

Programmanr. 13
17-12-2016

Dames, 400m vrije slag

Senioren Open
Resultaten Voorronde

World Record	3:56.46	Kathleen Ledecky	Rio de Janeiro (BRA)	07-08-2016
European Record	3:59.15	Federica Pellegrini	Rome (ITA)	26-07-2009
Nederlands Record Senioren	4:03.02	Sharon van Rouwendaal	Kazan (RUS)	02-08-2015
Nederlands Record Jeugd	4:11.35	Sharon van Rouwendaal	Eindhoven	12-06-2009
Nederlands Record Junioren	4:20.37	Karen Wammes	Antwerpen (BEL)	01-08-1991
Sloterparkbad Record	4:07.42	Sharon van Rouwendaal	NED Amsterdam	13-12-2014
Kwalificatie-eis WK 2017 senioren	4:07.52			
Kwalificatie-eis WK 2017 debutanten	4:10.57			
Kwalificatie-eis EJK 2017	4:16.84			
Kwalificatie-eis EYOF 2017	4:26.57			

Punten: FINA 2016

Rang							Tijd	RT	fin.	FINA	IPC
Senioren Open											
1.	Esmee Vermeulen	NTC - De Dolfijn	199600678	4:15.86	+0,78	A	808				
	50m: 30.46	30.46	150m: 1:34.47	32.12	250m: 2:38.52	31.81	350m: 3:43.82	32.73			
	100m: 1:02.35	31.89	200m: 2:06.71	32.24	300m: 3:11.09	32.57	400m: 4:15.86	32.04			
2.	Camille Gheorghiu	Pôle France Antibes		4:17.29	+0,75	A	795				
	50m: 29.94	29.94	150m: 1:34.65	32.72	250m: 2:39.83	32.37	350m: 3:45.13	32.78			
	100m: 1:01.93	31.99	200m: 2:07.46	32.81	300m: 3:12.35	32.52	400m: 4:17.29	32.16			
3.	Valentine Dumont	FFBN		4:17.86	+0,74	A	789				
	50m: 30.71	30.71	150m: 1:35.22	32.28	250m: 2:40.50	32.20	350m: 3:45.68	32.68			
	100m: 1:02.94	32.23	200m: 2:08.30	33.08	300m: 3:13.00	32.50	400m: 4:17.86	32.18			
4.	Marie Pietruschka	SSG Leipzig	153948	4:18.88	+0,77	A	780				
	50m: 29.71	29.71	150m: 1:34.73	32.88	250m: 2:41.29	32.91	350m: 3:47.11	32.49			
	100m: 1:01.85	32.14	200m: 2:08.38	33.65	300m: 3:14.62	33.33	400m: 4:18.88	31.77			
5.	Fantine Lesaffre	IRSO Swimming		4:19.41	+0,75	A	775				
	50m: 29.90	29.90	150m: 1:34.78	32.37	250m: 2:40.55	32.86	350m: 3:46.91	33.25			
	100m: 1:02.41	32.51	200m: 2:07.69	32.91	300m: 3:13.66	33.11	400m: 4:19.41	32.50			
6.	Laura van Engelen	RTC - AquAmigos	200000350	4:20.60	+0,84	A	765				
	50m: 29.52	29.52	150m: 1:35.20	33.05	250m: 2:41.76	33.31	350m: 3:48.82	33.27			
	100m: 1:02.15	32.63	200m: 2:08.45	33.25	300m: 3:15.55	33.79	400m: 4:20.60	31.78			
7.	Lotte Goris	VZF		4:21.32	+0,69	A	758				
	50m: 30.11	30.11	150m: 1:36.05	32.83	250m: 2:42.67	33.27	350m: 3:49.44	33.21			
