

Programmanr. 1
15-06-2017

Meisjes, 400m vrije slag
snelste serie

Jeugd 1 en 2
Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
1.	Niamh Hofland	PSV	200205118	4:22.86	+0,65			
	50m: 30.51	30.51	150m: 1:36.92	33.44	250m: 2:43.65	33.32	350m: 3:50.47	33.11
	100m: 1:03.48	32.97	200m: 2:10.33	33.41	300m: 3:17.36	33.71	400m: 4:22.86	32.39
2.	Silke Holkenborg	RTC - VZC	200100292	4:26.08	+0,78			
	50m: 29.98	29.98	150m: 1:36.38	33.39	250m: 2:44.58	34.21	350m: 3:53.42	34.59
	100m: 1:02.99	33.01	200m: 2:10.37	33.99	300m: 3:18.83	34.25	400m: 4:26.08	32.66
3.	Imani de Jong	RTC - ZPCH	200200464	4:26.35	+0,76			
	50m: 29.62	29.62	150m: 1:36.13	33.44	250m: 2:44.34	34.30	350m: 3:53.29	34.78
	100m: 1:02.69	33.07	200m: 2:10.04	33.91	300m: 3:18.51	34.17	400m: 4:26.35	33.06
4.	Nienke Jonk	RTC - Hieronymus	200203000	4:31.10	+0,74			
	50m: 30.63	30.63	150m: 1:37.77	33.83	250m: 2:45.96	34.02	350m: 3:56.70	35.65
	100m: 1:03.94	33.31	200m: 2:11.94	34.17	300m: 3:21.05	35.09	400m: 4:31.10	34.40
5.	Femke Spiering	VZC	200204514	4:33.90	+0,76			
	50m: 30.26	30.26	150m: 1:37.51	33.75	250m: 2:47.29	35.00	350m: 3:59.01	35.64
	100m: 1:03.76	33.50	200m: 2:12.29	34.78	300m: 3:23.37	36.08	400m: 4:33.90	34.89
6.	Inge Vieveen	RTC - WVZ	200100024	4:34.95	+0,76			
	50m: 31.02	31.02	150m: 1:39.48	34.47	250m: 2:49.22	34.74	350m: 4:00.41	35.51
	100m: 1:05.01	33.99	200m: 2:14.48	35.00	300m: 3:24.90	35.68	400m: 4:34.95	34.54
7.	Lize Janna de Vries	Orca	200101948	4:41.36	+0,91			
	50m: 31.39	31.39	150m: 1:40.50	34.42	250m: 2:51.99	35.92	350m: 4:05.41	36.61
	100m: 1:06.08	34.69	200m: 2:16.07	35.57	300m: 3:28.80	36.81	400m: 4:41.36	35.95
8.	Carolien Beckers	NIMO	200200078	4:45.00	+0,83			
	50m: 30.92	30.92	150m: 1:41.99	35.99	250m: 2:55.74	36.83	350m: 4:09.17	36.55
	100m: 1:06.00	35.08	200m: 2:18.91	36.92	300m: 3:32.62	36.88	400m: 4:45.00	35.83
9.	Kyra Wooldrik	ZPC Hoogeveen	200101042	4:45.32	+0,79			
	50m: 31.48	31.48	150m: 1:43.68	36.63	250m: 2:58.00	37.08	350m: 4:12.03	36.60
	100m: 1:07.05	35.57	200m: 2:20.92	37.24	300m: 3:35.43	37.43	400m: 4:45.32	33.29
10.	Wiktorija Redzimska	ZPC Hoogeveen	200106042	4:45.51	+0,80			
	50m: 31.23	31.23	150m: 1:43.62	37.06	250m: 2:58.04	37.20	350m: 4:11.99	36.09
	100m: 1:06.56	35.33	200m: 2:20.84	37.22	300m: 3:35.90	37.86	400m: 4:45.51	33.52
11.	Samantha van Vuure	De Dolfijn	200200230	4:45.69	+0,77			
	50m: 31.66	31.66	150m: 1:44.71	36.71	250m: 2:58.63	36.44	350m: 4:11.46	36.05
	100m: 1:08.00	36.34	200m: 2:22.19	37.48	300m: 3:35.41	36.78	400m: 4:45.69	34.23
12.	Famke Slabbers	Arethusa	200200100	4:46.24	+0,79			
	50m: 31.37	31.37	150m: 1:42.48	36.06	250m: 2:56.01	36.69	350m: 4:09.53	36.43
	100m: 1:06.42	35.05	200m: 2:19.32	36.84	300m: 3:33.10	37.09	400m: 4:46.24	36.71
13.	Carlijn Hansté	WS Twente	200201082	4:46.32	+0,77			
	50m: 30.54	30.54	150m: 1:40.32	35.38	250m: 2:54.65	37.32	350m: 4:09.70	37.28
	100m: 1:04.94	34.40	200m: 2:17.33	37.01	300m: 3:32.42	37.77	400m: 4:46.32	36.62
14.	Zanthe Janssen	Aqua-Novio'94	200201786	4:47.47	+0,71			
	50m: 30.78	30.78	150m: 1:42.80	36.80	250m: 2:57.12	37.11	350m: 4:11.59	37.14
	100m: 1:06.00	35.22	200m: 2:20.01	37.21	300m: 3:34.45	37.33	400m: 4:47.47	35.88
15.	Isabel Dijkstra	Hellas-Glana	200200918	4:49.54	+0,79			
	50m: 31.77	31.77	150m: 1:42.91	36.01	250m: 2:56.81	37.16	350m: 4:12.31	37.87
	100m: 1:06.90	35.13	200m: 2:19.65	36.74	300m: 3:34.44	37.63	400m: 4:49.54	37.23
16.	Marit de Lau	PSV	200101338	4:50.05	+0,76			
	50m: 32.70	32.70	150m: 1:44.95	36.78	250m: 2:59.40	37.24	350m: 4:14.05	37.15
	100m: 1:08.17	35.47	200m: 2:22.16	37.21	300m: 3:36.90	37.50	400m: 4:50.05	36.00
17.	Sterre Veersma	ZPC AMERSFOORT	200203550	4:50.06	+0,70			
	50m: 30.56	30.56	150m: 1:42.54	36.48	250m: 2:57.80	37.42	350m: 4:14.30	37.84
	100m: 1:06.06	35.50	200m: 2:20.38	37.84	300m: 3:36.46	38.66	400m: 4:50.06	35.76
18.	Denise van der Burgt	Zeester-Meerval	200201812	4:50.92	+0,73			
	50m: 32.64	32.64	150m: 1:46.09	36.46	250m: 3:00.21	36.92	350m: 4:14.78	36.61
	100m: 1:09.63	36.99	200m: 2:23.29	37.20	300m: 3:38.17	37.96	400m: 4:50.92	36.14
19.	Sterre van de Goor	Arethusa	200102168	4:50.95	+0,74			
	50m: 32.63	32.63	150m: 1:45.81	36.62	250m: 2:59.95	36.51	350m: 4:13.99	36.36
	100m: 1:09.19	36.56	200m: 2:23.44	37.63	300m: 3:37.63	37.68	400m: 4:50.95	36.96
20.	Giulia Corsi	De Columbian	200100468	4:57.73	+0,78			
	50m: 33.92	33.92	150m: 1:48.40	36.98	250m: 3:03.27	37.49	350m: 4:19.62	38.42
	100m: 1:11.42	37.50	200m: 2:25.78	37.38	300m: 3:41.20	37.93	400m: 4:57.73	38.11

B=bonus inschrijving
onjuistheden?

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