

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 21
3-7-2026 - 13:42

Jongens, 800m vrije slag

Onder 16
Resultaten

Punten: AQUA 2025

rang	naam	vereniging				tijd				RT	FINA	para
1.	Mattias Stolk	HZ&PC Heerenveen				201000525				8:37.67	+0,69	666
	50m: 29.08	29.08	250m: 2:38.58	32.97	450m: 4:49.92	32.49	650m: 7:00.82	32.34				
	100m: 1:00.68	31.60	300m: 3:11.37	32.79	500m: 5:22.38	32.46	700m: 7:33.53	32.71				
	150m: 1:32.85	32.17	350m: 3:44.47	33.10	550m: 5:55.62	33.24	750m: 8:06.07	32.54				
	200m: 2:05.61	32.76	400m: 4:17.43	32.96	600m: 6:28.48	32.86	800m: 8:37.67	31.60				
2.	Abel op den Velde	De Duinkikkers				201000079				8:49.67	+0,75	621
	50m: 29.80	29.80	250m: 2:41.99	33.51	450m: 4:56.41	33.63	650m: 7:11.03	33.21				
	100m: 1:02.39	32.59	300m: 3:15.45	33.46	500m: 5:30.19	33.78	700m: 7:44.50	33.47				
	150m: 1:35.03	32.64	350m: 3:48.80	33.35	550m: 6:03.98	33.79	750m: 8:18.08	33.58				
	200m: 2:08.48	33.45	400m: 4:22.78	33.98	600m: 6:37.82	33.84	800m: 8:49.67	31.59				
3.	Dax van den Noulard	Blue Marlins				201000071				8:51.62		615
	50m: 29.01	29.01	250m: 2:40.96	33.46	450m: 4:56.09	33.89	650m: 7:12.15	34.10				
	100m: 1:01.27	32.26	300m: 3:14.56	33.60	500m: 5:29.97	33.88	700m: 7:45.87	33.72				
	150m: 1:34.30	33.03	350m: 3:48.25	33.69	550m: 6:04.21	34.24	750m: 8:19.30	33.43				
	200m: 2:07.50	33.20	400m: 4:22.20	33.95	600m: 6:38.05	33.84	800m: 8:51.62	32.32				
4.	Giovanni Wolfgang	MSV-Zeemacht				201100859				9:00.90	+0,61	583
	50m: 29.21	29.21	250m: 2:43.48	34.29	450m: 5:00.07	33.81	650m: 7:20.24	34.73				
	100m: 1:01.92	32.71	300m: 3:17.78	34.30	500m: 5:34.93	34.86	700m: 7:54.42	34.18				
	150m: 1:34.62	32.70	350m: 3:51.52	33.74	550m: 6:09.49	34.56	750m: 8:27.96	33.54				
	200m: 2:09.19	34.57	400m: 4:26.26	34.74	600m: 6:45.51	36.02	800m: 9:00.90	32.94				
5.	Baris Tomu	ZPCH				201000869				9:02.98	+0,53	577
	50m: 30.14	30.14	250m: 2:43.34	33.24	450m: 4:59.30	34.09	650m: 7:18.72	35.17				
	100m: 1:03.68	33.54	300m: 3:17.17	33.83	500m: 5:33.93	34.63	700m: 7:53.80	35.08				
	150m: 1:37.31	33.63	350m: 3:51.07	33.90	550m: 6:08.46	34.53	750m: 8:28.98	35.18				
	200m: 2:10.10	32.79	400m: 4:25.21	34.14	600m: 6:43.55	35.09	800m: 9:02.98	34.00				
6.	Laurens van Nulck	Hellas-Glana				201100521				9:06.02	+0,68	567
	50m: 30.41	30.41	250m: 2:46.98	34.23	450m: 5:05.50	34.38	650m: 7:24.02	34.54				
	100m: 1:04.14	33.73	300m: 3:21.57	34.59	500m: 5:40.39	34.89	700m: 7:58.29	34.27				
	150m: 1:38.24	34.10	350m: 3:56.23	34.66	550m: 6:14.90	34.51	750m: 8:32.40	34.11				
	200m: 2:12.75	34.51	400m: 4:31.12	34.89	600m: 6:49.48	34.58	800m: 9:06.02	33.62				
7.	Daan Mulder	KSN (SG)				201100267				9:09.76	+0,78	556
