20.84	34.72
	250m: 2:48.16	35.28	650m: 7:29.03	35.00	1050m: 12:13.45	35.58	1450m: 16:54.22	33.38
	300m: 3:23.68	35.52	700m: 8:04.57	35.54	1100m: 12:49.11	35.66	1500m: 17:28.17	33.95
	350m: 3:58.23	34.55	750m: 8:40.39	35.82	1150m: 13:24.52	35.41		
	400m: 4:32.98	34.75	800m: 9:16.32	35.93	1200m: 13:59.99	35.47		
5.	Scott Jansen	WVZ	200202455	17:35.67	+0,75			
	50m: 29.58	29.58	450m: 5:07.87	34.42	850m: 9:49.20	35.43	1250m: 14:39.02	36.37
	100m: 1:03.63	34.05	500m: 5:42.89	35.02	900m: 10:25.45	36.25	1300m: 15:16.17	37.15
	150m: 1:38.38	34.75	550m: 6:17.69	34.80	950m: 11:01.18	35.73	1350m: 15:51.75	35.58
	200m: 2:13.49	35.11	600m: 6:52.95	35.26	1000m: 11:37.28	36.10	1400m: 16:28.00	36.25
	250m: 2:48.48	34.99	650m: 7:28.38	35.43	1050m: 12:13.47	36.19	1450m: 17:02.27	34.27
	300m: 3:23.70	35.22	700m: 8:03.51	35.13	1100m: 12:49.73	36.26	1500m: 17:35.67	33.40
	350m: 3:58.42	34.72	750m: 8:38.55	35.04	1150m: 13:26.07	36.34		
	400m: 4:33.45	35.03	800m: 9:13.77	35.22	1200m: 14:02.65	36.58		
6.	Niels Dijkshoorn	Zwemvereniging Westland	200203079	17:36.01	+0,68			
	50m: 30.02	30.02	450m: 5:12.22	35.79	850m: 9:59.30	35.97	1250m: 14:43.39	35.27
	100m: 1:02.99	32.97	500m: 5:47.69	35.47	900m: 10:35.05	35.75	1300m: 15:18.66	35.27
	150m: 1:37.36	34.37	550m: 6:23.75	36.06	950m: 11:11.21	36.16	1350m: 15:52.77	34.11
	200m: 2:12.93	35.57	600m: 7:00.09	36.34	1000m: 11:45.94	34.73	1400m: 16:27.95	35.18
	250m: 2:48.67	35.74	650m: 7:35.77	35.68	1050m: 12:21.41	35.47	1450m: 17:02.50	34.55
	300m: 3:24.42	35.75	700m: 8:11.50	35.73	1100m: 12:57.03	35.62	1500m: 17:36.01	33.51
	350m: 4:00.40	35.98	750m: 8:47.77	36.27	1150m: 13:32.80	35.77		
	400m: 4:36.43	36.03	800m: 9:23.33	35.56	1200m: 14:08.12	35.32		
7.	Tom Blankestijn	ZPC AMERSFOORT	200201185	17:38.70	+0,80			
	50m: 30.55	30.55	450m: 5:09.29	35.28	850m: 9:55.22	35.66	1250m: 14:42.90	35.69
	100m: 1:04.45	33.90	500m: 5:45.17	35.88	900m: 10:31.45	36.23	1300m: 15:18.93	36.03
	150m: 1:39.03	34.58	550m: 6:20.80	35.63	950m: 11:07.91	36.46	1350m: 15:54.05	35.12
	200m: 2:13.93	34.90	600m: 6:56.48	35.68	1000m: 11:43.98	36.07	1400m: 16:29.73	35.68
	250m: 2:48.43	34.50	650m: 7:32.63	36.15	1050m: 12:19.47	35.49	1450m: 17:04.70	34.97
	300m: 3:23.71	35.28	700m: 8:08.37	35.74	1100m: 12:55.61	36.14	1500m: 17:38.70	34.00
	350m: 3:58.78	35.07	750m: 8:43.73	35.36	1150m: 13:31.26	35.65		
	400m: 4:34.01	35.23	800m: 9:19.56	35.83	1200m: 14:07.21	35.95		
8.	Luc van Eijndhoven	De Warande	200200139	17:39.94	+0,76			
	50m: 31.17	31.17	450m: 5:11.91	35.39	850m: 9:56.71	35.52	1250m: 14:43.53	35.71
	100m: 1:05.44	34.27	500m: 5:47.17	35.26	900m: 10:32.54	35.83	1300m: 15:19.52	35.99
	150m: 1:40.27	34.83	550m: 6:22.73	35.56	950m: 11:08.49	35.95	1350m: 15:55.39	35.87
	200m: 2:15.14	34.87	600m: 6:58.50	35.77	1000m: 11:44.33	35.84	1400m: 16:31.25	35.86
	250m: 2:50.26	35.12	650m: 7:34.02	35.52	1050m: 12:20.31	35.98	1450m: 17:06.37	35.12
	300m: 3:25.53	35.27	700m: 8:09.82	35.80	1100m: 12:56.30	35.99	1500m: 17:39.94	33.57
	350m: 4:00.83	35.30	750m: 8:45.48	35.66	1150m: 13:31.91	35.61		
	400m: 4:36.52	35.69	800m: 9:21.19	35.71	1200m: 14:07.82	35.91		

