

Programmanr. 116
28-01-2017

Jongens, 1500m vrije slag

Junioren 3 en 4
Resultaten

rang	naam	vereniging	startnr.	tijd	RT			
Junioren 3								
1.	Luc van Eijndhoven	De Warande	200200139	17:21.75	+0,85			
	50m: 31.04	31.04	450m: 5:08.57	34.59	850m: 9:48.10	35.12	1250m: 14:29.26	35.30
	100m: 1:05.66	34.62	500m: 5:43.22	34.65	900m: 10:23.29	35.19	1300m: 15:04.45	35.19
	150m: 1:40.25	34.59	550m: 6:18.31	35.09	950m: 10:58.33	35.04	1350m: 15:39.42	34.97
	200m: 2:15.05	34.80	600m: 6:53.26	34.95	1000m: 11:33.58	35.25	1400m: 16:14.38	34.96
	250m: 2:49.54	34.49	650m: 7:28.17	34.91	1050m: 12:08.84	35.26	1450m: 16:49.26	34.88
	300m: 3:24.30	34.76	700m: 8:03.06	34.89	1100m: 12:44.00	35.16	1500m: 17:21.75	32.49
	350m: 3:59.20	34.90	750m: 8:38.14	35.08	1150m: 13:18.96	34.96		
	400m: 4:33.98	34.78	800m: 9:12.98	34.84	1200m: 13:53.96	35.00		
2.	Brandon van den Berg	Poseidon'56	200200669	17:22.00	+0,73			
	50m: 30.65	30.65	450m: 5:08.43	34.89	850m: 9:49.13	35.35	1250m: 14:29.91	35.22
	100m: 1:04.76	34.11	500m: 5:43.40	34.97	900m: 10:24.10	34.97	1300m: 15:05.00	35.09
	150m: 1:39.34	34.58	550m: 6:18.58	35.18	950m: 10:59.21	35.11	1350m: 15:40.04	35.04
	200m: 2:13.94	34.60	600m: 6:53.72	35.14	1000m: 11:34.22	35.01	1400m: 16:14.94	34.90
	250m: 2:48.76	34.82	650m: 7:28.70	34.98	1050m: 12:09.39	35.17	1450m: 16:49.95	35.01
	300m: 3:23.65	34.89	700m: 8:03.58	34.88	1100m: 12:44.51	35.12	1500m: 17:22.00	32.05
	350m: 3:58.60	34.95	750m: 8:39.04	35.46	1150m: 13:19.61	35.10		
	400m: 4:33.54	34.94	800m: 9:13.78	34.74	1200m: 13:54.69	35.08		
3.	Jarno Koster	Aqua-Novio'94	200200637	17:22.50	+0,80			
	50m: 30.22	30.22	450m: 5:04.27	34.89	850m: 9:45.30	35.20	1250m: 14:29.98	35.61
	100m: 1:03.45	33.23	500m: 5:39.14	34.87	900m: 10:20.50	35.20	1300m: 15:05.92	35.94
	150m: 1:37.16	33.71	550m: 6:13.83	34.69	950m: 10:56.08	35.58	1350m: 15:40.97	35.05
	200m: 2:11.24	34.08	600m: 6:48.88	35.05	1000m: 11:31.54	35.46	1400m: 16:15.55	34.58
	250m: 2:45.52	34.28	650m: 7:24.11	35.23	1050m: 12:07.31	35.77	1450m: 16:50.21	34.66
	300m: 3:20.11	34.59	700m: 7:59.41	35.30	1100m: 12:43.10	35.79	1500m: 17:22.50	32.29
	350m: 3:54.72	34.61	750m: 8:34.76	35.35	1150m: 13:18.89	35.79		
	400m: 4:29.38	34.66	800m: 9:10.10	35.34	1200m: 13:54.37	35.48		
4.	Finn Vos	De Dolfijn	200200665	17:24.21	+0,69			
	50m: 30.74	30.74	450m: 5:08.81	34.87	850m: 9:48.90	34.77	1250m: 14:31.03	35.74
	100m: 1:04.91	34.17	500m: 5:43.75	34.94	900m: 10:24.25	35.35	1300m: 15:06.96	35.93
	150m: 1:39.74	34.83	550m: 6:18.63	34.88	950m: 10:59.80	35.55	1350m: 15:41.41	34.45
