

1 - NJK 1500m kb jongens

20-10-2017 - 13:00

Programmanr. 1 20-10-2017	Jongens, 1500m vrije slag			Junioren 1 en 2 Resultaten	
Nederlands Record Junioren	15:45.34	Arthur de Rouw	Hengelo	04-03-1983	
Nederlands Record 13 jaar	16:18.76	Jorgos Skotadis	's-Gravenzande	17-12-2011	
Nederlands Record 12 jaar	17:15.70	Pieter van den Hoogenband	Amersfoort	15-12-1990	
Kamp. Record Junioren 2	17:19.05	Yorick Visser	Eindhoven	28-01-2017	
Kamp. Record Junioren 1	17:48.46	Frank Roovers	Amsterdam	04-12-2010	

rang	naam	vereniging	startnr.	tijd	RT	
<b>Junioren 1</b>						
1.	Gabriel Been	The Hague Swimming (SG)	200501467	<b>19:20.55</b>	+0,74	
	50m: 32.18	32.18	450m: 5:42.40	40.05	850m: 10:56.94	39.34
	100m: 1:09.01	36.83	500m: 6:21.73	39.33	900m: 11:36.24	39.30
	150m: 1:47.44	38.43	550m: 7:01.11	39.38	950m: 12:15.56	39.32
	200m: 2:26.06	38.62	600m: 7:40.37	39.26	1000m: 12:55.16	39.60
	250m: 3:05.11	39.05	650m: 8:19.68	39.31	1050m: 13:34.51	39.35
	300m: 3:44.02	38.91	700m: 8:58.71	39.03	1100m: 14:13.63	39.12
	350m: 4:23.61	39.59	750m: 9:38.16	39.45	1150m: 14:53.09	39.46
	400m: 5:02.35	38.74	800m: 10:17.60	39.44	1200m: 15:32.89	39.80
2.	Sven Klink	ZV 44	200500349	<b>19:24.58</b>	+0,67	
	50m: 32.87	32.87	450m: 5:42.71	39.67	850m: 10:57.79	39.03
	100m: 1:09.72	36.85	500m: 6:22.27	39.56	900m: 11:37.37	39.58
	150m: 1:47.87	38.15	550m: 7:01.47	39.20	950m: 12:16.72	39.35
	200m: 2:26.55	38.68	600m: 7:40.73	39.26	1000m: 12:55.86	39.14
	250m: 3:05.82	39.27	650m: 8:19.49	38.76	1050m: 13:35.38	39.52
	300m: 3:44.37	38.55	700m: 8:58.86	39.37	1100m: 14:14.72	39.34
	350m: 4:23.59	39.22	750m: 9:38.93	40.07	1150m: 14:54.19	39.47
	400m: 5:03.04	39.45	800m: 10:18.76	39.83	1200m: 15:33.85	39.66
3.	Wouter Sies	TriVia	200500369	<b>19:40.62</b>	+0,78	
	50m: 33.86	33.86	450m: 5:48.01	39.55	850m: 11:05.46	40.04
	100m: 1:11.33	37.47	500m: 6:27.35	39.34	900m: 11:44.21	38.75
	150m: 1:50.80	39.47	550m: 7:07.62	40.27	950m: 12:23.83	39.62
	200m: 2:29.95	39.15	600m: 7:46.88	39.26	1000m: 13:03.18	39.35
	250m: 3:09.12	39.17	650m: 8:26.31	39.43	1050m: 13:42.58	39.40
	300m: 3:48.75	39.63	700m: 9:05.82	39.51	1100m: 14:21.90	39.32
	350m: 4:28.41	39.66	750m: 9:45.60	39.78	1150m: 15:00.93	39.03
	400m: 5:08.46	40.05	800m: 10:25.42	39.82	1200m: 15:40.17	39.24
4.	Björn Verkaik	The Hague Swimming (SG)	200500411	<b>20:06.66</b>	+0,74	
	50m: 34.20	34.20	450m: 5:56.35	40.66	850m: 11:22.61	40.46
	100m: 1:13.10	38.90	500m: 6:37.73	41.38	900m: 12:03.45	40.84
	150m: 1:53.46	40.36	550m: 7:18.72	40.99	950m: 12:44.55	41.10
	200m: 2:33.71	40.25	600m: 7:59.69	40.97	1000m: 13:25.30	40.75
	250m: 3:14.18	40.47	650m: 8:39.72	40.03	1050m: 14:06.07	40.77
	300m: 3:55.18	41.00	700m: 9:20.28	40.56	1100m: 14:47.42	41.35
	350m: 4:35.88	40.70	750m: 10:00.72	40.44	1150m: 15:27.67	40.25
	400m: 5:15.69	39.81	800m: 10:42.15	41.43	1200m: 16:07.82	40.15
5.	David da Silva Miranda	FZC'54-De Vikings (SG)	200500019	<b>20:42.37</b>	+0,79	
	50m: 34.47	34.47	450m: 5:59.08	41.17	850m: 11:37.63	42.80
	100m: 1:13.28	38.81	500m: 6:41.51	42.43	900m: 12:21.31	43.68
	150m: 1:53.71	40.43	550m: 7:22.66	41.15	950m: 13:02.76	41.45
	200m: 2:34.05	40.34	600m: 8:05.23	42.57	1000m: 13:44.50	41.74
	250m: 3:14.34	40.29	650m: 8:47.55	42.32	1050m: 14:28.06	43.56
	300m: 3:55.24	40.90	700m: 9:30.07	42.52	1100m: 15:11.96	43.90
	350m: 4:36.61	41.37	750m: 10:12.51	42.44	1150m: 15:53.87	41.91
	400m: 5:17.91	41.30	800m: 10:54.83	42.32	1200m: 16:37.35	43.48

Junioren 2

1.	David Groenewegen	PSV	200400469	<b>17:20.93</b>	+0,80	
	50m: 31.06	31.06	450m: 5:09.65	34.84	850m: 9:49.18	35.05
	100m: 1:05.34	34.28	500m: 5:44.54	34.89	900m: 10:23.90	34.72
	150m: 1:40.62	35.28	550m: 6:19.89	35.35	950m: 10:58.73	34.83
	200m: 2:15.00	34.38	600m: 6:54.83	34.94	1000m: 11:33.79	35.06
	250m: 2:49.59	34.59	650m: 7:30.15	35.32	1050m: 12:08.55	34.76
	300m: 3:24.68	35.09	700m: 8:04.46	34.31	1100m: 12:43.40	34.85
	350m: 4:00.31	35.63	750m: 8:38.96	34.50	1150m: 13:18.16	34.76
	400m: 4:34.81	34.50	800m: 9:14.13	35.17	1200m: 13:53.20	35.04

