

Programmanr. 26
15-06-2018

Jongens, 400m vrije slag

Junioren 1
Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Yanieck Frijstein	Deltasteur	200500329	4:43.18	+0,73
	50m: 32.00	32.00 150m: 1:43.08	36.09 250m: 2:55.88	36.64 350m: 4:08.34	36.06
	100m: 1:06.99	34.99 200m: 2:19.24	36.16 300m: 3:32.28	36.40 400m: 4:43.18	34.84
2.	Luka Geraerds	Hellas-Glana	200502077	4:43.32	+0,75
	50m: 32.80	32.80 150m: 1:44.67	36.24 250m: 2:58.38	36.72 350m: 4:11.50	36.21
	100m: 1:08.43	35.63 200m: 2:21.66	36.99 300m: 3:35.29	36.91 400m: 4:43.32	31.82
3.	Sven Klink	Deltasteur	200500349	4:47.82	+0,63
	50m: 31.96	31.96 150m: 1:44.51	35.66 250m: 2:58.31	37.01 350m: 4:12.34	36.44
	100m: 1:08.85	36.89 200m: 2:21.30	36.79 300m: 3:35.90	37.59 400m: 4:47.82	35.48
4.	Gabriel Been	The Hague Swimming (SG)	200501467	4:50.57	+0,80
	50m: 32.10	32.10 150m: 1:44.79	36.66 250m: 2:59.73	37.73 350m: 4:14.40	37.49
	100m: 1:08.13	36.03 200m: 2:22.00	37.21 300m: 3:36.91	37.18 400m: 4:50.57	36.17
5.	Niels Jansen	Aqua-Novio'94	200501019	4:52.22	+0,74
	50m: 31.93	31.93 150m: 1:44.83	37.21 250m: 2:59.68	37.12 350m: 4:16.75	38.54
	100m: 1:07.62	35.69 200m: 2:22.56	37.73 300m: 3:38.21	38.53 400m: 4:52.22	35.47
6.	Sven ten Hove	Hieronymus	200500273	4:54.36	+0,64
	50m: 33.20	33.20 150m: 1:48.06	37.66 250m: 3:03.26	37.80 350m: 4:19.13	37.77
	100m: 1:10.40	37.20 200m: 2:25.46	37.40 300m: 3:41.36	38.10 400m: 4:54.36	35.23
7.	Sem Agterdenbos	MNC Dordrecht	200500049	4:54.81	+0,68
	50m: 33.18	33.18 150m: 1:48.80	37.94 250m: 3:05.43	38.02 350m: 4:21.00	36.91
	100m: 1:10.86	37.68 200m: 2:27.41	38.61 300m: 3:44.09	38.66 400m: 4:54.81	33.81
8.	Steijn Louter	ZC Aquadream	200500793	4:55.58	+0,72
	50m: 32.98	32.98 150m: 1:47.85	37.58 250m: 3:04.29	37.90 350m: 4:19.78	37.05
	100m: 1:10.27	37.29 200m: 2:26.39	38.54 300m: 3:42.73	38.44 400m: 4:55.58	35.80
9.	Yardan Taya	Zwemlust- den Hommel	200501343	4:57.41	+0,71
	50m: 30.85	30.85 150m: 1:44.04	37.40 250m: 3:01.48	38.71 350m: 4:20.01	39.40
	100m: 1:06.64	35.79 200m: 2:22.77	38.73 300m: 3:40.61	39.13 400m: 4:57.41	37.40
10.	David da Silva Miranda	FZC'54-De Vikings (SG)	200500019	4:58.53	+0,76
	50m: 32.96	32.96 150m: 1:50.16	39.34 250m: 3:08.00	38.95 350m: 4:24.44	37.58
	100m: 1:10.82	37.86 200m: 2:29.05	38.89 300m: 3:46.86	38.86 400m: 4:58.53	34.09
11.	Wouter Sies	TriVia	200500369	4:58.70	+0,80
	50m: 32.07	32.07 150m: 1:45.99	37.38 250m: 3:03.69	38.47 350m: 4:22.04	39.08
	100m: 1:08.61	36.54 200m: 2:25.22	39.23 300m: 3:42.96	39.27 400m: 4:58.70	36.66
12.	Rolf ter Keurs	De Veene	200500137	4:59.80	+0,78
	50m: 31.33	31.33 150m: 1:46.77	38.39 250m: 3:05.76	39.07 350m: 4:23.51	38.48
	100m: 1:08.38	37.05 200m: 2:26.69	39.92 300m: 3:45.03	39.27 400m: 4:59.80	36.29
13.	Björn Verkaik	The Hague Swimming (SG)	200500411	5:00.29	+0,71
	50m: 33.73	33.73 150m: 1:49.41	38.46 250m: 3:06.18	38.43 350m: 4:23.45	38.28
	100m: 1:10.95	37.22 200m: 2:27.75	38.34 300m: 3:45.17	38.99 400m: 5:00.29	36.84
14.	Alex Neuteboom Spijker	Aquapoldro	200500429	5:01.75	+0,76
	50m: 33.81	33.81 150m: 1:50.41	38.68 250m: 3:07.78	38.89 350m: 4:24.94	38.17
	100m: 1:11.73	37.92 200m: 2:28.89	38.48 300m: 3:46.77	38.99 400m: 5:01.75	36.81
15.	Émile Fouzai	The Hague Swimming (SG)	200500263	5:02.77	+0,79
	50m: 34.02	34.02 150m: 1:51.40	39.20 250m: 3:10.35	39.94 350m: 4:26.74	38.05
	100m: 1:12.20	38.18 200m: 2:30.41	39.01 300m: 3:48.69	38.34 400m: 5:02.77	36.03
16.	Domingo Kuipers	Orca	200501787	5:03.55	+0,65
	50m: 32.97	32.97 150m: 1:50.87	39.23 250m: 3:10.07	39.78 350m: 4:27.97	37.94
	100m: 1:11.64	38.67 200m: 2:30.29	39.42 300m: 3:50.03	39.96 400m: 5:03.55	35.58
17.	Sigsten Jonkman	ZPC De Zeeuwse Kust	200500523	5:04.98	+0,58
	50m: 33.41	33.41 150m: 1:50.54	38.59 250m: 3:09.28	39.28 350m: 4:28.60	39.53
	100m: 1:11.95	38.54 200m: 2:30.00	39.46 300m: 3:49.07	39.79 400m: 5:04.98	36.38
18.	Mika Bongers	ESCA Zwemmen	200502683	5:06.94	+0,66
	50m: 33.73	33.73 150m: 1:51.28	39.25 250m: 3:10.01	39.72 350m: 4:29.14	39.54
	100m: 1:12.03	38.30 200m: 2:30.29	39.01 300m: 3:49.60	39.59 400m: 5:06.94	37.80
19.	Jorian Heerink	RZC	200500097	5:11.39	+0,90
	50m: 34.03	34.03 150m: 1:53.31	39.52 250m: 3:13.10	39.50 350m: 4:33.09	39.35
	100m: 1:13.79	39.76 200m: 2:33.60	40.29 300m: 3:53.74	40.64 400m: 5:11.39	38.30
20.	Koen Marsman	ZPC AMERSFOORT	200502763	5:14.54	+0,74
	50m: 34.46	34.46 150m: 1:53.63	40.24 250m: 3:14.87	40.15 350m: 4:36.87	40.70
	100m: 1:13.39	38.93 200m: 2:34.72	41.09 300m: 3:56.17	41.30 400m: 5:14.54	37.67

onjuistheden?

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