	200m: 2:14.51	34.77	600m: 6:53.78	35.15	1000m: 11:34.87	35.07	1400m: 16:16.39	34.98
	250m: 2:49.44	34.93	650m: 7:28.90	35.12	1050m: 12:10.09	35.22	1450m: 16:51.52	35.13
	300m: 3:24.18	34.74	700m: 8:04.00	35.10	1100m: 12:45.34	35.25	1500m: 17:24.21	32.69
	350m: 3:59.09	34.91	750m: 8:39.03	35.03	1150m: 13:19.75	34.41		
	400m: 4:33.94	34.85	800m: 9:14.13	35.10	1200m: 13:55.29	35.54		
5.	Sem de Goei	WS Twente	200200029	17:59.19	+0,70			
	50m: 30.09	30.09	450m: 5:16.53	36.83	850m: 10:10.55	35.82	1250m: 15:01.76	36.54
	100m: 1:04.41	34.32	500m: 5:52.27	35.74	900m: 10:47.50	36.95	1300m: 15:37.88	36.12
	150m: 1:39.16	34.75	550m: 6:28.42	36.15	950m: 11:24.69	37.19	1350m: 16:14.19	36.31
	200m: 2:14.85	35.69	600m: 7:05.45	37.03	1000m: 12:01.86	37.17	1400m: 16:49.89	35.70
	250m: 2:50.30	35.45	650m: 7:43.07	37.62	1050m: 12:37.21	35.35	1450m: 17:25.46	35.57
	300m: 3:26.51	36.21	700m: 8:20.51	37.44	1100m: 13:12.91	35.70	1500m: 17:59.19	33.73
	350m: 4:03.08	36.57	750m: 8:57.57	37.06	1150m: 13:48.71	35.80		
	400m: 4:39.70	36.62	800m: 9:34.73	37.16	1200m: 14:25.22	36.51		
6.	Maquinho Vorst	ZPC De Hof	200204179	18:00.17	+0,70			
	50m: 30.81	30.81	450m: 5:22.12	37.36	850m: 10:14.63	36.23	1250m: 15:03.84	35.90
	100m: 1:05.72	34.91	500m: 5:59.21	37.09	900m: 10:51.18	36.55	1300m: 15:39.75	35.91
	150m: 1:41.55	35.83	550m: 6:36.15	36.94	950m: 11:27.55	36.37	1350m: 16:15.95	36.20
	200m: 2:18.08	36.53	600m: 7:13.26	37.11	1000m: 12:03.83	36.28	1400m: 16:51.87	35.92
	250m: 2:54.58	36.50	650m: 7:49.60	36.34	1050m: 12:39.53	35.70	1450m: 17:27.00	35.13
	300m: 3:31.22	36.64	700m: 8:26.07	36.47	1100m: 13:15.55	36.02	1500m: 18:00.17	33.17
	350m: 4:07.95	36.73	750m: 9:02.03	35.96	1150m: 13:51.47	35.92		
	400m: 4:44.76	36.81	800m: 9:38.40	36.37	1200m: 14:27.94	36.47		
7.	Tom Blankestijn	ZPC AMERSFOORT	200201185	18:02.54	+0,83			
	50m: 31.27	31.27	450m: 5:16.66	35.49	850m: 10:08.52	36.70	1250m: 15:03.05	37.19
	100m: 1:06.07	34.80	500m: 5:52.69	36.03	900m: 10:44.91	36.39	1300m: 15:39.16	36.11
	150m: 1:41.75	35.68	550m: 6:29.53	36.84	950m: 11:22.02	37.11	1350m: 16:16.10	36.94
	200m: 2:17.37	35.62	600m: 7:05.61	36.08	1000m: 11:58.88	36.86	1400m: 16:52.00	35.90
	250m: 2:53.42	36.05	650m: 7:42.06	36.45	1050m: 12:36.07	37.19	1450m: 17:27.90	35.90
	300m: 3:29.20	35.78	700m: 8:18.86	36.80	1100m: 13:12.39	36.32	1500m: 18:02.54	34.64
	350m: 4:05.31	36.11	750m: 8:55.48	36.62	1150m: 13:48.91	36.52		
	400m: 4:41.17	35.86	800m: 9:31.82	36.34	1200m: 14:25.86	36.95		

Programmanr. 116, Jongens, 1500m vrije slag, Junioren 3

