

Programmanr. 117
28-01-2017

Jongens, 1500m vrije slag

Junioren 1 en 2
Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
Junioren 1								
1.	David Groenewegen	PSV	200400469	17:59.59	+0,74			
	50m: 31.73	31.73	450m: 5:21.30	36.50	850m: 10:12.73	36.42	1250m: 15:03.02	35.90
	100m: 1:06.84	35.11	500m: 5:57.61	36.31	900m: 10:49.63	36.90	1300m: 15:39.33	36.31
	150m: 1:43.14	36.30	550m: 6:33.87	36.26	950m: 11:25.77	36.14	1350m: 16:15.16	35.83
	200m: 2:19.72	36.58	600m: 7:10.95	37.08	1000m: 12:02.31	36.54	1400m: 16:50.63	35.47
	250m: 2:55.95	36.23	650m: 7:47.21	36.26	1050m: 12:38.56	36.25	1450m: 17:26.48	35.85
	300m: 3:32.47	36.52	700m: 8:24.14	36.93	1100m: 13:14.97	36.41	1500m: 17:59.59	33.11
	350m: 4:08.12	35.65	750m: 8:59.67	35.53	1150m: 13:51.32	36.35		
	400m: 4:44.80	36.68	800m: 9:36.31	36.64	1200m: 14:27.12	35.80		
2.	Abel te Riele	WVZ	200402317	18:51.78	+0,80			
	50m: 32.08	32.08	450m: 5:37.44	37.67	850m: 10:43.81	38.68	1250m: 15:48.35	37.66
	100m: 1:08.81	36.73	500m: 6:15.84	38.40	900m: 11:22.91	39.10	1300m: 16:25.21	36.86
	150m: 1:46.63	37.82	550m: 6:54.62	38.78	950m: 12:00.93	38.02	1350m: 17:03.14	37.93
	200m: 2:24.66	38.03	600m: 7:32.52	37.90	1000m: 12:39.02	38.09	1400m: 17:40.12	36.98
	250m: 3:03.16	38.50	650m: 8:10.53	38.01	1050m: 13:17.00	37.98	1450m: 18:16.93	36.81
	300m: 3:41.58	38.42	700m: 8:48.88	38.35	1100m: 13:55.23	38.23	1500m: 18:51.78	34.85
	350m: 4:20.47	38.89	750m: 9:27.39	38.51	1150m: 14:33.12	37.89		
	400m: 4:59.77	39.30	800m: 10:05.13	37.74	1200m: 15:10.69	37.57		
3.	Tycho de Jonge	KZC	200400411	19:03.71	+0,70			
	50m: 33.61	33.61	450m: 5:41.10	38.06	850m: 10:48.94	38.35	1250m: 15:57.41	38.76
	100m: 1:11.75	38.14	500m: 6:19.20	38.10	900m: 11:27.35	38.41	1300m: 16:35.37	37.96
	150m: 1:50.48	38.73	550m: 6:57.31	38.11	950m: 12:06.24	38.89	1350m: 17:13.09	37.72
	200m: 2:29.54	39.06	600m: 7:36.02	38.71	1000m: 12:44.90	38.66	1400m: 17:51.24	38.15
	250m: 3:07.89	38.35	650m: 8:14.71	38.69	1050m: 13:23.38	38.48	1450m: 18:28.34	37.10
	300m: 3:46.01	38.12	700m: 8:53.58	38.87	1100m: 14:02.18	38.80	1500m: 19:03.71	35.37
	350m: 4:24.80	38.79	750m: 9:31.72	38.14	1150m: 14:40.60	38.42		
	400m: 5:03.04	38.24	800m: 10:10.59	38.87	1200m: 15:18.65	38.05		
4.	Hessel Broekstra	FZC'54-De Vikings (SG)	200400253	19:24.88	+0,77			
