

Programmanr. 74  
16-12-2017

Meisjes, 400m wisselslag

Junioren 3  
Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Veerle Nieborg	TriVia	200400428	<b>5:14.04</b>	+0,74
	50m: 33.09	33.09 150m: 1:52.38	40.68 250m: 3:16.81	44.51 350m: 4:38.27	36.91
	100m: 1:11.70	38.61 200m: 2:32.30	39.92 300m: 4:01.36	44.55 400m: 5:14.04	35.77
2.	Luna de Vries	Aqua-Novio'94	200400516	<b>5:16.13</b>	+0,74
	50m: 33.05	33.05 150m: 1:55.31	41.78 250m: 3:20.68	45.76 350m: 4:42.06	35.78
	100m: 1:13.53	40.48 200m: 2:34.92	39.61 300m: 4:06.28	45.60 400m: 5:16.13	34.07
3.	Ismay Lichtendonk	Dedemsvaart-AC	200400622	<b>5:16.15</b>	+0,74
	50m: 32.62	32.62 150m: 1:51.44	39.30 250m: 3:16.63	46.82 350m: 4:42.72	37.78
	100m: 1:12.14	39.52 200m: 2:29.81	38.37 300m: 4:04.94	46.81 400m: 5:16.15	33.43
4.	Bridget de Bat	ZPC De Zeeuwse Kust	200400382	<b>5:18.46</b>	+0,75
	50m: 33.40	33.40 150m: 1:51.79	38.18 250m: 3:17.78	47.66 350m: 4:43.34	36.70
	100m: 1:13.61	40.21 200m: 2:30.12	38.33 300m: 4:06.64	48.86 400m: 5:18.46	35.12
5.	Emma Hofstee	TriVia	200401282	<b>5:20.26</b>	+0,81
	50m: 32.53	32.53 150m: 1:53.93	42.44 250m: 3:19.38	43.96 350m: 4:43.08	38.95
	100m: 1:11.49	38.96 200m: 2:35.42	41.49 300m: 4:04.13	44.75 400m: 5:20.26	37.18
6.	Jill Nai Chung Tong	ZVVS	200404272	<b>5:28.57</b>	+0,85
	50m: 34.01	34.01 150m: 1:56.72	40.49 250m: 3:22.22	44.70 350m: 4:49.31	40.67
	100m: 1:16.23	42.22 200m: 2:37.52	40.80 300m: 4:08.64	46.42 400m: 5:28.57	39.26
7.	Nora Weerman	ZV 44	200400620	<b>5:30.14</b>	+0,70
	50m: 34.67	34.67 150m: 1:59.68	43.79 250m: 3:28.43	45.42 350m: 4:53.83	38.50
	100m: 1:15.89	41.22 200m: 2:43.01	43.33 300m: 4:15.33	46.90 400m: 5:30.14	36.31
8.	Tessa Sportel	Dedemsvaart-AC	200401644	<b>5:30.80</b>	+0,71
	50m: 34.96	34.96 150m: 2:00.01	41.08 250m: 3:27.97	47.25 350m: 4:54.05	38.60
	100m: 1:18.93	43.97 200m: 2:40.72	40.71 300m: 4:15.45	47.48 400m: 5:30.80	36.75
9.	Kirsten Verhalle	VZC	200400210	<b>5:32.41</b>	+0,75
	50m: 34.03	34.03 150m: 1:58.97	42.81 250m: 3:28.23	46.81 350m: 4:55.41	38.78
	100m: 1:16.16	42.13 200m: 2:41.42	42.45 300m: 4:16.63	48.40 400m: 5:32.41	37.00
10.	Rinske Bouman	ZZ&PC De Devel	200400578	<b>5:33.22</b>	+0,82
	50m: 33.62	33.62 150m: 2:01.26	45.67 250m: 3:31.61	45.41 350m: 4:56.26	37.99
	100m: 1:15.59	41.97 200m: 2:46.20	44.94 300m: 4:18.27	46.66 400m: 5:33.22	36.96