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
2.	Merlin Belmon	De Dolfijn	200403191	<b>17:33.80</b>	<b>+0,74</b>			
	50m: 30.63	30.63	450m: 5:07.96	34.64	850m: 9:52.00	36.08	1250m: 14:38.64	36.36
	100m: 1:04.83	34.20	500m: 5:43.20	35.24	900m: 10:27.68	35.68	1300m: 15:14.00	35.36
	150m: 1:39.68	34.85	550m: 6:18.78	35.58	950m: 11:03.05	35.37	1350m: 15:49.79	35.79
	200m: 2:13.98	34.30	600m: 6:54.08	35.30	1000m: 11:39.55	36.50	1400m: 16:26.15	36.36
	250m: 2:48.51	34.53	650m: 7:29.77	35.69	1050m: 12:14.90	35.35	1450m: 17:01.16	35.01
	300m: 3:23.20	34.69	700m: 8:04.74	34.97	1100m: 12:50.63	35.73	1500m: 17:33.80	32.64
	350m: 3:58.20	35.00	750m: 8:40.35	35.61	1150m: 13:26.48	35.85		
	400m: 4:33.32	35.12	800m: 9:15.92	35.57	1200m: 14:02.28	35.80		
3.	Abel te Riele	WVZ	200402317	<b>17:52.36</b>	<b>+0,81</b>			
	50m: 31.07	31.07	450m: 5:16.64	35.92	850m: 10:05.46	35.51	1250m: 14:56.19	36.37
	100m: 1:06.24	35.17	500m: 5:52.84	36.20	900m: 10:41.53	36.07	1300m: 15:31.99	35.80
	150m: 1:41.62	35.38	550m: 6:29.25	36.41	950m: 11:18.26	36.73	1350m: 16:07.17	35.18
	200m: 2:16.77	35.15	600m: 7:05.14	35.89	1000m: 11:54.63	36.37	1400m: 16:43.05	35.88
	250m: 2:52.61	35.84	650m: 7:41.58	36.44	1050m: 12:30.79	36.16	1450m: 17:18.73	35.68
	300m: 3:28.80	36.19	700m: 8:17.89	36.31	1100m: 13:07.08	36.29	1500m: 17:52.36	33.63
	350m: 4:04.37	35.57	750m: 8:53.69	35.80	1150m: 13:43.48	36.40		
	400m: 4:40.72	36.35	800m: 9:29.95	36.26	1200m: 14:19.82	36.34		
4.	Hessel Broekstra	FZC'54-De Vikings (SG)	200400253	<b>18:28.51</b>	<b>+0,83</b>			
	50m: 32.17	32.17	450m: 5:24.49	37.71	850m: 10:24.92	37.23	1250m: 15:27.13	37.87
	100m: 1:07.22	35.05	500m: 6:01.97	37.48	900m: 11:02.39	37.47	1300m: 16:04.06	36.93
	150m: 1:43.05	35.83	550m: 6:39.59	37.62	950m: 11:40.39	38.00	1350m: 16:41.21	37.15
	200m: 2:19.27	36.22	600m: 7:17.27	37.68	1000m: 12:18.55	38.16	1400m: 17:18.54	37.33
	250m: 2:55.67	36.40	650m: 7:54.80	37.53	1050m: 12:56.30	37.75	1450m: 17:54.80	36.26
	300m: 3:32.44	36.77	700m: 8:32.34	37.54	1100m: 13:33.83	37.53	1500m: 18:28.51	33.71
	350m: 4:09.52	37.08	750m: 9:10.08	37.74	1150m: 14:11.25	37.42		
	400m: 4:46.78	37.26	800m: 9:47.69	37.61	1200m: 14:49.26	38.01		
5.	Erik Oldenkamp	De Lansingh	200400597	<b>18:36.84</b>	<b>+0,84</b>			
	50m: 31.65	31.65	450m: 5:26.17	37.84	850m: 10:27.42	37.79	1250m: 15:31.08	38.38
	100m: 1:07.12	35.47	500m: 6:03.69	37.52	900m: 11:05.31	37.89	1300m: 16:08.42	37.34
	150m: 1:43.34	36.22	550m: 6:41.31	37.62	950m: 11:42.97	37.66	1350m: 16:46.14	37.72
	200m: 2:19.62	36.28	600m: 7:18.59	37.28	1000m: 12:20.99	38.02	1400m: 17:23.92	37.78
	250m: 2:56.29	36.67	650m: 7:56.43	37.84	1050m: 12:59.11	38.12	1450m: 18:01.35	37.43
	300m: 3:33.70	37.41	700m: 8:34.20	37.77	1100m: 13:37.23	38.12	1500m: 18:36.84	35.49
	350m: 4:10.98	37.28	750m: 9:11.92	37.72	1150m: 14:14.84	37.61		
	400m: 4:48.33	37.35	800m: 9:49.63	37.71	1200m: 14:52.70	37.86		
6.	Collin Schouten	MSV-Zeemacht	200400697	<b>18:50.68</b>	<b>+0,73</b>			
	50m: 33.78	33.78	450m: 5:33.21	37.58	850m: 10:36.23	37.90	1250m: 15:41.41	38.19
	100m: 1:10.69	36.91	500m: 6:10.72	37.51	900m: 11:14.26	38.03	1300m: 16:19.86	38.45
	150m: 1:47.76	37.07	550m: 6:48.62	37.90	950m: 11:52.33	38.07	1350m: 16:58.08	38.22
	200m: 2:25.29	37.53	600m: 7:26.05	37.43	1000m: 12:30.62	38.29	1400m: 17:36.70	38.62
	250m: 3:02.73	37.44	650m: 8:04.03	37.98	1050m: 13:09.00	38.38	1450m: 18:14.59	37.89
	300m: 3:40.23	37.50	700m: 8:41.97	37.94	1100m: 13:47.54	38.54	1500m: 18:50.68	36.09
	350m: 4:18.14	37.91	750m: 9:20.10	38.13	1150m: 14:25.41	37.87		
	400m: 4:55.63	37.49	800m: 9:58.33	38.23	1200m: 15:03.22	37.81		
7.	Robin van den Berg 100m*	ZV 44	200400699	<b>18:59.42</b>	<b>+0,87</b>			
	50m: 32.62	32.62	450m: 5:32.35	37.99	850m: 10:42.12	38.26	1250m: 15:51.38	38.08
	100m: 1:07.75	35.13	500m: 6:11.16	38.81	900m: 11:20.87	38.75	1300m: 16:29.72	38.34
	150m: 1:44.64	36.89	550m: 6:49.56	38.40	950m: 11:59.87	39.00	1350m: 17:08.25	38.53
	200m: 2:21.84	37.20	600m: 7:28.50	38.94	1000m: 12:38.85	38.98	1400m: 17:47.19	38.94
	250m: 2:59.55	37.71	650m: 8:07.40	38.90	1050m: 13:17.13	38.28	1450m: 18:24.78	37.59
	300m: 3:37.26	37.71	700m: 8:46.22	38.82	1100m: 13:56.06	38.93	1500m: 18:59.42	34.64
	350m: 4:15.49	38.23	750m: 9:25.08	38.86	1150m: 14:34.61	38.55		
	400m: 4:54.36	38.87	800m: 10:03.86	38.78	1200m: 15:13.30	38.69		
8.	Tycho de Jonge	KZC	200400411	<b>19:04.01</b>	<b>+0,79</b>			
	50m: 34.00	34.00	450m: 5:39.64	38.37	850m: 10:49.57	38.91	1250m: 15:58.03	38.50
	100m: 1:11.36	37.36	500m: 6:18.49	38.85	900m: 11:28.11	38.54	1300m: 16:36.63	38.60
	150m: 1:49.54	38.18	550m: 6:56.65	38.16	950m: 12:06.99	38.88	1350m: 17:14.32	37.69
	200m: 2:27.60	38.06	600m: 7:35.18	38.53	1000m: 12:45.39	38.40	1400m: 17:51.72	37.40
	250m: 3:06.07	38.47	650m: 8:14.19	39.01	1050m: 13:23.20	37.81	1450m: 18:29.00	37.28
	300m: 3:44.20	38.13	700m: 8:52.82	38.63	1100m: 14:02.52	39.32	1500m: 19:04.01	35.01
	350m: 4:22.79	38.59	750m: 9:31.67	38.85	1150m: 14:41.23	38.71		
	400m: 5:01.27	38.48	800m: 10:10.66	38.99	1200m: 15:19.53	38.30		
9.	Mac Peeks	ZPC Hoogetveen	200400153	<b>19:14.15</b>	<b>+0,71</b>			
	50m: 32.85	32.85	450m: 5:42.66	39.54	850m: 10:55.02	38.68	1250m: 16:05.25	38.50
	100m: 1:10.21	37.36	500m: 6:21.99	39.33	900m: 11:33.91	38.89	1300m: 16:43.56	38.31
	150m: 1:48.46	38.25	550m: 7:01.27	39.28	950m: 12:13.10	39.19	1350m: 17:21.85	38.29
	200m: 2:26.98	38.52	600m: 7:40.17	38.90	1000m: 12:51.94	38.84	1400m: 17:59.87	38.02
	250m: 3:06.10	39.12	650m: 8:19.46	39.29	1050m: 13:30.82	38.88	1450m: 17:37.92	38.05
	300m: 3:44.77	38.67	700m: 8:58.45	38.99	1100m: 14:09.35	38.53	1500m: 19:14.15	36.23
	350m: 4:23.90	39.13	750m: 9:37.65	39.20	1150m: 14:48.30	38.95		
	400m: 5:03.12	39.22	800m: 10:16.34	38.69	1200m: 15:26.75	38.45		

