

Programmanr. 133
18-06-2017

Jongens, 400m wisselslag

Junioren 4
Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Sander Crooijmans	VZC	200100383	4:50.08	+0,78
	50m: 29.94	29.94 150m: 1:42.91	37.57 250m: 3:01.99	42.20 350m: 4:18.05	33.17
	100m: 1:05.34	35.40 200m: 2:19.79	36.88 300m: 3:44.88	42.89 400m: 4:50.08	32.03
2.	Vincent Crooijmans	VZC	200100381	4:50.49	+0,76
	50m: 30.45	30.45 150m: 1:44.62	36.48 250m: 3:02.59	42.38 350m: 4:18.40	33.19
	100m: 1:08.14	37.69 200m: 2:20.21	35.59 300m: 3:45.21	42.62 400m: 4:50.49	32.09
3.	Marcel Delfstra	Orca	200100037	4:53.36	+0,68
	50m: 29.43	29.43 150m: 1:43.92	38.73 250m: 3:02.23	41.00 350m: 4:19.38	35.75
	100m: 1:05.19	35.76 200m: 2:21.23	37.31 300m: 3:43.63	41.40 400m: 4:53.36	33.98
4.	Emile Dost	Borger	200100731	4:55.51	+0,81
	50m: 30.21	30.21 150m: 1:44.32	37.68 250m: 3:03.72	42.27 350m: 4:21.37	34.15
	100m: 1:06.64	36.43 200m: 2:21.45	37.13 300m: 3:47.22	43.50 400m: 4:55.51	34.14
5.	Jelle Smid	Aqua-Novio'94	200100627	4:59.20	+0,65
	50m: 29.55	29.55 150m: 1:41.47	36.60 250m: 3:03.94	45.23 350m: 4:25.68	35.28
	100m: 1:04.87	35.32 200m: 2:18.71	37.24 300m: 3:50.40	46.46 400m: 4:59.20	33.52
6.	Coen de Lang	ZPC Hoogeveen	200100067	5:00.49	+0,84
	50m: 32.14	32.14 150m: 1:47.95	38.29 250m: 3:08.53	42.67 350m: 4:27.13	35.08
	100m: 1:09.66	37.52 200m: 2:25.86	37.91 300m: 3:52.05	43.52 400m: 5:00.49	33.36
7.	Stijn Boertien	Dedemsvaart-AC	200100719	5:01.18	+0,77
	50m: 29.47	29.47 150m: 1:48.06	42.24 250m: 3:11.22	40.48 350m: 4:27.83	34.42
	100m: 1:05.82	36.35 200m: 2:30.74	42.68 300m: 3:53.41	42.19 400m: 5:01.18	33.35
8.	Max Visser	WVZ	200100077	5:01.45	+0,75
	50m: 30.10	30.10 150m: 1:46.26	39.70 250m: 3:09.00	44.92 350m: 4:29.17	34.19
	100m: 1:06.56	36.46 200m: 2:24.08	37.82 300m: 3:54.98	45.98 400m: 5:01.45	32.28
9.	Freek Hollander	The Hague Swimming (SG)	200103815	5:01.88	+0,77
	50m: 29.72	29.72 150m: 1:42.76	38.23 250m: 3:05.82	45.00 350m: 4:27.05	35.80
	100m: 1:04.53	34.81 200m: 2:20.82	38.06 300m: 3:51.25	45.43 400m: 5:01.88	34.83
10.	Christiaan Smit	The Hague Swimming (SG)	200102463	5:01.96	+0,74
	50m: 30.93	30.93 150m: 1:47.88	40.30 250m: 3:10.40	44.02 350m: 4:29.13	34.74
	100m: 1:07.58	36.65 200m: 2:26.38	38.50 300m: 3:54.39	43.99 400m: 5:01.96	32.83
11.	Daen Spoor	VZC	200101117	5:02.80	+0,72
	50m: 29.93	29.93 150m: 1:45.71	38.67 250m: 3:06.26	42.25 350m: 4:27.48	36.23
	100m: 1:07.04	37.11 200m: 2:24.01	38.30 300m: 3:51.25	44.99 400m: 5:02.80	35.32
12.	Stefan Waalkens	De Houtrib	200100611	5:03.63	+0,61
	50m: 31.14	31.14 150m: 1:45.42	37.18 250m: 3:07.82	45.28 350m: 4:29.53	35.59
	100m: 1:08.24	37.10 200m: 2:22.54	37.12 300m: 3:53.94	46.12 400m: 5:03.63	34.10
13.	David Anthonio	De Kikker	200102551	5:03.77	+0,78
	50m: 31.29	31.29 150m: 1:47.70	39.21 250m: 3:10.47	42.83 350m: 4:30.06	34.66
	100m: 1:08.49	37.20 200m: 2:27.64	39.94 300m: 3:55.40	44.93 400m: 5:03.77	33.71
14.	Tjeerd van Stein	LINK	200101439	5:08.94	+0,78
	50m: 32.00	32.00 150m: 1:48.59	37.73 250m: 3:11.20	45.08 350m: 4:32.68	36.27
	100m: 1:10.86	38.86 200m: 2:26.12	37.53 300m: 3:56.41	45.21 400m: 5:08.94	36.26
15.	Janne Englebert	Hieronymus	200101561	5:17.21	+0,73
	50m: 31.10	31.10 150m: 1:47.31	38.77 250m: 3:15.56	49.68 350m: 4:41.50	36.15
	100m: 1:08.54	37.44 200m: 2:25.88	38.57 300m: 4:05.35	49.79 400m: 5:17.21	35.71

B=bonus inschrijving
onjuistheden?

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Splash Meet Manager, 11.49155

Registered to KNZB

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