

Programmanr. 4
4-12-2020

Dames, 200m rugslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	pnt	50m	100m	150m	200m
Junioren 1 en 2									
1. Emmelien Smelt	ZVZwartsluis	2:46.70	200800012	2:36.82	-	37.84	1:18.56	1:58.25	2:36.82
2. Solana Kock	WVZ	3:01.10	200802520	2:45.91	-	39.67	1:21.49		2:45.91
3. Mijke Ouderkerken	Widex Gzc Donk	3:17.56	200901254	2:51.45	-	41.82	1:25.34	2:09.06	2:51.45
4. Fleur van den Eijk	Widex Gzc Donk	3:01.88	200900304	2:51.98	-	41.49	1:26.22	2:10.56	2:51.98
5. Nadine Kuiper	WVZ	NT	200802372	3:05.00	-	41.48	1:27.98		3:05.00
AFGEM Amy Flobbe	ZPB H&L Productions	2:59.39	200801286		-				

Junioren 3 en 4

1. Fleur Kamminga	WVZ	2:37.54	200701838	2:35.69	-	36.68	1:15.54	1:56.30	2:35.69
2. Zoë Prins	De Reuring	2:49.42	200603812	2:42.87	-	36.77	1:17.45		2:42.87
3. Jade van der Maas	WVZ	2:34.44	200600408	2:42.89	-	37.42	1:18.54		2:42.89
4. Gausje Winkel	ZPCH	3:15.29	200704012	2:59.17	-	41.29	1:27.48		2:59.17
5. Britt van Osnabrugge	ZPB H&L Productions	2:58.43	200601910	3:01.55	-	43.30	1:29.00	2:15.83	3:01.55
6. Sanne Kortenoeven	Widex Gzc Donk	NT	200702088	3:28.88	-	48.42	1:41.22	2:35.89	3:28.88

Jeugd 1 en 2

1. Larissa de Vos	SG Octopus - ZVV	2:23.75	200502728	2:27.13	532,00	33.93	1:10.98		2:27.13
2. Marit Huisman	ZPV Barracuda	2:25.22	200502620	2:27.64	526,00	33.98	1:10.95		2:27.64
3. Tessa Sportel	Dedemsvaart AC	2:30.87	200401644	2:32.91	474,00	33.82	1:12.28		2:32.91
4. Fleur Bos	Orca	2:36.12	200500674	2:36.71	440,00				2:36.71
5. Amélie Wortel	Orca	2:39.01	200500814	2:40.57	-				2:40.57
6. Ilse Wild	SG Octopus - ZVV	2:40.87	200401812	2:41.37	-	37.49	1:18.65		2:41.37
7. Sophie Brouwer	ZPCH	2:48.35	200504124	2:42.06	398,00	37.28	1:17.70		2:42.06
8. Iris Verheij	Z&PC Zegenwerp	2:45.16	200400854	2:42.79	392,00	36.79	1:17.69	2:00.24	2:42.79
9. Leanne de Kievit	Wijchen	NT	200505080	2:44.97	377,00	35.75	1:18.00		2:44.97
10. Tara Spuij	De Rijn	2:51.59	200500862	2:47.62	359,00	37.44	1:19.81	2:04.16	2:47.62
11. Isa Keijzers	NDD	2:55.89	200502044	2:49.00	351,00	39.88	1:22.31	2:05.98	2:49.00
12. Audrey Pieck	Arethusa	2:46.10	200401378	2:50.86	339,00	40.49	1:23.95	2:08.63	2:50.86
13. Jade Hazeleger	Dwk	2:50.44	200403394	2:52.11	332,00	40.89	1:24.55	3:08.75	2:52.11
14. Annet Hartholt	Dedemsvaart AC	2:51.61	200401646	2:52.19	-	39.64	1:23.60		2:52.19
15. Dione Buitenhuis	SG Octopus - ZVV	2:53.17	200404132	2:55.66	-	40.96	1:25.58		2:55.66
16. Lucy van den Brink	Arethusa	3:03.83	200501924	2:58.57	-	42.90	1:28.13	2:14.72	2:58.57
17. Iris van Ederen	Zv de Ham	2:59.17	200501512	3:01.09	285,00	42.71	1:28.02	2:15.58	3:01.09
18. W. van Luttkhuizen	SG Octopus - ZVV	2:59.16	200501052	3:01.47	-	43.06	1:28.61		3:01.47
19. Suze Duivenvoorde	Noordwijkerhout	NT	200400638	3:06.75	260,00	42.37	1:27.98		3:06.75
20. Sanne Gooiker	Arethusa	3:04.83	200400412	3:07.03	-	44.99	1:32.16	2:19.94	3:07.03
21. Eva Berning	Wijchen	NT	200403356	3:07.43	-	43.76	1:32.59		3:07.43
22. Irene Vallinga	Zv de Ham	3:08.78	200500318	3:08.26	-	43.57	1:30.85	2:20.49	3:08.26
23. D. van den Heuvel	Arethusa	2:57.81	200400098	3:11.39	-	43.53	1:31.59	2:22.08	3:11.39
24. Robin Verhoef	ZPC Numansdorp	NT	200405062	3:14.58	230,00	46.48	1:36.00		3:14.58
25. Fenne Smits	Arethusa	NT	200404780	3:25.75	-	48.86	1:40.00	2:33.56	3:25.75
26. Maud van Gemenen	Arethusa	3:13.09	200402786	3:27.72	-	49.09	1:41.48	2:34.53	3:27.72
27. Jessy Jansen	Arethusa	NT	200405928	3:40.95	-	51.98	1:48.43	2:47.45	3:40.95
DIS Annejën Smelt	ZVZwartsluis	2:55.74	200400442		-				
AFGEM Alma Ajanovic	Arethusa	3:17.00	200503622		-				

