

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Event 27
4-7-2026

Women, 400m Medley

Senioren Open
Results Finals

Points: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
Final A												
1.	Eszter Szabo Feltothy	Hungarian Swimming Federation						4:43.33	+0,80		812	
	50m: 29.95	29.95	150m: 1:38.70	35.16	250m: 2:54.70	40.96	350m: 4:10.61	33.60				
	100m: 1:03.54	33.59	200m: 2:13.74	35.04	300m: 3:37.01	42.31	400m: 4:43.33	32.72				
2.	Leni von Bonin	Germany						4:47.65	+0,76		776	
	50m: 30.42	30.42	150m: 1:41.38	37.31	250m: 2:58.40	39.78	350m: 4:14.47	34.15				
	100m: 1:04.07	33.65	200m: 2:18.62	37.24	300m: 3:40.32	41.92	400m: 4:47.65	33.18				
3.	Marte Hieke van der Kamp	HZ&PC Heerenveen				200500218		4:54.17	+0,72		725	
	50m: 30.51	30.51	150m: 1:42.85	37.80	250m: 3:03.84	44.33	350m: 4:22.56	33.32				
	100m: 1:05.05	34.54	200m: 2:19.51	36.66	300m: 3:49.24	45.40	400m: 4:54.17	31.61				
4.	Suzie McNair	University of Stirling						4:55.48			716	
	50m: 30.13	30.13	150m: 1:41.52	37.16	250m: 3:01.79	43.63	350m: 4:21.20	35.20				
	100m: 1:04.36	34.23	200m: 2:18.16	36.64	300m: 3:46.00	44.21	400m: 4:55.48	34.28				
5.	Frouke Ludwig	DZ&PC				200800112		4:55.96	+0,62		712	
	50m: 30.78	30.78	150m: 1:43.36	37.68	250m: 3:04.04	43.45	350m: 4:23.07	34.89				
	100m: 1:05.68	34.90	200m: 2:20.59	37.23	300m: 3:48.18	44.14	400m: 4:55.96	32.89				
6.	Rhodee van den Ham	De Duinkikkers				200700090		4:59.54	+0,77		687	
	50m: 31.50	31.50	150m: 1:47.50	40.00	250m: 3:09.02	42.24	350m: 4:26.40	34.27				
	100m: 1:07.50	36.00	200m: 2:26.78	39.28	300m: 3:52.13	43.11	400m: 4:59.54	33.14				
7.	Sydney Leblic Garcia	Real Canoe Natacion Club				1054467		5:01.82	+0,77		672	
	50m: 31.41	31.41	150m: 1:47.51	39.60	250m: 3:10.20	43.94	350m: 4:29.26	34.06				
	100m: 1:07.91	36.50	200m: 2:26.26	38.75	300m: 3:55.20	45.00	400m: 5:01.82	32.56				
8.	Djanilla Brink	Team NL - De Dolfijn				200600988		5:01.96	+0,62		671	
	50m: 31.83	31.83	150m: 1:50.57	41.30	250m: 3:11.41	39.41	350m: 4:27.80	34.92				
	100m: 1:09.27	37.44	200m: 2:32.00	41.43	300m: 3:52.88	41.47	400m: 5:01.96	34.16				
9.	Fay Boxum	DZ&PC				200900060		5:07.62			634	
	50m: 31.96	31.96	150m: 1:48.92	39.45	250m: 3:11.07	43.57	350m: 4:32.50	36.06				
	100m: 1:09.47	37.51	200m: 2:27.50	38.58	300m: 3:56.44	45.37	400m: 5:07.62	35.12				
10.	Dachen Haaijer	ZPC Hoogeveen				200800380		5:09.95 *	+0,73		620	
	50m: 31.97	31.97	150m: 1:49.51	38.84	250m: 3:13.02	45.39	350m: 4:34.61	36.14				