Programmanr. 1, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
10.	Jort van der Vlag	WS Twente	200400335	<b>19:20.57</b>	<b>+0.79</b>			
	50m: 32.98	32.98	450m: 5:34.61	37.50	850m: 10:50.18	39.89	1250m: 16:09.34	39.64
	100m: 1:09.41	36.43	500m: 6:13.49	38.88	900m: 11:30.32	40.14	1300m: 16:47.13	37.79
	150m: 1:47.02	37.61	550m: 6:52.90	39.41	950m: 12:10.57	40.25	1350m: 17:26.47	39.34
	200m: 2:24.99	37.97	600m: 7:31.00	38.10	1000m: 12:50.64	40.07	1400m: 18:05.96	39.49
	250m: 3:02.89	37.90	650m: 8:09.87	38.87	1050m: 13:29.29	38.65	1450m: 18:44.66	38.70
	300m: 3:40.97	38.08	700m: 8:49.84	39.97	1100m: 14:09.29	40.00	1500m: 19:20.57	35.91
	350m: 4:18.72	37.75	750m: 9:29.60	39.76	1150m: 14:50.27	40.98		
	400m: 4:57.11	38.39	800m: 10:10.29	40.69	1200m: 15:29.70	39.43		

Programmanr. 2 Jongens, 1500m vrije slag Junioren 3 en 4 Resultaten

Nederlands Record Junioren	15:45.34	Arthur de Rouw	Hengelo	04-03-1983
Nederlands Record 15 jaar	15:52.90	Arthur de Rouw	Uden	28-11-1982
Nederlands Record 14 jaar	16:21.53	Maarten van der Weijden	Eindhoven	09-12-1995
Kamp. Record Junioren 4	16:02.52	Maarten van der Weijden	Utrecht	07-12-1996
Kamp. Record Junioren 3	16:21.53	Maarten van der Weijden	Eindhoven	09-12-1995

