

Programmanr. 33  
 15-12-2017

Meisjes, 400m vrije slag

Junioren 3  
 Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Janna van Kooten	TriVia	200404584	<b>4:40.77</b>	+0,77
	50m: 31.15	31.15 150m: 1:42.36	36.13 250m: 2:54.91	36.24 350m: 4:06.04	34.99
	100m: 1:06.23	35.08 200m: 2:18.67	36.31 300m: 3:31.05	36.14 400m: 4:40.77	34.73
2.	Charlotte Wilbers	ZPC Hoogeveen	200400312	<b>4:41.88</b>	+0,73
	50m: 31.85	31.85 150m: 1:42.73	35.62 250m: 2:55.37	36.51 350m: 4:07.68	35.77
	100m: 1:07.11	35.26 200m: 2:18.86	36.13 300m: 3:31.91	36.54 400m: 4:41.88	34.20
3.	Ismay Lichtendonk	Dedemvaart-AC	200400622	<b>4:42.05</b>	+0,74
	50m: 31.53	31.53 150m: 1:42.10	35.81 250m: 2:54.93	36.42 350m: 4:07.31	35.59
	100m: 1:06.29	34.76 200m: 2:18.51	36.41 300m: 3:31.72	36.79 400m: 4:42.05	34.74
4.	Bridget de Bat	ZPC De Zeeuwse Kust	200400382	<b>4:43.38</b>	+0,73
	50m: 30.76	30.76 150m: 1:41.28	35.93 250m: 2:53.82	36.42 350m: 4:07.46	36.92
	100m: 1:05.35	34.59 200m: 2:17.40	36.12 300m: 3:30.54	36.72 400m: 4:43.38	35.92
5.	Amy Tebben	Eurode KZC	200400108	<b>4:47.81</b>	+0,81
	50m: 32.28	32.28 150m: 1:44.40	36.59 250m: 2:58.06	36.66 350m: 4:12.71	37.33
	100m: 1:07.81	35.53 200m: 2:21.40	37.00 300m: 3:35.38	37.32 400m: 4:47.81	35.10
6.	Marieke Lenderink	De Dinkel	200400778	<b>4:48.10</b>	+0,81
	50m: 32.04	32.04 150m: 1:43.54	36.41 250m: 2:58.99	37.67 350m: 4:13.52	36.90
	100m: 1:07.13	35.09 200m: 2:21.32	37.78 300m: 3:36.62	37.63 400m: 4:48.10	34.58
7.	Luna de Vries	Aqua-Novio'94	200400516	<b>4:48.37</b>	+0,73
	50m: 30.97	30.97 150m: 1:42.67	36.52 250m: 2:57.43	37.36 350m: 4:12.49	37.14
	100m: 1:06.15	35.18 200m: 2:20.07	37.40 300m: 3:35.35	37.92 400m: 4:48.37	35.88
8.	Myrthe Natzijl	KSN (SG)	200400076	<b>4:48.71</b>	+0,77
	50m: 31.84	31.84 150m: 1:44.32	36.83 250m: 2:59.09	37.53 350m: 4:14.06	37.36
	100m: 1:07.49	35.65 200m: 2:21.56	37.24 300m: 3:36.70	37.61 400m: 4:48.71	34.65
9.	Kirsten Verhelle	VZC	200400210	<b>4:51.17</b>	+0,83
	50m: 33.45	33.45 150m: 1:47.51	37.21 250m: 3:02.28	37.36 350m: 4:15.72	36.38
	100m: 1:10.30	36.85 200m: 2:24.92	37.41 300m: 3:39.34	37.06 400m: 4:51.17	35.45
10.	Lorena Dreschers	Hellas-Glana	200401364	<b>4:53.04</b>	+0,73
	50m: 32.56	32.56 150m: 1:45.16	36.80 250m: 2:59.98	37.52 350m: 4:16.07	38.11
	100m: 1:08.36	35.80 200m: 2:22.46	37.30 300m: 3:37.96	37.98 400m: 4:53.04	36.97
11.	Veerle Nieborg	TriVia	200400428	<b>5:02.75</b>	+0,76
	50m: 33.61	33.61 150m: 1:49.35	38.03 250m: 3:05.74	38.58 350m: 4:23.40	39.29
	100m: 1:11.32	37.71 200m: 2:27.16	37.81 300m: 3:44.11	38.37 400m: 5:02.75	39.35
12.	Rinske Bouman	ZZ&PC De Devel	200400578	<b>5:04.65</b>	+0,83
	50m: 32.35	32.35 150m: 1:47.74	38.60 250m: 3:06.48	39.33 350m: 4:25.67	39.36
	100m: 1:09.14	36.79 200m: 2:27.15	39.41 300m: 3:46.31	39.83 400m: 5:04.65	38.98
NG	Isis Naaktgeboren	ZZ&PC De Devel	200403914		

B=bonus inschrijving  
 onjuistheden?

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