

Hengelo Long Course Challenge 2020
Hengelo, 12- - 14-8-2020



Programmanr. 28
14-8-2020 - 9:38

Heren, 400m vrije slag

Senioren Open
Resultaten Voorronde

Punten: FINA 2020

rang	naam		vereniging					tijd	RT	FINA	
1.	Ferry Weertman		HPC - De Otters het Gooi	199201461				3:55.23	A	818	
	50m:	28.32	150m:	1:26.94	29.08	250m:	2:25.75	28.78	350m:	3:25.89	30.14
	100m:	57.86	200m:	1:56.97	30.03	300m:	2:55.75	30.00	400m:	3:55.23	29.34
2.	Pepijn Smits		HPC - PSV	199600691				3:57.79	A	792	
	50m:	28.01	150m:	1:27.59	29.84	250m:	2:27.49	29.83	350m:	3:28.50	30.33
	100m:	57.75	200m:	1:57.66	30.07	300m:	2:58.17	30.68	400m:	3:57.79	29.29
3.	Luc Kroon		HPC - Ed-Vo	200100697				3:58.36	A	787	
	50m:	27.17	150m:	1:26.91	30.01	250m:	2:27.52	30.12	350m:	3:28.56	30.25
	100m:	56.90	200m:	1:57.40	30.49	300m:	2:58.31	30.79	400m:	3:58.36	29.80
4.	Arjan Knipping		PSV	199401667				4:02.07	A	751	
	50m:	27.53	150m:	1:27.79	30.13	250m:	2:29.11	30.44	350m:	3:31.08	30.86
	100m:	57.66	200m:	1:58.67	30.88	300m:	3:00.22	31.11	400m:	4:02.07	30.99
5.	Sander Crooijmans		HPC - VZC	200100383				4:02.46	A	747	
	50m:	28.46	150m:	1:31.18	31.63	250m:	2:33.38	30.46	350m:	3:33.67	29.78
	100m:	59.55	200m:	2:02.92	31.74	300m:	3:03.89	30.51	400m:	4:02.46	28.79
6.	Vincent Crooijmans		HPC - VZC	200100381				4:05.03	A	724	
	50m:	29.08	150m:	1:31.97	31.33	250m:	2:34.25	30.25	350m:	3:34.90	30.24
	100m:	1:00.64	200m:	2:04.00	32.03	300m:	3:04.66	30.41	400m:	4:05.03	30.13
7.	Noah Martens		Flanders	BRABO/11222/00				4:09.18	A	688	
	50m:	26.87	150m:	1:26.83	30.01	250m:	2:31.21	32.82	350m:	3:37.25	32.87
	100m:	56.82	200m:	1:58.39	31.56	300m:	3:04.38	33.17	400m:	4:09.18	31.93
8.	Luuk van Rooij		PSV	200400581				4:18.73	A	615	
	50m:	29.66	150m:	1:34.38	32.36	250m:	2:39.72	32.24	350m:	3:46.28	33.16
	100m:	1:02.02	200m:	2:07.48	33.10	300m:	3:13.12	33.40	400m:	4:18.73	32.45
9.	Niels Dijkshoorn		ZVVS	200203079				4:19.93	B	606	
	50m:	28.00	150m:	1:32.11	32.77	250m:	2:39.24	33.44	350m:	3:47.03	34.02
	100m:	59.34	200m:	2:05.80	33.69	300m:	3:13.01	33.77	400m:	4:19.93	32.90
10.	David Groenewegen		PSV	200400469				4:20.79	B	600	
	50m:	29.28	150m:	1:34.26	32.82	250m:	2:41.30	33.85	350m:	3:48.36	33.45
	100m:	1:01.44	200m:	2:07.45	33.19	300m:	3:14.91	33.61	400m:	4:20.79	32.43
11.	Merlin Belmon		De Dolfijn	200403191				4:20.85	B	600	
	50m:	28.96	150m:	1:33.53	32.95	250m:	2:39.66	33.27	350m:	3:47.86	34.21
	100m:	1:00.58	200m:	2:06.39	32.86	300m:	3:13.65	33.99	400m:	4:20.85	32.99
12.	Tiago Fonseca Gomes		PSV	200703587				4:40.54	B	482	
	50m:	30.45	150m:	1:41.62	35.98	250m:	2:54.43	36.29	350m:	4:06.75	36.21
	100m:	1:05.64	200m:	2:18.14	36.52	300m:	3:30.54	36.11	400m:	4:40.54	33.79