Senioren 1 en ouder

1. Brigit van der Vegte	SG Octopus - ZVV	2:18.54	200000714	2:23.78	570,00	32.98	1:07.69		2:23.78
2. Kim Zwinkels	ZPCH	2:31.04	200300422	2:25.81	546,00	34.10	1:10.50		2:25.81
3. Denise van der Burgt	Arethusa	2:29.13	200201812	2:30.19	500,00	35.01	1:12.44	1:51.60	2:30.19
4. Tessa van de Belt	Dedemsvaart AC	NT	200102056	2:30.29	499,00	36.70	1:14.90		2:30.29
5. Celine Schoenmaker	Dwk	2:28.41	199801976	2:32.48	478,00	35.51	1:13.64	1:53.16	2:32.48
6. Lobke Wilmink	ZPCH	2:46.53	200303764	2:39.91	-	37.82	1:17.92		2:39.91
7. Lauren van IJl	WVZ	2:35.72	200001064	2:40.38	410,00	37.30	1:17.00		2:40.38
8. Maud Kuipers	Dedemsvaart AC	2:35.96	200201894	2:41.29	-	37.29	1:18.41		2:41.29
9. Lianne Roescher	ZPC De Hof	2:37.35	199900248	2:46.70	365,00	38.67	1:21.24	2:04.33	2:46.70
10. Linde Haverkate	ZPC De Hof	2:49.66	199900244	2:48.26	-	38.96	1:20.89	2:04.99	2:48.26
11. Sterre van de Goor	Psv	2:41.81	200102168	2:48.28	355,00	39.73	1:22.04	2:05.08	2:48.28