11.	Aniek van de Weerd	VZC	200404136	<b>5:33.26</b>	+0,77
	50m: 33.04	33.04 150m: 1:55.63	41.48 250m: 3:25.38	49.92 350m: 4:55.52	39.78
	100m: 1:14.15	41.11 200m: 2:35.46	39.83 300m: 4:15.74	50.36 400m: 5:33.26	37.74
12.	Charlotte Wilbers	ZPC Hooogeveen	200400312	<b>5:34.53</b>	+0,83
	50m: 37.30	37.30 150m: 2:02.49	39.57 250m: 3:32.39	50.56 350m: 4:59.96	36.26
	100m: 1:22.92	45.62 200m: 2:41.83	39.34 300m: 4:23.70	51.31 400m: 5:34.53	34.57
13.	Amy Tebben	Eurode KZC	200400108	<b>5:34.85</b>	+0,78
	50m: 35.63	35.63 150m: 2:02.00	42.53 250m: 3:31.48	47.84 350m: 4:58.26	37.96
	100m: 1:19.47	43.84 200m: 2:43.64	41.64 300m: 4:20.30	48.82 400m: 5:34.85	36.59
14.	Sanne Temmen	De Dinkel	200400682	<b>5:35.05</b>	+0,80
	50m: 36.00	36.00 150m: 2:04.17	44.19 250m: 3:34.17	47.41 350m: 4:59.12	37.11
	100m: 1:19.98	43.98 200m: 2:46.76	42.59 300m: 4:22.01	47.84 400m: 5:35.05	35.93
15.	Luna Hofmeijer	WS Twente	200400006	<b>5:35.08</b>	+0,78
	50m: 35.86	35.86 150m: 2:05.07	44.18 250m: 3:32.06	45.57 350m: 4:58.84	39.11
	100m: 1:20.89	45.03 200m: 2:46.49	41.42 300m: 4:19.73	47.67 400m: 5:35.08	36.24
16.	Irma van der Wulp	WVZ	200401950	<b>5:37.18</b>	+0,76
	50m: 38.31	38.31 150m: 2:07.24	43.14 250m: 3:35.63	45.93 350m: 5:01.40	38.89
	100m: 1:24.10	45.79 200m: 2:49.70	42.46 300m: 4:22.51	46.88 400m: 5:37.18	35.78
17.	Lize van Stigt	Link	200401510	<b>5:38.21</b>	+0,66
	50m: 34.98	34.98 150m: 1:57.91	42.48 250m: 3:31.21	50.26 350m: 5:00.04	38.92
	100m: 1:15.43	40.45 200m: 2:40.95	43.04 300m: 4:21.12	49.91 400m: 5:38.21	38.17
18.	Marieke Lenderink	De Dinkel	200400778	<b>5:40.27</b>	+0,79
	50m: 34.85	34.85 150m: 2:05.63	45.41 250m: 3:36.96	49.69 350m: 5:04.73	38.49
	100m: 1:20.22	45.37 200m: 2:47.27	41.64 300m: 4:26.24	49.28 400m: 5:40.27	35.54
19.	Sanne Lukken	PSV	200400030	<b>5:48.23</b>	+0,77
	50m: 35.53	35.53 150m: 2:07.37	45.42 250m: 3:39.02	46.96 350m: 5:08.33	40.55
	100m: 1:21.95	46.42 200m: 2:52.06	44.69 300m: 4:27.78	48.76 400m: 5:48.23	39.90

B=bonus inschrijving  
onjuistheden?

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Programmanr. 74, Meisjes, 400m wisselslag, Junioren 3

rang	naam	vereniging	startnr.	tijd	RT
DIS	Daniëlle Vis	De Columbiaan	200401044		

*RH - Het eindpunt niet in rugligging aangeraakt.*