	50m: 33.18	33.18	450m: 5:42.83	39.82	850m: 11:04.10	39.88	1250m: 16:20.39	38.79
	100m: 1:09.80	36.62	500m: 6:22.63	39.80	900m: 11:43.97	39.87	1300m: 16:58.51	38.12
	150m: 1:47.45	37.65	550m: 7:02.75	40.12	950m: 12:23.67	39.70	1350m: 17:36.00	37.49
	200m: 2:26.10	38.65	600m: 7:43.64	40.89	1000m: 13:03.83	40.16	1400m: 18:13.84	37.84
	250m: 3:04.50	38.40	650m: 8:23.57	39.93	1050m: 13:42.74	38.91	1450m: 18:51.30	37.46
	300m: 3:43.40	38.90	700m: 9:03.62	40.05	1100m: 14:22.43	39.69	1500m: 19:24.88	33.58
	350m: 4:23.02	39.62	750m: 9:43.87	40.25	1150m: 15:01.56	39.13		
	400m: 5:03.01	39.99	800m: 10:24.22	40.35	1200m: 15:41.60	40.04		
5.	Collin Schouten	MSV-Zeemacht	200400697	19:30.49	+0,79			
	50m: 34.26	34.26	450m: 5:48.26	39.39	850m: 11:04.00	39.22	1250m: 16:18.86	39.67
	100m: 1:12.51	38.25	500m: 6:27.63	39.37	900m: 11:43.13	39.13	1300m: 16:57.61	38.75
	150m: 1:51.72	39.21	550m: 7:06.88	39.25	950m: 12:22.79	39.66	1350m: 17:36.27	38.66
	200m: 2:31.24	39.52	600m: 7:46.97	40.09	1000m: 13:01.92	39.13	1400m: 18:15.00	38.73
	250m: 3:10.48	39.24	650m: 8:27.00	40.03	1050m: 13:41.17	39.25	1450m: 18:53.27	38.27
	300m: 3:49.96	39.48	700m: 9:06.43	39.43	1100m: 14:20.38	39.21	1500m: 19:30.49	37.22
	350m: 4:29.34	39.38	750m: 9:45.84	39.41	1150m: 14:59.64	39.26		
	400m: 5:08.87	39.53	800m: 10:24.78	38.94	1200m: 15:39.19	39.55		
6.	Quinten ten Dam	ZPC De Hof	200400075	19:47.42	+0,79			
	50m: 34.76	34.76	450m: 5:52.43	40.18	850m: 11:15.61	40.27	1250m: 16:34.87	39.66
	100m: 1:13.73	38.97	500m: 6:32.57	40.14	900m: 11:55.83	40.22	1300m: 17:14.70	39.83
	150m: 1:53.36	39.63	550m: 7:12.84	40.27	950m: 12:36.02	40.19	1350m: 17:54.53	39.83
	200m: 2:32.72	39.36	600m: 7:53.38	40.54	1000m: 13:15.63	39.61	1400m: 18:33.99	39.46
	250m: 3:12.38	39.66	650m: 8:34.10	40.72	1050m: 13:55.34	39.71	1450m: 19:11.81	37.82
	300m: 3:52.36	39.98	700m: 9:14.56	40.46	1100m: 14:35.41	40.07	1500m: 19:47.42	35.61
	350m: 4:32.20	39.84	750m: 9:54.87	40.31	1150m: 15:15.36	39.95		
	400m: 5:12.25	40.05	800m: 10:35.34	40.47	1200m: 15:55.21	39.85		
7.	Jason van den Berg	Poseidon'56	200400009	19:50.04	+0,75			
	50m: 34.00	34.00	450m: 5:49.80	39.72	850m: 11:08.93	39.75	1250m: 16:31.69	40.77
	100m: 1:12.56	38.56	500m: 6:29.96	40.16	900m: 11:48.85	39.92	1300m: 17:12.37	40.68
	150m: 1:52.03	39.47	550m: 7:09.87	39.91	950m: 12:29.12	40.27	1350m: 17:53.05	40.68