rang	naam	vereniging	startnr.	tijd	RT			
8.	Robin Kamps	De Dinkel	200200211	18:08.87	+0,73			
	50m: 31.49	31.49	450m: 5:20.48	36.23	850m: 10:13.54	36.20	1250m: 15:06.93	36.75
	100m: 1:06.72	35.23	500m: 5:57.22	36.74	900m: 10:50.18	36.64	1300m: 15:43.90	36.97
	150m: 1:42.81	36.09	550m: 6:33.50	36.28	950m: 11:27.03	36.85	1350m: 16:20.57	36.67
	200m: 2:18.81	36.00	600m: 7:10.10	36.60	1000m: 12:03.67	36.64	1400m: 16:57.16	36.59
	250m: 2:55.03	36.22	650m: 7:46.77	36.67	1050m: 12:40.03	36.36	1450m: 17:33.52	36.36
	300m: 3:31.20	36.17	700m: 8:23.47	36.70	1100m: 13:16.43	36.40	1500m: 18:08.87	35.35
	350m: 4:07.83	36.63	750m: 9:00.36	36.89	1150m: 13:53.15	36.72		
	400m: 4:44.25	36.42	800m: 9:37.34	36.98	1200m: 14:30.18	37.03		
9.	Makai van Haren	De Forel	200200627	18:19.80	+0,77			
	50m: 31.51	31.51	450m: 5:24.32	37.38	850m: 10:22.36	37.22	1250m: 15:19.40	36.24
	100m: 1:06.88	35.37	500m: 6:01.60	37.28	900m: 11:00.02	37.66	1300m: 15:55.83	36.43
	150m: 1:43.16	36.28	550m: 6:38.80	37.20	950m: 11:37.75	37.73	1350m: 16:32.32	36.49
	200m: 2:19.47	36.31	600m: 7:16.46	37.66	1000m: 12:14.90	37.15	1400m: 17:08.94	36.62
	250m: 2:55.99	36.52	650m: 7:53.64	37.18	1050m: 12:52.49	37.59	1450m: 17:45.03	36.09
	300m: 3:32.79	36.80	700m: 8:30.50	36.86	1100m: 13:29.78	37.29	1500m: 18:19.80	34.77
	350m: 4:09.89	37.10	750m: 9:07.54	37.04	1150m: 14:07.15	37.37		
	400m: 4:46.94	37.05	800m: 9:45.14	37.60	1200m: 14:43.16	36.01		
10.	Jelmer North	Nuenen	200200617	18:23.00	+0,73			
	50m: 32.40	32.40	450m: 5:27.73	37.65	850m: 10:26.74	37.12	1250m: 15:20.77	36.23
	100m: 1:07.75	35.35	500m: 6:06.70	37.97	900m: 11:03.91	37.17	1300m: 15:57.68	36.91
	150m: 1:44.20	36.45	550m: 6:42.80	37.10	950m: 11:41.30	37.39	1350m: 16:34.77	37.09
	200m: 2:21.17	36.97	600m: 7:20.30	37.50	1000m: 12:17.95	36.65	1400m: 17:11.87	37.10
	250m: 2:58.16	36.99	650m: 7:57.45	37.15	1050m: 12:55.22	37.27	1450m: 17:48.37	36.50
	300m: 3:35.78	37.62	700m: 8:34.93	37.48	1100m: 13:31.39	36.17	1500m: 18:23.00	34.63
	350m: 4:12.75	36.97	750m: 9:12.11	37.18	1150m: 14:07.93	36.54		
	400m: 4:50.08	37.33	800m: 9:49.62	37.51	1200m: 14:44.54	36.61		
11.	Elroy Schot	De Dolfijn	200200689	18:27.08	+0,70			
	50m: 30.69	30.69	450m: 5:20.23	36.91	850m: 10:16.97	37.31	1250m: 15:21.84	38.13
	100m: 1:05.34	34.65	500m: 5:57.20	36.97	900m: 10:54.07	37.10	1300m: 15:59.82	37.98
	150m: 1:41.09	35.75	550m: 6:35.04	37.84	950m: 11:32.02	37.95	1350m: 16:37.04	37.22
	200m: 2:17.42	36.33	600m: 7:11.91	36.87	1000m: 12:10.14	38.12	1400m: 17:14.28	37.24
	250m: 2:53.47	36.05	650m: 7:48.69	36.78	1050m: 12:48.09	37.95	1450m: 17:51.48	37.20
