

Programmanr. 35
15-06-2019

Meisjes, 400m vrije slag

Junioren 1
Resultaten

Nederlands Record Junioren	4:20.37	Karen Wammes	Antwerpen (BEL)	01-08-1991
Nederlands Record 12 jaar	4:35.09	Esmee Vermeulen	Eindhoven	05-12-2008
Kamp. Record Junioren 1	4:42.00	Niamh Hofland	Amsterdam	19-06-2014

rang	naam	vereniging	startnr.	tijd	RT
1.	Robin Vermeulen	MNC Dordrecht	200700412	5:00.44	+0,85
	50m: 33.79	33.79 150m: 1:49.72	38.89	250m: 3:08.40	39.58
	100m: 1:10.83	37.04 200m: 2:28.82	39.10	300m: 3:46.99	38.59
				350m: 4:24.83	37.84
				400m: 5:00.44	35.61
2.	Angelina Rolman	WZ&PC Purmerend	200701972	5:04.80	+0,85
	50m: 34.17	34.17 150m: 1:51.75	39.53	250m: 3:11.39	39.61
	100m: 1:12.22	38.05 200m: 2:31.78	40.03	300m: 3:51.19	39.80
				350m: 4:29.98	38.79
				400m: 5:04.80	34.82
3.	Nynke Boerefijn	De Fuut	200700114	5:05.76	+0,81
	50m: 33.91	33.91 150m: 1:50.74	39.36	250m: 3:09.71	39.58
	100m: 1:11.38	37.47 200m: 2:30.13	39.39	300m: 3:49.22	39.51
				400m: 5:05.76	37.65
4.	Ylva Konings	Hellas-Glana	200700148	5:08.41	+0,81
	50m: 33.84	33.84 150m: 1:51.32	39.40	250m: 3:11.95	40.58
	100m: 1:11.92	38.08 200m: 2:31.37	40.05	300m: 3:51.78	39.83
				350m: 4:31.05	39.27
				400m: 5:08.41	37.36
5.	Yara Mels	TRB-RES	200700232	5:08.99	+0,73
	50m: 34.53	34.53 150m: 1:52.27	39.75	250m: 3:12.51	40.52
	100m: 1:12.52	37.99 200m: 2:31.99	39.72	300m: 3:52.22	39.71
				400m: 5:08.99	36.87
6.	Rosa Kremers	TRB-RES	200701224	5:15.01	+0,77
	50m: 35.14	35.14 150m: 1:54.81	40.08	250m: 3:15.64	40.74
	100m: 1:14.73	39.59 200m: 2:34.90	40.09	300m: 3:56.42	40.78
				350m: 4:37.28	40.86
				400m: 5:15.01	37.73
7.	Charlotte Woltjes	The Hague Swimming (SG)	200700110	5:19.12	+0,66
	50m: 34.41	34.41 150m: 1:54.44	40.48	250m: 3:17.53	41.81
	100m: 1:13.96	39.55 200m: 2:35.72	41.28	300m: 3:59.35	41.82
				400m: 5:19.12	38.69
8.	Féline Sam	ZVZ	200700018	5:20.45	+0,80
	50m: 36.00	36.00 150m: 1:58.41	41.61	250m: 3:22.24	42.19
	100m: 1:16.80	40.80 200m: 2:40.05	41.64	300m: 4:03.67	41.43
				400m: 5:20.45	36.68
9.	Leyona Lichtendonk	Dedemsvaart-AC	200700010	5:25.22	+0,78
	50m: 35.85	35.85 150m: 1:58.30	41.78	250m: 3:22.24	42.24
	100m: 1:16.52	40.67 200m: 2:40.00	41.70	300m: 4:05.69	43.45
				400m: 5:25.22	38.63
10.	Maya Petroustos	KZC	200701814	5:25.86	+0,83
	50m: 36.38	36.38 150m: 2:00.31	42.12	250m: 3:24.05	40.90
	100m: 1:18.19	41.81 200m: 2:43.15	42.84	300m: 4:06.43	42.38
				400m: 5:25.86	38.58
11.	Alexandra Gepkens	Aqua-Novio'94	200701690	5:27.88	+0,71
	50m: 35.55	35.55 150m: 1:57.27	41.82	250m: 3:21.07	42.52
	100m: 1:15.45	39.90 200m: 2:38.55	41.28	300m: 4:03.93	42.86
				400m: 5:27.88	41.82
12.	Barbara Broekhuis	De Dinkel	200700880	5:37.54	+0,83
	50m: 37.04	37.04 150m: 2:01.03	42.58	250m: 3:28.47	43.09
	100m: 1:18.45	41.41 200m: 2:45.38	44.35	300m: 4:11.04	42.57
				400m: 5:37.54	44.87
NG.ZA	Julie Rupperecht	De Ham	200702322		41.63