	200m: 2:31.67	39.64	600m: 7:49.28	39.41	1000m: 13:09.41	40.29	1400m: 18:32.79	39.74
	250m: 3:10.94	39.27	650m: 8:29.42	40.14	1050m: 13:50.15	40.74	1450m: 19:11.90	39.11
	300m: 3:50.61	39.67	700m: 9:09.56	40.14	1100m: 14:30.01	39.86	1500m: 19:50.04	38.14
	350m: 4:30.34	39.73	750m: 9:49.41	39.85	1150m: 15:10.11	40.10		
	400m: 5:10.08	39.74	800m: 10:29.18	39.77	1200m: 15:50.92	40.81		

Programmanr. 117, Jongens, 1500m vrije slag, Junioren 1

rang	naam	vereniging	startnr.	tijd	RT			
8.	Matthias Hiltjesdam	ZPC De Hof	200400137	19:51.58	+0,77			
	50m: 34.71	34.71	450m: 5:55.60	40.19	850m: 11:16.77	40.37	1250m: 16:36.32	40.29
	100m: 1:14.16	39.45	500m: 6:35.23	39.63	900m: 11:56.83	40.06	1300m: 17:15.86	39.54
	150m: 1:54.01	39.85	550m: 7:15.61	40.38	950m: 12:36.41	39.58	1350m: 17:56.12	40.26
	200m: 2:33.81	39.80	600m: 7:55.56	39.95	1000m: 13:16.54	40.13	1400m: 18:36.10	39.98
	250m: 3:14.45	40.64	650m: 8:35.95	40.39	1050m: 13:55.83	39.29	1450m: 19:15.74	39.64
	300m: 3:54.78	40.33	700m: 9:16.16	40.21	1100m: 14:35.77	39.94	1500m: 19:51.58	35.84
	350m: 4:35.19	40.41	750m: 9:56.39	40.23	1150m: 15:16.05	40.28		
	400m: 5:15.41	40.22	800m: 10:36.40	40.01	1200m: 15:56.03	39.98		
9.	Chris van der Hout	The Hague Swimming (SG)	200401355	20:42.50				
	50m: 35.60	35.60	450m: 6:11.04	42.86	850m: 11:49.65	42.57	1250m: 17:20.39	40.95
	100m: 1:16.13	40.53	500m: 6:53.25	42.21	900m: 12:31.20	41.55	1300m: 18:01.55	41.16
	150m: 1:57.80	41.67	550m: 7:35.69	42.44	950m: 13:13.30	42.10	1350m: 18:42.27	40.72
	200m: 2:39.59	41.79	600m: 8:17.71	42.02	1000m: 13:55.70	42.40	1400m: 19:22.87	40.60
	250m: 3:21.59	42.00	650m: 8:59.65	41.94	1050m: 14:37.01	41.31	1450m: 20:03.16	40.29
	300m: 4:03.55	41.96	700m: 9:41.96	42.31	1100m: 15:18.02	41.01	1500m: 20:42.50	39.34
	350m: 4:45.76	42.21	750m: 10:24.71	42.75	1150m: 15:58.53	40.51		
	400m: 5:28.18	42.42	800m: 11:07.08	42.37	1200m: 16:39.44	40.91		
10.	Meindert Dekkinga	HZ&PC Heerenvveen	200400377	20:55.58	+0,58			
	50m: 35.87	35.87	450m: 6:11.44	43.28	850m: 11:49.28	42.54	1250m: 17:28.02	43.50
	100m: 1:16.37	40.50	500m: 6:54.02	42.58	900m: 12:31.42	42.14	1300m: 18:10.97	42.95
	150m: 1:57.79	41.42	550m: 7:36.08	42.06	950m: 13:14.08	42.66	1350m: 18:51.62	40.65
	200m: 2:39.60	41.81	600m: 8:18.36	42.28	1000m: 13:56.36	42.28	1400m: 19:34.83	43.21