	50m: 29.99	29.99	250m: 2:45.42	34.06	450m: 5:04.14	34.91	650m: 7:24.66	35.24				
	100m: 1:03.61	33.62	300m: 3:20.00	34.58	500m: 5:39.24	35.10	700m: 8:00.21	35.55				
	150m: 1:37.35	33.74	350m: 3:54.41	34.41	550m: 6:14.45	35.21	750m: 8:35.00	34.79				
	200m: 2:11.36	34.01	400m: 4:29.23	34.82	600m: 6:49.42	34.97	800m: 9:09.76	34.76				
8.	Kasper Lubbers	Orca				201100025				9:13.67	+0,45	544
	50m: 31.53	31.53	250m: 2:50.33	35.05	450m: 5:10.50	34.79	650m: 7:30.85	35.10				
	100m: 1:05.39	33.86	300m: 3:25.36	35.03	500m: 5:45.72	35.22	700m: 8:06.01	35.16				
	150m: 1:40.16	34.77	350m: 4:00.70	35.34	550m: 6:20.81	35.09	750m: 8:40.74	34.73				
	200m: 2:15.28	35.12	400m: 4:35.71	35.01	600m: 6:55.75	34.94	800m: 9:13.67	32.93				
9.	Ramon Vos	ZPC Hoogetveen				201100051				9:15.50	+0,59	539
	50m: 30.19	30.19	250m: 2:48.89	34.77	450m: 5:10.23	35.12	650m: 7:31.80	35.48				
	100m: 1:04.52	34.33	300m: 3:24.20	35.31	500m: 5:45.78	35.55	700m: 8:07.48	35.68				
	150m: 1:39.25	34.73	350m: 3:59.54	35.34	550m: 6:20.81	35.03	750m: 8:42.00	34.52				
	200m: 2:14.12	34.87	400m: 4:35.11	35.57	600m: 6:56.32	35.51	800m: 9:15.50	33.50				
10.	Tren Wullms	Hellas-Glana				201000469				9:18.70	+0,69	529
	50m: 30.04	30.04	250m: 2:47.61	35.21	450m: 5:10.00	35.84	650m: 7:34.11	35.88				
	100m: 1:03.38	33.34	300m: 3:23.04	35.43	500m: 5:46.24	36.24	700m: 8:10.59	36.48				
	150m: 1:37.73	34.35	350m: 3:58.63	35.59	550m: 6:22.20	35.96	750m: 8:45.75	35.16				
	200m: 2:12.40	34.67	400m: 4:34.16	35.53	600m: 6:58.23	36.03	800m: 9:18.70	32.95				
11.	Tristan Meijers	SWOL 1894				201000089				9:19.47	+0,67	527
	50m: 30.31	30.31	250m: 2:52.34	35.71	450m: 5:14.93	36.06	650m: 7:38.18	36.58				
	100m: 1:04.82	34.51	300m: 3:27.75	35.41	500m: 5:50.66	35.73	700m: 8:13.46	35.28				
	150m: 1:40.77	35.95	350m: 4:03.31	35.56	550m: 6:26.75	36.09	750m: 8:47.79	34.33				
	200m: 2:16.63	35.86	400m: 4:38.87	35.56	600m: 7:01.60	34.85	800m: 9:19.47	31.68				
12.	Thijmen Pruijssers	Hieronymus				201000129				9:26.53	+0,65	508
	50m: 29.84	29.84	250m: 2:47.90	35.00	450m: 5:11.36	36.22	650m: 7:38.87	36.82				
	100m: 1:03.76	33.92	300m: 3:22.97	35.07	500m: 5:48.16	36.80	700m: 8:15.55	36.68				
	150m: 1:38.29	34.53	350m: 3:58.95	35.98	550m: 6:24.94	36.78	750m: 8:51.80	36.25				
	200m: 2:12.90	34.61	400m: 4:35.14	36.19	600m: 7:02.05	37.11	800m: 9:26.53	34.73				
13.	Lev Rudman	Blue Marlins				201102343				9:28.40	+0,65	503
	50m: 31.33	31.33	250m: 2:53.24	35.98	450m: 5:16.65	36.26	650m: 7:41.72	36.52				
	100m: 1:05.82	34.49	300m: 3:29.02	35.78	500m: 5:53.23	36.58	700m: 8:18.18	36.46				
	150m: 1:41.61	35.79	350m: 4:04.71	35.69	550m: 6:28.90	35.67	750m: 8:54.57	36.39				
	200m: 2:17.26	35.65	400m: 4:40.39	35.68	600m: 7:05.20	36.30	800m: 9:28.40	33.83				

