

Programmanr. 44
5-7-2026

Dames, 800m vrije slag

Senioren Open
Resultaten

Punten: AQUA 2025

rang naam vereniging tijd RT FINA para

Onder 18

1.	Bregje Dekkers	PSV			200900746	9:20.78	+0,60	646
	50m: 31.01	31.01	250m: 2:48.13	34.93	450m: 5:09.25	35.63	650m: 7:33.79	36.55
	100m: 1:04.43	33.42	300m: 3:23.13	35.00	500m: 5:44.77	35.52	700m: 8:09.92	36.13
	150m: 1:38.91	34.48	350m: 3:58.40	35.27	550m: 6:21.12	36.35	750m: 8:46.09	36.17
	200m: 2:13.20	34.29	400m: 4:33.62	35.22	600m: 6:57.24	36.12	800m: 9:20.78	34.69
2.	Laura van Etten	HZ&PC Heerenveen			200800264	9:21.70	+0,57	642
	50m: 30.78	30.78	250m: 2:52.73	35.89	450m: 5:16.60	35.69	650m: 7:39.77	35.23
	100m: 1:05.36	34.58	300m: 3:29.06	36.33	500m: 5:52.66	36.06	700m: 8:15.02	35.25
	150m: 1:40.67	35.31	350m: 4:04.61	35.55	550m: 6:28.45	35.79	750m: 8:49.89	34.87
	200m: 2:16.84	36.17	400m: 4:40.91	36.30	600m: 7:04.54	36.09	800m: 9:21.70	31.81
3.	Julie van Nispen	Nuenen			200800290	9:34.25	+0,68	601
	50m: 31.64	31.64	250m: 2:55.51	36.42	450m: 5:21.48	36.69	650m: 7:47.30	35.71
	100m: 1:06.56	34.92	300m: 3:31.94	36.43	500m: 5:58.37	36.89	700m: 8:23.54	36.24
	150m: 1:42.69	36.13	350m: 4:08.12	36.18	550m: 6:34.60	36.23	750m: 8:59.21	35.67
	200m: 2:19.09	36.40	400m: 4:44.79	36.67	600m: 7:11.59	36.99	800m: 9:34.25	35.04

Onder 20

1.	Hedwig Bolt		HZ&PC Heerenveen			200602660		8:50.27		+0,60	764	
	50m:	29.94	29.94	250m:	2:41.32	33.10	450m:	4:54.94	33.28	650m:	7:10.42	33.90
	100m:	1:02.36	32.42	300m:	3:14.75	33.43	500m:	5:28.68	33.74	700m:	7:44.39	33.97
	150m:	1:35.14	32.78	350m:	3:48.06	33.31	550m:	6:02.46	33.78	750m:	8:18.03	33.64
	200m:	2:08.22	33.08	400m:	4:21.66	33.60	600m:	6:36.52	34.06	800m:	8:50.27	32.24
2.	Rhodee van den Ham		De Duinkikkers			200700090		9:09.69		+0,75	685	
	50m:	31.51	31.51	250m:	2:48.52	34.38	450m:	5:07.30	34.77	650m:	7:27.65	35.00
	100m:	1:05.41	33.90	300m:	3:23.15	34.63	500m:	5:42.62	35.32	700m:	8:02.87	35.22
	150m:	1:40.03	34.62	350m:	3:57.56	34.41	550m:	6:17.51	34.89	750m:	8:37.02	34.15
	200m:	2:14.14	34.11	400m:	4:32.53	34.97	600m:	6:52.65	35.14	800m:	9:09.69	32.67
3.	Veerle de Ridder		HZ&PC Heerenveen			200700778		9:23.74		+0,50	635	
	50m:	30.17	30.17	250m:	2:50.66	35.56	450m:	5:13.00	35.88	650m:	7:37.30	36.02
	100m:	1:04.13	33.96	300m:	3:25.99	35.33	500m:	5:49.15	36.15	700m:	8:12.86	35.56
	150m:	1:39.53	35.40	350m:	4:01.57	35.58	550m:	6:24.96	35.81	750m:	8:48.66	35.80
	200m:	2:15.10	35.57	400m:	4:37.12	35.55	600m:	7:01.28	36.32	800m:	9:23.74	35.08
4.	Vera Wassink		DZ&PC			200604976		9:54.03		+0,79	543	
	50m:	32.43	32.43	250m:	3:00.52	37.51	450m:	5:31.26	37.76	650m:	8:02.68	38.20
	100m:	1:08.67	36.24	300m:	3:38.08	37.56	500m:	6:09.19	37.93	700m:	8:40.30	37.62
	150m:	1:45.45	36.78	350m:	4:15.62	37.54	550m:	6:46.71	37.52	750m:	9:18.33	38.03
	200m:	2:23.01	37.56	400m:	4:53.50	37.88	600m:	7:24.48	37.77	800m:	9:54.03	35.70
5.	Imre Bouwland		ZPC Hoozeveen			200700388		10:03.22		+0,72	519	
	50m:	31.99	31.99	250m:	3:00.04	37.26	450m:	5:34.52	38.81	650m:	8:09.92	38.81
	100m:	1:08.33	36.34	300m:	3:38.75	38.71	500m:	6:13.80	39.28	700m:	8:48.42	38.50
	150m:	1:45.20	36.87	350m:	4:17.03	38.28	550m:	6:52.40	38.60	750m:	9:26.89	38.47
	200m:	2:22.78	37.58	400m:	4:55.71	38.68	600m:	7:31.11	38.71	800m:	10:03.22	36.33

