

Event 41 Men, 400m Medley Senioren Open  
Startlist Prelim  
5-7-2026 - 10:48

|                               |         |                |        |               |           |
|-------------------------------|---------|----------------|--------|---------------|-----------|
| World Record                  | 4:02.50 | Leon Marchand  | FRA    | Fukuoka (JPN) | 23-7-2023 |
| European Record               | 4:02.50 | Leon Marchand  | FRA    | Fukuoka (JPN) | 23-7-2023 |
| Dutch National Record         | 4:13.46 | Arjan Knipping | 13-033 | Gwangju (KOR) | 28-7-2019 |
| Prestatie-eis EK2026 Parijs   | 4:17.48 |                |        |               |           |
| Prestatie-eis EK2026 onder 23 | 4:21.34 |                |        |               |           |

| naam                      |           | vereniging            |      | in tijd |     |
|---------------------------|-----------|-----------------------|------|---------|-----|
| <b>Heat 1 of 8, 10:48</b> |           |                       |      |         |     |
| 3 Jesse Jacobs            | 200700407 | HZPC                  | o20  | 5:00.62 | B S |
| 4 Jorian Darwinkel        | 200300565 | HZ&PC Heerenveen      | Sen. | 4:52.99 | B S |
| 5 Mattijn Thijert         | 200501921 | WS Twente             | Sen. | 4:54.59 | B S |
| <b>Heat 2 of 8, 10:54</b> |           |                       |      |         |     |
| 1 Stephan Sjeptoera       | 200800871 | HZPC                  | o18  | 5:02.90 | S   |
| 2 Twan Wielage            | 200902671 | KSN (SG)              | o18  | 5:01.61 | S   |
| 3 Pelle Schrieken         | 200801595 | VZC                   | o18  | 5:00.11 | S   |
| 4 Paul Ruitenbergh        | 200900979 | Wiekslag              | o18  | 4:59.42 | S   |
| 5 Bjorn Scholten          | 200801143 | WS Twente             | o18  | 4:59.59 | S   |
| 6 Arthur Alberts          | 200900239 | ZVZ                   | o18  | 5:01.47 | S   |
| 7 Lars de Kooter          | 200800185 | De Biesboschzwemmers  | o18  | 5:02.23 | S   |
| 8 Jeffrey Camphens        | 199503113 | Aqua-Novio'94         | Sen. | 5:02.81 | B L |
| <b>Heat 3 of 8, 11:00</b> |           |                       |      |         |     |
| 0 Figo van Duuren         | 200800391 | ZPCH                  | o18  | 4:59.21 | S   |
| 1 Milco Matla             | 200600555 | PSV                   | o20  | 4:54.48 | S   |
| 2 Martijn Velders         | 199502619 | Aqua-Novio'94         | Sen. | 4:51.65 | S   |
| 3 Sven Potappel           | 201000127 | DWK                   | Sen. | 4:51.09 | S   |
| 4 Odo McCarthy            | 200700307 | ZV Overbetuwe         | o20  | 4:50.24 | S   |
| 5 Daan Hoogendoorn        | 200500113 | ZPC Woerden           | Sen. | 4:50.43 | S   |
| 6 Kevin Lucas             | 200300545 | De Dinkel             | Sen. | 4:51.23 | S   |
| 7 Jelle Huntjens          | 200604257 | Hellas-Glana          | o20  | 4:54.12 | S   |
| 8 Ruben Nooter            | 200901577 | Dedemsvaart-AC        | o18  | 4:58.60 | S   |
| 9 Felix Gepkens           | 200800631 | VZC                   | o18  | 4:59.29 | S   |
| <b>Heat 4 of 8, 11:05</b> |           |                       |      |         |     |
| 0 Sven Mulder             | 200901655 | WVZ                   | o18  | 5:16.99 | L   |
| 1 Thomas Nauta            | 200900339 | Arethusa              | o18  | 5:12.28 | L   |
| 2 Duuk Harms              | 200900201 | Dedemsvaart-AC        | o18  | 5:08.88 | L   |
| 3 Tim Zuurman             | 200700131 | Dedemsvaart-AC        | o20  | 5:06.30 | L   |
| 4 Mike Hilders            | 200900281 | De Dolfijn            | o18  | 5:05.28 | L   |
| 5 Aidan van der Stelt     | 200900901 | Blue Marlins          | o18  | 5:05.84 | L   |
| 6 Wessel van Dorst        | 200900727 | Aqua-Novio'94         | o18  | 5:06.81 | L   |
| 7 Steven Knol             | 200900543 | De Dolfijn            | o18  | 5:09.15 | L   |
| 8 Seth van den Dool       | 200803809 | Blue Marlins          | o18  | 5:12.61 | L   |
| 9 Darren Chen             | 200001149 | ZPC AMERSFOORT        | Sen. | 4:38.57 | S   |
| <b>Heat 5 of 8, 11:11</b> |           |                       |      |         |     |
| 0 Niek Vreeling           | 200604211 | OZ&PC                 | o20  | 5:02.22 | L   |
| 1 Mees de Vries           | 201001151 | Zwemlust-den Hommel   | Sen. | 4:57.90 | L   |
| 2 Ronis van Everdingen    | 200300043 | DWK                   | Sen. | 4:45.82 | L   |
| 3 Youri Voet              | 200502269 | ZPC AMERSFOORT        | Sen. | 4:32.53 | L   |
| 4 David Annis             |           | Aquatics GB           | Sen. | 4:18.54 | L   |
| 5 Ben Vester              |           | Germany               | Sen. | 4:26.68 | L   |
| 6 Samuel McAvoy           | 4489      | Limmat Sharks Zuerich | Sen. | 4:38.92 | L   |
| 7 Marcos Echevarria Polo  | 200005935 | Aqua-Novio'94         | Sen. | 4:49.29 | L   |
| 8 Jasper Breugem          | 200000303 | WVZ                   | Sen. | 4:59.97 | L   |
| 9 Fedor Sazonov           | 200900707 | PSV                   | o18  | 5:03.73 | L   |

