

Event 27 Women, 400m Medley Seniores Open  
4-7-2026 - 11:16 Startlist Prelim

|                               |         |                    |        |                |           |
|-------------------------------|---------|--------------------|--------|----------------|-----------|
| World Record                  | 4:23.65 | Summer McIntosh    | CAN    | Victoria (CAN) | 11-6-2025 |
| European Record               | 4:26.36 | Katinka Hosszu     | HUN    | Rio (BRA)      | 6-8-2016  |
| Dutch National Record         | 4:44.28 | Marrit Steenbergen | 13-033 | Eindhoven      | 7-4-2023  |
| Prestatie-eis EK2026 Parijs   | 4:43.06 |                    |        |                |           |
| Prestatie-eis EK2026 onder 23 | 4:47.31 |                    |        |                |           |

| naam                      |           | vereniging     |      | in tijd |     |
|---------------------------|-----------|----------------|------|---------|-----|
| <b>Heat 1 of 5, 11:16</b> |           |                |      |         |     |
| 3 Fardau Cazemier         | 200901736 | ZCNF'34        | o18  | 5:31.12 | B S |
| 4 Rosa Visscher           | 200800706 | ZVZ            | o18  | 5:39.39 | B L |
| 5 Alessia Sluis           | 200300896 | Dedemsvaart-AC | Sen. | 5:16.97 | B S |
| 6 Zoe van Hameren         | 200901000 | RZ             | o18  | 5:32.31 | B S |

|                            |           |                          |      |         |     |
|----------------------------|-----------|--------------------------|------|---------|-----|
| <b>Heat 2 of 5, 11:23</b>  |           |                          |      |         |     |
| 0 Juno de Roos             | 200901868 | De Zwoer                 | o18  | 5:28.63 | S   |
| 1 Famke Irvine             | 200501724 | ZPC AMERSFOORT           | Sen. | 5:11.64 | S   |
| 2 Angelique van Vark       | 199701478 | GZC DONK                 | Sen. | 5:17.88 | L   |
| 3 Sydney Leblic Garcia     | 1054467   | Real Canoe Natacion Club | Sen. | 5:06.05 | L   |
| 4 Leni von Bonin           |           | Germany                  | Sen. | 4:45.88 | L   |
| 5 Marte Hieke van der Kamp | 200500218 | HZ&PC Heerenveen         | Sen. | 4:53.12 | L   |
| 6 Isa Schellekens          | 200002330 | zegenwerp                | Sen. | 5:12.27 | L   |
| 7 Maaike Issard            | 200300022 | HZ&PC Heerenveen         | Sen. | 5:03.83 | S   |
| 8 Noa van Zalk             | 201102534 | ZPC AMERSFOORT           | Sen. | 5:13.37 | S   |
| 9 Hadewych Forschelen      | 200903572 | MNC Dordrecht            | o18  | 5:39.09 | B L |

|                           |           |                               |      |         |     |
|---------------------------|-----------|-------------------------------|------|---------|-----|
| <b>Heat 3 of 5, 11:29</b> |           |                               |      |         |     |
| 0 Roos de Jong            | 200302948 | ZCNF'34                       | Sen. | 5:14.11 | S   |
| 1 Alysha de Jong          | 200400086 | ZPCH                          | Sen. | 5:11.04 | S   |
| 2 Mara Bosman             | 200303048 | De Dolfijn                    | Sen. | 5:13.34 | L   |
| 3 Ismay Lichtendonk       | 200400622 | HZ&PC Heerenveen              | Sen. | 5:05.20 | L   |
| 4 Eszter Szabo Feltothy   |           | Hungarian Swimming Federation | Sen. | 4:45.07 | L   |
| 5 Suzie McNair            |           | University of Stirling        | Sen. | 4:47.32 | L   |
| 6 Paula Buss              | 395912    | Team Bochum                   | Sen. | 5:09.31 | L   |
| 7 Mia Hoeflaken           | 201004108 | PSV                           | Sen. | 5:18.21 | L   |
| 8 Michelle Zomerdijk      | 200003196 | Dedemsvaart-AC                | Sen. | 5:12.11 | S   |
| 9 Jorja Verschoor         | 200902640 | AZC                           | o18  | 5:38.86 | B L |

|                                       |           |                     |     |         |   |
|---------------------------------------|-----------|---------------------|-----|---------|---|
| <b>onder 18 - Serie 4 of 5, 11:35</b> |           |                     |     |         |   |
| 0 Lotte Blanken                       | 200801476 | SBC2000             | o18 | 5:19.74 | S |
| 1 Esmae de Gans                       | 200900134 | ZPC AMERSFOORT      | o18 | 5:27.43 | L |
| 2 Meyke v. Nimwegen                   | 200800106 | De Schotejil        | o18 | 5:18.02 | L |
| 3 Fay Boxum                           | 200900060 | DZ&PC               | o18 | 5:02.68 | L |
| 4 Frouke Ludwig                       | 200800112 | DZ&PC               | o18 | 4:59.74 | L |
| 5 Dachen Haaijer                      | 200800380 | ZPC Hoogeveen       | o18 | 5:01.01 | L |
| 6 Bregje Dekkers                      | 200900746 | PSV                 | o18 | 5:06.96 | L |
| 7 Emmelien Smelt                      | 200800012 | ZVZ                 | o18 | 5:23.60 | L |
| 8 Diede de Vries                      | 200803558 | Zwemlust-den Hommel | o18 | 5:34.13 | L |
| 9 Lili Oosting                        | 200900384 | DWK                 | o18 | 5:27.70 | S |

B = Bonus inschrijving

Event 27, Women, 400m Medley, Prelim

onder 20 - Serie 5 of 5, 11:42

|   |                     |           |                      |     |         |   |
|---|---------------------|-----------|----------------------|-----|---------|---|
| 1 | Vera Wassink        | 200604976 | DZ&PC                | o20 | 5:19.69 | S |
| 2 | Renske Oude Egbrink | 200600040 | OZ&PC                | o20 | 5:17.50 | S |
| 3 | Djanilla Brink      | 200600988 | Team NL - De Dolfijn | o20 | 4:56.99 | L |
| 4 | Hedwig Bolt         | 200602660 | HZ&PC Heerenveen     | o20 | 4:56.28 | L |
| 5 | Rhodee van den Ham  | 200700090 | De Duinkickers       | o20 | 4:56.79 | L |
| 6 | Isa Jansen          | 200701176 | SBC2000              | o20 | 5:17.98 | L |
| 7 | Nieke Dovic         | 200700238 | PSV                  | o20 | 5:18.68 | S |

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