Senioren Open

1.	Marte Hieke van der Kamp	HZ&PC Heerenveen		200500218		8:44.40		+0,56	790
	50m: 29.73	29.73	250m: 2:41.15	33.24	450m: 4:54.21	33.36	650m: 7:06.79		33.33
	100m: 1:02.06	32.33	300m: 3:14.31	33.16	500m: 5:27.23	33.02	700m: 7:39.85		33.06
	150m: 1:35.04	32.98	350m: 3:47.73	33.42	550m: 6:00.36	33.13	750m: 8:13.21		33.36
	200m: 2:07.91	32.87	400m: 4:20.85	33.12	600m: 6:33.46	33.10	800m: 8:44.40		31.19
2.	Hedwig Bolt	HZ&PC Heerenveen		200602660		8:50.27		+0,60	764
	50m: 29.94	29.94	250m: 2:41.32	33.10	450m: 4:54.94	33.28	650m: 7:10.42		33.90
	100m: 1:02.36	32.42	300m: 3:14.75	33.43	500m: 5:28.68	33.74	700m: 7:44.39		33.97
	150m: 1:35.14	32.78	350m: 3:48.06	33.31	550m: 6:02.46	33.78	750m: 8:18.03		33.64
	200m: 2:08.22	33.08	400m: 4:21.66	33.60	600m: 6:36.52	34.06	800m: 8:50.27		32.24
3.	Luisa Rumler	SG Stadtwerke München		350378		8:52.58		+0,69	754
	50m: 30.20	30.20	250m: 2:43.88	33.67	450m: 4:59.02	33.68	650m: 7:13.92		33.66
	100m: 1:03.47	33.27	300m: 3:17.68	33.80	500m: 5:32.78	33.76	700m: 7:47.86		33.94
	150m: 1:36.81	33.34	350m: 3:51.46	33.78	550m: 6:06.56	33.78	750m: 8:21.56		33.70
	200m: 2:10.21	33.40	400m: 4:25.34	33.88	600m: 6:40.26	33.70	800m: 8:52.58		31.02

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 44, Dames, 800m vrije slag, Senioren Open

