

Programmanr. 36  
 15-12-2017

Jongens, 400m vrije slag  
 snelste serie

Jeugd 1 en 2  
 Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
1.	Luc Kroon <i>Nederlands Record Jeugd</i>	RTC-Ed-Vo	200100697	<b>3:49.26</b>	+0,79			
	50m: 25.67 100m: 54.50	25.67 28.83	150m: 1:23.36 200m: 1:52.44	28.86 29.08	250m: 2:21.75 300m: 2:51.30	29.31 29.55	350m: 3:20.79 400m: 3:49.26	29.49 28.47
2.	Tim Hoogerwerf	DWK	200005587	<b>3:56.31</b>	+0,76			
	50m: 27.23 100m: 57.24	27.23 30.01	150m: 1:27.71 200m: 1:58.23	30.47 30.52	250m: 2:28.19 300m: 2:58.39	29.96 30.20	350m: 3:28.29 400m: 3:56.31	29.90 28.02
3.	Jari Groenhart	RTC-TriVia	200000271	<b>3:56.39</b>	+0,77			
	50m: 26.29 100m: 55.62	26.29 29.33	150m: 1:25.81 200m: 1:56.13	30.19 30.32	250m: 2:26.73 300m: 2:57.60	30.60 30.87	350m: 3:27.74 400m: 3:56.39	30.14 28.65
4.	Vincent Crooijmans	RTC-VZC	200100381	<b>3:57.68</b>	+0,75			
	50m: 26.98 100m: 56.21	26.98 29.23	150m: 1:26.47 200m: 1:56.95	30.26 30.48	250m: 2:27.42 300m: 2:57.89	30.47 30.47	350m: 3:28.19 400m: 3:57.68	30.30 29.49
5.	Sander Crooijmans	RTC-VZC	200100383	<b>4:00.48</b>	+0,81			
	50m: 26.96 100m: 56.15	26.96 29.19	150m: 1:26.54 200m: 1:57.08	30.39 30.54	250m: 2:27.91 300m: 2:58.51	30.83 30.60	350m: 3:29.44 400m: 4:00.48	30.93 31.04
6.	Thomas Jansen	RTC-WVZ	200100143	<b>4:00.79</b>	+0,78			
	50m: 27.20 100m: 57.76	27.20 30.56	150m: 1:28.09 200m: 1:59.01	30.33 30.92	250m: 2:29.58 300m: 3:00.53	30.57 30.95	350m: 3:31.64 400m: 4:00.79	31.11 29.15
7.	David Kuipers	Orca	200003633	<b>4:00.81</b>	+0,78			
	50m: 27.56 100m: 57.42	27.56 29.86	150m: 1:27.74 200m: 1:58.12	30.32 30.38	250m: 2:28.61 300m: 2:59.21	30.49 30.60	350m: 3:30.30 400m: 4:00.81	31.09 30.51
8.	Olivier Jans	The Hague Swimming (SG)	200001815	<b>4:09.18</b>	+0,77			
	50m: 28.45 100m: 59.20	28.45 30.75	150m: 1:30.68 200m: 2:02.36	31.48 31.68	250m: 2:34.20 300m: 3:06.38	31.84 32.18	350m: 3:38.61 400m: 4:09.18	32.23 30.57
9.	Jelle Smid	Aqua-Novio'94	200100627	<b>4:10.67</b>	+0,66			
	50m: 27.40 100m: 58.22	27.40 30.82	150m: 1:29.87 200m: 2:02.09	31.65 32.22	250m: 2:34.50 300m: 3:07.29	32.41 32.79	350m: 3:39.86 400m: 4:10.67	32.57 30.81
10.	Bas Morelissen	ZPC AMERSFOORT	200100861	<b>4:10.99</b>	+0,67			
	50m: 28.03 100m: 57.61	28.03 29.58	150m: 1:28.47 200m: 2:00.60	30.86 32.13	250m: 2:33.61 300m: 3:06.63	33.01 33.02	350m: 3:39.50 400m: 4:10.99	32.87 31.49
11.	David Anthonio	KSN (SG)	200102551	<b>4:11.01</b>	+0,79			
	50m: 28.47 100m: 59.75	28.47 31.28	150m: 1:31.68 200m: 2:04.34	31.93 32.66	250m: 2:36.54 300m: 3:08.86	32.20 32.32	350m: 3:40.42 400m: 4:11.01	31.56 30.59
12.	B. De Freitas Steverink	PSV	200105427	<b>4:12.33</b> *	+0,64			
	50m: 28.80 100m: 1:00.13	28.80 31.33	150m: 1:31.57 200m: 2:04.17	31.44 32.60	250m: 2:36.88 300m: 3:09.56	32.71 32.68	350m: 3:41.56 400m: 4:12.33	32.00 30.77
13.	Dennis Kamps	De Dinkel	200000191	<b>4:12.53</b>	+0,75			
	50m: 28.20 100m: 59.43	28.20 31.23	150m: 1:31.58 200m: 2:04.24	32.15 32.66	250m: 2:36.44 300m: 3:08.50	32.20 32.06	350m: 3:41.03 400m: 4:12.53	32.53 31.50
14.	Floris de Leeuw	The Hague Swimming (SG)	200105317	<b>4:12.68</b>	+0,70			
	50m: 28.91 100m: 1:00.74	28.91 31.83	150m: 1:33.11 200m: 2:05.70	32.37 32.59	250m: 2:37.70 300m: 3:10.01	32.00 32.31	350m: 3:42.04 400m: 4:12.68	32.03 30.64
15.	Raf Hendriks	Hellas-Glana	200100879	<b>4:13.05</b>	+0,80			
	50m: 28.31 100m: 1:00.12	28.31 31.81	150m: 1:31.85 200m: 2:04.05	31.73 32.20	250m: 2:36.36 300m: 3:09.27	32.31 32.91	350m: 3:41.49 400m: 4:13.05	32.22 31.56
16.	Christiaan Smit	The Hague Swimming (SG)	200102463	<b>4:13.89</b>	+0,71			
	50m: 28.77 100m: 1:00.77	28.77 32.00	150m: 1:32.69 200m: 2:05.21	31.92 32.52	250m: 2:37.83 300m: 3:10.47	32.62 32.64	350m: 3:42.70 400m: 4:13.89	32.23 31.19
17.	Ivo Stolk	RTC-De Zeehond '73	200100615	<b>4:14.17</b>	+0,74			
	50m: 28.20 100m: 59.41	28.20 31.21	150m: 1:31.81 200m: 2:03.89	32.40 32.08	250m: 2:36.54 300m: 3:09.63	32.65 33.09	350m: 3:42.11 400m: 4:14.17	32.48 32.06
18.	Owen Peeks	ZPC Hoogeveen	200100765	<b>4:14.71</b>	+0,81			
	50m: 28.17 100m: 59.97	28.17 31.80	150m: 1:32.84 200m: 2:05.66	32.87 32.82	250m: 2:38.38 300m: 3:10.88	32.72 32.50	350m: 3:43.50 400m: 4:14.71	32.62 31.21
19.	Max Visser	WVZ	200100077	<b>4:15.17</b>	+0,75			
	50m: 28.52 100m: 1:00.03	28.52 31.51	150m: 1:32.68 200m: 2:05.63	32.65 32.95	250m: 2:38.28 300m: 3:11.14	32.65 32.86	350m: 3:43.50 400m: 4:15.17	32.36 31.67