	250m: 3:21.47	41.87	650m: 9:00.60	42.24	1050m: 14:38.04	41.68	1450m: 20:17.21	42.38
	300m: 4:03.54	42.07	700m: 9:42.36	41.76	1100m: 15:19.70	41.66	1500m: 20:55.58	38.37
	350m: 4:45.47	41.93	750m: 10:24.96	42.60	1150m: 16:02.55	42.85		
	400m: 5:28.16	42.69	800m: 11:06.74	41.78	1200m: 16:44.52	41.97		

Junioren 2

1.	Yorick Visser	ZPC De Zeeuwse Kust	200301957	17:19.05	+0,76			
	<i>Kamp. Record Junioren 2</i>							
	50m: 31.27	31.27	450m: 5:10.37	34.76	850m: 9:49.73	35.20	1250m: 14:30.03	34.90
	100m: 1:05.67	34.40	500m: 5:45.07	34.70	900m: 10:24.99	35.26	1300m: 15:04.71	34.68
	150m: 1:40.64	34.97	550m: 6:20.10	35.03	950m: 10:59.74	34.75	1350m: 15:39.92	35.21
	200m: 2:15.39	34.75	600m: 6:55.26	35.16	1000m: 11:34.50	34.76	1400m: 16:14.40	34.48
	250m: 2:50.66	35.27	650m: 7:30.12	34.86	1050m: 12:09.87	35.37	1450m: 16:48.22	33.82
	300m: 3:25.72	35.06	700m: 8:05.20	35.08	1100m: 12:44.76	34.89	1500m: 17:19.05	30.83
	350m: 4:00.68	34.96	750m: 8:39.71	34.51	1150m: 13:19.74	34.98		
	400m: 4:35.61	34.93	800m: 9:14.53	34.82	1200m: 13:55.13	35.39		
2.	Mike Gerritsen	Platella	200304013	17:24.83	+0,74			
	50m: 31.37	31.37	450m: 5:10.19	34.84	850m: 9:49.20	35.07	1250m: 14:30.66	35.13
	100m: 1:05.71	34.34	500m: 5:45.04	34.85	900m: 10:24.15	34.95	1300m: 15:05.58	34.92
	150m: 1:40.66	34.95	550m: 6:19.96	34.92	950m: 10:59.28	35.13	1350m: 15:41.02	35.44
	200m: 2:15.53	34.87	600m: 6:54.85	34.89	1000m: 11:34.28	35.00	1400m: 16:16.69	35.67
	250m: 2:50.65	35.12	650m: 7:29.62	34.77	1050m: 12:09.82	35.54	1450m: 16:51.90	35.21
	300m: 3:25.57	34.92	700m: 8:04.39	34.77	1100m: 12:44.86	35.04	1500m: 17:24.83	32.93
	350m: 4:00.54	34.97	750m: 8:39.06	34.67	1150m: 13:19.96	35.10		
	400m: 4:35.35	34.81	800m: 9:14.13	35.07	1200m: 13:55.53	35.57		
3.	Lucas Peters	PSV	200301325	17:46.80	+0,63			
	50m: 30.49	30.49	450m: 5:12.51	35.68	850m: 10:00.20	35.50	1250m: 14:49.20	36.25
	100m: 1:05.01	34.52	500m: 5:48.19	35.68	900m: 10:36.75	36.55	1300m: 15:25.70	36.50
	150m: 1:40.32	35.31	550m: 6:24.19	36.00	950m: 11:12.33	35.58	1350m: 16:01.70	36.00
	200m: 2:15.84	35.52	600m: 7:00.27	36.08	1000m: 11:48.40	36.07	1400m: 16:37.58	35.88
	250m: 2:51.07	35.23	650m: 7:36.83	36.56	1050m: 12:24.65	36.25	1450m: 17:12.85	35.27
	300m: 3:26.26	35.19	700m: 8:13.30	36.47	1100m: 13:00.45	35.80	1500m: 17:46.80	33.95
	350m: 4:01.48	35.22	750m: 8:48.78	35.48	1150m: 13:36.82	36.37		