B = Bonus inschrijving

Open Nederlandse Kampioenschappen lange baan & European Swimming Trials 2026
Eindhoven, 2- - 5-7-2026



Programmanr. 21, Jongens, 800m vrije slag, Onder 16

rang	naam	vereniging				tijd				RT	FINA	para
14.	Rafael Agterbos	OZ&PC				201000171				9:30.50	497	
	50m: 30.98	30.98	250m: 2:52.69	36.22	450m: 5:17.74	36.65	650m: 7:43.59	36.00				
	100m: 1:05.10	34.12	300m: 3:29.33	36.64	500m: 5:54.17	36.43	700m: 8:20.15	36.56				
	150m: 1:40.45	35.35	350m: 4:05.45	36.12	550m: 6:30.86	36.69	750m: 8:56.15	36.00				
	200m: 2:16.47	36.02	400m: 4:42.09	36.64	600m: 7:07.59	36.73	800m: 9:30.50	34.35				
15.	Tycho Wienbelt	De Vikings				201001397				9:32.27	+0,77	493
	50m: 31.02	31.02	250m: 2:52.19	36.44	450m: 5:17.41	36.38	650m: 7:43.75	36.37				
	100m: 1:04.74	33.72	300m: 3:28.38	36.19	500m: 5:54.01	36.60	700m: 8:20.58	36.83				
	150m: 1:40.20	35.46	350m: 4:04.68	36.30	550m: 6:30.80	36.79	750m: 8:56.83	36.25				
	200m: 2:15.75	35.55	400m: 4:41.03	36.35	600m: 7:07.38	36.58	800m: 9:32.27	35.44				
16.	Stan Nijhuis	OZ&PC				201100191				9:35.62 *		484
	50m: 30.44	30.44	250m: 2:53.99	36.15	450m: 5:20.01	36.42	650m: 7:46.99	36.50				
	100m: 1:05.25	34.81	300m: 3:30.72	36.73	500m: 5:56.76	36.75	700m: 8:23.84	36.85				
	150m: 1:41.16	35.91	350m: 4:06.81	36.09	550m: 6:33.42	36.66	750m: 9:00.02	36.18				
	200m: 2:17.84	36.68	400m: 4:43.59	36.78	600m: 7:10.49	37.07	800m: 9:35.62	35.60				
17.	Mads Blacqui�re	PSV				201103233				9:36.19	+0,38	483
	50m: 31.69	31.69	250m: 2:56.87	36.31	450m: 5:22.67	36.72	650m: 7:48.10	36.32				
	100m: 1:07.99	36.30	300m: 3:33.22	36.35	500m: 5:58.97	36.30	700m: 8:24.52	36.42				
	150m: 1:44.26	36.27	350m: 4:09.64	36.42	550m: 6:35.41	36.44	750m: 9:00.43	35.91				
	200m: 2:20.56	36.30	400m: 4:45.95	36.31	600m: 7:11.78	36.37	800m: 9:36.19	35.76				
18.	Christiaan Wegman	ZPCH				201001751				9:37.50	+0,87	479
	50m: 32.52	32.52	250m: 3:01.34	37.13	450m: 5:29.97	36.24	650m: 7:55.64	35.82				
	100m: 1:08.96	36.44	300m: 3:39.45	38.11	500m: 6:07.21	37.24	700m: 8:30.25	34.61				
	150m: 1:45.49	36.53	350m: 4:16.37	36.92	550m: 6:42.73	35.52	750m: 9:04.24	33.99				
	200m: 2:24.21	38.72	400m: 4:53.73	37.36	600m: 7:19.82	37.09	800m: 9:37.50	33.26				
19.	David van der Valk	Wiekslag				201100519				9:40.70	+0,72	471
	50m: 30.82	30.82	250m: 2:55.00	37.01	450m: 5:23.00	37.12	650m: 7:52.12	37.83				
	100m: 1:05.52	34.70	300m: 3:31.63	36.63	500m: 5:59.80	36.80	700m: 8:29.49	37.37				
	150m: 1:41.70	36.18	350m: 4:08.63	37.00	550m: 6:36.91	37.11	750m: 9:06.25	36.76				
	200m: 2:17.99	36.29	400m: 4:45.88	37.25	600m: 7:14.29	37.38	800m: 9:40.70	34.45				
20.	Matthijs van Velzen	Deltasteur				201100435				9:41.15	+0,43	470
	50m: 30.14	30.14	250m: 2:53.73	36.53	450m: 5:21.75	37.31	650m: 7:52.97	38.53				
	100m: 1:04.72	34.58	300m: 3:30.01	36.28	500m: 5:59.24	37.49	700m: 8:29.40	36.43				
	150m: 1:40.87	36.15	350m: 4:07.19	37.18	550m: 6:36.40	37.16	750m: 9:06.38	36.98				