Programmanr. 2, Jongens, 1500m vrije slag, Junioren 4

rang	naam	vereniging	startnr.	tijd	RT			
9.	Brandon van den Berg	Rotterdam Swimming (SG)	200200669	17:45.18	+0,67			
	50m: 31.37	31.37	450m: 5:10.13	35.02	850m: 9:54.12	36.18	1250m: 14:44.76	35.92
	100m: 1:05.42	34.05	500m: 5:45.11	34.98	900m: 10:30.36	36.24	1300m: 15:20.20	35.44
	150m: 1:40.28	34.86	550m: 6:20.72	35.61	950m: 11:06.78	36.42	1350m: 15:57.06	36.86
	200m: 2:15.29	35.01	600m: 6:55.81	35.09	1000m: 11:43.18	36.40	1400m: 16:33.62	36.56
	250m: 2:50.30	35.01	650m: 7:31.21	35.40	1050m: 12:19.65	36.47	1450m: 17:09.45	35.83
	300m: 3:24.99	34.69	700m: 8:06.70	35.49	1100m: 12:55.57	35.92	1500m: 17:45.18	35.73
	350m: 4:00.00	35.01	750m: 8:42.47	35.77	1150m: 13:32.18	36.61		
	400m: 4:35.11	35.11	800m: 9:17.94	35.47	1200m: 14:08.84	36.66		

