

Event 5 Men, 400m Freestyle Seniores Open  
2-7-2026 - 10:38 Startlist Prelim

World Record	3:39.96	Lukas Maertens	GER	Stockholm (SWE)	12-4-2025
European Record	3:39.96	Lukas Maertens	GER	Stockholm (SWE)	12-4-2025
Dutch National Record	3:47.09	Maarten Brzoskowski	13-033	London (GBR)	16-5-2016
Prestatie-eis EK2026 Parijs	3:48.15				
Prestatie-eis EK2026 onder 23	3:51.57				

naam	vereniging	in tijd				
<b>Heat 1 of 9, 10:38</b>						
0 Jesse Bruines	200402413	Batavia Swim	Sen.	5:29.25	L	S8 A,6,12+
1 Thijs van Hofweegen	199605253	ZPC AMERSFOORT	Sen.	5:24.31	L	S6 A,3,5,12,+
2 Almedin Neziraj		Polha Varese	Sen.	5:12.64	L	S13
3 Julian Hendriks	200603717	TeamNL PARA - De Gooische (SG)	Sen.	5:04.39	L	S7 A, 12, +
4 Remi Delrue	KZK/31134/06	BOAS	Sen.	4:51.01	L	S9 A, 9
5 Thomas Braat	200802269	AZC	o18	4:58.53	L	S14
6 Colin Degenaars	199505951	ZPCH	Sen.	5:12.10	L	S14 *
7 Fabio Garlaschi		Polha Varese	Sen.	5:16.85	L	S7 A,12,+
8 Gioele Carniato		Polha Varese	Sen.	5:25.09	L	S9
9 Thomas Longo		Polha Varese	Sen.	5:53.45	L	S13

<b>Heat 2 of 9, 10:44</b>						
0 Lars Jacobsen	199705453	DWK	Sen.	4:45.37	L	S14
1 Ruben Nooter	200901577	Dedemsvaart-AC	o18	4:25.75	B S	
2 Ties Hesse	200901015	Team Noord Holland (SG)	o18	4:34.52	B L	
3 Rik Doornenbal	199803871	Blue Marlins	Sen.	4:22.18	B L	
4 Koen de Vries	200802379	De Reest	o18	4:19.37	S	
5 Seth van den Dool	200803809	Blue Marlins	o18	4:21.45	S	
6 Alexander van der Maaten	200903251	Blue Marlins	o18	4:32.33	B L	
7 Thomas Nauta	200900339	Arethusa	o18	4:35.14	B L	
8 Sam Downie		Team GBR	Sen.	4:44.07	L	S8 12,+
9 Alex Kozlowski		Poland Paraswimming	Sen.	4:45.41	L	S11 T

<b>Heat 3 of 9, 10:50</b>						
0 Filip Piszczynski	200802125	KSN (SG)	o18	4:15.27	S	
1 Bjorn Scholten	200801143	WS Twente	o18	4:31.70	L	
2 Felix Gepkens	200800631	VZC	o18	4:30.66	L	
3 Sven Mulder	200901655	WVZ	o18	4:28.85	L	
4 Jelle van den Berg	200802053	De Treffers	o18	4:28.35	L	
5 Teun van Weeren	200801145	OZ&PC	o18	4:28.36	L	
6 Joey Pop	200800277	ZVVS	o18	4:29.14	L	
7 Bas Marinus	200903379	Team Noord Holland (SG)	o18	4:31.30	L	
8 Jorian Tanis	199900327	Albion	Sen.	4:10.42	S	
9 Twan Wielage	200902671	KSN (SG)	o18	4:19.29	S	

<b>Heat 4 of 9, 10:55</b>						
0 Aidan van der Stelt	200900901	Blue Marlins	o18	4:28.12	L	
1 Timo Berghuis	200801991	DWK	o18	4:27.04	L	
2 Wessel van Dorst	200900727	Aqua-Novio'94	o18	4:23.33	L	
3 Dylan Broom		Team GBR	Sen.	4:20.82	L	S14
4 Abel op den Velde	201000079	De Duinkickers	Sen.	4:19.98	L	
5 Ramon Vos	201100051	ZPC Hoogeveen	Sen.	4:20.05	L	
6 Alberto Amodeo		Polha Varese	Sen.	4:23.27	L	S8 3,5,9
7 Dyon Scholten	200900095	Steenwijk 1934	o18	4:24.66	L	
8 Gijs Hartwijk	200800573	ZVL-1886	o18	4:27.18	L	
9 Steven Knol	200900543	De Dolfijn	o18	4:28.26	L	