	400m: 4:36.83	35.35	800m: 9:24.70	35.92	1200m: 14:12.95	36.13		
4.	Luuk Hulleman	ZVV	200300189	18:02.89	+0,80			
	50m: 31.13	31.13	450m: 5:16.64	37.50	850m: 10:11.51	36.26	1250m: 15:06.18	36.63
	100m: 1:06.27	35.14	500m: 5:54.39	37.75	900m: 10:47.86	36.35	1300m: 15:41.93	35.75
	150m: 1:41.73	35.46	550m: 6:30.60	36.21	950m: 11:24.49	36.63	1350m: 16:17.93	36.00
	200m: 2:17.48	35.75	600m: 7:07.76	37.16	1000m: 12:01.45	36.96	1400m: 16:53.80	35.87
	250m: 2:52.17	34.69	650m: 7:45.10	37.34	1050m: 12:38.82	37.37	1450m: 17:29.89	36.09
	300m: 3:27.77	35.60	700m: 8:22.03	36.93	1100m: 13:15.75	36.93	1500m: 18:02.89	33.00
	350m: 4:04.39	36.62	750m: 8:59.07	37.04	1150m: 13:52.78	37.03		
	400m: 4:39.14	34.75	800m: 9:35.25	36.18	1200m: 14:29.55	36.77		

Programmanr. 117, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
5.	Rens van Beek	Aqua-Novio'94	200300537	18:14.09	+0,68			
	50m: 30.23	30.23	450m: 5:21.25	36.89	850m: 10:16.18	36.66	1250m: 15:11.65	36.38
	100m: 1:05.38	35.15	500m: 5:58.30	37.05	900m: 10:52.71	36.53	1300m: 15:48.74	37.09
	150m: 1:41.33	35.95	550m: 6:34.85	36.55	950m: 11:29.83	37.12	1350m: 16:25.79	37.05
	200m: 2:17.53	36.20	600m: 7:11.91	37.06	1000m: 12:06.92	37.09	1400m: 17:02.89	37.10
	250m: 2:53.79	36.26	650m: 7:48.69	36.78	1050m: 12:44.01	37.09	1450m: 17:39.18	36.29
	300m: 3:30.93	37.14	700m: 8:25.74	37.05	1100m: 13:20.98	36.97	1500m: 18:14.09	34.91
	350m: 4:07.51	36.58	750m: 9:02.67	36.93	1150m: 13:58.21	37.23		
	400m: 4:44.36	36.85	800m: 9:39.52	36.85	1200m: 14:35.27	37.06		
6.	Sam van der Stroom	PSV	200304409	18:21.60	+0,69			
	50m: 31.80	31.80	450m: 5:21.56	36.63	850m: 10:16.56	36.83	1250m: 15:17.04	37.39
	100m: 1:06.78	34.98	500m: 5:58.58	37.02	900m: 10:53.13	36.57	1300m: 15:54.25	37.21
	150m: 1:42.58	35.80	550m: 6:35.79	37.21	950m: 11:30.24	37.11	1350m: 16:31.78	37.53
	200m: 2:18.80	36.22	600m: 7:12.32	36.53	1000m: 12:08.01	37.77	1400m: 17:08.98	37.20
	250m: 2:55.20	36.40	650m: 7:48.96	36.64	1050m: 12:46.07	38.06	1450m: 17:45.77	36.79
	300m: 3:31.75	36.55	700m: 8:25.86	36.90	1100m: 13:24.67	38.60	1500m: 18:21.60	35.83
	350m: 4:08.41	36.66	750m: 9:02.62	36.76	1150m: 14:02.03	37.36		
	400m: 4:44.93	36.52	800m: 9:39.73	37.11	1200m: 14:39.65	37.62		
7.	Bram Schaafsma	VZC E&P	200302159	18:33.45	+0,68			