Programmanr. 4, Dames, 200m rugslag, Senioren 1 en ouder

rang naam	vereniging	intijd	tijd	RT	pnt	50m	100m	150m	200m
12. Chimene Gremmen	Arethusa	2:52.89	200204476	2:53.59	-	42.28	1:25.59	2:09.92	2:53.59
13. Leonie van der Lavoir	ZPC Numansdorp	2:45.19	198501834	2:53.63	323,00	40.51	1:26.07		2:53.63
14. Anneke vd Laan	Orca	2:52.16	200201154	2:57.39	303,00				2:57.39
15. Serena den Tuinder	ZPC Numansdorp	2:48.37	200303552	2:57.71	-	41.90	1:27.32		2:57.71
16. Eva van der Straaten	ZPB H&L Productions	3:07.00	200001640	2:59.73	291,00	42.46	1:27.27	2:13.50	2:59.73
17. Imogen Oldfield	Rzc	2:58.39	199806046	3:01.25	284,00	42.49	1:28.21	2:15.35	3:01.25
18. Lize Ulijn	Arethusa	3:04.54	200301360	3:01.45	-	43.52	1:29.79	2:16.30	3:01.45
19. Karin van Dijk	Thor	NT	197601066	3:08.13	254,00				3:08.13
20. Judith Lanooij	De Rijn	NT	199806646	3:09.66	248,00	44.96	1:33.00	2:22.24	3:09.66
21. M. de Rijke- van Driel	ZPC Numansdorp	3:04.60	197500960	3:14.18	-	47.76	1:36.72		3:14.18
22. Manon Poell	Sg - E Z C L	NT	199801756	3:21.72	206,00	46.96	1:38.33	2:31.38	3:21.72
23. Roos Kalberg	Arethusa	3:18.24	200300702	3:22.82	-	47.05	1:39.05	2:31.32	3:22.82
24. Rosanne Valk	ZPC Numansdorp	3:09.17	199804090	3:24.82	-	48.66	1:39.15		3:24.82
25. Marieke van Schaik	De Reuring	3:14.63	200304250	3:26.19	193,00	47.02	1:39.43		3:26.19
26. A. Koedam, de Witte	ZPC Numansdorp	NT	197701200	3:28.35	-	49.46	1:42.58		3:28.35
27. Greta Wyma-Teitsma	Dwk	3:41.81	197100696	3:47.32	-	52.70	1:50.57	2:50.89	3:47.32
AFGEM Lieke van Rossum	Arethusa	3:17.70	200204902	-	-				
AFGEM Suze van Bergen	Arethusa	2:50.98	200303642	-	-				