	300m: 3:29.59	36.12	700m: 8:26.03	37.34	1100m: 13:26.93	38.84	1500m: 18:27.08	35.60
	350m: 4:06.19	36.60	750m: 9:02.56	36.53	1150m: 14:05.62	38.69		
	400m: 4:43.32	37.13	800m: 9:39.66	37.10	1200m: 14:43.71	38.09		
12.	Wessel Stupers	PSV	200203541	18:57.37	+0,69			
	50m: 31.77	31.77	450m: 5:31.24	37.21	850m: 10:33.10	36.69	1250m: 15:44.73	38.57
	100m: 1:08.01	36.24	500m: 6:08.91	37.67	900m: 11:10.99	37.89	1300m: 16:23.59	38.86
	150m: 1:45.92	37.91	550m: 6:47.01	38.10	950m: 11:49.30	38.31	1350m: 17:03.62	40.03
	200m: 2:22.62	36.70	600m: 7:25.63	38.62	1000m: 12:27.85	38.55	1400m: 17:40.89	37.27
	250m: 2:59.60	36.98	650m: 8:02.53	36.90	1050m: 13:07.86	40.01	1450m: 18:19.89	39.00
	300m: 3:37.76	38.16	700m: 8:41.09	38.56	1100m: 13:46.94	39.08	1500m: 18:57.37	37.48
	350m: 4:15.49	37.73	750m: 9:19.52	38.43	1150m: 14:26.11	39.17		
	400m: 4:54.03	38.54	800m: 9:56.41	36.89	1200m: 15:06.16	40.05		

Junioren 4

1.	Vincent Crooijmans	VZC E&P	200100381	16:05.62	+0,83			
	50m: 28.94	28.94	450m: 4:46.98	31.71	850m: 9:05.29	32.45	1250m: 13:25.08	32.49
	100m: 1:00.93	31.99	500m: 5:18.90	31.92	900m: 9:37.90	32.61	1300m: 13:57.42	32.34
	150m: 1:33.74	32.81	550m: 5:51.02	32.12	950m: 10:10.50	32.60	1350m: 14:29.73	32.31
	200m: 2:06.55	32.81	600m: 6:23.29	32.27	1000m: 10:42.98	32.48	1400m: 15:02.44	32.71
	250m: 2:39.06	32.51	650m: 6:55.68	32.39	1050m: 11:15.24	32.26	1450m: 15:35.00	32.56
	300m: 3:11.35	32.29	700m: 7:28.06	32.38	1100m: 11:47.60	32.36	1500m: 16:05.62	30.62
	350m: 3:43.35	32.00	750m: 8:00.36	32.30	1150m: 12:20.07	32.47		
	400m: 4:15.27	31.92	800m: 8:32.84	32.48	1200m: 12:52.59	32.52		
2.	Thomas Jansen	RTC - WVZ	200100143	16:18.27	+0,77			
	50m: 28.80	28.80	450m: 4:49.26	32.59	850m: 9:11.25	32.87	1250m: 13:34.39	32.95
	100m: 1:01.08	32.28	500m: 5:21.70	32.44	900m: 9:43.98	32.73	1300m: 14:07.46	33.07
	150m: 1:33.89	32.81	550m: 5:54.47	32.77	950m: 10:16.91	32.93	1350m: 14:40.58	33.12
	200m: 2:06.53	32.64	600m: 6:27.11	32.64	1000m: 10:49.70	32.79	1400m: 15:13.80	33.22
	250m: 2:39.23	32.70	650m: 7:00.10	32.99	1050m: 11:22.54	32.84	1450m: 15:46.60	32.80
	300m: 3:11.91	32.68	700m: 7:32.93	32.83	1100m: 11:55.49	32.95	1500m: 16:18.27	31.67
	350m: 3:44.13	32.22	750m: 8:05.64	32.71	1150m: 12:28.50	33.01		
	400m: 4:16.67	32.54	800m: 8:38.38	32.74	1200m: 13:01.44	32.94		

Programmanr. 116, Jongens, 1500m vrije slag, Junioren 4

rang	naam	vereniging	startnr.	tijd	RT			
3.	Sander Crooijmans	VZC E&P	200100383	16:23.30	+0,80			
	50m: 28.67	28.67	450m: 4:47.26	31.81	850m: 9:10.35	33.28	1250m: 13:37.57	33.27