Programmanr. 4
06-04-2018

Meisjes, 800m vrije slag

Junioren 1
Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
1.	Leyla Oversluizen	De Schotejil	200602730	10:37.69	+0,72			
	50m: 33.94	33.94	250m: 3:14.17	40.49	450m: 5:58.03	41.34	650m: 8:40.63	40.22
	100m: 1:12.67	38.73	300m: 3:54.98	40.81	500m: 6:38.94	40.91	700m: 9:21.11	40.48
	150m: 1:52.99	40.32	350m: 4:35.63	40.65	550m: 7:19.56	40.62	750m: 10:00.09	38.98
	200m: 2:33.68	40.69	400m: 5:16.69	41.06	600m: 8:00.41	40.85	800m: 10:37.69	37.60
2.	Megan Jonkman	The Hague Swimming (SG)	200600508	10:38.49	+0,85			
	50m: 35.04	35.04	250m: 3:16.47	40.18	450m: 5:59.29	40.54	650m: 8:40.63	39.83
	100m: 1:14.94	39.90	300m: 3:57.64	41.17	500m: 6:39.62	40.33	700m: 9:20.28	39.65
	150m: 1:55.51	40.57	350m: 4:38.35	40.71	550m: 7:20.15	40.53	750m: 10:00.61	40.33
	200m: 2:36.29	40.78	400m: 5:18.75	40.40	600m: 8:00.80	40.65	800m: 10:38.49	37.88
3.	Jade van der Maas	WVZ	200600408	10:44.38	+0,75			
	50m: 35.64	35.64	250m: 3:18.99	40.59	450m: 6:02.20	40.35	650m: 8:47.22	40.74
	100m: 1:15.98	40.34	300m: 4:00.25	41.26	500m: 6:43.93	41.73	700m: 9:27.77	40.55
	150m: 1:57.33	41.35	350m: 4:41.12	40.87	550m: 7:24.84	40.91	750m: 10:08.18	40.41
	200m: 2:38.40	41.07	400m: 5:21.85	40.73	600m: 8:06.48	41.64	800m: 10:44.38	36.20
4.	Evy Rozeboom	WZ&PC Purmerend	200601338	10:44.87				
	50m: 35.55	35.55	250m: 3:19.79	42.29	450m: 6:02.42	40.24	650m: 8:46.30	40.92
	100m: 1:15.76	40.21	300m: 4:00.49	40.70	500m: 6:43.04	40.62	700m: 9:27.32	41.02
	150m: 1:56.74	40.98	350m: 4:41.71	41.22	550m: 7:24.42	41.38	750m: 10:07.99	40.67
	200m: 2:37.50	40.76	400m: 5:22.18	40.47	600m: 8:05.38	40.96	800m: 10:44.87	36.88
5.	Lobke Arts	Aqua-Novio'94	200600622	10:45.74	+0,85			
	50m: 35.30	35.30	250m: 3:17.87	40.92	450m: 6:02.70	41.02	650m: 8:46.56	40.69
	100m: 1:15.28	39.98	300m: 3:59.18	41.31	500m: 6:43.65	40.95	700m: 9:27.60	41.04
	150m: 1:55.92	40.64	350m: 4:40.61	41.43	550m: 7:24.78	41.13	750m: 10:08.02	40.42
	200m: 2:36.95	41.03	400m: 5:21.68	41.07	600m: 8:05.87	41.09	800m: 10:45.74	37.72
6.	Sara Korthuis	TriVia	200600494	10:52.36	+0,74			
	50m: 35.81	35.81	250m: 3:20.17	41.07	450m: 6:05.56	41.02	650m: 8:51.06	41.71
	100m: 1:16.45	40.64	300m: 4:01.47	41.30	500m: 6:46.66	41.10	700m: 9:31.98	40.92
	150m: 1:57.57	41.12	350m: 4:42.73	41.26	550m: 7:27.76	41.10	750m: 10:13.01	41.03
	200m: 2:39.10	41.53	400m: 5:24.54	41.81	600m: 8:09.35	41.59	800m: 10:52.36	39.35
7.	Charley Blide	ZPC Hoogeveen	200600164	10:52.38	+0,77			
	50m: 34.87	34.87	250m: 3:18.18	41.62	450m: 6:04.92	41.97	650m: 8:51.78	41.24
	100m: 1:14.41	39.54	300m: 3:59.63	41.45	500m: 6:46.49	41.57	700m: 9:33.02	41.24
	150m: 1:55.47	41.06	350m: 4:41.54	41.91	550m: 7:28.64	42.15	750m: 10:13.58	40.56
	200m: 2:36.56	41.09	400m: 5:22.95	41.41	600m: 8:10.54	41.90	800m: 10:52.38	38.80
8.	Kim Oudendijk	KZC	200600964	11:33.34	+0,88			
	50m: 37.74	37.74	250m: 3:31.63	43.92	450m: 6:28.07	42.89	650m: 9:24.23	44.85
	100m: 1:19.69	41.95	300m: 4:16.29	44.66	500m: 7:12.47	44.40	700m: 10:09.11	44.88
	150m: 2:03.95	44.26	350m: 5:00.29	44.00	550m: 7:57.80	45.33	750m: 10:51.60	42.49
	200m: 2:47.71	43.76	400m: 5:45.18	44.89	600m: 8:39.38	41.58	800m: 11:33.34	41.74

