

Programmanr. 71  
 16-12-2017

Meisjes, 400m wisselslag  
 snelste serie

Jeugd 1 en 2  
 Resultaten

| rang | naam                                       | vereniging              | startnr.                       | tijd           | RT                             |                |                                |                |
|------|--|-------------------------|--------------------------------|----------------|--------------------------------|----------------|--------------------------------|----------------|
| 1.   | Niamh Hofland<br><i>Kamp. Record Jeugd</i> | PSV                     | 200205118                      | <b>4:45.49</b> | +0,67                          |                |                                |                |
|      | 50m: 30.46<br>100m: 1:05.75                | 30.46<br>35.29          | 150m: 1:42.41<br>200m: 2:18.31 | 36.66<br>35.90 | 250m: 2:59.67<br>300m: 3:40.77 | 41.36<br>41.10 | 350m: 4:13.98<br>400m: 4:45.49 | 33.21<br>31.51 |
| 2.   | Lotte Hosper                               | RTC-Racing Club         | 200201414                      | <b>4:54.04</b> | +0,77                          |                |                                |                |
|      | 50m: 30.58<br>100m: 1:05.48                | 30.58<br>34.90          | 150m: 1:42.53<br>200m: 2:19.65 | 37.05<br>37.12 | 250m: 3:02.04<br>300m: 3:45.16 | 42.39<br>43.12 | 350m: 4:19.90<br>400m: 4:54.04 | 34.74<br>34.14 |
| 3.   | Femke Spiering                             | RTC-VZC                 | 200204514                      | <b>4:55.24</b> | +0,79                          |                |                                |                |
|      | 50m: 30.26<br>100m: 1:05.85                | 30.26<br>35.59          | 150m: 1:43.96<br>200m: 2:20.53 | 38.11<br>36.57 | 250m: 3:06.12<br>300m: 3:50.45 | 45.59<br>44.33 | 350m: 4:23.92<br>400m: 4:55.24 | 33.47<br>31.32 |
| 4.   | Imani de Jong                              | RTC-ZPCH                | 200200464                      | <b>4:59.23</b> | +0,73                          |                |                                |                |
|      | 50m: 31.07<br>100m: 1:07.77                | 31.07<br>36.70          | 150m: 1:45.48<br>200m: 2:23.98 | 37.71<br>38.50 | 250m: 3:07.54<br>300m: 3:52.73 | 43.56<br>45.19 | 350m: 4:26.27<br>400m: 4:59.23 | 33.54<br>32.96 |
| 5.   | Silke Huisman                              | Orca                    | 200301182                      | <b>5:06.25</b> | +0,72                          |                |                                |                |
|      | 50m: 32.08<br>100m: 1:10.17                | 32.08<br>38.09          | 150m: 1:49.04<br>200m: 2:27.69 | 38.87<br>38.65 | 250m: 3:10.04<br>300m: 3:53.08 | 42.35<br>43.04 | 350m: 4:30.89<br>400m: 5:06.25 | 37.81<br>35.36 |
| 6.   | Amber Celie                                | De Dolfijn              | 200300756                      | <b>5:07.03</b> | +0,79                          |                |                                |                |