	100m: 1:03.22	33.11	200m: 2:09.40	33.35	300m: 3:16.23	33.56	400m: 4:21.32	31.88			
8.	Eva Bonnet	IRSO Swimming		4:21.51	+0,75	A	757				
	50m: 30.05	30.05	150m: 1:35.78	33.13	250m: 2:42.35	33.19	350m: 3:49.25	33.40			
	100m: 1:02.65	32.60	200m: 2:09.16	33.38	300m: 3:15.85	33.50	400m: 4:21.51	32.26			
9.	Camille Bouden	VZF		4:21.55	+0,70	R	756				
	50m: 30.25	30.25	150m: 1:37.06	33.55	250m: 2:43.63	33.22	350m: 3:49.83	32.84			
	100m: 1:03.51	33.26	200m: 2:10.41	33.35	300m: 3:16.99	33.36	400m: 4:21.55	31.72			
10.	Lea Marchal	IRSO Swimming		4:21.59	+0,72	R	756				
	50m: 30.88	30.88	150m: 1:38.62	33.98	250m: 2:45.05	32.76	350m: 3:50.39	32.50			
	100m: 1:04.64	33.76	200m: 2:12.29	33.67	300m: 3:17.89	32.84	400m: 4:21.59	31.20			
11.	Marrit Steenberg	RTC - DZ&PC	200000086	4:21.75	+0,80		755				
	50m: 29.63	29.63	150m: 1:36.36	33.82	250m: 2:42.47	32.62	350m: 3:49.48	33.81			
	100m: 1:02.54	32.91	200m: 2:09.85	33.49	300m: 3:15.67	33.20	400m: 4:21.75	32.27			
12.	Robin Neumann	NTC - De Dolfijn	199706190	4:21.77	+0,67		755				
	50m: 29.87	29.87	150m: 1:37.09	33.93	250m: 2:44.36	33.32	350m: 3:50.15	32.96			
	100m: 1:03.16	33.29	200m: 2:11.04	33.95	300m: 3:17.19	32.83	400m: 4:21.77	31.62			
13.	Julia Hassler	SV Nikar Heidelberg	378378	4:21.98	+0,83		753				
	50m: 30.18	30.18	150m: 1:35.72	32.75	250m: 2:42.41	33.22	350m: 3:49.77	33.57			
	100m: 1:02.97	32.79	200m: 2:09.19	33.47	300m: 3:16.20	33.79	400m: 4:21.98	32.21			
14.	Serena Stel	RTC - De Dolfijn	199801528	4:24.57	+0,68		731				
	50m: 30.20	30.20	150m: 1:37.07	33.56	250m: 2:44.46	33.72	350m: 3:52.29	33.37			
	100m: 1:03.51	33.31	200m: 2:10.74	33.67	300m: 3:18.92	34.46	400m: 4:24.57	32.28			
15.	Sarah Bosslet	SSG Saar Max Ritter	150145	4:26.05	+0,75		719				
	50m: 31.01	31.01	150m: 1:37.97	33.66	250m: 2:45.44	33.64	350m: 3:53.08	33.77			
	100m: 1:04.31	33.30	200m: 2:11.80	33.83	300m: 3:19.31	33.87	400m: 4:26.05	32.97			
16.	Gwladys Larzul	IRSO Swimming		4:26.47	+0,70		715				
	50m: 30.87	30.87	150m: 1:37.80	33.64	250m: 2:45.30	33.88	350m: 3:53.45	34.15			
	100m: 1:04.16	33.29	200m: 2:11.42	33.62	300m: 3:19.30	34.00	400m: 4:26.47	33.02			

onjuistheden / mistakes?

mail naar / to : nkschrijvingen@knzb.nl

Splash Meet Manager, 11.46121

Registered to KNZB

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Programmanr. 13, Dames, 400m vrije slag, Voorronde, Senioren Open