	200m: 2:17.20	36.33	400m: 4:44.44	37.25	600m: 7:14.44	38.04	800m: 9:41.15	34.77				
21.	Mathijs Boersma	ZPC Hoogeveen				201000313				9:42.94	+0,76	466
	50m: 30.55	30.55	250m: 2:53.39	36.60	450m: 5:22.91	37.76	650m: 7:52.42	36.94				
	100m: 1:04.79	34.24	300m: 3:30.35	36.96	500m: 6:00.58	37.67	700m: 8:29.41	36.99				
	150m: 1:40.54	35.75	350m: 4:07.77	37.42	550m: 6:38.15	37.57	750m: 9:05.93	36.52				
	200m: 2:16.79	36.25	400m: 4:45.15	37.38	600m: 7:15.48	37.33	800m: 9:42.94	37.01				
22.	Kris Westerhout	ZZ&PC De Devel				201000883				9:43.43	+0,60	465
	50m: 30.97	30.97	250m: 2:53.71	36.59	450m: 5:24.45	37.80	650m: 7:55.54	37.42				
	100m: 1:05.70	34.73	300m: 3:31.46	37.75	500m: 6:02.46	38.01	700m: 8:33.86	38.32				
	150m: 1:41.26	35.56	350m: 4:08.80	37.34	550m: 6:40.68	38.22	750m: 9:11.13	37.27				
	200m: 2:17.12	35.86	400m: 4:46.65	37.85	600m: 7:18.12	37.44	800m: 9:43.43	32.30				
23.	Celestin van der Beek	PSV				201201183				9:43.63		464
	50m: 32.43	32.43	250m: 3:01.37	36.96	450m: 5:29.15	36.12	650m: 7:56.74	36.58				
	100m: 1:09.20	36.77	300m: 3:38.79	37.42	500m: 6:06.08	36.93	700m: 8:33.88	37.14				
	150m: 1:47.08	37.88	350m: 4:15.76	36.97	550m: 6:42.83	36.75	750m: 9:09.30	35.42				
	200m: 2:24.41	37.33	400m: 4:53.03	37.27	600m: 7:20.16	37.33	800m: 9:43.63	34.33				
24.	Jaro Hermans	PSV				201200173				9:46.32	+0,47	458
	50m: 31.16	31.16	250m: 2:55.76	37.17	450m: 5:24.56	37.36	650m: 7:54.80	37.74				
	100m: 1:05.73	34.57	300m: 3:32.63	36.87	500m: 6:01.88	37.32	700m: 8:32.20	37.40				
	150m: 1:41.98	36.25	350m: 4:09.77	37.14	550m: 6:39.46	37.58	750m: 9:09.77	37.57				
	200m: 2:18.59	36.61	400m: 4:47.20	37.43	600m: 7:17.06	37.60	800m: 9:46.32	36.55				
25.	Dewin Volker	OZ&PC				201101935				9:52.59	+0,62	444
	50m: 30.34	30.34	250m: 2:54.58	36.81	450m: 5:26.56	38.34	650m: 7:59.98	38.29				
	100m: 1:05.50	35.16	300m: 3:31.82	37.24	500m: 6:04.85	38.29	700m: 8:37.98	38.00				
	150m: 1:41.61	36.11	350m: 4:10.01	38.19	550m: 6:43.05	38.20	750m: 9:16.31	38.33				
	200m: 2:17.77	36.16	400m: 4:48.22	38.21	600m: 7:21.69	38.64	800m: 9:52.59	36.28				
26.	Tijn van den Berkmortel	Z&PC Zegenwerp				201102579				9:52.63		444
	50m: 31.96	31.96	250m: 2:59.11	37.29	450m: 5:29.44	37.74	650m: 8:00.45	37.57				
	100m: 1:08.05	36.09	300m: 3:36.49	37.38	500m: 6:07.06	37.62	700m: 8:38.71	38.26				
	150m: 1:44.69	36.64	350m: 4:13.86	37.37	550m: 6:44.92	37.86	750m: 9:16.35	37.64				
	200m: 2:21.82	37.13	400m: 4:51.70	37.84	600m: 7:22.88	37.96	800m: 9:52.63	36.28				
27.	Jasper Cox	ZPC AMERSFOORT				201003589				9:53.89	+0,58	441
	50m: 32.56	32.56	250m: 2:59.50	37.07	450m: 5:29.21	37.90	650m: 8:02.04	38.05				
	100m: 1:08.39	35.83	300m: 3:36.59	37.09	500m: 6:07.24	38.03	700m: 8:39.94	37.90				
	150m: 1:45.23	36.84	350m: 4:13.83	37.24	550m: 6:45.45	38.21	750m: 9:17.96	38.02				
	200m: 2:22.43	37.20	400m: 4:51.31	37.48	600m: 7:23.99	38.54	800m: 9:53.89	35.93				