Programmanr. 5
06-04-2018

Meisjes, 800m vrije slag

Junioren 2
Resultaten

rang	naam	vereniging	startnr.	tijd	RT		
1.	Yke Groener	De Dinkel	200500772	9:51.58	+0,92		
	50m: 33.36	33.36 250m: 3:04.10	37.63	450m: 5:33.36	37.14	650m: 8:02.58	36.41
	100m: 1:10.99	37.63 300m: 3:41.33	37.23	500m: 6:10.82	37.46	700m: 8:39.52	36.94
	150m: 1:49.34	38.35 350m: 4:18.84	37.51	550m: 6:48.39	37.57	750m: 9:16.15	36.63
	200m: 2:26.47	37.13 400m: 4:56.22	37.38	600m: 7:26.17	37.78	800m: 9:51.58	35.43
2.	Thera Janssen	Aqua-Novio'94	200500270	9:54.69	+0,72		
	50m: 32.88	32.88 250m: 3:04.14	37.73	450m: 5:35.51	37.69	650m: 8:05.66	37.41
	100m: 1:10.12	37.24 300m: 3:42.12	37.98	500m: 6:12.78	37.27	700m: 8:42.63	36.97
	150m: 1:48.33	38.21 350m: 4:20.14	38.02	550m: 6:50.66	37.88	750m: 9:19.62	36.99
	200m: 2:26.41	38.08 400m: 4:57.82	37.68	600m: 7:28.25	37.59	800m: 9:54.69	35.07
3.	Bridget Vermeer	VZC	200501766	9:58.13	+0,76		
	50m: 33.46	33.46 250m: 3:04.83	37.80	450m: 5:35.57	37.58	650m: 8:06.91	38.54
	100m: 1:10.99	37.53 300m: 3:42.81	37.98	500m: 6:13.33	37.76	700m: 8:44.13	37.22
	150m: 1:48.83	37.84 350m: 4:20.44	37.63	550m: 6:50.81	37.48	750m: 9:22.00	37.87
	200m: 2:27.03	38.20 400m: 4:57.99	37.55	600m: 7:28.37	37.56	800m: 9:58.13	36.13
4.	Marte Hieke van der Kamp	FZC'54-De Vikings (SG)	200500218	10:03.84	+0,85		
	50m: 33.08	33.08 250m: 3:05.26	38.23	450m: 5:39.13	38.13	650m: 8:12.95	38.09
	100m: 1:09.98	36.90 300m: 3:43.91	38.65	500m: 6:17.51	38.38	700m: 8:51.61	38.66
	150m: 1:48.45	38.47 350m: 4:22.29	38.38	550m: 6:55.82	38.31	750m: 9:28.81	37.20
	200m: 2:27.03	38.58 400m: 5:01.00	38.71	600m: 7:34.86	39.04	800m: 10:03.84	35.03
5.	Emma Riemers	MSV-Zeemacht	200500748	10:04.01	+0,83		
	50m: 33.73	33.73 250m: 3:06.28	38.04	450m: 5:39.34	37.78	650m: 8:13.53	38.43
	100m: 1:11.77	38.04 300m: 3:44.57	38.29	500m: 6:17.81	38.47	700m: 8:52.17	38.64
	150m: 1:49.66	37.89 350m: 4:22.58	38.01	550m: 6:56.20	38.39	750m: 9:29.40	37.23
	200m: 2:28.24	38.58 400m: 5:01.56	38.98	600m: 7:35.10	38.90	800m: 10:04.01	34.61
6.	Merel Schravendijk	The Hague Swimming (SG)	200503382	10:04.35	+0,69		
	50m: 33.36	33.36 250m: 3:05.43	38.51	450m: 5:38.62	38.15	650m: 8:12.68	38.37
	100m: 1:10.82	37.46 300m: 3:43.77	38.34	500m: 6:17.23	38.61	700m: 8:50.88	38.20
	150m: 1:48.92	38.10 350m: 4:21.57	37.80	550m: 6:55.22	37.99	750m: 9:28.61	37.73
	200m: 2:28.92	38.00 400m: 5:00.47	38.90	600m: 7:34.31	39.09	800m: 10:04.35	35.74
7.	Sophia van Droffelaar	ZVVS	200500330	10:07.44	+0,78		
	50m: 33.28	33.28 250m: 3:05.60	38.77	450m: 5:41.43	39.42	650m: 8:17.21	38.47
	100m: 1:10.23	36.95 300m: 3:44.00	38.40	500m: 6:20.96	39.53	700m: 8:55.66	38.45
	150m: 1:48.32	38.09 350m: 4:23.10	39.10	550m: 7:00.48	39.52	750m: 9:33.36	37.70
	200m: 2:26.83	38.51 400m: 5:02.01	38.91	600m: 7:38.74	38.26	800m: 10:07.44	34.08
8.	Jennifer Veldhuisen	De Dolfijn	200502500	10:33.64	+0,78		
	50m: 36.07	36.07 250m: 3:11.95	39.48	450m: 5:51.44	39.87	650m: 8:34.77	40.96
	100m: 1:14.20	38.13 300m: 3:51.46	39.51	500m: 6:31.95	40.51	700m: 9:15.78	41.01
	150m: 1:53.37	39.17 350m: 4:31.15	39.69	550m: 7:12.76	40.81	750m: 9:55.76	39.98
	200m: 2:32.47	39.10 400m: 5:11.57	40.42	600m: 7:53.81	41.05	800m: 10:33.64	37.88