B = Bonus inschrijving

Event 5, Men, 400m Freestyle, Prelim

Heat 5 of 9, 11:00

0	Alan Ogorzalek		Poland Paraswimming	Sen.	4:16.82	L	S10	12+
1	Akira Reichenstein	4317	Limmat Sharks Zuerich	Sen.	4:13.71	L		
2	Simone Barlaam		Polha Varese	Sen.	4:13.33	L	S9	12,+
3	Danielis Kvederis		Klaipedos Gintaro SC	Sen.	4:05.81	L		
4	Julius Schiedt	494281	SG Dortmund	Sen.	4:05.31	L		
5	Wouter Zijlstra	200401545	HZ&PC Heerenveen	Sen.	4:05.74	L		
6	Max Dieckmann	414121	SG Stadtwerke Muenchen	Sen.	4:10.08	L		
7	Mattias Stolk	201000525	HZ&PC Heerenveen	Sen.	4:13.53	L		
8	Rens Stijf	200501419	ZPC AMERSFOORT	Sen.	4:14.83	WLLR		
9	Baris Tomu	201000869	ZPCH	Sen.	4:17.81	L		

Heat 6 of 9, 11:05

0	Akira Mauri	107016	Limmat Sharks Zuerich	Sen.	4:04.31	L		
1	Youri Voet	200502269	ZPC AMERSFOORT	Sen.	4:02.22	L		
2	Maksym Len	457204	SG Dortmund	Sen.	3:55.65	L		
3	Lukas Fritzke		Germany	Sen.	3:52.36	L		
4	Reece Grady		Aquatics GB	Sen.	3:49.99	L		
5	Simon Reinke		Germany	Sen.	3:51.92	L		
6	Sander Crooijmans	200100383	Aqua-Novio'94	Sen.	3:53.71	L		
7	Aaron Wilmes	303943	SG Frankfurt	Sen.	4:00.89	L		
8	Jaan Pasko	351396	SG Stadtwerke Muenchen	Sen.	4:03.56	L		
9	Bas Takken	199901643	TeamNL PARA - De Dolfijn	Sen.	4:05.28	L	S10	12,+

Heat 7 of 9, 11:10

0	Noah Schaerer		Limmat Sharks Zuerich	Sen.	4:03.59	L		
1	Hendrik Bechtel	326068	Team Bochum	Sen.	4:01.80	L		
2	Daniel Olenberg	363078	VfL Osnabrueck	Sen.	3:55.64	L		
3	Moritz Bockes	279879	SG Stadtwerke Muenchen	Sen.	3:52.07	L		
4	Arne Schubert		Germany	Sen.	3:49.19	L		
5	David Annis		Aquatics GB	Sen.	3:50.31	L		
6	Paulo Strehlke Delgado	482213	SG Stadtwerke Muenchen	Sen.	3:52.45	L		
7	Austin Namesnik	200101817	ZPC AMERSFOORT	Sen.	4:00.17	L		
8	David Vandenhirtz	329732	SG Frankfurt	Sen.	4:02.65	L		
9	Daniel Laureyssens	ZS/11001/04	Zwemclub Schoten	Sen.	4:04.73	L		

onder 18 - Serie 8 of 9, 11:15

0	Finn Stamsnieder	200900225	OZ&PC	o18	4:22.56	L		
1	Tibbe Quist	200801359	KONAZ 1870	o18	4:18.98	L		
2	Jelte de Jong	200900975	ZPCH	o18	4:13.69	L		
3	Tobian Vos	200900005	ZPC AMERSFOORT	o18	4:05.92	L		
4	Martijn Nies	200902095	PSV	o18	3:55.34	L		
5	Diede Veld	200800011	HZ&PC Heerenveen	o18	3:59.91	L		
6	Milan Veelders	200800279	ZPC AMERSFOORT	o18	4:11.21	L		
7	Tim Boerefijn	200802815	WVZ	o18	4:16.96	L		
8	Juan Cruz Slappendel	200903053	Orca	o18	4:22.40	L		
9	Xander Kragting	200900077	ZPC AMERSFOORT	o18	4:23.19	L		

onder 20 - Serie 9 of 9, 11:20

0	Laurens van Nulck	201100521	Hellas-Glana	Sen.	4:22.96	B L		
1	Jort Siebelt	200700083	OZ&PC	o20	4:19.11	L		
2	Denzel Barthen	200700147	WVZ	o20	4:14.84	L		
3	Boele Boehm	200700739	Blue Marlins	o20	4:02.55	L		
4	Tiago Fonseca Gomes	200703587	Team NL - PSV	o20	3:53.69	L		
5	Tiede Groener	200700155	PSV	o20	4:00.97	L		
6	Olivier Wilbers	200600181	De Dolfijn	o20	4:08.53	L		
7	Jasper Thijert	200700321	WS Twente	o20	4:18.05	L		
8	Lou van Leeuwen	200702779	De Dolfijn	o20	4:14.44	S		
9	Julian Prummel	200501731	De Gooische (SG)	Sen.	4:24.14	B L		

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