

Programmanr. 1
 05-12-2019

Jongens, 400m vrije slag
 NJJK groot klassement

Junioren 1 en 2
 Resultaten

Nederlands Record Junioren	3:54.22	Luc Kroon	Eindhoven	26-01-2017
Nederlands Record 13 jaar	4:12.56	Stephan de Freitas Steverink	Eindhoven	15-12-2017
Nederlands Record 12 jaar	4:26.80	Maarten van der Weijden	Denekamp	02-10-1993
Kamp. Record Junioren 1 en 2	4:06.56	Jorgos Skotadis	Amsterdam	03-02-2012

Punten: FINA 2019

rang	naam	vereniging	startnr.	tijd	RT	FINA
1.	Senna Hof	DZ&PC	200600761	4:20.08	+0,77	543
	50m: 28.93	28.93	150m: 1:34.45	33.21	250m: 2:41.72	33.66
	100m: 1:01.24	32.31	200m: 2:08.06	33.61	300m: 3:15.25	33.53
					350m: 3:48.34	33.09
					400m: 4:20.08	31.74
2.	Finn Broekhoven	PSV	200600035	4:20.16	+0,79	543
	50m: 28.81	28.81	150m: 1:34.59	33.41	250m: 2:42.12	33.69
	100m: 1:01.18	32.37	200m: 2:08.43	33.84	300m: 3:15.61	33.49
					350m: 3:48.83	33.22
					400m: 4:20.16	31.33
3.	Daan Sonneveld	WVZ	200601085	4:22.90	+0,77	526
	50m: 29.27	29.27	150m: 1:35.45	33.58	250m: 2:43.08	33.89
	100m: 1:01.67	32.60	200m: 2:09.19	33.74	300m: 3:16.36	33.28
					350m: 3:48.01	31.65
					400m: 4:22.90	34.89
4.	Tiamo van der Veen	ZPC Hoogeveen	200600033	4:30.54	+0,92	482
	50m: 30.26	30.26	150m: 1:38.41	34.40	250m: 2:48.28	34.98
	100m: 1:04.01	33.75	200m: 2:13.30	34.89	300m: 3:23.19	34.91
					350m: 3:57.12	33.93
					400m: 4:30.54	33.42
5.	Lars Bulman	ZC Aquadream	200600125	4:31.43	+0,73	478
	50m: 29.84	29.84	150m: 1:38.17	34.49	250m: 2:48.74	34.74
	100m: 1:03.68	33.84	200m: 2:13.00	34.83	300m: 3:23.65	35.91
					350m: 3:58.24	34.59
					400m: 4:31.43	33.19
6.	Tiede Groener	De Dinkel	200700155	4:32.91	+0,79	470
	50m: 29.33	29.33	150m: 1:38.60	35.01	250m: 2:50.40	35.64
	100m: 1:03.59	34.26	200m: 2:14.76	36.16	300m: 3:25.82	35.42
					350m: 4:00.94	35.12
					400m: 4:32.91	31.97
7.	Tenzing Geutjes	ZPC AMERSFOORT	200600441	4:33.27	+0,77	468
	50m: 29.19	29.19	150m: 1:37.72	35.27	250m: 2:48.75	35.05
	100m: 1:02.45	33.26	200m: 2:13.70	35.98	300m: 3:24.33	35.58
					350m: 3:59.97	35.64
					400m: 4:33.27	33.30
8.	Ivar Kleuver	ZV New Wave Almere	200601457	4:36.02	+0,78	454
	50m: 30.13	30.13	150m: 1:39.64	35.32	250m: 2:50.09	34.96
	100m: 1:04.32	34.19	200m: 2:15.13	35.49	300m: 3:25.66	35.57
					350m: 4:01.56	35.90
					400m: 4:36.02	34.46
9.	Olivier Wilbers	ZPC Hoogeveen	200600181	4:36.37	+0,76	452
	50m: 30.92	30.92	150m: 1:39.54	34.72	250m: 2:49.82	35.02