|      | 50m: 32.66<br>100m: 1:11.39                | 32.66<br>38.73          | 150m: 1:50.19<br>200m: 2:27.46 | 38.80<br>37.27 | 250m: 3:12.66<br>300m: 3:58.30 | 45.20<br>45.64 | 350m: 4:34.08<br>400m: 5:07.03 | 35.78<br>32.95 |
| 7.   | Zanthe Janssen                             | Aqua-Novio'94           | 200201786                      | <b>5:07.58</b> | +0,77                          |                |                                |                |
|      | 50m: 32.27<br>100m: 1:11.95                | 32.27<br>39.68          | 150m: 1:52.67<br>200m: 2:32.05 | 40.72<br>39.38 | 250m: 3:13.82<br>300m: 3:56.20 | 41.77<br>42.38 | 350m: 4:33.37<br>400m: 5:07.58 | 37.17<br>34.21 |
| 8.   | Birgit van Buiten                          | DWK                     | 200200498                      | <b>5:10.93</b> | +0,76                          |                |                                |                |
|      | 50m: 33.99<br>100m: 1:13.97                | 33.99<br>39.98          | 150m: 1:52.87<br>200m: 2:31.11 | 38.90<br>38.24 | 250m: 3:15.15<br>300m: 3:58.56 | 44.04<br>43.41 | 350m: 4:36.04<br>400m: 5:10.93 | 37.48<br>34.89 |
| 9.   | Carlijn Hansté                             | WS Twente               | 200201082                      | <b>5:15.85</b> | +0,84                          |                |                                |                |
|      | 50m: 33.17<br>100m: 1:12.71                | 33.17<br>39.54          | 150m: 1:53.17<br>200m: 2:31.83 | 40.46<br>38.66 | 250m: 3:19.32<br>300m: 4:06.52 | 47.49<br>47.20 | 350m: 4:41.66<br>400m: 5:15.85 | 35.14<br>34.19 |
| 10.  | Kim de Jong                                | Link                    | 200301026                      | <b>5:17.37</b> | +0,80                          |                |                                |                |
|      | 50m: 33.49<br>100m: 1:13.48                | 33.49<br>39.99          | 150m: 1:54.69<br>200m: 2:35.20 | 41.21<br>40.51 | 250m: 3:18.77<br>300m: 4:03.17 | 43.57<br>44.40 | 350m: 4:41.49<br>400m: 5:17.37 | 38.32<br>35.88 |
| 11.  | Almudena Visser Velez                      | The Hague Swimming (SG) | 200205904                      | <b>5:17.71</b> | +0,74                          |                |                                |                |
|      | 50m: 32.65<br>100m: 1:11.25                | 32.65<br>38.60          | 150m: 1:52.13<br>200m: 2:30.77 | 40.88<br>38.64 | 250m: 3:18.16<br>300m: 4:05.80 | 47.39<br>47.64 | 350m: 4:43.61<br>400m: 5:17.71 | 37.81<br>34.10 |
| 12.  | Quinty Rouschop                            | Zwemsport Parkstad (SG) | 200300208                      | <b>5:20.12</b> | +0,79                          |                |                                |                |
|      | 50m: 34.02<br>100m: 1:14.54                | 34.02<br>40.52          | 150m: 1:56.95<br>200m: 2:38.16 | 42.41<br>41.21 | 250m: 3:21.68<br>300m: 4:06.12 | 43.52<br>44.44 | 350m: 4:44.33<br>400m: 5:20.12 | 38.21<br>35.79 |
| 13.  | Anne Paulusse                              | De Warande              | 200200834                      | <b>5:20.66</b> | +0,83                          |                |                                |                |
