

Programmanr. 54
 15-12-2017

Jongens, 400m vrije slag

Junioren 1
 Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Niels Jansen	Aqua-Novio'94	200501019	4:45.07	+0,70
	50m: 30.29	30.29 150m: 1:41.10	36.07	250m: 2:54.73	36.95
	100m: 1:05.03	34.74 200m: 2:17.78	36.68	300m: 3:31.50	36.77
				350m: 4:08.91	37.41
				400m: 4:45.07	36.16
2.	Gabriel Been	The Hague Swimming (SG)	200501467	4:47.37	+0,79
	50m: 31.96	31.96 150m: 1:45.59	37.34	250m: 2:59.91	37.10
	100m: 1:08.25	36.29 200m: 2:22.81	37.22	300m: 3:36.55	36.64
				350m: 4:12.99	36.44
				400m: 4:47.37	34.38
3.	Steijn Louter	ZC Aquadream	200500793	4:51.63	+0,66
	50m: 32.26	32.26 150m: 1:45.26	36.97	250m: 3:01.22	38.12
	100m: 1:08.29	36.03 200m: 2:23.10	37.84	300m: 3:39.42	38.20
				350m: 4:16.90	37.48
				400m: 4:51.63	34.73
4.	Emiel van Oord	The Hague Swimming (SG)	200503707	4:52.43	+0,67
	50m: 31.49	31.49 150m: 1:45.56	37.82	250m: 3:01.26	37.94
	100m: 1:07.74	36.25 200m: 2:23.32	37.76	300m: 3:39.84	38.58
				350m: 4:17.07	37.23
				400m: 4:52.43	35.36
5.	Sven Klink	ZV 44	200500349	4:52.66	+0,70
	50m: 31.02	31.02 150m: 1:44.15	37.60	250m: 3:01.51	38.85
	100m: 1:06.55	35.53 200m: 2:22.66	38.51	300m: 3:38.53	37.02
				350m: 4:15.81	37.28
				400m: 4:52.66	36.85
6.	Luka Geraerds	Hellas-Glana	200502077	4:52.67	+0,74
	50m: 33.06	33.06 150m: 1:48.44	38.19	250m: 3:04.82	38.32
	100m: 1:10.25	37.19 200m: 2:26.50	38.06	300m: 3:42.90	38.08
				350m: 4:19.73	36.83
				400m: 4:52.67	32.94
7.	Sven ten Hove	Hieronymus	200500273	4:55.86	+0,67
	50m: 33.48	33.48 150m: 1:48.50	37.98	250m: 3:04.42	38.09
	100m: 1:10.52	37.04 200m: 2:26.33	37.83	300m: 3:42.89	38.47
				350m: 4:20.14	37.25
				400m: 4:55.86	35.72
8.	Sem Agterdenbos	MNC Dordrecht	200500049	4:57.77	+0,72
	50m: 31.82	31.82 150m: 1:45.66	37.61	250m: 3:02.07	38.40
	100m: 1:08.05	36.23 200m: 2:23.67	38.01	300m: 3:41.11	39.04
				350m: 4:20.03	38.92
				400m: 4:57.77	37.74
9.	Björn Verkaik	The Hague Swimming (SG)	200500411	5:00.62	+0,71
	50m: 32.10	32.10 150m: 1:47.33	38.70	250m: 3:04.94	38.41
	100m: 1:08.63	36.53 200m: 2:26.53	39.20	300m: 3:43.80	38.86
				350m: 4:22.85	39.05
				400m: 5:00.62	37.77
10.	Sigsten Jonkman	ZPC De Zeeuwse Kust	200500523	5:05.87	+0,68
	50m: 32.81	32.81 150m: 1:49.04	38.75	250m: 3:07.88	39.61
	100m: 1:10.29	37.48 200m: 2:28.27	39.23	300m: 3:47.62	39.74
				350m: 4:27.49	39.87
				400m: 5:05.87	38.38
11.	Mika Bongers	ESCA Zwemmen	200502683	5:07.29	+0,72
	50m: 34.20	34.20 150m: 1:52.43	39.40	250m: 3:11.88	39.90
	100m: 1:13.03	38.83 200m: 2:31.98	39.55	300m: 3:51.90	40.02
				350m: 4:31.33	39.43
				400m: 5:07.29	35.96
12.	David da Silva Miranda	FZC'54-De Vikings (SG)	200500019	5:07.33	+0,77
	50m: 33.62	33.62 150m: 1:51.59	39.70	250m: 3:11.51	40.22
	100m: 1:11.89	38.27 200m: 2:31.29	39.70	300m: 3:51.50	39.99
				350m: 4:31.25	39.75
				400m: 5:07.33	36.08
13.	Yardan Taya	Zwemlust-den Hommel	200501343	5:07.40	+0,75
	50m: 34.27	34.27 150m: 1:52.15	39.43	250m: 3:11.77	39.71
	100m: 1:12.72	38.45 200m: 2:32.06	39.91	300m: 3:51.90	40.13
				350m: 4:31.06	39.16
				400m: 5:07.40	36.34
14.	Rens Stijf	NDD	200501419	5:07.62	+0,65
	50m: 32.57	32.57 150m: 1:49.80	39.40	250m: 3:09.77	39.96
	100m: 1:10.40	37.83 200m: 2:29.81	40.01	300m: 3:50.05	40.28
				350m: 4:29.90	39.85
				400m: 5:07.62	37.72
15.	Wouter Sies	TriVia	200500369	5:10.41	+0,82
	50m: 33.66	33.66 150m: 1:51.27	39.12	250m: 3:11.75	40.56
	100m: 1:12.15	38.49 200m: 2:31.19	39.92	300m: 3:52.10	40.35
				350m: 4:31.29	39.19
				400m: 5:10.41	39.12
16.	Casper Hoogervorst	De Columbiaan	200500183	5:13.20	+0,71
	50m: 34.69	34.69 150m: 1:54.58	40.25	250m: 3:14.35	39.97
	100m: 1:14.33	39.64 200m: 2:34.38	39.80	300m: 3:54.68	40.33
				350m: 4:34.97	40.29
				400m: 5:13.20	38.23
BM	Andrei Enache	The Hague Swimming (SG)	200503831	4:38.42	+0,61
	50m: 30.66	30.66 150m: 1:40.98	35.80	250m: 2:53.13	35.99
	100m: 1:05.18	34.52 200m: 2:17.14	36.16	300m: 3:28.43	35.30
				350m: 4:03.69	35.26
				400m: 4:38.42	34.73

B=bonus inschrijving
 onjuistheden?

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