

Event 4 Women, 400m Freestyle Seniores Open
2-7-2026 - 9:48 Startlist Prelim

World Record	3:54.18	Summer McIntosh	CAN	Victoria (CAN)	7-6-2025
European Record	3:59.15	Federica Pellegrini	ITA	Rome (ITA)	26-7-2009
Dutch National Record	4:03.02	Sharon van Rouwendaal	13-033	Kazan (RUS)	2-8-2015
Prestatie-eis EK2026 Parijs	4:10.23				
Prestatie-eis EK2026 onder 23	4:13.98				

naam		vereniging		in tijd			
Heat 1 of 5, 9:48							
1		Marika Noszczyk	Poland Paraswimming	Sen.	6:51.94	L	S6 A, 12
2	30727	Monica Boggioni	Pavia Nuoto Asd	Sen.	5:50.08	L	S5 A,3,5,12
3	24864	Nora Meister	PluSport Behindertensport Schweiz	Sen.	5:10.91	L	S6 A,3,5,12+
4		Brock Whiston	Team GBR	Sen.	4:59.21	L	S9 A,1,2,3,4,12,+
5	200004346	Liesette Bruinsma	HZ&PC Heerenveen	Sen.	5:04.18	L	S11 BT
6		Julia Soltysik	Poland Paraswimming	Sen.	5:28.41	L	S10 12, +
7	201003900	Jente Parlevliet	Noordwijkerhout	o16	5:58.92	L	S14
8	200402296	Milou van Winkel	WVZ	Sen.	5:24.34	S	S14

Heat 2 of 5, 9:55							
0	200102730	Amber van der Kruk	MSV-Zeemacht	Sen.	4:51.78	L	S14
1	200801476	Lotte Blanken	SBC2000	o18	4:45.47	S	
2		Jette Lenz	Germany	Sen.	4:36.68	L	
3		Svenja Goetting	Germany	Sen.	4:19.50	L	
4	200500218	Marte Hieke van der Kamp	HZ&PC Heerenveen	Sen.	4:15.10	L	
5	363732	Zara Selimovic	SG Essen	Sen.	4:15.83	L	
6		Faye Rogers	Team GBR	Sen.	4:32.34	L	S10 1,3,5
7	200800106	Meyke v. Nimwegen	De Schotejil	o18	4:48.64	L	
8	200903572	Hadewych Forschelen	MNC Dordrecht	o18	4:48.30	S	
9		Brooklyn Hale	Team GBR	Sen.	4:56.00	L	S9 1,3,5

Heat 3 of 5, 10:01							
0	200803558	Diede de Vries	Zwemlust-den Hommel	o18	4:56.93	B L	
1	200900536	Djelaysa Buunk	ZPC De Zeeuwse Kust	o18	4:50.96	L	
2	201100006	Malin Roozeboom	WVZ	Sen.	4:36.00	L	
3	201000102	Fenne Metten	ZPC AMERSFOORT	Sen.	4:18.51	L	
4		Lucy Fox	Aquatics GB	Sen.	4:10.08	L	
5		Leni von Bonin	Germany	Sen.	4:15.74	L	
6		Sofia Barabash	Ukraine	Sen.	4:22.29	L	
7		Oliwia Jablonska	Poland Paraswimming	Sen.	4:37.58	L	S9 12, +
8	200904546	Julia Dijkstra	PSV	o18	4:47.59	WIS	
9		Alice Tai	Team GBR	Sen.	4:55.52	L	S8 A,Y,3,5,12,+

onder 18 - Serie 4 of 5, 10:07							
0	200901204	Suuz Griekspoor	Noordwijkerhout	o18	4:47.51	L	
1	200902200	Chiara Lammertink	ZPC AMERSFOORT	o18	4:39.67	L	
2	200800264	Laura van Etten	HZ&PC Heerenveen	o18	4:31.34	L	
3	200900746	Bregje Dekkers	PSV	o18	4:23.23	L	
4	200800692	Jade van der Schrier	AZC	o18	4:19.75	L	
5	200800112	Frouke Ludwig	DZ&PC	o18	4:22.68	L	
6	200800290	Julie van Nispen	Nuenen	o18	4:29.33	L	
7	200900070	Fenna Westerneng	DZ&PC	o18	4:34.38	L	
8	200900134	Esmee de Gans	ZPC AMERSFOORT	o18	4:42.17	L	
9	200801710	Esmee Ykema	HZ&PC Heerenveen	o18	4:47.82	L	

B = Bonus inschrijving

Event 4, Women, 400m Freestyle, Prelim

onder 20 - Serie 5 of 5, 10:12

0	Mara Bosman	200303048	De Dolfijn	Sen.	4:39.32	L
1	Noa Ottens	200702256	VZC	o20	4:36.85	S
2	Imre Bouwland	200700388	ZPC Hoogeveen	o20	4:42.67	L
3	Rhodee van den Ham	200700090	De Duinkickers	o20	4:31.22	L
4	Hedwig Bolt	200602660	HZ&PC Heerenveen	o20	4:19.26	L
5	Nynke Boerefijn	200700114	ZPC AMERSFOORT	o20	4:19.35	L
6	Veerle de Ridder	200700778	HZ&PC Heerenveen	o20	4:32.83	L
7	Vera Wassink	200604976	DZ&PC	o20	4:43.65	L
8	Angelique van Vark	199701478	GZC DONK	Sen.	4:38.77	L
9	Elin Reinstra	201100842	TriVia	Sen.	4:33.44	S

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