	100m: 1:04.82	33.90	200m: 2:14.80	35.26	300m: 3:25.52	35.70
					350m: 4:01.34	35.82
					400m: 4:36.37	35.03
10.	Bjorn Rijkaart	BZ&PC	200601337	4:37.37	+0,78	448
	50m: 30.58	30.58	150m: 1:40.23	35.37	250m: 2:51.33	35.37
	100m: 1:04.86	34.28	200m: 2:15.96	35.73	300m: 3:26.04	34.71
					350m: 4:01.43	35.39
					400m: 4:37.37	35.94
11.	Kylian Oosterveen	ZPC De Zeeuwse Kust	200600651	4:39.76	+0,88	436
	50m: 30.87	30.87	150m: 1:41.78	36.20	250m: 2:53.61	35.77
	100m: 1:05.58	34.71	200m: 2:17.84	36.06	300m: 3:29.41	35.80
					350m: 4:05.17	35.76
					400m: 4:39.76	34.59
12.	Thomas Boer	Zwemclub Polaris	200600769	4:40.25	+0,73	434
	50m: 29.82	29.82	150m: 1:40.05	35.50	250m: 2:52.45	36.10
	100m: 1:04.55	34.73	200m: 2:16.35	36.30	300m: 3:29.16	36.71
					350m: 4:05.47	36.31
					400m: 4:40.25	34.78
13.	Mark Demianenko	Zoetermeer	200600409	4:40.67	+0,70	432
	50m: 30.28	30.28	150m: 1:40.48	35.80	250m: 2:52.44	36.08
	100m: 1:04.68	34.40	200m: 2:16.36	35.88	300m: 3:28.59	36.15
					350m: 4:05.43	36.84
					400m: 4:40.67	35.24
14.	Jip Bakker	Orca	200600287	4:43.19	+0,69	421
	50m: 31.35	31.35	150m: 1:42.50	35.98	250m: 2:54.95	36.18
	100m: 1:06.52	35.17	200m: 2:18.77	36.27	300m: 3:31.70	36.75
					350m: 4:08.11	36.41
					400m: 4:43.19	35.08
15.	Wout Koops	WS Twente	200601543	4:43.61	+0,85	419
	50m: 31.29	31.29	150m: 1:42.02	35.97	250m: 2:54.64	36.57
	100m: 1:06.05	34.76	200m: 2:18.07	36.05	300m: 3:31.17	36.53
					350m: 4:08.11	36.94
					400m: 4:43.61	35.50
16.	Nikodim Markovic	The Hague Swimming (SG)	200700255	4:44.61	+0,83	414
	50m: 30.85	30.85	150m: 1:42.91	36.37	250m: 2:55.42	36.85
	100m: 1:06.54	35.69	200m: 2:19.57	36.66	300m: 3:32.24	36.82
					350m: 4:09.03	36.79
					400m: 4:44.61	35.58
17.	Imme Bousema	Zwemclub Zeist	200601873	4:47.00	+0,65	404
	50m: 31.29	31.29	150m: 1:42.68	36.40	250m: 2:56.70	37.14
	100m: 1:06.28	34.99	200m: 2:19.56	36.88	300m: 3:34.42	37.72
					350m: 4:11.72	37.30
					400m: 4:47.00	35.28
18.	Joeri Harreman	De Schelde	200600469	4:47.59	+0,79	401
	50m: 31.48	31.48	150m: 1:41.77	35.76	250m: 2:55.53	37.06
	100m: 1:06.01	34.53	200m: 2:18.47	36.70	300m: 3:32.89	37.36
					350m: 4:10.68	37.79
					400m: 4:47.59	36.91
19.	Bas Blanker	ZPB H&L Productions	200601497	4:48.95	+0,71	396
	50m: 31.30	31.30	150m: 1:43.85	37.09	250m: 2:58.55	37.46
	100m: 1:06.76	35.46	200m: 2:21.09	37.24	300m: 3:36.41	37.86
					350m: 4:14.59	38.18
					400m: 4:48.95	34.36