Programmanr. 3 Junioren 3

rang	naam	vereniging	startnr.	tijd	RT			
1.	Yorick Visser	ZPC De Zeeuwse Kust	200301957	<b>17:04.44</b>	<b>+0.77</b>			
	50m: 30.69	30.69	450m: 5:06.65	34.72	850m: 9:43.54	34.80	1250m: 14:18.12	34.38
	100m: 1:04.31	33.62	500m: 5:40.99	34.34	900m: 10:18.13	34.59	1300m: 14:52.61	34.49
	150m: 1:38.93	34.62	550m: 6:15.57	34.58	950m: 10:52.64	34.51	1350m: 15:26.58	33.97
	200m: 2:13.61	34.68	600m: 6:49.98	34.41	1000m: 11:26.99	34.35	1400m: 16:00.47	33.89
	250m: 2:48.02	34.41	650m: 7:24.68	34.70	1050m: 12:00.89	33.90	1450m: 16:34.45	33.98
	300m: 3:22.54	34.52	700m: 7:59.61	34.93	1100m: 12:35.37	34.48	1500m: 17:04.44	29.99
	350m: 3:56.95	34.41	750m: 8:33.99	34.38	1150m: 13:09.43	34.06		
	400m: 4:31.93	34.98	800m: 9:08.74	34.75	1200m: 13:43.74	34.31		
2.	Lucas Peters	PSV	200301325	<b>17:04.69</b>	<b>+0.64</b>			
	50m: 31.33	31.33	450m: 5:06.97	34.80	850m: 9:44.21	34.92	1250m: 14:22.31	34.77
	100m: 1:05.26	33.93	500m: 5:41.25	34.28	900m: 10:18.84	34.63	1300m: 14:56.48	34.17
	150m: 1:39.83	34.57	550m: 6:15.31	34.06	950m: 10:53.73	34.89	1350m: 15:30.90	34.42
	200m: 2:14.38	34.55	600m: 6:50.19	34.88	1000m: 11:28.53	34.80	1400m: 16:03.61	32.71
	250m: 2:48.47	34.09	650m: 7:25.04	34.85	1050m: 12:03.61	35.08	1450m: 16:35.45	31.84
	300m: 3:22.84	34.37	700m: 7:59.96	34.92	1100m: 12:37.99	34.38	1500m: 17:04.69	29.24
	350m: 3:57.14	34.30	750m: 8:34.56	34.60	1150m: 13:12.87	34.88		
	400m: 4:32.17	35.03	800m: 9:09.29	34.73	1200m: 13:47.54	34.67		
3.	Mike Gerritsen	Platella	200304013	<b>17:08.90</b>	<b>+0.76</b>			
	50m: 30.20	30.20	450m: 5:06.75	34.63	850m: 9:43.91	34.97	1250m: 14:20.53	34.37
	100m: 1:04.35	34.15	500m: 5:41.19	34.44	900m: 10:18.66	34.75	1300m: 14:55.07	34.54
	150m: 1:39.10	34.75	550m: 6:15.90	34.71	950m: 10:53.48	34.82	1350m: 15:29.65	34.58
	200m: 2:13.81	34.71	600m: 6:50.15	34.25	1000m: 11:28.08	34.60	1400m: 16:03.94	34.29
	250m: 2:48.51	34.70	650m: 7:24.89	34.74	1050m: 12:02.79	34.71	1450m: 16:37.09	33.15
	300m: 3:22.96	34.45	700m: 7:59.82	34.93	1100m: 12:37.37	34.58	1500m: 17:08.90	31.81
	350m: 3:57.37	34.41	750m: 8:34.50	34.68	1150m: 13:11.76	34.39		
	400m: 4:32.12	34.75	800m: 9:08.94	34.44	1200m: 13:46.16	34.40		
4.	Luuk Hulleman	ZVV	200300189	<b>17:37.39</b>	<b>+0.80</b>			
	50m: 29.95	29.95	450m: 5:10.09	35.40	850m: 9:57.14	36.03	1250m: 14:42.03	35.66
	100m: 1:03.81	33.86	500m: 5:46.05	35.96	900m: 10:32.54	35.40	1300m: 15:17.68	35.65
	150m: 1:38.69	34.88	550m: 6:21.66	35.61	950m: 11:08.48	35.94	1350m: 15:53.05	35.37
	200m: 2:14.06	35.37	600m: 6:57.32	35.66	1000m: 11:44.25	35.77	1400m: 16:28.19	35.14
	250m: 2:48.98	34.92	650m: 7:33.40	36.08	1050m: 12:19.73	35.48	1450m: 17:03.32	35.13
	300m: 3:24.11	35.13	700m: 8:08.81	35.41	1100m: 12:55.33	35.60	1500m: 17:37.39	34.07
	350m: 3:59.13	35.02	750m: 8:44.92	36.11	1150m: 13:31.04	35.71		
	400m: 4:34.69	35.56	800m: 9:21.11	36.19	1200m: 14:06.37	35.33		
5.	Milan Hamel	The Hague Swimming (SG)	200302125	<b>17:50.99</b>	<b>+0.70</b>			
	50m: 30.95	30.95	450m: 5:17.79	36.25	850m: 10:09.82	36.48	1250m: 14:58.08	35.11
	100m: 1:05.98	35.03	500m: 5:54.43	36.64	900m: 10:46.36	36.54	1300m: 15:33.23	35.15
	150m: 1:41.36	35.38	550m: 6:30.89	36.46	950m: 11:22.87	36.51	1350m: 16:08.64	35.41
	200m: 2:17.08	35.72	600m: 7:07.70	36.81	1000m: 11:59.49	36.62	1400m: 16:43.75	35.11
	250m: 2:53.14	36.06	650m: 7:43.72	36.02	1050m: 12:35.59	36.10	1450m: 17:18.43	34.68
	300m: 3:29.01	35.87	700m: 8:19.01	36.09	1100m: 13:11.62	36.03	1500m: 17:50.99	32.56
	350m: 4:05.10	36.09	750m: 8:56.49	36.68	1150m: 13:47.41	35.79		
	400m: 4:41.54	36.44	800m: 9:33.34	36.85	1200m: 14:22.97	35.56		

