

Programmanr. 2  
13-06-2019

Meisjes, 800m vrije slag

Jeugd 1 en 2  
Resultaten

Nederlands Record Jeugd	8:37.58	Sharon van Rouwendaal	Straatsburg (FRA)	27-03-2009
Nederlands Record 16 jaar	8:37.58	Sharon van Rouwendaal	Straatsburg (FRA)	27-03-2009
Nederlands Record 15 jaar	8:39.00	Sharon van Rouwendaal	Belgrado (SRB)	01-08-2008
Kamp. Record Jeugd	8:44.32	Sharon van Rouwendaal	Eindhoven	13-06-2009
Prestatie-eis EJK 2019	8:55.65			
Prestatie-eis EYOF 2019	9:09.11			

rang	naam	vereniging	startnr.	tijd	RT			
1.	Janna van Kooten	TriVia	200404584	<b>9:12.87</b>	+0,81			
	50m: 30.53	30.53	250m: 2:49.80	35.06	450m: 5:09.19	34.42	650m: 7:29.97	34.79
	100m: 1:04.71	34.18	300m: 3:24.96	35.16	500m: 5:44.74	35.55	700m: 8:04.57	34.60
	150m: 1:39.75	35.04	350m: 3:59.70	34.74	550m: 6:19.85	35.11	750m: 8:39.05	34.48
	200m: 2:14.74	34.99	400m: 4:34.77	35.07	600m: 6:55.18	35.33	800m: 9:12.87	33.82
2.	Gaia Sterre Mirotti	VZC	200305158	<b>9:17.05</b>	+0,70			
	50m: 30.86	30.86	250m: 2:50.11	34.93	450m: 5:10.76	34.98	650m: 7:32.44	34.86
	100m: 1:05.01	34.15	300m: 3:25.66	35.55	500m: 5:46.10	35.34	700m: 8:07.80	35.36
	150m: 1:39.98	34.97	350m: 4:00.66	35.00	550m: 6:21.65	35.55	750m: 8:42.65	34.85
	200m: 2:15.18	35.20	400m: 4:35.78	35.12	600m: 6:57.58	35.93	800m: 9:17.05	34.40
3.	Lize van den Nieuwenhuijzen	Nextline Swimming	200304454	<b>9:28.87</b>	+0,80			
	50m: 31.53	31.53	250m: 2:51.11	35.18	450m: 5:15.23	36.02	650m: 7:42.32	36.70
	100m: 1:05.74	34.21	300m: 3:27.05	35.94	500m: 5:52.14	36.91	700m: 8:18.34	36.02
	150m: 1:40.64	34.90	350m: 4:02.95	35.90	550m: 6:28.87	36.73	750m: 8:54.07	35.73
	200m: 2:15.93	35.29	400m: 4:39.21	36.26	600m: 7:05.62	36.75	800m: 9:28.87	34.80
4.	Danielle Meinema	ZV 44	200300534	<b>9:37.68</b>	+0,71			
	50m: 31.62	31.62	250m: 2:55.94	36.35	450m: 5:22.79	36.89	650m: 7:49.60	36.63
	100m: 1:07.14	35.52	300m: 3:32.23	36.29	500m: 5:59.78	36.99	700m: 8:25.94	36.34
	150m: 1:43.35	36.21	350m: 4:09.03	36.80	550m: 6:36.32	36.54	750m: 9:02.55	36.61
	200m: 2:19.59	36.24	400m: 4:45.90	36.87	600m: 7:12.97	36.65	800m: 9:37.68	35.13
5.	Kirsten Verhelle	VZC	200400210	<b>9:39.50</b>	+0,80			
	50m: 31.82	31.82	250m: 2:56.17	36.49	450m: 5:23.32	36.98	650m: 7:51.45	36.65
	100m: 1:07.02	35.20	300m: 3:32.56	36.39	500m: 6:00.48	37.16	700m: 8:28.23	36.78
	150m: 1:43.17	36.15	350m: 4:09.49	36.93	550m: 6:37.63	37.15	750m: 9:04.49	36.26
	200m: 2:19.68	36.51	400m: 4:46.34	36.85	600m: 7:14.80	37.17	800m: 9:39.50	35.01
6.	Charlotte Wilbers	ZPC Hoogeveen	200400312	<b>9:40.21</b>	+0,80			
	50m: 31.86	31.86	250m: 2:56.17	36.91	450m: 5:23.11	36.83	650m: 7:51.62	37.31
	100m: 1:06.72	34.86	300m: 3:32.79	36.62	500m: 5:59.78	36.67	700m: 8:29.15	37.53
	150m: 1:43.00	36.28	350m: 4:09.69	36.90	550m: 6:37.27	37.49	750m: 9:05.90	36.75
	200m: 2:19.26	36.26	400m: 4:46.28	36.59	600m: 7:14.31	37.04	800m: 9:40.21	34.31
7.	Imke Beekman	Hellas-Glana	200301950	<b>9:40.37</b>	+0,77			
	50m: 30.90	30.90	250m: 2:54.97	36.86	450m: 5:22.24	37.11	650m: 7:51.08	37.26
	100m: 1:05.69	34.79	300m: 3:31.36	36.39	500m: 5:59.25	37.01	700m: 8:28.20	37.12
	150m: 1:41.86	36.17	350m: 4:08.29	36.93	550m: 6:36.59	37.34	750m: 9:04.89	36.69
	200m: 2:18.11	36.25	400m: 4:45.13	36.84	600m: 7:13.82	37.23	800m: 9:40.37	35.48
8.	Ymke Dragstra	ZPC AMERSFOORT	200300930	<b>9:42.64</b>	+0,76			
	50m: 30.81	30.81	250m: 2:55.09	36.59	450m: 5:21.97	36.74	650m: 7:51.62	37.66
	100m: 1:05.91	35.10	300m: 3:31.60	36.51	500m: 5:59.30	37.33	700m: 8:29.37	37.75
	150m: 1:41.94	36.03	350m: 4:08.18	36.58	550m: 6:36.43	37.13	750m: 9:06.56	37.19
	200m: 2:18.50	36.56	400m: 4:45.23	37.05	600m: 7:13.96	37.53	800m: 9:42.64	36.08
9.	Silke Huisman	Orca	200301182	<b>9:44.13</b>	+0,76			
	50m: 31.31	31.31	250m: 2:55.60	36.66	450m: 5:25.04	37.81	650m: 7:54.36	37.64
	100m: 1:06.09	34.78	300m: 3:32.63	37.03	500m: 6:03.12	38.08	700m: 8:32.22	37.86
	150m: 1:42.17	36.08	350m: 4:09.69	37.06	550m: 6:39.45	36.33	750m: 9:08.52	36.30
	200m: 2:18.94	36.77	400m: 4:47.23	37.54	600m: 7:16.72	37.27	800m: 9:44.13	35.61
10.	Kim Zwinkels	ZPCH	200300422	<b>9:47.44</b>	+0,82			
	50m: 32.68	32.68	250m: 3:01.18	37.67	450m: 5:30.94	37.25	650m: 7:59.87	37.39
	100m: 1:08.93	36.25	300m: 3:38.84	37.66	500m: 6:08.15	37.21	700m: 8:36.76	36.89
	150m: 1:46.01	37.08	350m: 4:16.41	37.57	550m: 6:45.50	37.35	750m: 9:13.47	36.71
	200m: 2:23.51	37.50	400m: 4:53.69	37.28	600m: 7:22.48	36.98	800m: 9:47.44	33.97
11.	Femke Doorenbos	De Duinkickers	200404214	<b>9:50.95</b>	+0,81			
	50m: 32.85	32.85	250m: 3:01.49	37.94	450m: 5:33.11	38.18	650m: 8:03.19	35.77
	100m: 1:08.61	35.76	300m: 3:39.26	37.77	500m: 6:11.32	38.21	700m: 8:39.81	36.62
	150m: 1:45.77	37.16	350m: 4:17.10	37.84	550m: 6:48.95	37.63	750m: 9:16.29	36.48
	200m: 2:23.55	37.78	400m: 4:54.93	37.83	600m: 7:27.42	38.47	800m: 9:50.95	34.66



