

Programmanr. 155
29-01-2017

Meisjes, 400m wisselslag

Junioren 2
Resultaten

rang	naam	vereniging	startnr.	tijd	RT
1.	Veerle Nieborg	TriVia	200400428	5:21.90	+0,81
	50m: 34.72	34.72 150m: 1:58.18	41.55 250m: 3:25.47	46.08 350m: 4:47.79	36.66
	100m: 1:16.63	41.91 200m: 2:39.39	41.21 300m: 4:11.13	45.66 400m: 5:21.90	34.11
2.	Luna de Vries	Aqua-Novio'94	200400516	5:23.23	+0,81
	50m: 34.15	34.15 150m: 1:58.09	42.37 250m: 3:25.66	45.78 350m: 4:48.78	37.41
	100m: 1:15.72	41.57 200m: 2:39.88	41.79 300m: 4:11.37	45.71 400m: 5:23.23	34.45
3.	Bridget de Bat	ZPC De Zeeuwse Kust	200400382	5:23.56	+0,77
	50m: 34.13	34.13 150m: 1:54.53	38.90 250m: 3:22.30	48.74 350m: 4:47.96	37.20
	100m: 1:15.63	41.50 200m: 2:33.56	39.03 300m: 4:10.76	48.46 400m: 5:23.56	35.60
4.	Ismay Lichtendonk	Dedemsvaart-AC	200400622	5:23.89	+0,77
	50m: 33.93	33.93 150m: 1:57.84	40.96 250m: 3:24.83	46.87 350m: 4:49.86	38.24
	100m: 1:16.88	42.95 200m: 2:37.96	40.12 300m: 4:11.62	46.79 400m: 5:23.89	34.03
5.	Naya Koc	DAW	200400688	5:34.07	+0,74
	50m: 35.72	35.72 150m: 2:00.92	41.09 250m: 3:29.61	48.80 350m: 4:57.00	37.88
	100m: 1:19.83	44.11 200m: 2:40.81	39.89 300m: 4:19.12	49.51 400m: 5:34.07	37.07
6.	Rinske Bouman	ZZ&PC De Devel	200400578	5:41.67	+0,78
	50m: 35.13	35.13 150m: 2:02.89	44.45 250m: 3:35.73	47.36 350m: 5:04.88	40.15
	100m: 1:18.44	43.31 200m: 2:48.37	45.48 300m: 4:24.73	49.00 400m: 5:41.67	36.79
7.	Nienke Snel	ZPC AMERSFOORT	200400094	5:41.79	+0,91
	50m: 37.11	37.11 150m: 2:05.57	44.83 250m: 3:36.42	47.97 350m: 5:05.03	39.02
	100m: 1:20.74	43.63 200m: 2:48.45	42.88 300m: 4:26.01	49.59 400m: 5:41.79	36.76
8.	Charlotte Wilbers	ZPC Hoogeveen	200400312	5:42.46	+0,81
	50m: 38.59	38.59 150m: 2:07.52	41.44 250m: 3:38.33	50.56 350m: 5:07.59	37.78
	100m: 1:26.08	47.49 200m: 2:47.77	40.25 300m: 4:29.81	51.48 400m: 5:42.46	34.87
9.	Amy Tebben	Eurode KZC	200400108	5:43.49	+0,73
	50m: 37.34	37.34 150m: 2:06.88	42.90 250m: 3:38.17	47.95 350m: 5:06.47	38.65
	100m: 1:23.98	46.64 200m: 2:50.22	43.34 300m: 4:27.82	49.65 400m: 5:43.49	37.02
10.	Luna Hofmeijer	WS Twente	200400006	5:44.03	+0,83
	50m: 38.11	38.11 150m: 2:10.56	45.51 250m: 3:41.27	46.24 350m: 5:08.46	39.37
	100m: 1:25.05	46.94 200m: 2:55.03	44.47 300m: 4:29.09	47.82 400m: 5:44.03	35.57
11.	Anniko Firman	The Hague Swimming (SG)	200402330	5:49.33	+0,64
	50m: 36.75	36.75 150m: 2:05.32	42.58 250m: 3:38.60	51.01 350m: 5:10.16	40.41
	100m: 1:22.74	45.99 200m: 2:47.59	42.27 300m: 4:29.75	51.15 400m: 5:49.33	39.17
12.	Alysha de Jong	ZPCH	200400086	5:50.02	+0,80
	50m: 35.51	35.51 150m: 2:04.92	44.73 250m: 3:37.73	49.75 350m: 5:10.77	40.86
	100m: 1:20.19	44.68 200m: 2:47.98	43.06 300m: 4:29.91	52.18 400m: 5:50.02	39.25
13.	Sanne Lukken	PSV	200400030	5:50.13	+0,76
	50m: 36.54	36.54 150m: 2:08.82	45.16 250m: 3:41.25	47.48 350m: 5:10.46	40.92
	100m: 1:23.66	47.12 200m: 2:53.77	44.95 300m: 4:29.54	48.29 400m: 5:50.13	39.67
14.	Tessa Sportel	Dedemsvaart-AC	200401644	5:52.68	+0,80
	50m: 38.88	38.88 150m: 2:10.36	43.62 250m: 3:42.16	48.84 350m: 5:13.14	42.17
	100m: 1:26.74	47.86 200m: 2:53.32	42.96 300m: 4:30.97	48.81 400m: 5:52.68	39.54
15.	Loes Sotthewes	WS Twente	200401792	5:54.18	+0,83
	50m: 37.46	37.46 150m: 2:08.35	46.40 250m: 3:46.02	53.17 350m: 5:17.99	38.81
	100m: 1:21.95	44.49 200m: 2:52.85	44.50 300m: 4:39.18	53.16 400m: 5:54.18	36.19
16.	Kelly Patricia	VZC E&P	200402818	5:55.37	+0,79
	50m: 37.25	37.25 150m: 2:07.11	45.37 250m: 3:41.12	49.71 350m: 5:14.19	42.91
	100m: 1:21.74	44.49 200m: 2:51.41	44.30 300m: 4:31.28	50.16 400m: 5:55.37	41.18
17.	Mary Kate Farrell	The Hague Swimming (SG)	200402870	5:56.53	+0,72
	50m: 37.10	37.10 150m: 2:06.92	46.26 250m: 3:43.27	50.99 350m: 5:17.47	42.37
	100m: 1:20.66	43.56 200m: 2:52.28	45.36 300m: 4:35.10	51.83 400m: 5:56.53	39.06
DIS	Audrey Pieck	Zeester- Meerval	200401378		
	<i>ST - Bij het loslaten van de wand na het keerpunt de borstligging niet aangenomen.</i>				
AFGEM	Sterre-Marit Drok	Stadskanaal	200400880		
NG	Myrthe Natzijl	De Kikker	200400076		