

Programmanr. 56  
15-12-2017

Jongens, 400m vrije slag

Junioren 3  
Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Mike Gerritsen	Platella	200304013	<b>4:12.45</b>	+0,80
	50m: 29.06 100m: 1:01.01	29.06 150m: 1:33.38 31.95 200m: 2:05.74	32.37 250m: 2:37.80 32.36 300m: 3:09.67	32.06 350m: 3:41.38 31.87 400m: 4:12.45	31.71 31.07
2.	Lucas Peters	PSV	200301325	<b>4:15.48</b>	+0,67
	50m: 29.42 100m: 1:01.51	29.42 150m: 1:33.80 32.09 200m: 2:06.69	32.29 250m: 2:39.28 32.89 300m: 3:12.13	32.59 350m: 3:44.37 32.85 400m: 4:15.48	32.24 31.11
3.	Yorick Visser	ZPC De Zeeuwse Kust	200301957	<b>4:16.43</b>	+0,70
	50m: 29.31 100m: 1:01.54	29.31 150m: 1:34.39 32.23 200m: 2:07.24	32.85 250m: 2:39.86 32.85 300m: 3:13.24	32.62 350m: 3:45.48 33.38 400m: 4:16.43	32.24 30.95
4.	Esper Schreurs	ZEPS	200300433	<b>4:16.70</b>	+0,89
	50m: 29.25 100m: 1:01.89	29.25 150m: 1:34.62 32.64 200m: 2:07.99	32.73 250m: 2:41.14 33.37 300m: 3:14.41	33.15 350m: 3:45.47 33.27 400m: 4:16.70	31.06 31.23
5.	Sam van der Stroom	PSV	200304409	<b>4:25.46</b>	+0,79
	50m: 29.97 100m: 1:02.89	29.97 150m: 1:35.88 32.92 200m: 2:09.37	32.99 250m: 2:43.05 33.49 300m: 3:17.00	33.68 350m: 3:51.80 33.95 400m: 4:25.46	34.80 33.66
6.	Bram Schaafsma	VZC	200302159	<b>4:26.00</b>	+0,69
	50m: 30.17 100m: 1:03.31	30.17 150m: 1:37.22 33.14 200m: 2:12.01	33.91 250m: 2:46.25 34.79 300m: 3:20.70	34.24 350m: 3:54.81 34.45 400m: 4:26.00	34.11 31.19
7.	Luuk Hulleman	ZVV	200300189	<b>4:26.41</b>	+0,78
	50m: 29.68 100m: 1:03.04	29.68 150m: 1:37.08 33.36 200m: 2:11.29	34.04 250m: 2:45.75 34.21 300m: 3:20.40	34.46 350m: 3:53.84 34.65 400m: 4:26.41	33.44 32.57
8.	Thijs Bosma	De Dolfijn	200302443	<b>4:29.52</b>	+0,67
	50m: 29.95 100m: 1:03.63	29.95 150m: 1:37.62 33.68 200m: 2:12.03	33.99 250m: 2:46.96 34.41 300m: 3:22.31	34.93 350m: 3:56.50 35.35 400m: 4:29.52	34.19 33.02
9.	Niels Kragt	Dedemsvaart-AC	200300155	<b>4:30.71</b>	+0,71
	50m: 29.27 100m: 1:02.91	29.27 150m: 1:37.84 33.64 200m: 2:12.72	34.93 250m: 2:47.68 34.88 300m: 3:22.45	34.96 350m: 3:57.37 34.77 400m: 4:30.71	34.92 33.34
10.	Matej Danis	DWK	200304745	<b>4:31.03</b>	+0,72
	50m: 29.83 100m: 1:03.51	29.83 150m: 1:38.06 33.68 200m: 2:13.13	34.55 250m: 2:47.82 35.07 300m: 3:22.89	34.69 350m: 3:58.38 35.07 400m: 4:31.03	35.49 32.65
11.	Rijk Heere	ZPC AMERSFOORT	200300897	<b>4:32.03</b>	+0,78
	50m: 29.62 100m: 1:03.15	29.62 150m: 1:38.24 33.53 200m: 2:14.15	35.09 250m: 2:50.32 35.91 300m: 3:25.83	36.17 350m: 4:00.31 35.51 400m: 4:32.03	34.48 31.72
12.	Jelle Bon	ZVVS	200301077	<b>4:32.21</b>	+0,72
	50m: 28.90 100m: 1:01.09	28.90 150m: 1:34.91 32.19 200m: 2:09.76	33.82 250m: 2:44.88 34.85 300m: 3:20.62	35.12 350m: 3:56.85 35.74 400m: 4:32.21	36.23 35.36
13.	Milan Hamel	The Hague Swimming (SG)	200302125	<b>4:35.89</b>	+0,69
	50m: 30.55 100m: 1:04.51	30.55 150m: 1:39.85 33.96 200m: 2:16.08	35.34 250m: 2:52.32 36.23 300m: 3:28.48	36.24 350m: 4:02.71 36.16 400m: 4:35.89	34.23 33.18
14.	Rens van Beek	Aqua-Novio'94	200300537	<b>4:36.56</b>	+0,78
	50m: 29.84 100m: 1:03.89	29.84 150m: 1:39.26 34.05 200m: 2:14.41	35.37 250m: 2:50.14 35.15 300m: 3:26.02	35.73 350m: 4:01.79 35.88 400m: 4:36.56	35.77 34.77
15.	Mika Heskamp	De Dinkel	200300339	<b>4:36.77</b>	+0,82
	50m: 30.37 100m: 1:04.88	30.37 150m: 1:40.43 34.51 200m: 2:16.38	35.55 250m: 2:51.72 35.95 300m: 3:27.07	35.34 350m: 4:02.77 35.35 400m: 4:36.77	35.70 34.00
16.	Daan Hogerhuis	LinK	200300317	<b>4:37.12</b>	+0,76
	50m: 31.17 100m: 1:05.18	31.17 150m: 1:40.27 34.01 200m: 2:15.75	35.09 250m: 2:51.58 35.48 300m: 3:27.71	35.83 350m: 4:03.27 36.13 400m: 4:37.12	35.56 33.85
17.	Stan de Swart	PSV	200300535	<b>4:37.23</b>	+0,74
	50m: 30.03 100m: 1:03.16	30.03 150m: 1:38.50 33.13 200m: 2:13.95	35.34 250m: 2:50.05 35.45 300m: 3:26.41	36.10 350m: 4:02.44 36.36 400m: 4:37.23	36.03 34.79
18.	Thijn Damen	De Warande	200300973	<b>4:39.79</b>	+0,72
	50m: 31.34 100m: 1:05.80	31.34 150m: 1:40.90 34.46 200m: 2:16.97	35.10 250m: 2:52.52 36.07 300m: 3:28.61	35.55 350m: 4:04.93 36.09 400m: 4:39.79	36.32 34.86

B=bonus inschrijving  
onjuistheden?

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