

Programmanr. 55  
16-06-2018

Meisjes, 400m wisselslag

Junioren 3  
Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Mary Kate Farrell	The Hague Swimming (SG)	200402870	<b>5:17.98</b>	+0,71
	50m: 33.18	33.18 150m: 1:54.16	42.17 250m: 3:20.82	45.50 350m: 4:42.92	36.17
	100m: 1:11.99	38.81 200m: 2:35.32	41.16 300m: 4:06.75	45.93 400m: 5:17.98	35.06
2.	Ismay Lichtendonk	Dedemsvaart-AC	200400622	<b>5:21.47</b>	+0,73
	50m: 33.43	33.43 150m: 1:57.17	41.87 250m: 3:21.88	44.68 350m: 4:46.34	36.74
	100m: 1:15.30	41.87 200m: 2:37.20	40.03 300m: 4:09.60	47.72 400m: 5:21.47	35.13
3.	Rinske Bouman	ZZ&PC De Devel	200400578	<b>5:23.82</b>	+0,82
	50m: 33.12	33.12 150m: 1:55.66	43.79 250m: 3:24.98	45.34 350m: 4:48.05	35.82
	100m: 1:14.87	38.75 200m: 2:39.64	43.98 300m: 4:12.23	47.25 400m: 5:23.82	35.77
4.	Kirsten Verhalle	VZC	200400210	<b>5:25.39</b>	+0,84
	50m: 34.16	34.16 150m: 1:57.55	42.64 250m: 3:26.22	46.52 350m: 4:49.97	37.57
	100m: 1:14.91	40.75 200m: 2:39.70	42.15 300m: 4:12.40	46.18 400m: 5:25.39	35.42
5.	Veerle Nieborg	TriVia	200400428	<b>5:25.54</b>	+0,76
	50m: 33.50	33.50 150m: 1:57.50	43.85 250m: 3:26.52	46.69 350m: 4:50.72	37.50
	100m: 1:13.65	40.15 200m: 2:39.83	42.33 300m: 4:13.22	46.70 400m: 5:25.54	34.82
6.	Luna de Vries	Aqua-Novio'94	200400516	<b>5:25.59</b>	+0,68
	50m: 33.88	33.88 150m: 1:57.85	44.22 250m: 3:26.47	46.28 350m: 4:50.69	38.33
	100m: 1:13.63	39.75 200m: 2:40.19	42.34 300m: 4:12.36	45.89 400m: 5:25.59	34.90
7.	Aniek van de Weerd	VZC	200404136	<b>5:29.79</b>	+0,78
	50m: 34.07	34.07 150m: 1:56.27	40.59 250m: 3:27.34	51.25 350m: 4:54.60	37.84
	100m: 1:15.68	41.61 200m: 2:36.09	39.82 300m: 4:16.76	49.42 400m: 5:29.79	35.19
8.	Bridget de Bat	ZPC De Zeeuwse Kust	200400382	<b>5:32.21</b>	+0,80
	50m: 33.87	33.87 150m: 1:56.94	41.78 250m: 3:27.14	48.97 350m: 4:55.22	38.34
	100m: 1:15.16	41.29 200m: 2:38.17	41.23 300m: 4:16.88	49.74 400m: 5:32.21	36.99
9.	Charlotte Wilbers	ZPC Hoogeveen	200400312	<b>5:35.14</b>	+0,75
	50m: 35.44	35.44 150m: 2:01.21	42.38 250m: 3:31.85	49.01 350m: 4:59.63	37.89
	100m: 1:18.83	43.39 200m: 2:42.84	41.63 300m: 4:21.74	49.89 400m: 5:35.14	35.51
10.	Irma van der Wulp	WVZ	200401950	<b>5:40.15</b>	+0,74
	50m: 35.36	35.36 150m: 2:03.01	43.99 250m: 3:33.27	47.15 350m: 5:01.21	39.76
	100m: 1:19.02	43.66 200m: 2:46.12	43.11 300m: 4:21.45	48.18 400m: 5:40.15	38.94
11.	Lize van Stigt	LinK	200401510	<b>5:46.28</b>	+0,68
	50m: 34.46	34.46 150m: 2:01.09	45.05 250m: 3:36.03	50.44 350m: 5:08.07	39.78
	100m: 1:16.04	41.58 200m: 2:45.59	44.50 300m: 4:28.29	52.26 400m: 5:46.28	38.21
12.	Nora Weerman	ZV 44	200400620	<b>5:49.01</b>	+0,75
	50m: 34.58	34.58 150m: 2:04.69	47.85 250m: 3:36.67	46.94 350m: 5:08.18	41.36
	100m: 1:16.84	42.26 200m: 2:49.73	45.04 300m: 4:26.82	50.15 400m: 5:49.01	40.83