Programmanr. 2, Jongens, 1500m vrije slag, Junioren 3

rang	naam	vereniging	startnr.	tijd	RT			
6.	Rens van Beek	Aqua-Novio'94	200300537	<b>17:53.95</b>	<b>+0,71</b>			
	50m: 31.13	31.13	450m: 5:16.94	36.26	850m: 10:07.36	36.20	1250m: 14:57.50	36.08
	100m: 1:05.76	34.63	500m: 5:53.10	36.16	900m: 10:44.09	36.73	1300m: 15:32.94	35.44
	150m: 1:41.02	35.26	550m: 6:29.35	36.25	950m: 11:20.40	36.31	1350m: 16:08.79	35.85
	200m: 2:16.43	35.41	600m: 7:05.52	36.17	1000m: 11:56.96	36.56	1400m: 16:44.65	35.86
	250m: 2:52.12	35.69	650m: 7:41.79	36.27	1050m: 12:33.28	36.32	1450m: 17:20.30	35.65
	300m: 3:28.30	36.18	700m: 8:18.22	36.43	1100m: 13:09.43	36.15	1500m: 17:53.95	33.65
	350m: 4:04.65	36.35	750m: 8:54.89	36.67	1150m: 13:45.43	36.00		
	400m: 4:40.68	36.03	800m: 9:31.16	36.27	1200m: 14:21.42	35.99		
7.	Mika Heskamp	De Dinkel	200300339	<b>18:09.23</b>	<b>+0,76</b>			
	50m: 31.50	31.50	450m: 5:20.60	36.37	850m: 10:14.05	36.78	1250m: 15:07.10	36.45
	100m: 1:07.01	35.51	500m: 5:56.99	36.39	900m: 10:50.56	36.51	1300m: 15:43.98	36.88
	150m: 1:42.95	35.94	550m: 6:33.26	36.27	950m: 11:27.07	36.51	1350m: 16:20.87	36.89
	200m: 2:18.92	35.97	600m: 7:09.71	36.45	1000m: 12:03.73	36.66	1400m: 16:57.46	36.59
	250m: 2:55.18	36.26	650m: 7:46.57	36.86	1050m: 12:40.56	36.83	1450m: 17:33.71	36.25
	300m: 3:31.42	36.24	700m: 8:23.26	36.69	1100m: 13:17.04	36.48	1500m: 18:09.23	35.52
	350m: 4:07.85	36.43	750m: 9:00.23	36.97	1150m: 13:53.96	36.92		
	400m: 4:44.23	36.38	800m: 9:37.27	37.04	1200m: 14:30.65	36.69		
8.	Bram Schaafsma	VZC	200302159	<b>18:18.04</b>	<b>+0,63</b>			
	50m: 29.59	29.59	450m: 5:15.66	37.80	850m: 10:14.82	37.04	1250m: 15:16.74	38.00
	100m: 1:03.72	34.13	500m: 5:52.42	36.76	900m: 10:52.72	37.90	1300m: 15:54.15	37.41
	150m: 1:38.96	35.24	550m: 6:30.52	38.10	950m: 11:30.64	37.92	1350m: 16:31.56	37.41
	200m: 2:14.76	35.80	600m: 7:07.32	36.80	1000m: 12:07.59	36.95	1400m: 17:07.11	35.55
	250m: 2:49.29	34.53	650m: 7:44.69	37.37	1050m: 12:45.34	37.75	1450m: 17:45.00	35.89
	300m: 3:25.34	36.05	700m: 8:22.28	37.59	1100m: 13:23.62	38.28	1500m: 18:18.04	35.04
	350m: 4:01.47	36.13	750m: 8:59.19	36.91	1150m: 14:00.78	37.16		
	400m: 4:37.86	36.39	800m: 9:37.78	38.59	1200m: 14:38.74	37.96		
9.	Dylan Jansen	WVZ	200300817	<b>18:19.59</b>	<b>+0,73</b>			
	50m: 31.37	31.37	450m: 5:24.26	37.39	850m: 10:22.08	37.62	1250m: 15:18.76	36.61
	100m: 1:06.59	35.22	500m: 6:01.30	37.04	900m: 10:59.12	37.04	1300m: 15:55.53	36.77
	150m: 1:42.85	36.26	550m: 6:38.48	37.18	950m: 11:36.56	37.44	1350m: 16:32.31	36.78
	200m: 2:19.27	36.42	600m: 7:15.42	36.94	1000m: 12:13.51	36.95	1400m: 17:08.60	36.29
	250m: 2:56.05	36.78	650m: 7:52.68	37.26	1050m: 12:50.66	37.15	1450m: 17:45.37	36.77
	300m: 3:33.14	37.09	700m: 8:30.14	37.46	1100m: 13:27.82	37.16	1500m: 18:19.59	34.22
	350m: 4:10.01	36.87	750m: 9:07.39	37.25	1150m: 14:04.66	36.84		
	400m: 4:46.87	36.86	800m: 9:44.46	37.07	1200m: 14:42.15	37.49		
10.	Joey de Groot	De Aalscholver	200303587	<b>18:32.56</b>	<b>+0,74</b>			
	50m: 31.09	31.09	450m: 5:21.48	36.53	850m: 10:20.73	37.92	1250m: 15:26.48	38.17
	100m: 1:05.81	34.72	500m: 5:58.54	37.06	900m: 10:58.80	38.07	1300m: 16:04.59	38.11
	150m: 1:41.77	35.96	550m: 6:35.42	36.88	950m: 11:37.54	38.74	1350m: 16:42.27	37.68
	200m: 2:17.96	36.19	600m: 7:12.43	37.01	1000m: 12:16.44	38.90	1400m: 17:19.68	37.41
	250m: 2:54.85	36.89	650m: 7:50.08	37.65	1050m: 12:54.42	37.98	1450m: 17:57.02	37.34
	300m: 3:31.57	36.72	700m: 8:27.56	37.48	1100m: 13:33.02	38.60	1500m: 18:32.56	35.54
	350m: 4:08.38	36.81	750m: 9:05.25	37.69	1150m: 14:10.74	37.72		
	400m: 4:44.95	36.57	800m: 9:42.81	37.56	1200m: 14:48.31	37.57		

Junioren 4

1.	Finn Vos	De Dolfijn	200200665	<b>16:54.46</b>	<b>+0,72</b>			
	50m: 30.49	30.49	450m: 5:02.62	34.41	850m: 9:35.08	33.85	1250m: 14:06.82	34.10
	100m: 1:03.65	33.16	500m: 5:36.69	34.07	900m: 10:09.07	33.99	1300m: 14:40.89	34.07
	150m: 1:37.77	34.12	550m: 6:10.66	33.97	950m: 10:43.50	34.43	1350m: 15:15.37	34.48
	200m: 2:11.81	34.04	600m: 6:45.02	34.36	1000m: 11:17.32	33.82	1400m: 15:49.29	33.92
	250m: 2:45.61	33.80	650m: 7:19.05	34.03	1050m: 11:51.45	34.13	1450m: 16:22.80	33.51
	300m: 3:19.97	34.36	700m: 7:53.01	33.96	1100m: 12:25.03	33.58	1500m: 16:54.46	31.66
	350m: 3:53.99	34.02	750m: 8:27.30	34.29	1150m: 12:58.84	33.81		
	400m: 4:28.21	34.22	800m: 9:01.23	33.93	1200m: 13:32.72	33.88		
2.	Elroy Schot	De Dolfijn	200200689	<b>17:04.55</b>	<b>+0,68</b>			
	50m: 31.33	31.33	450m: 5:03.58	34.30	850m: 9:36.11	34.00	1250m: 14:10.81	34.74
	100m: 1:05.95	34.62	500m: 5:37.67	34.09	900m: 10:10.07	33.96	1300m: 14:45.78	34.97
	150m: 1:39.41	34.46	550m: 6:11.75	34.08	950m: 10:44.22	34.15	1350m: 15:20.99	35.21
	200m: 2:12.70	33.29	600m: 6:46.00	34.25	1000m: 11:18.65	34.43	1400m: 15:56.28	35.29
	250m: 2:46.72	34.02	650m: 7:19.81	33.81	1050m: 11:52.76	34.11	1450m: 16:31.56	35.28
	300m: 3:20.77	34.05	700m: 7:53.88	34.07	1100m: 12:26.95	34.19	1500m: 17:04.55	32.99
	350m: 3:55.14	34.37	750m: 8:27.98	34.10	1150m: 13:01.35	34.40		
	400m: 4:29.28	34.14	800m: 9:02.11	34.13	1200m: 13:36.07	34.72		
3.	Jarno Koster	Aqua-Novio'94	200200637	<b>17:12.41</b>	<b>+0,96</b>			
	50m: 31.74	31.74	450m: 5:04.74	34.19	850m: 9:41.56	35.08	1250m: 14:21.85	35.31
	100m: 1:05.53	33.79	500m: 5:39.59	34.85	900m: 10:16.18	34.62	1300m: 14:57.00	35.15
	150m: 1:39.62	34.09	550m: 6:13.14	33.55	950m: 10:51.36	35.18	1350m: 15:32.00	35.00
	200m: 2:13.59	33.97	600m: 6:47.36	34.22	1000m: 11:26.84	35.48	1400m: 16:06.80	34.80
	250m: 2:48.14	34.55	650m: 7:21.98	34.62	1050m: 12:01.61	34.77	1450m: 16:41.50	34.70
	300m: 3:21.90	33.76	700m: 7:56.94	34.96	1100m: 12:36.58	34.97	1500m: 17:12.41	30.91
	350m: 3:56.73	34.83	750m: 8:31.41	34.47	1150m: 13:11.39	34.81		
	400m: 4:30.55	33.82	800m: 9:06.48	35.07	1200m: 13:46.54	35.15		