B = Bonus inschrijving

Event 41, Men, 400m Medley, Prelim

Heat 6 of 8, 11:17

|   |                         |           |                         |      |         |   |
|---|-------------------------|-----------|-------------------------|------|---------|---|
| 0 | Gabrielius Malunavicius |           | Sostines sporto centras | Sen. | 5:00.93 | L |
| 1 | Nicko Kamphuis          | 199900887 | ACZ                     | Sen. | 4:53.49 | L |
| 2 | Simon Kelly             | 111808    | Limmat Sharks Zuerich   | Sen. | 4:40.97 | L |
| 3 | Sven Klink              | 200500349 | SWOL 1894               | Sen. | 4:32.38 | L |
| 4 | Thomas Jansen           | 200100143 | Team NL - WVZ           | Sen. | 4:14.19 | L |
| 5 | Toby Godsell            |           | Aquatics GB             | Sen. | 4:23.95 | L |
| 6 | Wouter Zijlstra         | 200401545 | HZ&PC Heerenveen        | Sen. | 4:35.50 | L |
| 7 | Hendrik Bechtel         | 326068    | Team Bochum             | Sen. | 4:49.17 | L |
| 8 | Kasper Lubbers          | 201100025 | Orca                    | Sen. | 4:59.79 | L |
| 9 | Timo Berghuis           | 200801991 | DWK                     | o18  | 5:02.96 | L |

onder 18 - Serie 7 of 8, 11:23

|   |                     |           |                  |     |         |   |
|---|---------------------|-----------|------------------|-----|---------|---|
| 0 | Teun van Weeren     | 200801145 | OZ&PC            | o18 | 5:00.65 | L |
| 1 | Frits Hoeflaken     | 200804101 | PSV              | o18 | 4:56.29 | L |
| 2 | Adriaan Coppelmans  | 200903243 | AZC              | o18 | 4:52.43 | L |
| 3 | Diede Veld          | 200800011 | HZ&PC Heerenveen | o18 | 4:38.80 | L |
| 4 | Yarno van Dam       | 200800115 | ACZ              | o18 | 4:35.51 | L |
| 5 | Martijn Nies        | 200902095 | PSV              | o18 | 4:37.03 | L |
| 6 | Stefan van der Meer | 200901361 | VZC              | o18 | 4:47.75 | L |
| 7 | Finn Stamsnieder    | 200900225 | OZ&PC            | o18 | 4:52.99 | L |
| 8 | Xander Kragting     | 200900077 | ZPC AMERSFOORT   | o18 | 4:59.03 | L |
| 9 | Koen de Vries       | 200802379 | De Reest         | o18 | 5:02.50 | L |

onder 20 - Serie 8 of 8, 11:29

|   |                        |           |              |     |         |   |
|---|------------------------|-----------|--------------|-----|---------|---|
| 0 | Lou van Leeuwen        | 200702779 | De Dolfijn   | o20 | 4:57.09 | L |
| 1 | Storm Tolsma           | 200600277 | DZ&PC        | o20 | 4:53.17 | L |
| 2 | Denzel Barthen         | 200700147 | WVZ          | o20 | 4:49.23 | L |
| 3 | Tijn Hilders           | 200700027 | De Dolfijn   | o20 | 4:44.06 | L |
| 4 | Boele Boehm            | 200700739 | Blue Marlins | o20 | 4:37.28 | L |
| 5 | Olivier Wilbers        | 200600181 | De Dolfijn   | o20 | 4:42.29 | L |
| 6 | Jasper Thijert         | 200700321 | WS Twente    | o20 | 4:47.14 | L |
| 7 | Jesse van der Meij     | 200600841 | De Dolfijn   | o20 | 4:53.05 | L |
| 8 | Jesse Marijn Thimister | 200602893 | ZEPS         | o20 | 4:54.80 | L |
| 9 | Emiel de Bruijn        | 200700953 | DZ&PC        | o20 | 4:57.18 | L |

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