	50m: 32.17	32.17	450m: 5:29.14	38.22	850m: 10:32.10	37.52	1250m: 15:33.20	38.02
	100m: 1:09.34	37.17	500m: 6:07.02	37.88	900m: 11:09.97	37.87	1300m: 16:10.81	37.61
	150m: 1:46.38	37.04	550m: 6:45.23	38.21	950m: 11:47.51	37.54	1350m: 16:47.82	37.01
	200m: 2:23.25	36.87	600m: 7:23.13	37.90	1000m: 12:26.06	38.55	1400m: 17:24.39	36.57
	250m: 2:59.98	36.73	650m: 8:02.04	38.91	1050m: 13:03.42	37.36	1450m: 17:59.76	35.37
	300m: 3:36.35	36.37	700m: 8:38.69	36.65	1100m: 13:41.14	37.72	1500m: 18:33.45	33.69
	350m: 4:13.71	37.36	750m: 9:16.32	37.63	1150m: 14:18.22	37.08		
	400m: 4:50.92	37.21	800m: 9:54.58	38.26	1200m: 14:55.18	36.96		
8.	Joey de Groot	De Aalscholver	200303587	18:33.66	+0,65			
	50m: 30.33	30.33	450m: 5:22.52	36.67	850m: 10:22.96	37.52	1250m: 15:26.73	37.55
	100m: 1:05.04	34.71	500m: 6:00.00	37.48	900m: 11:00.94	37.98	1300m: 16:03.16	36.43
	150m: 1:40.88	35.84	550m: 6:37.25	37.25	950m: 11:39.46	38.52	1350m: 16:42.06	38.90
	200m: 2:17.82	36.94	600m: 7:15.02	37.77	1000m: 12:17.05	37.59	1400m: 17:20.08	38.02
	250m: 2:54.79	36.97	650m: 7:51.92	36.90	1050m: 12:55.00	37.95	1450m: 17:57.38	37.30
	300m: 3:31.57	36.78	700m: 8:29.64	37.72	1100m: 13:32.92	37.92	1500m: 18:33.66	36.28
	350m: 4:08.34	36.77	750m: 9:07.47	37.83	1150m: 14:10.82	37.90		
	400m: 4:45.85	37.51	800m: 9:45.44	37.97	1200m: 14:49.18	38.36		
9.	Niels Kragt	Dedemsvaart-AC	200300155	18:36.96	+0,69			
	50m: 31.92	31.92	450m: 5:30.23	37.60	850m: 10:32.57	37.59	1250m: 15:32.70	37.58
	100m: 1:08.26	36.34	500m: 6:07.83	37.60	900m: 11:10.42	37.85	1300m: 16:10.30	37.60
	150m: 1:45.03	36.77	550m: 6:45.93	38.10	950m: 11:47.75	37.33	1350m: 16:47.50	37.20
	200m: 2:22.55	37.52	600m: 7:23.50	37.57	1000m: 12:24.91	37.16	1400m: 17:25.07	37.57
	250m: 3:00.10	37.55	650m: 8:01.88	38.38	1050m: 13:02.43	37.52	1450m: 18:01.76	36.69
	300m: 3:37.51	37.41	700m: 8:39.41	37.53	1100m: 13:39.80	37.37	1500m: 18:36.96	35.20
	350m: 4:15.08	37.57	750m: 9:17.41	38.00	1150m: 14:17.29	37.49		
	400m: 4:52.63	37.55	800m: 9:54.98	37.57	1200m: 14:55.12	37.83		
10.	Mika Heskamp	De Dinkel	200300339	18:45.38	+0,61			
	50m: 32.08	32.08	450m: 5:29.26	37.66	850m: 10:31.69	38.08	1250m: 15:35.69	38.40
	100m: 1:08.28	36.20	500m: 6:07.21	37.95	900m: 11:09.46	37.77	1300m: 16:13.73	38.04
	150m: 1:44.95	36.67	550m: 6:44.89	37.68	950m: 11:47.17	37.71	1350m: 16:51.93	38.20
