

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 27
4-7-2026

Dames, 400m wisselslag

Senioren Open
Resultaten Finale

Punten: AQUA 2025

rang	naam	vereniging						tijd		RT	FINA	para
Finale A												
1.	Eszter Szabo Feltothy	Hungarian Swimming Federation						4:43.33		+0,80	812	
	50m: 29.95	29.95	150m: 1:38.70	35.16	250m: 2:54.70	40.96	350m: 4:10.61				33.60	
	100m: 1:03.54	33.59	200m: 2:13.74	35.04	300m: 3:37.01	42.31	400m: 4:43.33				32.72	
2.	Leni von Bonin	Germany						4:47.65		+0,76	776	
	50m: 30.42	30.42	150m: 1:41.38	37.31	250m: 2:58.40	39.78	350m: 4:14.47				34.15	
	100m: 1:04.07	33.65	200m: 2:18.62	37.24	300m: 3:40.32	41.92	400m: 4:47.65				33.18	
3.	Marte Hieke van der Kamp	HZ&PC Heerenveen						200500218 4:54.17		+0,72	725	
	50m: 30.51	30.51	150m: 1:42.85	37.80	250m: 3:03.84	44.33	350m: 4:22.56				33.32	
	100m: 1:05.05	34.54	200m: 2:19.51	36.66	300m: 3:49.24	45.40	400m: 4:54.17				31.61	
4.	Suzie McNair	University of Stirling						4:55.48			716	
	50m: 30.13	30.13	150m: 1:41.52	37.16	250m: 3:01.79	43.63	350m: 4:21.20				35.20	
	100m: 1:04.36	34.23	200m: 2:18.16	36.64	300m: 3:46.00	44.21	400m: 4:55.48				34.28	
5.	Frouke Ludwig	DZ&PC						200800112 4:55.96		+0,62	712	
	50m: 30.78	30.78	150m: 1:43.36	37.68	250m: 3:04.04	43.45	350m: 4:23.07				34.89	
	100m: 1:05.68	34.90	200m: 2:20.59	37.23	300m: 3:48.18	44.14	400m: 4:55.96				32.89	
6.	Rhodee van den Ham	De Duinkikkers						200700090 4:59.54		+0,77	687	
	50m: 31.50	31.50	150m: 1:47.50	40.00	250m: 3:09.02	42.24	350m: 4:26.40				34.27	
	100m: 1:07.50	36.00	200m: 2:26.78	39.28	300m: 3:52.13	43.11	400m: 4:59.54				33.14	
7.	Sydney Leblic Garcia	Real Canoe Natacion Club						1054467 5:01.82		+0,77	672	
	50m: 31.41	31.41	150m: 1:47.51	39.60	250m: 3:10.20	43.94	350m: 4:29.26				34.06	
	100m: 1:07.91	36.50	200m: 2:26.26	38.75	300m: 3:55.20	45.00	400m: 5:01.82				32.56	
8.	Djanilla Brink	Team NL - De Dolfijn						200600988 5:01.96		+0,62	671	
	50m: 31.83	31.83	150m: 1:50.57	41.30	250m: 3:11.41	39.41	350m: 4:27.80				34.92	
	100m: 1:09.27	37.44	200m: 2:32.00	41.43	300m: 3:52.88	41.47	400m: 5:01.96				34.16	
9.	Fay Boxum	DZ&PC						200900060 5:07.62			634	
	50m: 31.96	31.96	150m: 1:48.92	39.45	250m: 3:11.07	43.57	350m: 4:32.50				36.06	
	100m: 1:09.47	37.51	200m: 2:27.50	38.58	300m: 3:56.44	45.37	400m: 5:07.62				35.12	
10.	Dachen Haaijer	ZPC Hoogeveen						200800380 5:09.95 *		+0,73	620	
	50m: 31.97	31.97	150m: 1:49.51	38.84	250m: 3:13.02	45.39	350m: 4:34.61				36.14	
