

Programmanr. 129
29-01-2017

Jongens, 400m wisselslag

Junioren 1
Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
1.	David Groenewegen	PSV	200400469	5:17.84	+0,77			
	50m: 35.46	35.46	150m: 1:58.16	41.42	250m: 3:24.58	45.46	350m: 4:45.16	35.55
	100m: 1:16.74	41.28	200m: 2:39.12	40.96	300m: 4:09.61	45.03	400m: 5:17.84	32.68
2.	Luuk van Rooij	PSV	200400581	5:20.86	+0,69			
	50m: 35.42	35.42	150m: 2:00.60	41.78	250m: 3:24.84	43.74	350m: 4:46.41	36.34
	100m: 1:18.82	43.40	200m: 2:41.10	40.50	300m: 4:10.07	45.23	400m: 5:20.86	34.45
3.	Jort van der Vlag	WS Twente	200400335	5:21.87	+0,75			
	50m: 33.58	33.58	150m: 1:52.59	39.42	250m: 3:22.11	50.27	350m: 4:47.75	35.25
	100m: 1:13.17	39.59	200m: 2:31.84	39.25	300m: 4:12.50	50.39	400m: 5:21.87	34.12
4.	Merlin Belmon	Het Y	200403191	5:26.05	+0,74			
	50m: 32.78	32.78	150m: 1:55.89	42.63	250m: 3:24.03	47.88	350m: 4:50.29	37.95
	100m: 1:13.26	40.48	200m: 2:36.15	40.26	300m: 4:12.34	48.31	400m: 5:26.05	35.76
5.	Luca Janssen	Mosa-Regio	200403237	5:28.32	+0,76			
	50m: 35.50	35.50	150m: 2:02.79	45.01	250m: 3:28.37	43.67	350m: 4:52.34	39.27
	100m: 1:17.78	42.28	200m: 2:44.70	41.91	300m: 4:13.07	44.70	400m: 5:28.32	35.98
6.	Pieter Wisse	PSV	200400779	5:34.10	+0,76			
	50m: 36.23	36.23	150m: 2:04.07	44.80	250m: 3:32.21	46.20	350m: 4:57.49	38.41
	100m: 1:19.27	43.04	200m: 2:46.01	41.94	300m: 4:19.08	46.87	400m: 5:34.10	36.61
7.	Jason van den Berg	Poseidon'56	200400009	5:40.76 *	+0,72			
	50m: 35.88	35.88	150m: 2:02.71	44.22	250m: 3:33.85	48.31	350m: 5:02.83	40.12
	100m: 1:18.49	42.61	200m: 2:45.54	42.83	300m: 4:22.71	48.86	400m: 5:40.76	37.93
8.	Teun van der Schrier	Hieronymus	200403627	5:44.63	+0,58			
	50m: 35.61	35.61	150m: 2:01.81	43.37	250m: 3:35.36	51.22	350m: 5:06.38	39.97
	100m: 1:18.44	42.83	200m: 2:44.14	42.33	300m: 4:26.41	51.05	400m: 5:44.63	38.25
9.	Luca Bourdjanadze	Kimbria	200400787	5:46.29	+0,72			
	50m: 37.30	37.30	150m: 2:06.45	44.10	250m: 3:40.79	51.80	350m: 5:10.73	38.42
	100m: 1:22.35	45.05	200m: 2:48.99	42.54	300m: 4:32.31	51.52	400m: 5:46.29	35.56
10.	Collin Schouten	MSV-Zeemacht	200400697	5:48.48	+0,70			
	50m: 37.13	37.13	150m: 2:05.75	42.84	250m: 3:39.63	52.67	350m: 5:10.94	38.85
	100m: 1:22.91	45.78	200m: 2:46.96	41.21	300m: 4:32.09	52.46	400m: 5:48.48	37.54
11.	Olivier Krayenbuhl	The Hague Swimming (SG)	200403215	5:50.03	+0,76			
	50m: 35.82	35.82	150m: 2:02.29	44.03	250m: 3:38.57	53.14	350m: 5:10.77	39.62
	100m: 1:18.26	42.44	200m: 2:45.43	43.14	300m: 4:31.15	52.58	400m: 5:50.03	39.26
12.	Quinten ten Dam	ZPC De Hof	200400075	5:52.41	+0,78			
	50m: 38.55	38.55	150m: 2:08.91	44.88	250m: 3:44.09	51.59	350m: 5:15.45	39.03
	100m: 1:24.03	45.48	200m: 2:52.50	43.59	300m: 4:36.42	52.33	400m: 5:52.41	36.96
13.	Robin van den Berg	De Eerste Kolk	200400699	5:53.04	+0,83			
	50m: 39.43	39.43	150m: 2:14.72	44.81	250m: 3:47.75	49.37	350m: 5:16.53	38.29
	100m: 1:29.91	50.48	200m: 2:58.38	43.66	300m: 4:38.24	50.49	400m: 5:53.04	36.51
14.	Meindert Dekkinga	HZ&PC Heerenvveen	200400377	5:55.97	+0,72			
	50m: 39.35	39.35	150m: 2:10.45	43.16	250m: 3:46.05	53.44	350m: 5:18.34	39.03
	100m: 1:27.29	47.94	200m: 2:52.61	42.16	300m: 4:39.31	53.26	400m: 5:55.97	37.63
15.	Koen Vissers	PSV	200401429	5:59.06	+0,81			
	50m: 38.97	38.97	150m: 2:10.99	45.47	250m: 3:46.49	52.49	350m: 5:19.97	40.66
	100m: 1:25.52	46.55	200m: 2:54.00	43.01	300m: 4:39.31	52.82	400m: 5:59.06	39.09
16.	Cas Hungens	Tempo	200400017	5:59.37	+0,71			
	50m: 39.45	39.45	150m: 2:15.43	47.28	250m: 3:50.52	49.88	350m: 5:21.68	40.22
	100m: 1:28.15	48.70	200m: 3:00.64	45.21	300m: 4:41.46	50.94	400m: 5:59.37	37.69
17.	Damian Waas	SBC2000	200402285	5:59.47	+0,82			
	50m: 37.93	37.93	150m: 2:09.00	45.77	250m: 3:46.77	53.41	350m: 5:21.25	41.48
	100m: 1:23.23	45.30	200m: 2:53.36	44.36	300m: 4:39.77	53.00	400m: 5:59.47	38.22
18.	Jelle Kockx	Mosa-Regio	200401697	6:01.46	+0,52			
	50m: 39.45	39.45	150m: 2:13.15	44.04	250m: 3:47.97	50.35	350m: 5:21.87	42.57
	100m: 1:29.11	49.66	200m: 2:57.62	44.47	300m: 4:39.30	51.33	400m: 6:01.46	39.59
19.	Thomas Burgmeijer	De Houtrib	200400739	6:04.29	+0,72			
	50m: 42.18	42.18	150m: 2:16.08	44.63	250m: 3:53.08	53.09	350m: 5:25.26	40.64
	100m: 1:31.45	49.27	200m: 2:59.99	43.91	300m: 4:44.62	51.54	400m: 6:04.29	39.03
20.	Wouter Zijlstra	De Forel	200401545	6:05.05	+0,52			
	50m: 40.79	40.79	150m: 2:15.82	46.56	250m: 3:53.51	51.79	350m: 5:26.65	41.14
	100m: 1:29.26	48.47	200m: 3:01.72	45.90	300m: 4:45.51	52.00	400m: 6:05.05	38.40