	200m: 2:22.15	37.20	600m: 7:22.43	37.54	1000m: 12:24.94	37.77	1400m: 17:30.26	38.33
	250m: 2:59.39	37.24	650m: 8:00.62	38.19	1050m: 13:02.89	37.95	1450m: 18:08.38	38.12
	300m: 3:36.47	37.08	700m: 8:37.94	37.32	1100m: 13:41.13	38.24	1500m: 18:45.38	37.00
	350m: 4:14.07	37.60	750m: 9:15.83	37.89	1150m: 14:18.85	37.72		
	400m: 4:51.60	37.53	800m: 9:53.61	37.78	1200m: 14:57.29	38.44		
11.	Frederik Adema	De Granaet	200300253	18:57.07	+0,73			
	50m: 32.52	32.52	450m: 5:30.61	38.02	850m: 10:37.81	38.59	1250m: 15:47.12	38.41
	100m: 1:08.93	36.41	500m: 6:09.18	38.57	900m: 11:16.30	38.49	1300m: 16:26.19	39.07
	150m: 1:46.06	37.13	550m: 6:47.48	38.30	950m: 11:54.81	38.51	1350m: 17:04.66	38.47
	200m: 2:22.85	36.79	600m: 7:25.44	37.96	1000m: 12:33.53	38.72	1400m: 17:43.07	38.41
	250m: 2:59.83	36.98	650m: 8:03.72	38.28	1050m: 13:12.29	38.76	1450m: 18:21.00	37.93
	300m: 3:37.10	37.27	700m: 8:42.08	38.36	1100m: 13:51.08	38.79	1500m: 18:57.07	36.07
	350m: 4:14.66	37.56	750m: 9:20.75	38.67	1150m: 14:29.91	38.83		
	400m: 4:52.59	37.93	800m: 9:59.22	38.47	1200m: 15:08.71	38.80		
12.	Daan Hogerhuis	Albion d'ELFT (SG)	200300317	18:59.93	+0,75			
	50m: 33.07	33.07	450m: 5:39.31	38.46	850m: 10:46.04	38.34	1250m: 15:53.37	38.71
	100m: 1:10.41	37.34	500m: 6:17.85	38.54	900m: 11:24.66	38.62	1300m: 16:31.57	38.20
	150m: 1:48.72	38.31	550m: 6:55.89	38.04	950m: 12:02.92	38.26	1350m: 17:09.58	38.01
	200m: 2:26.66	37.94	600m: 7:34.31	38.42	1000m: 12:41.41	38.49	1400m: 17:47.25	37.67
	250m: 3:05.37	38.71	650m: 8:12.72	38.41	1050m: 13:19.54	38.13	1450m: 18:24.46	37.21
	300m: 3:43.67	38.30	700m: 8:51.18	38.46	1100m: 13:57.75	38.21	1500m: 18:59.93	35.47
	350m: 4:22.58	38.91	750m: 9:29.24	38.06	1150m: 14:36.41	38.66		
	400m: 5:00.85	38.27	800m: 10:07.70	38.46	1200m: 15:14.66	38.25		

Programmanr. 117, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	startnr.	tijd	RT			
13.	Milan Hamel	The Hague Swimming (SG)	200302125	19:03.09	+0,70			
	50m: 33.56	33.56	450m: 5:43.06	39.09	850m: 10:54.88	39.29	1250m: 16:01.19	37.41
	100m: 1:11.58	38.02	500m: 6:21.80	38.74	900m: 11:33.61	38.73	1300m: 16:38.32	37.13
	150m: 1:50.02	38.44	550m: 7:00.52	38.72	950m: 12:12.79	39.18	1350m: 17:15.63	37.31
	200m: 2:28.79	38.77	600m: 7:40.01	39.49	1000m: 12:51.32	38.53	1400m: 17:52.53	36.90
	250m: 3:07.20	38.41	650m: 8:19.18	39.17	1050m: 13:29.52	38.20	1450m: 18:29.00	36.47