	100m: 1:00.91	32.24	500m: 5:19.63	32.37	900m: 9:43.81	33.46	1300m: 14:10.95	33.38
	150m: 1:33.47	32.56	550m: 5:52.21	32.58	950m: 10:17.20	33.39	1350m: 14:44.63	33.68
	200m: 2:06.43	32.96	600m: 6:24.97	32.76	1000m: 10:50.59	33.39	1400m: 15:17.73	33.10
	250m: 2:39.09	32.66	650m: 6:57.90	32.93	1050m: 11:23.91	33.32	1450m: 15:51.10	33.37
	300m: 3:11.40	32.31	700m: 7:30.77	32.87	1100m: 11:57.26	33.35	1500m: 16:23.30	32.20
	350m: 3:43.26	31.86	750m: 8:03.89	33.12	1150m: 12:30.70	33.44		
	400m: 4:15.45	32.19	800m: 8:37.07	33.18	1200m: 13:04.30	33.60		
4.	Bas Morelissen	ZPC AMERSFOORT	200100861	16:46.44	+0,74			
	50m: 29.71	29.71	450m: 4:56.46	33.71	850m: 9:28.75	33.75	1250m: 13:59.28	33.75
	100m: 1:01.91	32.20	500m: 5:30.52	34.06	900m: 10:02.70	33.95	1300m: 14:33.99	34.71
	150m: 1:35.41	33.50	550m: 6:04.58	34.06	950m: 10:36.47	33.77	1350m: 15:07.92	33.93
	200m: 2:08.51	33.10	600m: 6:38.84	34.26	1000m: 11:10.39	33.92	1400m: 15:41.61	33.69
	250m: 2:41.57	33.06	650m: 7:13.05	34.21	1050m: 11:44.02	33.63	1450m: 16:15.00	33.39
	300m: 3:15.14	33.57	700m: 7:47.24	34.19	1100m: 12:17.73	33.71	1500m: 16:46.44	31.44
	350m: 3:48.93	33.79	750m: 8:21.41	34.17	1150m: 12:51.77	34.04		
	400m: 4:22.75	33.82	800m: 8:55.00	33.59	1200m: 13:25.53	33.76		
5.	Christiaan Smit	The Hague Swimming (SG)	200102463	16:52.40	+0,70			
	50m: 28.90	28.90	450m: 4:56.03	34.03	850m: 9:28.79	34.06	1250m: 14:03.39	34.49
	100m: 1:01.02	32.12	500m: 5:29.93	33.90	900m: 10:02.88	34.09	1300m: 14:37.53	34.14
	150m: 1:33.97	32.95	550m: 6:03.97	34.04	950m: 10:37.28	34.40	1350m: 15:11.89	34.36
	200m: 2:07.24	33.27	600m: 6:38.02	34.05	1000m: 11:11.82	34.54	1400m: 15:45.92	34.03
	250m: 2:40.64	33.40	650m: 7:12.03	34.01	1050m: 11:46.34	34.52	1450m: 16:19.73	33.81
	300m: 3:14.32	33.68	700m: 7:46.29	34.26	1100m: 12:20.47	34.13	1500m: 16:52.40	32.67
	350m: 3:48.16	33.84	750m: 8:20.47	34.18	1150m: 12:54.58	34.11		
	400m: 4:22.00	33.84	800m: 8:54.73	34.26	1200m: 13:28.90	34.32		
6.	Max Visser	WVZ	200100077	17:11.67	+0,77			
	50m: 30.49	30.49	450m: 5:05.56	34.47	850m: 9:43.73	34.67	1250m: 14:20.30	34.43
	100m: 1:04.83	34.34	500m: 5:40.10	34.54	900m: 10:18.21	34.48	1300m: 14:55.00	34.70
	150m: 1:39.20	34.37	550m: 6:14.69	34.59	950m: 10:52.63	34.42	1350m: 15:29.67	34.67
	200m: 2:13.59	34.39	600m: 6:49.62	34.93	1000m: 11:27.06	34.43	1400m: 16:04.20	34.53
	250m: 2:47.94	34.35	650m: 7:24.80	35.18	1050m: 12:01.49	34.43	1450m: 16:38.90	34.70
	300m: 3:22.33	34.39	700m: 7:59.70	34.90	1100m: 12:36.41	34.92	1500m: 17:11.67	32.77