Programmanr. 1, Jongens, 400m vrije slag, Junioren 1 en 2

rang	naam	vereniging	startnr.	tijd	RT	FINA
20.	Joe van den Hooff	PSV	200600559	4:49.56	+0,72	393
	50m: 31.34	31.34	150m: 1:43.32	36.40	250m: 2:57.97	37.41
	100m: 1:06.92	35.58	200m: 2:20.56	37.24	300m: 3:36.16	38.19
					350m: 4:14.27	38.11
					400m: 4:49.56	35.29
21.	Storm Boxum	ZV 44	200700421	4:50.14	+0,65	391
	50m: 31.32	31.32	150m: 1:43.39	36.75	250m: 2:57.89	37.41
	100m: 1:06.64	35.32	200m: 2:20.48	37.09	300m: 3:35.75	37.86
					350m: 4:13.26	37.51
					400m: 4:50.14	36.88
22.	Ben Jackson	De Dolfijn	200603399	4:50.93	+0,79	388
	50m: 32.44	32.44	150m: 1:45.78	37.10	250m: 3:00.62	37.67
	100m: 1:08.68	36.24	200m: 2:22.95	37.17	300m: 3:37.63	37.01
					350m: 4:15.17	37.54
					400m: 4:50.93	35.76
23.	Thierry Zulver	ZVVS	200700023	4:51.50	+0,69	386
	50m: 30.89	30.89	150m: 1:44.90	37.59	250m: 3:00.09	37.90
	100m: 1:07.31	36.42	200m: 2:22.19	37.29	300m: 3:38.52	38.43
					350m: 4:15.70	37.18
					400m: 4:51.50	35.80
24.	Lars Servaas	PSV	200600377	4:51.91	+0,66	384
	50m: 32.29	32.29	150m: 1:45.49	36.99	250m: 2:59.77	37.07
	100m: 1:08.50	36.21	200m: 2:22.70	37.21	300m: 3:37.29	37.52
					350m: 4:15.10	37.81
					400m: 4:51.91	36.81
25.	Niek Issard	VZC	200700037	4:52.08	+0,79	383
	50m: 32.13	32.13	150m: 1:45.28	36.92	250m: 3:00.31	37.33
	100m: 1:08.36	36.23	200m: 2:22.98	37.70	300m: 3:37.92	37.61
					350m: 4:15.13	37.21
					400m: 4:52.08	36.95
26.	Mick van Os	Aqua-Novio'94	200603267	4:54.00	+0,70	376
	50m: 31.65	31.65	150m: 1:46.20	37.87	250m: 3:01.33	37.58
	100m: 1:08.33	36.68	200m: 2:23.75	37.55	300m: 3:39.05	37.72
					350m: 4:17.10	38.05
					400m: 4:54.00	36.90
27.	Cai Mink	ZPC Hoogeveen	200601683	5:03.78	+0,81	341
	50m: 31.64	31.64	150m: 1:44.60	37.44	250m: 3:02.01	39.10
	100m: 1:07.16	35.52	200m: 2:22.91	38.31	300m: 3:42.07	40.06
					350m: 4:23.28	41.21
					400m: 5:03.78	40.50
28.	Sem Belmon	De Dolfijn	200702099	5:07.11	+0,78	330
	50m: 33.26	33.26	150m: 1:49.02	38.67	250m: 3:08.30	39.85
	100m: 1:10.35	37.09	200m: 2:28.45	39.43	300m: 3:47.80	39.50
					350m: 4:28.48	40.68
					400m: 5:07.11	38.63
DIS	Thom de Hoog	SCOM/De Zeehond'73 (SG)	200600019		+0,82	

AF - De aangegeven afstand niet uitgezwommen.