

Programmanr. 75
 16-12-2017

Jongens, 400m wisselslag
 snelste serie

Jeugd 1 en 2
 Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
1.	Jari Groenhart <i>Nederlands Record Jeugd</i>	RTC-TriVia	200000271	4:19.84	+0,78			
	50m: 27.85 100m: 1:00.52	27.85 32.67	150m: 1:34.13 200m: 2:06.51	33.61 32.38	250m: 2:43.53 300m: 3:20.47	37.02 36.94	350m: 3:50.92 400m: 4:19.84	30.45 28.92
2.	Sten Postma	VZC	200000011	4:27.58	+0,71			
	50m: 28.68 100m: 1:01.89	28.68 33.21	150m: 1:37.70 200m: 2:12.92	35.81 35.22	250m: 2:49.49 300m: 3:26.87	36.57 37.38	350m: 3:58.35 400m: 4:27.58	31.48 29.23
3.	Olivier Jans	The Hague Swimming (SG)	200001815	4:29.58	+0,74			
	50m: 29.06 100m: 1:02.29	29.06 33.23	150m: 1:37.49 200m: 2:11.45	35.20 33.96	250m: 2:48.68 300m: 3:26.88	37.23 38.20	350m: 3:59.33 400m: 4:29.58	32.45 30.25
4.	David Kuipers	Orca	200003633	4:34.34	+0,75			
	50m: 29.23 100m: 1:02.52	29.23 33.29	150m: 1:38.64 200m: 2:14.64	36.12 36.00	250m: 2:54.00 300m: 3:34.68	39.36 40.68	350m: 4:05.91 400m: 4:34.34	31.23 28.43
5.	Thomas Jansen	RTC-WVZ	200100143	4:34.46	+0,79			
	50m: 29.43 100m: 1:03.80	29.43 34.37	150m: 1:39.08 200m: 2:13.12	35.28 34.04	250m: 2:53.35 300m: 3:34.35	40.23 41.00	350m: 4:06.16 400m: 4:34.46	31.81 28.30
6.	Emile Dost	Borger	200100731	4:34.68	+0,77			
	50m: 29.05 100m: 1:03.79	29.05 34.74	150m: 1:39.12 200m: 2:14.43	35.33 35.31	250m: 2:52.80 300m: 3:31.87	38.37 39.07	350m: 4:03.88 400m: 4:34.68	32.01 30.80
7.	Sander Crooijmans	RTC-VZC	200100383	4:35.82	+0,81			
	50m: 29.32 100m: 1:03.57	29.32 34.25	150m: 1:39.65 200m: 2:14.91	36.08 35.26	250m: 2:54.86 300m: 3:34.99	39.95 40.13	350m: 4:06.37 400m: 4:35.82	31.38 29.45
8.	Vincent Crooijmans	RTC-VZC	200100381	4:36.32	+0,76			
	50m: 29.83 100m: 1:05.01	29.83 35.18	150m: 1:40.06 200m: 2:13.78	35.05 33.72	250m: 2:53.83 300m: 3:33.79	40.05 39.96	350m: 4:05.67 400m: 4:36.32	31.88 30.65
9.	Aaron Hendriksen of Hendriks	LZ&PC De Haaien	200002711	4:42.87	+0,64			
	50m: 28.71 100m: 1:03.06	28.71 34.35	150m: 1:40.22 200m: 2:16.56	37.16 36.34	250m: 2:57.36 300m: 3:38.79	40.80 41.43	350m: 4:11.56 400m: 4:42.87	32.77 31.31
10.	B. De Freitas Steverink	PSV	200105427	4:44.88 *	+0,59			
	50m: 28.44 100m: 1:00.99	28.44 32.55	150m: 1:39.34 200m: 2:16.21	38.35 36.87	250m: 2:57.45 300m: 3:38.33	41.24 40.88	350m: 4:12.20 400m: 4:44.88	33.87 32.68