Programmanr. 6
06-04-2018

Meisjes, 800m vrije slag

Junioren 3
Resultaten

rang	naam	vereniging	startnr.	tijd	RT		
1.	Janna van Kooten	TriVia	200404584	9:43.69	+0,79		
	50m: 32.45	32.45 250m: 2:59.34	37.35	450m: 5:27.04	36.47	650m: 7:54.62	36.66
	100m: 1:08.47	36.02 300m: 3:36.41	37.07	500m: 6:03.83	36.79	700m: 8:31.30	36.68
	150m: 1:45.26	36.79 350m: 4:13.44	37.03	550m: 6:40.94	37.11	750m: 9:08.06	36.76
	200m: 2:21.99	36.73 400m: 4:50.57	37.13	600m: 7:17.96	37.02	800m: 9:43.69	35.63
2.	Ismay Lichtendonk	Dedemsvaart-AC	200400622	9:46.45	+0,70		
	50m: 32.03	32.03 250m: 2:57.47	37.24	450m: 5:27.15	37.69	650m: 7:57.03	37.63
	100m: 1:07.24	35.21 300m: 3:34.52	37.05	500m: 6:04.48	37.33	700m: 8:34.94	37.91
	150m: 1:43.50	36.26 350m: 4:11.91	37.39	550m: 6:41.74	37.26	750m: 9:11.13	36.19
	200m: 2:20.23	36.73 400m: 4:49.46	37.55	600m: 7:19.40	37.66	800m: 9:46.45	35.32
3.	Charlotte Wilbers	ZPC Hoogeveen	200400312	9:50.28	+0,63		
	50m: 33.66	33.66 250m: 3:01.11	36.66	450m: 5:31.18	37.69	650m: 8:00.41	37.07
	100m: 1:09.89	36.23 300m: 3:38.80	37.69	500m: 6:08.62	37.44	700m: 8:38.67	38.26
	150m: 1:47.32	37.43 350m: 4:16.34	37.54	550m: 6:45.81	37.19	750m: 9:15.43	36.76
	200m: 2:24.45	37.13 400m: 4:53.49	37.15	600m: 7:23.34	37.53	800m: 9:50.28	34.85
4.	Myrthe Natzijl	TriVia	200400076	10:00.73	+0,80		
	50m: 32.82	32.82 250m: 3:03.18	38.14	450m: 5:36.02	38.45	650m: 8:10.03	38.59
	100m: 1:09.16	36.34 300m: 3:41.45	38.27	500m: 6:14.18	38.16	700m: 8:48.00	37.97
	150m: 1:46.95	37.79 350m: 4:19.50	38.05	550m: 6:52.73	38.55	750m: 9:25.46	37.46
	200m: 2:25.04	38.09 400m: 4:57.57	38.07	600m: 7:31.44	38.71	800m: 10:00.73	35.27