B=bonus inschrijving  
 onjuistheden?

mail naar: [njjkschrijvingen@knzb.nl](mailto:njjkschrijvingen@knzb.nl)

Programmanr. 36, Jongens, 400m vrije slag, Jeugd 1 en 2

rang	naam	vereniging	startnr.	tijd	RT			
20.	Rijk Dragstra	ZPC AMERSFOORT	200102473	<b>4:15.44</b>	+0,81			
	50m: 28.43	28.43	150m: 1:32.19	32.56	250m: 2:38.16	33.15	350m: 3:44.98	33.11
	100m: 59.63	31.20	200m: 2:05.01	32.82	300m: 3:11.87	33.71	400m: 4:15.44	30.46
21.	Tom Balsen Versteeg	De Warande	200005673	<b>4:16.08</b>	+0,62			
	50m: 28.01	28.01	150m: 1:31.42	32.12	250m: 2:37.43	33.22	350m: 3:43.95	32.99
	100m: 59.30	31.29	200m: 2:04.21	32.79	300m: 3:10.96	33.53	400m: 4:16.08	32.13
22.	Dave van der Voet	De Dolfijn	200102783	<b>4:19.86</b>	+0,72			
	50m: 28.95	28.95	150m: 1:34.43	32.95	250m: 2:40.59	33.45	350m: 3:48.42	33.77
	100m: 1:01.48	32.53	200m: 2:07.14	32.71	300m: 3:14.65	34.06	400m: 4:19.86	31.44
23.	Daniël Claasen	ZPC AMERSFOORT	200100787	<b>4:20.50</b>	+0,72			
	50m: 28.27	28.27	150m: 1:31.54	31.84	250m: 2:38.33	33.61	350m: 3:47.14	34.64
	100m: 59.70	31.43	200m: 2:04.72	33.18	300m: 3:12.50	34.17	400m: 4:20.50	33.36
24.	Freek Hollander	The Hague Swimming (SG)	200103815	<b>4:21.15</b>	+0,76			
	50m: 29.46	29.46	150m: 1:35.54	33.40	250m: 2:41.29	32.56	350m: 3:48.29	33.68
	100m: 1:02.14	32.68	200m: 2:08.73	33.19	300m: 3:14.61	33.32	400m: 4:21.15	32.86

B=bonus inschrijving  
onjuistheden?

mail naar: [njjkinschrijvingen@knzb.nl](mailto:njjkinschrijvingen@knzb.nl)