Rang									Tijd	RT	fin.	FINA	IPC
17.	Imani de Jong		RTC - ZPCH		200200464				4:27.27	+0,74		709	
	50m:	29.68	29.68	150m:	1:37.15	34.05	250m:	2:45.38	34.24	350m:	3:54.21	34.15	
	100m:	1:03.10	33.42	200m:	2:11.14	33.99	300m:	3:20.06	34.68	400m:	4:27.27	33.06	
18.	Aurelie Muller		IRSO Swimming						4:27.63	* +0,79		706	
	50m:	30.46	30.46	150m:	1:38.03	33.99	250m:	2:46.22	33.75	350m:	3:54.13	33.79	
	100m:	1:04.04	33.58	200m:	2:12.47	34.44	300m:	3:20.34	34.12	400m:	4:27.63	33.50	
19.	Marij van der Mast		RTC - PSV		200000676				4:27.71	+0,74		705	
	50m:	30.70	30.70	150m:	1:38.36	34.39	250m:	2:46.97	34.21	350m:	3:55.09	33.80	
	100m:	1:03.97	33.27	200m:	2:12.76	34.40	300m:	3:21.29	34.32	400m:	4:27.71	32.62	
20.	Marieke Tienstra		RTC - TriVia		199900302				4:29.32	+0,77		693	
	50m:	30.44	30.44	150m:	1:38.01	34.06	250m:	2:46.35	34.08	350m:	3:55.48	34.73	
	100m:	1:03.95	33.51	200m:	2:12.27	34.26	300m:	3:20.75	34.40	400m:	4:29.32	33.84	
21.	Dajana Schlegel		SG Stadtwerke München		158544				4:29.53	+0,86		691	
	50m:	30.81	30.81	150m:	1:38.62	34.07	250m:	2:47.05	33.86	350m:	3:55.94	34.07	
	100m:	1:04.55	33.74	200m:	2:13.19	34.57	300m:	3:21.87	34.82	400m:	4:29.53	33.59	
22.	Vár Eidesgaard		Havnar Svímjölög						4:30.20	+0,69		686	
	50m:	31.20	31.20	150m:	1:39.41	34.18	250m:	2:48.58	34.51	350m:	3:57.56	34.32	
	100m:	1:05.23	34.03	200m:	2:14.07	34.66	300m:	3:23.24	34.66	400m:	4:30.20	32.64	
23.	Lisanne Hassing		HZ&PC Heerenveen		199702584				4:30.53	+0,82		684	
	50m:	30.02	30.02	150m:	1:38.29	34.59	250m:	2:47.64	34.61	350m:	3:57.59	34.91	
	100m:	1:03.70	33.68	200m:	2:13.03	34.74	300m:	3:22.68	35.04	400m:	4:30.53	32.94	
24.	Pien Schravendes		RTC - DZ&PC		199902010				4:33.41	+0,68		662	
	50m:	31.04	31.04	150m:	1:40.56	34.96	250m:	2:50.33	34.36	350m:	4:00.28	34.67	
	100m:	1:05.60	34.56	200m:	2:15.97	35.41	300m:	3:25.61	35.28	400m:	4:33.41	33.13	
25.	Bettina Merkle		Neckarsulmer Sport-Union		158613				4:33.75	+0,69		660	
	50m:	30.67	30.67	150m:	1:39.01	34.92	250m:	2:48.99	34.93	350m:	3:59.44	35.33	
	100m:	1:04.09	33.42	200m:	2:14.06	35.05	300m:	3:24.11	35.12	400m:	4:33.75	34.31	
26.	Lil Zyprian		Swimteam Heddos		190816				4:34.34	+0,70		655	
	50m:	30.34	30.34	150m:	1:39.02	34.78	250m:	2:49.57	35.29	350m:	4:00.35	35.27	
	100m:	1:04.24	33.90	200m:	2:14.28	35.26	300m:	3:25.08	35.51	400m:	4:34.34	33.99	
27.	Silke Holkenborg		RTC - Montferland		200100292				4:35.48	+0,76		647	