Senioren Open

1. Brigit van der Vegte	SG Octopus - ZVV	2:18.54	200000714	2:23.78	570,00	32.98	1:07.69		2:23.78
2. Kim Zwinkels	ZPCH	2:31.04	200300422	2:25.81	546,00	34.10	1:10.50		2:25.81
3. Larissa de Vos	SG Octopus - ZVV	2:23.75	200502728	2:27.13	532,00	33.93	1:10.98		2:27.13
4. Marit Huisman	ZPV Barracuda	2:25.22	200502620	2:27.64	526,00	33.98	1:10.95		2:27.64
5. Denise van der Burgt	Arethusa	2:29.13	200201812	2:30.19	500,00	35.01	1:12.44	1:51.60	2:30.19
6. Tessa van de Belt	Dedemsvaart AC	NT	200102056	2:30.29	499,00	36.70	1:14.90		2:30.29
7. Celine Schoenmaker	Dwk	2:28.41	199801976	2:32.48	478,00	35.51	1:13.64	1:53.16	2:32.48
8. Tessa Sportel	Dedemsvaart AC	2:30.87	200401644	2:32.91	474,00	33.82	1:12.28		2:32.91
9. Fleur Kamminga	WVZ	2:37.54	200701838	2:35.69	-	36.68	1:15.54	1:56.30	2:35.69
10. Fleur Bos	Orca	2:36.12	200500674	2:36.71	440,00				2:36.71
11. Emmelien Smelt	ZVZwartsluis	2:46.70	200800012	2:36.82	-	37.84	1:18.56	1:58.25	2:36.82
12. Lobke Wilmink	ZPCH	2:46.53	200303764	2:39.91	-	37.82	1:17.92		2:39.91
13. Lauren van IJl	WVZ	2:35.72	200001064	2:40.38	410,00	37.30	1:17.00		2:40.38
14. Amélie Wortel	Orca	2:39.01	200500814	2:40.57	-				2:40.57
15. Maud Kuipers	Dedemsvaart AC	2:35.96	200201894	2:41.29	-	37.29	1:18.41		2:41.29
16. Ilse Wild	SG Octopus - ZVV	2:40.87	200401812	2:41.37	-	37.49	1:18.65		2:41.37
17. Sophie Brouwer	ZPCH	2:48.35	200504124	2:42.06	398,00	37.28	1:17.70		2:42.06
18. Iris Verheij	Z&PC Zegenwerp	2:45.16	200400854	2:42.79	392,00	36.79	1:17.69	2:00.24	2:42.79
19. Zoë Prins	De Reuring	2:49.42	200603812	2:42.87	-	36.77	1:17.45		2:42.87
20. Jade van der Maas	WVZ	2:34.44	200600408	2:42.89	-	37.42	1:18.54		2:42.89
21. Leanne de Kievit	Wijchen	NT	200505080	2:44.97	377,00	35.75	1:18.00		2:44.97
22. Solana Kock	WVZ	3:01.10	200802520	2:45.91	-	39.67	1:21.49		2:45.91
23. Lianne Roescher	ZPC De Hof	2:37.35	199900248	2:46.70	365,00	38.67	1:21.24	2:04.33	2:46.70
24. Tara Spuij	De Rijn	2:51.59	200500862	2:47.62	359,00	37.44	1:19.81	2:04.16	2:47.62
25. Linde Haverkate	ZPC De Hof	2:49.66	199900244	2:48.26	-	38.96	1:20.89	2:04.99	2:48.26
26. Sterre van de Goor	Psv	2:41.81	200102168	2:48.28	355,00	39.73	1:22.04	2:05.08	2:48.28
27. Isa Keijzers	NDD	2:55.89	200502044	2:49.00	351,00	39.88	1:22.31	2:05.98	2:49.00
28. Audrey Pieck	Arethusa	2:46.10	200401378	2:50.86	339,00	40.49	1:23.95	2:08.63	2:50.86
29. Mijke Ouderkerken	Widex Gzc Donk	3:17.56	200901254	2:51.45	-	41.82	1:25.34	2:09.06	2:51.45
30. Fleur van den Eijk	Widex Gzc Donk	3:01.88	200900304	2:51.98	-	41.49	1:26.22	2:10.56	2:51.98
31. Jade Hazeleger	Dwk	2:50.44	200403394	2:52.11	332,00	40.89	1:24.55	3:08.75	2:52.11
32. Annet Hartholt	Dedemsvaart AC	2:51.61	200401646	2:52.19	-	39.64	1:23.60		2:52.19
33. Chimene Gremmen	Arethusa	2:52.89	200204476	2:53.59	-	42.28	1:25.59	2:09.92	2:53.59
34. Leonie van der Lavoir	ZPC Numansdorp	2:45.19	198501834	2:53.63	323,00	40.51	1:26.07		2:53.63
35. Dione Buitenhuis	SG Octopus - ZVV	2:53.17	200404132	2:55.66	-	40.96	1:25.58		2:55.66
36. Anneke vd Laan	Orca	2:52.16	200201154	2:57.39	303,00				2:57.39
37. Serena den Tuinder	ZPC Numansdorp	2:48.37	200303552	2:57.71	-	41.90	1:27.32		2:57.71
38. Lucy van den Brink	Arethusa	3:03.83	200501924	2:58.57	-	42.90	1:28.13	2:14.72	2:58.57
39. Guusje Winkel	ZPCH	3:15.29	200704012	2:59.17	-	41.29	1:27.48		2:59.17
40. Eva van der Straaten	ZPB H&L Productions	3:07.00	200001640	2:59.73	291,00	42.46	1:27.27	2:13.50	2:59.73
41. Iris van Ederen	Zv de Ham	2:59.17	200501512	3:01.09	285,00	42.71	1:28.02	2:15.58	3:01.09
42. Imogen Oldfield	Rzc	2:58.39	199806046	3:01.25	284,00	42.49	1:28.21	2:15.35	3:01.25
43. Lize Ulijn	Arethusa	3:04.54	200301360	3:01.45	-	43.52	1:29.79	2:16.30	3:01.45
44. W. van Luttkhuizen	SG Octopus - ZVV	2:59.16	200501052	3:01.47	-	43.06	1:28.61		3:01.47