Programmanr. 2, Jongens, 1500m vrije slag, Junioren 4

rang	naam	vereniging	startnr.	tijd	RT			
4.	Luc van Eijndhoven	De Warande	200200139	<b>17:13.44</b>	+0,79			
	50m: 31.75	31.75	450m: 5:08.30	34.53	850m: 9:45.05	34.85	1250m: 14:23.69	34.79
	100m: 1:06.34	34.59	500m: 5:42.66	34.36	900m: 10:19.83	34.78	1300m: 14:58.71	35.02
	150m: 1:40.60	34.26	550m: 6:17.13	34.47	950m: 10:54.70	34.87	1350m: 15:33.55	34.84
	200m: 2:15.15	34.55	600m: 6:51.77	34.64	1000m: 11:29.49	34.79	1400m: 16:07.93	34.38
	250m: 2:49.69	34.54	650m: 7:26.63	34.53	1050m: 12:04.31	34.82	1450m: 16:42.17	34.24
	300m: 3:24.28	34.59	700m: 8:00.83	34.53	1100m: 12:39.05	34.74	1500m: 17:13.44	31.27
	350m: 3:58.98	34.70	750m: 8:35.35	34.52	1150m: 13:14.03	34.98		
	400m: 4:33.77	34.79	800m: 9:10.20	34.85	1200m: 13:48.90	34.87		
5.	Raoul Witten	ZPC Hooogeeven	200200231	<b>17:39.10</b>	+0,75			
	50m: 31.41	31.41	450m: 5:13.62	35.88	850m: 9:59.72	35.59	1250m: 14:45.06	35.30
	100m: 1:05.60	34.19	500m: 5:49.46	35.84	900m: 10:35.47	35.75	1300m: 15:20.49	35.43
	150m: 1:40.58	34.98	550m: 6:25.16	35.70	950m: 11:11.61	36.14	1350m: 15:55.45	34.96
	200m: 2:15.48	34.90	600m: 7:00.97	35.81	1000m: 11:47.23	35.62	1400m: 16:30.76	35.31
	250m: 2:50.79	35.31	650m: 7:36.63	35.66	1050m: 12:22.97	35.74	1450m: 17:05.88	35.12
	300m: 3:26.39	35.60	700m: 8:12.50	35.87	1100m: 12:58.62	35.65	1500m: 17:39.10	33.22
	350m: 4:01.95	35.56	750m: 8:48.35	35.85	1150m: 13:33.95	35.33		
	400m: 4:37.74	35.79	800m: 9:24.13	35.78	1200m: 14:09.76	35.81		
6.	Brandon van den Berg	The Hague Swimming (SG)	200200669	<b>17:42.26</b>	+0,73			
	50m: 30.73	30.73	450m: 5:10.64	35.27	850m: 9:56.06	36.00	1250m: 14:44.99	36.35
	100m: 1:05.20	34.47	500m: 5:45.87	35.23	900m: 10:32.23	36.17	1300m: 15:20.76	35.77
	150m: 1:40.11	34.91	550m: 6:21.15	35.28	950m: 11:08.10	35.87	1350m: 15:56.57	35.81
	200m: 2:14.94	34.83	600m: 6:56.39	35.24	1000m: 11:44.08	35.98	1400m: 16:32.69	36.12
	250m: 2:50.09	35.15	650m: 7:31.91	35.52	1050m: 12:20.01	35.93	1450m: 17:08.17	35.48
	300m: 3:25.21	35.12	700m: 8:07.85	35.94	1100m: 12:56.18	36.17	1500m: 17:42.26	34.09
	350m: 4:00.65	35.44	750m: 8:43.84	35.99	1150m: 13:32.48	36.30		
	400m: 4:35.37	34.72	800m: 9:20.06	36.22	1200m: 14:08.64	36.16		

2 - NJK 800m kb meisjes

21-10-2017 - 13:00

Programmanr. 5	Meisjes, 800m vrije slag			Junioren 1
21-10-2017				Resultaten
Nederlands Record Junioren	8:48.83	Esmee Vermeulen	Amsterdam	20-12-2009
Nederlands Record 11 jaar	9:43.30	Karen Wammes	Arnhem	11-12-1988
Kamp. Record Junioren 1	9:55.22	Myrthe Natzijl	Amsterdam	30-01-2016

