

Programmanr. 102  
 16-12-2017

Jongens, 400m wisselslag

Junioren 3  
 Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Esper Schreurs	ZEPS	200300433	<b>4:49.70</b>	+0,84
	50m: 31.36	31.36 150m: 1:46.06	38.10 250m: 3:03.38	39.87 350m: 4:17.10	33.39
	100m: 1:07.96	36.60 200m: 2:23.51	37.45 300m: 3:43.71	40.33 400m: 4:49.70	32.60
2.	Kylian Heederik	Deltasteur	200300353	<b>4:52.65</b>	+0,77
	50m: 32.05	32.05 150m: 1:47.63	38.56 250m: 3:05.03	40.49 350m: 4:20.91	34.93
	100m: 1:09.07	37.02 200m: 2:24.54	36.91 300m: 3:45.98	40.95 400m: 4:52.65	31.74
3.	Sam van der Stroom	PSV	200304409	<b>4:57.16</b>	+0,79
	50m: 32.17	32.17 150m: 1:48.00	39.00 250m: 3:07.65	41.11 350m: 4:24.84	34.83
	100m: 1:09.00	36.83 200m: 2:26.54	38.54 300m: 3:50.01	42.36 400m: 4:57.16	32.32
4.	Wesley Zulver	ZVVS	200301319	<b>4:59.40</b>	+0,67
	50m: 31.33	31.33 150m: 1:47.12	38.19 250m: 3:06.60	40.84 350m: 4:25.09	35.88
	100m: 1:08.93	37.60 200m: 2:25.76	38.64 300m: 3:49.21	42.61 400m: 4:59.40	34.31
5.	Yorick Visser	ZPC De Zeeuwse Kust	200301957	<b>5:01.29</b>	+0,76
	50m: 31.84	31.84 150m: 1:50.01	40.45 250m: 3:10.74	42.46 350m: 4:29.42	34.13
	100m: 1:09.56	37.72 200m: 2:28.28	38.27 300m: 3:55.29	44.55 400m: 5:01.29	31.87
6.	Lucas Peters	PSV	200301325	<b>5:01.84</b>	+0,67
	50m: 32.26	32.26 150m: 1:49.23	40.63 250m: 3:11.96	43.89 350m: 4:29.47	33.96
	100m: 1:08.60	36.34 200m: 2:28.07	38.84 300m: 3:55.51	43.55 400m: 5:01.84	32.37
7.	Michael Smink	The Hague Swimming (SG)	200302169	<b>5:06.54</b>	+0,79
	50m: 30.05	30.05 150m: 1:47.52	40.81 250m: 3:12.03	44.75 350m: 4:33.37	35.41
	100m: 1:06.71	36.66 200m: 2:27.28	39.76 300m: 3:57.96	45.93 400m: 5:06.54	33.17
8.	Sjors Lemmers	Merlet	200300555	<b>5:06.74</b>	+0,74
	50m: 32.27	32.27 150m: 1:49.40	40.09 250m: 3:10.97	43.17 350m: 4:32.29	36.65
	100m: 1:09.31	37.04 200m: 2:27.80	38.40 300m: 3:55.64	44.67 400m: 5:06.74	34.45
9.	Luuk Hulleman	ZVV	200300189	<b>5:06.97</b>	+0,83
	50m: 30.75	30.75 150m: 1:46.81	39.64 250m: 3:09.92	44.81 350m: 4:32.36	36.25
	100m: 1:07.17	36.42 200m: 2:25.11	38.30 300m: 3:56.11	46.19 400m: 5:06.97	34.61
10.	Bjarne Buijs	The Hague Swimming (SG)	200301089	<b>5:07.10</b>	+0,75
	50m: 32.45	32.45 150m: 1:49.52	39.07 250m: 3:12.30	43.91 350m: 4:33.71	37.41
	100m: 1:10.45	38.00 200m: 2:28.39	38.87 300m: 3:56.30	44.00 400m: 5:07.10	33.39
11.	Milan Hamel	The Hague Swimming (SG)	200302125	<b>5:07.92</b>	+0,70
	50m: 30.59	30.59 150m: 1:50.05	43.52 250m: 3:15.11	43.81 350m: 4:36.11	37.15
	100m: 1:06.53	35.94 200m: 2:31.30	41.25 300m: 3:58.96	43.85 400m: 5:07.92	31.81
12.	Daan Hogerhuis	LinK	200300317	<b>5:11.72</b>	+0,77
	50m: 32.93	32.93 150m: 1:51.01	40.16 250m: 3:14.48	44.60 350m: 4:36.55	36.89
	100m: 1:10.85	37.92 200m: 2:29.88	38.87 300m: 3:59.66	45.18 400m: 5:11.72	35.17
13.	Rens van Beek	Aqua-Novio'94	200300537	<b>5:13.27</b>	+0,83
	50m: 31.78	31.78 150m: 1:51.04	39.28 250m: 3:15.84	47.14 350m: 4:39.42	35.43
	100m: 1:11.76	39.98 200m: 2:28.70	37.66 300m: 4:03.99	48.15 400m: 5:13.27	33.85
14.	Tom Thijssen	NDD	200301521	<b>5:13.60</b>	+0,77
	50m: 30.31	30.31 150m: 1:48.43	40.32 250m: 3:12.27	44.58 350m: 4:36.32	38.65
	100m: 1:08.11	37.80 200m: 2:27.69	39.26 300m: 3:57.67	45.40 400m: 5:13.60	37.28
15.	Niels Kragt	Dedemsvaart-AC	200300155	<b>5:16.18</b>	+0,75
	50m: 32.09	32.09 150m: 1:50.96	41.59 250m: 3:17.55	46.16 350m: 4:40.71	36.42
	100m: 1:09.37	37.28 200m: 2:31.39	40.43 300m: 4:04.29	46.74 400m: 5:16.18	35.47
DIS	Stan de Swart	PSV	200300535		
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>				

B=bonus inschrijving  
 onjuistheden?

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