	50m:	30.96	30.96	150m:	1:39.94	35.01	250m:	2:50.97	35.44	350m:	4:01.88	35.37	
	100m:	1:04.93	33.97	200m:	2:15.53	35.59	300m:	3:26.51	35.54	400m:	4:35.48	33.60	
28.	Carin Klasson		Södertörns Simsällskap		BB4695				4:36.94	+0,75		637	
	50m:	31.04	31.04	150m:	1:40.12	35.12	250m:	2:51.07	35.56	350m:	4:01.95	35.62	
	100m:	1:05.00	33.96	200m:	2:15.51	35.39	300m:	3:26.33	35.26	400m:	4:36.94	34.99	
29.	Hinke Groos		DZ&PC		199901768				4:37.91	+0,68		631	
	50m:	31.30	31.30	150m:	1:41.29	35.42	250m:	2:52.64	35.51	350m:	4:03.76	34.99	
	100m:	1:05.87	34.57	200m:	2:17.13	35.84	300m:	3:28.77	36.13	400m:	4:37.91	34.15	
30.	Rachel Wüthrich		SG Berner Oberland		19659				4:38.20	+0,71		629	
	50m:	31.35	31.35	150m:	1:41.14	35.28	250m:	2:51.79	35.36	350m:	4:02.98	35.47	
	100m:	1:05.86	34.51	200m:	2:16.43	35.29	300m:	3:27.51	35.72	400m:	4:38.20	35.22	
31.	Danieke van der Kooi		Orca		200000552				4:38.57	+0,73		626	
	50m:	30.27	30.27	150m:	1:40.86	35.76	250m:	2:52.54	35.57	350m:	4:04.40	35.73	
	100m:	1:05.10	34.83	200m:	2:16.97	36.11	300m:	3:28.67	36.13	400m:	4:38.57	34.17	
32.	Emelie Schnagl		SSG Saar Max Ritter		262869				4:38.71	+0,75		625	
	50m:	31.74	31.74	150m:	1:41.48	35.12	250m:	2:52.26	35.31	350m:	4:03.86	35.58	
	100m:	1:06.36	34.62	200m:	2:16.95	35.47	300m:	3:28.28	36.02	400m:	4:38.71	34.85	
33.	Manon Aerssens		PSV		199900294				4:40.46	* +0,68		613	
	50m:	31.80	31.80	150m:	1:42.71	35.88	250m:	2:55.09	36.20	350m:	4:06.34	34.96	
	100m:	1:06.83	35.03	200m:	2:18.89	36.18	300m:	3:31.38	36.29	400m:	4:40.46	34.12	
34.	Clothilde Cousson		INSEP Paris						4:41.13	+0,62		609	
	50m:	30.56	30.56	150m:	1:39.00	34.83	250m:	2:51.42	36.46	350m:	4:04.42	36.60	
	100m:	1:04.17	33.61	200m:	2:14.96	35.96	300m:	3:27.82	36.40	400m:	4:41.13	36.71	
35.	Marlijn Hendriksen		Arethusa		198806828				4:42.93	+0,74		598	
	50m:	33.52	33.52	150m:	1:44.86	36.07	250m:	2:56.87	35.88	350m:	4:08.43	35.68	
	100m:	1:08.79	35.27	200m:	2:20.99	36.13	300m:	3:32.75	35.88	400m:	4:42.93	34.50	
36.	Annemarie Meijer		PSV		199900964				4:43.10	+0,66		596	
	50m:	31.74	31.74	150m:	1:42.99	36.13	250m:	2:55.95	36.42	350m:	4:08.67	36.08	
	100m:	1:06.86	35.12	200m:	2:19.53	36.54	300m:	3:32.59	36.64	400m:	4:43.10	34.43	
37.	Nikita van den Ouden		ZPC De Zeeuwse Kust		199900622				4:43.86	+0,67		592	
	50m:	31.49	31.49	150m:	1:42.18	35.71	250m:	2:55.47	36.74	350m:	4:08.65	35.88	
	100m:	1:06.47	34.98	200m:	2:18.73	36.55	300m:	3:32.77	37.30	400m:	4:43.86	35.21	