Programmanr. 129, Jongens, 400m wisselslag, Junioren 1

rang	naam	vereniging	startnr.	tijd	RT			
21.	Timo Huizer	Wiekslag	200401125	6:05.61	+0,73			
	50m: 38.15	38.15	150m: 2:12.13	46.11	250m: 3:49.84	54.50	350m: 5:26.43	41.64
	100m: 1:26.02	47.87	200m: 2:55.34	43.21	300m: 4:44.79	54.95	400m: 6:05.61	39.18
22.	Vincent van Wely	WZ&PC Purmerend	200400989	6:08.41	+0,74			
	50m: 40.25	40.25	150m: 2:14.55	44.81	250m: 3:53.69	54.45	350m: 5:29.20	41.22
	100m: 1:29.74	49.49	200m: 2:59.24	44.69	300m: 4:47.98	54.29	400m: 6:08.41	39.21
23.	Chris van der Hout	The Hague Swimming (SG)	200401355	6:09.66	+0,73			
	50m: 38.28	38.28	150m: 2:08.75	43.98	250m: 3:48.10	56.38	350m: 5:28.63	43.38
	100m: 1:24.77	46.49	200m: 2:51.72	42.97	300m: 4:45.25	57.15	400m: 6:09.66	41.03
24.	Marijn Snel	ZPC AMERSFOORT	200400001	6:15.31	+0,80			
	50m: 37.30	37.30	150m: 2:14.62	49.41	250m: 3:54.44	51.26	350m: 5:33.46	45.16
	100m: 1:25.21	47.91	200m: 3:03.18	48.56	300m: 4:48.30	53.86	400m: 6:15.31	41.85
DIS	Abel te Riele	WVZ	200402317					
	<i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i>							
DIS	Bram Verkuijlen	PSV	200401381					
	<i>VM - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.</i>							
AFGEM	Chris Verhoeven	Nuenen	200400593					
NG	Erik Oldenkamp	De Lansingh	200400597					