|      | 50m: 35.31<br>100m: 1:16.32                | 35.31<br>41.01          | 150m: 1:55.99<br>200m: 2:35.41 | 39.67<br>39.42 | 250m: 3:21.00<br>300m: 4:06.66 | 45.59<br>45.66 | 350m: 4:45.13<br>400m: 5:20.66 | 38.47<br>35.53 |
| 14.  | Grace Anderson                             | WVZ                     | 200200578                      | <b>5:21.42</b> | +0,75                          |                |                                |                |
|      | 50m: 34.32<br>100m: 1:15.10                | 34.32<br>40.78          | 150m: 1:56.20<br>200m: 2:37.15 | 41.10<br>40.95 | 250m: 3:21.43<br>300m: 4:06.74 | 44.28<br>45.31 | 350m: 4:45.78<br>400m: 5:21.42 | 39.04<br>35.64 |
| 15.  | Josse Bergman                              | VZC                     | 200305146                      | <b>5:22.40</b> | +0,72                          |                |                                |                |
|      | 50m: 34.63<br>100m: 1:15.67                | 34.63<br>41.04          | 150m: 1:56.95<br>200m: 2:36.36 | 41.28<br>39.41 | 250m: 3:21.96<br>300m: 4:08.09 | 45.60<br>46.13 | 350m: 4:46.28<br>400m: 5:22.40 | 38.19<br>36.12 |
| 16.  | Jocelyn Horbeek                            | ZPC De Hof              | 200300302                      | <b>5:23.67</b> | +0,75                          |                |                                |                |
|      | 50m: 34.33<br>100m: 1:14.13                | 34.33<br>39.80          | 150m: 1:56.00<br>200m: 2:36.12 | 41.87<br>40.12 | 250m: 3:21.83<br>300m: 4:08.50 | 45.71<br>46.67 | 350m: 4:47.03<br>400m: 5:23.67 | 38.53<br>36.64 |
| 17.  | Lionne Klarenbeek                          | ZPC De Hof              | 200300108                      | <b>5:23.84</b> | +0,78                          |                |                                |                |
|      | 50m: 33.44<br>100m: 1:12.90                | 33.44<br>39.46          | 150m: 1:54.90<br>200m: 2:36.19 | 42.00<br>41.29 | 250m: 3:23.96<br>300m: 4:12.81 | 47.77<br>48.85 | 350m: 4:50.04<br>400m: 5:23.84 | 37.23<br>33.80 |
| 18.  | Ilse Volkers                               | DWK                     | 200301580                      | <b>5:23.87</b> | +0,80                          |                |                                |                |
|      | 50m: 34.50<br>100m: 1:15.37                | 34.50<br>40.87          | 150m: 1:56.19<br>200m: 2:35.73 | 40.82<br>39.54 | 250m: 3:23.34<br>300m: 4:11.29 | 47.61<br>47.95 | 350m: 4:48.84<br>400m: 5:23.87 | 37.55<br>35.03 |
| 19.  | Kim Zwinkels                               | ZPCH                    | 200300422                      | <b>5:25.08</b> | +0,80                          |                |                                |                |
|      | 50m: 33.22<br>100m: 1:13.01                | 33.22<br>39.79          | 150m: 1:55.43<br>200m: 2:36.26 | 42.42<br>40.83 | 250m: 3:24.69<br>300m: 4:12.45 | 48.43<br>47.76 | 350m: 4:49.31<br>400m: 5:25.08 | 36.86<br>35.77 |