	100m: 1:10.67	38.70	200m: 2:27.63	38.12	300m: 3:58.47	45.45	400m: 5:09.95	35.34				
Final B												
11.	Paula Buss	Team Bochum				395912		5:08.62	+0,67		628	
	50m: 31.54	31.54	150m: 1:48.50	40.56	250m: 3:13.40	45.70	350m: 4:35.53	35.94				
	100m: 1:07.94	36.40	200m: 2:27.70	39.20	300m: 3:59.59	46.19	400m: 5:08.62	33.09				
12.	Bregje Dekkers	PSV				200900746		5:12.55	+0,57		605	
	50m: 32.16	32.16	150m: 1:50.82	41.74	250m: 3:16.81	45.49	350m: 4:38.48	35.46				
	100m: 1:09.08	36.92	200m: 2:31.32	40.50	300m: 4:03.02	46.21	400m: 5:12.55	34.07				
13.	Isa Schellekens	zegenerwerp				200002330		5:16.04	+0,57		585	
	50m: 33.87	33.87	150m: 1:54.45	39.78	250m: 3:19.50	45.83	350m: 4:41.17	36.29				
	100m: 1:14.67	40.80	200m: 2:33.67	39.22	300m: 4:04.88	45.38	400m: 5:16.04	34.87				
14.	Meyke v. Nimwegen	De Schoteijl				200800106		5:19.74	+0,62		565	
	50m: 32.66	32.66	150m: 1:53.13	41.20	250m: 3:19.46	46.24	350m: 4:43.53	37.21				
	100m: 1:11.93	39.27	200m: 2:33.22	40.09	300m: 4:06.32	46.86	400m: 5:19.74	36.21				
15.	Angelique van Vark	GZC DONK				199701478		5:19.96	+0,68		564	
	50m: 33.82	33.82	150m: 1:56.71	42.22	250m: 3:23.97	46.69	350m: 4:47.23	36.05				
	100m: 1:14.49	40.67	200m: 2:37.28	40.57	300m: 4:11.18	47.21	400m: 5:19.96	32.73				
16.	Esmae de Gans	ZPC AMERSFOORT				200900134		5:20.85	+0,59		559	
	50m: 32.36	32.36	150m: 1:53.51	42.50	250m: 3:21.28	46.42	350m: 4:46.19	37.32				
	100m: 1:11.01	38.65	200m: 2:34.86	41.35	300m: 4:08.87	47.59	400m: 5:20.85	34.66				
17.	Mara Bosman	De Dolfijn				200303048		5:25.79	+0,59		534	
	50m: 33.10	33.10	150m: 1:52.98	40.72	250m: 3:23.09	49.04	350m: 4:49.73	36.47				
	100m: 1:12.26	39.16	200m: 2:34.05	41.07	300m: 4:13.26	50.17	400m: 5:25.79	36.06				
18.	Vera Wassink	DZ&PC				200604976		5:29.78	+0,74		515	
	50m: 33.52	33.52	150m: 1:56.73	43.32	250m: 3:27.84	49.39	350m: 4:54.67	37.80				
	100m: 1:13.41	39.89	200m: 2:38.45	41.72	300m: 4:16.87	49.03	400m: 5:29.78	35.11				
19.	Roos de Jong	ZCNF'34				200302948		5:29.98			514	
	50m: 35.30	35.30	150m: 2:01.08	44.22	250m: 3:29.71	45.29	350m: 4:53.82	38.45				
	100m: 1:16.86	41.56	200m: 2:44.42	43.34	300m: 4:15.37	45.66	400m: 5:29.98	36.16				

B = Bonus inschrijving

Event 27, Women, 400m Medley, Final, Senioren Open

rang	naam	vereniging						tijd	RT	FINA	para	
20.	Michelle Zomerdijk	Dedemsvaart-AC						200003196	5:31.99	+0,74	505	
	50m:	34.54	34.54	150m:	2:00.51	45.00	250m:	3:30.49	45.70	350m:	4:55.10	37.66
	100m:	1:15.51	40.97	200m:	2:44.79	44.28	300m:	4:17.44	46.95	400m:	5:31.99	36.89

B = Bonus inschrijving