11.	David Anthonio	KSN (SG)	200102551	4:45.04	+0,78			
	50m: 30.10 100m: 1:05.53	30.10 35.43	150m: 1:42.43 200m: 2:18.95	36.90 36.52	250m: 2:59.45 300m: 3:41.81	40.50 42.36	350m: 4:14.82 400m: 4:45.04	33.01 30.22
12.	Christiaan Smit	The Hague Swimming (SG)	200102463	4:45.56	+0,70			
	50m: 29.73 100m: 1:04.83	29.73 35.10	150m: 1:40.55 200m: 2:16.49	35.72 35.94	250m: 2:58.20 300m: 3:41.22	41.71 43.02	350m: 4:14.28 400m: 4:45.56	33.06 31.28
13.	Marcel Delfstra	Wetterwille	200100037	4:46.77	+0,70			
	50m: 29.35 100m: 1:03.95	29.35 34.60	150m: 1:41.23 200m: 2:17.03	37.28 35.80	250m: 2:57.33 300m: 3:38.14	40.30 40.81	350m: 4:13.09 400m: 4:46.77	34.95 33.68
14.	Freek Hollander	The Hague Swimming (SG)	200103815	4:49.24	+0,76			
	50m: 29.48 100m: 1:04.56	29.48 35.08	150m: 1:42.06 200m: 2:18.62	37.50 36.56	250m: 3:00.62 300m: 3:44.03	42.00 43.41	350m: 4:17.81 400m: 4:49.24	33.78 31.43
15.	Owen Peeks	ZPC Hooerveen	200100765	4:49.37	+0,83			
	50m: 31.65 100m: 1:08.58	31.65 36.93	150m: 1:44.35 200m: 2:19.27	35.77 34.92	250m: 3:01.60 300m: 3:44.93	42.33 43.33	350m: 4:18.47 400m: 4:49.37	33.54 30.90
16.	Max Visser	WVZ	200100077	4:49.69	+0,83			
	50m: 29.96 100m: 1:05.50	29.96 35.54	150m: 1:42.28 200m: 2:18.29	36.78 36.01	250m: 3:00.43 300m: 3:43.81	42.14 43.38	350m: 4:17.79 400m: 4:49.69	33.98 31.90
17.	Coen de Lang	ZPC Hooerveen	200100067	4:51.01	+0,74			
	50m: 30.24 100m: 1:07.30	30.24 37.06	150m: 1:42.48 200m: 2:17.94	35.18 35.46	250m: 3:00.33 300m: 3:43.13	42.39 42.80	350m: 4:18.16 400m: 4:51.01	35.03 32.85
18.	Tom Balsen Versteeg	De Warande	200005673	4:51.51	+0,65			
	50m: 30.72 100m: 1:06.77	30.72 36.05	150m: 1:44.70 200m: 2:21.21	37.93 36.51	250m: 3:03.00 300m: 3:45.42	41.79 42.42	350m: 4:19.15 400m: 4:51.51	33.73 32.36
19.	Tjeerd van Stein	Link	200101439	4:56.58	+0,80			
	50m: 31.91 100m: 1:10.57	31.91 38.66	150m: 1:46.91 200m: 2:22.85	36.34 35.94	250m: 3:05.64 300m: 3:49.41	42.79 43.77	350m: 4:23.57 400m: 4:56.58	34.16 33.01

B=bonus inschrijving
 onjuistheden?

mail naar: njjkinschrijvingen@knzb.nl



Nederlandse Junioren & Jeugd Kampioenschappen
korte baan dec. 2017
Eindhoven, 14 t/m 17 december 2017

Programmanr. 75, Jongens, 400m wisselslag, Jeugd 1 en 2

rang	naam	vereniging	startnr.	tijd	RT
AFGEM	Arjan Dekker	ReVeLie Swim Team	200000499		

B=bonus inschrijving
onjuistheden?

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