Programmanr. 4, Dames, 200m rugslag, Senioren Open

rang naam	vereniging	intijd	tijd	RT	pnt	50m	100m	150m	200m
45. Britt van Osnabrugge	ZPB H&L Productions	2:58.43	200601910	3:01.55	-	43.30	1:29.00	2:15.83	3:01.55
46. Nadine Kuiper	WVZ	NT	200802372	3:05.00	-	41.48	1:27.98		3:05.00
47. Suze Duivenvoorde	Noordwijkerhout	NT	200400638	3:06.75	260,00	42.37	1:27.98		3:06.75
48. Sanne Gooiker	Arethusa	3:04.83	200400412	3:07.03	-	44.99	1:32.16	2:19.94	3:07.03
49. Eva Berning	Wijchen	NT	200403356	3:07.43	-	43.76	1:32.59		3:07.43
50. Karin van Dijk	Thor	NT	197601066	3:08.13	254,00				3:08.13
51. Irene Vallinga	Zv de Ham	3:08.78	200500318	3:08.26	-	43.57	1:30.85	2:20.49	3:08.26
52. Judith Lanooij	De Rijn	NT	199806646	3:09.66	248,00	44.96	1:33.00	2:22.24	3:09.66
53. D. van den Heuvel	Arethusa	2:57.81	200400098	3:11.39	-	43.53	1:31.59	2:22.08	3:11.39
54. M. de Rijke- van Driel	ZPC Numansdorp	3:04.60	197500960	3:14.18	-	47.76	1:36.72		3:14.18
55. Robin Verhoef	ZPC Numansdorp	NT	200405062	3:14.58	230,00	46.48	1:36.00		3:14.58
56. Manon Poell	Sg - E Z C L	NT	199801756	3:21.72	206,00	46.96	1:38.33	2:31.38	3:21.72
57. Roos Kalberg	Arethusa	3:18.24	200300702	3:22.82	-	47.05	1:39.05	2:31.32	3:22.82
58. Rosanne Valk	ZPC Numansdorp	3:09.17	199804090	3:24.82	-	48.66	1:39.15		3:24.82
59. Fenne Smits	Arethusa	NT	200404780	3:25.75	-	48.86	1:40.00	2:33.56	3:25.75
60. Marieke van Schaik	De Reuring	3:14.63	200304250	3:26.19	193,00	47.02	1:39.43		3:26.19
61. Maud van Gemeren	Arethusa	3:13.09	200402786	3:27.72	-	49.09	1:41.48	2:34.53	3:27.72
62. A. Koedam, de Witte	ZPC Numansdorp	NT	197701200	3:28.35	-	49.46	1:42.58		3:28.35
63. Sanne Kortenoeven	Widex Gzc Donk	NT	200702088	3:28.88	-	48.42	1:41.22	2:35.89	3:28.88
64. Jessy Jansen	Arethusa	NT	200405928	3:40.95	-	51.98	1:48.43	2:47.45	3:40.95
65. Greta Wyma-Teitsma	Dwk	3:41.81	197100696	3:47.32	-	52.70	1:50.57	2:50.89	3:47.32
DIS Annejèn Smelt	ZVZwartsluis	2:55.74	200400442	-	-				
AFGEM Lieke van Rossum	Arethusa	3:17.70	200204902	-	-				
AFGEM Alma Ajanovic	Arethusa	3:17.00	200503622	-	-				
AFGEM Suze van Bergen	Arethusa	2:50.98	200303642	-	-				
AFGEM Amy Flobbe	ZPB H&L Productions	2:59.39	200801286	-	-				