Programmanr. 6, Meisjes, 800m vrije slag, Junioren 3

rang	naam	vereniging	startnr.	tijd	RT			
5.	Bridget de Bat	ZPC De Zeeuwse Kust	200400382	10:03.47	+0,85			
	50m: 32.38	32.38	250m: 3:00.66	37.93	450m: 5:33.70	38.62	650m: 8:08.76	38.85
	100m: 1:08.34	35.96	300m: 3:38.38	37.72	500m: 6:12.23	38.53	700m: 8:47.39	38.63
	150m: 1:45.45	37.11	350m: 4:16.57	38.19	550m: 6:50.94	38.71	750m: 9:25.62	38.23
	200m: 2:22.73	37.28	400m: 4:55.08	38.51	600m: 7:29.91	38.97	800m: 10:03.47	37.85
6.	Marieke Lenderink	De Dinkel	200400778	10:14.04	+0,86			
	50m: 33.50	33.50	250m: 3:05.99	39.10	450m: 5:43.43	39.60	650m: 8:21.18	39.03
	100m: 1:10.65	37.15	300m: 3:45.13	39.14	500m: 6:22.61	39.18	700m: 9:00.08	38.90
	150m: 1:48.79	38.14	350m: 4:24.44	39.31	550m: 7:02.93	40.32	750m: 9:38.43	38.35
	200m: 2:26.89	38.10	400m: 5:03.83	39.39	600m: 7:42.15	39.22	800m: 10:14.04	35.61
7.	Amy Tebben	Eurode KZC	200400108	10:23.09	+0,76			
	50m: 33.09	33.09	250m: 3:07.08	39.21	450m: 5:45.95	39.84	650m: 8:25.51	40.09
	100m: 1:10.48	37.39	300m: 3:46.53	39.45	500m: 6:25.73	39.78	700m: 9:05.79	40.28
	150m: 1:48.79	38.31	350m: 4:26.11	39.58	550m: 7:05.34	39.61	750m: 9:44.92	39.13
	200m: 2:27.87	39.08	400m: 5:06.11	40.00	600m: 7:45.42	40.08	800m: 10:23.09	38.17
8.	Sterre-Marit Drok	Stadskanaal	200400880	10:34.63	+0,73			
	50m: 33.47	33.47	250m: 3:08.14	39.92	450m: 5:51.96	41.73	650m: 8:34.63	40.19
	100m: 1:10.55	37.08	300m: 3:48.45	40.31	500m: 6:32.90	40.94	700m: 9:15.07	40.44
	150m: 1:48.89	38.34	350m: 4:29.05	40.60	550m: 7:13.51	40.61	750m: 9:55.41	40.34
	200m: 2:28.22	39.33	400m: 5:10.23	41.18	600m: 7:54.44	40.93	800m: 10:34.63	39.22