Nederlandse Junioren & Jeugd Kampioenschappen  
lange baan 2019  
Eindhoven, 13 t/m 16 juni 2019



Programmanr. 2, Meisjes, 800m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	startnr.	tijd	RT			
12.	Jonna Muntjewerff	ESCA Zwemmen	200402396	<b>9:52.47</b>	+0,82			
	50m: 32.04	32.04	250m: 3:00.95	37.35	450m: 5:33.19	37.81	650m: 8:03.97	37.12
	100m: 1:08.61	36.57	300m: 3:38.75	37.80	500m: 6:11.59	38.40	700m: 8:41.31	37.34
	150m: 1:45.89	37.28	350m: 4:17.09	38.34	550m: 6:49.05	37.46	750m: 9:17.10	35.79
	200m: 2:23.60	37.71	400m: 4:55.38	38.29	600m: 7:26.85	37.80	800m: 9:52.47	35.37
13.	Dominique Dingshoff	ZPC Hoogeveen	200400804	<b>9:56.61</b>	+0,86			
	50m: 32.91	32.91	250m: 3:00.83	37.72	450m: 5:31.63	37.97	650m: 8:04.39	38.29
	100m: 1:09.09	36.18	300m: 3:37.99	37.16	500m: 6:09.86	38.23	700m: 8:43.14	38.75
	150m: 1:45.94	36.85	350m: 4:15.55	37.56	550m: 6:47.92	38.06	750m: 9:20.28	37.14
	200m: 2:23.11	37.17	400m: 4:53.66	38.11	600m: 7:26.10	38.18	800m: 9:56.61	36.33
14.	Suze Kuipers	Orca	200301714	<b>10:01.28</b>	+0,83			
	50m: 33.07	33.07	250m: 3:01.87	37.70	450m: 5:34.62	37.88	650m: 8:07.93	38.26
	100m: 1:09.34	36.27	300m: 3:40.11	38.24	500m: 6:13.13	38.51	700m: 8:46.38	38.45
	150m: 1:46.84	37.50	350m: 4:18.59	38.48	550m: 6:51.47	38.34	750m: 9:24.48	38.10
	200m: 2:24.17	37.33	400m: 4:56.74	38.15	600m: 7:29.67	38.20	800m: 10:01.28	36.80