	350m: 3:56.80	34.47	750m: 8:34.66	34.96	1150m: 13:11.08	34.67		
	400m: 4:31.09	34.29	800m: 9:09.06	34.40	1200m: 13:45.87	34.79		
7.	David Anthonio	De Kikker	200102551	17:12.19	+0,84			
	50m: 29.22	29.22	450m: 5:02.72	34.72	850m: 9:42.21	34.73	1250m: 14:23.57	35.26
	100m: 1:02.14	32.92	500m: 5:37.60	34.88	900m: 10:16.79	34.58	1300m: 14:58.53	34.96
	150m: 1:35.79	33.65	550m: 6:12.48	34.88	950m: 10:51.79	35.00	1350m: 15:33.96	35.43
	200m: 2:09.86	34.07	600m: 6:47.42	34.94	1000m: 11:27.16	35.37	1400m: 16:08.07	34.11
	250m: 2:44.17	34.31	650m: 7:22.51	35.09	1050m: 12:02.49	35.33	1450m: 16:41.78	33.71
	300m: 3:18.73	34.56	700m: 7:57.70	35.19	1100m: 12:37.72	35.23	1500m: 17:12.19	30.41
	350m: 3:53.35	34.62	750m: 8:32.44	34.74	1150m: 13:13.08	35.36		
	400m: 4:28.00	34.65	800m: 9:07.48	35.04	1200m: 13:48.31	35.23		
8.	Owen Peeks	ZPC Hooerveen	200100765	17:17.77				
	50m: 32.35	32.35	450m: 5:07.81	34.22	850m: 9:43.19	34.55	1250m: 14:24.41	35.26
	100m: 1:06.98	34.63	500m: 5:41.98	34.17	900m: 10:18.39	35.20	1300m: 14:59.30	34.89
	150m: 1:42.34	35.36	550m: 6:15.95	33.97	950m: 10:53.10	34.71	1350m: 15:33.85	34.55
	200m: 2:17.44	35.10	600m: 6:50.24	34.29	1000m: 11:27.95	34.85	1400m: 16:08.58	34.73
	250m: 2:51.26	33.82	650m: 7:25.11	34.87	1050m: 12:03.12	35.17	1450m: 16:43.76	35.18
	300m: 3:25.19	33.93	700m: 8:00.07	34.96	1100m: 12:38.42	35.30	1500m: 17:17.77	34.01
	350m: 3:59.41	34.22	750m: 8:34.27	34.20	1150m: 13:13.97	35.55		
	400m: 4:33.59	34.18	800m: 9:08.64	34.37	1200m: 13:49.15	35.18		
9.	Janne Englebert	Hieronymus	200101561	17:23.42	+0,76			
	50m: 30.54	30.54	450m: 5:06.14	35.75	850m: 9:48.68	35.14	1250m: 14:31.91	35.06
	100m: 1:04.53	33.99	500m: 5:41.31	35.17	900m: 10:23.84	35.16	1300m: 15:07.08	35.17
	150m: 1:38.89	34.36	550m: 6:16.73	35.42	950m: 10:59.49	35.65	1350m: 15:41.53	34.45
	200m: 2:13.06	34.17	600m: 6:52.18	35.45	1000m: 11:34.90	35.41	1400m: 16:15.95	34.42
	250m: 2:47.30	34.24	650m: 7:27.59	35.41	1050m: 12:10.37	35.47	1450m: 16:50.51	34.56
	300m: 3:21.50	34.20	700m: 8:03.16	35.57	1100m: 12:45.72	35.35	1500m: 17:23.42	32.91
	350m: 3:55.80	34.30	750m: 8:38.50	35.34	1150m: 13:21.29	35.57		
	400m: 4:30.39	34.59	800m: 9:13.54	35.04	1200m: 13:56.85	35.56		
10.	Dave van der Voet	De Dolfijn	200102783	17:28.79	+0,77			
	50m: 29.95	29.95	450m: 5:03.72	34.23	850m: 9:43.90	35.55	1250m: 14:32.50	36.32
	100m: 1:03.28	33.33	500m: 5:38.34	34.62	900m: 10:20.23	36.33	1300m: 15:08.60	36.10
	150m: 1:36.77	33.49	550m: 6:12.97	34.63	950m: 10:56.19	36.96	1350m: 15:44.79	36.19
