

Programmanr. 12
17-12-2016

Heren, 400m vrije slag

Senioren Open
Resultaten Finale

World Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
European Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
Nederlands Record Senioren	3:47.09	Maarten Brzoskowski	Londen (GBR)	16-05-2016
Nederlands Record Jeugd	3:55.65	Dion Dreesens	Belgrado (SRB)	06-07-2011
Nederlands Record Junioren	3:56.45	Pieter van den Hoogenband	Pardubice (CEC)	04-08-1994
Sloterparkbad Record	3:47.32	Maarten Brzoskowski	NED Amsterdam	12-12-2015
Kwalificatie-eis WK 2017 senioren	3:45.92			
Kwalificatie-eis WK 2017 debutanten	3:48.15			
Kwalificatie-eis EJK 2017	3:56.15			
Kwalificatie-eis EYOF 2017	4:04.18			

Punten: FINA 2016

Rang							Tijd	RT	FINA
Finale									
1.	David Aubry		IRSO Swimming				3:53.75	+0,74	834
	50m: 28.03	28.03	150m: 1:28.34	30.10	250m: 2:27.50	29.29	350m: 3:25.49	28.68	
	100m: 58.24	30.21	200m: 1:58.21	29.87	300m: 2:56.81	29.31	400m: 3:53.75	28.26	
2.	Joris Bouchaut		IRSO Swimming				3:53.76	+0,66	834
	50m: 28.06	28.06	150m: 1:28.41	30.08	250m: 2:27.16	29.22	350m: 3:25.84	29.34	
	100m: 58.33	30.27	200m: 1:57.94	29.53	300m: 2:56.50	29.34	400m: 3:53.76	27.92	
3.	Damien Joly		Pôle France Antibes				3:54.33	+0,68	828
	50m: 28.35	28.35	150m: 1:28.93	30.29	250m: 2:28.35	29.39	350m: 3:26.26	28.43	
	100m: 58.64	30.29	200m: 1:58.96	30.03	300m: 2:57.83	29.48	400m: 3:54.33	28.07	
4.	Max Nowosad		SG Stadtwerke München		170324		3:54.86	+0,68	822
	50m: 27.15	27.15	150m: 1:26.03	29.45	250m: 2:25.30	29.62	350m: 3:25.56	30.11	
	100m: 56.58	29.43	200m: 1:55.68	29.65	300m: 2:55.45	30.15	400m: 3:54.86	29.30	
5.	Lander Hendrickx		Leuven Aquatics		11115/94		3:56.68	+0,65	803
	50m: 27.67	27.67	150m: 1:27.86	30.25	250m: 2:27.75	29.85	350m: 3:27.63	29.86	
	100m: 57.61	29.94	200m: 1:57.90	30.04	300m: 2:57.77	30.02	400m: 3:56.68	29.05	
6.	Logan Fontaine		C Vikings de Rouen				3:57.35	+0,77	797
	50m: 27.99	27.99	150m: 1:28.24	30.08	250m: 2:28.07	29.70	350m: 3:27.92	29.88	
	100m: 58.16	30.17	200m: 1:58.37	30.13	300m: 2:58.04	29.97	400m: 3:57.35	29.43	
7.	Marcel Schouten		NTC - PSV		199300653		3:59.58	+0,72	775
	50m: 28.61	28.61	150m: 1:29.67	30.63	250m: 2:30.43	30.48	350m: 3:30.25	29.66	
	100m: 59.04	30.43	200m: 1:59.95	30.28	300m: 3:00.59	30.16	400m: 3:59.58	29.33	
8.	Henning Mühleitner		SV Schwäbisch Gmünd				4:02.26	+0,72	749
	50m: 28.14	28.14	150m: 1:28.48	30.53	250m: 2:29.30	30.08	350m: 3:31.41	31.16	
	100m: 57.95	29.81	200m: 1:59.22	30.74	300m: 3:00.25	30.95	400m: 4:02.26	30.85	