B=bonus inschrijving  
 onjuistheden?

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Programmanr. 71, Meisjes, 400m wisselslag, Jeugd 1 en 2

| rang  | naam                 | vereniging              | startnr.            | tijd                | RT    |
|-------|----------------------|-------------------------|---------------------|---------------------|-------|
| 20.   | Esther Tiemersma     | ZPC De Zeeuwse Kust     | 200202962           | <b>5:28.43</b>      | +0,70 |
|       | 50m: 35.20           | 35.20 150m: 2:01.31     | 44.85 250m: 3:28.29 | 43.57 350m: 4:51.50 | 39.40 |
|       | 100m: 1:16.46        | 41.26 200m: 2:44.72     | 43.41 300m: 4:12.10 | 43.81 400m: 5:28.43 | 36.93 |
| 21.   | Milou ten Koppel     | Deltasteur              | 200302572           | <b>5:30.13</b>      | +0,93 |
|       | 50m: 35.59           | 35.59 150m: 1:59.91     | 41.62 250m: 3:25.49 | 46.24 350m: 4:54.97 | 40.81 |
|       | 100m: 1:18.29        | 42.70 200m: 2:39.25     | 39.34 300m: 4:14.16 | 48.67 400m: 5:30.13 | 35.16 |
| 22.   | Pleun van den Bergh  | HZPC                    | 200201952           | <b>5:30.85</b>      | +0,81 |
|       | 50m: 35.86           | 35.86 150m: 2:00.99     | 42.71 250m: 3:30.56 | 47.89 350m: 4:56.04 | 37.20 |
|       | 100m: 1:18.28        | 42.42 200m: 2:42.67     | 41.68 300m: 4:18.84 | 48.28 400m: 5:30.85 | 34.81 |
| 23.   | Denice Koolman       | ZV 44                   | 200200132           | <b>5:32.19</b>      | +0,74 |
|       | 50m: 37.24           | 37.24 150m: 2:06.91     | 41.92 250m: 3:35.26 | 47.50 350m: 4:58.43 | 36.34 |
|       | 100m: 1:24.99        | 47.75 200m: 2:47.76     | 40.85 300m: 4:22.09 | 46.83 400m: 5:32.19 | 33.76 |
| 24.   | Soraya Rakers        | De Dinkel               | 200300818           | <b>5:32.38</b>      | +0,86 |
|       | 50m: 36.05           | 36.05 150m: 2:03.25     | 40.31 250m: 3:30.70 | 47.27 350m: 4:56.90 | 38.12 |
|       | 100m: 1:22.94        | 46.89 200m: 2:43.43     | 40.18 300m: 4:18.78 | 48.08 400m: 5:32.38 | 35.48 |
| 25.   | Anastasia Renssen    | TRB-RES                 | 200202588           | <b>5:33.39</b>      | +0,65 |
|       | 50m: 34.64           | 34.64 150m: 1:59.00     | 42.90 250m: 3:30.13 | 47.61 350m: 4:57.22 | 38.87 |
|       | 100m: 1:16.10        | 41.46 200m: 2:42.52     | 43.52 300m: 4:18.35 | 48.22 400m: 5:33.39 | 36.17 |
| 26.   | Denise van der Burgt | Zeester-Meerval         | 200201812           | <b>5:33.41</b>      | +0,75 |
|       | 50m: 34.99           | 34.99 150m: 1:59.34     | 41.97 250m: 3:28.59 | 48.31 350m: 4:56.04 | 38.64 |
|       | 100m: 1:17.37        | 42.38 200m: 2:40.28     | 40.94 300m: 4:17.40 | 48.81 400m: 5:33.41 | 37.37 |
| 27.   | Daniëlle Meinema     | ZV 44                   | 200300534           | <b>5:36.26</b>      | +0,68 |
|       | 50m: 35.08           | 35.08 150m: 1:59.68     | 42.25 250m: 3:29.90 | 47.98 350m: 4:58.61 | 39.41 |
|       | 100m: 1:17.43        | 42.35 200m: 2:41.92     | 42.24 300m: 4:19.20 | 49.30 400m: 5:36.26 | 37.65 |
| 28.   | Nora Brouwer         | Aquapoldro              | 200300480           | <b>5:37.12</b>      | +0,77 |
|       | 50m: 34.76           | 34.76 150m: 1:57.94     | 42.32 250m: 3:29.41 | 49.04 350m: 4:58.74 | 40.41 |
|       | 100m: 1:15.62        | 40.86 200m: 2:40.37     | 42.43 300m: 4:18.33 | 48.92 400m: 5:37.12 | 38.38 |
| 29.   | Roos Englebert       | Hieronymus              | 200200606           | <b>5:37.14</b>      | +0,84 |
|       | 50m: 35.15           | 35.15 150m: 1:59.91     | 41.85 250m: 3:30.33 | 49.04 350m: 4:59.74 | 39.11 |
|       | 100m: 1:18.06        | 42.91 200m: 2:41.29     | 41.38 300m: 4:20.63 | 50.30 400m: 5:37.14 | 37.40 |
| AFGEM | Tessa Giele          | SCOM/De Zeehond'73 (SG) | 200203124           |                     |       |
| AFGEM | Anna Tinga           | De Forel                | 200302734           |                     |       |
| NG    | Amy de Sain          | De Dolfijn              | 200304690           |                     |       |

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