

Programmanr. 6
26-01-2017

Jongens, 400m vrije slag
snelste serie

Jeugd 1 en 2
Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
1.	Jari Groenhart	RTC - TriVia	200000271	3:55.96	+0,74			
	50m: 26.63	26.63	150m: 1:26.07	30.07	250m: 2:26.06	29.95	350m: 3:26.29	29.93
	100m: 56.00	29.37	200m: 1:56.11	30.04	300m: 2:56.36	30.30	400m: 3:55.96	29.67
2.	Ruden de Ridder	RTC - PSV	200001587	4:00.55	+0,76			
	50m: 26.83	26.83	150m: 1:27.68	30.61	250m: 2:29.11	30.50	350m: 3:30.45	30.73
	100m: 57.07	30.24	200m: 1:58.61	30.93	300m: 2:59.72	30.61	400m: 4:00.55	30.10
3.	Sten Postma	VZC E&P	200000011	4:01.25	+0,71			
	50m: 27.23	27.23	150m: 1:28.27	30.94	250m: 2:29.97	30.49	350m: 3:31.41	30.88
	100m: 57.33	30.10	200m: 1:59.48	31.21	300m: 3:00.53	30.56	400m: 4:01.25	29.84
4.	Niels Hofmeijer	WS Twente	200000699	4:03.54	+0,73			
	50m: 27.20	27.20	150m: 1:28.25	31.06	250m: 2:30.61	31.13	350m: 3:33.28	31.31
	100m: 57.19	29.99	200m: 1:59.48	31.23	300m: 3:01.97	31.36	400m: 4:03.54	30.26
5.	Stijn Simons	PSV	199900813	4:07.06	+0,78			
	50m: 27.47	27.47	150m: 1:27.65	30.60	250m: 2:30.09	31.05	350m: 3:34.55	32.76
	100m: 57.05	29.58	200m: 1:59.04	31.39	300m: 3:01.79	31.70	400m: 4:07.06	32.51
6.	Noa Eversdijk	ZPC De Zeeuwse Kust	199903595	4:09.62	+0,71			
	50m: 28.17	28.17	150m: 1:31.22	31.66	250m: 2:35.37	32.06	350m: 3:39.33	31.81
	100m: 59.56	31.39	200m: 2:03.31	32.09	300m: 3:07.52	32.15	400m: 4:09.62	30.29
7.	Koen Brummelaar	De Dinkel	199900047	4:10.16	+0,78			
	50m: 28.11	28.11	150m: 1:31.34	31.78	250m: 2:35.53	31.81	350m: 3:39.79	31.84
	100m: 59.56	31.45	200m: 2:03.72	32.38	300m: 3:07.95	32.42	400m: 4:10.16	30.37
8.	Jorian Tanis	De Schotelij	199900327	4:10.58	+0,80			
	50m: 28.44	28.44	150m: 1:31.54	31.98	250m: 2:36.05	32.16	350m: 3:40.47	32.09
	100m: 59.56	31.12	200m: 2:03.89	32.35	300m: 3:08.38	32.33	400m: 4:10.58	30.11
9.	Olivier Jans	The Hague Swimming (SG)	200001815	4:10.93	+0,74			
	50m: 29.11	29.11	150m: 1:31.52	31.09	250m: 2:35.43	32.02	350m: 3:40.21	32.39
	100m: 1:00.43	31.32	200m: 2:03.41	31.89	300m: 3:07.82	32.39	400m: 4:10.93	30.72
10.	Bas Takken	De Dolfijn	199901643	4:11.88	+0,75			
	50m: 28.17	28.17	150m: 1:30.74	31.58	250m: 2:35.09	32.36	350m: 3:40.17	32.55
	100m: 59.16	30.99	200m: 2:02.73	31.99	300m: 3:07.62	32.53	400m: 4:11.88	31.71
11.	Nick van der Woude	ZV Haerlem	200001391	4:12.46	+0,73			
	50m: 28.29	28.29	150m: 1:32.42	32.41	250m: 2:36.39	31.66	350m: 3:40.89	32.16
	100m: 1:00.01	31.72	200m: 2:04.73	32.31	300m: 3:08.73	32.34	400m: 4:12.46	31.57
12.	Tom Balsen Versteeg	Hieronymus	200005673	4:17.88	+0,63			
	50m: 28.55	28.55	150m: 1:32.55	32.40	250m: 2:37.70	32.47	350m: 3:44.96	33.89
	100m: 1:00.15	31.60	200m: 2:05.23	32.68	300m: 3:11.07	33.37	400m: 4:17.88	32.92
DIS	Dario van Hulst	Kimbria	199903169					
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>							