B = Bonus inschrijving

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Programmanr. 21, Jongens, 800m vrije slag, Onder 16

rang	naam	vereniging						tijd		RT	FINA	para
28.	Nanne Woldring	De Vikings		201102035		9:55.13					438	
	50m: 31.77	31.77	250m: 3:01.92	38.07	450m: 5:34.91	38.02	650m: 8:07.10	38.09				
	100m: 1:08.47	36.70	300m: 3:40.26	38.34	500m: 6:13.28	38.37	700m: 8:44.86	37.76				
	150m: 1:45.90	37.43	350m: 4:18.58	38.32	550m: 6:51.08	37.80	750m: 9:21.23	36.37				
	200m: 2:23.85	37.95	400m: 4:56.89	38.31	600m: 7:29.01	37.93	800m: 9:55.13	33.90				
29.	Victor Thijssen	De Columbiaan		201102221		9:55.33		+0,70			438	
	50m: 31.22	31.22	250m: 2:57.31	37.68	450m: 5:30.04	38.38	650m: 8:03.35	38.74				
	100m: 1:06.66	35.44	300m: 3:35.27	37.96	500m: 6:08.04	38.00	700m: 8:41.08	37.73				
	150m: 1:42.77	36.11	350m: 4:13.26	37.99	550m: 6:46.38	38.34	750m: 9:19.47	38.39				
	200m: 2:19.63	36.86	400m: 4:51.66	38.40	600m: 7:24.61	38.23	800m: 9:55.33	35.86				
30.	Mees Otto	ZPC Woerden		201001319		9:58.41		+0,75			431	
	50m: 33.15	33.15	250m: 3:02.42	37.46	450m: 5:36.49	38.44	650m: 8:08.18	37.04				
	100m: 1:09.48	36.33	300m: 3:40.73	38.31	500m: 6:15.72	39.23	700m: 8:45.81	37.63				
	150m: 1:46.77	37.29	350m: 4:19.48	38.75	550m: 6:53.50	37.78	750m: 9:22.86	37.05				
	200m: 2:24.96	38.19	400m: 4:58.05	38.57	600m: 7:31.14	37.64	800m: 9:58.41	35.55				
31.	Finn Knijnenburg	De Columbiaan		201101319		9:59.08		+0,64			429	
	50m: 31.53	31.53	250m: 2:59.53	38.03	450m: 5:31.66	38.05	650m: 8:06.39	38.56				
	100m: 1:07.11	35.58	300m: 3:37.25	37.72	500m: 6:10.31	38.65	700m: 8:45.50	39.11				
	150m: 1:44.06	36.95	350m: 4:15.53	38.28	550m: 6:49.15	38.84	750m: 9:23.28	37.78				
	200m: 2:21.50	37.44	400m: 4:53.61	38.08	600m: 7:27.83	38.68	800m: 9:59.08	35.80				
32.	Milan Eikenaar	SWOL 1894		201100599		10:02.16		+0,74			423	
	50m: 31.68	31.68	250m: 3:02.00	38.65	450m: 5:36.29	38.81	650m: 8:10.18	38.40				
	100m: 1:07.65	35.97	300m: 3:40.35	38.35	500m: 6:15.24	38.95	700m: 8:48.79	38.61				
	150m: 1:45.07	37.42	350m: 4:19.08	38.73	550m: 6:53.38	38.14	750m: 9:25.52	36.73				
	200m: 2:23.35	38.28	400m: 4:57.48	38.40	600m: 7:31.78	38.40	800m: 10:02.16	36.64				
33.	Thijs van Kints	BZ&PC		201101059		10:02.77					421	
	50m: 31.78	31.78	250m: 2:59.79	37.59	450m: 5:31.81	38.15	650m: 8:07.28	38.48				
