

Programmanr. 28
03-07-2021 - 18:03

Dames, 400m vrije slag

Senioren Open
Resultaten Finale

rang	naam	vereniging	startnr.		tijd	RT	
Paralympic athletes							
1.	Águila Dolsma 200m*	HPC PARA - Blue Marlins (SG)	200603902	S14	5:55.86	+0,83	474
	50m: 36.66	150m: 2:05.03	250m: 3:40.72	350m: 5:12.61			
	100m: 1:20.18	200m: 2:52.49	300m: 4:26.72	400m: 5:55.86			
2.	Aminata Turay 50, 100, 200m*	HPC PARA - Van Vliet Barracuda	200900282	S10	6:35.48	+0,99	324
	50m: 41.35	150m: 2:20.70	250m: 4:04.09	350m: 5:46.62			
	100m: 1:30.16	200m: 3:13.56	300m: 4:55.89	400m: 6:35.48			
Senioren Open							
1.	Lotte Goris	Vlaanderen		BRABO/20896/00	4:16.74	+0,70	
	50m: 29.90	150m: 1:34.76	250m: 2:39.36	350m: 3:44.24			
	100m: 1:02.51	200m: 2:07.07	300m: 3:11.90	400m: 4:16.74			
2.	Loulou Vos	PSV		199906128	4:19.83	+0,75	
	50m: 29.84	150m: 1:35.50	250m: 2:41.35	350m: 3:47.34			
	100m: 1:02.37	200m: 2:08.52	300m: 3:14.25	400m: 4:19.83			
3.	Yara van Kalmthout	DZ&PC		200200984	4:25.22	+0,77	
	50m: 29.36	150m: 1:35.00	250m: 2:42.35	350m: 3:51.68			
	100m: 1:01.76	200m: 2:08.85	300m: 3:17.04	400m: 4:25.22			
4.	Lente Lazou	Gold Swimming Team		GOLD/21110/05	4:26.10	+0,67	
	50m: 30.19	150m: 1:36.47	250m: 2:44.03	350m: 3:53.03			
	100m: 1:03.11	200m: 2:10.19	300m: 3:18.55	400m: 4:26.10			
5.	Manon Ritten	PSV		200002440	4:33.28	+0,80	
	50m: 31.08	150m: 1:40.44	250m: 2:49.76	350m: 3:59.40			
	100m: 1:05.65	200m: 2:15.51	300m: 3:24.57	400m: 4:33.28			
6.	Femke Doorenbos	Blue Marlins (SG)		200404214	4:39.95	+0,80	
	50m: 32.37	150m: 1:42.97	250m: 2:54.12	350m: 4:05.47			
	100m: 1:07.29	200m: 2:18.82	300m: 3:29.97	400m: 4:39.95			
7.	Dominique Dingshoff	ZPC Hoogeveen		200400804	4:41.84	+0,83	
	50m: 32.08	150m: 1:42.79	250m: 2:55.27	350m: 4:08.14			
	100m: 1:07.58	200m: 2:18.62	300m: 3:31.67	400m: 4:41.84			
8.	Sophia van Droffelaar	ZVVS		200500330	4:42.32	+0,72	
	50m: 30.89	150m: 1:43.14	250m: 2:56.46	350m: 4:08.57			
	100m: 1:05.96	200m: 2:19.62	300m: 3:32.61	400m: 4:42.32			