	200m: 2:11.73	34.96	600m: 6:47.89	34.92	1000m: 11:32.20	36.01	1400m: 16:20.23	35.44
	250m: 2:46.31	34.58	650m: 7:22.51	34.62	1050m: 12:08.04	35.84	1450m: 16:55.87	35.64
	300m: 3:20.22	33.91	700m: 7:57.34	34.83	1100m: 12:43.82	35.78	1500m: 17:28.79	32.92
	350m: 3:55.09	34.87	750m: 8:33.09	35.75	1150m: 13:19.64	35.82		
	400m: 4:29.49	34.40	800m: 9:08.35	35.26	1200m: 13:56.18	36.54		

Programmanr. 116, Jongens, 1500m vrije slag, Junioren 4

rang	naam	vereniging	startnr.	tijd	RT			
11.	Rijk Dragstra	ZPC AMERSFOORT	200102473	17:36.33	+0,77			
	50m: 30.43	30.43	450m: 5:07.65	35.32	850m: 9:51.31	35.81	1250m: 14:38.87	36.60
	100m: 1:04.05	33.62	500m: 5:42.69	35.04	900m: 10:27.05	35.74	1300m: 15:15.08	36.21
	150m: 1:38.37	34.32	550m: 6:18.25	35.56	950m: 11:02.49	35.44	1350m: 15:51.06	35.98
	200m: 2:13.28	34.91	600m: 6:53.41	35.16	1000m: 11:38.33	35.84	1400m: 16:27.74	36.68
	250m: 2:48.11	34.83	650m: 7:29.17	35.76	1050m: 12:14.52	36.19	1450m: 17:02.50	34.76
	300m: 3:22.82	34.71	700m: 8:04.58	35.41	1100m: 12:50.17	35.65	1500m: 17:36.33	33.83
	350m: 3:57.38	34.56	750m: 8:40.19	35.61	1150m: 13:25.89	35.72		
	400m: 4:32.33	34.95	800m: 9:15.50	35.31	1200m: 14:02.27	36.38		
12.	Tjeerd van Stein	LINK	200101439	17:39.15	+0,76			
	50m: 30.13	30.13	450m: 5:09.97	35.70	850m: 9:55.70	35.86	1250m: 14:41.72	35.40
	100m: 1:04.40	34.27	500m: 5:45.56	35.59	900m: 10:31.49	35.79	1300m: 15:17.80	36.08
	150m: 1:38.94	34.54	550m: 6:20.80	35.24	950m: 11:07.35	35.86	1350m: 15:53.65	35.85
	200m: 2:13.39	34.45	600m: 6:56.41	35.61	1000m: 11:43.32	35.97	1400m: 16:29.61	35.96
	250m: 2:48.57	35.18	650m: 7:32.08	35.67	1050m: 12:18.91	35.59	1450m: 17:05.58	35.97
	300m: 3:23.85	35.28	700m: 8:08.02	35.94	1100m: 12:55.01	36.10	1500m: 17:39.15	33.57
	350m: 3:59.30	35.45	750m: 8:43.91	35.89	1150m: 13:30.61	35.60		
	400m: 4:34.27	34.97	800m: 9:19.84	35.93	1200m: 14:06.32	35.71		
13.	Swen van Elteren	Aquarijn	200103331	17:47.81	+0,75			
	50m: 31.25	31.25	450m: 5:11.40	35.79	850m: 9:56.82	36.15	1250m: 14:49.08	36.80
	100m: 1:06.04	34.79	500m: 5:46.55	35.15	900m: 10:33.52	36.70	1300m: 15:25.58	36.50
	150m: 1:40.71	34.67	550m: 6:22.32	35.77	950m: 11:09.81	36.29	1350m: 16:02.28	36.70
	200m: 2:15.70	34.99	600m: 6:57.71	35.39	1000m: 11:46.46	36.65	1400m: 16:38.59	36.31
	250m: 2:50.59	34.89	650m: 7:32.02	34.31	1050m: 12:21.67	35.21	1450m: 17:14.81	36.22
	300m: 3:25.59	35.00	700m: 8:08.40	36.38	1100m: 12:58.90	37.23	1500m: 17:47.81	33.00
	350m: 4:00.50	34.91	750m: 8:44.71	36.31	1150m: 13:35.71	36.81		
	400m: 4:35.61	35.11	800m: 9:20.67	35.96	1200m: 14:12.28	36.57		