	100m: 1:07.59	35.81	300m: 3:37.63	37.84	500m: 6:10.55	38.74	700m: 8:45.90	38.62				
	150m: 1:44.56	36.97	350m: 4:15.72	38.09	550m: 6:49.75	39.20	750m: 9:24.95	39.05				
	200m: 2:22.20	37.64	400m: 4:53.66	37.94	600m: 7:28.80	39.05	800m: 10:02.77	37.82				
34.	Maarten Dijks	GoSwim		201000135		10:03.36 *		+0,74			420	
	50m: 31.21	31.21	250m: 3:00.96	38.33	450m: 5:35.15	38.19	650m: 8:10.35	38.62				
	100m: 1:06.87	35.66	300m: 3:39.63	38.67	500m: 6:14.17	39.02	700m: 8:49.22	38.87				
	150m: 1:44.46	37.59	350m: 4:18.45	38.82	550m: 6:53.10	38.93	750m: 9:27.60	38.38				
	200m: 2:22.63	38.17	400m: 4:56.96	38.51	600m: 7:31.73	38.63	800m: 10:03.36	35.76				
35.	Vince van Dam	ACZ		201000405		10:03.60		+0,55			420	
	50m: 32.85	32.85	250m: 3:02.46	37.36	450m: 5:35.86	38.24	650m: 8:10.38	37.70				
	100m: 1:09.38	36.53	300m: 3:41.08	38.62	500m: 6:14.78	38.92	700m: 8:48.91	38.53				
	150m: 1:46.83	37.45	350m: 4:19.37	38.29	550m: 6:53.62	38.84	750m: 9:26.42	37.51				
	200m: 2:25.10	38.27	400m: 4:57.62	38.25	600m: 7:32.68	39.06	800m: 10:03.60	37.18				
36.	Izayah Castillo	Blue Marlins		201100311		10:19.98		+0,60			387	
	50m: 29.43	29.43	250m: 2:57.93	39.15	450m: 5:36.86	40.00	650m: 8:20.96	40.84				
	100m: 1:03.86	34.43	300m: 3:37.42	39.49	500m: 6:18.08	41.22	700m: 9:01.57	40.61				
	150m: 1:40.75	36.89	350m: 4:17.23	39.81	550m: 6:59.16	41.08	750m: 9:42.67	41.10				
	200m: 2:18.78	38.03	400m: 4:56.86	39.63	600m: 7:40.12	40.96	800m: 10:19.98	37.31				
37.	Daan Vinke	Deltasteur		201001039		10:21.72		+0,74			384	
	50m: 32.18	32.18	250m: 3:04.24	39.36	450m: 5:42.92	40.01	650m: 8:23.20	40.53				
	100m: 1:08.68	36.50	300m: 3:43.80	39.56	500m: 6:22.58	39.66	700m: 9:02.87	39.67				
	150m: 1:46.44	37.76	350m: 4:22.91	39.11	550m: 7:02.72	40.14	750m: 9:42.96	40.09				
	200m: 2:24.88	38.44	400m: 5:02.91	40.00	600m: 7:42.67	39.95	800m: 10:21.72	38.76				
38.	Jelle Postma	De Duinkikkers		201000559		10:34.58		+0,79			361	
	50m: 31.76	31.76	250m: 3:04.16	39.58	450m: 5:48.19	41.39	650m: 8:33.84	40.89				
	100m: 1:08.10	36.34	300m: 3:44.82	40.66	500m: 6:29.82	41.63	700m: 9:14.84	41.00				
	150m: 1:45.65	37.55	350m: 4:25.56	40.74	550m: 7:11.09	41.27	750m: 9:56.18	41.34				
	200m: 2:24.58	38.93	400m: 5:06.80	41.24	600m: 7:52.95	41.86	800m: 10:34.58	38.40				

B = Bonus inschrijving