

Programmanr. 85  
16-06-2019

Meisjes, 400m wisselslag

Junioren 2  
Resultaten

Nederlands Record Junioren	4:56.95	Niamh Hofland	Sheffield (GBR)	26-07-2016
Nederlands Record 13 jaar	5:00.77	Niamh Hofland	Coventry (GBR)	07-06-2015
Kamp. Record Junioren 2	5:18.00	Tessa Vermeulen	Dordrecht	19-06-2011

rang	naam	vereniging	startnr.	tijd	RT		
1.	Megan Jonkman	The Hague Swimming (SG)	200600508	<b>5:24.34</b>	+0,82		
	50m: 33.00	33.00 150m: 1:55.82	43.03	250m: 3:23.15	45.69	350m: 4:48.86	37.54
	100m: 1:12.79	39.79 200m: 2:37.46	41.64	300m: 4:11.32	48.17	400m: 5:24.34	35.48
2.	Avery Collins	The Hague Swimming (SG)	200603622	<b>5:27.25</b>	+0,68		
	50m: 33.24	33.24 150m: 1:56.87	43.77	250m: 3:25.56	46.23	350m: 4:50.29	38.15
	100m: 1:13.10	39.86 200m: 2:39.33	42.46	300m: 4:12.14	46.58	400m: 5:27.25	36.96
3.	Noor Vermeer	SBC2000	200600752	<b>5:29.82</b>	+0,83		
	50m: 35.23	35.23 150m: 1:59.28	42.79	250m: 3:27.91	46.80	350m: 4:52.49	37.24
	100m: 1:16.49	41.26 200m: 2:41.11	41.83	300m: 4:15.25	47.34	400m: 5:29.82	37.33
4.	Estelle van Wijngaarden	ZPB H&L Productions	200601020	<b>5:36.57</b>	+0,84		
	50m: 32.84	32.84 150m: 2:00.26	44.50	250m: 3:32.33	48.81	350m: 5:00.28	38.84
	100m: 1:15.76	42.92 200m: 2:43.52	43.26	300m: 4:21.44	49.11	400m: 5:36.57	36.29
5.	Djanilla Brink	DAW	200600988	<b>5:36.98</b>	+0,85		
	50m: 36.11	36.11 150m: 2:05.23	44.38	250m: 3:35.06	46.88	350m: 5:01.61	37.30
	100m: 1:20.85	44.74 200m: 2:48.18	42.95	300m: 4:24.31	49.25	400m: 5:36.98	35.37
6.	Anouk van Hattum	Hellas-Glana	200600738	<b>5:37.47</b>	+0,78		
	50m: 35.28	35.28 150m: 2:01.34	43.34	250m: 3:32.86	48.58	350m: 5:00.89	39.48
	100m: 1:18.00	42.72 200m: 2:44.28	42.94	300m: 4:21.41	48.55	400m: 5:37.47	36.58
7.	Félinn van Lienden	Hieronymus	200602038	<b>5:43.82</b>	+0,88		
	50m: 35.51	35.51 150m: 2:01.72	43.24	250m: 3:33.94	49.35	350m: 5:04.38	39.69
	100m: 1:18.48	42.97 200m: 2:44.59	42.87	300m: 4:24.69	50.75	400m: 5:43.82	39.44
8.	Evy Rozeboom	DAW	200601338	<b>5:43.87</b>	+0,74		
	50m: 36.15	36.15 150m: 2:04.60	44.71	250m: 3:37.56	50.15	350m: 5:06.82	38.72
	100m: 1:19.89	43.74 200m: 2:47.41	42.81	300m: 4:28.10	50.54	400m: 5:43.87	37.05
9.	Sara Korthuis	Apexswim	200600494	<b>5:46.97</b>	+0,74		
	50m: 34.96	34.96 150m: 2:03.78	44.44	250m: 3:39.06	51.91	350m: 5:09.14	37.92
	100m: 1:19.34	44.38 200m: 2:47.15	43.37	300m: 4:31.22	52.16	400m: 5:46.97	37.83
10.	Jade van der Maas	WVZ	200600408	<b>5:47.78</b>	+0,70		
	50m: 34.60	34.60 150m: 2:00.26	44.97	250m: 3:33.96	51.22	350m: 5:08.93	42.28
	100m: 1:15.29	40.69 200m: 2:42.74	42.48	300m: 4:26.65	52.69	400m: 5:47.78	38.85
11.	Isis van der Stroom	PSV	200604342	<b>5:48.10</b>	+0,75		
	50m: 36.85	36.85 150m: 2:06.77	45.78	250m: 3:37.19	45.59	350m: 5:07.82	42.56
	100m: 1:20.99	44.14 200m: 2:51.60	44.83	300m: 4:25.26	48.07	400m: 5:48.10	40.28
12.	Mara Tims	The Hague Swimming (SG)	200601136	<b>5:52.01</b>	+0,73		
	50m: 33.80	33.80 150m: 2:00.88	46.94	250m: 3:38.92	52.59	350m: 5:13.31	40.87
	100m: 1:13.94	40.14 200m: 2:46.33	45.45	300m: 4:32.44	53.52	400m: 5:52.01	38.70
13.	Leyla Oversluizen	MNC Dordrecht	200602730	<b>5:53.70</b>	+0,73		
	50m: 36.32	36.32 150m: 2:10.11	46.63	250m: 3:44.35	49.61	350m: 5:16.17	40.02
	100m: 1:23.48	47.16 200m: 2:54.74	44.63	300m: 4:36.15	51.80	400m: 5:53.70	37.53
14.	Veerle Riezebos	ZV 44	200600712	<b>6:02.49</b>	+0,85		
	50m: 37.53	37.53 150m: 2:10.37	45.02	250m: 3:44.27	48.50	350m: 5:21.07	42.61
	100m: 1:25.35	47.82 200m: 2:55.77	45.40	300m: 4:38.46	54.19	400m: 6:02.49	41.42
NG	Elydjah van der Heul	The Hague Swimming (SG)	200602180				