

Programmanr. 28
03-07-2021 - 10:51

Dames, 400m vrije slag

Senioren Open
Resultaten Voorronde

rang	naam	vereniging	startnr.	tijd	RT
Paralympic athletes					
1.	Águila Dolsma 200m*	HPC PARA - Blue Marlins (SG)	200603902	S14	6:04.19 Q +0,66 Q 443
	50m: 36.47 100m: 1:20.62	150m: 2:07.37 200m: 2:56.60	250m: 3:44.58 300m: 4:32.90	350m: 5:20.21 400m: 6:04.19	
2.	Aminata Turay 100 en 200m*	HPC PARA - Van Vliet Barracuda	200900282	S10	6:32.55 Q +0,99 Q 331
	50m: 41.60 100m: 1:29.57	150m: 2:20.04 200m: 3:10.10	250m: 4:02.24 300m: 4:53.40	350m: 5:43.95 400m: 6:32.55	
AFGEM	Liesette Bruinsma	HPC PARA - HZ&PC Heerenveen	200004346	S11	
Senioren Open					
1.	Loulou Vos	PSV	199906128		4:21.37 Q +0,74 Q
	50m: 30.33 100m: 1:03.13	150m: 1:36.51 200m: 2:10.12	250m: 2:43.22 300m: 3:16.22	350m: 3:49.04 400m: 4:21.37	
2.	Lotte Goris	Vlaanderen	BRABO/20896/00		4:25.21 Q +0,69 Q
	50m: 30.19 100m: 1:03.55	150m: 1:36.71 200m: 2:09.94	250m: 2:43.51 300m: 3:17.78	350m: 3:52.08 400m: 4:25.21	
3.	Lente Lazou	Gold Swimming Team	GOLD/21110/05		4:26.53 Q +0,67 Q
	50m: 30.51 100m: 1:03.93	150m: 1:38.14 200m: 2:12.42	250m: 2:46.05 300m: 3:20.00	350m: 3:53.80 400m: 4:26.53	
4.	Manon Ritten	PSV	200002440		4:32.90 Q +0,83 Q
	50m: 31.19 100m: 1:05.12	150m: 1:39.37 200m: 2:14.18	250m: 2:48.75 300m: 3:23.81	350m: 3:58.90 400m: 4:32.90	
5.	Yara van Kalmthout	DZ&PC	200200984		4:33.41 Q +0,76 Q
	50m: 29.78 100m: 1:02.22	150m: 1:35.88 200m: 2:10.35	250m: 2:45.57 300m: 3:21.88	350m: 3:57.89 400m: 4:33.41	
6.	Dominique Dingshoff	ZPC Hoogeveen	200400804		4:35.92 Q +0,81 Q
	50m: 31.80 100m: 1:06.86	150m: 1:41.68 200m: 2:17.41	250m: 2:52.19 300m: 3:27.37	350m: 4:02.64 400m: 4:35.92	
	Sophia van Droffelaar	ZVVS	200500330		4:35.92 Q +0,68 Q
	50m: 30.89 100m: 1:05.28	150m: 1:40.39 200m: 2:15.78	250m: 2:51.77 300m: 3:27.32	350m: 4:02.63 400m: 4:35.92	
8.	Marte Hieke van der Kamp	Orca	200500218		4:37.25 Q +0,79 Q
	50m: 31.35 100m: 1:05.67	150m: 1:41.10 200m: 2:16.77	250m: 2:52.21 300m: 3:27.67	350m: 4:03.30 400m: 4:37.25	
9.	Femke Doorenbos 200m*	Blue Marlins (SG)	200404214		4:37.36 R +0,77 R
	50m: 30.56 100m: 1:04.60	150m: 1:39.59 200m: 2:15.14	250m: 2:50.70 300m: 3:26.75	350m: 4:02.29 400m: 4:37.36	
10.	Charlotte Wilbers	ZPC Hoogeveen	200400312		4:37.56 R +0,82 R
	50m: 31.39 100m: 1:05.57	150m: 1:40.53 200m: 2:16.45	250m: 2:51.83 300m: 3:28.04	350m: 4:03.85 400m: 4:37.56	
11.	Lize van den Nieuwenhuijzen	Nextline Swimming	200304454		4:38.16 +0,76
	50m: 31.21 100m: 1:05.15	150m: 1:40.06 200m: 2:15.17	250m: 2:50.71 300m: 3:26.94	350m: 4:03.07 400m: 4:38.16	
12.	Sterre van de Goor	PSV	200102168		4:43.70 +0,84
	50m: 32.23 100m: 1:07.17	150m: 1:42.79 200m: 2:18.79	250m: 2:54.90 300m: 3:31.30	350m: 4:07.87 400m: 4:43.70	
13.	Águila Dolsma 200m*	HPC PARA - Blue Marlins (SG)	200603902	S14	6:04.19 Q +0,66 Q 443
	50m: 36.47 100m: 1:20.62	150m: 2:07.37 200m: 2:56.60	250m: 3:44.58 300m: 4:32.90	350m: 5:20.21 400m: 6:04.19	
14.	Aminata Turay 100 en 200m*	HPC PARA - Van Vliet Barracuda	200900282	S10	6:32.55 Q +0,99 Q 331
	50m: 41.60 100m: 1:29.57	150m: 2:20.04 200m: 3:10.10	250m: 4:02.24 300m: 4:53.40	350m: 5:43.95 400m: 6:32.55	

onjuistheden / mistakes?

mail naar / to: nknschrijvingen@knzb.nl

Programmanr. 28, Dames, 400m vrije slag, Voorronde, Senioren Open

rang	naam	vereniging	startnr.	tijd	RT
AFGEM	Liesette Bruinsma	HPC PARA - HZ&PC Heerenveen	200004346	S11	