	100m: 1:10.67	38.70	200m: 2:27.63	38.12	300m: 3:58.47	45.45	400m: 5:09.95				35.34	
Finale B												
11.	Paula Buß	Team Bochum						395912 5:08.62		+0,67	628	
	50m: 31.54	31.54	150m: 1:48.50	40.56	250m: 3:13.40	45.70	350m: 4:35.53				35.94	
	100m: 1:07.94	36.40	200m: 2:27.70	39.20	300m: 3:59.59	46.19	400m: 5:08.62				33.09	
12.	Bregje Dekkers	PSV						200900746 5:12.55		+0,57	605	
	50m: 32.16	32.16	150m: 1:50.82	41.74	250m: 3:16.81	45.49	350m: 4:38.48				35.46	
	100m: 1:09.08	36.92	200m: 2:31.32	40.50	300m: 4:03.02	46.21	400m: 5:12.55				34.07	
13.	Isa Schellekens	Z&PC Zegenwerp						200002330 5:16.04		+0,57	585	
	50m: 33.87	33.87	150m: 1:54.45	39.78	250m: 3:19.50	45.83	350m: 4:41.17				36.29	
	100m: 1:14.67	40.80	200m: 2:33.67	39.22	300m: 4:04.88	45.38	400m: 5:16.04				34.87	
14.	Meyke v. Nimwegen	De Schoteijl						200800106 5:19.74		+0,62	565	
	50m: 32.66	32.66	150m: 1:53.13	41.20	250m: 3:19.46	46.24	350m: 4:43.53				37.21	
	100m: 1:11.93	39.27	200m: 2:33.22	40.09	300m: 4:06.32	46.86	400m: 5:19.74				36.21	
15.	Angelique van Vark	GZC DONK						199701478 5:19.96		+0,68	564	
	50m: 33.82	33.82	150m: 1:56.71	42.22	250m: 3:23.97	46.69	350m: 4:47.23				36.05	
	100m: 1:14.49	40.67	200m: 2:37.28	40.57	300m: 4:11.18	47.21	400m: 5:19.96				32.73	
16.	Esmaé de Gans	ZPC AMERSFOORT						200900134 5:20.85		+0,59	559	
	50m: 32.36	32.36	150m: 1:53.51	42.50	250m: 3:21.28	46.42	350m: 4:46.19				37.32	
	100m: 1:11.01	38.65	200m: 2:34.86	41.35	300m: 4:08.87	47.59	400m: 5:20.85				34.66	
17.	Mara Bosman	De Dolfijn						200303048 5:25.79		+0,59	534	
	50m: 33.10	33.10	150m: 1:52.98	40.72	250m: 3:23.09	49.04	350m: 4:49.73				36.47	
	100m: 1:12.26	39.16	200m: 2:34.05	41.07	300m: 4:13.26	50.17	400m: 5:25.79				36.06	
18.	Vera Wassink	DZ&PC						200604976 5:29.78		+0,74	515	
	50m: 33.52	33.52	150m: 1:56.73	43.32	250m: 3:27.84	49.39	350m: 4:54.67				37.80	
	100m: 1:13.41	39.89	200m: 2:38.45	41.72	300m: 4:16.87	49.03	400m: 5:29.78				35.11	
19.	Roos de Jong	ZCNF'34						200302948 5:29.98			514	
	50m: 35.30	35.30	150m: 2:01.08	44.22	250m: 3:29.71	45.29	350m: 4:53.82				38.45	
	100m: 1:16.86	41.56	200m: 2:44.42	43.34	300m: 4:15.37	45.66	400m: 5:29.98				36.16	

B = Bonus inschrijving

Programmanr. 27, Dames, 400m wisselslag, Finale, Senioren Open

rang	naam	vereniging						tijd	RT	FINA	para	
20.	Michelle Zomerdijk	Dedemsvaart-AC						200003196	5:31.99	+0,74	505	
	50m:	34.54	34.54	150m:	2:00.51	45.00	250m:	3:30.49	45.70	350m:	4:55.10	37.66
	100m:	1:15.51	40.97	200m:	2:44.79	44.28	300m:	4:17.44	46.95	400m:	5:31.99	36.89