rang	naam	vereniging						tijd		RT	FINA	para
4.	Leni von Bonin	Germany						8:53.90		+0,80	748	
	50m: 30.85	30.85	250m: 2:43.64	33.43	450m: 4:59.14	33.90	650m: 7:14.29	33.80				
	100m: 1:03.81	32.96	300m: 3:17.56	33.92	500m: 5:32.91	33.77	700m: 7:48.03	33.74				
	150m: 1:36.87	33.06	350m: 3:51.37	33.81	550m: 6:06.57	33.66	750m: 8:21.34	33.31				
	200m: 2:10.21	33.34	400m: 4:25.24	33.87	600m: 6:40.49	33.92	800m: 8:53.90	32.56				
5.	Sofiia Barabash	Ukraine						9:05.99			700	
	50m: 30.44	30.44	250m: 2:46.44	34.20	450m: 5:04.62	34.64	650m: 7:23.88	34.64				
	100m: 1:03.86	33.42	300m: 3:21.18	34.74	500m: 5:39.48	34.86	700m: 7:58.65	34.77				
	150m: 1:38.12	34.26	350m: 3:55.46	34.28	550m: 6:14.22	34.74	750m: 8:32.65	34.00				
	200m: 2:12.24	34.12	400m: 4:29.98	34.52	600m: 6:49.24	35.02	800m: 9:05.99	33.34				
6.	Rhodee van den Ham	De Duinkikkers		200700090				9:09.69		+0,75	685	
	50m: 31.51	31.51	250m: 2:48.52	34.38	450m: 5:07.30	34.77	650m: 7:27.65	35.00				
	100m: 1:05.41	33.90	300m: 3:23.15	34.63	500m: 5:42.62	35.32	700m: 8:02.87	35.22				
	150m: 1:40.03	34.62	350m: 3:57.56	34.41	550m: 6:17.51	34.89	750m: 8:37.02	34.15				
	200m: 2:14.14	34.11	400m: 4:32.53	34.97	600m: 6:52.65	35.14	800m: 9:09.69	32.67				
7.	Bregje Dekkers	PSV		200900746				9:20.78		+0,60	646	
	50m: 31.01	31.01	250m: 2:48.13	34.93	450m: 5:09.25	35.63	650m: 7:33.79	36.55				
	100m: 1:04.43	33.42	300m: 3:23.13	35.00	500m: 5:44.77	35.52	700m: 8:09.92	36.13				
	150m: 1:38.91	34.48	350m: 3:58.40	35.27	550m: 6:21.12	36.35	750m: 8:46.09	36.17				
	200m: 2:13.20	34.29	400m: 4:33.62	35.22	600m: 6:57.24	36.12	800m: 9:20.78	34.69				
8.	Laura van Etten	HZ&PC Heerenveen		200800264				9:21.70		+0,57	642	
	50m: 30.78	30.78	250m: 2:52.73	35.89	450m: 5:16.60	35.69	650m: 7:39.77	35.23				
	100m: 1:05.36	34.58	300m: 3:29.06	36.33	500m: 5:52.66	36.06	700m: 8:15.02	35.25				
	150m: 1:40.67	35.31	350m: 4:04.61	35.55	550m: 6:28.45	35.79	750m: 8:49.89	34.87				
	200m: 2:16.84	36.17	400m: 4:40.91	36.30	600m: 7:04.54	36.09	800m: 9:21.70	31.81				
9.	Veerle de Ridder	HZ&PC Heerenveen		200700778				9:23.74		+0,50	635	
	50m: 30.17	30.17	250m: 2:50.66	35.56	450m: 5:13.00	35.88	650m: 7:37.30	36.02				
	100m: 1:04.13	33.96	300m: 3:25.99	35.33	500m: 5:49.15	36.15	700m: 8:12.86	35.56				
	150m: 1:39.53	35.40	350m: 4:01.57	35.58	550m: 6:24.96	35.81	750m: 8:48.66	35.80				
	200m: 2:15.10	35.57	400m: 4:37.12	35.55	600m: 7:01.28	36.32	800m: 9:23.74	35.08				
10.	Mara Bosman	De Dolfijn		200303048				9:32.91			605	
	50m: 31.76	31.76	250m: 2:53.78	36.00	450m: 5:18.94	36.30	650m: 7:45.48	36.64				
	100m: 1:06.71	34.95	300m: 3:29.97	36.19	500m: 5:55.74	36.80	700m: 8:21.84	36.36				