rang	naam	vereniging	startnr.	tijd	RT			
1.	Charley Blide	ZPC Hooogeeven	200600164	<b>10:38.62</b>	+0,77			
	50m: 35.04	35.04	250m: 3:15.41	40.58	450m: 5:58.63	41.06	650m: 8:40.44	40.47
	100m: 1:13.83	38.79	300m: 3:56.18	40.77	500m: 6:39.49	40.86	700m: 9:20.98	40.54
	150m: 1:53.99	40.16	350m: 4:36.66	40.48	550m: 7:19.34	39.85	750m: 10:01.05	40.07
	200m: 2:34.83	40.84	400m: 5:17.57	40.91	600m: 7:59.97	40.63	800m: 10:38.62	37.57
2.	Megan Jonkman	The Hague Swimming (SG)	200600508	<b>10:44.45</b>	+0,86			
	50m: 35.48	35.48	250m: 3:16.16	40.42	450m: 6:00.01	41.44	650m: 8:44.43	41.13
	100m: 1:15.20	39.72	300m: 3:57.12	40.96	500m: 6:40.78	40.77	700m: 9:25.01	40.58
	150m: 1:55.22	40.02	350m: 4:37.63	40.51	550m: 7:22.23	41.45	750m: 10:06.03	41.02
	200m: 2:35.74	40.52	400m: 5:18.57	40.94	600m: 8:03.30	41.07	800m: 10:44.45	38.42
3.	Sara Korhuis	TriVia	200600494	<b>10:56.28</b>	+0,74			
	50m: 35.43	35.43	250m: 3:16.47	40.99	450m: 6:01.32	41.90	650m: 8:51.28	42.87
	100m: 1:14.67	39.24	300m: 3:57.27	40.80	500m: 6:42.96	41.64	700m: 9:33.26	41.98
	150m: 1:54.71	40.04	350m: 4:38.23	40.96	550m: 7:25.80	42.84	750m: 10:14.98	41.72
	200m: 2:35.48	40.77	400m: 5:19.42	41.19	600m: 8:08.41	42.61	800m: 10:56.28	41.30
4.	Leyla Oversluisen	De Schotejil	200602730	<b>11:02.10</b>	+0,75			
	50m: 36.09	36.09	250m: 3:20.81	41.54	450m: 6:10.83	42.31	650m: 8:59.41	42.16
	100m: 1:16.01	39.92	300m: 4:03.31	42.50	500m: 6:53.09	42.26	700m: 9:42.21	42.80
	150m: 1:57.75	41.74	350m: 4:46.00	42.69	550m: 7:34.75	41.66	750m: 10:24.04	41.83
	200m: 2:39.27	41.52	400m: 5:28.52	42.52	600m: 8:17.25	42.50	800m: 11:02.10	38.06
5.	Pippa van 't Land 200m*	ZPC AMERSFOORT	200600426	<b>11:03.58</b>	* +0,81			
	50m: 33.96	33.96	250m: 3:14.59	41.63	450m: 6:04.42	42.90	650m: 8:58.38	42.76
	100m: 1:12.12	38.16	300m: 3:57.21	42.62	500m: 6:47.65	43.23	700m: 9:42.37	43.99
	150m: 1:52.01	39.89	350m: 4:38.42	41.21	550m: 7:31.04	43.39	750m: 10:24.71	42.34
	200m: 2:32.96	40.95	400m: 5:21.52	43.10	600m: 8:15.62	44.58	800m: 11:03.58	38.87
6.	Karuna Meirmans	KZC	200601682	<b>11:09.32</b>	+1,04			
	50m: 37.28	37.28	250m: 3:23.18	41.54	450m: 6:11.68	42.32	650m: 9:04.29	43.89
	100m: 1:18.12	40.84	300m: 4:05.19	42.01	500m: 6:54.33	42.65	700m: 9:45.74	41.45
	150m: 1:59.34	41.22	350m: 4:46.90	41.71	550m: 7:37.72	43.39	750m: 10:27.99	42.25
	200m: 2:41.64	42.30	400m: 5:29.36	42.46	600m: 8:20.40	42.68	800m: 11:09.32	41.33



Programmanr. 6  
21-10-2017

Meisjes, 800m vrije slag

Junioren 2  
Resultaten

Nederlands Record Junioren	8:48.83	Esmee Vermeulen	Amsterdam	20-12-2009
Nederlands Record 12 jaar	9:09.43	Esmee Vermeulen	Amsterdam	21-12-2008
Kamp. Record Junioren 2	9:09.43	Esmee Vermeulen	Amsterdam	21-12-2008

rang	naam	vereniging	startnr.	tijd	RT
1.	Yke Groener	De Dinkel	200500772	<b>9:44.97</b>	+0,78
	50m: 32.62	32.62 250m: 2:59.30	36.81	450m: 5:28.06	37.67
	100m: 1:09.19	36.57 300m: 3:36.18	36.88	500m: 6:05.26	37.20
	150m: 1:46.34	37.15 350m: 4:13.38	37.20	550m: 6:42.47	37.21
	200m: 2:22.49	36.15 400m: 4:50.39	37.01	600m: 7:19.46	36.99
				650m: 7:56.50	37.04
				700m: 8:32.71	36.21
				750m: 9:09.78	37.07
				800m: 9:44.97	35.19
2.	Thera Janssen	Aqua-Novio'94	200500270	<b>9:54.05</b> *	+0,81
	50m: 32.54	32.54 250m: 2:59.36	37.01	450m: 5:28.56	37.84
	100m: 1:08.67	36.13 300m: 3:36.23	36.87	500m: 6:06.35	37.79
	150m: 1:46.07	37.40 350m: 4:13.60	37.37	550m: 6:43.95	37.60
	200m: 2:22.35	36.28 400m: 4:50.72	37.12	600m: 7:22.00	38.05
				650m: 7:58.36	36.36
				700m: 8:36.85	38.49
				750m: 9:16.45	39.60
				800m: 9:54.05	37.60
3.	Bridget Vermeer	VZC	200501766	<b>10:01.44</b>	+0,83
	50m: 32.16	32.16 250m: 3:02.55	38.40	450m: 5:36.30	38.53
	100m: 1:08.84	36.68 300m: 3:40.90	38.35	500m: 6:14.96	38.66
	150m: 1:46.38	37.54 350m: 4:19.38	38.48	550m: 6:53.42	38.46
	200m: 2:24.15	37.77 400m: 4:57.77	38.39	600m: 7:32.18	38.76
				650m: 8:10.35	38.17
				700m: 8:48.57	38.22
				750m: 9:26.83	38.26
				800m: 10:01.44	34.61
4.	Emma Riemers	MSV-Zeemacht	200500748	<b>10:10.59</b>	+0,71
	50m: 33.00	33.00 250m: 3:03.06	37.91	450m: 5:37.27	38.57
	100m: 1:09.49	36.49 300m: 3:41.30	38.24	500m: 6:16.66	39.39
	150m: 1:47.36	37.87 350m: 4:19.90	38.60	550m: 6:55.85	39.19
	200m: 2:25.15	37.79 400m: 4:58.70	38.80	600m: 7:35.18	39.33
				650m: 8:14.57	39.39
				700m: 8:54.18	39.61
				750m: 9:33.44	39.26
				800m: 10:10.59	37.15
5.	Merel Schravendijk	The Hague Swimming (SG)	200503382	<b>10:14.29</b>	+0,68
	50m: 35.35	35.35 250m: 3:08.81	38.82	450m: 5:43.83	38.30
	100m: 1:13.03	37.68 300m: 3:47.37	38.56	500m: 6:22.67	38.84
	150m: 1:51.19	38.16 350m: 4:26.18	38.81	550m: 7:01.57	38.90
	200m: 2:29.99	38.80 400m: 5:05.53	39.35	600m: 7:40.88	39.31
				650m: 8:19.94	39.06
				700m: 8:58.95	39.01
				750m: 9:37.34	38.39
				800m: 10:14.29	36.95
6.	Emma van Leeuwen	DAW	200500200	<b>10:43.81</b>	+0,87
	50m: 34.05	34.05 250m: 3:14.25	40.69	450m: 5:59.32	41.33
	100m: 1:12.37	38.32 300m: 3:55.24	40.99	500m: 6:40.93	41.61
	150m: 1:52.48	40.11 350m: 4:36.62	41.38	550m: 7:22.53	41.60
	200m: 2:33.56	41.08 400m: 5:17.99	41.37	600m: 8:04.09	41.56
				650m: 8:45.23	41.14
				700m: 9:25.90	40.67
				750m: 10:05.75	39.85
				800m: 10:43.81	38.06
7.	Jennifer Veldhuisen	Kon AZ 1870	200502500	<b>10:45.66</b>	+0,77
	50m: 32.19	32.19 250m: 3:02.75	38.73	450m: 5:46.36	42.76
	100m: 1:08.55	36.36 300m: 3:42.27	39.52	500m: 6:29.77	43.41
	150m: 1:46.43	37.88 350m: 4:22.40	40.13	550m: 7:13.74	43.97
	200m: 2:24.02	37.59 400m: 5:03.60	41.20	600m: 7:57.03	43.29
				650m: 8:40.52	43.49
				700m: 9:24.80	44.28
				750m: 10:06.44	41.64
				800m: 10:45.66	39.22