Programmanr. 13, Dames, 400m vrije slag, Voorronde, Senioren Open

Rang									Tijd	RT	fin.	FINA	IPC
38.	Madelon Dijkstra	ZPCH				199703510			4:44.89	+0,83		585	
	50m: 31.51	31.51	150m: 1:41.92	35.74	250m: 2:55.33		36.80	350m: 4:08.87				36.61	
	100m: 1:06.18	34.67	200m: 2:18.53	36.61	300m: 3:32.26		36.93	400m: 4:44.89				36.02	
39.	Manon Vermarien	NTC PARA Hieronymus				199705680	S9		4:58.54	+0,76		509	690
	50m: 34.08	34.08	150m: 1:47.58	37.14	250m: 3:02.92		37.64	350m: 4:19.93				38.80	
	100m: 1:10.44	36.36	200m: 2:25.28	37.70	300m: 3:41.13		38.21	400m: 4:58.54				38.61	
40.	Jonne Moleman	NTC PARA AZC				200006264	S10		5:07.14	+0,89		467	701
	50m: 34.28	34.28	150m: 1:50.89	38.79	250m: 3:09.99		39.38	350m: 4:28.92				38.98	
	100m: 1:12.10	37.82	200m: 2:30.61	39.72	300m: 3:49.94		39.95	400m: 5:07.14				38.22	
41.	Amber van der Kruk	NTC PARA MSV Zeemacht				200102730	S14		5:13.37	+0,90		440	711
	50m: 34.32	34.32	150m: 1:51.25	39.95	250m: 3:11.03		39.43	350m: 4:32.62				40.55	
	100m: 1:11.30	36.98	200m: 2:31.60	40.35	300m: 3:52.07		41.04	400m: 5:13.37				40.75	
42.	Nora Meister	NPC Switzerland				36318	S8		5:48.36	+0,57		320	522
	50m: 38.99	38.99	150m: 2:06.14	44.83	250m: 3:35.75		45.30	350m: 5:05.28				44.96	
	100m: 1:21.31	42.32	200m: 2:50.45	44.31	300m: 4:20.32		44.57	400m: 5:48.36				43.08	
AFGEM	Oceane Cassagnol	IRSO Swimming											
AFGEM	Mahia-Cara Härdtner	Neckarsulmer Sport-Union				283653							

Paralympics

1.	Amber van der Kruk	NTC PARA MSV Zeemacht				200102730	S14		5:13.37	+0,90		440	711
	50m: 34.32	34.32	150m: 1:51.25	39.95	250m: 3:11.03		39.43	350m: 4:32.62				40.55	
	100m: 1:11.30	36.98	200m: 2:31.60	40.35	300m: 3:52.07		41.04	400m: 5:13.37				40.75	
2.	Jonne Moleman	NTC PARA AZC				200006264	S10		5:07.14	+0,89		467	701
	50m: 34.28	34.28	150m: 1:50.89	38.79	250m: 3:09.99		39.38	350m: 4:28.92				38.98	
	100m: 1:12.10	37.82	200m: 2:30.61	39.72	300m: 3:49.94		39.95	400m: 5:07.14				38.22	
3.	Manon Vermarien	NTC PARA Hieronymus				199705680	S9		4:58.54	+0,76		509	690
	50m: 34.08	34.08	150m: 1:47.58	37.14	250m: 3:02.92		37.64	350m: 4:19.93				38.80	
	100m: 1:10.44	36.36	200m: 2:25.28	37.70	300m: 3:41.13		38.21	400m: 4:58.54				38.61	
4.	Nora Meister	NPC Switzerland				36318	S8		5:48.36	+0,57		320	522
	50m: 38.99	38.99	150m: 2:06.14	44.83	250m: 3:35.75		45.30	350m: 5:05.28				44.96	
	100m: 1:21.31	42.32	200m: 2:50.45	44.31	300m: 4:20.32		44.57	400m: 5:48.36				43.08	