	150m: 1:42.09	35.38	350m: 4:06.07	36.10	550m: 6:32.11	36.37	750m: 8:58.13	36.29				
	200m: 2:17.78	35.69	400m: 4:42.64	36.57	600m: 7:08.84	36.73	800m: 9:32.91	34.78				
11.	Julie van Nispen	Nuenen		200800290				9:34.25		+0,68	601	
	50m: 31.64	31.64	250m: 2:55.51	36.42	450m: 5:21.48	36.69	650m: 7:47.30	35.71				
	100m: 1:06.56	34.92	300m: 3:31.94	36.43	500m: 5:58.37	36.89	700m: 8:23.54	36.24				
	150m: 1:42.69	36.13	350m: 4:08.12	36.18	550m: 6:34.60	36.23	750m: 8:59.21	35.67				
	200m: 2:19.09	36.40	400m: 4:44.79	36.67	600m: 7:11.59	36.99	800m: 9:34.25	35.04				
12.	Alysha de Jong	ZPCH		200400086				9:42.78		+0,69	575	
	50m: 30.70	30.70	250m: 2:54.19	36.65	450m: 5:22.18	37.14	650m: 7:52.53	37.73				
	100m: 1:05.20	34.50	300m: 3:30.75	36.56	500m: 5:59.71	37.53	700m: 8:30.06	37.53				
	150m: 1:41.22	36.02	350m: 4:07.76	37.01	550m: 6:37.47	37.76	750m: 9:07.09	37.03				
	200m: 2:17.54	36.32	400m: 4:45.04	37.28	600m: 7:14.80	37.33	800m: 9:42.78	35.69				
13.	Vera Wassink	DZ&PC		200604976				9:54.03		+0,79	543	
	50m: 32.43	32.43	250m: 3:00.52	37.51	450m: 5:31.26	37.76	650m: 8:02.68	38.20				
	100m: 1:08.67	36.24	300m: 3:38.08	37.56	500m: 6:09.19	37.93	700m: 8:40.30	37.62				
	150m: 1:45.45	36.78	350m: 4:15.62	37.54	550m: 6:46.71	37.52	750m: 9:18.33	38.03				
	200m: 2:23.01	37.56	400m: 4:53.50	37.88	600m: 7:24.48	37.77	800m: 9:54.03	35.70				
14.	Angelique van Vark	GZC DONK		199701478				9:58.04		+0,69	532	
	50m: 32.60	32.60	250m: 3:00.39	37.61	450m: 5:32.92	38.29	650m: 8:07.06	38.75				
	100m: 1:08.87	36.27	300m: 3:38.34	37.95	500m: 6:11.15	38.23	700m: 8:45.56	38.50				
	150m: 1:45.65	36.78	350m: 4:16.42	38.08	550m: 6:49.80	38.65	750m: 9:23.35	37.79				
	200m: 2:22.78	37.13	400m: 4:54.63	38.21	600m: 7:28.31	38.51	800m: 9:58.04	34.69				
15.	Imre Bouwland	ZPC Hooftveen		200700388				10:03.22		+0,72	519	
	50m: 31.99	31.99	250m: 3:00.04	37.26	450m: 5:34.52	38.81	650m: 8:09.92	38.81				
	100m: 1:08.33	36.34	300m: 3:38.75	38.71	500m: 6:13.80	39.28	700m: 8:48.42	38.50				
	150m: 1:45.20	36.87	350m: 4:17.03	38.28	550m: 6:52.40	38.60	750m: 9:26.89	38.47				
	200m: 2:22.78	37.58	400m: 4:55.71	38.68	600m: 7:31.11	38.71	800m: 10:03.22	36.33				
16.	Liesette Bruinsma	HZ&PC Heerenveen		200004346				10:53.62		+0,68	408	
	50m: 33.96	33.96	250m: 3:11.68	40.03	450m: 5:58.89	42.16	650m: 8:51.44	42.40				
	100m: 1:11.66	37.70	300m: 3:52.80	41.12	500m: 6:41.25	42.36	700m: 9:34.57	43.13				
	150m: 1:51.80	40.14	350m: 4:34.70	41.90	550m: 7:25.43	44.18	750m: 10:15.75	41.18				
	200m: 2:31.65	39.85	400m: 5:16.73	42.03	600m: 8:09.04	43.61	800m: 10:53.62	37.87				

B = Bonus inschrijving

Programmanr. 44, Dames, 800m vrije slag, Senioren Open

rang	naam	vereniging	tijd	RT	FINA	para
NG	Lucy Fox	Aquatics GB				