Programmanr. 7  
21-10-2017

Meisjes, 800m vrije slag

Junioren 3  
Resultaten

Nederlands Record Junioren	8:48.83	Esmee Vermeulen	Amsterdam	20-12-2009
Nederlands Record 13 jaar	8:48.83	Esmee Vermeulen	Amsterdam	20-12-2009
Kamp. Record Junioren 3	8:48.83	Esmee Vermeulen	Amsterdam	20-12-2009

rang	naam	vereniging	startnr.	tijd	RT
1.	Janna van Kooten	TriVia	200404584	<b>9:39.25</b>	+0,85
	50m: 31.67	31.67 250m: 2:57.35	36.78	450m: 5:25.26	36.85
	100m: 1:07.53	35.86 300m: 3:34.40	37.05	500m: 6:01.98	36.72
	150m: 1:43.39	35.86 350m: 4:11.21	36.81	550m: 6:38.17	36.19
	200m: 2:20.57	37.18 400m: 4:48.41	37.20	600m: 7:15.19	37.02
				650m: 7:51.86	36.67
				700m: 8:27.93	36.07
				750m: 9:04.83	36.90
				800m: 9:39.25	34.42
2.	Ismay Lichtendonk	Dedemsvaart-AC	200400622	<b>9:43.81</b>	+0,74
	50m: 32.59	32.59 250m: 2:58.79	36.82	450m: 5:26.01	36.80
	100m: 1:08.34	35.75 300m: 3:35.56	36.77	500m: 6:02.58	36.57
	150m: 1:45.22	36.88 350m: 4:12.21	36.65	550m: 6:40.34	37.76
	200m: 2:21.97	36.75 400m: 4:49.21	37.00	600m: 7:17.62	37.28
				650m: 7:54.90	37.28
				700m: 8:32.57	37.67
				750m: 9:10.04	37.47
				800m: 9:43.81	33.77
3.	Charlotte Wilbers	ZPC Hoogetveen	200400312	<b>9:48.21</b>	+0,83
	50m: 32.80	32.80 250m: 2:58.05	36.57	450m: 5:26.28	37.21
	100m: 1:08.83	36.03 300m: 3:35.08	37.03	500m: 6:03.35	37.07
	150m: 1:44.81	35.98 350m: 4:12.05	36.97	550m: 6:41.23	37.88
	200m: 2:21.48	36.67 400m: 4:49.07	37.02	600m: 7:19.11	37.88
				650m: 7:57.16	38.05
				700m: 8:35.38	38.22
				750m: 9:12.39	37.01
				800m: 9:48.21	35.82

Programmanr. 7, Meisjes, 800m vrije slag, Junioren 3

rang	naam	vereniging	startnr.	tijd	RT			
4.	Bridget de Bat *100m/400m	ZPC De Zeeuwse Kust	200400382	<b>9:54.09</b>	+0,76			
	50m: 32.13	32.13	250m: 2:59.07	37.81	450m: 5:29.50	38.12	650m: 8:00.73	37.70
	100m: 1:07.83	35.70	300m: 3:36.02	36.95	500m: 6:07.54	38.04	700m: 8:38.61	37.88
	150m: 1:44.48	36.65	350m: 4:14.07	38.05	550m: 6:45.31	37.77	750m: 9:16.50	37.89
	200m: 2:21.26	36.78	400m: 4:51.38	37.31	600m: 7:23.03	37.72	800m: 9:54.09	37.59
5.	Marieke Lenderink	De Dinkel	200400778	<b>9:55.49</b>	+0,79			
	50m: 32.55	32.55	250m: 3:00.19	37.64	450m: 5:31.93	37.80	650m: 8:04.79	37.71
	100m: 1:08.58	36.03	300m: 3:37.98	37.79	500m: 6:10.24	38.31	700m: 8:42.59	37.80
	150m: 1:45.55	36.97	350m: 4:15.92	37.94	550m: 6:48.65	38.41	750m: 9:20.26	37.67
	200m: 2:22.55	37.00	400m: 4:54.13	38.21	600m: 7:27.08	38.43	800m: 9:55.49	35.23
6.	Amy Tebben	Eurode KZC	200400108	<b>9:59.14</b>	+0,80			
	50m: 32.43	32.43	250m: 3:00.46	37.76	450m: 5:31.90	38.08	650m: 8:04.79	38.02
	100m: 1:08.35	35.92	300m: 3:38.12	37.66	500m: 6:10.10	38.20	700m: 8:43.56	38.77
	150m: 1:45.29	36.94	350m: 4:15.98	37.86	550m: 6:48.30	38.20	750m: 9:21.79	38.23
	200m: 2:22.70	37.41	400m: 4:53.82	37.84	600m: 7:26.77	38.47	800m: 9:59.14	37.35
DIS	Myrthe Natzijl	KSN (SG)	200400076					
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							