	300m: 3:46.07	38.87	700m: 8:57.79	38.61	1100m: 14:08.11	38.59	1500m: 19:03.09	34.09
	350m: 4:25.18	39.11	750m: 9:37.07	39.28	1150m: 14:45.92	37.81		
	400m: 5:03.97	38.79	800m: 10:15.59	38.52	1200m: 15:23.78	37.86		
14.	Sam van der Drift	VZC E&P	200301485	19:11.20	+0,81			
	50m: 32.72	32.72	450m: 5:36.29	38.37	850m: 10:47.31	39.94	1250m: 16:01.01	38.78
	100m: 1:10.04	37.32	500m: 6:14.62	38.33	900m: 11:26.45	39.14	1300m: 16:39.33	38.32
	150m: 1:47.68	37.64	550m: 6:53.59	38.97	950m: 12:06.02	39.57	1350m: 17:18.20	38.87
	200m: 2:25.61	37.93	600m: 7:32.11	38.52	1000m: 12:45.16	39.14	1400m: 17:57.49	39.29
	250m: 3:03.62	38.01	650m: 8:10.56	38.45	1050m: 13:24.32	39.16	1450m: 18:36.37	38.88
	300m: 3:41.31	37.69	700m: 8:49.32	38.76	1100m: 14:03.49	39.17	1500m: 19:11.20	34.83
	350m: 4:19.25	37.94	750m: 9:27.98	38.66	1150m: 14:43.03	39.54		
	400m: 5:03.92	38.67	800m: 10:07.37	39.39	1200m: 15:22.23	39.20		
15.	Thijn Damen	De Warande	200300973	19:12.69	+0,74			
	50m: 34.29	34.29	450m: 5:43.73	39.41	850m: 10:55.39	38.47	1250m: 16:04.76	38.81
	100m: 1:12.11	37.82	500m: 6:22.67	38.94	900m: 11:34.50	39.11	1300m: 16:43.26	38.50
	150m: 1:50.83	38.72	550m: 7:02.31	39.64	950m: 12:13.20	38.70	1350m: 17:21.53	38.27
	200m: 2:29.47	38.64	600m: 7:41.40	39.09	1000m: 12:51.76	38.56	1400m: 18:00.05	38.52
	250m: 3:08.22	38.75	650m: 8:20.23	38.83	1050m: 13:30.41	38.65	1450m: 18:37.88	37.83
	300m: 3:46.96	38.74	700m: 8:59.11	38.88	1100m: 14:09.03	38.62	1500m: 19:12.69	34.81
	350m: 4:25.75	38.79	750m: 9:37.97	38.86	1150m: 14:47.22	38.19		
	400m: 5:04.32	38.57	800m: 10:16.92	38.95	1200m: 15:25.95	38.73		
16.	Mick Schüssel	De Ward	200304261	19:41.23	+0,72			
	50m: 34.43	34.43	450m: 5:50.65	39.65	850m: 11:08.35	39.70	1250m: 16:26.58	39.45
	100m: 1:13.38	38.95	500m: 6:30.51	39.86	900m: 11:47.94	39.59	1300m: 17:05.96	39.38
	150m: 1:52.97	39.59	550m: 7:09.71	39.20	950m: 12:27.86	39.92	1350m: 17:45.66	39.70
	200m: 2:32.04	39.07	600m: 7:49.91	40.20	1000m: 13:07.95	40.09	1400m: 18:25.77	40.11
	250m: 3:11.47	39.43	650m: 8:29.90	39.99	1050m: 13:48.01	40.06	1450m: 19:04.66	38.89
	300m: 3:51.18	39.71	700m: 9:09.32	39.42	1100m: 14:27.59	39.58	1500m: 19:41.23	36.57
	350m: 4:31.64	40.46	750m: 9:49.73	40.41	1150m: 15:07.51	39.92		
	400m: 5:11.00	39.36	800m: 10:28.65	38.92	1200m: 15:47.13	39.62		